

FAIRFAX AREA COMMISSION ON AGING (COA)

Pennino Building – Room 200 & 206
12011 Government Center Pkwy, Fairfax, VA

FINAL MINUTES

Wednesday, March 15, 2023, 1:00 – 3:00 p.m.

Commissioners Present: Cathy Cole (Chair/At Large), Cathy Muha (Vice Chair/Sully), Martha Cooper (Secretary/City of Falls Church), Carolyn Sutterfield (City of Fairfax), Irvin Katz (Mason), Sharron Dreyer (Franconia), Jim Kirkpatrick (Springfield), Mike Perel (Braddock), Diane Watson (Mount Vernon)

Commissioners Absent:

Cathy Cole asked that the Commission approve the remote participation for personal reasons for the following Commissioners: Kay Larmer (Dranesville), Joe Heastie (Providence), Joanne Collins (Hunter Mill). Sharron motioned that the three commissioners be approved for remote participation. Mike seconded. The motion carried.

County Staff Present: Tara Turner, Jacquie Woodruff, Beth Ann Margetta, Ana Valdivia, Fairfax Area Agency on Aging

Call to Order: Chair Cathy Cole called the meeting to order at 1:00 p.m.

Approval of the agenda and minutes: Carolyn motioned that the agenda and draft minutes be approved. Cathy Muha seconded. The agenda and minutes were approved.

Public Comment:

No public comment.

District Host - City of Falls Church - Dana Jones, Director of Housing and Human Services

Dana welcomed all to the City of Falls Church. A very active Human Services Advisory Council guides the city in meeting the needs of seniors and people with disabilities. Eighty units at Winter Hill apartments provide housing. Assisted living and memory care are available at other locations. A human services specialist also provides a range of services to seniors.

AAA Director's Report: Tara Turner, Director, Fairfax Area Agency on Aging

Tara Turner expressed sincere appreciation for the Commission's input in the SHAPE the Future of Aging Plan process and for their presence at the Board of Supervisors' (BOS) Older Adults Committee meeting the day before. She commended the work of current and former commissioners on their engagement and assistance with plan development.

The Virginia Governor's Conference on Aging in May will be a chance to learn additional strategies in meeting the needs of older adults. Tara will be part of a panel presenting about the Virtual Center for Active Adults in Fairfax County.

Giuliana Valencia has been chosen to present the Caregiver Alert Notification System at the USAging Conference.

The AAA is hiring an Assistant Program Manager of Supportive Services to oversee the Long Term Care Ombudsman Program, Volunteer Solutions and the Legislative unit. Lauren Elcesser, currently Assistant Program Manager of Area Agency on Aging Programs, will transition to Director of ElderLink position on April 10th. Her former position included oversight of the Nutrition unit (congregate and home-delivered meals), Aging, Disability and Caregiver resources, and ElderLink. Shannon Dodd has been selected as Assistant Program Manager of Adult Services working with the homecare unit, as well as managing agency contracts.

ElderLink is a 30-year partner which provides of services to older adults who need help but don't meet the income guidelines and cannot afford to pay services themselves. These include case management, health and wellness, work, money management and community engagement.

Presentation: Parking Reimagined Discussion – Michael Davis, Parking Program Manager, Land Development Services

Michael Davis reviewed the proposal to 'right-size' Fairfax County parking requirements. These were last revised in 1988. The Parking Reimagined project aims to address parking rates and regulations tailored to the context of land use, flexibility, simplification and predictability. Factors influencing the new requirements include the environment, storm water, equity, affordability, land use, accessibility, tree canopy, loading and unloading, even bike parking. Fairfax County has transitioned from rural and suburban county to larger urban areas with different parking needs. The new requirements aim to encourage public transportation, affordable housing, and more visitor parking in areas serving people who don't drive but need other assistance regularly. Mr. Davis noted that traditional land use development planning uses a building block, rather than a wholistic, approach. Donald Shoup's book, The High Cost of Free Parking provides information on these topics.

Public hearings on these changes will be held before the Planning Commission on April 19 in April and before the Board of Supervisors on June 6.

Discussion centered on accessibility for those with limited mobility. Specific parking lots with excessive parking spaces were mentioned. The proposed requirements will not fix all problems, but should reduce the number of spaces required and better meet the needs of pedestrians and others.

The staff welcomes input, and information is available through the project Listserv.

SHAPE the Future of Aging

Tara stated that the approach to developing, implementing, and reporting on SHAPE the Future of Aging Plan initiatives will be similar to the processes used for the 50+ Community Action

Plan. Committees will be formed with commissioners, county staff, subject matter experts, and community partners.

The Board of Supervisors will review the final SHAPE the Future of Aging Plan at their April Older Adults Committee meeting and then formally adopt the Plan at a May BOS meeting.

NEW BUSINESS

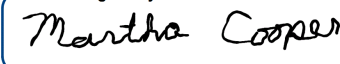
- On behalf of the COA, Cathy Cole will testify at the BOS budget hearing. The advertised budget doesn't propose any cuts that would adversely affect older adults. Cathy will thank the County Executive and BOS for the current level of funding and remind them of aging demographics for consideration in future budgets. The COA looks forward to working with the BOS on the SHAPE the Future of Aging Plan.

ANNOUNCEMENTS

- March 31- Fairfax City hosts an expo on Home for Life from 10 a.m.– 3 p.m.
- April 12 - COA testimony at BOS public hearing on FY 2024 Budget
- April 25 - 11 a.m. BOS Older Adults Committee, Government Center Room 11
- May 9 - BOS adopts FY 2024 Budget

ADJOURNMENT

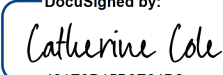
Cathy Muha motioned that the meeting be adjourned. Diane seconded. The meeting was adjourned at 3:01 p.m.

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Martha Cooper, COA Secretary

Date

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Cathy Cole, COA Chair

Date