

The Fairfax Area Commission on Aging (COA)

Tara Turner, Director, Fairfax Area Agency on Aging

Carolyn Sutterfield, Chair, Fairfax Area Commission on Aging

May 2021



FAIRFAX COUNTY DEPARTMENT OF
FAMILY SERVICES



The Department of Family Services

MISSION

DFS promotes the well-being of the County's diverse community by protecting and improving the lives of children, adults and families through supportive services, education and advocacy.

VISION

Fairfax County is a community where everyone lives *their* success story and thrives.

Adult & Aging Division Mission Statement

To promote and sustain a high quality of life for older adults, adults with disabilities and caregivers by offering a mixture of services and resources provided through public and private sectors which maximize personal choice, dignity and independence.

Overview

Carolyn Sutterfield, Chair, Fairfax Area Commission on Aging

- What is the COA?
- The 50+ Community Action Plan
- What is SHAPE the Future of Aging?

Tara Turner, Director, Fairfax Area Agency on Aging

- Why did we pause SHAPE?
- The creation of the COVID-19 Response Plan for Older Adults
- COVID-19 Response Plan updates
- Where are we headed?

What is the COA?

(Carolyn)

- Who makes up the Fairfax Area Commission on Aging?
- A brief overview of the COA creation and mandate
- What does the Fairfax COA do?

The 50+ Community Action Plan

(Carolyn)

- A brief history of the Fairfax 50+ Community Action Plan
- Plan Process
- Highlights of the Plan



COMMUNITY ACTION PLAN

Approved by the Fairfax County Board of Supervisors, September 2014

Final Summary Report
September 2019

INITIATIVES SNAPSHOT

LONG-RANGE PLANNING

- 50+ Community Survey (formerly *Trends Analysis of Fairfax County 50+ Residents*) †

SERVICES FOR OLDER ADULTS AND FAMILY CAREGIVERS

- Caring for the Caregiver
- 50+ Community Ambassadors (*Creating a Communication Buzz + Kaleidoscope 50+*)
- Optimizing the Number of Links into the County's Older Adults Page †
- Housing for Older Homeless Adults and Those at Risk
- Home Health Care Cooperative (inactive)

SAFE & HEALTHY COMMUNITY

- Creative Aging Festival
- Park Authority 50+ Initiative †
- Criminal Exploitation Prevention (Silver Shield)
- Project Lifesaver Expansion †
- Pre-Notification 911
- Building Community Partnerships to Enhance Behavioral Health for Seniors (inactive)

COMMUNITY ENGAGEMENT

- Fairfax 50+ Facebook (formerly *Fairfax 50+ Community*)
- GrandInvolve: Intergenerational Volunteering in Elementary Schools
- Venture into Volunteering
- Increase Employment Opportunities
- Neighbor to Neighbor (N2N) †
- Library Opportunities for 50+ †

TRANSPORTATION

- NV Rides
- Senior Mobility Fair †
- Universal Real-Time Online Transit Data Portal †
- Mobility Management Program
- Partnership to Provide Medical Transportation

HOUSING

- Accessibility Guide for Home Modifications †
- Help People Stay in Their Homes with Technology
- Latitude in Land Use Cases for Affordable Older Adult Housing
- Universal Design (UD)
- Neighborhood-Based Older Adult Housing
- Home Sharing Initiative
- Home Property Management Services (inactive)

SHAPE the Future of Aging

(Carolyn)

- **S**ervices for Older Adults & Family Caregivers (caregiver support, dementia friendly, resources)
- **H**ousing & Neighborhood Supports (affordable housing, home modifications, home maintenance, villages, livable communities)
- **A**ccess to Mobility Options (transportation, mobility support, walkability)
- **P**ersonal Well-Being (community engagement, isolation, public & mental health, nutrition)
- **E**conomic Stability and Planning (financial stability, exploitation, employment, end of life, business partnerships)

COVID-19

(Tara)

- SHAPE the Future of Aging – paused
- The temporary pivot to a COVID-19 Response Plan

COVID-19 Response Plan for Older Adults

(Tara)

- Focus Groups
- 3 critical needs:
 - Social Isolation
 - Technology
 - Wellness
- [COVID-19 Response Plan for Older Adults | Family Services \(fairfaxcounty.gov\)](https://www.fairfaxcounty.gov/family-services/covid-19-response-plan-for-older-adults)
- Highlights and updates on plan initiatives

Where next?

(Tara)

- Back to SHAPE the Future of Aging!



Contacts

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Chair, Fairfax Area Commission on Aging

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How to Reach Us:

HAVE QUESTIONS OR NOT SURE WHERE TO START?
WE'RE HERE TO HELP.

CALL **703-324-7948, TTY 711**
AGING, DISABILITY & CAREGIVER RESOURCES LINE
MONDAY-FRIDAY
8 A.M.–4:30 P.M.

OR

VISIT OUR WEBSITE:

[HTTPS://WWW.FAIRFAXCOUNTY.GOV/FAMILYSERVICES/OLDER-ADULTS](https://www.fairfaxcounty.gov/familyservices/older-adults)

Questions?

Thank you