

**FAIRFAX AREA COMMISSION ON AGING (COA)
EXECUTIVE COMMITTEE**

Virtual Meeting

DRAFT MINUTES

Wednesday, April 9, 2025

COA Executive Committee Members Present:

Cathy Muha (Sully, Vice Chair) and Jim Kirkpatrick (Springfield, Secretary)

Other Commissioners Present:

Irv Katz (Mason) and Manisha Maskay (City of Fairfax)

County Staff Present:

Beth Ann Margetta and Linda Hernandez-Giblin - Area Agency on Aging (AAA)

Call to Order

Acting Chair, Cathy Muha, called the COA Executive Committee public meeting to order at 1:20 p.m. Jim recorded the minutes.

Review of the Agenda and Draft Minutes:

Today's agenda and Minutes from the March 12, 2025 meeting were approved unanimously.

Public Comment

None

Executive Committee Meeting Discussion

- **April COA Meeting**
 - Supervisor James N. Bierman, Jr, Dranesville District, will host and may send a video in lieu of attending. Tara will not be attending
 - Kathleen Thomas, Communications Specialist, Department of Family Services, will talk about the Partners' Toolkit.
 - AAA staff will update the COA Bylaws, recommended by the County Attorney, to bring the Bylaws up to date with the Federal Register. The draft will be available for review with the goal of voting on the changes at the May meeting.
- **Other Topics**
 - Beth Ann noted that the annual report to the Supervisors on SHAPE progress will be shortened compared to last year, since it will be a component of the meeting, which will also focus on Scams affecting older adults.
 - Irv and Manisha led a discussion on how reframing aging can be incorporated as an overarching component to how the County does business. Four initiatives under the title of "Reframing Aging - Eliminating Ageism" were reviewed and supported by those present. It was decided that they should be called objectives

rather than initiatives. Cathy mentioned that her subcommittee's work on reducing isolation for seniors fits nicely into the spirit of the document.

Adjournment:

Jim motioned that the meeting be adjourned, seconded by Cathy. The meeting was adjourned at 2:30 p.m.