

# Fairfax Area Agency on Aging FY2024 Area Plan

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# Area Agency Background

Area Agencies on Aging (AAAs) were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 and over in every local community. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, AAAs make it possible for older adults to “age in place” in their homes and communities.

All AAAs play a key role in:

Planning

Developing

Coordinating

Delivering

A wide range of Long-Term Services and Supports

# Area Plan

- The Area Plan for Aging Services describes the scope of services to be provided by the AAA with funding from the Virginia Department for Aging and Rehabilitative Services (DARS) also named the State Unit on Aging (SUA) .
- The plan reflects a process based on the basic demographic characteristics of the older population and assessed needs. It also considers feedback gathered throughout the year from our community.
- DARS provides each of the 25 AAAs an Area Plan template which is designed to inform DARS how each locale will plan to meet the needs of older adults in each jurisdiction.
- The AAA submits the Plan to DARS for review and approval.
- Area Plan Contracts are submitted to the state every 4 years, and are reviewed, modified, and renewed on an annual basis within the 4-year contract period.

# Services To Be Provided

Area Plan Services	Title III B, C, or D	Title III-E Caregiver
<b>Group 1: In Home Services</b>		
Adult Day Care	X	
Checking	X	
Chore	X	
Homemaker	X	
Personal Care		X
<b>Group 2: Access Services</b>		
Communication, Referral, Information, & Assistance (CRIA)	X	
Options Counseling	X	
Transportation	X	
Assisted Transportation		X

# Services To Be Provided

Area Plan Services	Title III B, C, or D	Title III-E Caregiver
<b>Group 3: Legal Assistance</b>		
Legal Assistance	X	
<b>Group 4: Other Services</b>		
Money Management	X	
Outreach/Public Information & Education	X	X
Volunteer Program	X	
Assistive Technology/DME/PERS	X	
Residential Repair & Renovation	X	
Socialization & Recreation	X	
<b>Group 5: Nutrition Services &amp; Delivery</b>		
Congregate Nutrition	X	
Home Delivered Nutrition	X	
Nutrition Counseling	X	
Nutrition Education	X	

# Services To Be Provided

Area Plan Services	Title III B, C, or D	Title III-E Caregiver
<b>Group 6: Disease Prevention/Health Promotion Services</b>		
CDSME	X	
Falls Prevention	X	
<b>Group 7: National Family Caregiver Support Program (NFCSP) Title III-E Services</b>		
Individual Counseling		X
Support Groups		X
Caregiver Training		X
Respite Services: Other		X
Other Supplemental Services		X

# Services To Be Provided

Area Plan Services	Title III B, C, or D	Title III-E Caregiver	Title VII	Other Funding Source
<b>Group 8: Elder Rights Services</b>				
Elder Abuse Prevention			X	
<b>Group 9: Ombudsman</b>				
Local LTC Ombudsman Program			X	
<b>Care Coordination for Elderly Virginians</b>				
Service Coordination 1				X
Service Coordination 2	X			
<b>Other AAA Services Provided</b>				
Senior Cool Care				X
Virginia Insurance Counseling and Assistance (VICAP)				X

# Public Input

- **COA Discussion**
- **Public Input:** Fairfax AAA will accept any comments from the public at this time.
- **Questions:** Any questions may be submitted to the COA mailbox at [dfscommissiononaging@fairfaxcounty.gov](mailto:dfscommissiononaging@fairfaxcounty.gov)

**THANK YOU!**