

Fairfax Area Agency on Aging Highlights for July 2022

Fairfax County Services for Older Adults | Family Services
Golden Gazette | Family Services (fairfaxcounty.gov)

Legislative and Boards

Highlights

- Registration is open:

Northern Virginia Aging Network (NVAN) Legislative Breakfast

Friday, September 30th, 8 – 10 AM
Country Club of Fairfax

Keynote Speaker: Jean Accius, Senior Vice President of AARP International and Global Thought Leadership.

<https://nvan-breakfast-2022.eventbrite.com>

- The Fairfax Area Commission on Aging (COA) met virtually on Wednesday, July 20th. Staff from the Department of Neighborhood and Community Services shared their expertise in a discussion about access to mobility options. Area Plan update/waivers were presented.

The COA voted unanimously to re-elect Cathy Cole to serve as Chair and Cathy Muha as Vice Chair. Martha Cooper was elected to serve as Secretary. The COA and AAA Director applauded Secretary (and Past Chair) Carolyn Sutterfield for her service as secretary and for her masterly-crafted minutes.

The COA is on recess in August. The next COA meeting is on Wednesday, September 21st.

- Mike Perel, COA Braddock District Commissioner, chaired the Northern Virginia

Aging Network (NVAN) meeting on July 19th. Irv Katz, Senior Fellow, presented about the work of Generations United. The NVAN Legislative Committee and platform committee chairs reviewed proposed platform items. NVAN participants approved the 2023 legislative platform.

Virginia Insurance Counseling and Assistance Program (VICAP)

- Data that drives the work:
 - Phone intakes: **73**
 - Completed contact cases: **258**
 - Money saved (due to Medicare Part D (prescription drug) review, Patient Assistance Programs, Medicare Part B, appeals, etc.) total: **\$34,964.80.**
 - Number of Events//Presentations: **0**
- In collaboration with Channel 16, a *Medicare Open*

VICAP Information

- For more information, contact VICAP dfsvicap@fairfaxcounty.gov
- **The VICAP website** features the October 2021 **Medicare 101** and **Medicare 102** presentation webinars, and a podcast. It also includes links to Medicare and COVID-19 information and a Senior Medicare Patrol Consumer Fraud Alert for COVID-19.
<https://www.fairfaxcounty.gov/familyservices/older-adults/virginia-insurance-counseling-and-assistance-program>

Enrollment Season presentation has been scheduled for September 1 taping on Mature Living Program.

- VICAP has scheduled **18** Medicare 101 presentations for Fall 2022. Upcoming Medicare 101 presentations include virtual, hybrid, and in-person presentations in October. Registration is required. Information on these presentations and future events will be advertised in the Golden Gazette, Fairfax County's online Older Adults Events Calendar, and the VICAP website.
- VICAP's client base is **185,000+** county residents. VICAP is currently staffed by **1.5** full-time employees and some volunteers. Down one position to be filled.

Volunteer Solutions

- Data that drives the work:
 - Inquiries to becoming a volunteer: **96**
 - Total of volunteers became active in a program: **7**
 - New client referrals: **7**
 - Facebook Followers: **1,904**
- Volunteer Solutions' Companion Pet Program continues to bring comfort and companionship while preventing loneliness and improve isolation to **44** Adult and Aging clients **17** senior center participants.
- The Volunteer Solutions' Planning Coordinator transitioned from the Vice-Chair position to the Chair position of the Community Outreach Professionals Committee. This cross-agency workgroup meets monthly with a goal of collaborating on countywide outreach efforts to serve the Fairfax area population, particularly those who are most vulnerable and underserved.
- Venture into Volunteering is going virtual this fall! Stay tuned for the Save the Date.

Volunteer Solutions Information:

- Check out the Volunteer Solutions **Caring Community Updates** to stay up to date on the latest happenings to include Volunteer Spotlights, upcoming events, and more: bit.ly/CCUPDATES
- Check Volunteer Solutions out on **Facebook**: bit.ly/VSFACBOOK

Nutrition: Meals on Wheels

- Meals on Wheels (MOW) participants will receive health education information on food safety and hand hygiene along with a small refrigerator thermometer during the month of August. Food safety is critical for older adults who are more vulnerable to foodborne illness. Providing each participant with a refrigerator thermometer helps ensure participants are maintaining their MOW meals at a proper food safe temperature. This distribution is part of an effort to provide ongoing health education information to MOW recipients to meet state standards for Home Delivered Nutrition.

How to Request Meals

- Call 703-324-5409, TTY 711 to request service, make a referral or get more information.
- Family members, caregivers, friends, and medical professionals can make referrals.
- A social worker will call to conduct an assessment to determine eligibility.
- For more information visit: <https://www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-meals-on-wheels>

- The Nutrition Unit continues to provide MOW services to eligible adults over age 60 or adults over age 18 with disabilities who elect to self-quarantine due to the pandemic.

Nutrition: Congregate Meals

- The Congregate Nutrition Program continues to provide nutritious meals and opportunities for socialization and recreation to county residents aged 60 and over at Fairfax County Senior Centers and Adult Day Health Centers.
- Congregate Nutrition staff assisted with preparation of Meals on Wheels Nutrition education packets on food safety and a refrigerator/freezer thermometer.
- Congregate Nutrition staff are partnering with Neighborhood and Community Services database staff to train Congregate site staff in August.

Caregiver and Support Services

- On Wednesday, July 20, 2022, *Adult Service Options for the Aging- caregiver webinar* was held. **92** people attended the webinar.
- On Friday, July 1, 2022, *Home Safety Education Panel* was held. **50** people attended the webinar.
- On Saturday, July 9, 2022, *You are my Sunshine intergenerational Music workshop* was held. **9** people attended the webinar.
- On Saturday, July 23, 2022, *Creating Memory & Engagement at Home Intergenerational Workshop* was held. **9** people attended the webinar.
- On Wednesday, July 13, 2022, *A Dementia Friendly Information Session* was held. **12** people attended the webinar.
- During the month of July, **9** Caregiver Alert Notifications were sent via email, text messages, and voice communication methods. The notifications contained information on a Caregiver Webinar, Caregiver Intergenerational workshops, Dementia Friends Informational session, Virtual Caregiver Support Calls, Caregiver Support Groups, Fairfax Meals on Wheels, Golden Gazette subscriptions, Summer Entertainment Series, and a Caregiver Stroke Support Group. Currently, there are **1011** subscribers.

Caregiver Important Information

- To access the **Adult Service Options for the Aging-caregiver** recording: <https://bit.ly/FFXAdultServiceOptions>
- To access the **Home Safety Education** recording: <https://bit.ly/HomeSafetyEducation>
- To access the **You are my Sunshine intergenerational Music** recording: <https://bit.ly/CaregiverMusicWorkshop>
- To access the **Creating Memory & Engagement at Home Intergenerational** recording: <https://bit.ly/CreatingMemoryWorkshop>
- **Caregiver Webinars. Online Registration for upcoming sessions:** <https://bit.ly/CAREWEB1>
- To access the **caregiver webpage: Family Caregiver Support Programs | Family Services (fairfaxcounty.gov)**
- Sign up for upcoming **Home Safety Education Panel:** <https://bit.ly/AAAPanel>
- Sign up for upcoming **Dementia Friendly Fairfax (DFF)** sessions: <https://bit.ly/DementiaFriendlyFairfax>

- The caregiver column for the Golden Gazette included a message about the Role of Self-Compassion in Caregiving, Adult Service Options for the Aging- Caregiver webinar, Home Safety Education: A Caregiver Panel Conversation, You

are my Sunshine intergenerational Music workshop, Creating Memory & Engagement at Home Intergenerational Workshop, and the Caregiver Support Group.

- The monthly Caregiver Webletter was emailed this month to **939** people. The Webletter contained information on upcoming Virtual You are my Sunshine intergenerational Music Workshop, Adult Service Options for the Aging Webinar, Creating Memory & Engagement at Home Intergenerational Virtual Workshop, Virtual Caregiver Support Call, Caregiver Support Group, Dementia Friends Information Session, Summer Entertainment Series, Korean Traditional Fan Painting, and Caregiver Alert Notifications.
- The Fenwick Foundation Partnership supports family caregivers by providing free outside events and activity opportunities, such as tickets to theaters, plays, musicals, baseball games, and more. Currently, The Fenwick Foundation is providing access to virtual and in-person events live shows, music events, museums, ballets, baseball games and more. The program accepts referrals from the Department of Family Services, adult day health centers, and other county programs. The program currently has **33** participants.
- Caregiver Staff and Diane Watson, Commission on Aging member, conducted a Dementia Friend Information session on July 13, 2022. **12** participants attended.
- Senior Express provided **21** round-trip rides to **11** unduplicated clients, and **42** hours of respite to their family caregivers for the month of June.
- The Covid Grocery & Medication Assisted Transportation program provided **7** round-trip rides to **7** unduplicated clients for the month of June.
- The Discretionary Funds, which provide durable medical equipment and adaptive equipment to clients who need financial help, aided **1** client/caregiver, providing **4** items in June.
- The Residential Repair & Renovation Program (R&R) helps seniors 60 years of age or older remain safely in their home by providing home repairs and modifications. In July, **0** referrals were receive and **2** jobs are in process. Pending jobs consist of replacing a thermostat, leveling a driveway, and replacing an exterior light.
- The Occupational Therapist (OT) Consultation Program sends out an OT to perform a home safety evaluation for A&A clients. Clients are referred to this service by their case worker. There were **4** new referrals received and **3** were completed.
- The Chore Service Program allows AAA to provide services for A&A clients, 60 years or older, who can no longer perform these services themselves and who do not have the means to hire someone to provide the specified service(s). There are **2** viable jobs in process, (Decluttering & Deep Cleaning).

ElderLink

- ElderLink Staff updates
 - ElderLink hired a Social Worker Case Manager I
- Health and Wellness.
 - *Chronic Disease Pain Management Training*. Class in-person at Centreville Regional Library, Thursdays, 06/09-07/14, 10:30am-12:30pm.
 - *Diabetes Self-Management*. Class on Thursdays, 06/09-07/14, 2-4pm, via Zoom.
 - *A Matter of Balance*. A virtual AMOB class is being offered through Reston Community Center, Wednesdays, 06/01-07/27, 1-3pm.
 - *A Matter of Balance*. Class in-person at SpringHill in Lorton, Mondays, 06/27-08/29, 10am-12pm.
- Caregiver Support.
 - *Caring for You, Caring for Me*. Upcoming in-person class at Little River Glen Senior Center, 08/25-09/22, 1-3pm.
 - Virtual Support Call for Caregivers of Older Adults, 7-8pm, via Zoom. Upcoming calls:
 - 08/09, *The Caregiver Rollercoaster: The Lows and Highs of Caregiving*.
 - 09/13, *The Elephant in the Room: Tough Topics in Caregiving*.

ElderLink Services and Events

- ElderLink provides support to older adults who need assistance coordinating their **COVID-19** vaccine/booster, including **finding a location, assistance with scheduling an appointment, and coordinating transportation**. Please contact the ElderLink intake line at: (703)-324-7374.
- To register in **Caring for You, Caring for Me**, please contact (703)-324-7577, or visit <https://tinyurl.com/CFYCFM4U>
- To register in **Virtual Support Call for Caregivers of Older Adults**, please contact ElderLink intake line, (703) 324-5374, or visit www.tinyurl.com/CaregiverTSG
- ElderLink is still accepting **referrals** for all programs, including **options for Caregiver Support, Health and Wellness Classes, and Case Management Services**. Please contact the ElderLink intake line at: (703) 324-5374.

Northern Virginia Long-Term Care Ombudsman Program

- Several Ombudsman staff members attended the Elder Law Task Force's quarterly meeting in July. The Task Force is developed to build bridges and strengthen working relationships between legal services and Ombudsman in Virginia to expand advocacy for nursing facility residents and to help legal services get more involved with elder law issues impacting this population.
- Ombudsman Program resumed in-person in-service training for Ombudsman volunteers in July. July's in-service was on the topic of legal documents such as a power of attorney and was presented by Legal Services of Northern Virginia. In-services are continuing education trainings for ombudsman volunteers and are held every other month. In-services focus on different topics and are opportunities for ombudsman volunteers to share their experiences and ideas.

- Ombudsman Program contributes a monthly short piece on the topic of long-term care in Fairfax County's monthly newspaper for older adults called the "Golden Gazette." July's piece reviewed discharge regulations in long-term care facilities.

The Ombudsman Program Information

- New Ombudsman Volunteers from the 3-Day Spring 2022 New Ombudsman Volunteer Training continue to be "placed" throughout different long-term care facilities in Northern Virginia. Trainings are held twice a year (spring and fall) and are mandatory for prospective ombudsman volunteers. If you are interested and/or know of anyone interested in becoming an Ombudsman volunteer to advocate for residents in long-term care facilities, please contact the program via phone 703-324-5861 or email nvltcop@fairfaxcounty.gov.

How to request a virtual outreach presentation

- The Ombudsman Program always welcomes the opportunity to educate the community about the program and promote quality of care and life for persons receiving long-term care services. To request an online or in-person outreach presentation, please contact the program via phone 703-324-5861 or by email: nvltcop@fairfaxcounty.gov.

Aging Disability Caregiver Resource Intake Statistics July 2022

APS, Reports Received	269
Adult Services Referrals Sent	176
ADCR Consultation	224
Nutrition/MOW	269
CCC+/ALF screenings, info only	153
APS, info only	129
Adult Services, info only	131
Housing	62
Benefits	90
Coordinated Services Planning	40
Home Care Registry	38
Burial/Cremation	43
Legal Services	15
VICAP	17
Home Based Care, Info Only	24
Transportation	44
Elderlink	16
Nursing Home	13
Mental Health/Substance Abuse	22
Home Repair for the Elderly	7
Disability Services	9
Medical/Dental	12
Assisted Living	21
Employment/Training	8
Environmental Services	3
Other	12
Ombudsman	8
Volunteer	8
Social Security	8
Durable Medical Equipment	7
Senior Centers/Recreation	8
Adult Day Healthcare	6
Financial	1
Respite	1
Police Emergency/Non-Emergency	10
Golden Gazette	7
Tax Administration	2
Fuel/Cooling Assistance/Fan Care	4
Caregiver Support	2

TOTAL

1,909

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Legislative and Boards

Highlights

- The Board of Supervisors Older Adults Committee will meet on Tuesday, September 20 from 3:00 – 4:30 PM.

Fairfax County Government Center -
Conference Room 11
12000 Government Center Parkway,
Fairfax, VA

Board of Supervisors Older Adults
Committee Meeting: Sept. 20, 2022 |
Board Of Supervisors
(fairfaxcounty.gov)

- The Fairfax Area Commission on Aging (COA) will meet virtually on Wednesday, September 21. The Department of Family Services data analytics unit staff will present survey results from the Community Assessment Survey for Older Adults. Health Management Associates, the SHAPE the Future of Aging consultant, will discuss their overall project plan and the community input phase of the SHAPE the Future of Aging Plan development.
- The 23rd Northern Virginia Aging Network (NVAN) Legislative Breakfast will be held at the Country Club of Fairfax on Friday, September 30th from 8 – 10 AM. Jean Accius, Senior Vice President of AARP International and Global Thought Leadership, will be the keynote speaker.

Virginia Insurance Counseling and Assistance Program (VICAP)

- Data that drives the work:
 - Phone intakes: **120**
 - Completed contact cases: **330**
 - Money saved (due to Medicare Part D (prescription drug) review, Patient Assistance Programs, Medicare Part B, appeals, etc.) total: **\$14,920.**
 - Number of Events//Presentations: **0**
- In collaboration with Channel 16, a *Medicare Open Enrollment Season* presentation has been taped for the Mature Living Program.

VICAP Information

- For more information, contact VICAP dfsvicap@fairfaxcounty.gov
 - **The VICAP website** features the October 2021 **Medicare 101** and **Medicare 102** presentation webinars, and a podcast. It also includes links to Medicare and COVID-19 information and a Senior Medicare Patrol Consumer Fraud Alert for COVID-19. <https://www.fairfaxcounty.gov/familyservices/older-adults/virginia-insurance-counseling-and-assistance-program>
- VICAP has scheduled **18** Medicare 101 presentations for Fall 2022. Upcoming Medicare 101 presentations include virtual, hybrid, and in-person presentations in October. Registration

is required. Information on these presentations and future events will be advertised in the Golden Gazette, Fairfax County's online Older Adults Events Calendar, and the VICAP website.

- VICAP's client base is **185,000+** county residents. VICAP is currently staffed by **2.5** full-time employees (including a current vacancy) and some volunteers.

Volunteer Solutions

- Data that drives the work:
 - Inquiries to becoming a volunteer: **59**
 - Total of volunteers became active in a program: **13**
 - New client referrals: **13**
 - Facebook Followers: **1,913**
- On August 6th, the Volunteer Solutions' Recruitment Coordinator and a VS outreach volunteer provided Adult and Aging resources to **50** attendees at Bethlehem Baptist Church Community Health and Wellness Fair.
- On August 27th, 29th and 31st, the Volunteer Solutions' South Fairfax County Regional Volunteer Coordinator and Planning Coordinator attended the Operations Allies Welcome Center at Lorton Senior Center. Information on Adult and Aging services along with many other local and federal support programs were provided to **290** individuals, including guests and their family members both here and overseas.
- On August 27th, the Volunteer Solutions' Northeastern Fairfax County Regional Volunteer Coordinator, Planning Coordinator, and a VS outreach volunteer provided Adult and Aging resources to **50** attendees at Lake Accotink Park's 60th anniversary celebration.

Volunteer Solutions Information:

- **Venture into Volunteering Fair** - October 12th, 13th, and 14th, 2022. Held via Zoom from 10:30 to 3:00 p.m. daily. Explore the many opportunities to volunteer locally during the 3-day event.
- Check out the Volunteer Solutions **Caring Community Updates** to stay up to date on the latest happenings to include Volunteer Spotlights, upcoming events, and more: bit.ly/CCUPDATES
- Check Volunteer Solutions out on **Facebook**: bit.ly/VSFACEBOOK

Nutrition: Meals on Wheels

- September is National Preparedness Month. Meals on Wheels (MOW) participants will receive educational information on emergency preparedness along with an emergency kit during the month of September. This kit, which includes items like a crank flashlight, mask, and whistle, was supplied through a partnership with the Department of Emergency Management and Security. This distribution is part of an effort to provide ongoing health and nutrition education information to MOW recipients to meet state standards for Home Delivered Nutrition.
- The Nutrition Unit continues to provide MOW services to eligible adults over age 60 or adults over age 18 with disabilities who elect to self-quarantine due to the pandemic.

How to Request Meals

- Call 703-324-5409, TTY 711 to request service, make a referral or get more information.
- Family members, caregivers, friends, and medical professionals can make referrals.
- A social worker will call to conduct an assessment to determine eligibility.
- For more information visit: <https://www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-meals-on-wheels>

Nutrition: Congregate Meals

- The Congregate Nutrition Program is happy to report a 93.3% satisfaction with meals for FY2022
- Sully Senior Center is relocating to the new Community Center at 13800 Wall Road, Herndon, VA 20171. Congregate Nutrition Services will begin at the new site on Monday, September 12, 2022.
- The Congregate Nutrition Program continues to provide nutritious meals and opportunities for socialization and recreation to county residents aged 60 and over at Fairfax County Senior Centers and Adult Day Health Centers.

Caregiver and Support Services

- On Wednesday, August 17, 2022, *Supporting a Loved One Living with Mental Illness* was held. **69** people attended the webinar.
- During the month of August, **9** Caregiver Alert Notifications were sent via email, text messages, and voice communication methods. The notifications contained information on a Caregiver Webinar, Virtual Caregiver Support Call, Caregiver Support Group, Mental Health Screenings, IT Assistance program, Kinship Caregiver mentoring program, Caring for You Caring for Me workshop, and the 36th Annual Caregiver's Conference: Caregiving with Hope and Inspiration. Currently, there are **1032** subscribers.
- The caregiver column for the Golden Gazette included a message about Why Getting Enough Sleep Matters, *supporting a loved one living with Mental Illness*, *Caregiver Webinar*, *36th Annual Caregiver's Conference: Caregiving with Hope and Inspiration*, Caregiver Support Group, and the Fairfax Caregiver Alert Notifications.
- The monthly Caregiver Webletter was emailed this month to **939** people. The Webletter contained information on upcoming, ElderLink's Virtual Support Call for Family Caregivers, Caregiver YouTube Videos, Caregiver Support Groups, Animal Shelter Food Pantry, Community

Music Events, Caring for You Caring for Me Workshops, and Caring for a loved one living with Mental Illness Webinar.

- The Fenwick Foundation Partnership supports family caregivers by providing free outside events and activity opportunities, such as tickets to theaters, plays, musicals, baseball games, and more. Currently, the Fenwick Foundation is providing access to virtual and in-person events live shows, music events, museums, ballets, baseball games and more. The program accepts referrals from the Department of Family Services, adult day health centers, and other county programs. The program currently has **33** participants.
- Staff attended the August Dementia Friendly Fairfax (DFF) task force meeting on Tuesday, August 23, 2022.
- Senior Express provided **23** round-trip rides to **12** unduplicated clients, and **56** hours of respite to their family caregivers for the month of July.
- The Covid Grocery & Medication Assisted Transportation program provided **4** round-trip rides to **4** unduplicated clients for the month of July.
- The Discretionary Funds, which provide durable medical equipment and adaptive equipment to clients who need financial help, aided **2** clients/caregivers, providing **6** items in July.
- The Residential Repair & Renovation Program (R&R) helps older adults 60 years of age or older remain safely in their home by providing home repairs and modifications. One job is “in process.”
- The Occupational Therapist (OT) Consultation Program sends out an OT to perform a home safety evaluation for A&A clients. Clients are referred to this service by their case worker. There were **3** new referrals received in August with **3** completed consults and **1** on hold due to client Covid exposure.
- The Chore Service Program allows AAA to provide services for Adult & Aging clients, 60 years or older, who can no longer perform these services themselves and who do not have the means to hire someone to provide the specified service(s). There are **3** viable jobs in process, (Decluttering, Deep Cleaning & Sanitization). In August, there were 3 case inquiries, including extensive yard clean-up with invasive poison ivy as an issue.

Caregiver Important Information

- To access the **Supporting a Loved One Living with Mental Illness** recording:
<https://youtu.be/WGdymtrOfGY?list=PL9DocdqzRCqDUj9a3uU12hsM8ngov6ufl>
- **Caregiver Webinars. Online Registration for upcoming sessions:** <https://bit.ly/CAREWEB1>
- To access the **caregiver webpage: Family Caregiver Support Programs | Family Services (fairfaxcounty.gov)**
- Sign up for upcoming **Home Safety Education Panel:**
<https://bit.ly/AAAPanel>
- Sign up for upcoming **Dementia Friendly Fairfax (DFF) sessions:**
<https://bit.ly/DementiaFriendlyFairfax>

ElderLink

- Health and Wellness.
 - *Bingocize®*. Classes in-person at:
 - The City of Falls Church Senior Center*, Mondays/Thursdays, 09/12-11/17, 10:30am-11:30am. To Register: 703-324-7721 or visit <https://tinyurl.com/Bingocize123>
 - SpringHill in Lorton*, Mondays/Wednesdays, 09/12-11/16, 2:30pm-3:30pm. To Register: 703-843-7073.
 - Reston Community Center*, Tuesdays/Thursdays, 09/13-11/17, 1:00pm-2:00pm. To Register: 703-476-4500
 - *A Matter of Balance*. Class in-person at Vienna Community Center, Mondays, 09/12-10/31, 10am-12pm. *Registration is closed as class is at capacity.
 - *A Matter of Balance*. Virtual class offered through Brain Injury Services, Wednesdays, 09/21-11/16, 10am-12pm.
To Register: This workshop is for current Brian Injury Center Clients only. Contact eSchneider@braininjurysvcs.org for more information
- Caregiver Support.
 - *Caring for You, Caring for Me*. Upcoming in-person class at Little River Glen Senior Center, 08/25-09/22, 1-3pm.
 - Virtual Support Call for Caregivers of Older Adults, 7-8pm, via Zoom. Upcoming calls:
 - 09/13, *The Elephant in the Room: Tough Topics in Caregiving*.
 - 10/11, *Caregiving Over the Holidays*

ElderLink Services and Events

- ElderLink provides support to older adults who need assistance coordinating their **COVID-19** vaccine/booster, including **finding a location, assistance with scheduling an appointment, and coordinating transportation**. Please contact the ElderLink intake line at: (703)-324-7374.
- To register in **Caring for You, Caring for Me**, please contact (703)-324-7577, or visit <https://tinyurl.com/CFYCFM4U>
- To register in **Virtual Support Call for Caregivers of Older Adults**, please contact ElderLink intake line, (703) 324-5374, or visit www.tinyurl.com/CaregiverTSG
- ElderLink is still accepting **referrals** for all programs, including **options for Caregiver Support, Health and Wellness Classes, and Case Management Services**. Please contact the ElderLink intake line at: (703) 324-5374.

Northern Virginia Long-Term Care Ombudsman Program

- New Ombudsman Volunteers from the 3-Day Spring 2022 New Ombudsman Volunteer Training continue to be “placed” throughout different long-term care facilities in Northern Virginia. Trainings are held twice a year (spring and fall) and are mandatory for prospective ombudsman volunteers. If you are interested and/or know of anyone interested in becoming an Ombudsman volunteer to advocate for residents in long-term care facilities, please contact the program via phone 703-324-5861 or email nvltcop@fairfaxcounty.gov.
- Ombudsman Program’s next in-person in-service training will be held in September. In-services are continuing education trainings for Ombudsman volunteers and are held every other month. In-services focus on different topics and are opportunities for Ombudsman volunteers to share their experiences and ideas.

- Ombudsman Program contributes a monthly short piece on the topic of long-term care in Fairfax County's monthly newspaper for older adults called the "Golden Gazette." August's piece reviewed emergency preparedness in long-term care facilities.

The Ombudsman Program Information

- Ombudsman Program continues to recruit prospective Ombudsman volunteers for the 3-Day Fall 2022 New Ombudsman Volunteer Training scheduled for October 17th, 18th, and 26th (rain date on October 27th). Trainings are held twice a year (spring and fall) and are mandatory for prospective Ombudsman volunteers. If you are interested and/or know of anyone interested in becoming an Ombudsman volunteer to advocate for residents in long-term care facilities, please contact the program via phone 703-324-5861 or email nvltcop@fairfaxcounty.gov.

How to request a virtual outreach presentation

- The Ombudsman Program always welcomes the opportunity to educate the community about the program and promote quality of care and life for persons receiving long-term care services. To request an online or in-person outreach presentation, please contact the program via phone 703-324-5861 or by email: nvltcop@fairfaxcounty.gov.

Aging Disability Caregiver Resource Intake Statistics August 2022

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APS, info only	207
Adult Services, info only	174
Housing	74
Benefits	82
Coordinated Services Planning	49
Home Care Registry	45
Burial/Cremation	33
Legal Services	30
VICAP	24
Home Based Care, Info Only	32
Transportation	47
Elderlink	34
Nursing Home	16
Mental Health/Substance Abuse	31
Home Repair for the Elderly	12
Disability Services	14
Medical/Dental	23
Assisted Living	24
Employment/Training	13
Environmental Services	7
Other	10
Ombudsman	13
Volunteer	17
Social Security	14
Durable Medical Equipment	11
Senior Centers/Recreation	10
Domestic Violence/Victim Witness	9
Adult Day Healthcare	6
Financial	5
Respite	6
Police Emergency/Non-Emergency	3
Golden Gazette	7
Tax Administration	5
Fuel/Cooling Assistance/Fan Care	3
Caregiver Support	12
Health and Wellness Programs	3

TOTAL

2,298