ICM stands for “Intensive Case Management,” and it means “help.”

**We can help you get:**
- Medical care
- Benefits like food stamps, general relief and SSI/SSDI
- Employment and training
- Transportation
- Legal help
- Personal ID and other documents
- Housing
- Clothes, food, other supplies
- Supports for mental health/substance use disorder recovery

*Supplemental security income/Social Security disability insurance

**How does the ICM team work?**
- We come to you – you don’t have to come to us.
- We work as a team. You are part of the team.
- We provide services tailored to your recovery needs.

**Contact Information:**
[Write in ICM team member contact information here.]
Detoxification Center at 703-502-7000, TTY 703-207-7737, or the Fairfax
For emergencies anytime, call CSB Emergency Services
at 703-383-8500, TTY 711.

I wasn’t well, and I needed help.
Julia had no home, no income, no
health care and few social supports. ICM staff helped her apply
for public assistance, and she agreed to collaborate with a psychiatrist. ICM helped Julia find housing
and employment, learn how to budget and use public transportation.
She began participating in social outings, and – with ICM support
– reengaged with her family for the first time in years.

More about ICM
Each team includes medical, mental health and substance use disorder professionals. They know that, with a little help, people can and will draw from their own strengths to overcome challenges in their lives.

More about the CSB
The Fairfax-Falls Church Community Services Board (CSB) provides services for people with mental illness, substance use disorders, and intellectual and developmental disabilities.

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Fairfax-Falls Church Community Services Board
www.fairfaxcounty.gov/csb
Call 703-324-7000, TTY 711 to request
this information in an alternate format.
May 2014

"Now I can help others."
Gracia had a history of
homelessness, but with help from
ICM she found a home and
resources to support her recovery. Gracia is now able to give back
and helps others in the community
whose struggles she understands.

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