Fire Prevention Week is October 3-9, 2021.

This week, Fairfax County reminds you to "Smoke Out the Dangers!" During this week, take some time to review your family’s emergency plan, make sure all smoke detectors and fire extinguishers are working, and replace the batteries in the smoke detectors—keeping smoke and carbon monoxide out of your home.

Monday, October 3rd: "Seconds Save Lives!" What is a family escape plan, and what is it important for your home? The Fire Department has some great resources to create your escape plan. Use the "The Great Escape" activity sheet to plan your escape routes.

Tuesday, October 4th: "Do You Know the Differences?" How to distinguish model home alarm and carbon monoxide detectors?

Wednesday, October 5th: "Get Your Hearing Checkup" with the Fairfax County Hearing Aid Program.

Thursday, October 6th: "Protect Your Personal Property" with the Fairfax County Sheriff’s Office.

Friday, October 7th: "Smoke Out the Dangers!" What are the key elements of a fire evacuation plan?

Northern Virginia Fire and Rescue Service Survey

Check out the 2021 Fire and Rescue Service Community Survey!

Northern Virginia Flood Mitigation Plan Survey

Check out the 2021 Flood Mitigation Plan Survey!

October is Cyber Security Awareness Month

Cybersecurity threats have increased in a world where everything is connected. The importance of awareness is greater than ever. This month, Fairfax County will work to increase awareness and encourage everyone to take steps to protect their online personal information.

Week of October 3rd (Week 1):"Real Talks on Cybersecurity!"
- DIY Your Family: Cybersecurity 101 (for beginners)
- "Be Safe, Be Smart" Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages

Week of October 10th (Week 2): "Be CyberSmart"
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages

Week of October 17th (Week 3): "Get Ready!"
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages

Week of October 24th (Week 4): "Protect Your Rights!"
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages
- Cybersecurity activities for all ages

The Great SouthEast ShakeOut Day 2021

This year, the Great SouthEast ShakeOut Day is Saturday, September 25th, 2021. The Great SouthEast ShakeOut Day is a chance for educators and families to learn how to protect themselves and their communities during an earthquake. This year, the event will be held on October 31st, 2021.

Fairfax County Emergency Services

Get Ready To Shake Out:
- ShakeOut.org

Sign up for Fairfax Alerts and subscribe to the monthly newsletter at www.fairfaxcounty.gov/alerts
COMMUNITY RESOURCES FOR FAIRFAX COUNTY RESIDENTS

WWW.FAIRFAXCOUNTY.GOV/EMERGENCYMANAGEMENT/CERG
**WINTER SAFETY**

Winter weather includes ice, heavy snow, and extreme cold conditions. These can cause power outages and loss of heat and communication services - sometimes for many days.

The greatest threat from winter weather is often from secondary impacts, such as traffic accidents on icy roads.

**HOW TO PROTECT YOURSELF FROM WINTER WEATHER**

- Stay off roads if at all possible. If trapped in your car, then stay inside.
- Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia.
- Reduce the risk of heart attack by avoiding overexertion when shoveling snow and walking in the snow.

**Winter Storm Watch** - snow, sleet, or ice are possible (within 36-48 hours).
**Winter Storm Warning** - snow, sleet, or ice are expected (within 24 hours).
JANUARY 2022

2
3
4
5
6
7
8

9
10
11
12
13
14
15

16
17
18
19
20
21
22

23
24
25
26
27
28
29

31

New Year's Day

Martin Luther King Jr. Day
POWER OUTAGES

Power outages can be frustrating and troublesome when they last a short while, but they can be dangerous if they last days or longer - especially in very cold or hot weather, or for individuals with specialized medical needs.

POWER OUTAGE TIPS

- Keep freezers and refrigerators closed.
- Use a generator, but ONLY outdoors and away from windows.
- Do not use a gas stove or oven to heat your home.
- Disconnect appliances and electronics to avoid damage from electrical surges.
- Have alternate plans for refrigerating medicines or using power-dependent medical devices.
- "When in doubt, throw it out!" throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.
<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td>27</td>
<td>28</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

President's Day
Flooding is one of Fairfax County's most common hazards. Depending on its depth and velocity, flooding can be a nuisance or a disaster. Be prepared for flooding no matter where you live, but particularly if you are in a low-lying area, near a body of water, downstream from a dam, or in other areas known to flood in previous storms.

**STAYING SAFE DURING A FLOOD**

- If told to evacuate, evacuate immediately.
- Turn around, don’t drown. Do not walk, swim, or drive through flooded waters. Never drive around barricades. Local responders use them to safely direct traffic out of flooded areas.
- Stay off bridges over fast-moving water. Fast moving water can wash away bridges without warning.
- Listen to the EAS, NOAA weather radio or local alerting systems for current emergency information and instructions regarding flooding.
NATIONAL FINANCIAL CAPABILITY MONTH

Americans at all income levels have experienced the challenges of rebuilding their lives after a disaster or other emergencies. In these stressful times, having access to personal financial, insurance, medical, and other records is crucial for starting the recovery process quickly and efficiently.

PREPAREDNESS TIPS

- Gather financial and critical personal, household, and medical information.
- Obtain property, health, and life insurance if you do not have them. Not all insurance policies are the same so review your policy to make sure the amount and types of coverage you have meets the requirements for all possible hazards.
- Homeowners insurance does not typically cover flooding, so you may need to purchase flood insurance from the national flood insurance program. Flood insurance takes 30 days to go into effect.
**WILDFIRE COMMUNITY PREPAREDNESS DAY**

Wildfire Community Preparedness Day is a national campaign that encourages people and organizations everywhere to come together on a single day to take action to raise awareness and reduce wildfire risks. Following these tips, along with making improvements to the landscape surrounding your home, can help reduce your wildfire risk:

- Check your home’s roof and yard for leaves, pine needles, and other materials that can build up and burn.
- Plan and practice a home evacuation plan.

**HURRICANE PREPAREDNESS**

Hurricanes are violent weather systems with well-defined surface circulation. Threats from hurricanes include high winds, heavy rainfall, storm surge, rip currents, and tornadoes.

The Atlantic hurricane season runs from June 1 to November 30, with the peak occurring between mid-August and late October.

**Hurricane Watch** - Conditions are possible within the next 36 hours.

**Hurricane Warning** - Conditions are expected within 24 hours.
<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Memorial Day
PET PREPAREDNESS MONTH

Your pets are members of your family and should be included in your family’s emergency plan. To prepare for the unexpected, keep your pets in mind as you follow these tips:

- Make a plan - prearrange an evacuation site outside your area that accepts pets.
- Have copies of your pet’s vaccination record, and make sure your pet is microchipped.
- Build a Kit - Include the basics, such as food and water, medication, sanitary items, etc. Consider making an evacuation kit with some of your pet’s items to last for a few days. Review your kits regularly to ensure that their contents are fresh.

LIGHTNING SAFETY AWARENESS WEEK

All thunderstorms produce lightning and are dangerous. Fortunately, people can be safe if they follow some simple guidelines when thunderstorms are forecasted:

- Have a lightning safety plan - know where to go and have enough time to get there.
- Postpone activities if thunderstorms are in the forecast.
- Monitor the weather.
EXTREME HEAT SAFETY

There is hot, and then there is HOT! Extreme heat is a period of high heat and humidity with temperatures above 90 degrees for at least two to three days. In extreme heat your body works extra hard to maintain a normal temperature, which can lead to death.

TIPS:

- Never leave people pets in a closed car.
- Wear loose, lightweight, light-colored clothing.
- If you’re outside, find shade.
- Wear a hat wide enough to protect your face.
- Drink plenty of fluids to stay hydrated.

DON'T SPARK A FIRE THIS FOURTH OF JULY

The safest way to enjoy fireworks is to attend a public firework show put on by professionals. If you are setting fireworks off at home, follow these safety steps:

- Always follow the instructions and don't let children touch them.
- Never throw or point a firework towards people, animals, vehicles, structures, or flammable materials.
- Keep a supply of water close by as a precaution.
- Light only one firework at a time and never attempt to relight a "dud".
- Store fireworks in a cool, dry place away from children and pets.
Emergencies and natural disasters are scary concepts to children. Kids can find reassurance and empowerment when they know what could happen, what they can do to prepare and what they should do before, during, and after an emergency or disaster.

Download the Kid's Community Emergency Response Guide to help kids learn more!
# AUGUST 2022

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
</tr>
<tr>
<td>28</td>
<td>29</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**"IF YOU SEE SOMETHING, SAY SOMETHING"**

“If you see something, say something” is a national campaign that raises public awareness of the importance of reporting suspicious activity to state and local law enforcement.

By reporting suspicious activity, you play a role in keeping your community safe. Spread the word on how to recognize and report suspicious activity on #SeeSayDay.

**What is suspicious behavior?**

- Unusual items or situations such as an unattended bag or a vehicle parked in an odd location.
- Eliciting or gathering information, such as a person questioning about building operations or security at a level beyond curiosity.
- Surveillance that goes beyond casual or professional interest such as repeat and/or prolonged observation.

**IF THERE IS AN EMERGENCY, CALL 9-1-1.**

**TO REPORT SUSPICIOUS ACTIVITY IN VIRGINIA, CALL 877-4VA-TIPS (877-482-8477)**

**WHO DID YOU SEE?**

**WHAT DID YOU SEE?**

**WHEN DID YOU SEE IT?**

**WHERE DID IT OCCUR?**

**WHY IS IT SUSPICIOUS?**

*IF THERE IS AN EMERGENCY, CALL 9-1-1.*

*TO REPORT SUSPICIOUS ACTIVITY IN VIRGINIA, CALL 877-4VA-TIPS (877-482-8477)*

**WHO DID YOU SEE?**

**WHAT DID YOU SEE?**

**WHEN DID YOU SEE IT?**

**WHERE DID IT OCCUR?**

**WHY IS IT SUSPICIOUS?**
FIRE PREVENTION

Cooking and heating are the leading causes of home fires and fire injuries. The winter months are the peak time for fire-related deaths. When cooking, make fire safety a priority and stay in the kitchen the whole time you are cooking.

DID YOU KNOW?

About three out of five deaths happen in homes without working smoke alarms.

Smoke alarms provide early warning to reduce your risk of dying in a fire. Install smoke alarms on every level of your home, inside bedrooms, and outside sleeping areas on the ceiling or high on the wall.

CYBER SECURITY AWARENESS MONTH

October is Cybersecurity Awareness Month, which is a collaborative effort between government and industry to ensure every American has the resources they need to stay safe and secure online while increasing the resilience of the Nation against cyber threats.
THANKSGIVING COOKING SAFETY

According to the National Fire Protection Association (USFA), the number of cooking fires on Thanksgiving is three times as high as on any other day of the year. Safety in the kitchen is important!

Cook with caution:
- Be on alert! Pay attention and stay in the kitchen when you are cooking.
- Keep anything that can catch fire – oven mitts, wooden utensils, food packaging, towels or curtains – away from your stovetop.

ONLINE SHOPPING SAFETY

The holiday season is the prime time for hackers, scammers, and online thieves. Tips:
- Only shop through trusted sources.
- Before providing any personal or financial information, make sure that you are interacting with a reputable, established vendor.
- Never provide your password, personal or financial information in response to an unsolicited email. Legitimate businesses will not email you asking for this information.
- Check your credit card and bank statements for any fraudulent charges. Immediately notify your bank or financial institution and local law enforcement.
HOLIDAY FIRE SAFETY

Nearly half of holiday fires happen because decorations are placed too close to a heat source. As you deck the halls this season, be fire smart.

- Inspect lights each year before you put them up.
- If you have a live Christmas tree, water it every day.
- Consider using battery-operated flameless candles.
- Never go to sleep with candles on.

WINTER WEATHER PREPAREDNESS

During extremely cold weather or winter storms, staying warm and safe can be a challenge. Winter storms can bring cold temperatures, power failures, loss of communication services, and icy roads. Prepare your home and your car before a winter storm hits.

- Listen to weather forecasts regularly.
- Check your emergency supplies at the beginning of winter.
- Bring your pets indoors.
- Get your car ready and serviced!
- Make sure your car emergency supply kit is ready for the colder weather with jumper cables, a flashlight, warm clothes, blankets, bottled water and non perishable-snacks.
<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>Hanukkah Begins</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Christmas Eve</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
</tr>
<tr>
<td>Christmas</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>New Years Eve</td>
<td></td>
</tr>
</tbody>
</table>
## Important Contact Information

### Emergency Contacts

<table>
<thead>
<tr>
<th>AGENCY</th>
<th>PHONE NUMBER</th>
<th>WEBSITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency (Police or Fire)</td>
<td>911</td>
<td></td>
</tr>
<tr>
<td>Text to 911</td>
<td>911</td>
<td></td>
</tr>
<tr>
<td>Poison Control</td>
<td>800-222-1222</td>
<td><a href="http://www.aapcc.org/">www.aapcc.org/</a></td>
</tr>
</tbody>
</table>

### Non-Emergency Contacts

<table>
<thead>
<tr>
<th>AGENCY</th>
<th>PHONE NUMBER</th>
<th>WEBSITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police – Non-Emergency</td>
<td>703-691-2131</td>
<td><a href="http://www.fairfaxcounty.gov/police">www.fairfaxcounty.gov/police</a></td>
</tr>
<tr>
<td>Police – Crime Solvers</td>
<td>703-691-8888</td>
<td><a href="http://www.fairfaxcrimesolvers.org/">www.fairfaxcrimesolvers.org/</a></td>
</tr>
<tr>
<td>Fire and Rescue Department</td>
<td>703-246-2126</td>
<td><a href="http://www.fairfaxcounty.gov/fire-ems/">www.fairfaxcounty.gov/fire-ems/</a></td>
</tr>
<tr>
<td>TTY/TDD</td>
<td>703-877-3715 or 571-350-1939</td>
<td></td>
</tr>
<tr>
<td>Public Works and Environmental Services</td>
<td>703-324-5033</td>
<td><a href="http://www.fairfaxcounty.gov/dpwes">www.fairfaxcounty.gov/dpwes</a></td>
</tr>
<tr>
<td>Health Department</td>
<td>703-246-2411</td>
<td><a href="http://www.fairfaxcounty.gov/health">www.fairfaxcounty.gov/health</a></td>
</tr>
<tr>
<td>Animal Shelter</td>
<td>703-830-1100</td>
<td><a href="http://www.fairfaxcounty.gov/animalshelter/">www.fairfaxcounty.gov/animalshelter/</a></td>
</tr>
</tbody>
</table>

---

Sign up for Fairfax Alerts: [www.fairfaxcounty.gov/alerts](http://www.fairfaxcounty.gov/alerts)