

**In an emergency****Emergency mental health services**

- CSB Mental Health Emergency Services and Mobile Crisis Unit – Call 703-573-5679, or come directly to the Merrifield Center (8221 Willow Oaks Corporate Drive, Fairfax) fairfaxcounty.gov/community-services-board/services/emergencies

- Children’s Regional Crisis Response (CR2) – 24-hour rapid response for youth (17 and younger) facing a mental health and/or substance use crisis, 1-844-627-4747, cr2crisis.com

Emergency substance use disorder services

- Fairfax Detox Center – 703-502-7000, (4213 Walney Road, Chantilly), fairfaxcounty.gov/community-services-board/services/detoxification
- Children’s Regional Crisis Response (CR2) – 24-hour rapid response for youth (17 and younger) facing a mental health and/or substance use crisis, 1-844-627-4747, cr2crisis.com

Emergency developmental disabilities services

- “REACH” (Regional, Education, Assessment, Crisis Services, Habilitation) crisis stabilization and crisis prevention service for children, youth and adults with developmental disabilities: 855-897-8278, fairfaxcounty.gov/community-services-board/region/reach

Hotlines

- Mental Health Emergency Services and Mobile Crisis Unit – 703-573-5679, fairfaxcounty.gov/community-services-board/services/emergencies
- Fairfax Detox Center – 703-502-7000, (4213 Walney Road, Chantilly), fairfaxcounty.gov/community-services-board/services/detoxification
- Domestic & Sexual Violence Hotline – 703-360-7273, crisis support, options counseling, safety planning and referrals, fairfaxcounty.gov/familyservices/domestic-sexual-violence
- Suicide Prevention – 1-800-273-TALK, or text “connect” to 855-11, suicidepreventionlifeline.org
- Veterans Crisis Line – confidential support 24/7, 1-800-273-8255 and press 1, text 838-255, or chat online at www.mentalhealth.va.gov/suicide_prevention/veterans-crisis-line.asp

Police

- **Call 911 in a life-threatening emergency**
- Non-emergency number: 703 691-2131

Basic needs (food, emergency financial assistance)

Fairfax County Human Services Coordinated Services Planning makes referrals to a wide variety of community organizations that provide short-term, emergency help with basic needs, many of whom are not included below, 703-222-0880, fairfaxcounty.gov/neighborhood-community-services/coordinated-services-planning

- Capital Area Food Bank Hunger Lifeline – emergency food assistance referral service, 202-644-9800, capitalareafoodbank.org
- Catholic Charities – hot dinner (Alexandria), food pantry, assistance with one-time financial emergencies, 703-841-2531, ccda.net
- Cornerstones – help with food, shelter, affordable housing and child care, 571-323-9555, cornerstonesva.org
- ECHO (Ecumenical Community Helping Others) – food and emergency financial assistance, access to donated clothing,

school and household supplies (intake appointment required), 703-569-9160, echo-inc.org

- Food for Others – 703-207-9173, foodforothers.org
- The Lamb Center – hot meals, hot showers, laundry facility, ID and document recovery, mail services, phone/computer access and much more, 703-691-3178, thelambcenter.org
- Lorton Community Action Center – food, clothing closet and emergency financial assistance, 703-339-5161, lortonaction.org
- St. Vincent de Paul Society – food and emergency financial assistance, 703-385-4010 and leave a message
- United Community – comprehensive social services in the Mount Vernon area, 703-768-7106, ucmagency.org

Basic needs programs available only to residents of certain areas

- Committee for Helping Others – emergency food aid and financial assistance, clothing and furniture,

- 703-281-7614, cho-va.com (residents of Vienna, Oakton, Dunn Loring and Merrifield only)
- Fairfax FISH (For Immediate Sympathetic Help) – clothing closet, 703-978-0280, fairfaxfish.org (residents of southeastern Fairfax County only)
- Koinonia – food, 703-971-1991, koinoniacares.org (residents of Lee District only)
- Share of McLean – emergency financial assistance, food pantry, clothing closet, furniture, school supplies and refurbished laptops, 703-229-1414, shareofmclean.org (residents of McLean, Great Falls and Pimmit only)
- Western Fairfax Christian Ministries – emergency relief services, 703-988-9656, wfcmv.org (residents of Clifton, Centreville, Chantilly, Fairfax Station and Fair Oaks only)

Domestic violence resources

- Domestic & Sexual Violence Services – crisis support, options counseling, safety planning and referrals, 703-360-7273, fairfaxcounty.gov/familyservices/domestic-sexual-violence/shelter-options
- Artemis House – shelter for victims of domestic violence, 703-435-4940, fairfaxcounty.gov/familyservices/domestic-sexual-violence/emergency-shelter
- Bethany House – shelter for victims of domestic violence, 703-658-9500, bhnv.org
- Korean Community Service Center – domestic violence victim assistance program and hotline, 1-888-987-4561, kcscgw.org
- The Women’s Center – mental health counseling, crisis intervention, support groups, victim advocacy, 703-281-2657, thewomenscenter.org
- Opportunities, Alternatives & Resources (OAR) of Fairfax – violence intervention program **for individuals charged with domestic assault**, 703-246-3033, oarnova.org

Drop-in centers (for showers, mail services, etc.)

- Gartlan Center – laundry facility, showers, mail services, help with applying for benefits, health care providers available, 703-360-6910, fairfaxcounty.gov/community-services-board/about/gartlan-center
- The Lamb Center – hot meals, showers, laundry facility, ID and document recovery, mail services, phone/computer access and much more, 703-691-3178, thelambcenter.org
- South County Recovery and Drop-in Center – meals, laundry, showers, mental health and substance use disorder groups, 703-341-6890, rpsva.org/recovery-centers/south-county

Employment and career assistance

- The Lamb Center – résumé assistance, 703-691-3178, thelambcenter.org
- Laurie Mitchell Empowerment and Career Center – computer training and employment counseling, 703-461-8088, lmecc.org

- New Hope Housing – Education & Employment Resource Center, 703-799-2293, newhopehousing.org
- Northern Virginia Family Service – workforce development, 571-748-2500, nvfs.org
- PRS Inc. – career counseling, job assessments, job search groups and specialized services, 703-536-6000, prsinc.org
- ServiceSource – career center, employment opportunities, group supported employment and job placement for individuals with disabilities, 703-461-6000, servicesource.org
- The Women’s Center – career counseling and coaching, 703-281-2657, thewomenscenter.org

Family support

- Al-Anon/Alateen – program of recovery for the families and friends of alcoholics, info@alanonva.com, alanonva.com
- Depression Bipolar Support Alliance (DBSA) – Support groups for persons with mood disorders and their friends and family, dbsanova.org
- disAbility Navigator – web resource created by and for people with disabilities and their families, disabilitynavigator.org
- National Alliance on Mental Illness (NAMI) of Northern Virginia – family and parent support and education programs, 571-458-7310, nami-northernvirginia.org
- National DisAbility Rights Network – advocacy group for people with a disability, ndrn.org

Financial education

- Financial Empowerment Center at South County – financial coaching, tax preparation assistance, workforce development services, small business consulting, and many free financial literacy workshops and classes, 703-704-6101, soco.financialemPOWERMENTCENTERS.org
- Good Shepherd Housing – budget counseling, 703-768-9404, goodhousing.org (Alexandria area only)
- New Hope Housing – Out of Poverty program, 703-799-2293, newhopehousing.org
- Northern Virginia Family Service – financial education, 571-748-2500, nvfs.org
- United Community – financial education in the Mount Vernon area, 703-768-7106, ucmagency.org
- Western Fairfax Christian Ministries – financial literacy, 703-988-9656, wfcmv.org (residents of Centreville, Clifton, Chantilly, Fairfax Station and Fair Oaks)
- The Women’s Center – education on managing personal finances, 703-281-2657, thewomenscenter.org

Health care

- Healthworks for Northern Virginia – primary health services in Herndon for those who have limited or no health insurance, 703-481-8160, hwnova.org

- Lions Club – eyeglasses and hearing aids, directory.lionsclubs.org
- Medicare – federal government program that provides health care coverage for those ages 65+ or receiving SSDI, 1-800-633-4227, medicare.gov
- Neighborhood Health – primary health services, dental care in Alexandria and Annandale, 703-535-5568, neighborhoodhealthva.org
- Virginia Dept. of Medical Assistance Services – federal government program, administered by states, which provides health care to eligible low-income adults, children, pregnant women, elderly adults and people with disabilities, 804-786-7933, dmas.virginia.gov

Housing

- The Brain Foundation – affordable housing for people with serious brain diseases, brain-foundation.org
- Cornerstones – emergency, supported, and affordable housing, foreclosure prevention services, 571-323-9555, cornerstonesva.org
- Good Shepherd Housing – affordable, stable housing, 703-768-9404, goodhousing.org (Alexandria area only)
- New Hope Housing – emergency shelter and supportive housing programs, 703-799-2293, newhopehousing.org
- Northern Virginia Family Service – housing assistance, 571-748-2500, nvfs.org
- Pathway Homes – housing and supportive services for adults with serious mental illness and co-occurring disabilities, 703-876-0390, pathwayhomes.org

Mental health services

- CSB Entry & Referral Services – call Monday through Friday, 9 a.m. to 5 p.m., 703-383-8500, or come directly to the Merrifield Center (8221 Willow Oaks Corporate Drive, Fairfax) fairfaxcounty.gov/community-services-board
- Catholic Charities – faith-based individual, couples and family counseling, 703-841-2531, ccda.net
- Center for Family Services (Virginia Tech) – low-cost, quality mental health services for couples, families and individuals, 703-538-8470, mft.nvc.vt.edu/cfs.html
- Center for Psychological Services (George Mason University) – sliding fee scale, psychoeducational testing and mental health evaluations, therapy for individuals, families, couples and group therapy, 703-993-1370, psyclinic.gmu.edu
- Haven of Northern Virginia – free grief counseling, 703-941-7000, havenofnova.org
- Northern Virginia Family Service – individual, couples and family counseling, 571-748-2500, nvfs.org
- PRS Inc. – outpatient therapy for individuals, 703-531-6302; Recovery Academy, 12-week psychoeducation program for mental illness and co-occurring substance use disorder, 703-531-6300, prsinc.org

- Regional Older Adult Facilities Mental Health Support Team – intensive multidisciplinary mental health treatment for older adults (age 65 or older) with severe mental illness, 703-228-1700, aging-disability.arlingtonva.us/programs/raft
- Substance Abuse & Mental Health Services Administration – national directory of substance use disorder and mental health resources, samhsa.gov/find-treatment
- The Women’s Center – mental health counseling for individuals, couples and families; support and education, 703-281-2657, thewomenscenter.org

Multicultural services

- Ethiopian Community Development Council Inc. – resettlement services for African immigrants and refugees, 703-685-0510, ecdcus.org
- Jewish Social Services Agency – counseling, educational, special needs services, in-home support, hospice and nursing care, and social services, 703-204-9100, jssa.org
- Korean Community Service Center – social and immigration, health promotion, mental health services, domestic violence services, 703-354-6345, kscsgw.org
- Northern Virginia Family Service – multicultural services, counseling, immigration/legal support, financial education, employment and housing assistance, 571-748-2500, nvfs.org
- United Community – citizenship classes, ESL in the Mount Vernon area, 703-768-7106, ucmagency.org

Older adults

- Aging, Disability and Caregiver Resource line – find county services, transportation, recreation/wellness programs, and community engagement opportunities, 703-324-7948, fairfaxcounty.gov/familyservices/older-adults
- Regional Older Adult Facilities Mental Health Support Team – intensive multidisciplinary mental health treatment for older adults (age 65 or older) with severe mental illness, 703-228-1700, aging-disability.arlingtonva.us/programs/raft
- Virginia Dept. for Aging and Rehabilitative Services – 703-359-1124, vadrs.org

Peer-run recovery centers and groups

Recovery centers are places where people in recovery from mental health challenges and substance abuse can find hope, healing and the tools they need to reach their goals.

- Annandale Consumer Wellness Center – 703-531-4650, rpsva.org/recovery-centers/consumer-wellness-center
- Laurie Mitchell Empowerment and Career Center – 703-461-8088, lmecc.org
- Merrifield Peer Resource Center – 703-559-3100, fairfaxcounty.gov/community-services-board/recovery/merrifield-peer-resource-center
- Reston Wellness Center – 703-481-4171, rpsva.org/recovery-centers/reston

- South County Recovery and Drop-in Center – 703-341-6890, rpsva.org/recovery-centers/south-county
- Wellness Recovery Action Plan (WRAP) workshops – WRAP is a plan you create for yourself to take control over your own wellness; 703-207-7769, fairfaxcounty.gov/community-services-board/recovery/wrap

Pre-school children's services

- Child Find – screenings to identify children with potential special education needs for children ages 20 month through 5 years, 703-204-6760, fcps.edu/registration/early-childhood-prek/early-childhood-child-find
- Infant & Toddler Connection – early intervention services for children under age 3 who have a developmental delay, atypical development, or a diagnosis which commonly results in developmental delays, 703-246-7121, fairfaxcounty.gov/office-for-children/infant-and-toddler-connection

Re-entry support after incarceration

- Opportunities, Alternatives & Resources (OAR) of Fairfax – services to address emergency and transitional needs at the time of an individual's release from jail, 703-246-3033, oarnova.org

Resource guides

- Fairfax County Human Services Resource Guide – detailed service descriptions, eligibility requirements and locations nonprofit and government services available to Fairfax County residents, fairfaxcounty.gov/hsrg
- Fairfax County Human Services Coordinated Services Planning (CSP) – short-term, emergency help with basic needs, 703-222-0880, fairfaxcounty.gov/neighborhood-community-services/coordinated-services-planning
- Federal government benefits – benefits.gov
- Substance Abuse & Mental Health Services Administration – national directory of substance use disorder and mental health resources, samhsa.gov/find-treatment
- Virginia 211 – information on community resources, 211, <https://www.211virginia.org>
- Virginia Dept. of Behavioral Health & Developmental Services – statewide resources for persons with mental illness, substance use disorders, developmental and intellectual disabilities, dbhds.virginia.gov

Protective services

- Adult Protective Services – 703-324-7450, fairfaxcounty.gov/familyservices/older-adults/adult-protective-services
- Child Protective Services – 703-324-7400, fairfaxcounty.gov/familyservices/children-youth/report-abuse

Shelters

Comprehensive information on all Fairfax County shelters is available at fairfaxcounty.gov/homeless/emergency-shelters. Families with minor children should call Coordinated Services Planning (CSP) first (703-222-0880), before contacting shelters. Individual adults may also start the process by first calling CSP to learn about all resources.

- Artemis House – shelter for victims of domestic violence, 703-435-4940
- Bailey's Crossroads Shelter – 703-820-7621
- Eleanor Kennedy Shelter (Richmond Highway – Fort Belvoir) – 703-799-0200
- Embry Rucker Shelter (Reston) – 703-437-1975
- Hanley Family Shelter (Fairfax) – 571-522-6800
- Patrick Henry Family Shelter (Falls Church) – 703-536-2155

Substance use disorder services

- CSB Entry & Referral Services – call Monday through Friday, 9 a.m. to 5 p.m., 703-383-8500, or come directly to the Merrifield Center (8221 Willow Oaks Corporate Drive, Fairfax) fairfaxcounty.gov/community-services-board
- Fairfax Detox Center – 703-502-7000, (4213 Walney Road, Chantilly), fairfaxcounty.gov/community-services-board/services/detoxification
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- Substance Abuse & Mental Health Services Administration – national directory of substance use disorder and mental health resources, samhsa.gov/find-treatment

Support groups

- Alcoholics Anonymous/Narcotics Anonymous – phone support and meeting information, 703-293-9753 or 1-800-208-8649, nvintergroup.org
- Depression Bipolar Support Alliance (DBSA) – Support groups for persons with mood disorders and their friends and family, dbsanova.org
- Dual Recovery Anonymous – draonline.org
- Narcotics Anonymous – na.org
- National Alliance on Mental Illness (NAMI) of Northern Virginia – peer-to-peer, teens/young adults, family and parent support, 571-458-7310, nami-northernvirginia.org

Transportation

- Fairfax Connector – 703-339-7200, fairfaxcounty.gov/connector
- Fastran – for residents of Fairfax County and the Cities of Fairfax and Falls Church participating in human services agency programs, 703-222-9764, fairfaxcounty.gov/neighborhood-community-services/transportation/fastran
- The Lamb Center – transportation to interviews and medical appointments when funds are available, 703-691-3178, thelambcenter.org
- Logisticare – for people with Medicaid, dmas.virginia.gov/#/nemtsservices
- MetroAccess – shared-ride, door-to-door, paratransit service for people whose disability prevents them from using bus or rail, 202-637-7000, wmata.com/service/accessibility/metro-access

Veterans

- Serving Together – coordinated network of public, private and nonprofit organizations serving veterans, service members and their families, 1-855-738-7176, servingtogetherproject.org
- Virginia Department of Veterans Services – connects veterans and their families to federal and state benefits, support, quality care, and recognition, 703-359-1210, www.dvs.virginia.gov
- Veterans Crisis Line – confidential support 24/7, 1-800-273-8255 and press 1, text 838-255, or chat online at www.mentalhealth.va.gov/suicide_prevention/veterans-crisis-line.asp



To request this information in an alternate format, call 703-324-7000, TTY 711.