

Family Resilience & Wellbeing Adult and Aging Services

Advisory Social Services Board

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**Presenters: Tara Turner, Director, Fairfax Area Agency on Aging
Claudia Vila, Manager, Disability Rights and Resources**

Area Agency on Aging & Disability Rights and Resources

- Area Agencies on Aging (AAAs) were established under the Older Americans Act (OAA) in 1973 and responds to the needs of Americans 60 and over in every local community.
- The Fairfax Area Agency on Aging aims to provide services that help older adults remain independent as long as possible. Older adults are an integral part of families and communities.
- Disability Rights and Resources promotes the inclusion and independence of people with disabilities through education, training, and referral assistance, so that persons of *all* abilities can fully participate in our community.

Aging and Disability-Related Statistics

- According to the Centers for Disease Control and Prevention (CDC), 1 in 4 Americans have a disability.
- There are approximately 1.1 million Fairfax County Residents. Approximately 81,000 of those have a disability (7%). – Per U.S. Census.
- Approximately 4% of persons with disabilities make up the labor force in Fairfax County. – Per U.S. Census.
- The Fairfax area has approximately 401,000 residents aged 50 and older living in the defined geographic area. – Per Fairfax County Government Demographics.
- The percentage of residents aged 65 and older in Fairfax County is anticipated to increase from 13.4% in 2019 to 17.7% by 2035. – Per Fairfax County Government Demographics.

Connecting Programs for Families Through Aging and Disability Services

- **Aging, Disability, Caregiver Resources:** Serves as the front door for Aging Services. Provides Information, Assistance, and Referrals. 703-324-7948 / TTY - 711
- **Caregiver and Support Services Unit:** Provides education through caregiver webinars, caregiver alert notifications, and supportive services to caregivers. This unit also oversees supportive services like Repair and Renovation, and Chore services.
- **Nutrition:** Provides Home Delivered Nutrition and Congregate Nutrition Programming as well as Nutritional Education and Nutrition Counseling.
- **ElderLink:** 30 + year community partnership as a joint venture with Inova Health System that provides case management, direct service to caregivers, health & wellness programming, and money management services.

Connecting Programs for Families Through Aging and Disability Services (continued)

- **Volunteer Solutions:** Recruits and connects volunteers to provide meaningful support to older adults, adults with disabilities, and family caregivers.

- **Disability Rights and Resources:** Promotes employment opportunities for youth with disabilities
 - **John Hudson Internship Program:** Two paid summer positions for in-place college or recent college graduates with a disability.

 - **Employment Development and Training Program:** A partnership with Public Assistance Employment and Training, to train those entering the workforce who have a disability.

 - **National Disability Employment Awareness Month:**
 - ❖ **Employment Mentoring Day:** provides Fairfax County students with disabilities an opportunity to learn about county government and explore a variety of career fields.

SHAPE the Future of Aging

- The Fairfax County Board of Supervisors adopted the SHAPE the Future of Aging plan (2023-2028) on May 23, 2023.
- SHAPE is a strategic plan to make the Fairfax area a place where older adults can continue to thrive, live safely, independently, and with dignity in their communities.
- SHAPE is an acronym that represents different domains that impact this goal.



Services for Older Adults & Family Caregivers

(caregiver support, dementia friendly, resources)

Housing & Neighborhood Supports

(affordable housing, home modifications, home maintenance, Villages, livable communities)

Access to Mobility Options

(transportation, mobility support, walkability)

Personal Well-Being

(community engagement, isolation, public & mental health, nutrition)

Economic Stability and Planning

(financial stability, exploitation, employment, end of life, business partnerships)

Questions?

Ideas?

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