

Fairfax Area Agency on Aging Highlights for July 2024

Fairfax County Services for Older Adults | Family Services

Golden Gazette | Family Services (fairfaxcounty.gov)

Legislative and Boards

Highlights

- The SHAPE the Future of Aging Plan has been updated to include the first annual report. It can be viewed online at: <https://www.fairfaxcounty.gov/topics/shape-future-aging>
- The Commission on Aging heard a SHAPE update during the July 24th COA meeting. The presentation highlighted the work of the “P: Personal Well-being” IDC Committee and the Stronger Memory SHAPE initiative, which is piloting brain health activities in two Fairfax County Senior Centers.
- The Northern Virginia Aging Network Legislative Breakfast will take place on Friday, September 20th, from 8:00-10:00am at the Country Club of Fairfax.

Virginia Insurance Counseling and Assistance Program (VICAP)

- Data that drives the work:
 - Phone intake: **177**
 - Completed contact cases: **273**
 - Money saved (due to Medicare Part D (prescription drug) review, Patient Assistance Programs, Medicare Part B, appeals, etc.) total: **\$86,174.86**
 - Number of Events/Presentations: **1**
- VICAP’s client base is **200,000+** county residents. VICAP is currently staffed by **2** full-time employees and **11** volunteers who provide Medicare counseling.

VICAP Information

- For more information, contact VICAP dfsvicap@fairfaxcounty.gov
- **The VICAP website** features the October 2023 **Medicare 101** and **Medicare 102** webinar recordings, the November 2023 Medicare 101 webinar recording in Spanish, and a podcast. It also includes links to Medicare and COVID-19 information, and a Senior Medicare Patrol (SMP) Consumer Fraud Alert for COVID-19.
<https://www.fairfaxcounty.gov/familyservices/older-adults/virginia-insurance-counseling-and-assistance-program-vicap>

Volunteer Solutions

- July 8-11: the Adult & Aging Director and Volunteer Solutions' Supervisor attended and presented a workshop on "Venture Into Volunteering—One Solution to Recruitment, Collaboration and Engagement" at the [USAging conference](#) in Tampa, FL.
- July 11: Regional Volunteer Coordinators facilitated the monthly virtual Connection Corner (CC) meeting for **11** volunteers to network, share ideas, attend training, learn of upcoming opportunities and events. We partnered with ElderLink to present an Embodied Labs virtual reality session on Social Isolation.
- Data that drives the work:
 - Inquiries to becoming a volunteer: **72**
 - Total volunteers who became active in a program: **17**
 - New client referrals: **26**
 - IT On Call referrals: **6**
 - Facebook Followers: **2,130**
- Upcoming Events Involving Volunteer Solutions:
 - **SAVE THE DATE:**
 - November 3: *Venture into Volunteering* will take place from 12:00pm – 4:00pm at the Springfield Town Center. For the second year, the event will take place as a part of the Beacon 50+ Expo.
 - August 17: Volunteer Solutions will staff a booth at the Springfield Bridge Walk organized by the American Legion to honor our local military community, and ends in community celebration with entertainment, refreshments, and resource information.

Volunteer Solutions Information

- Check out the Volunteer Solutions' **Caring Community Updates** to stay up to date on the latest happenings to include Volunteer Spotlights, upcoming events, and more: bit.ly/CCUPDATES
- Check Volunteer Solutions out on **Facebook**: bit.ly/VSFACEBOOK

Nutrition: Home Delivered Meals (HDM)

- During the week of July 15th, all Home Delivered Meals (HDM) participants received a fresh produce box with their regular meal delivery. The produce boxes included blackberries, raspberries, strawberries, a peach, a plum, cherry tomatoes, Persian cucumbers, snap peas, broccoli florets, a green pepper, a red pepper, and a clementine.
- During the week of July 29th, all HDM participants received two boxed lunches in addition to their regular meal delivery of 11 meals.

How to Request Meals

- Call 703-324-5409, TTY 711 to request service, make a referral or get more information.
- Family members, caregivers, friends, and medical professionals can make referrals.
- A social worker will call to conduct an assessment to determine eligibility.
- The Nutrition Unit continues to provide HDM services to eligible adults over age 60 or adults over age 18 with a disability.
- For more information visit: <https://www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-meals-on-wheels>

Nutrition: Congregate Meals

- The results of the 2024 Congregate Nutrition satisfaction survey are currently being tabulated. To meet the language needs of our diverse Fairfax County residents, the surveys were offered in six languages: Chinese, English, Farsi, Korean, Spanish, and Vietnamese.
- In July, the program had the pleasure of hosting a Dietetic Intern from George Mason University. During the internship, the intern had the opportunity to shadow a Home Delivered Nutrition case manager on a home visit and attend a menu planning session with a meal vendor for our older adult nutrition program. Additionally, the intern conducted nutrition education sessions at two meal sites.
- The Congregate Nutrition Program continues to provide nutritious meals and opportunities for socialization and recreation to county residents aged 60 and over at Fairfax County Senior Centers and Adult Day Health Centers.

Caregiver and Support Services

- July 12: staff hosted an Intergenerational Workshop: *Modern & Contemporary Family Dance Class*. **18** people received the slides and recording, and **5** people attended the live session.
- July 17: staff hosted a caregiver webinar on *Dimensions of Caregiver Wellness*. **178** received the slides and recording, and **44** people attended the live session.
- July 19: staff hosted an Intergenerational Workshop: *Sticky Fingers Cooking Class*. **38** people received the slides and recording, and **15** people attended the live session.

- July 26: staff hosted an Intergenerational Workshop: *Family Yoga: Bonding Through Balance*. **39** people received the slides and recording, and **13** people attended the live session
- During July, **8** Caregiver Alert notifications were sent via email, text messages, and voice communication methods. The notifications contained information on ElderLink’s Virtual Support Call, Virtual Community Forum for Family Caregivers, Summer Entertainment Series, Farmers Market, and Exploring the Dimensions of Aging. Currently, there are **1,601** subscribers.
- The caregiver column for the Golden Gazette included a message about, “Technology and Caregiving”, and provided information on Caregiver Unit-hosted webinars.
- The monthly Caregiver Webletter was emailed to **2,969** people, with information on Caregiver Unit-hosted webinars, Exploring the Dimensions of Aging, ElderLink’s Virtual Support Call, Caring for You, Caring for Me, Helping Hands Stroke Club, and a Community Forum for Family Caregivers.
- The Fenwick Foundation Partnership Program supports family caregivers by providing free events and activity opportunities, such as tickets to theaters, plays, musicals, baseball games, and more. Currently, The Fenwick Foundation is providing access to virtual and in-person events such as live shows, music events, museums, ballets, and holiday shows. The program accepts referrals from the Department of Family Services, Adult Day Health Centers, and other county programs. The program currently has **34** participants.
- July 3: a staff member attended the Wakefield Farmers Market to staff a AAA resource table.
- July 3: a staff member attended The Northern Virginia Dementia Care Consortium’s Subcommittee meeting to assist with planning and providing feedback and information for their annual Caregiver’s conference.
- July 10: a staff member attended the Wakefield Farmers Market to staff a AAA resource table.
- July 18: a staff member attended the Virginia Caregiver Coalition Executive Committee.
- July 26: a staff member provided a presentation on “Caregiver Issues and Resources” at the Church of Christ in Falls Church. **10** congregation members attended.

Caregiver Information

- To access the Intergenerational Workshop: **Modern & Contemporary Family Dance Class** recording: <https://bit.ly/FFXDanceClass>
- To access the **Dimensions of Caregiver Wellness** recording: <https://bit.ly/FFXCaregiverWellness>
- To access the Intergenerational Workshop: **Sticky Fingers Cooking Class** recording: <https://bit.ly/FFXCookingClass>
- To access the Intergenerational Workshop: **Family Yoga – Bonding Through Balance** recording: <https://bit.ly/FFXFamilyYoga>
- **Caregiver Webinars.** Online Registration for upcoming sessions: <https://bit.ly/CAREWEB1>
- Sign up for upcoming **Dementia Friends Information Sessions:** <https://bit.ly/DementiaFriendlyFairfax>
- **Intergenerational Workshops.** Online Registration for upcoming sessions: <https://bit.ly/StayingWell-123>
- **Caregiver webpage:** [Family Caregiver Support Programs | Family Services \(fairfaxcounty.gov\)](https://www.fairfaxcounty.gov/family-caregiver-support)

- July 23: The Dementia Friendly Fairfax (DFF) Action Team met and discussed a new partnership with libraries, faith communities and the high school system to increase the number of dementia friends in Fairfax. The next meeting will take place on August 27th.
- Discretionary Funds Programs provide durable medical equipment and adaptive equipment to clients who need financial help. These programs supported **3** clients and provided **3** items in July.
- The Residential Repair & Renovation (R&R) Program helps seniors 60 years of age or older remain safely in their homes by providing home repairs and modifications. In July, there were **4** new requests, and **0** jobs completed.
- The Occupational Therapist (OT) Consultation Program sends out an OT to perform a home safety evaluation for A&A clients, based on referrals from case workers. There were **6** new referrals, and **5** consultations completed in July.
- The Chore Services Program allows the AAA to provide services for Adult & Aging clients, 60 years or older, who can no longer perform these services themselves and who do not have the means to hire someone to provide the specified service(s). Services may include heavy housekeeping, yardwork, minor appliance repair, and painting (limited). In July, there were **3** requests, and **3** jobs completed.

ElderLink

- Staffing:
 - ElderLink is excited to welcome Giovanni Hinton! Giovanni will be joining the team on 08/19 as a Social Worker Case Manager I, with the primary focus of supporting the Money Management Program. Giovanni brings to the team varied experiences of providing intervention and support related to mental health and discharge planning.
 - ElderLink is recruiting for a Social Work Case Manager position. This position supports general case management, caregiver support, and workshop facilitation services. The link to the Job Advertisement: [ElderLink Social Worker Case Manager I | Job Ad](#)
 - One of our Social Work Case Managers will be precepting a social work intern student for the 2024/25 academic year.
- Health and Wellness Programming:
 - Workshop in session

ElderLink Services and Events

- To register for **Virtual Walk with Ease**, please contact (703) 324-7577 or visit <https://tinyurl.com/ElderLinkWWE>
- To register for **Virtual Support Call for Caregivers of Older Adults**, please contact ElderLink intake line, (703) 324-5374, or visit www.tinyurl.com/CaregiverTSG
- To register for **Exploring Dimensions of Aging Through Virtual Reality**, visit <http://tinyurl.com/exploring-aging>
- ElderLink is accepting **referrals** for all programs, including:
 - Caregiver Support, Health and Wellness Classes, and Case Management Services.** Please contact the ElderLink intake line at: (703) 324-5374.

- In-person, Chronic Pain Self-Management workshop hosted at the Spring Hill Community in Lorton, Tuesdays, 07/16-08/27, 1:00-3:00pm.
- Upcoming Workshop
 - Virtual Walk with Ease, Thursdays, August 22-September 26, 10:30-11:30 am.
- Leader Training
 - A Social Work Case Manager will be cross-trained in the Diabetes Self-Management Program on 8/07.
 - Two of our Social Work Case Managers will be cross-trained in the Chronic Pain Self-Management Program on 8/14.
- Caregiver Support Programming:
 - Virtual Support Call for Caregivers of Older Adults via MS Teams, 2nd Tuesday of each month, 7:00-8:00pm.
 - August 13: The Caregiver Roller Coaster – The Lows and Highs of Caregiving – Even with good planning, caregiving is an unexpected adventure. Join us for a discussion about the ups and downs, and the challenges and successes of your caregiving journey.
- Exploring Dimensions of Aging Through Virtual Reality:
 - July 10: four team members had the opportunity to provide a demo presentation of the Frank Lab, focusing on Social Isolation, to the Coordinating Council on Aging and Adults with Disabilities.
 - July 10: four team members provided an overview of the Exploring Dimensions of Aging pilot project and to facilitate the Frank Lab to the Volunteer Solutions' Connections Corner.

Northern Virginia Long-Term Care Ombudsman Program

The Ombudsman Program Information

- The Ombudsman Program maintains certification as a SAGECare Platinum credentialed organization. SAGECare credentialing includes aging LGBTQ+ cultural competency training, which supports an inclusive, person-centered approach to care and furthers the mission of the LTC Ombudsman Program to promote quality of care and life for persons receiving long-term care services.

How to request an outreach presentation

- The Ombudsman Program always welcomes the opportunity to educate the community about the program and promote quality of care and life for persons receiving long-term care services. To request an online or in-person outreach presentation, please contact the program via phone 703-324-5861 or by email: nvltop@fairfaxcounty.gov.
- July 16: The Ombudsman Program participated in a training video series for the National Alliance to End Homelessness. Staff provided education about the Ombudsman Program and housing options available to the homeless, including long-term care facilities.

Aging Disability Caregiver Resource Intake Statistics July 2024

Adult Protective Services	261
Adult Services Referrals Sent	217
ADCR Consultation	169
Nutrition/MOW	104
CCC+/ALF screenings, info only	99
Adult Services, info only	93
Housing	86
APS, info only	75
Benefits	73
Transportation	60
VICAP	54
Home Care Registry	51
Coordinated Services Planning	50
ElderLink	47
Legal Services	44
Fuel/Cooling Assistance/Fan Care	43
Nursing Home	33
Home Based Care, Info Only	32
Financial	31
Assisted Living Facility	30
Disability Services	29
Mental Health/Substance Abuse	28
Caregiver Support	27
Volunteer Solutions	25
Police Emergency and Non-Emergency	25
Burial/Cremation	25
Ombudsman	24
Adult Day Care	23
Home Repair	22
Senior Center	21
Employment	17
Golden Gazette	17
Respite	16
Tax Administration	15
Durable Medical Equipment	13
Domestic Violence/Victim Witness	11
Social Security	9
Environmental Services	8
Health and Wellness Programs	3
Medical/Dental	3

TOTAL

2,013

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Legislative and Boards

Highlights

- The SHAPE the Future of Aging Plan has been updated to include the first annual report. It can be viewed online at: <https://www.fairfaxcounty.gov/topics/shape-future-aging>
- The SHAPE Data Analytics working group has been working on a summary of the Market Research findings for the Commission on Aging and SHAPE teams. The Data Analytics team will present their summary in the coming months.
- The Northern Virginia Aging Network Legislative Breakfast will take place on Friday, September 20th, from 8:00-10:00am at the Fairfax Country Club.

Virginia Insurance Counseling and Assistance Program (VICAP)

- Data that drives the work:
 - Phone intakes: **156**
 - Completed contact cases: **256**
 - Money saved due to Medicare Part D prescription drug review, Patient Assistance Programs, Medicare Part B, appeals, etc. total: **\$5,700.00**
 - Number of Events/Presentations: **3**
- VICAP's client base is 200,000+ county residents. VICAP is currently staffed by **2** full-time and **11** volunteers who provide Medicare counseling.
- VICAP Coordinators attended the Centers for Medicare & Medicaid Services (CMS) training to learn about the Medicare updates for the upcoming open enrollment season.
- VICAP team trained & conducted **2** training sessions on Medicare 101/Medicare Part D (PDP) for the Community Services Board Part D Counselors and Department of Family Services Case Managers.

VICAP Information

- For more information, contact VICAP dfsvicap@fairfaxcounty.gov
- **The VICAP website** features the October 2023 **Medicare 101** and **Medicare 102** webinar recordings, the November 2023 Medicare 101 webinar recording in Spanish, and a podcast. It also includes links to Medicare and COVID-19 information, and a Senior Medicare Patrol (SMP) Consumer Fraud Alert for COVID-19. <https://www.fairfaxcounty.gov/familyservices/older-adults/virginia-insurance-counseling-and-assistance-program-vicap>

Volunteer Solutions

- August 15: Regional Volunteer Coordinators facilitated the monthly virtual Connection Corner (CC) meeting for **5** volunteers to network, share ideas, attend training, learn of upcoming opportunities and events. A Volunteer Solutions volunteer, Laura Pagoon who is a board-certified veterinarian who serves as a veterinary pathologist highlighted the ways in which pets can enhance the well-being of their owners, and vice versa, and important factors to consider while exploring the possibility of adopting a pet.
- August 17: Volunteer Solutions staffed a booth at the Springfield Bridge Walk organized by the American Legion honoring our local military community, which ended with a community celebration with entertainment, refreshments, and resource information. There were **75** people in attendance.
- Data that drives the work:
 - Inquiries to becoming a volunteer: **58**
 - Total of volunteers became active in a program: **10**
 - New client referrals: **7**
 - IT On Call referrals: **4**
 - Facebook Followers: **2,137**
- Upcoming Events Involving Volunteer Solutions:
 - September 18: Herndon Harbor Health Fair
 - September 25: GMU Service Fair
 - September 25: Great Falls Women's Club/Great Falls Library Community presentation
 - October 5: Vienna Health Fair
 - October 19: Kensington - Community Symposium on Aging Well
 - SAVE THE DATE:
 - November 3: *Venture into Volunteering* will take place from 12:00 – 4:00pm at the Springfield Town Center. For the second year, the event will take place as a part of the Beacon 50+ Expo.

Volunteer Solutions Information

- Check out the Volunteer Solutions **Caring Community Updates** to stay up to date on the latest happenings to include Volunteer Spotlights, upcoming events, and more: bit.ly/CCUPDATES
- Check Volunteer Solutions out on **Facebook**: bit.ly/VSFACEBOOK

Nutrition: Home Delivered Meals (HDM)

- During the week of August 12th, all Home Delivered Meals (HDM) participants received a fresh produce box with their regular meal delivery. The produce boxes included blackberries, raspberries, strawberries, a peach, a plum, cherry tomatoes, Persian cucumbers, snap peas, broccoli florets, a green pepper, a red pepper, and a clementine.
- During the week of August 26th, all HDM participants received two boxed lunches in addition to their regular meal delivery of 11 meals.
- During the week of August 26th, volunteers from Volunteer Solutions started the distribution of 100 Claris Tablets to identified HDM participants who are 60 years of age and older and live alone or have limited social support. The goal of the program and tablets is to combat social isolation and loneliness by strengthening clients' support networks and community connections. Tablets will be distributed throughout August, September, and the first week of October.
- The Nutrition Unit continues to provide HDM services to eligible adults over age 60 or adults over age 18 with a disability.

How to Request Meals

- Call 703-324-5409, TTY 711 to request service, make a referral or get more information.
- Family members, caregivers, friends, and medical professionals can make referrals.
- A social worker will call to conduct an assessment to determine eligibility.
- The Nutrition Unit continues to provide HDM services to eligible adults over age 60 or adults over age 18 with a disability.
- For more information visit: <https://www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-meals-on-wheels>

Nutrition: Congregate Meals

- The Congregate Nutrition Program (CNP) is pleased to report 90% meal satisfaction for FY2024.
- The CNP Program Coordinator is currently conducting nutrition site monitoring visits.
- The Congregate Nutrition Program continues to provide nutritious meals and opportunities for socialization and recreation to county residents aged 60 and over at Fairfax County Senior Centers and Adult Day Health Centers.

Caregiver and Support Services

- August 14: a Dementia Friends Information Session was held. **72** people registered, and **51** people attended the presentation.
- August 14: **1** staff member attended The Community Outreach Professionals Committee meeting to assist with inter-departmental planning and providing of feedback and information for community engagement and outreach.
- August 16: a staff member attended the McLean Farmers Market to staff a AAA resource table.
- August 20: **2** staff members attended the Virginia Caregiver Coalition Executive Committee. In the meeting, the group shared updates, caregiver concerns, and funding updates.
- August 21: staff hosted a caregiver webinar on *Supporting Loved Ones with Hoarding*. **171** received the slides and recording, and **92** people attended the live session. Recording available at <https://bit.ly/FFXHoarding>
- August 27: The Dementia Friendly Fairfax (DFF) Action Team met and discussed new partnerships, outreach initiatives and upcoming presentations. The next meeting will take place on September 24th.
- During August, **9** Caregiver Alert Notifications were sent via email, text messages, and voice communication methods. The notifications contained information on ElderLink's Virtual Support Call, Supporting Loved ones with Hoarding, Helping Hands Stroke Club Speech Therapy, Sitting Meditation, Human Services Mobility Management, Virtual Walk with Ease, Oral Health Techniques for Caregivers, Dementia Friends Information Session, and Helping Hands Stroke Club. Currently, there are **1,624** subscribers.
- The caregiver column for the Golden Gazette included a message about, "Long-Distance Caregiving", and provided information on the events: Virtual Dementia Friendly Information Session, Supporting Loved Ones with Hoarding, Fairfax Caregiver Alert Notifications and Improv at the Library.
- The monthly Caregiver Webletter was emailed to **2,972** people, with information on the Supporting Loved Ones with Hoarding, Dementia Friends Information Session, Exploring the Dimensions of Aging, ElderLink's Virtual Support Call, Virtual Walk with Ease Program, Helping Hands Stroke Club, Helping Hands Stroke Club- Speech Therapy, Death Café and a Sitting Meditation.
- The Fenwick Foundation Partnership Program supports family caregivers by providing free events and activity opportunities, such as tickets to theaters, plays, musicals, baseball games, and more. Currently, The Fenwick Foundation is providing access to virtual and in-person events such as live shows, music events, museums, ballets, and holiday shows. The program accepts referrals from the Department of Family Services, Adult Day Health Centers, and other county programs. The program currently has **34** participants.
- Discretionary Funds Programs, which provide durable medical equipment and adaptive equipment to clients who need financial help, assisted **1** client and provided **3** items in August.

Caregiver Information

- **Caregiver Webinars.** Online Registration for upcoming sessions: <https://bit.ly/CAREWEB1>
- Sign up for upcoming **Dementia Friends Information Sessions:** <https://bit.ly/DementiaFriendlyFairfax>
- **Caregiver webpage:** [Family Caregiver Support Programs | Family Services \(fairfaxcounty.gov\)](#)

- The Residential Repair & Renovation (R&R) Program helps seniors 60 years of age or older remain safely in their homes by providing home repairs and modifications. In August, there were **3** new requests, and **4** jobs completed.
- The Occupational Therapist (OT) Consultation Program sends out an OT to perform a home safety evaluation for A&A clients, based on referrals from case workers. There were **0** new referrals, and **1** consultation completed in August.
- The Chore Services Program allows the AAA to provide services for Adult & Aging clients, 60 years or older, who can no longer perform these services themselves and who do not have the means to hire someone to provide the specified service(s). Services may include heavy housekeeping, yardwork, minor appliance repair, and painting (limited). In August, **4** requests were received, and **4** jobs completed.

ElderLink

- Staffing:
 - On August 26th, ElderLink welcomed Linda Ramos, MSW Intern from George Mason University for the upcoming 2024-2025 Academic year! Linda is currently a part-time employee with Fairfax County Adult Protective Services. We are delighted to have her support and look forward to the contributions she will make through her work with ElderLink. Delma Thompson will serve as Linda's Internship Field Instructor.
 - ElderLink is recruiting for two Social Work Case Manager I positions. These positions support general case management, caregiver support, and workshop facilitation services. The link to the Job Advertisement: [ElderLink Social Worker Case Manager I | Job Ad](#)
- Health and Wellness Programming:
 - In honor of fall prevention month, ElderLink's fall prevention programming is highlighted in the September edition of the Golden Gazette.
 - Workshop in Session
 - Virtual: Walk with Ease, Thursdays, August 22-September 26, 10:30-11:30 am
 - Upcoming Workshops
 - In-person: A Matter of Balance at the Vienna Community Center, Mondays, 9/09-10/28, 10:00am-12:00pm. Registration has reached full capacity.

ElderLink Services and Events

- To register for **Caring for You, Caring for Me Workshop (CFYCFM)**, please contact 571-407-6584, or visit <https://tinyurl.com/CFYCFM4U>
- To register for **Virtual Support Call for Caregivers of Older Adults**, please contact ElderLink intake line, (703) 324-5374, or visit www.tinyurl.com/CaregiverTSG
- To register for **Dimensions of Caregiver Wellness**, visit <https://bit.ly/CAREWEB1>
- To register for **Diabetes Self-Management**, visit www.tinyurl.com/DSMP123
- To register for **Exploring Dimensions of Aging Through Virtual Reality**, visit <http://tinyurl.com/exploring-aging>
- ElderLink is accepting **referrals** for all programs, including:
 - Caregiver Support, Health and Wellness Classes, and Case Management Services.** Please contact the ElderLink intake line at: (703) 324-5374.

- In-person: A Matter of Balance at the Falls Church Community Center, Wednesdays, 09/11-10/30, 1:00-3:00pm. Registration has reached full capacity.
 - In-person: Bingocize at George Mason Regional Library (7001 Little River Tpke, Annandale 22003), Wednesdays and Fridays, 10/02-12/13, 2:00-3:00pm.
To register: <https://tinyurl.com/Bingocize123> or call Deme Warner, 703-237-6027, TTY 711.
 - Caregiver Support Programming:
 - Virtual Support Call for Caregivers of Older Adults via MS Teams, 2nd Tuesday of each month, 7:00-8:00pm.
 - September 10: Emergency Preparedness for Caregivers. When emergencies arise, caregivers often face a multitude of concerns regarding the wellbeing of their loved one. Join us for a brief presentation and discussion facilitated by the Department of Emergency Management and Security (DEMS) on the topic of Emergency Preparedness including considerations to be made, actions steps that you can take now, and learning about resources available to assist. To register: Visit www.tinyurl.com/CaregiverTSG or call ElderLink intake 703-324-5374.
 - September 28: Exploring Dimensions of Aging Through Virtual Reality. ElderLink staff had the opportunity to share an overview of the Exploring Dimensions of Aging pilot project and to demo the Frank Lab, focusing on Social Isolation, to the DARS Deputy Commissioner Kiersten Ware and guests from the 50+ Community Ambassadors.
 - The following training sessions for community caregivers are open for registration. Online registration is available at the following location: <http://tinyurl.com/exploring-aging>:
 - 9/10: Elder Safety & Well-Being Lab, 12:00pm-1:15pm
 - 9/17: The Frank Lab (Social Isolation), 2:00pm-3:15pm
 - 9/23: The Dima Lab (Parkinson's Disease & Lewy Body Dementia), 2:00pm-3:15pm.
 - Please refer community members to the ElderLink intake line 703-324-5374 to learn more about ElderLink programming, to include options for caregiver support, health and wellness classes, and case management services.
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Northern Virginia Long-Term Care Ombudsman Program

The Ombudsman Program Information

- The Ombudsman Program maintains certification as a SAGECare Platinum credentialed organization. SAGECare credentialing includes aging LGBTQ+ cultural competency training, which supports an inclusive, person-centered approach to care and furthers the mission of the LTC Ombudsman Program to promote quality of care and life for persons receiving long-term care services.

How to request an outreach presentation

- The Ombudsman Program always welcomes the opportunity to educate the community about the program and promote quality of care and life for persons receiving long-term care services. To request an online or in-person outreach presentation, please contact the program via phone 703-324-5861 or by email: nvltcop@fairfaxcounty.gov.

Ageing Disability Caregiver Resource August, 2024

Adult Protective Services	259
Adult Services Referrals Sent	211
ADCR Consultation	144
Nutrition/MOW	123
CCC+/ALF screenings, info only	118
Adult Services, info only	90
APS, info only	75
Benefits	70
Transportation	60
Housing	56
Home Care Registry	46
ElderLink	30
Coordinated Services Planning	28
Burial/Cremation	25
Ombudsman	24
Legal Services	23
Home Based Care, Info Only	23
Adult Day Care	23
Home Repair	22
Assisted Living Facility	22
Mental Health/Substance Abuse	21
Senior Center	21
VICAP	21
Nursing Home	21
Caregiver Support	20
Police Emergency and Non-Emergency	18
Employment	17
Golden Gazette	17
Respite	16
Volunteer Solutions	15
Tax Administration	15
Fuel/Cooling Assistance/Fan Care	15
Financial	14
Disability Services	14
Durable Medical Equipment	13
Domestic Violence/Victim Witness	11
Social Security	9
Environmental Services	8
Health and Wellness Programs	3
Medical/Dental	3
TOTAL	1,764