

**FAIRFAX AREA COMMISSION ON AGING (COA)
EXECUTIVE COMMITTEE**

DRAFT MINUTES

VIRTUAL – VIDEO/AUDIO MEETING

Zoom: <https://us06web.zoom.us/j/82153780812>

Password: Meet-1234!

Or

Telephone: 888-270-9936 (US Toll Free) or 602-333-0032

Conference code: 231525

Wednesday, October 13, 2021, 1:00 – 2:00 p.m.

COA Executive Committee Present:

Cathy Cole, (Chair), Cathy Muha (Vice Chair)

COA Executive Committee Absent:

Carolyn Sutterfield (Secretary)

Others Present:

Tom Bash, COA – Springfield District; Jacquie Woodruff, AAA

Call to Order

Chair Cathy Cole called the meeting to order at 1:00 p.m.

Roll Call and Motions to Proceed with Electronic Meeting

Cathy Cole explained that, in order to conduct the meeting electronically in compliance with the emergency procedures authorized by FOIA, the State of Emergency, and the Emergency Ordinance, certain findings and determinations are required for the record. Cathy Cole called the roll, and all the commissioners participating stated their name and the location from which there were participating. Commissioners present were:

- Cathy Cole, chair, from her home in Springfield, serving as the At-Large Representative
- Cathy Muha, vice chair, from her home in Oakton, representing Sully District
- Tom Bash, from his mother-in-law's home in Silver Spring, MD, representing Springfield District

Cathy Cole motioned that each member's voice could be adequately heard by all participating members of the Fairfax Area Commission on Aging Executive Committee. Vice Chair Cathy Muha called for a second and a vote. Tom seconded. The COA Executive Committee voted unanimously to approve the motion.

Cathy Cole motioned that the State of Emergency caused by the COVID-19 pandemic made it

unsafe for the Fairfax Area Commission on Aging Executive Committee and the public to physically assemble. She further moved that the Fairfax Area Commission on Aging Executive Committee conduct the meeting electronically through a dedicated audio-conferencing line that the public could access. Cathy Muha called for a second and a vote. Tom seconded. The COA Executive Committee voted unanimously to approve the motion.

Finally, Cathy Cole motioned that all agenda matters would address the Emergency itself, were necessary for continuity in Fairfax County government, and/or were statutorily required or necessary to continue operations and the discharge of the Fairfax Area Commission on Aging's lawful purposes, duties, and responsibilities. Cathy Muha called for a second and a vote. Tom seconded. The COA Executive Committee voted unanimously to approve the motion.

Public Comment

There was no public comment.

Executive Committee Meeting Discussion

2. COA October/November/December Meetings

a. At the October meeting, a panel of county staff will discuss community outreach and strategies

- Linda Hernández-Giblin, Planning Coordinator, Volunteer Solutions, Fairfax Area Agency on Aging – Multicultural Outreach & 50+ Community Ambassadors
- Ramona Carroll, Program Manager, Community Impact Unit, Fairfax Department of Neighborhood and Community Services -- Faith Communities
- Patricia Rohrer, Long Term Care Program Development Manager, Fairfax County Health Department, and Season Zellman, Village Coordinator, LTC Program Development Unit, Fairfax County Health Department -- Village Coordination/Development Program
- Michelle Thompson, Consumer Specialist, Fairfax Cable and Consumer Services – Homeowners' Associations

b. Addressing social isolation will be a focus at the November meeting. Volunteer Solutions can present about current and developing initiatives. Former Meals on Wheels volunteers have been offered other volunteer opportunities. The vendor now provides meal deliveries, and home delivered meals recipients continue to receive the same level of wellness checks during meal delivery. Clients can request a volunteer lunchtime companion.

c. Cathy Cole would like commissioners to identify essential topics for future meetings and focus. A few topics have already been identified.

2. COA's continuing role in SHAPE the Future of Aging

a. Based on input from the COA and the October panel presentation, the COA will develop communication approaches for commissioners to use in their magisterial districts.

Commissioners will share information about the older adult survey and SHAPE the Future of Aging.

Other Business

- a. Cathy Cole suggested that the executive committee rotate recording meeting minutes.

Adjournment

Cathy Muha motioned that the meeting be adjourned. Tom seconded. The meeting was adjourned at 2:30 pm.

DRAFT