



Fairfax County Youth Survey School Year 2015-2016



Fairfax County 2015 Youth Survey



About the Fairfax County Youth Survey

It provides *DATA* to county, school, and community-based organizations to:

- Assess Youth **Strengths** and **Needs**
- Develop **Programs** and **Services**
- Monitor **Trends**
- **Measure** Community Indicators
- Guide Countywide **Planning** of **Prevention** Efforts



Fairfax County 2015 Youth Survey



More About the Fairfax County Youth Survey



- Comprehensive
- Anonymous
- Voluntary

It examines the

- Behaviors,
- Experiences, and
- **Risk and Protective Factors** that influence the well-being of our county's youth.



Fairfax County 2015 Youth Survey



Fairfax County Youth Survey Web Page

[homepage](#) > [demographic and economic information](#) > [fairfax county youth survey reports](#)

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Fairfax County Youth Survey

The Fairfax County Youth Survey, a comprehensive, anonymous and voluntary survey given each year to students in grades 6, 8, 10 and 12, examines behaviors, experiences and other factors that influence the health and well-being of Fairfax County's youth. The results provide a snapshot of the county's youth and serve as a barometer of the community's effectiveness fostering healthy choices in young people. The Youth Survey is a collaboration of Fairfax County Government and the Fairfax County Public Schools.

See also: [Youth Survey Frequently Asked Questions](#)

School Year 2014-2015 Fairfax County Youth Survey Results



[View a video of result highlights.](#)

Fairfax County Youth Survey Highlights Video (27:30 min.)

Watch on YouTube:

- [Fairfax County Youth Survey Report](#)
- [Fairfax County 6th Grade Youth Survey Report](#)
- [Fairfax County Youth Survey Results Highlights Presentation](#)
- [Updated Fact Sheets](#)

If you use data from the School Year 2014-2015 survey, please cite *The Fairfax County Youth Survey Report School Year 2014-2015* and reference: www.fairfaxcounty.gov/youthsurvey.

Visit [slideshare](#) to view this and other county presentations.

[View Playlist of Youth Survey Videos on YouTube](#)

	Prevention Toolkit For suggestions, tools, and resources to assist in promoting the well-being of youth in our community. For more information, download About the Prevention Toolkit.
	Results Annually: 2009 - 2014; Biennially: 2001 - 2008
	Other Studies on Fairfax County Youth Survey Data
	Videos View a Rectangular Grid
	Fact Sheets Get a snapshot of various risks facing Fairfax County youth and learn what you can do to help young people as well as where to go for more information.
	Survey Instruments and Information

www.fairfaxcounty.gov/youthsurvey

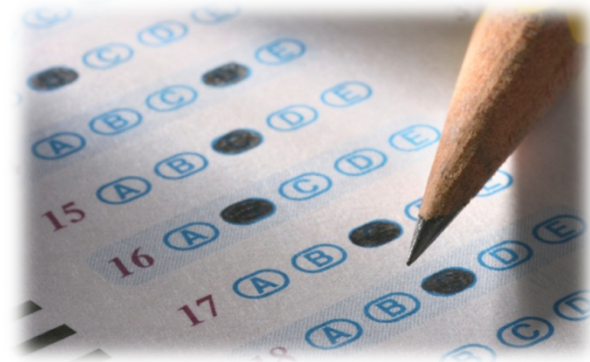


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Fairfax County Youth Survey Participation

- **48,089** FCPS students
- Grades 6, 8, 10, and 12
- Representing **88%** of enrolled students



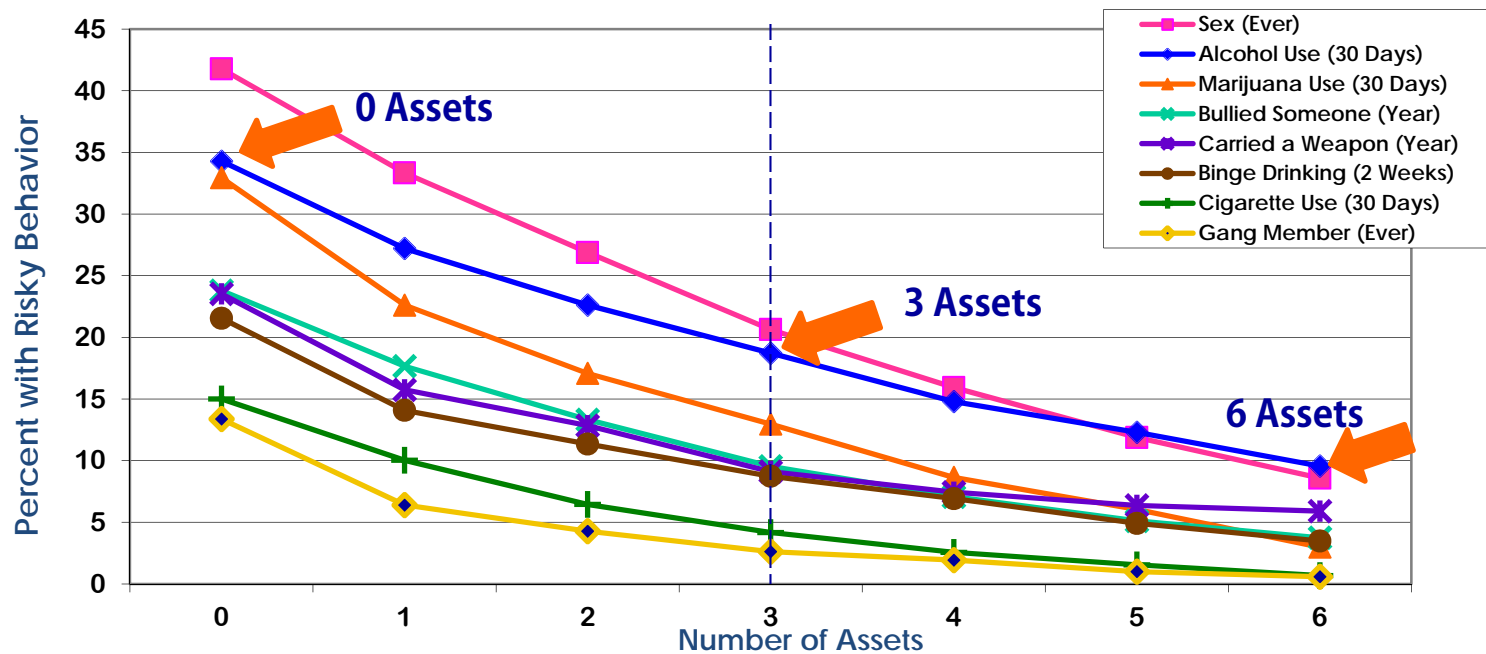
6th grade students take a shortened,
modified survey.



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Three to Succeed Asset Graph for Fairfax County (Grades 8, 10, 12)



Having High Personal Integrity
 Performing Community Service
 Having Teachers Recognize Good Work

Having Community Adults to Talk to
 Participating in Extracurricular Activities
 Having Parents Available for Help



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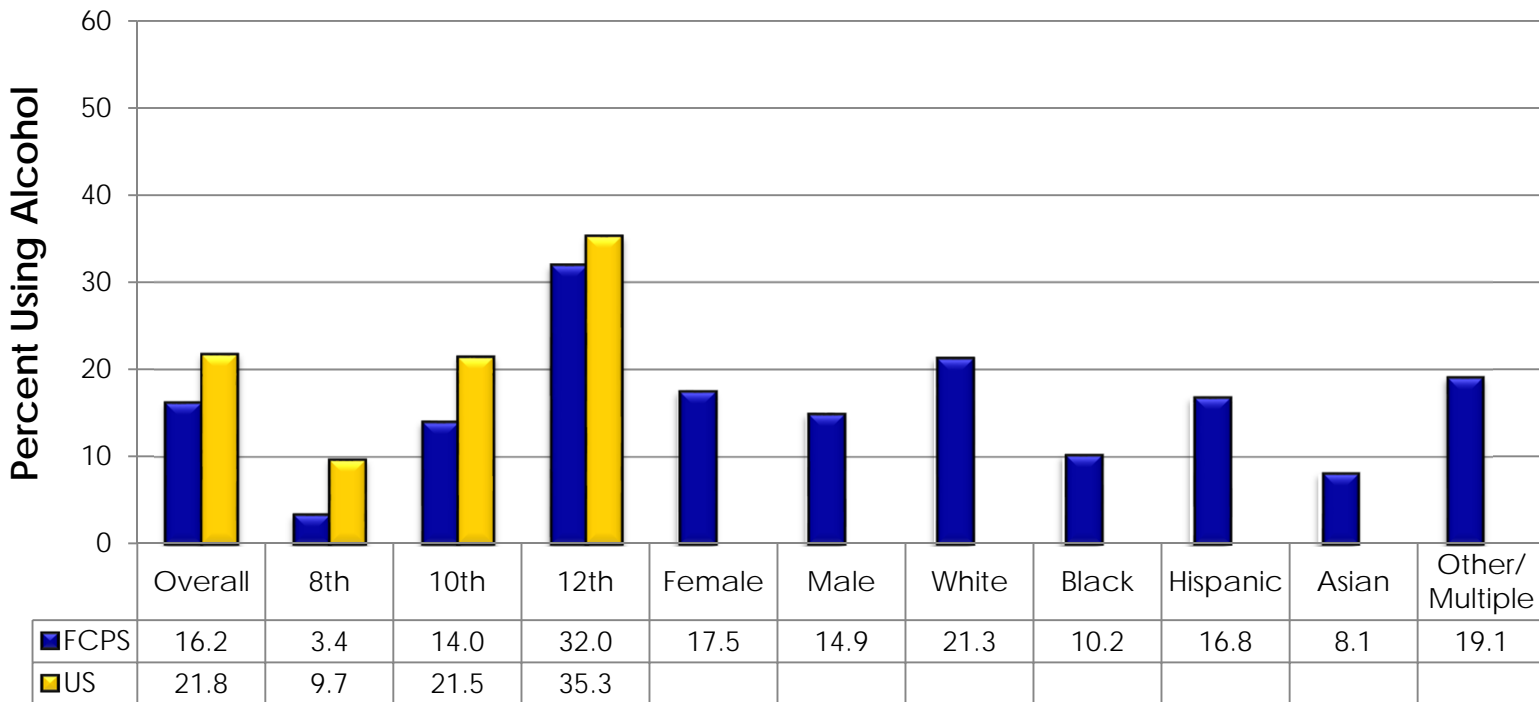
Alcohol, Tobacco, and Other Drug Use



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Percent Who Drank Alcohol in Past 30 Days



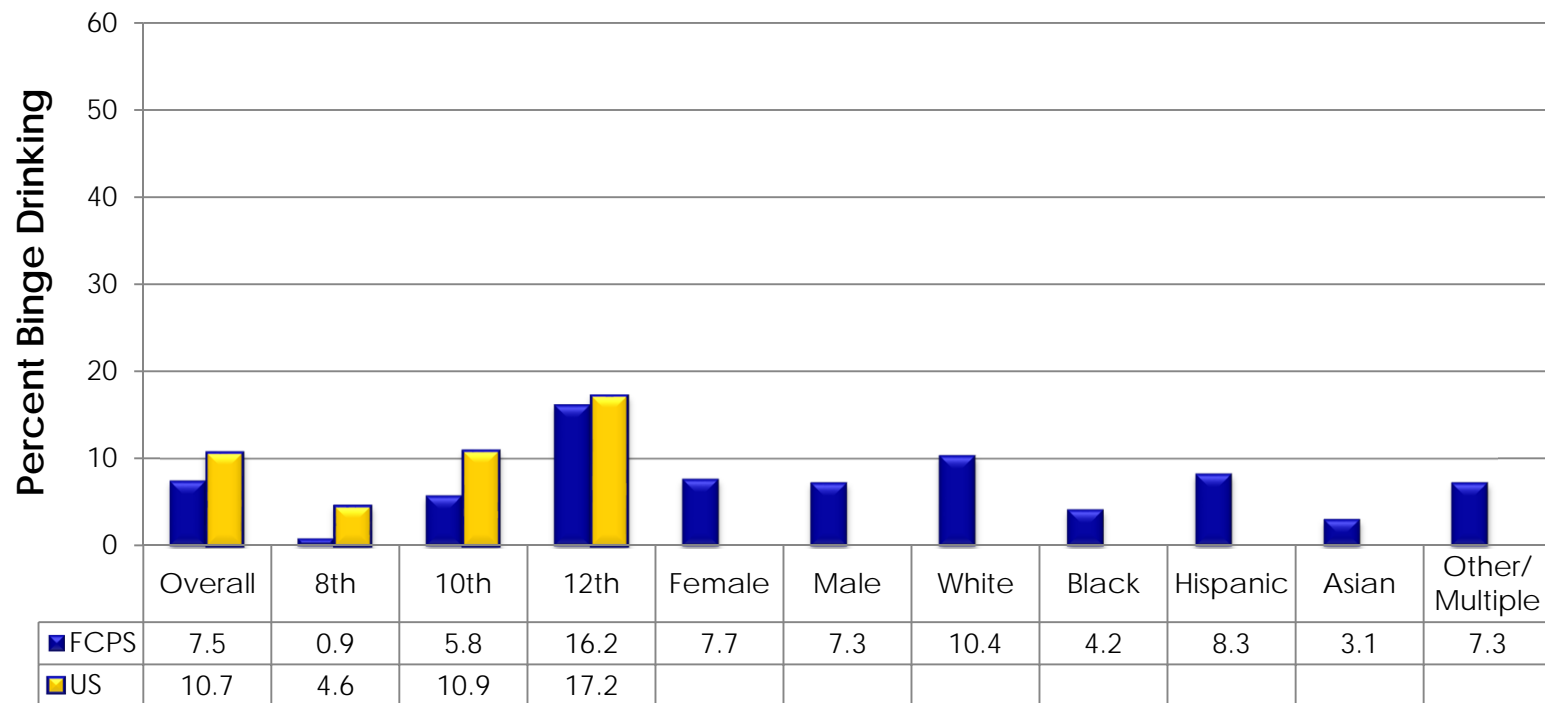
Note: 6th Grade Prevalence = 1.4%



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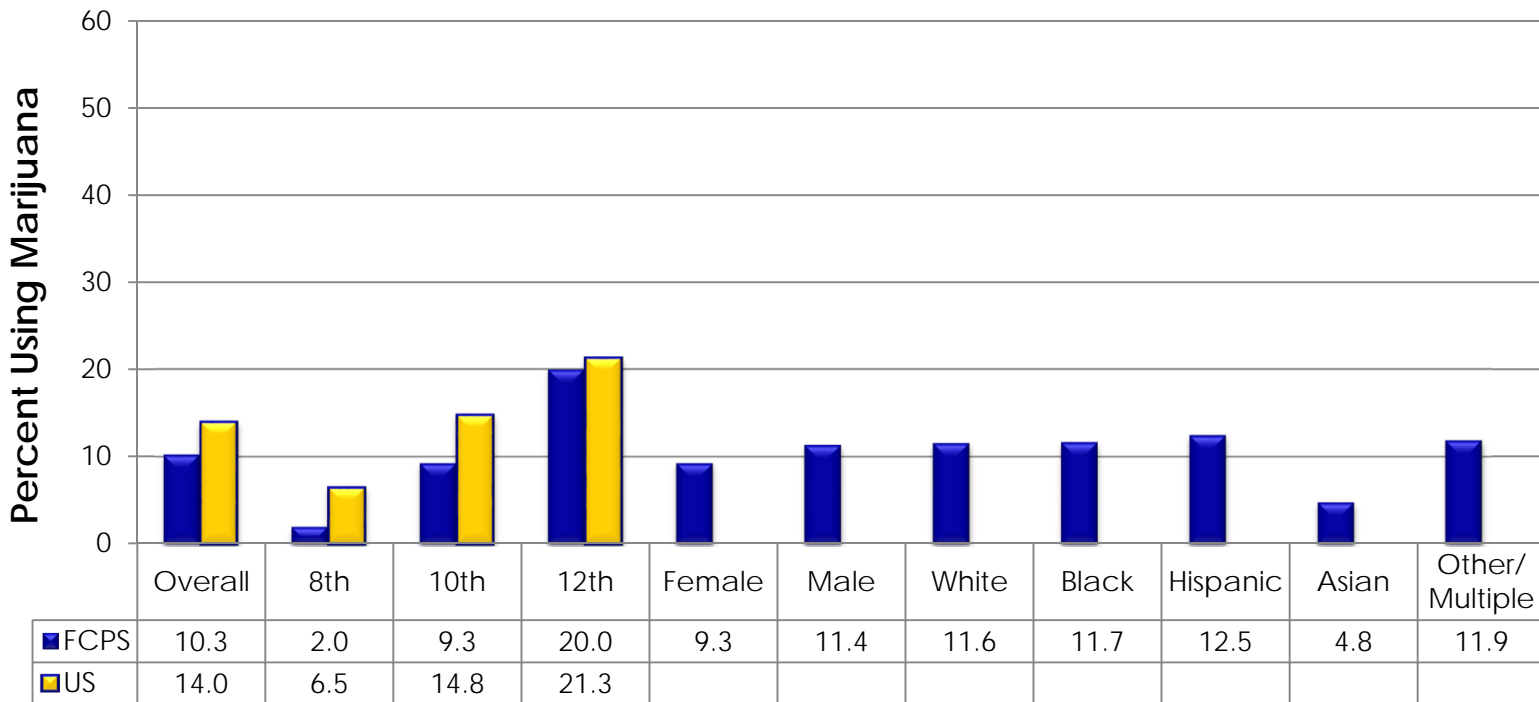
Percent Reporting Binge Drinking



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Percent Who Used Marijuana in Past 30 Days



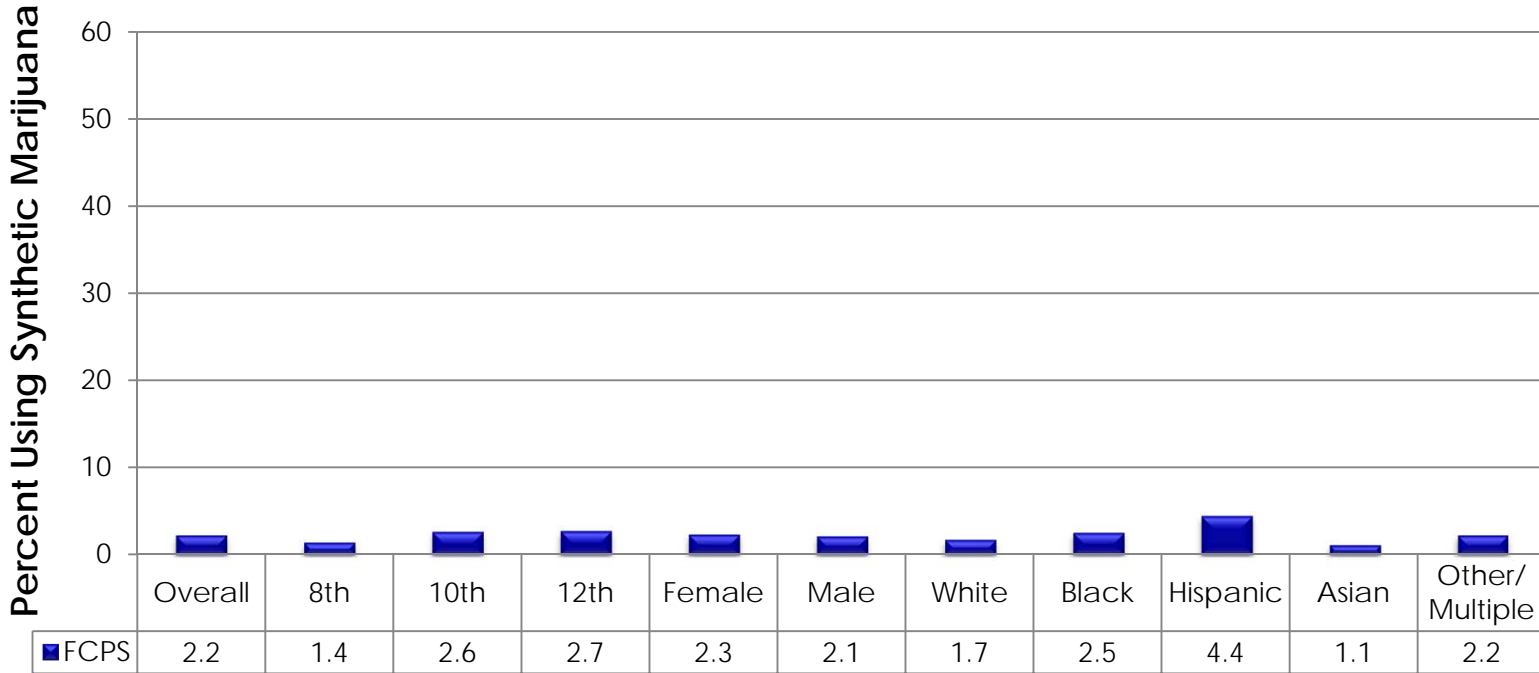
Note: 6th Grade Prevalence = 0.1%



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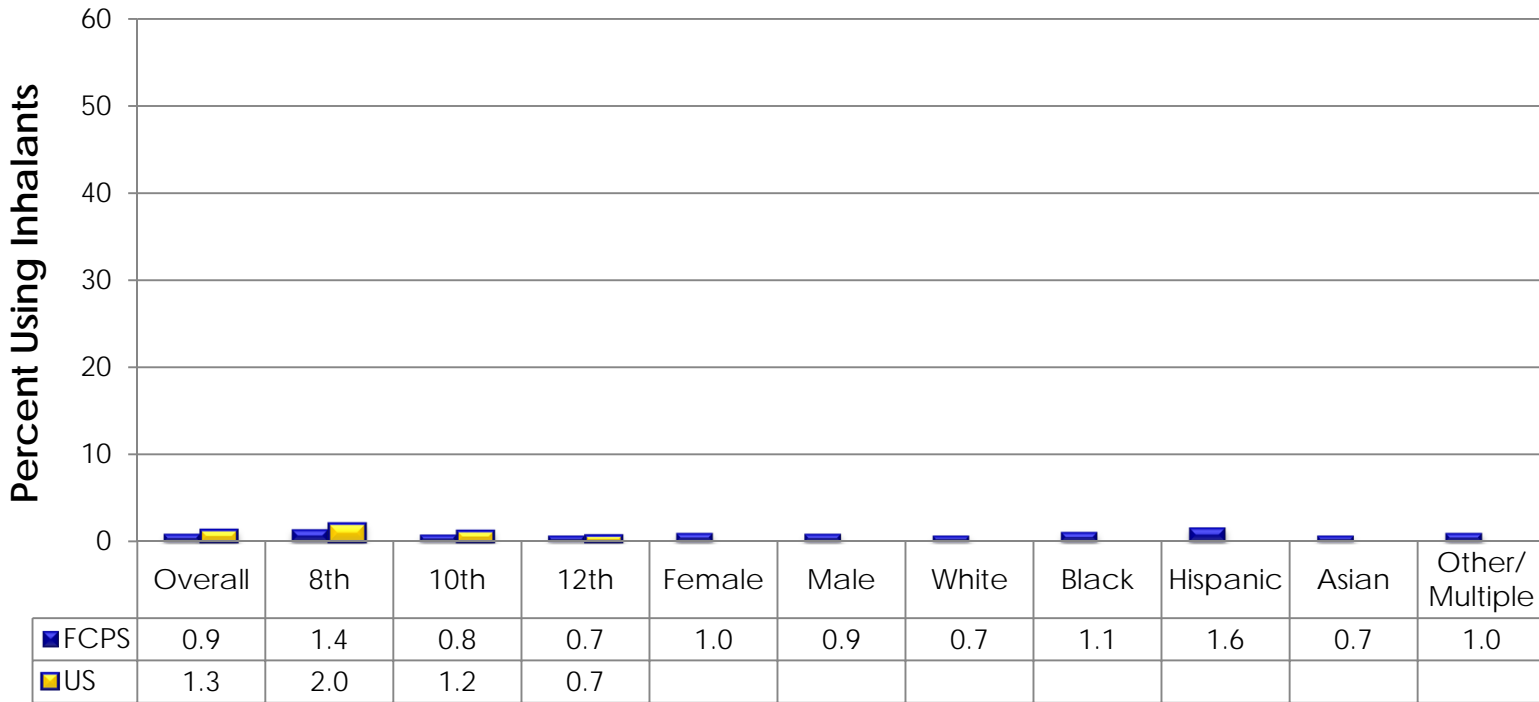
Percent Who Used Synthetic Marijuana in Past 30 Days



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Percent Who Used Inhalants in Past 30 Days



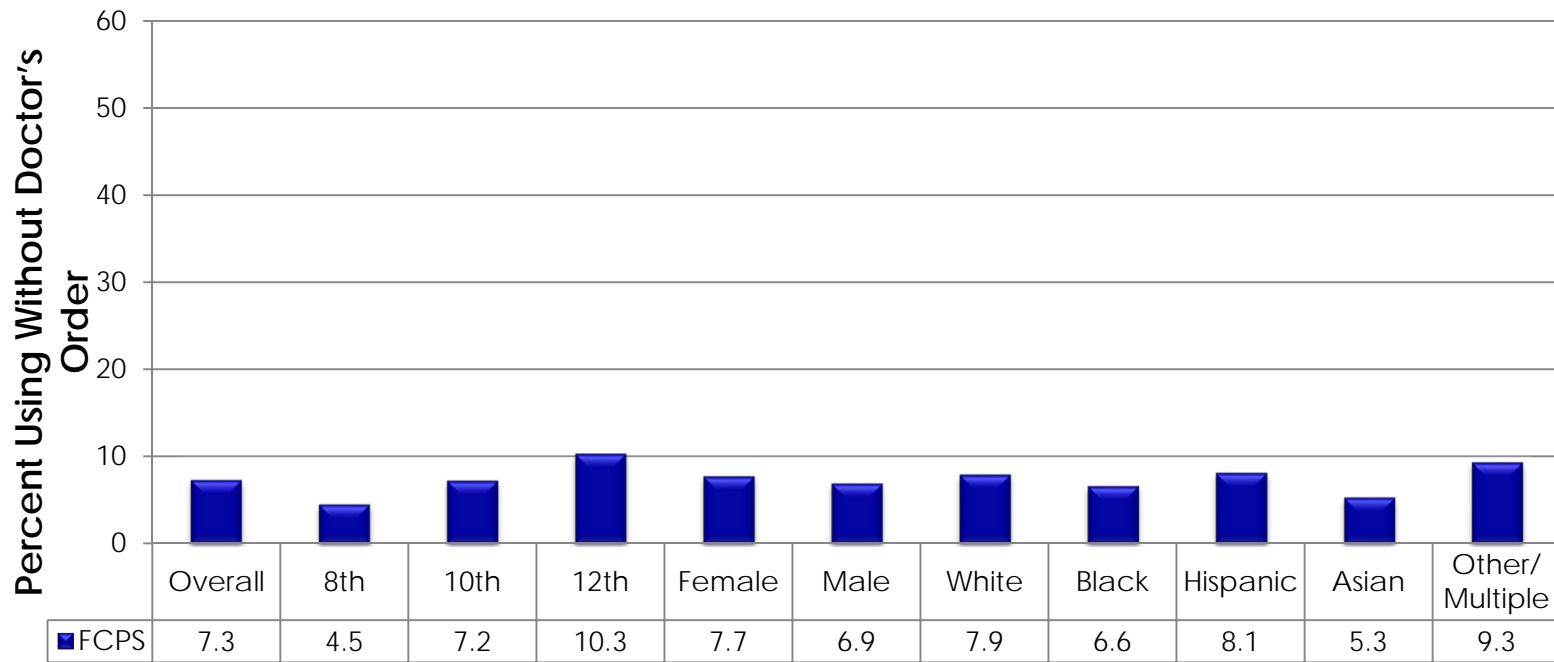
Note: 6th Grade Prevalence = 1.8%



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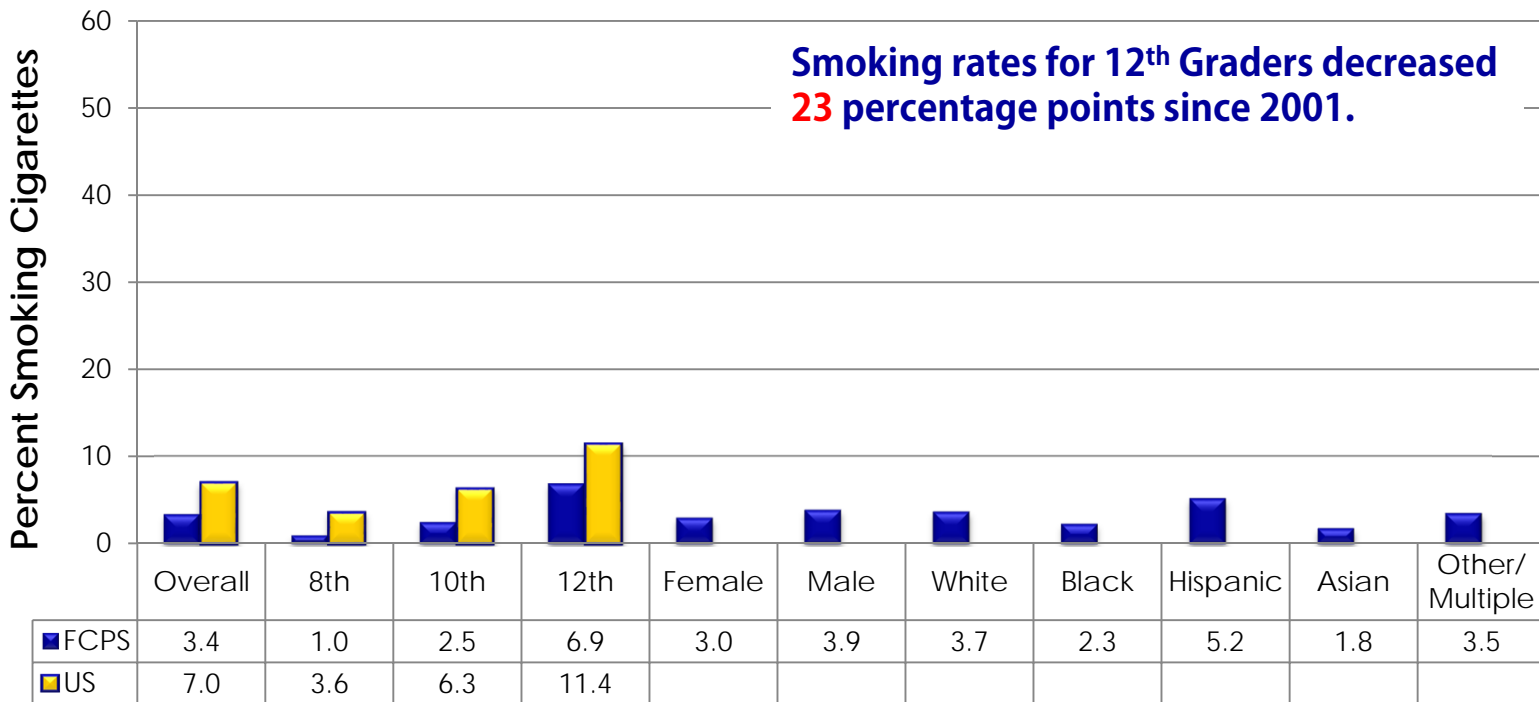
Percent Who Used Painkillers or Prescription Medication in Past 30 Days



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Percent Who Smoked Cigarettes in Past 30 Days



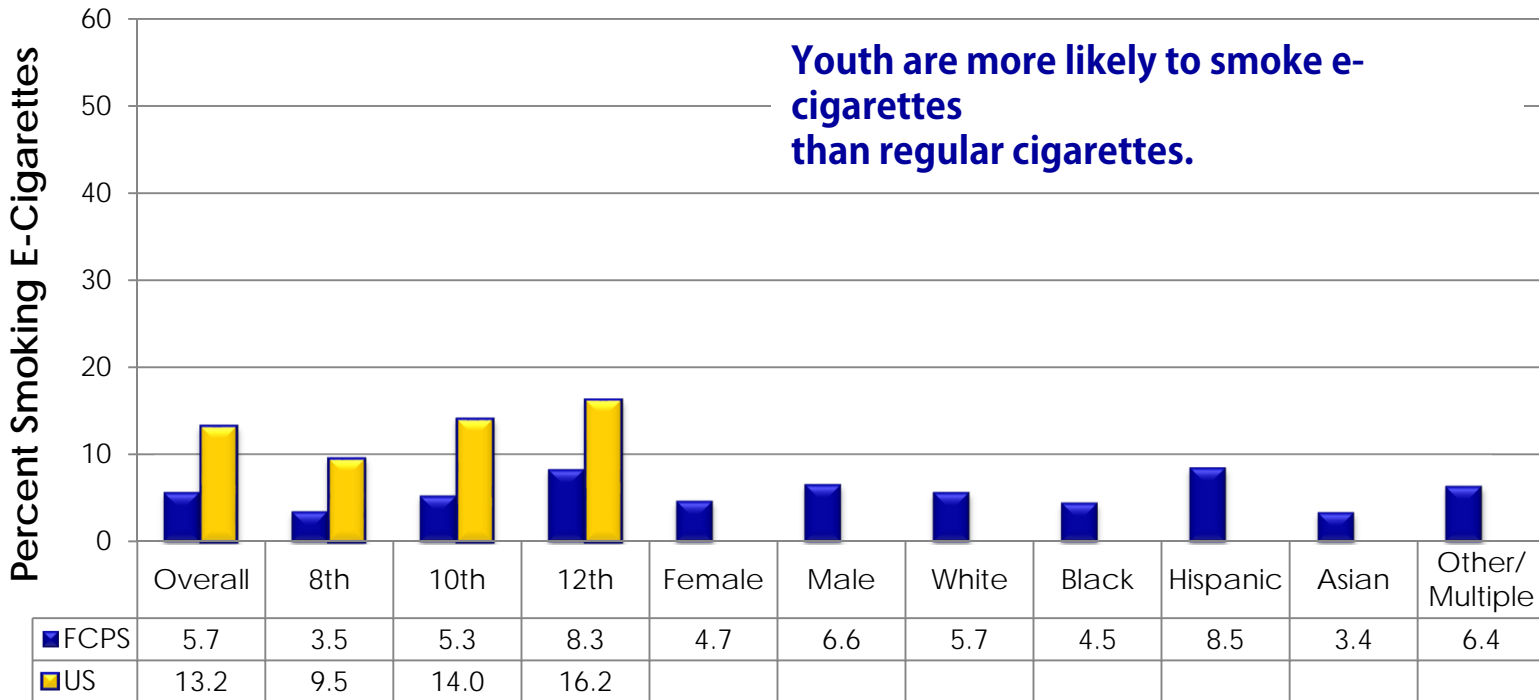
Note: 6th Grade Prevalence = 0.2%



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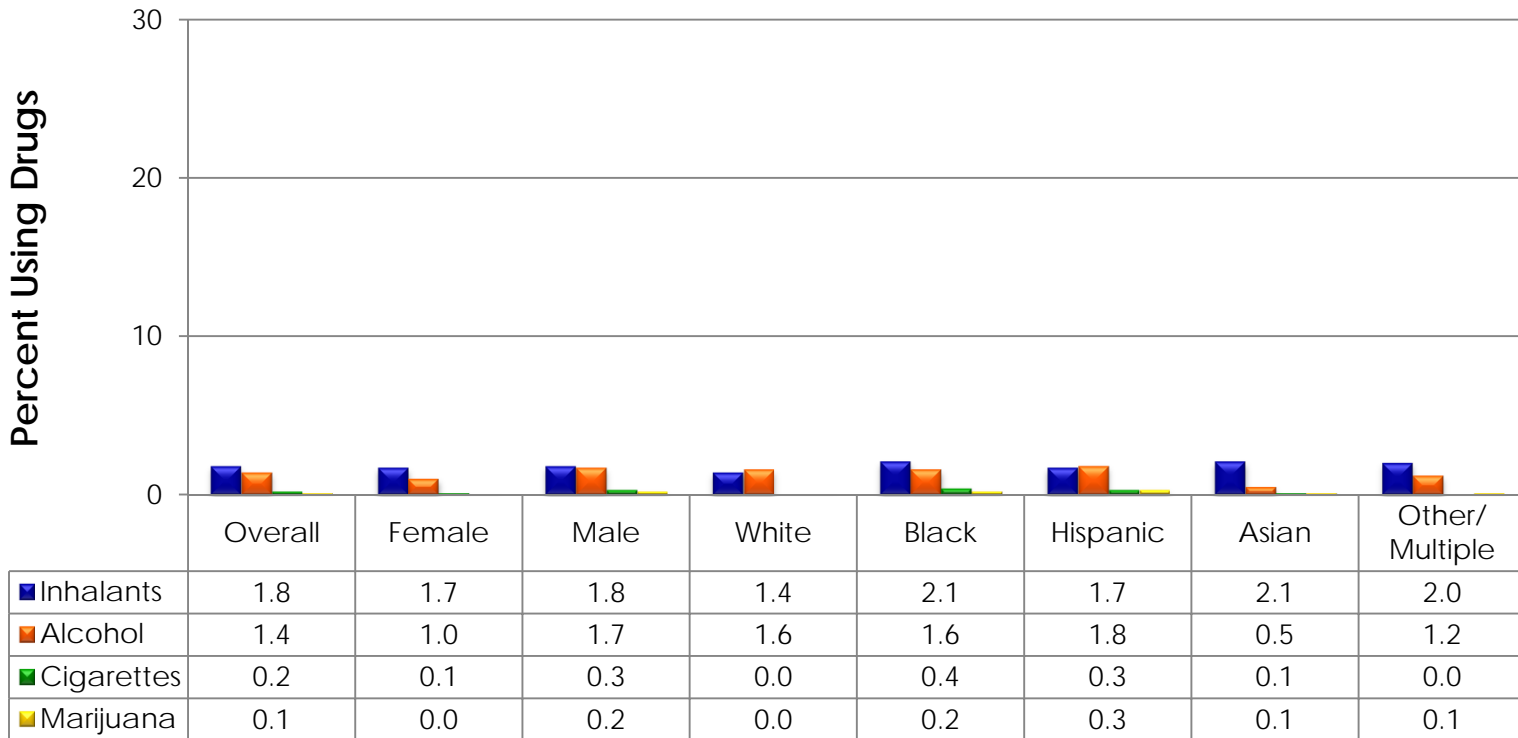
Percent Who Smoked E-Cigarettes in Past 30 Days



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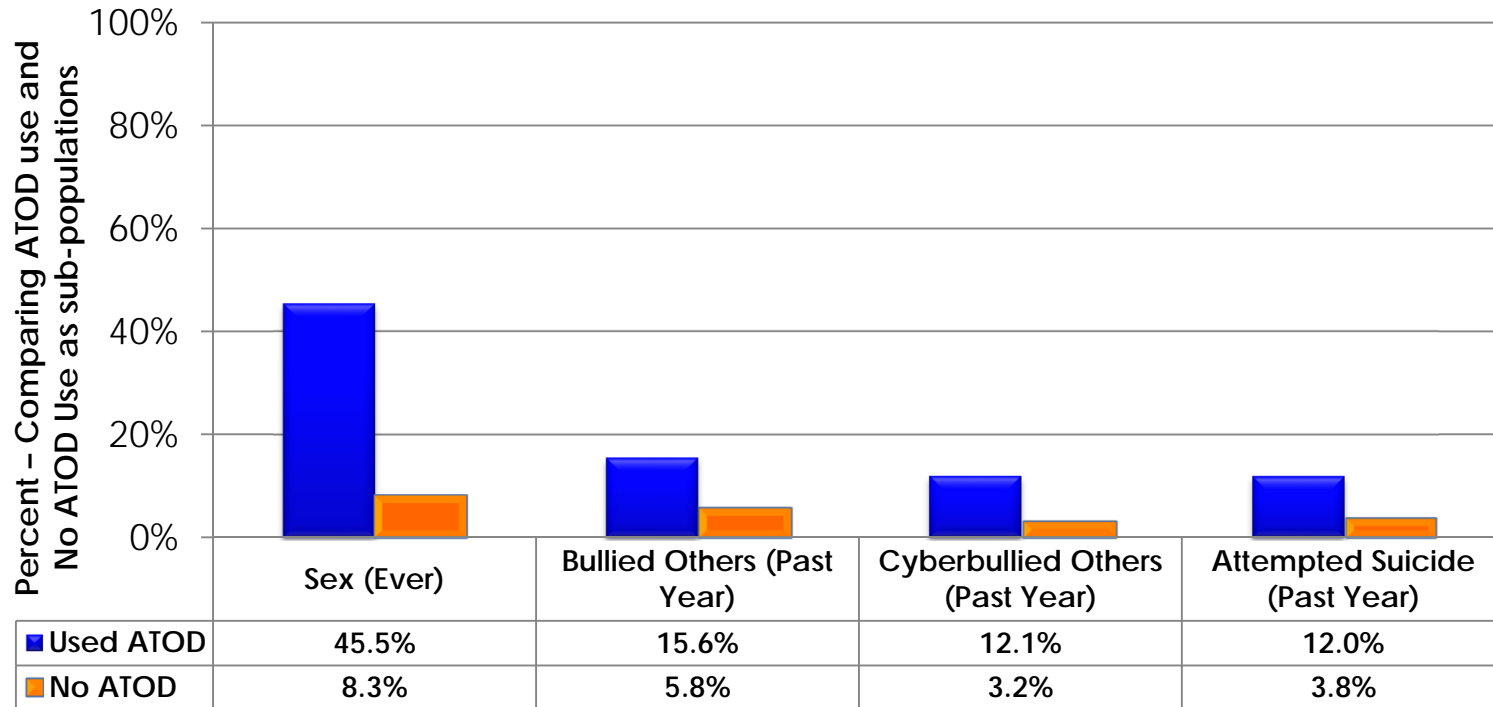
Drug Use for 6th-Graders Past 30 Days



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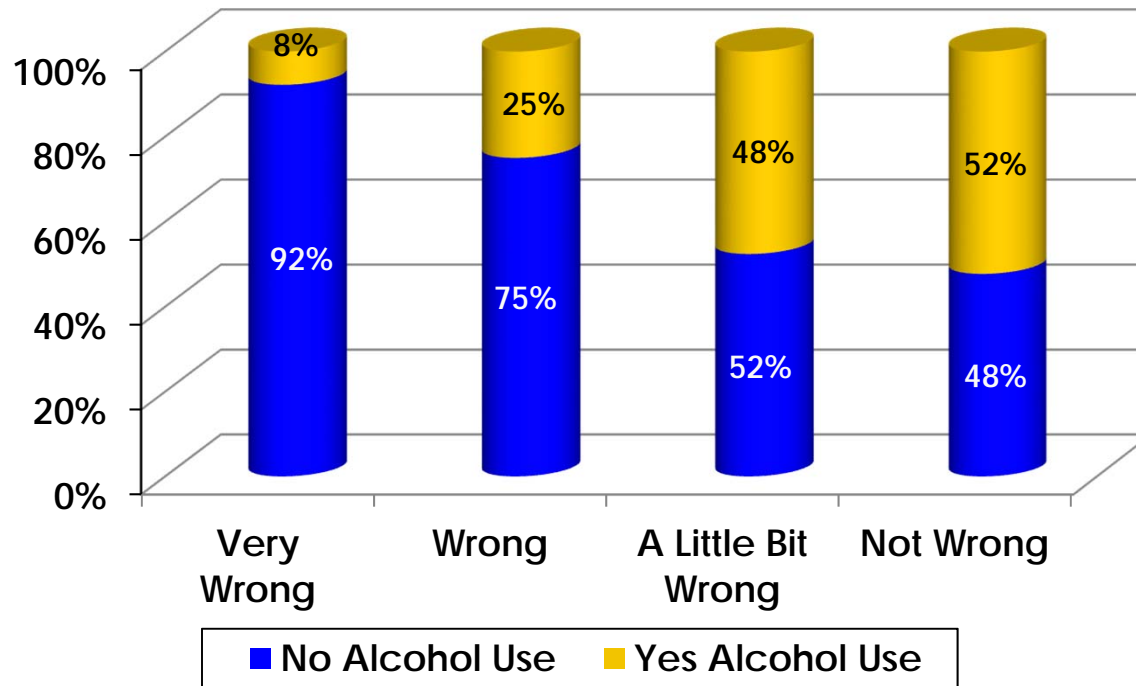
Alcohol, Tobacco and Other Drug Use (Past 30 Days) Related Factors



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Parental Perception and Alcohol Use Behavior



Percentages may not sum to 100% due to rounding



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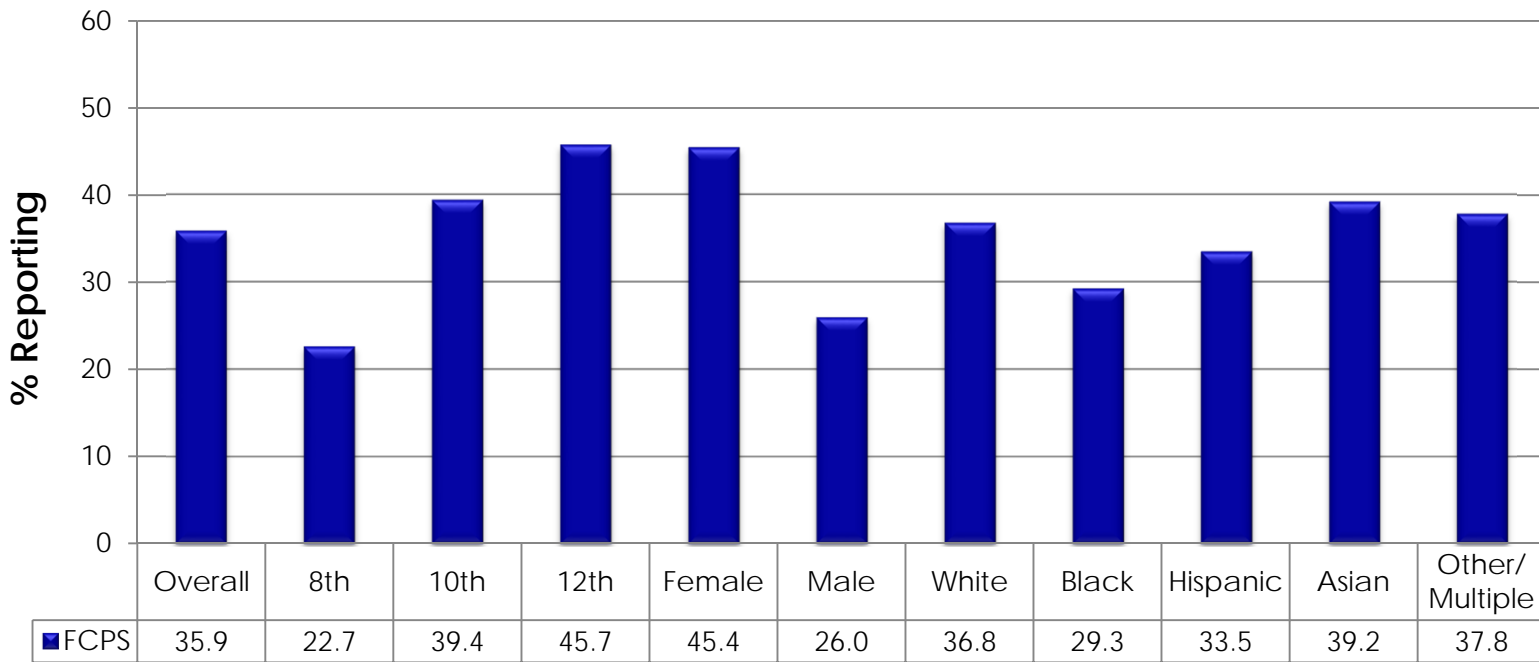
Stress, Depression, Suicide, and Unhealthy Weight Loss Behavior



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Percent Who Reported High Level of Stress in Past Month



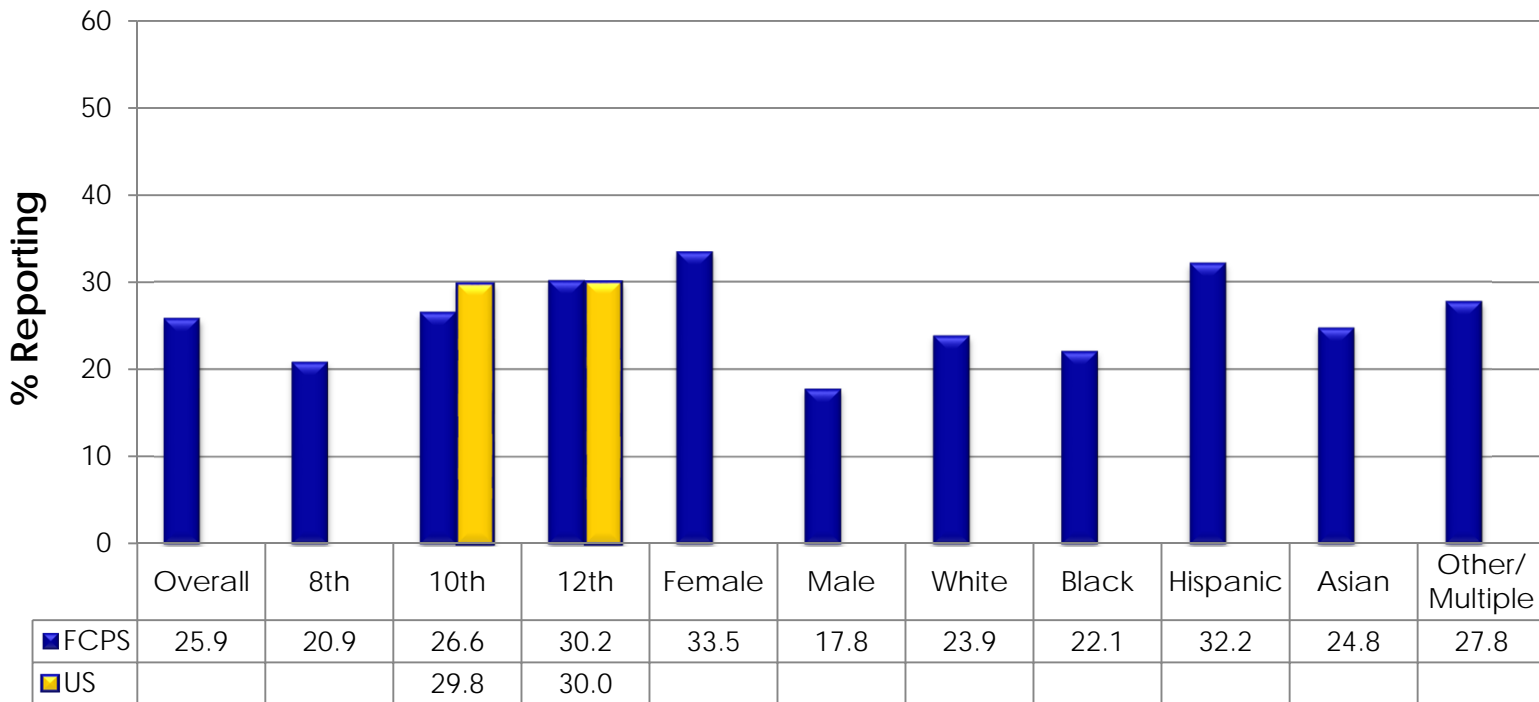
Note: 6th Grade Prevalence = 13.6%



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Percent Who Reported Depressive Symptoms in Past Year



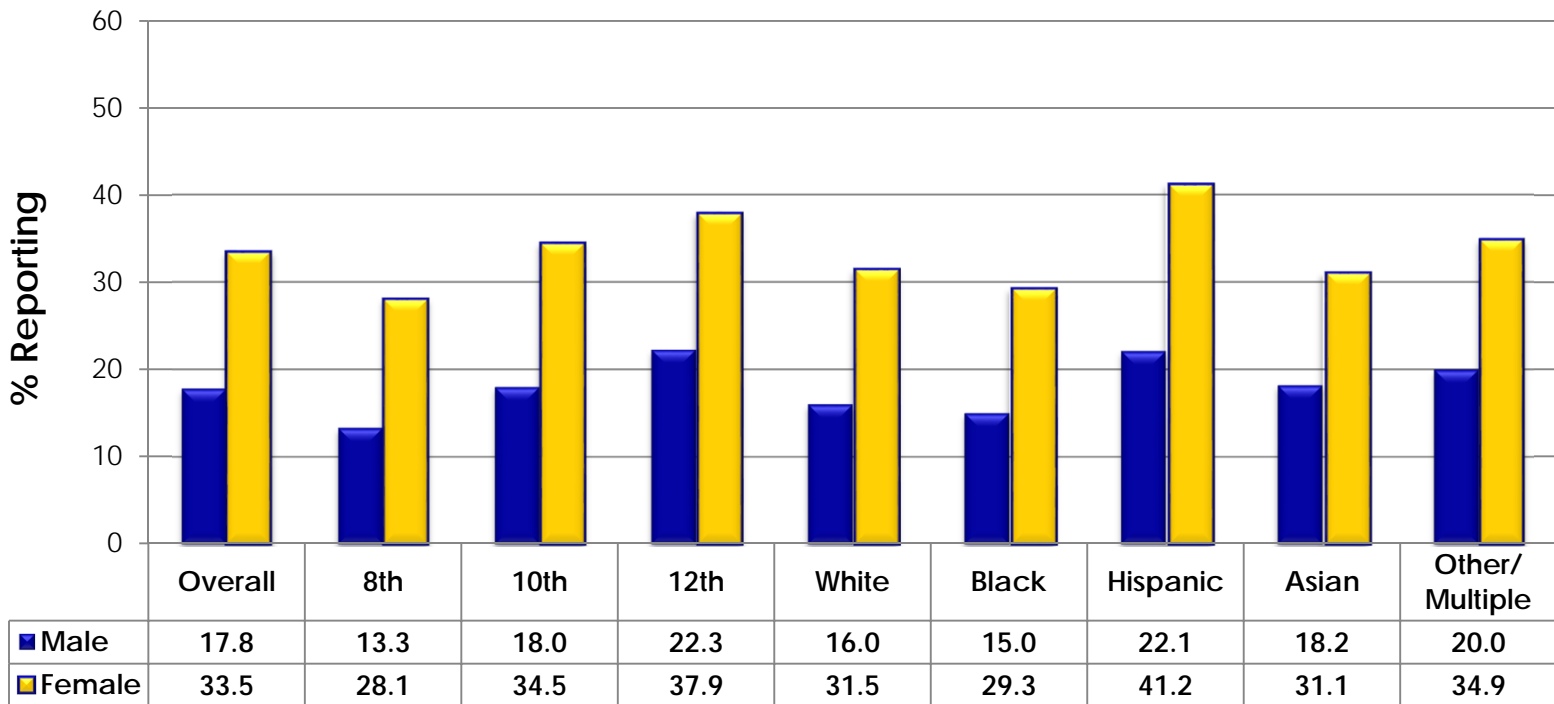
Note: 6th Grade Prevalence = 20.3%



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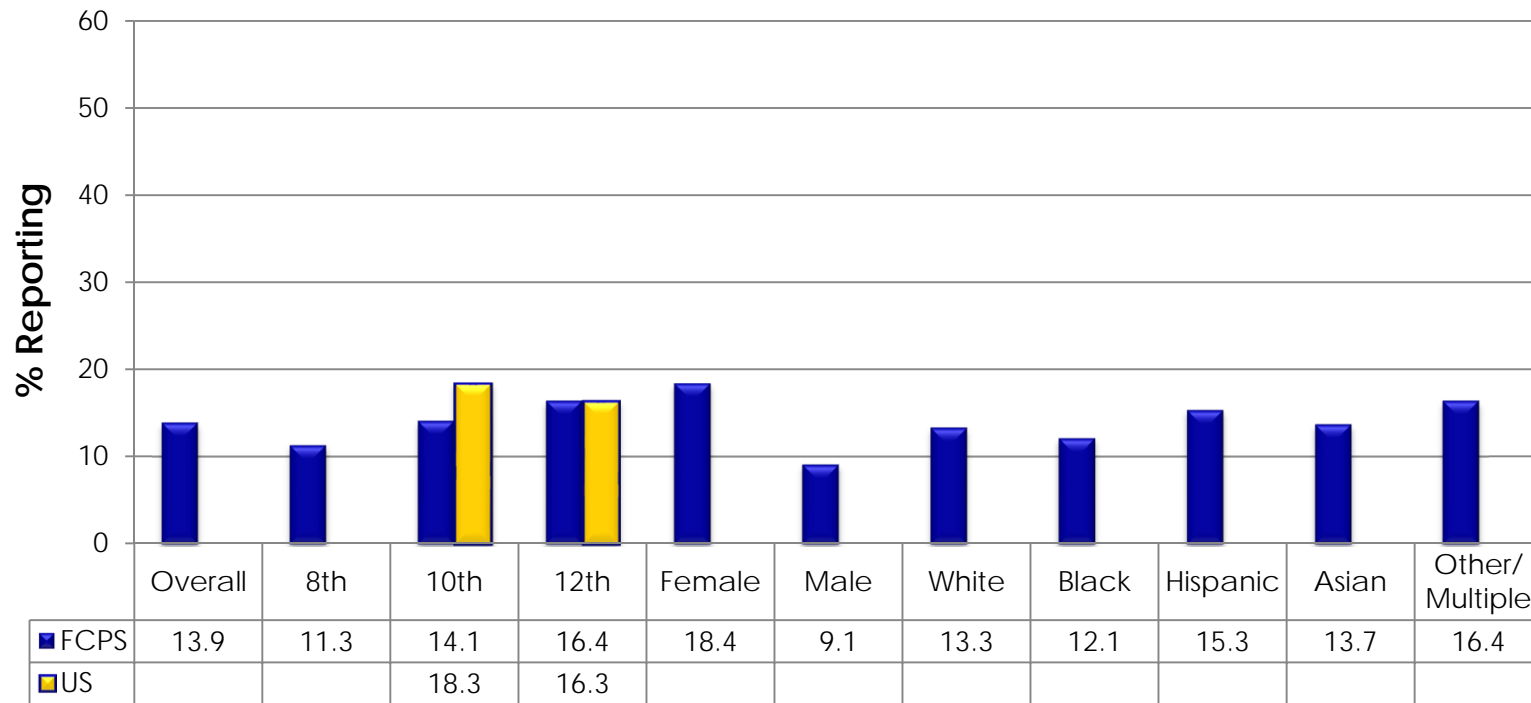
A Closer Look at Depressive Symptoms



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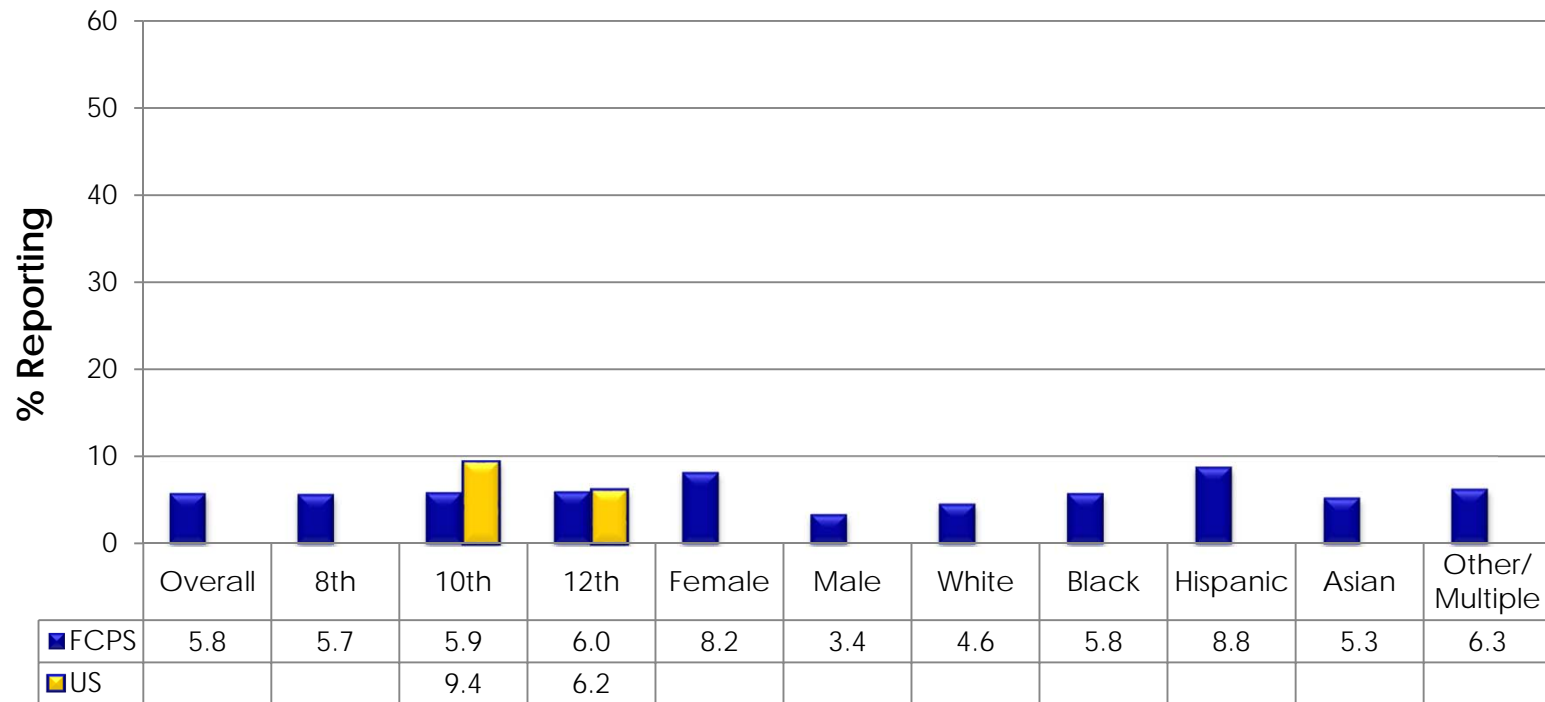
Percent Who Considered Suicide in Past Year



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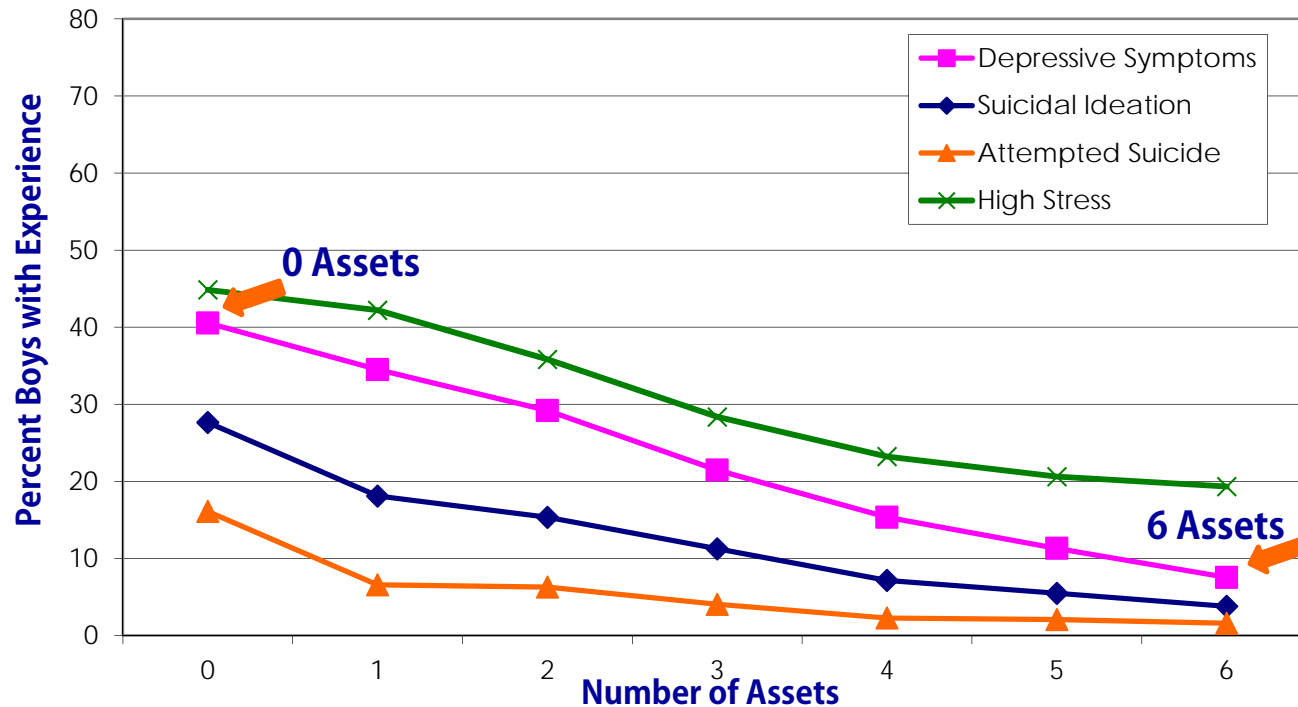
Percent Who Attempted Suicide in Past Year



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Assets and Experiences Related to Mental Health



Having High Personal Integrity

Performing Community Service

Having Teachers Recognize Good Work

Having Community Adults to Talk to

Participating in Extracurricular Activities

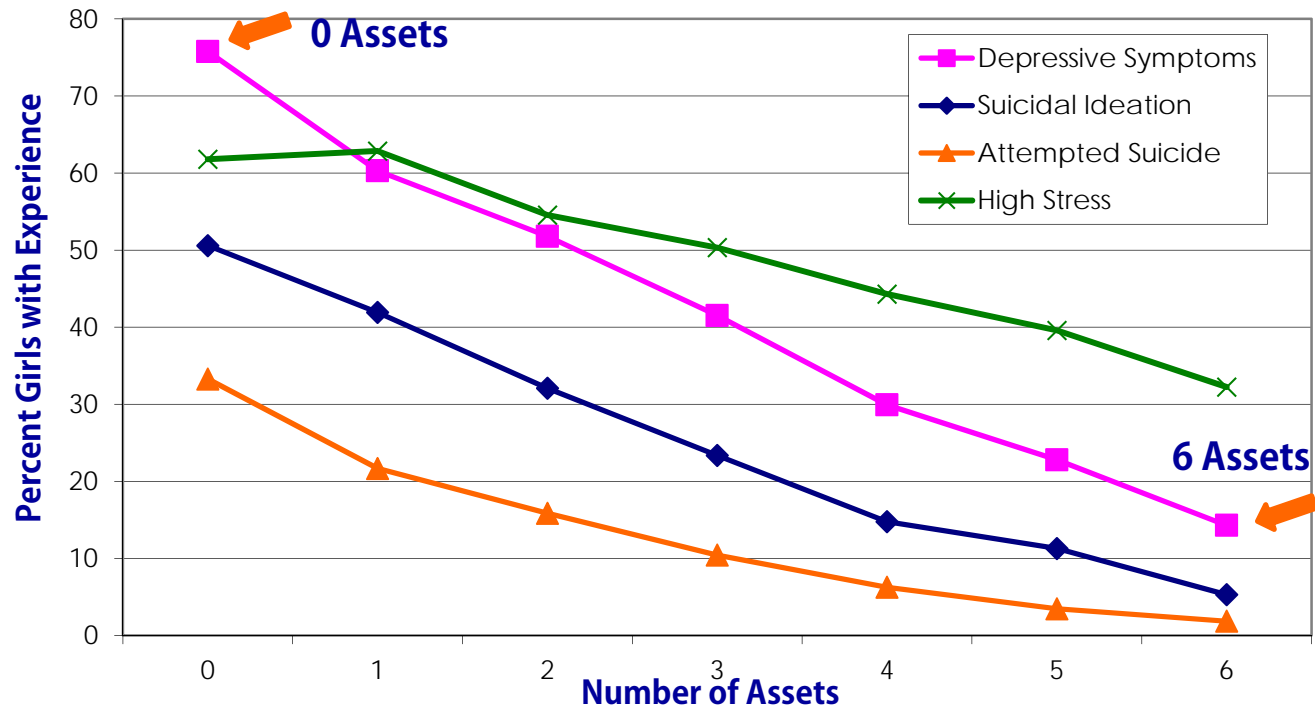
Having Parents Available for Help



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Assets and Experiences Related to Mental Health



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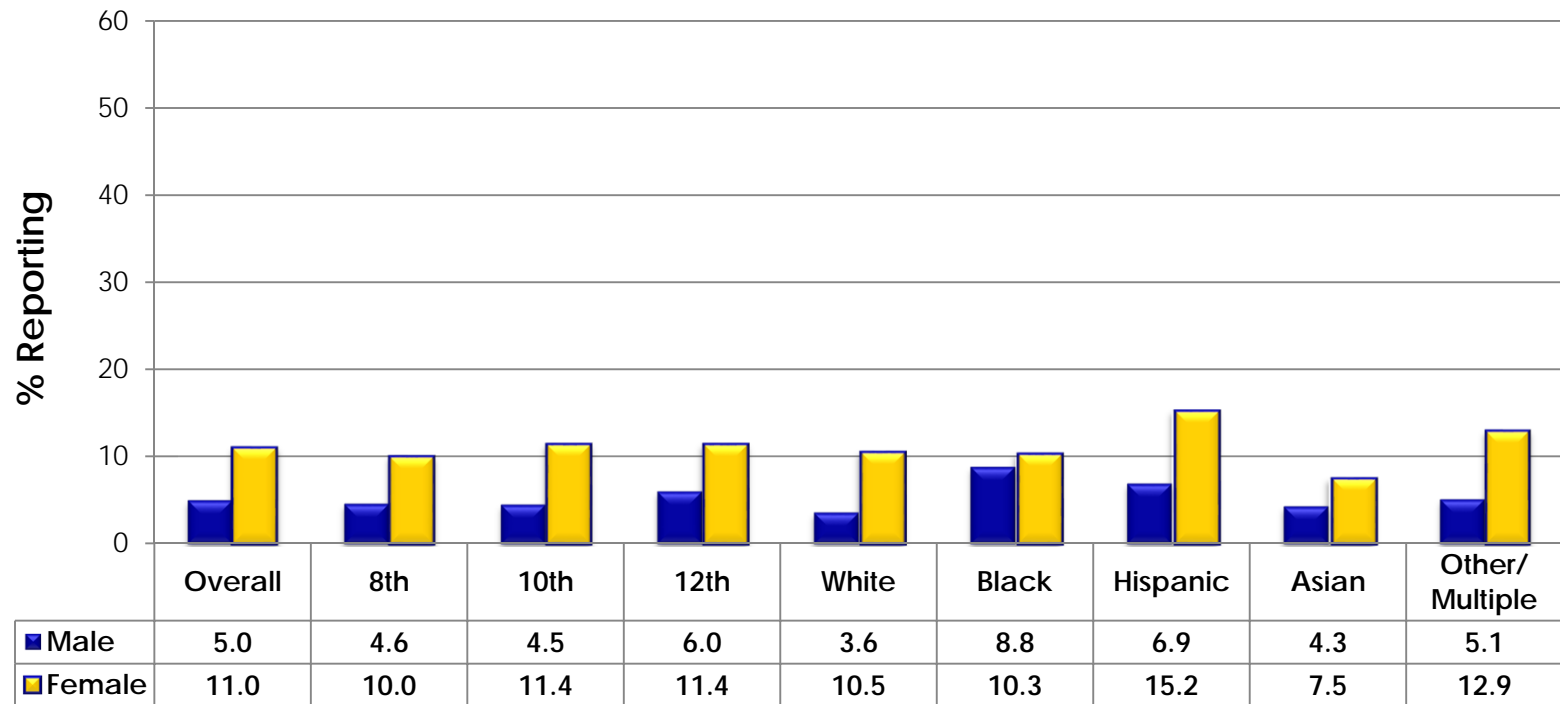
Having Parents Available for Help



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A Closer Look at Unhealthy Weight Loss Behavior



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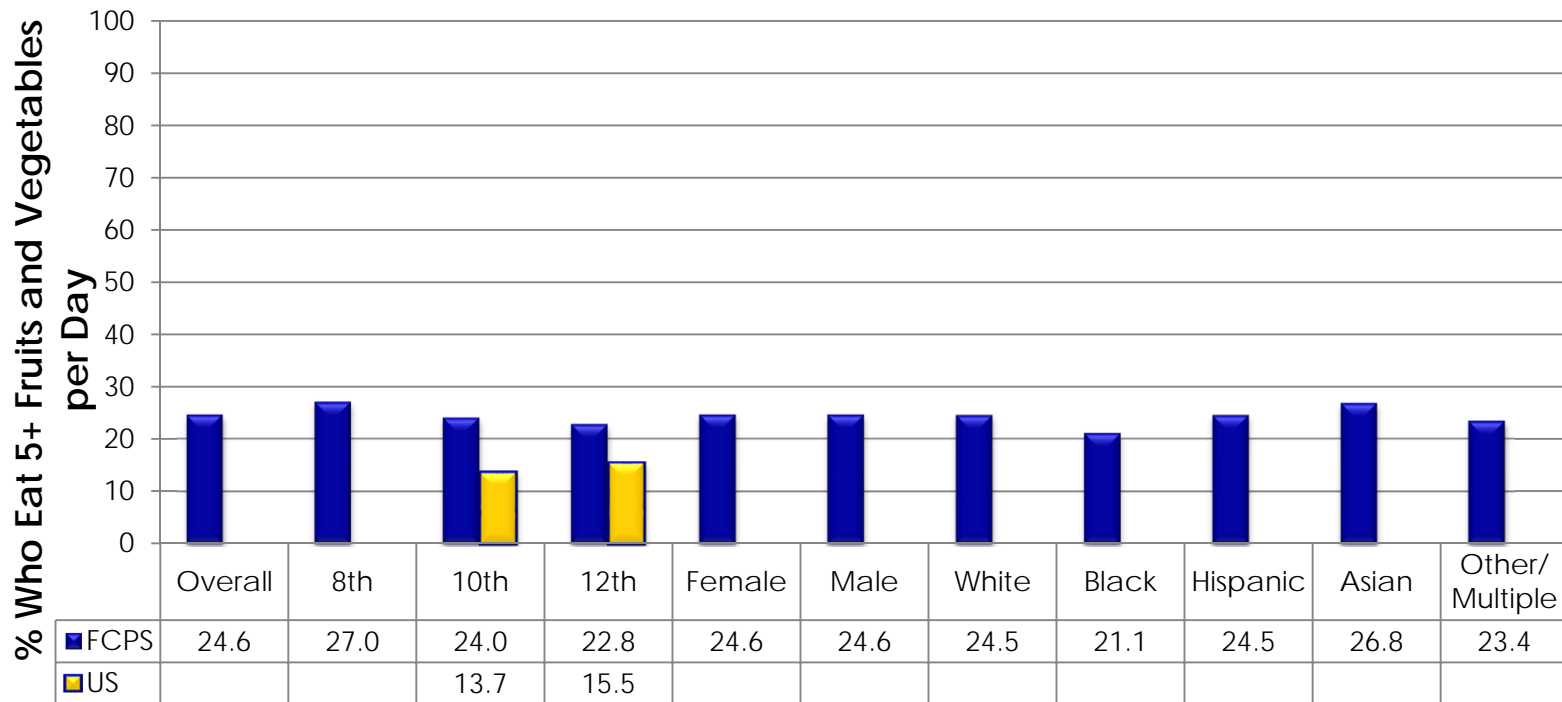
Nutrition and Physical Activity



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Percent Meeting Nutrition Requirements



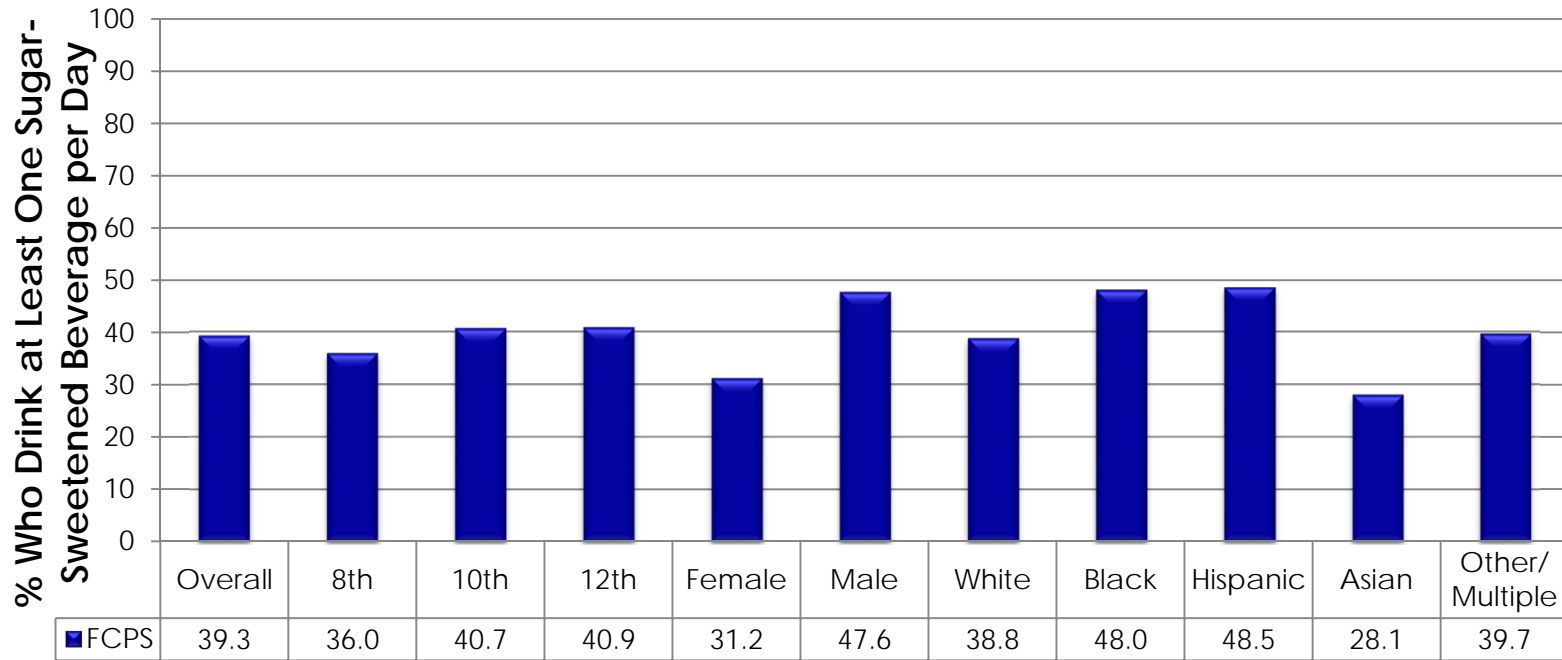
Note: 6th Grade Prevalence = 32.5%



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Percent Drinking Sugar-Sweetened Beverages Daily



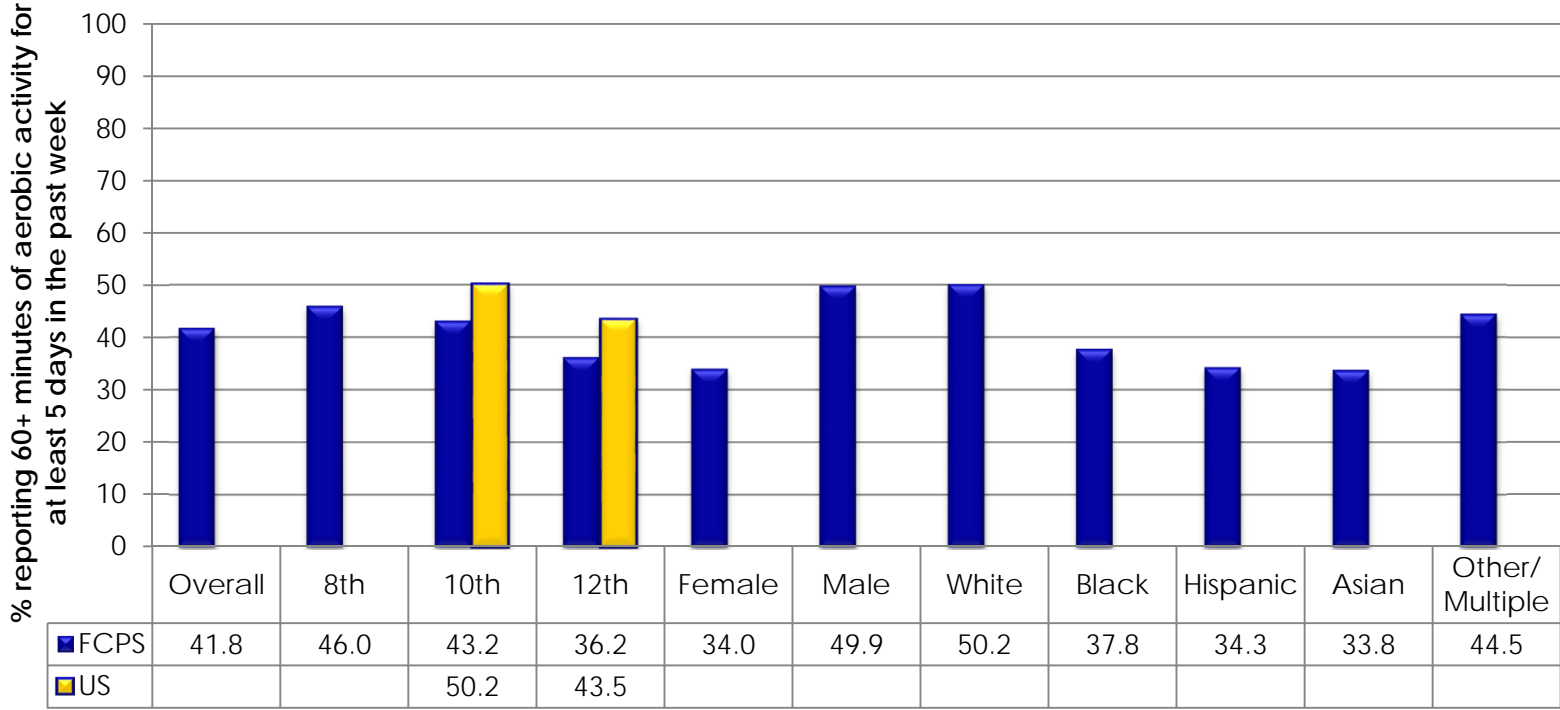
Note: 6th Grade Prevalence = 32.6%



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Percent Meeting Recommendations for Physical Activity



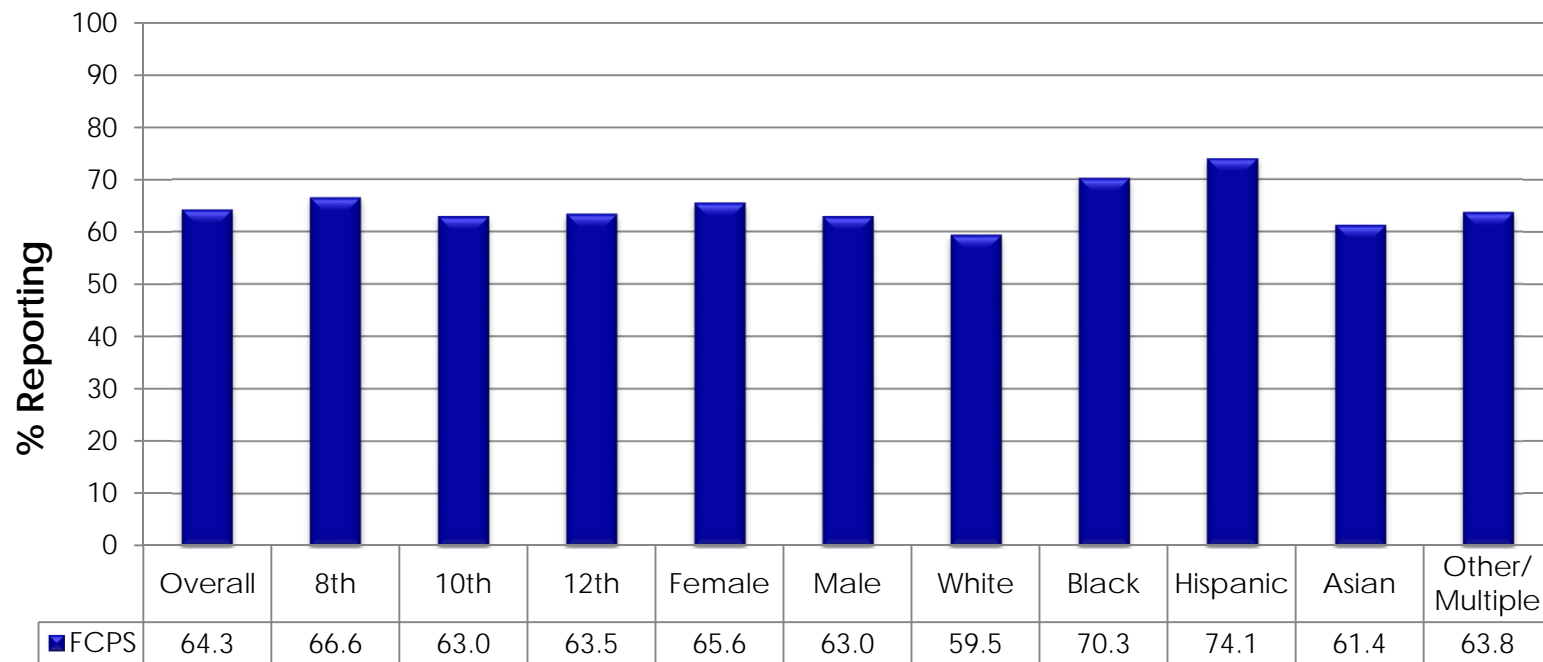
Note: 6th Grade Prevalence = 50.8%



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Percent Viewing 3+ Hours of Screentime per Day



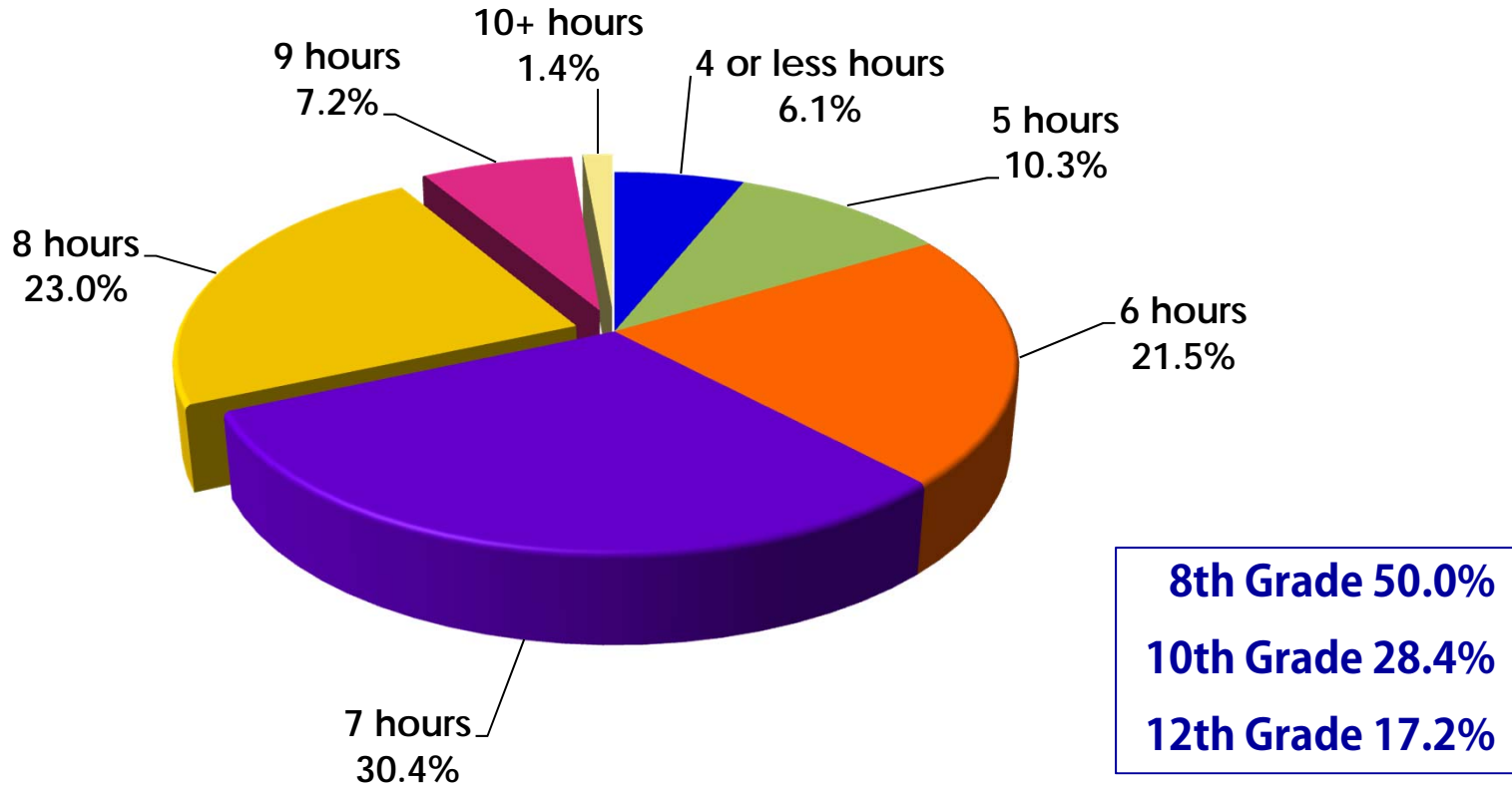
Note: 6th Grade Prevalence = 46.1%



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Number of Sleep Hours on an Average School Night



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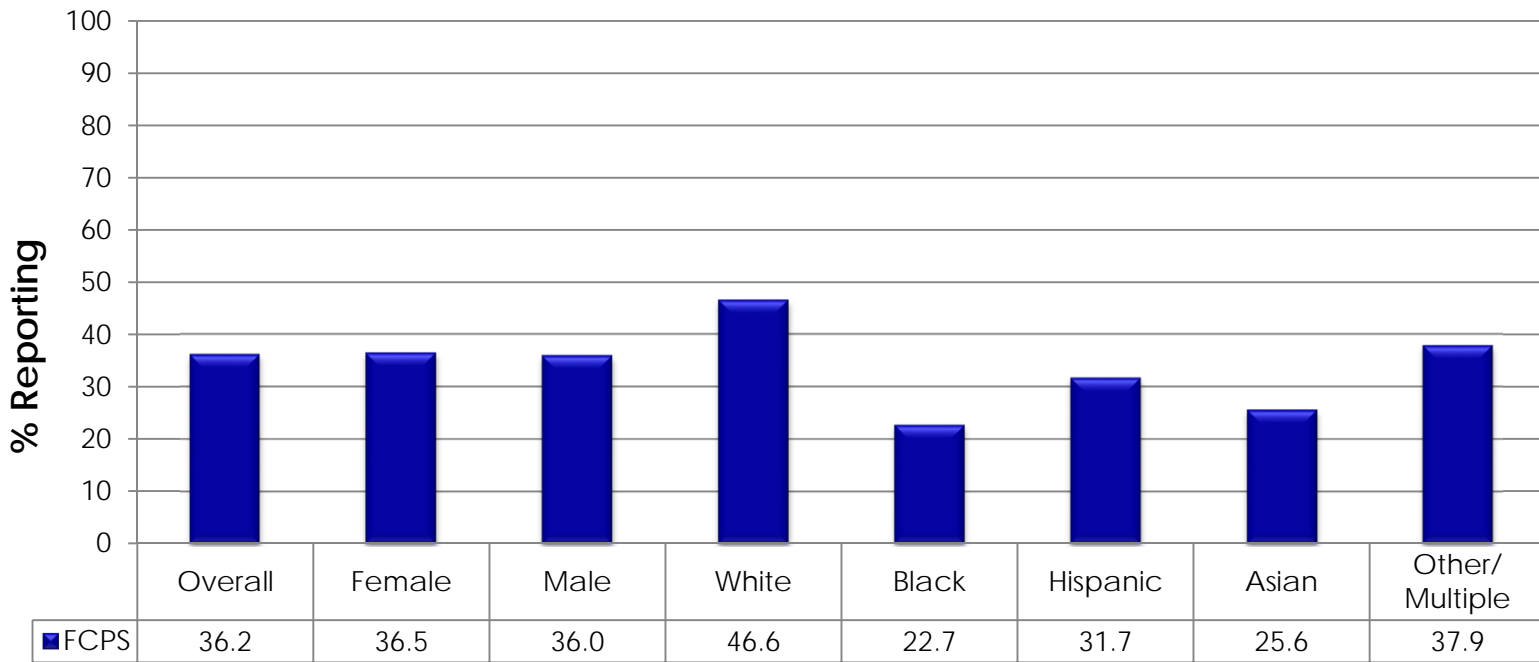
Safety, Aggression, and Victimization



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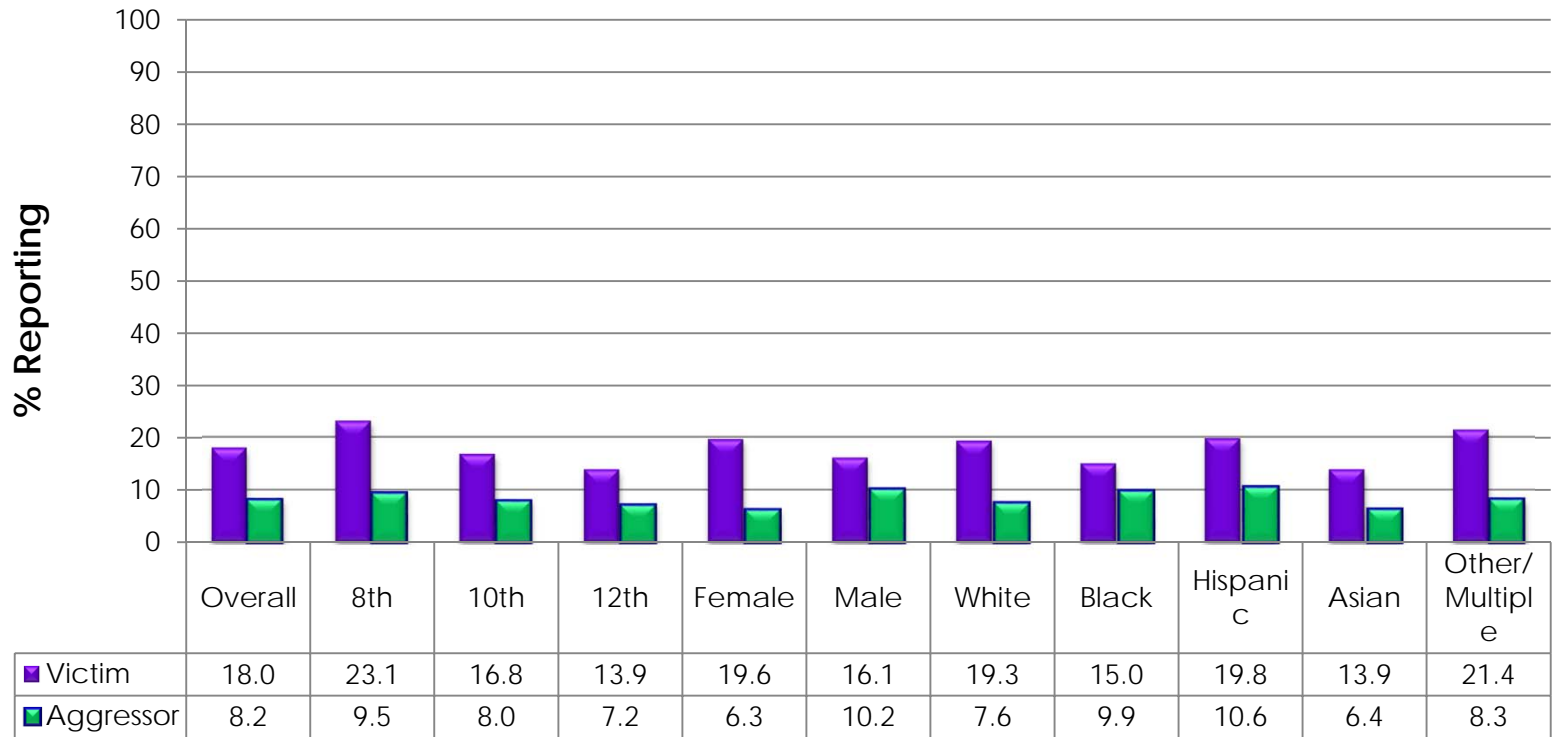
Percentage 12th-Graders who Texted While Driving in Past Month



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Percentage Who Experience Bullying



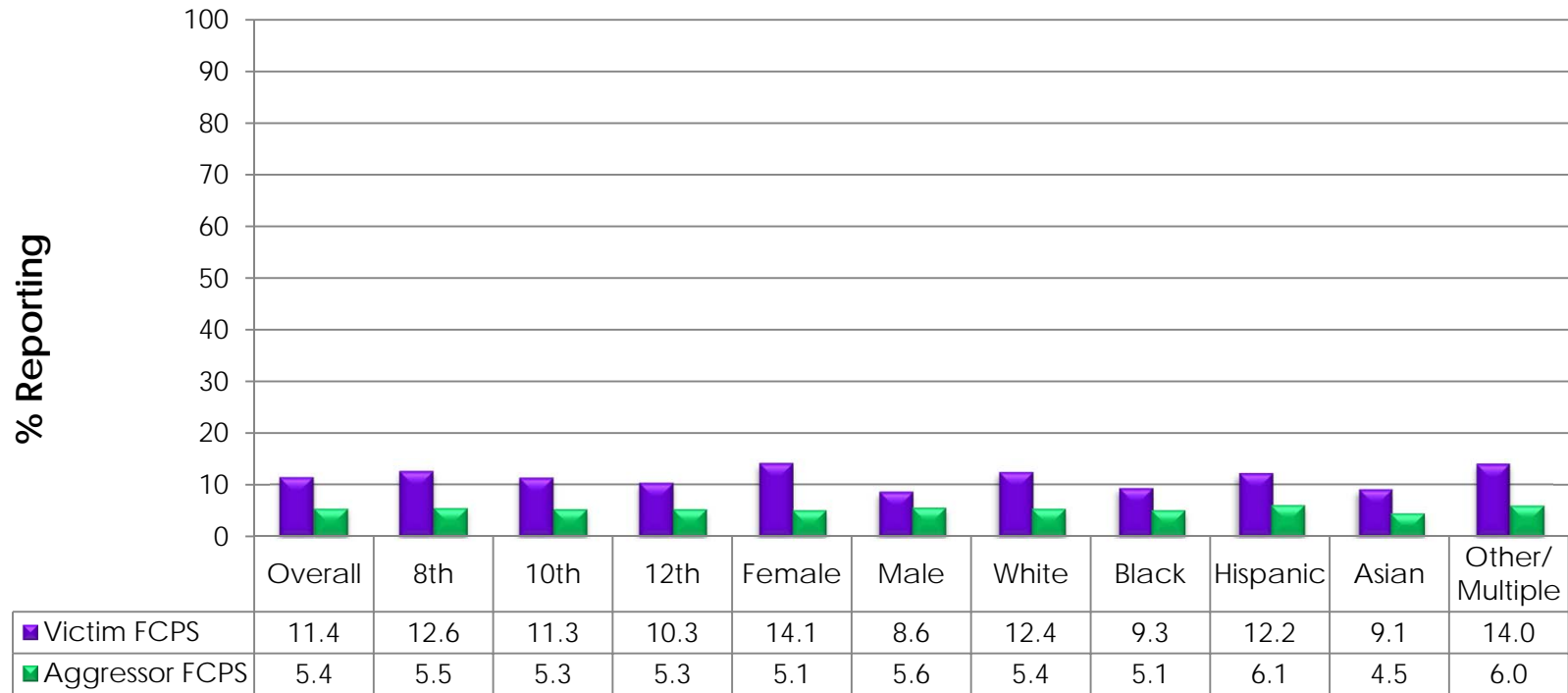
Note: 6th Grade Prevalence for Victim = 32.6%; Aggressor = 7.0%



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Percentage Who Experience Cyberbullying Between Schoolmates



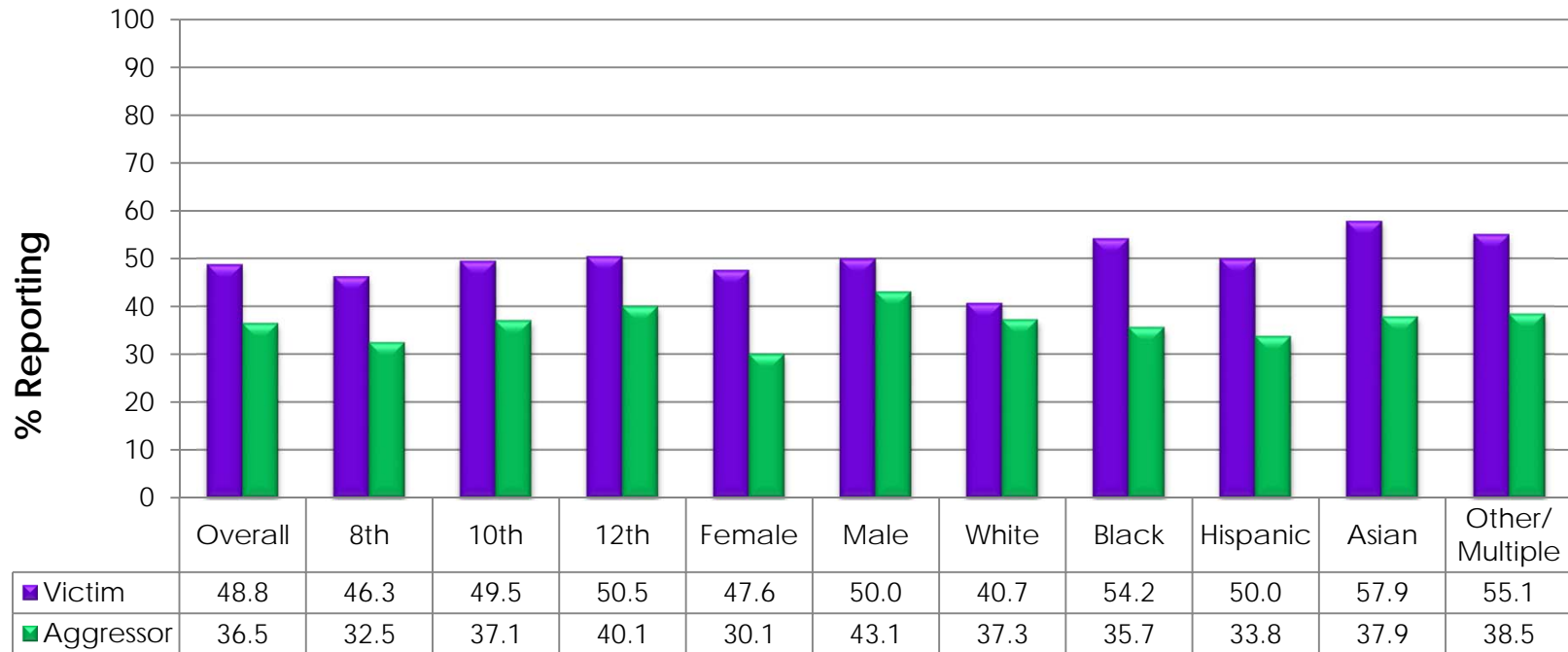
Note: 6th Grade Prevalence for Victim = 10.6%; Aggressor = 3.2%



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Percentage Who Experience Racial/Cultural Harassment



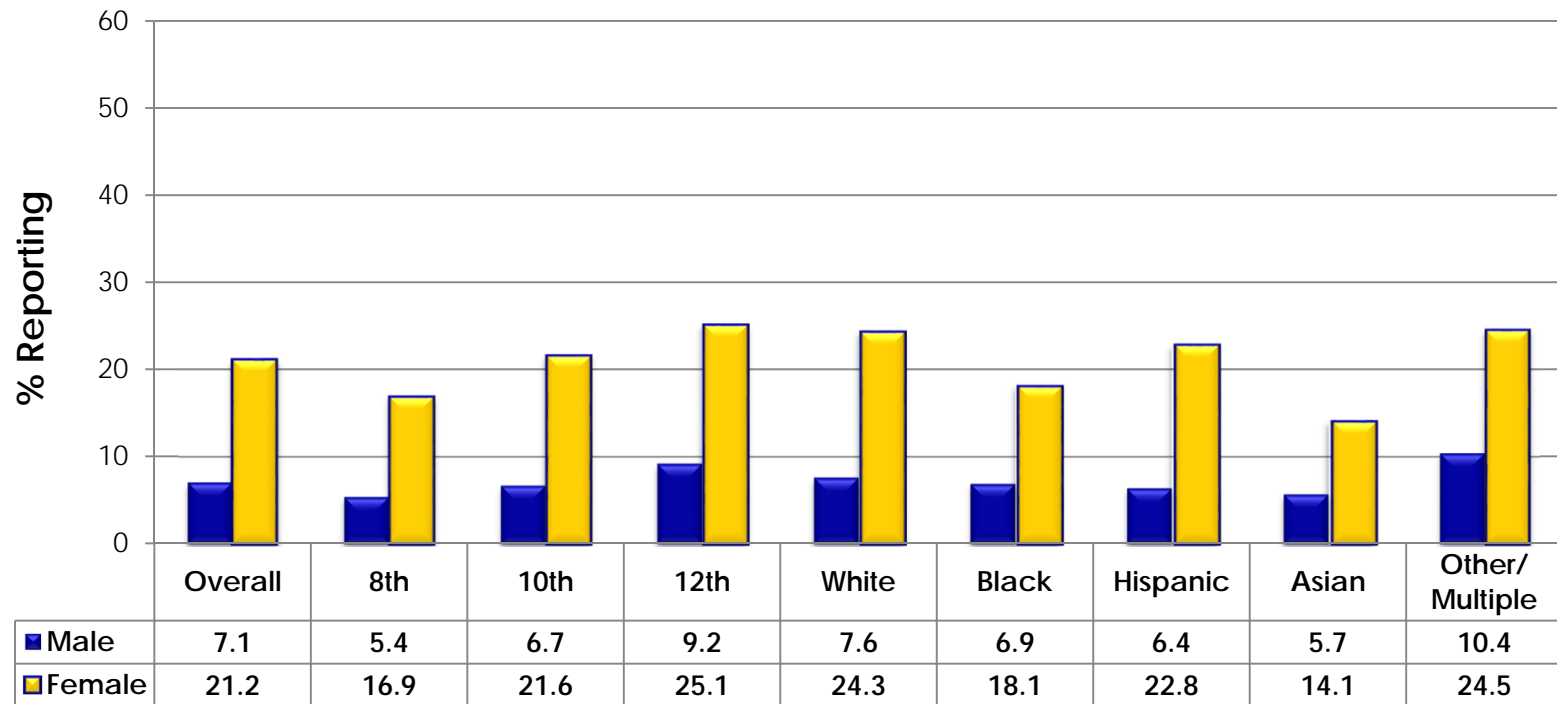
Note: 6th Grade Prevalence for Victim = 38.8%; Aggressor = 18.7%



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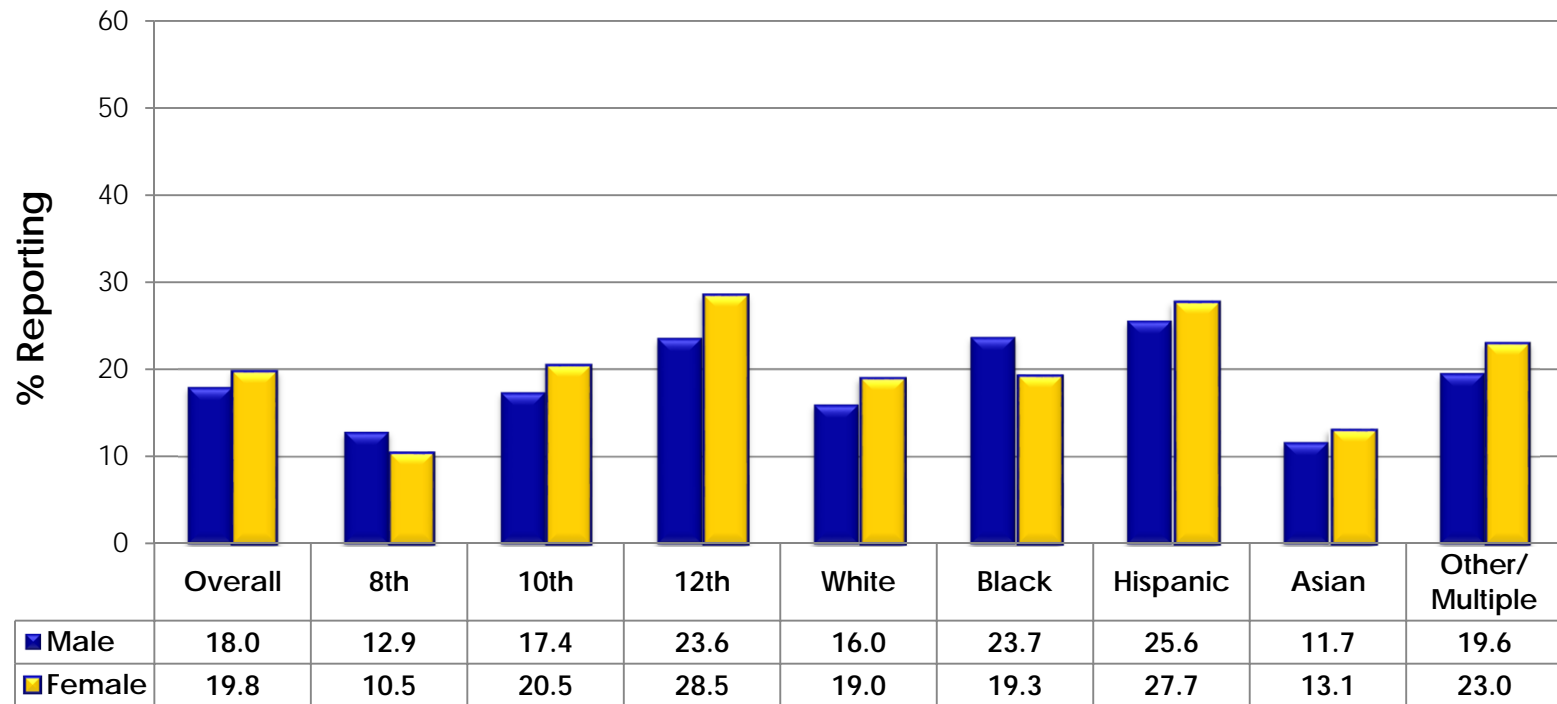
Percentage Who Experience Sexual Harassment



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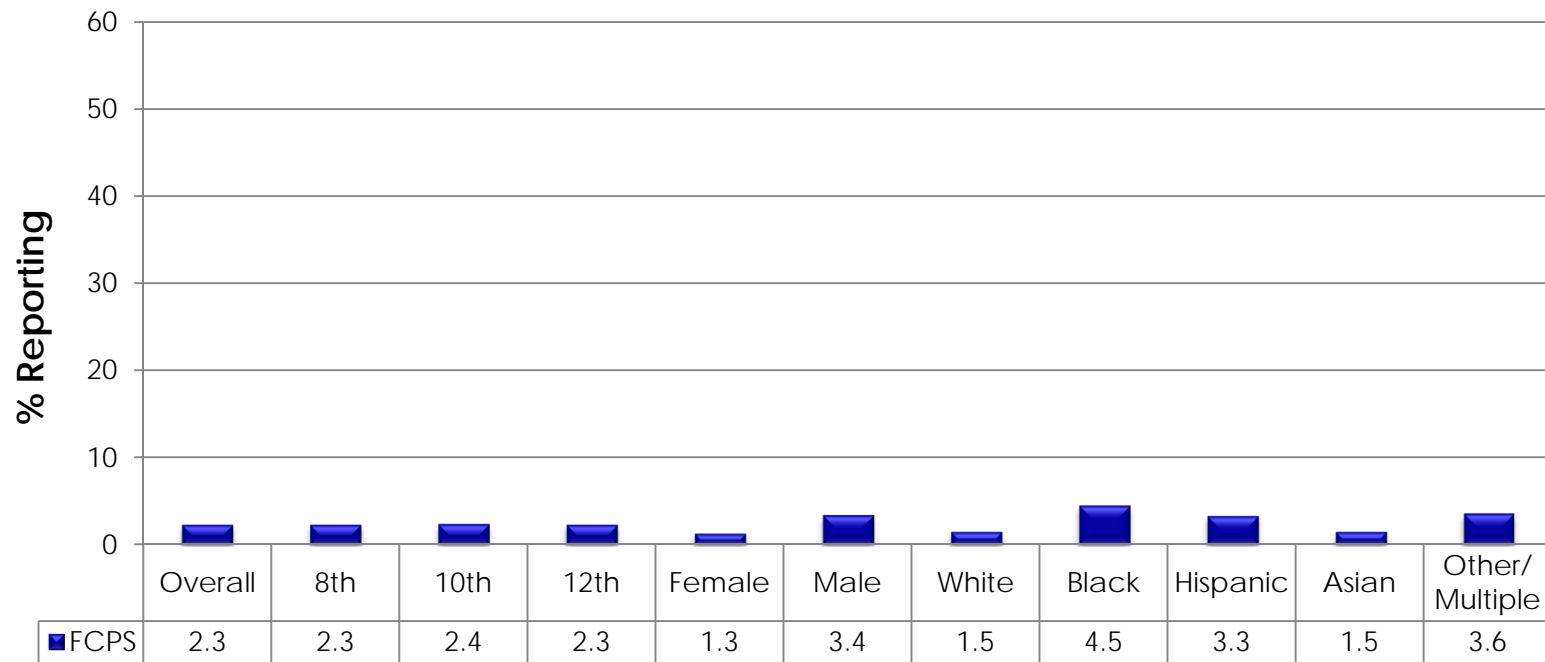
Percentage Who Experience Teen Dating Abuse/Violence



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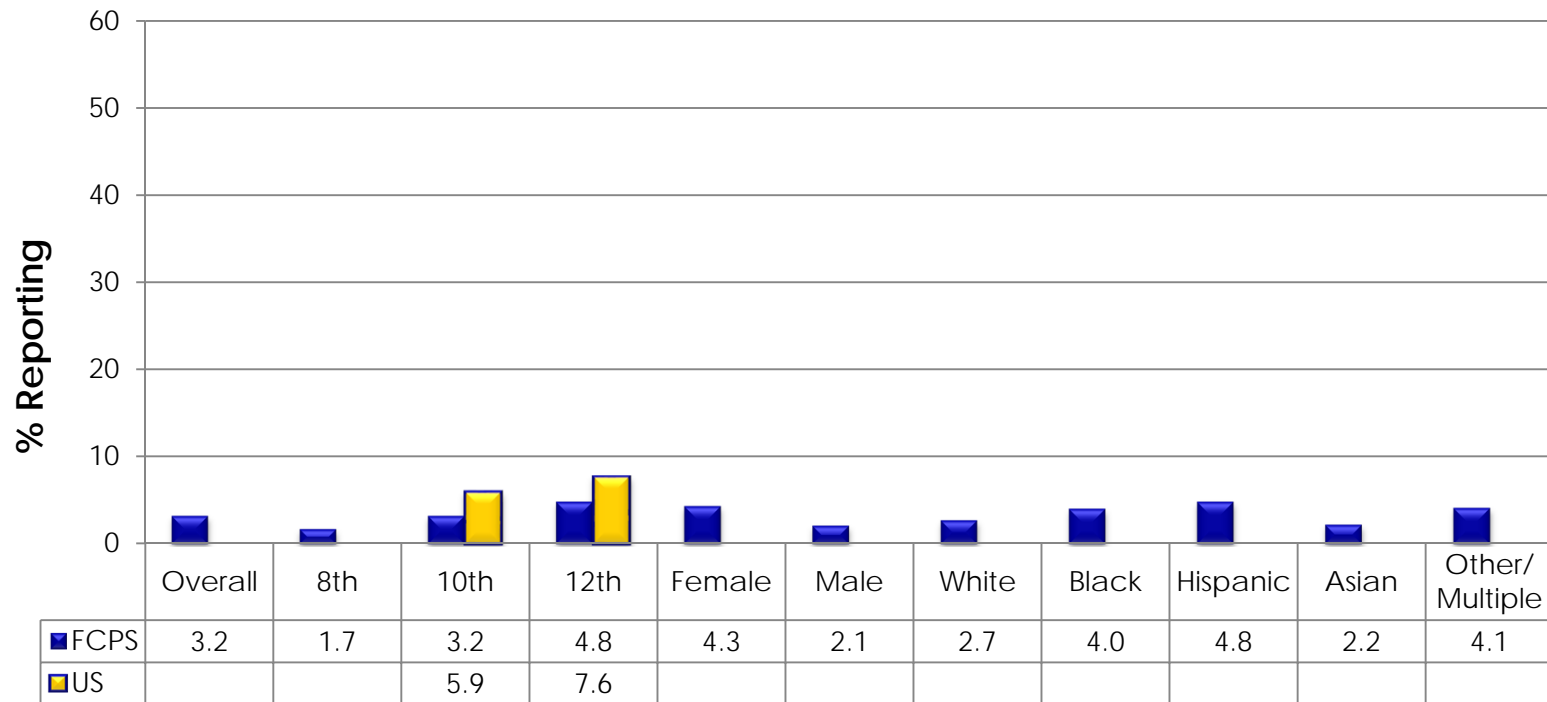
Percent Who Have Ever Been in a Gang



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Percent Who Have Ever Been Physically Forced to Have Sex



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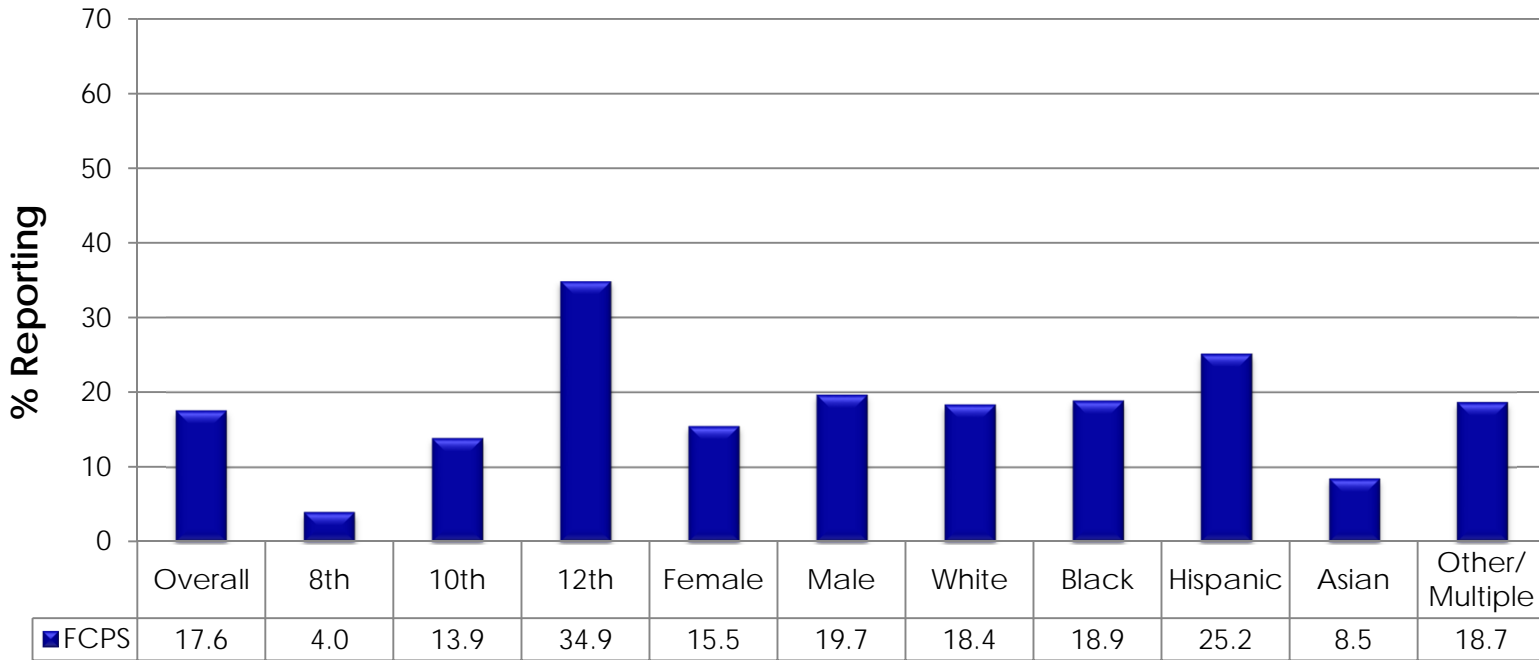
Sexual Health



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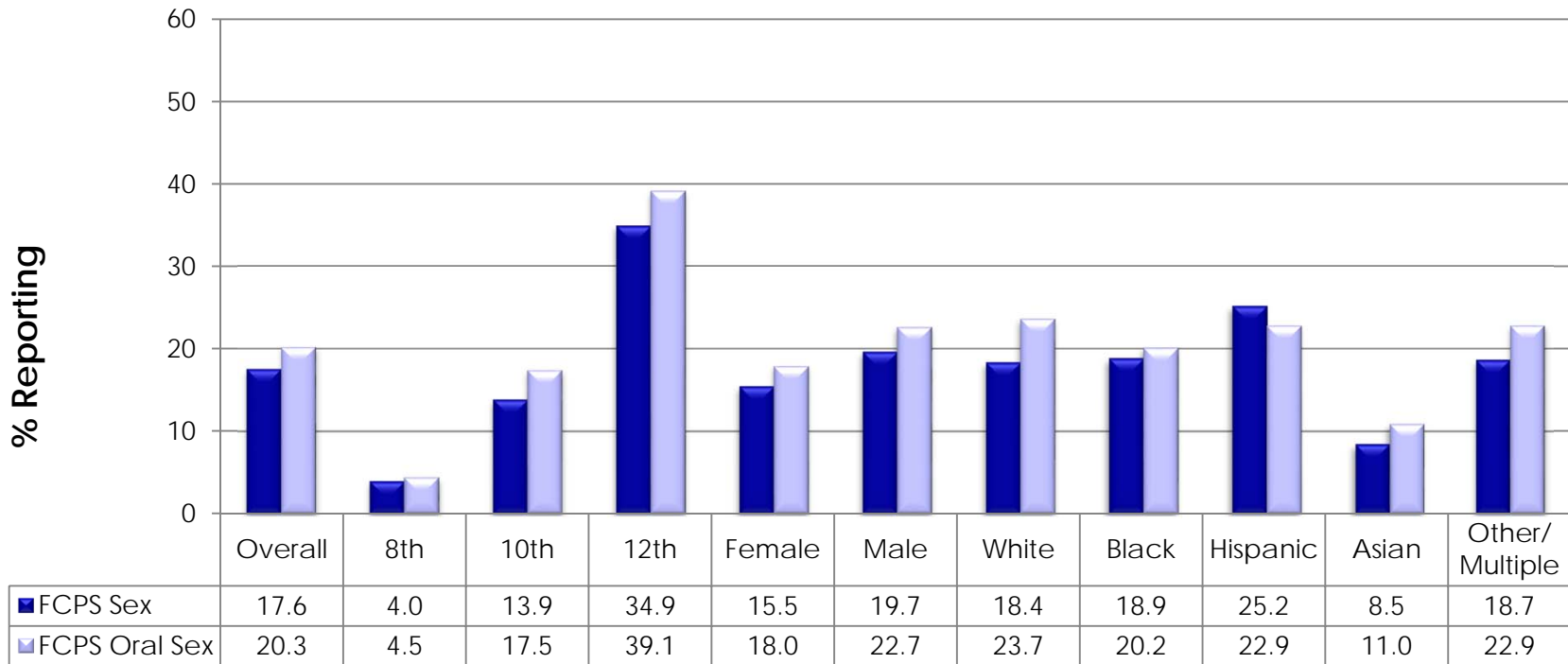
Percent Who Have Ever Had Sexual Intercourse



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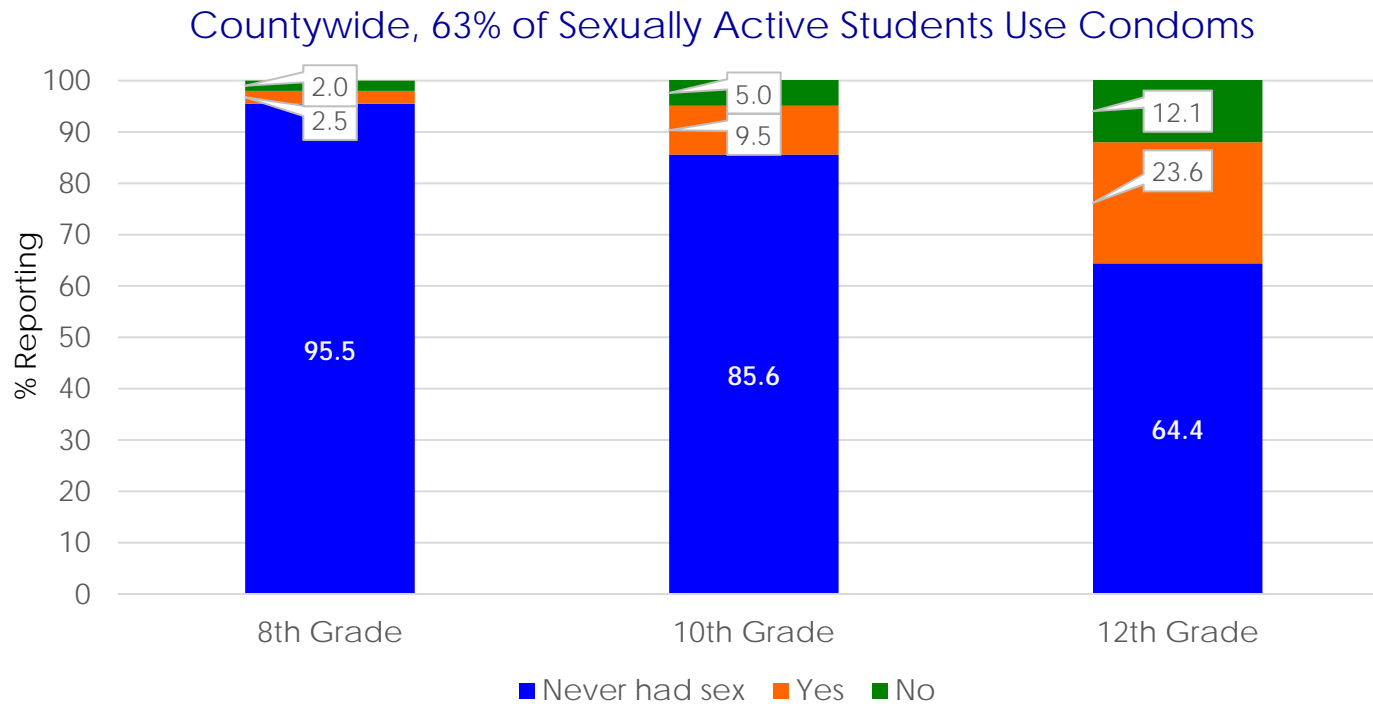
Percent Who Have Ever Had Oral Sex



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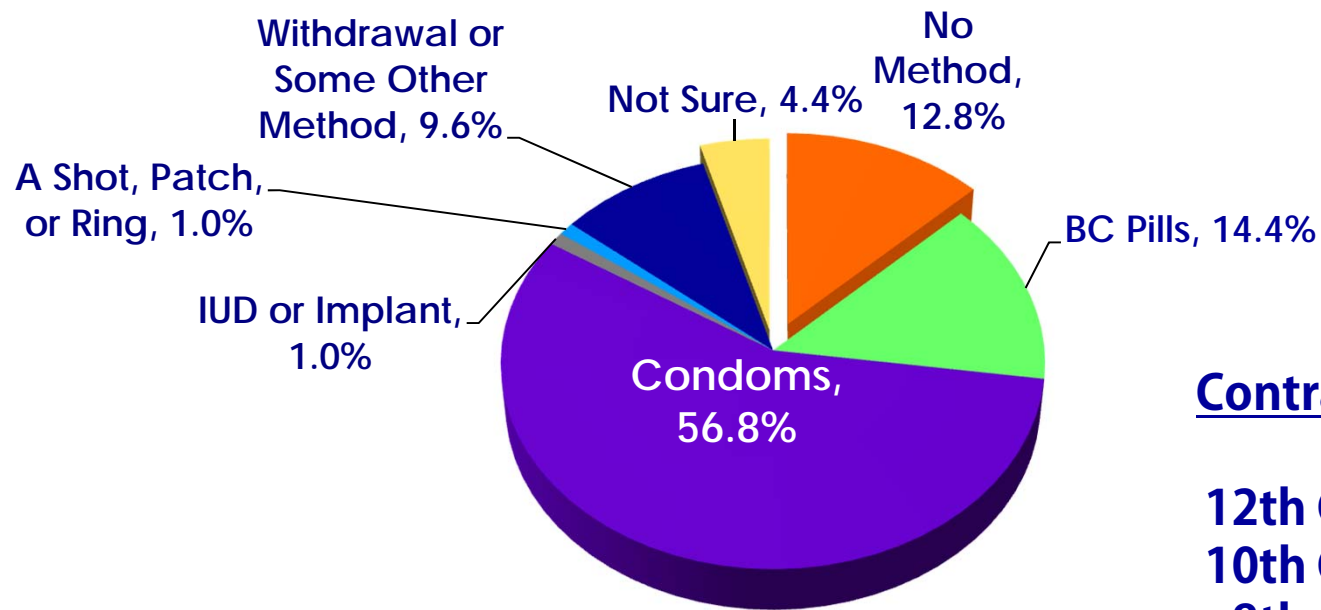
Condom Use At Last Intercourse



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Contraception Use Among Sexually-Active Students



Contraceptive Use

12th Grade 86.3%
10th Grade 78.8%
8th Grade 67.6%



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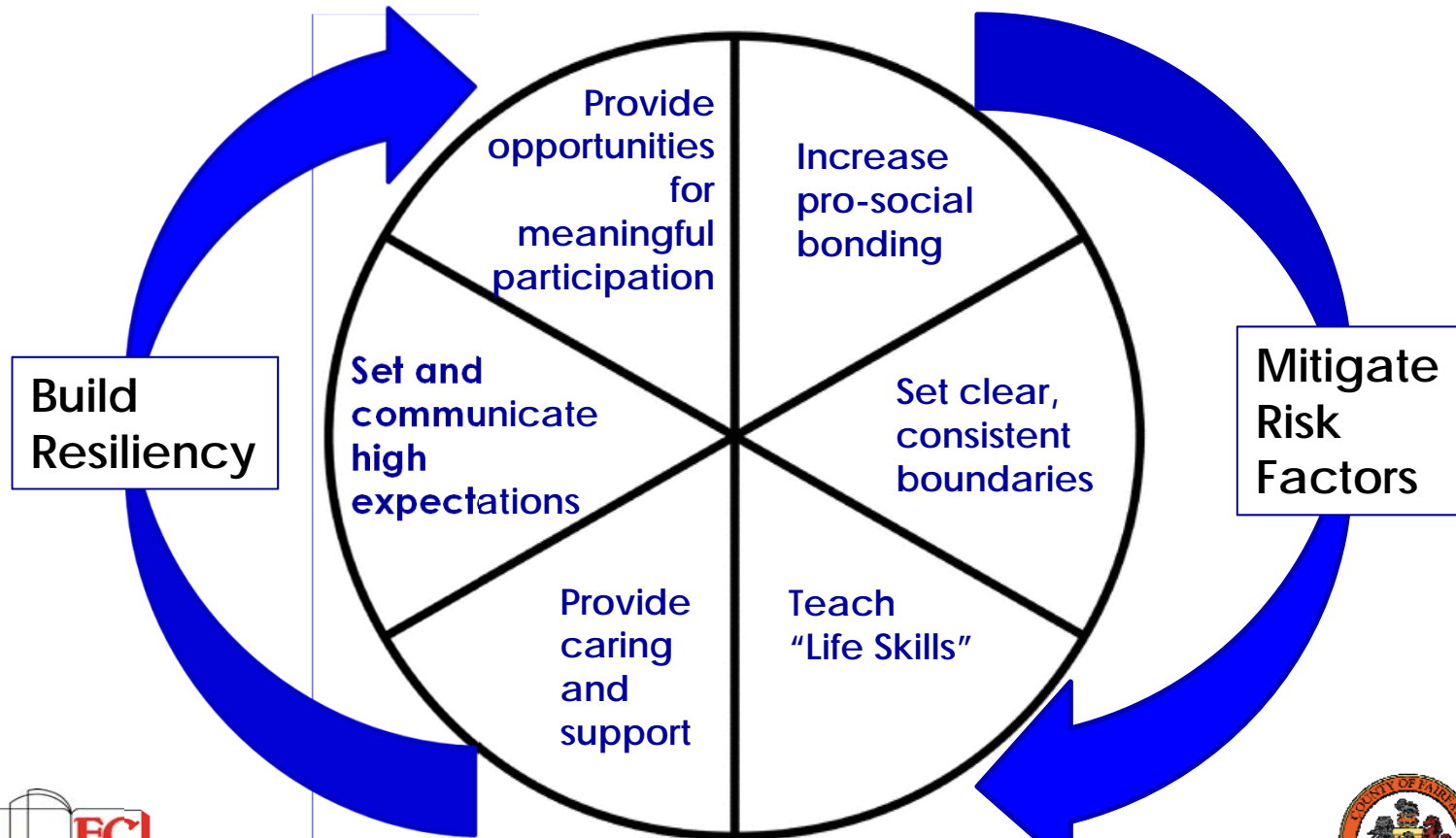
Building Resiliency in Youth Through Assets



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The Resiliency Wheel



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Resiliency Builders

- Increase pro-social bonding
- Set clear consistent boundaries
- Teach “life skills”
- Provide caring and support
- Set and communicate high expectations
- Provide opportunities for meaningful participation

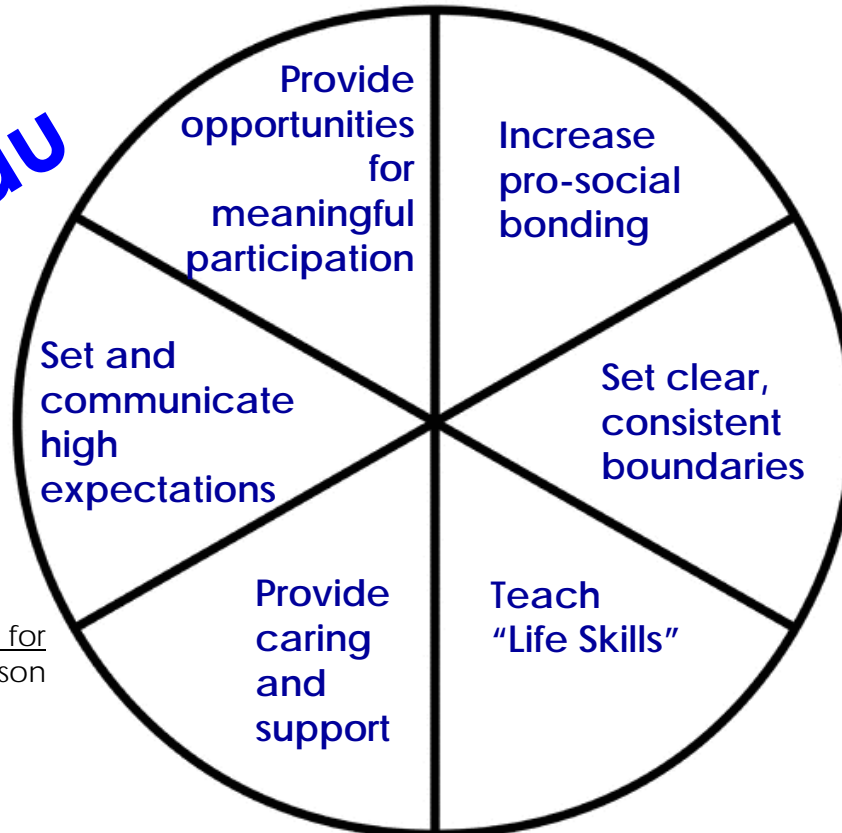


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To Learn More about Resiliency Builders

www.fcps.edu



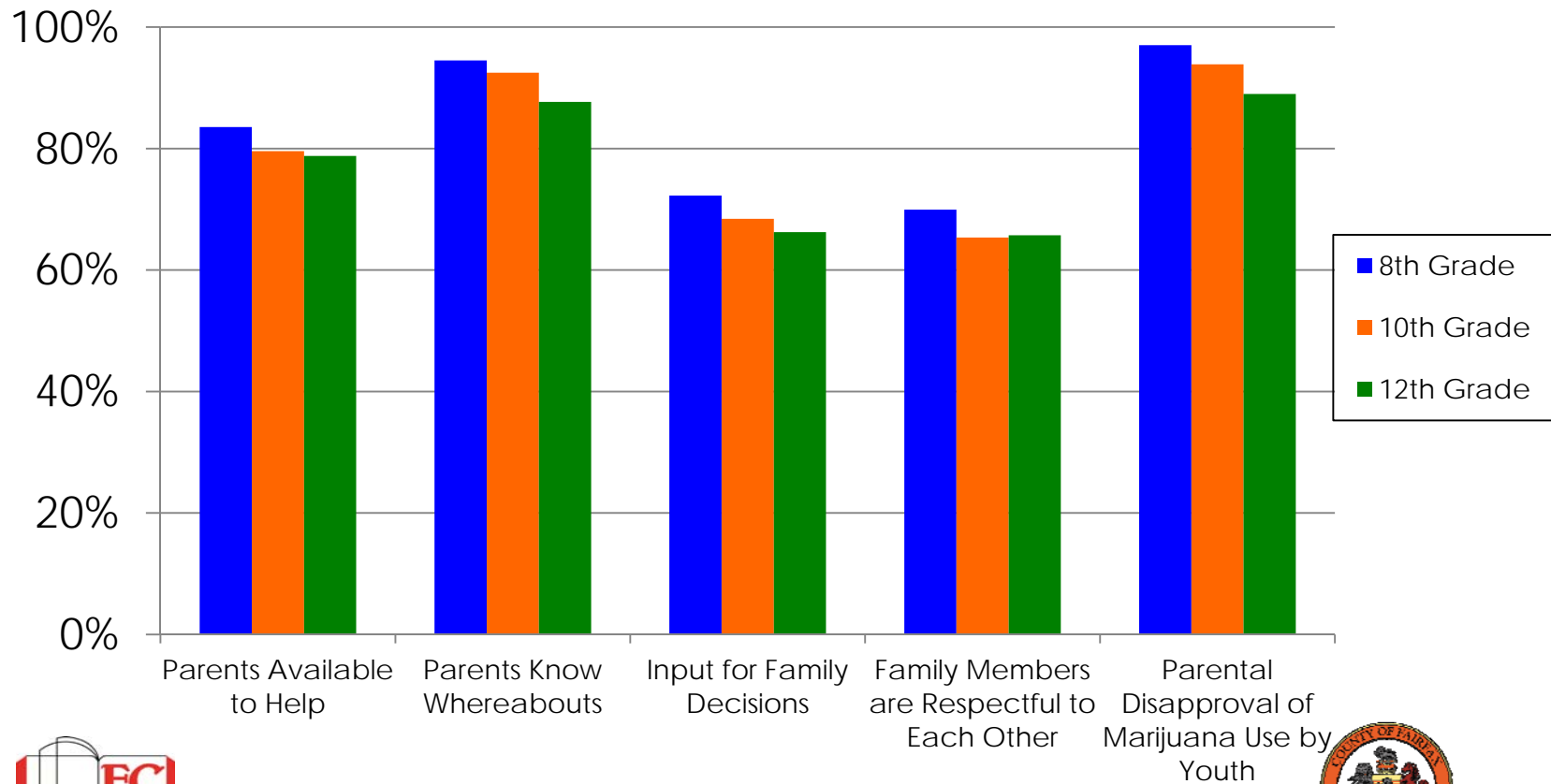
Adapted from the book Resiliency in Schools: Making it Happen for Students and Educators by Nan Henderson and Mike Milstein, Published by Corwin Press, Thousand Oaks, CA (2003)



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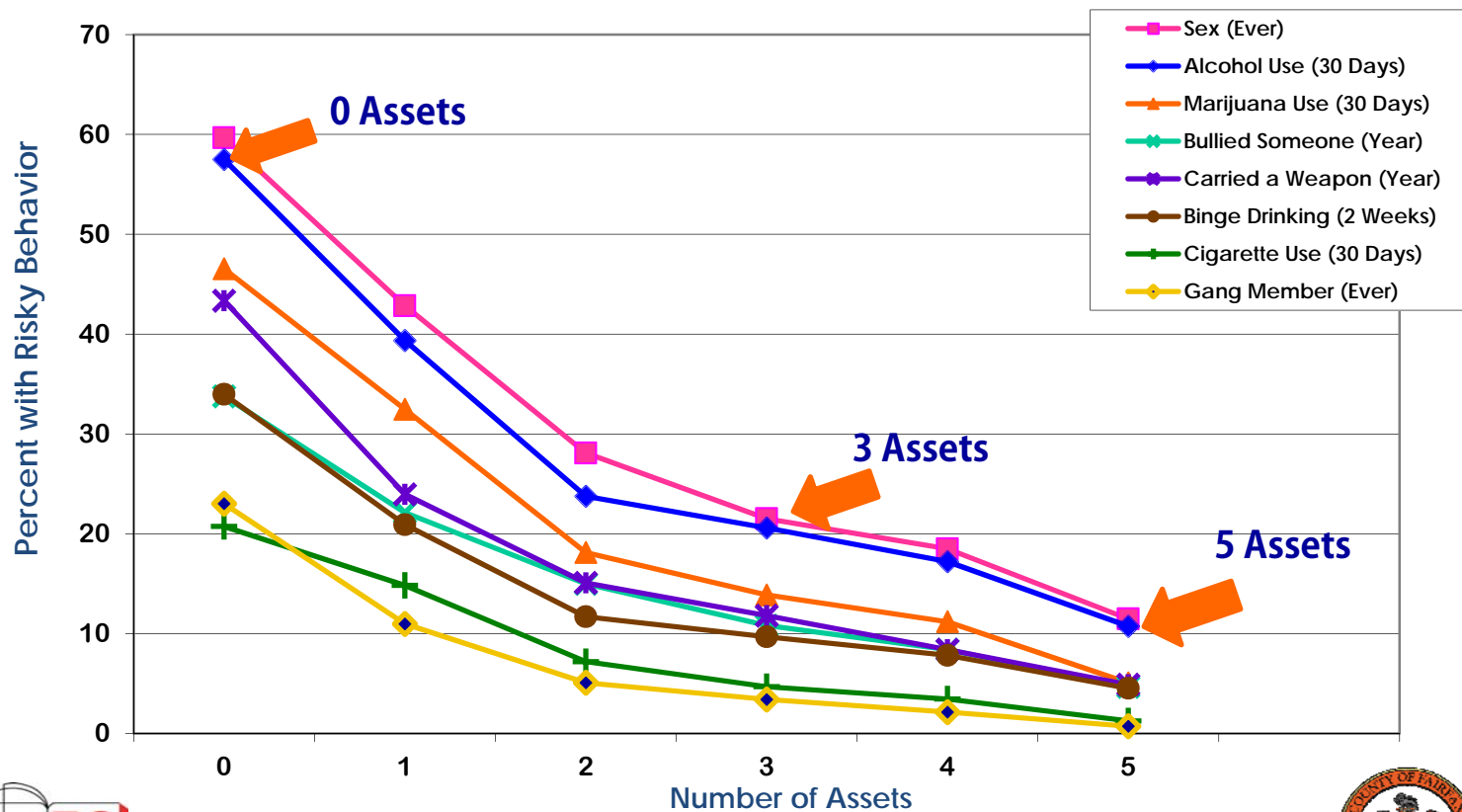
Assets Families Provide to Build Resiliency



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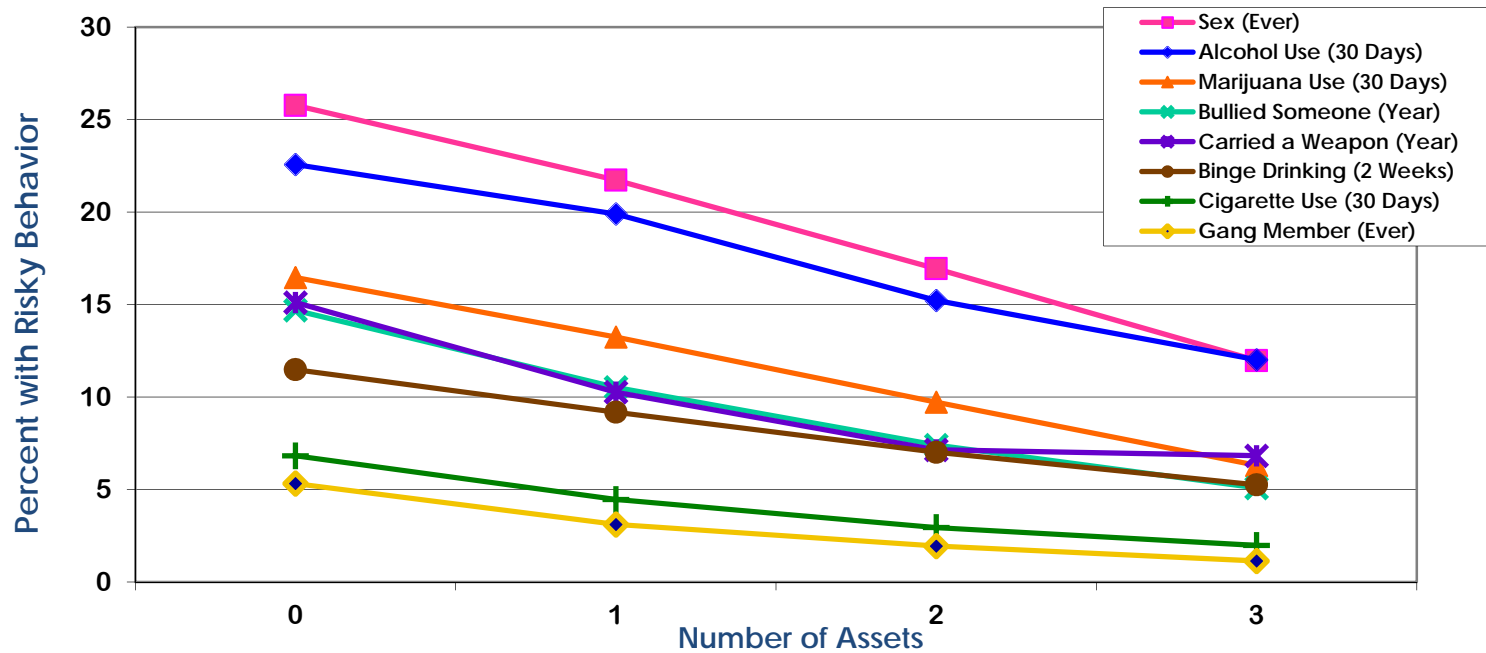
Three to Succeed Family-Based (Grades 8, 10, 12)



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Three to Succeed Caring Adults (Grades 8, 10, 12)



Having Parents Available for Help
 Having Teachers Recognize Good Work
 Having Community Adults to Talk to



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What You Can Do to Make a Difference

- Listen to youth
- When they do well, provide specific feedback
- Provide opportunities for extracurricular activities, volunteering, and mentoring
- Set and communicate high expectations
- Set clear and consistent boundaries



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What You Can Do to Make a Difference

- Increase awareness of risk factors and warning signs of mental health issues
 - Take free online suicide prevention training (<http://kognito.com/fairfax>)
 - Become certified in Mental Health First Aid (<http://www.fairfaxcounty.gov/csb/events/mental-health-first-aid.htm>)
- Provide FCPS students with the CrisisText number:

(703) 997-5444

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Websites To Learn More

PREVENTION TOOLKIT

fairfaxcounty.gov/ncs/prevention/toolkit.htm

(<http://bit.ly/PrevKit>)

FAIRFAX COUNTY YOUTH SURVEY

fairfaxcounty.gov/youthsurvey



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Questions? Contact Us!



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