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BREAKING THE CYCLE OF CRIME WITH
OPPORTUNITIES, ALTERNATIVES, AND RESOURCES

# OAR NOVA

Accountability Systems and Metrics

# Service Area

- **FAIRFAX COUNTY**

- **LOUDOUN COUNTY**

- **PRINCE WILLIAM COUNTY**

# Accountability Across Departments

- Pre-trial: Accountability is required for successful final report to the referral source.

- Post-conviction: Accountability is part of the process of healing; healing is required for the process of changing.

# Measuring Accountability: BIP

- **Class participation:**
  - **18 weeks at 2 hours per session.**
  - **Use of blame language versus accountable self-talk.**
  - **Role play scenarios to see how they view others.**
  - **Interaction/challenging one another's blame language.**
- **Homework assignments:**
  - **Personal Safety Plan (Sessions 1-18)**
  - **Self Care Plan (Session 5)**
  - **Letter to the victim (Session 8 - not sent to victim).**
  - **Power and Control logs (Session 9-18).**

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# Measuring Accountability – Anger Management

- **Class participation:**
  - **Looks for several of the same factors as BIP (blame language, how the students challenge one another.**
  - **Class is shorter (7 weeks).**
  - **Looking at irrational beliefs with greater variability than in BIP because everyone's charges can be vastly different.**
  - **Pre and post-assessment gauging self-awareness and coping mechanisms.**
  - **Focus on conflict resolution skills and the communication skills needed within, including verbal accountability.**

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# Re-entry & Family Services

- All OAR clients are eligible to receive support through Reentry as needed.
- Deferred disposition clients are less likely to feel that need due to less barriers.
- Offers about 7 different classes, based on risk categories.
- Goal is to identify client's goals and help to remove barriers caused by the criminal record and incarceration.
- Conversations about accountability can occur in a meeting with a case manager, or in class.
- Accountability impacts recidivism, employability, credit score, relationships, and more; is a huge part of healthy reentry services.