

Adult & Aging Services

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Adult and Aging Division



FAIRFAX COUNTY DEPARTMENT OF
FAMILY SERVICES



Adult and Aging Services

The Adult and Aging Division includes Adult Services, Adult Protective Services, Fairfax Area Agency on Aging, and Disability Rights and Resources.

Mission: To promote and sustain a high quality of life for older adults, adults with disabilities and caregivers by offering a mixture of services and resources provided through public and private sectors which maximize personal choice, dignity and independence.

Positions

- 175 Positions consisting of: merit, non-merit, temporary and on-site contract staff

Budget

- FY 2022 - \$26.8 million consisting of federal, state, local funding

Awareness Months

- Developmental Disabilities Awareness Month (March)
- Older American and Adult Abuse Prevention Month (May)
- National Family Caregivers Month (November)

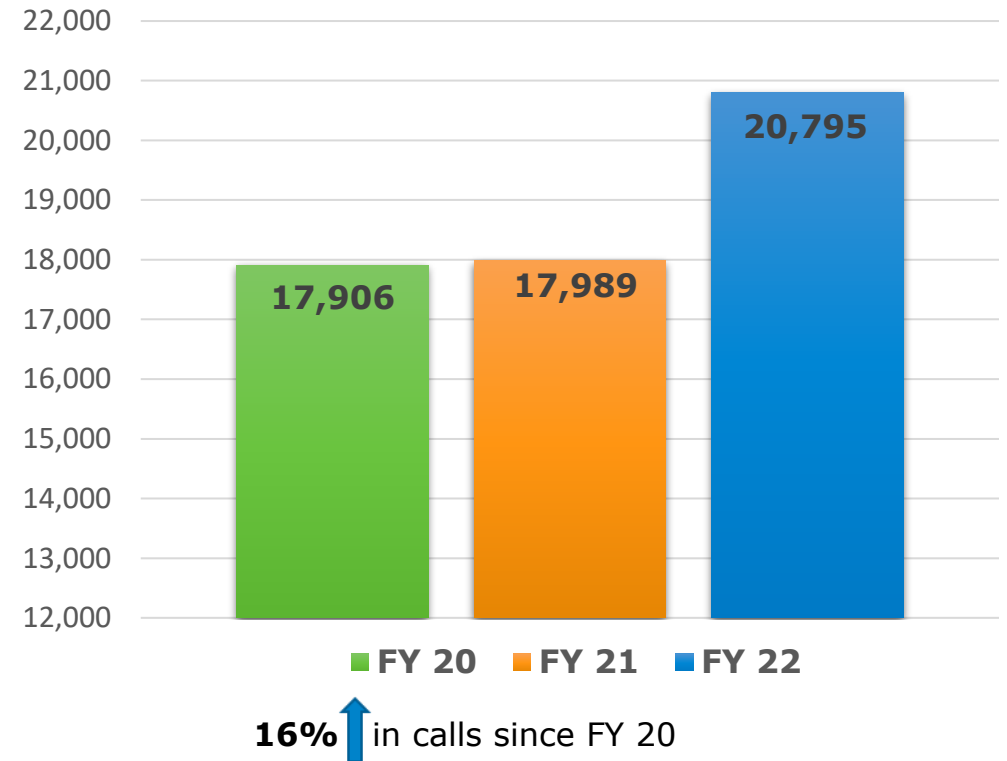
Aging, Disability, and Caregiver Resources (ADCR) 703-324-7948

Volume - Calls

The ADCR is Fairfax County's **front door** for resource information on older adults, adults with disabilities and family caregivers.

Multilingual staff help callers to identify services and supports in their area to enhance their quality of life.

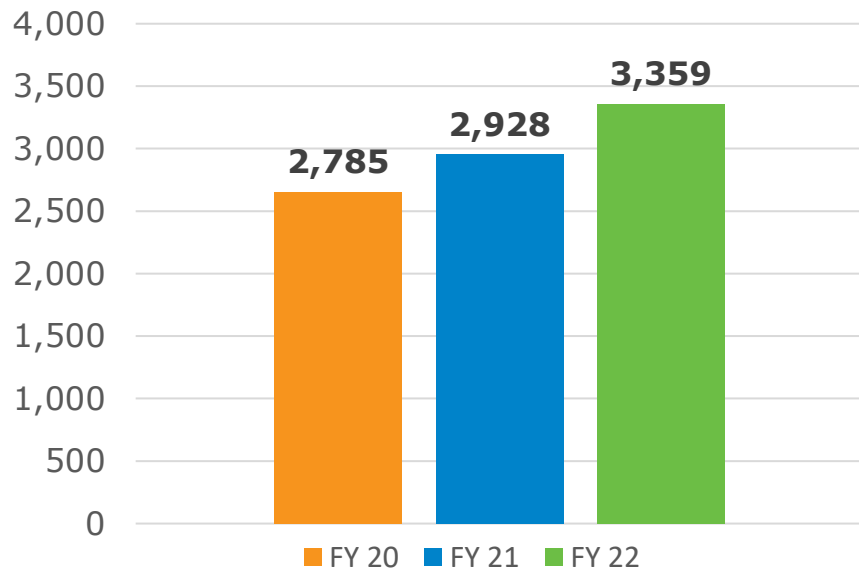
Assess and accepts reports of suspected abuse, neglect or exploitation.



Adult Services (AS)

The AS Program assists older adults and adults with an impairment who need services or support to enhance self-sufficiency and improve their quality of life.

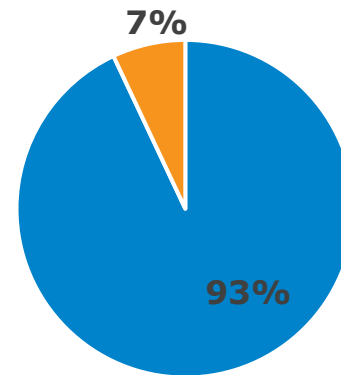
Volume-Caseload



21% ↑ in caseload since FY 20

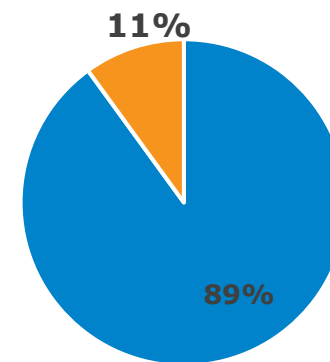
FY 2022 performance

Key Outcome



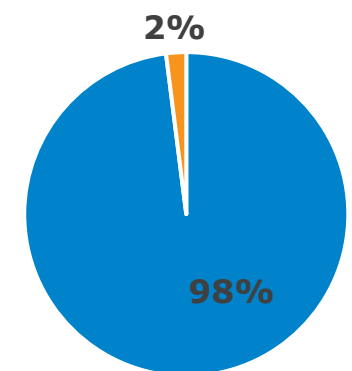
93% remained in their own home

Quality



89% satisfaction

Compliance

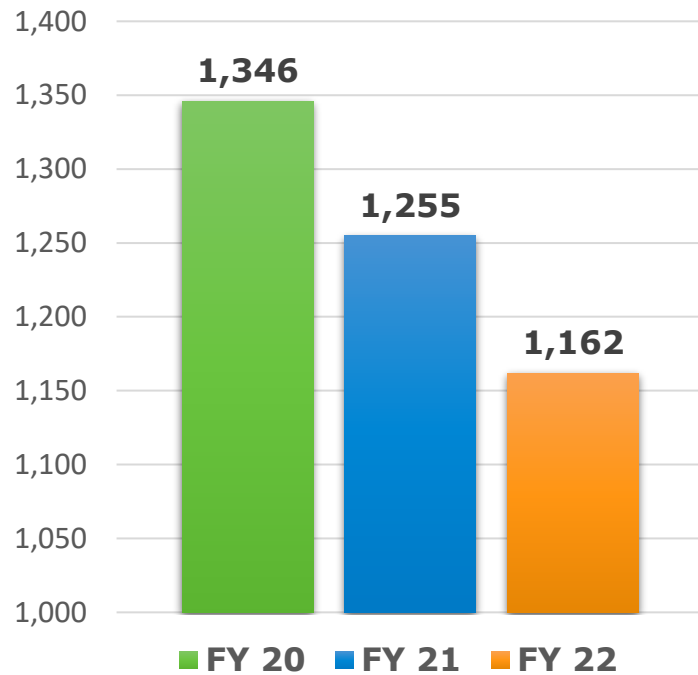


98% screenings on time

Adult Protective Services (APS)

The APS Program receives and investigates reports of abuse, neglect, and exploitation of adults 60 years of age or older and incapacitated adults aged 18 and older.

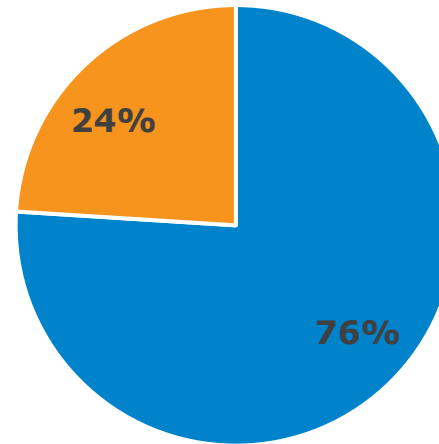
Volume - Investigations



Investigations ↓ **7% in FY 2022.**

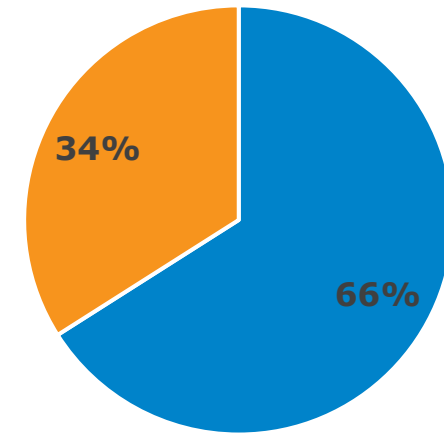
FY 2022 performance

Compliance



76% - Timely completion of investigations

Acuity (Intensity)



66% - Ongoing protective services

Area Agency on Aging (AAA)

Mission: As mandated under the Older Americans Act (OAA), “Fairfax Area Agency on Aging enhances the quality of life for older adults, adults with disabilities and their family caregivers. This is achieved through leadership, advocacy, education, community partnerships and the planning and development of services that promote choice, independence and safety while embracing diversity.”

AAA’s make it possible for older adults to “age in place” in their homes and communities by providing services such as:

- Home Delivered Meals
- Congregate Meals
- Information & Referral
- Volunteer Services
- Caregiver Programs
- Other supportive services

New services added

- Chore program
- Checking program

Partnerships and coordination

- Virtual “Caregiver Lunch Bunch”
- Virtual Senior Center
- Thanksgiving Meal Delivery

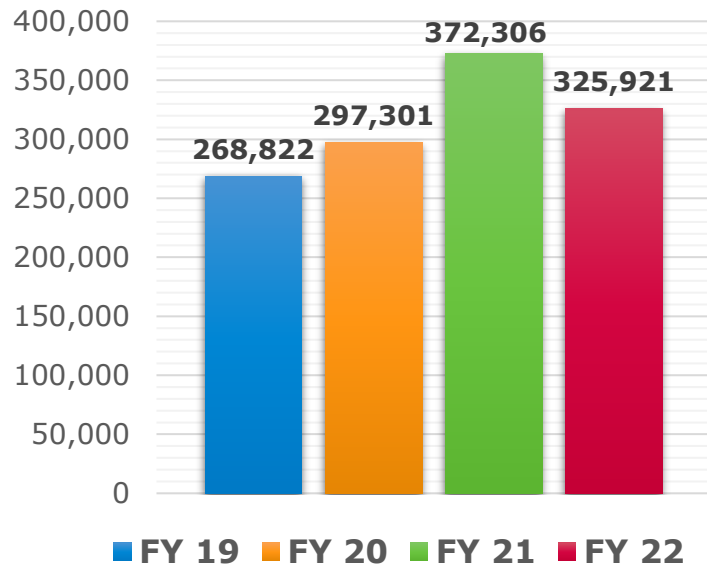
Information sharing and outreach

- Golden Gazette: **7,192** subscribers

Home Delivered Meals (HDM)

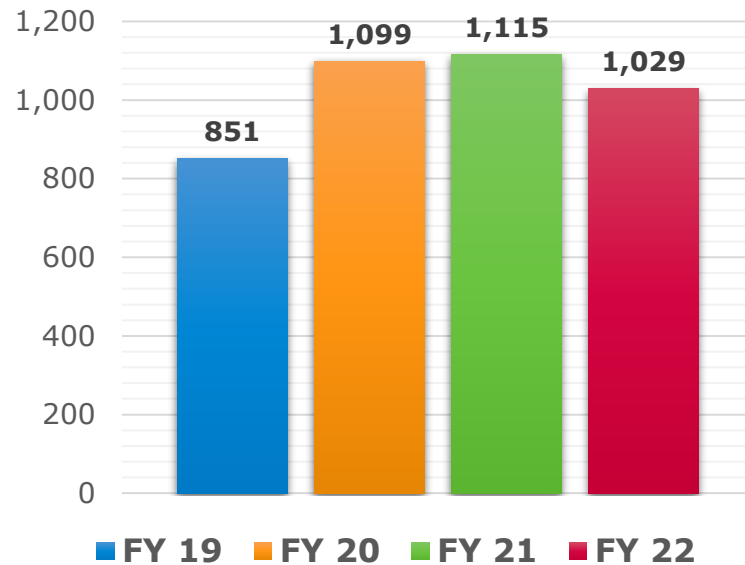
The HDM Program provides meals to eligible older adults who live in Fairfax County and the cities of Falls Church and Fairfax.

Volume - Meals



12% ↓ in meals delivered since FY 21

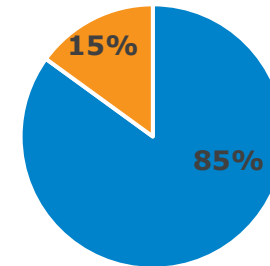
Volume - Clients



8% ↓ in clients served since FY 21

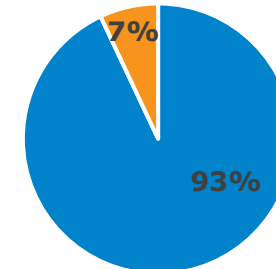
FY 2022 performance

Outcome



85% of clients' nutritional status maintained

Quality

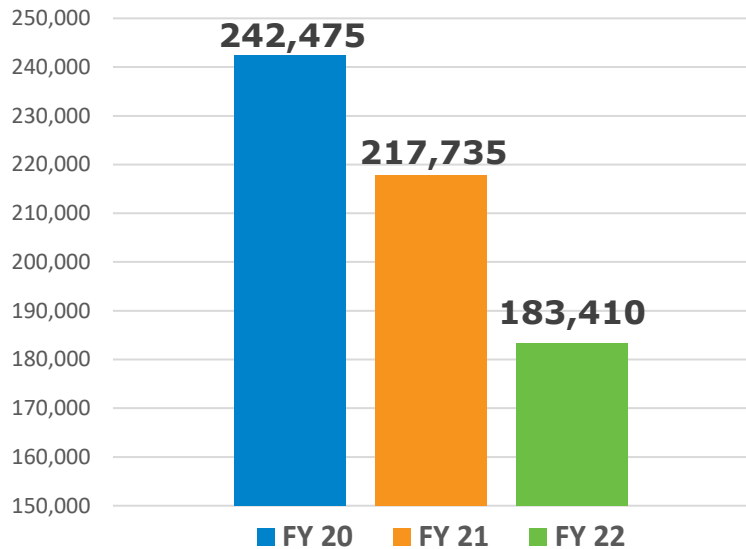


93% of clients satisfied with meals

Congregate Nutrition (CNP)

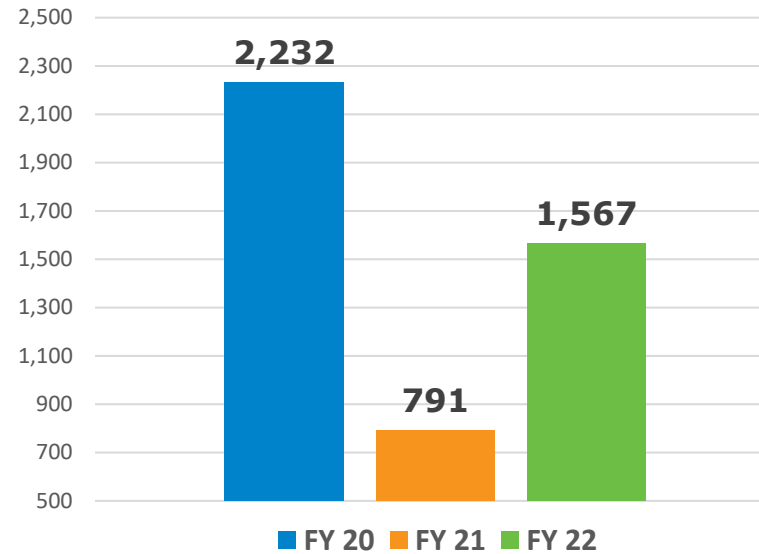
The CNP provides meals to eligible older adults who live in Fairfax County and the cities of Falls Church and Fairfax through the operation of 25 CNP sites, such as senior centers, adult day health centers and senior housing sites.

Volume - Meals



16% ↓ in meals served since FY 21

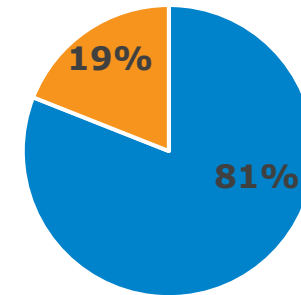
Volume - Clients



98% ↑ in participants served since FY 21

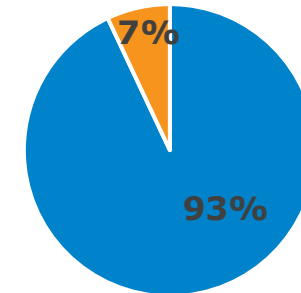
FY 2022 performance

Outcome



81% scored at/below nutritional risk

Quality



93% satisfied with meals

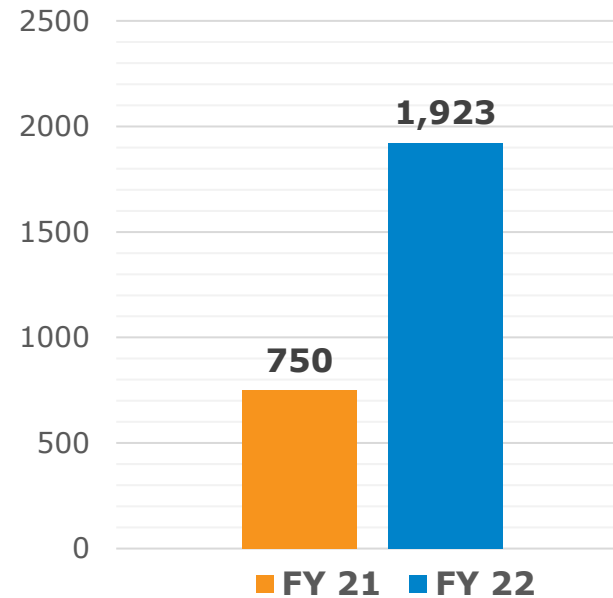
Volunteer Solutions (VS)

The program plays a critical role in supporting older adults, adults with disabilities and caregivers in the Fairfax area by managing and recruiting volunteers.

A few examples of the important services that volunteers provide are:

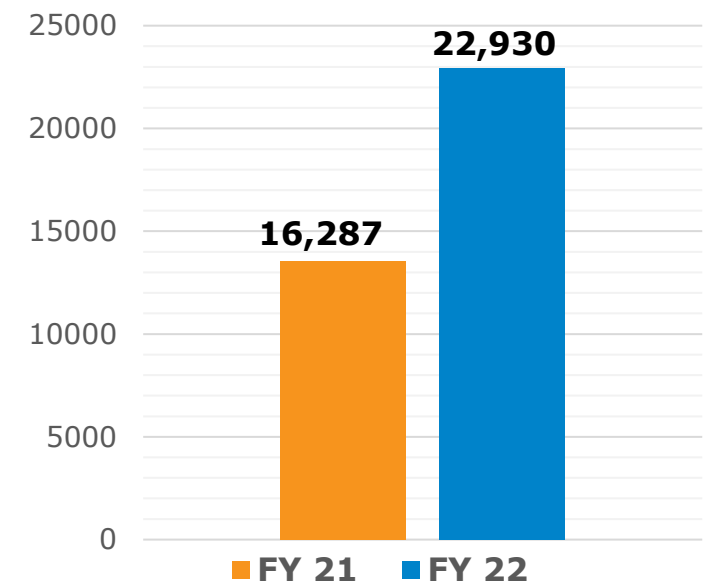
- Transportation to medical appointments
- Assistance with grocery shopping & errands
- Social engagement
- Advocacy for residents living in nursing and assisted living facilities
- Administrative support in Regional offices

of Volunteers



More than Doubled # of adults who volunteered since FY 21

Volunteer Hours Donated



41% increase since FY 21

Caregiver Program & Services

The Caregiver Program and Services offers supports and resources to family caregivers of older adults and/or adults with a disability. These opportunities allow caregivers to learn about different topics, network with each other, and access resources for respite. The services include:

- Individual counseling
- Support groups
- Caregiver training
- Respite services
- Supplemental services
- Outreach and public information (including Caregiver Text Alerts)

In FY 2022, the program offered **11** caregiver training webinars, and **991** caregivers were subscribed to the Text Alert notifications.

Disability Rights & Resources (DRR)

The DRR program promotes the self-sufficiency and well-being of people with disabilities through:

- advocacy,
- education,
- consultation on legal rights and protections,
- solution management, and
- by connecting people to resources and services.

DRR Staff provides support to the Fairfax Area Disability Services Board.

In FY 2022, the program offered **13 classes** on different topics areas including: Disability Etiquette, the Americans with Disabilities Act, and securing interpreters and real time translation services.

SHAPE

the Future of Aging

Services for Older Adults & Family Caregivers

(caregiver support, dementia friendly, resources)

Housing & Neighborhood Supports

(affordable housing, home modifications, home maintenance, Villages, livable communities)

Access to Mobility Options

(transportation, mobility support, walkability)

Personal Well-Being

(community engagement, isolation public & mental health, nutrition)

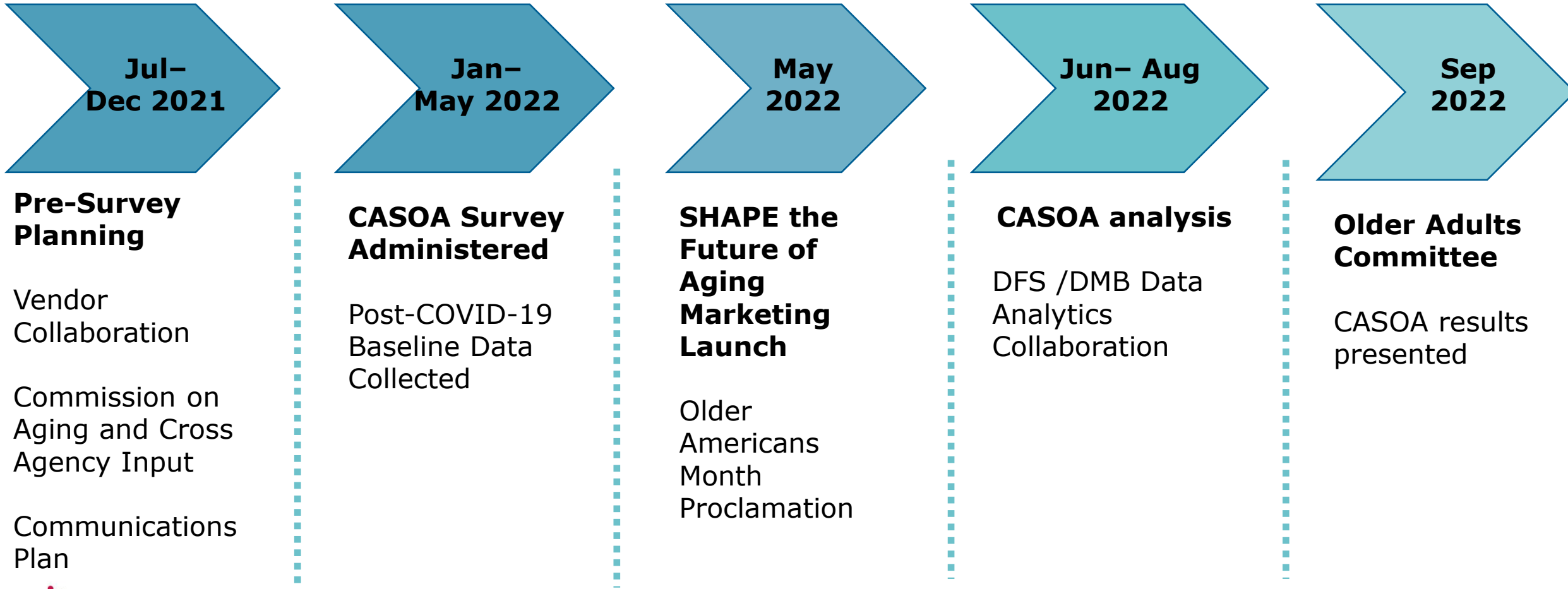
Economic Stability and Planning

(financial stability, exploitation, employment, end of life, business partnerships)

SHAPE the Future of Aging Plan Timeline

Target Timeline July 2021 – May 2023

Phase 1: Community Assessment for Older Adults



SHAPE the Future of Aging Plan Timeline

Target Timeline 2022/23 Phase 2: Community Input

**Oct – Nov
2022**

BOS and
Commission on
Aging Host
Community
Input Groups

**Dec 2022
-
Feb 2023**

SHAPE Plan Draft

**Mar
-
Apr 2023**

BOS Older Adults
Committee Reviews
Draft SHAPE Plan

**May
2023**

**BOS Approves
SHAPE Plan**

Older Americans
Month proclamation

Questions