

FAIRFAX AREA COMMISSION ON AGING (COA)

VIRTUAL – VIDEO/AUDIO MEETING

Zoom: <https://us06web.zoom.us/j/86440398946>

Password: @COA062024

Or

Telephone: 888 270 9936 (US Toll Free) or 602 333 0032

Conference Code: 985044

FINAL MINUTES

Wednesday, June 12, 2024, 12:00 – 2:00 p.m.

Commissioners Present: Cathy Cole (Chair/At Large), Joanne Collins (Secretary/Hunter Mill), Kay Larmer (Dranesville), Jim Kirkpatrick (Springfield), Sharron Dreyer (Franconia), Joe Heastie (Providence), Irv Katz (Mason), Mike Perel (Braddock), Diane Watson (Mt. Vernon)

Commissioners Absent: Cathy Muha (Vice Chair/Sully)

County Staff Remote: Tara Turner, Linda Hernandez-Giblin, Beth Ann Margetta, Ana Valdivia, Katie Jantzi, Fairfax Area Agency on Aging; John Ruthinoski, Kelsey Brewster, DFS: Data Analytics Unit; Teebe Negasi, Kathleen Thomas, DFS: Adult and Aging Division; Ann Kim, DFS: Disability Rights and Resources; Gwen Minton, BOS: Hunter Mill District, Chris Delta, BOS: Mason District

Call to Order: Chair Cathy Cole called the first all-virtual public meeting of the calendar year to order at 12:02 p.m.

Roll Call to Proceed with Electronic Meeting:

Chair Cathy Cole called the roll, and all the commissioners participating stated their name and the location from which there were participating.

Commissioners present were:

- Kay Larmer from Stafford VA, representing Dranesville District.
- Irv Katz from his home in Falls Church, representing Mason District.
- Mike Perel from his home in the Braddock vicinity, representing Braddock District
- Sharron Dreyer from her home in Springfield, representing Franconia District.
- Joe Heastie from his home in Fairfax City, representing Providence District.
- Jim Kirkpatrick from his home in the Springfield, representing Springfield District.
- Joanne Collins from her home in Reston, representing Hunter Mill District.
- Cathy Cole from her home in Springfield, serving as the At-Large Representative.

Cathy Cole determined that the COA had a quorum present via electronic connection and that each Commissioner could be seen and their voice could be heard by all participating members of

the Fairfax Area Commission on Aging. A motion to approve proceeding with the meeting was approved unanimously.

Review of the Agenda: A motion was made to adopt the agenda. The motion was seconded and adopted without objection.

Approval of the minutes: Review of the May 15, 2024 minutes. Mike motioned to approve the minutes. Jim seconded; the draft minutes were approved.

Public Comment: No public comment. Members of the public identified themselves - Leslyn Barrow, Human Services Specialist, City of Falls Church; Marie Norman, Braddock District Council.

AAA Director's Report: Tara Turner, Director, Fairfax Area Agency on Aging

- Golden Gazette Special Edition: SHAPE the Future of Aging: Year One
- Save the Date, Sunday, Nov 3rd 12noon-4pm: Venture into Volunteering Fair at Springfield Town Center. Part of the larger Beacon 50+ Expo event.
- Mature Living, Channel 16 through July 2024: highlights ways older adults can remain active and engaged.

District Host: Hunter Mill, Supervisor Walter Alcorn

- The May 14th Older Adults meeting had great participation from the COA and highlighted its activism and Cathy's great leadership.
- Two important items that the BOS deals with are land use issues and the budget.
 - Existing senior housing challenges due to facilities aging out. Lake Anne Fellowship House was completely rebuilt in collaboration with Fairfax County, state and federal monies.
 - Post-pandemic both public and community health sections were added to the Fairfax County Comprehensive Plan. Everyone needs access to medical care. To encourage healthy living habits, residents need access to trails and public transportation.
 - Supervisor Smith chairs the land use policy committee and would welcome input and engagement from the COA.
- Supervisor Alcorn discussed comprehensive plan updates and zoning with COA commissioners.

Presentation – Addressing Ageism – Tracey Gendron, MS, Ph.D., Chair and Professor, Department of Gerontology Executive Director, Virginia Center on Aging College of Health Professions, Virginia Commonwealth University

- Ageing is universal and the process of change over time. Do not couch aging as a decline overtime.
- What does ageism look like? Ageism is anytime we experience labeling based on age. It could be young or old. We stigmatize what it is to be old. There is fear and shame on becoming old.

- Ageism exists everywhere – relationships, lyrics, books, healthcare, embedded in our policies and culture.
- Think of people as individuals. Do not generalize people of a certain age.
- Discussion with COA commissioners - think bigger on SHAPE policies, embed language into the plan.

Commissioner Update: Diane Watson (Mt. Vernon, Burke). Cathy Cole motion to participate virtually at 1:15pm was approved.

Presentation – Area Plan – Nesanet Berhane, MPA, CPM, | Quality Assurance Manager, Adult and Aging Division

- The Area Plan for Aging Services describes the scope of services to be provided by the AAA with funding from the Virginia Department for Aging and Rehabilitative Services (DARS). Contract Oct 2023-2027.
- Updates to the plan services presented and discussed.

OLD BUSINESS

SHAPE the Future of Aging – Market Research Feedback, Tara Turner, Director, Fairfax Area Agency on Aging, and Kathleen Thomas, Communications Specialist, Department of Family Services

- AAA is addressing the CASOA survey results through a market research and awareness campaign.
- Feedback activity – requested phrases from commissioners on the topics of social isolation and awareness of OA services. Results will be shared with Identika.

NEW BUSINESS

Approve Remote Participation and All-Virtual Public Meetings policies –

- Discussion of remote participation policy changes with questions asking for clarification.
- Sharron motioned to approve the remote participation and all-virtual public meetings policy; Irv seconded and motion approved unanimously.

COA Officer Selection Slate –

- COA Officer Slate of Cathy Cole (Chair), Cathy Muha (Vice Chair) and Joanne Collins (Secretary) will be voted on at July COA meeting.

Announcements:

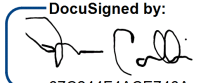
July 24, 2024 2pm, Pennino Building 5th floor, COA Meeting (in-person) – Mason is host.

ADJOURNMENT

Motion to adjourn meeting approved. Meeting adjourned at 2:09pm.

Minutes prepared by Joanne Collins, COA Secretary.

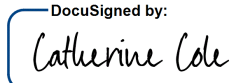
Approved: July 24, 2024

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07/25/2024 | 17:26:41 EDT

Joanne Collins, COA Secretary

Date

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07/31/2024 | 11:03:57 EDT

Cathy Cole, COA Chair

Date