



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 3-314, West

Wednesday, September 11, 2019
5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Diane Tuininga
2. Opening Remarks, Introductions, and Announcements
3. Approval of the July 10, 2019 Committee Meeting Minutes
4. Associate Member Reports, Updates, and Concerns
5. Matters of the Public
6. Presentation
 - Neighborhood Health, Cynthia Sturdevant
7. Staff Reports
8. Adjournment

Behavioral Health Oversight Committee Meeting Minutes

Date: July 10,2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Diane Tuininga; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; and CSB Board Member, Garrett McGuire

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Cathy Benn, Second Story; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Wendy Gradison, Psychiatric Rehabilitation Services (PRS), Inc.; Carla McTigue, Tonya Henderson, and Anteneh Gultneh, Recovery Program Solutions of Virginia (RPSV); and Heather Peck, Laurie Mitchell Empowerment and Career Center (LMECC)

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, employment & Day Services; Michael T. Lane, Dir. Office of Individual and Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s):

Topic	Action	Responsible Party
Meeting Called to Order	Meeting was called to order at 5:00 p.m.	Diane Tuininga
Opening Remarks Announcements	Diane Tuininga welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Attendees were encouraged to review and, as needed, revise a contact list that was being circulated.	
Meeting Minutes	Draft minutes of the June 12, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Captain Cachuela made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members
Matters of the Public	None were presented	
Associate Member Reports, Updates, and Concerns	Diane Tuininga opened the floor to Associate Members, information provided included the following: <ul style="list-style-type: none"> • Wendy Gradison with PRS, Inc. reported a marked increase in the use of CrisisLink services, noting the recent additions of LifeLine for backup capacity and Chat, access to services via text. • Heather Peck reported that LMECC, in conjunction with RPSV is developing computer classes to be delivered through the Peer Resource Center at Merrifield with a goal of implementing and expanding skills with Microsoft Office Suite. 	Associate Members

Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party
	<ul style="list-style-type: none"> • Lauren Goldschmidt with ServiceSource reported the scheduled “Race for Inclusion” 5 K walk/run or .5 marathon fundraiser on Sunday September 29, 2019 at 7:00 a.m.at Jiffy Lube Live. Please see CSB News for further information. • Carla Teague provided information on a community event for RPSV titled “Grammy Night” scheduled for August 24, 2019 from 6:30 p.m. – 9:30 p.m. at the Ernst Center at the Annandale Northern Virginia Community Campus, noting that sponsors and silent auction items are being sought. 	
Associate Member Presentation: Recovery Program Solutions of Virginia (RPSV)	<p>Presenters for RPSV included Carla McTigue and Tonya Henderson, and Anteneh Gultneh.</p> <p>Ms. McTigue, directing attention to the slide presentation, provided background for the agency, highlighting the information provided on the slides, emphasizing how the services provided by RPSV address the needs of the individuals served. A recent study reported that there were approximately 9,100 visits in the last year. Ms. McTigue distributed a calendar of events, noting that the events have open attendance. It was clarified that the WRAP (Wellness Recovery Action Plan) classes will be offered in the fall and, as they are provided in a series, they must be attended in order and fully completed.</p> <p>Mr. Gultneh spoke briefly on his experience with RPSV and his journey to become a Certified Peer Support Specialist, noting that it provides an opportunity to help others using his life experience and training as illustrated by the personal story related by Mr. Gultneh.</p> <p>Ms. Henderson offered a brief background history noting that she has experienced the meaningful importance of peer supported services that has inspired her to seek certification.</p>	Carla McTigue and Tonya Henderson, Program Coordinators, and Anteneh Gultneh Peer Support Specialist
Joint DD and BHOC Meeting Facilitation Notes	<p>Diane Tuininga, directing attention to the two-page summary provided in the meeting materials, provided a brief overview of the June 12th joint meeting of the Developmental Disabilities and Behavioral Health Oversight Committees. There was positive feedback, including substantial support for additional joint meetings of perhaps two to three times per year.</p> <p>Attendees were asked to review the summary and propose recommendations of topics to be considered for future meetings including prioritization of the topics identified in the summary. Suggestions included creation of a system map to enhance communication, development of a 1-page info sheet, adding partner feedback as a discussion item at the individual BHOC and DD meetings, and Associate Member submission of a ‘Challenge Question’ to prompt group discussion of challenges and solutions.</p>	Diane Tuininga
Staff Reports	Lyn Tomlinson provided an overview of some recent activities, highlights of which include:	

Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party
	<ul style="list-style-type: none"> • The CRT (Community Response Team), an extension of Diversion First, was recently developed as an outreach program to address individuals in the community who frequently contact emergency services including recurrent calls to 911 and/or visits to Merrifield/Emergency Services. The CRT is now operating at 5 days per week. • Services provided at the CSB Crisis Care facility are being relocated to the recently vacated ‘Boy’s Probation and Parole’ facility following permitting and renovations, anticipated to be completed in Fall 2020. • A reminder of the significant State Hospital Bed Crisis was offered. Noting that the crisis worsened over the Independence Day holiday, involved parties across the state pulled together to address the lack of bed space. Providentially, there were only a few TDOs (Temporary Detention Order) over the holiday weekend. • Directing attention to the STEP-VA (System Transformation Excellence and Performance) handouts provided in the meeting materials, Ms. Tomlinson provided a brief overview of the information provided, encouraging attendees to review the materials. Highlights included: <ul style="list-style-type: none"> ○ Concerns are ongoing related to significant funding inadequacies and proposed changes to delivery of crisis services. Currently under review is a program titled Crisis Now. Noting the significant expense of the Crisis Now program, a link to videos that provide information on the program will be forwarded to the committee members. ○ Behavioral Health Redesign – Alignment; it was noted that efforts to focus on prevention and early intervention may help to address the Hospital Bed Crisis. ○ Related to the Department of Justice (DOJ) Settlement, attendees were encouraged to review the JLARC (Joint Legislative Audit and Review Commission) recommendations that addressed CSB Funding insufficiencies and consideration of a more moderate Implementation of STEP-VA. • Robust discussion of this matter included Heather Peck with LMECC reporting on Peer Run Respite programs operating in the states of Georgia and New York that pose a possible alternative to hospitalization. Ms. Peck also reported on a possible increase in reimbursement from DMAS (Department of Medical Assistance Services) for employment services. <p>Elizabeth McCartney, offered a reminder that copies of the Human Services Issue Paper had been emailed to all for review and recommendations, noting that hard copies with current recommended edits showing were available if needed. A further reminder was offered that the Paper with recommended edits will be</p>	

Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party
	submitted to the full CSB Board for approval to submit to the County Legislative Office at the July 24, 2019 CSB Board Meeting. It was confirmed that following submission of the Human Services Issue Paper edits, collaborative talking points and testimony will be developed for the General Assembly public hearings in January.	
August 2019 Behavioral Health Oversight Committee meeting	Diane Tuininga proposed that the August 2019 Behavioral Health Oversight Committee meeting be canceled. Captain Cachuela made a motion to cancel the meeting which was seconded and passed.	Diane Tuininga, Chair
	The next BHOC meeting is Wednesday, September 11, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West.	
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:17 p.m.	Diane Tuininga, Chair

Date Approved

Prepared by Erin Bloom