

FAIRFAX AREA COMMISSION ON AGING (COA)

Pennino Building – Room 200 & 206
12011 Government Center Pkwy, Fairfax, VA

FINAL MINUTES

Wednesday, June 21, 2023, 1:00 – 3:00 p.m.

Commissioners Present: Cathy Cole (Chair/At Large), Cathy Muha (Vice Chair/Sully), Joanne Collins (Secretary/Hunter Mill), Carolyn Sutterfield (City of Fairfax), Sharron Dreyer (Franconia), Jim Kirkpatrick (Springfield), Irv Katz (Mason), Diane Watson (Mount Vernon), Kay Larmer (Dranesville)

Commissioner Remote: Joe Heastie (Providence)

Commissioners Absent: Mike Perel (Braddock)

County Staff Present: Tara Turner, Beth Ann Margetta, Ana Valdivia, Fairfax Area Agency on Aging; Trina Mayhan-Webb, Nesanet Berhane, Becky Mitchell, DFS: Adult & Aging Division

Call to Order: Chair Cathy Cole called the meeting to order at 1:05 p.m. In-person Commissioner quorum present. Sharron motioned to approve Joe Heastie's remote participation. Kay seconded and motion passed unanimously.

Review of the Agenda: Cathy motioned to approve the agenda. Kay seconded and motion passed unanimously.

Approval of the minutes: The May 17, 2023, minutes were amended to include Kay as a Commissioner Present and accepted with condition that Carolyn's commissioner update from May on the Economic Mobility Program be updated to include at the July meeting. Jim motioned to approve the minutes as amended, Carolyn seconded and motion passed unanimously.

Public Comment: No public comment. Members of the public identified themselves. Dana Jones, Director of Human Services, City of Falls Church attending to represent City of Falls Church. Martha Cooper's Commissioner term ended May 31, 2023 and a new Commissioner still needs to be appointed to represent the City of Falls Church.

AAA Director's Report: Tara Turner, Director, Fairfax Area Agency on Aging

- In May, the Board of Supervisors recognized Older Americans and Abuse Prevention Month, the HS student winners of the 7th Annual Student "Shark Tank" Assistive Technology Challenge and approved Phase 1 of the SHAPE the Future of Aging Plan.
- Tara represented Supervisor Pat Herrity at the County Conversation Podcast about SHAPE. The Older Adults website page has link to SHAPE:
<https://www.fairfaxcounty.gov/familyservices/older-adults>

- Giuliana Valencia, Supervisor of the Caregiver and Supportive Services Unit, will be presenting on the Caregiver Alert Notification Program at the National US Aging Conference in July.
- Area Plan is due mid-July to the Department of Aging and Rehabilitative Services.

OLD BUSINESS (1)

AAA Assist. Program Manager: Beth Ann Margetta

- Discussion of SHAPE the Future of Aging Initiative Development Committees
 1. Committee development through invitation w/ internal & external partners
 2. Committee size goal of 10-15 members.

District Host –Hunter Mill District Supervisor Walter Alcorn

- Supervisor Alcorn thanked the Commission for its work on SHAPE
- Last fall, Supervisor Alcorn initiated a Home Sharing Board Matter with Supervisor Herrity. How do we advance Home Sharing connections within the community? At this point, promote opportunities through outreach & awareness versus direct involvement in the transactions of these programs. Discussion of historical home sharing initiatives within County. SHAPE recommendation is to share information regarding home sharing with community. Supervisor Alcorn requested feedback from COA on home sharing programs.
- Discussion of need for more affordable housing options for older adults.

OLD BUSINESS (2)

SHAPE the Future of Aging - Team Report

P – Personal Well Being: Cathy Muha & Diane Watson

- Increase inclusion & acceptance of older residents
- Increase access to & engagement w/ physical & mental health care for older residents
- Increase community engagement & decrease social isolation of older residents
- Expand nutrition and wellness activities for older residents

Discussion & suggestion of additional partners – Home Health Care Agency (Cathy C.), Parish Nurses (Kay), Gerontology Society (Irv), & Naturally Occurring Retirement Communities (Sharron)

AAA Assist. Program Manager: Beth Ann Margetta

- SHAPE 1st Year Timeline
 - Solidify Leadership Teams – confirm stakeholders & committees take shape
 - Select Focus Areas – develop goals for SHAPE process & reporting
 - Narrow Down Targets – guests or subgroup formation
 - Final Approach
 - Prepare to Land – March 15th final report

Cathy Cole – by Fall we should have a good direction and short-term goals identified.

Commissioner Updates:

Diane Watson / Mt. Vernon - HSC Council

LTCCC (Long Term Care Coordinating Council) – “What is Inclusive Community” - Presentation by Nandred Navarro, Manager, Neighborhood and Community Services

Cathy Cole (for Mike Perel) – NVAN presently forming committees

Sharron Dryer / Franconia –

Recommends Commissioners order Positive Aging Sourcebook by Steve Gurney

Kay Larmer – Health Care Advisory Board

HCAB 50th Anniversary Celebration

GrandInvolve acting Director is Michelle Duell

Irv Katz – Partnership for Healthier Fairfax/Environment

The County is developing a plan called Parks Recreation Open Space Access. The Dept of Planning and Development is developing a matrix of all the county plans and trying to see what the connections are between the plans.

NEW BUSINESS

Area Plan Presentation (FY2024) – Nesanet Berhane, Quality Assurance Manager, Adult and Aging Division/ Dept. of Family Services

- The Area Plan for Aging Services describes the scope of services to be provided by the AAA w/ funding from the Virginia Dept. for Aging & Rehabilitative Services (DARS).
- Presentation: background of the Area Agency on Agency; Area Plan service delivery categories with program titles, description, eligibility and managing unit with subsequent Commissioner discussion.
- Public comment on Area Plan – Are there emergency backup services designated in Area Plan? Tara Turner – Yes, emergency backup in contract to sustain plan services.
- Questions on Area Plan may be submitted to the COA mailbox at dfscommissiononaging@fairfaxcounty.gov

COA Officer Selection Slate –

Gavel passed to Sharron Dreyer. Nomination of Cathy Cole (Chair), Cathy Muha (Vice Chair) and Joanne Collins (Secretary). Call for nominations from the floor – none offered. Carolyn motioned to close nominations, Kay seconded and motion passed unanimously.

COA Officer Slate of Cathy Cole (Chair), Cathy Muha (Vice Chair) and Joanne Collins (Secretary) will be voted on at July COA meeting.

ANNOUNCEMENTS

July 19 COA Meeting – COA Executive Officer elections; Equity Officer, Linda Hernandez-Giblin, to discuss tools for Commissioners and Supervisor Pat Herrity will present GrandInvolve Commendation.

ADJOURNMENT

Carolyn motioned that the meeting be adjourned. Jim seconded the motion. The meeting was adjourned at 3:01 pm.

Minutes prepared by Joanne Collins, COA Secretary.
Approved: July 19, 2023

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Joanne Collins, COA Secretary

Date

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Cathy Cole, COA Chair

Date