

**Attachment C Notice of February 2026 COA Meeting**  
**FAIRFAX AREA COMMISSION ON AGING (COA)**

**Pennino Building – Room 505**  
12011 Government Center Pkwy, Fairfax, VA

**DRAFT MINUTES**

**Wednesday, January 21, 2025, 1:00 – 3:00pm**

**Commissioners Present:** Irv Katz (Chair/City of Falls Church), Cathy Cole (Vice-Chair/At Large), Jim Kirkpatrick (Secretary/Springfield), Sharron Dreyer (Franconia), Pat Humphlett (Mason), Brenda Irons-LeCesne (Hunter Mill), Dan Lee (Providence), Manisha Maskay (City of Fairfax), Cathy Muha (Sully), Mike Perel (Braddock) and Juan Tuason (Dranesville)

**Commissioners Absent:** Diane Watson (Mt. Vernon)

**County Staff Present:**

- DFS – Fairfax Area Agency on Aging: Trina Mayhan-Webb, Beth Ann Margetta, Linda Hernandez-Giblin, Jazmin Herring, Claudia Vila and John Ruthinoski

**Guests:** Marie Norman and Andrea Lewis

**Call to Order and Roll Call:** Irv called the meeting to order at 1:01pm followed by introductions of attendees, including commission members, staff and guests.

**Approval of the Agenda and Minutes from previous meeting:** Sharron made a motion to adopt today's Agenda and Minutes from the December 17<sup>th</sup> meeting. Cathy seconded the motion. The Agenda and Minutes were adopted without objection.

**Public Comment:** Marie Norman reminded attendees to advocate for people with hearing loss in both government and commercial places where bad acoustics and loud background noises are prevalent.

**District Host Presentation: Supervisor Rachna Sizemore Heizer, Braddock District (virtual):**

- Supervisor Sizemore Heizer has been on the job for a month and has lived in the Braddock District since 2001. She is a lawyer by trade and taught at GMU. Spent six years on the Fairfax County Public School Board.
- Supports Fairfax County as a place where older adults are aware of and connected to resources to age in place. Has personal experience as a caregiver helping her mother and mother-in-law.
- The Supervisor stressed the importance of services to help older adults stay in their homes, stay connected to people and be involved in social activities.

**Area Agency on Aging (AAA) Director's Report: Beth Ann Margetta substituting for Tara Turner:**

- The monthly “Adult and Aging Program Highlights” publication has been enhanced with expanded information to Adult Protective Services and Adult Services highlights to give a fuller picture of the work of the Division.
- Two new Public Service Announcement videos: “A Pivotal Moment in Aging” and “Adult Protective Services” have been produced and were shown to attendees. These can be found on the A&A website.
- In response to questions on marketing these videos to the public, Trina noted some of the places they have been posted to include YouTube, Facebook and other social media, as well as distributed to the Board of Supervisors and Channel 16. Staff have also provided the public service announcements to a local theater owner for showing with ads prior to movies starting.

**Special Presentation: Kristin Martin, Case Worker - Inova ElderLink:**

- ElderLink was formed in 1991 as a non-profit partnership between Inova and the Fairfax Area Agency on Aging, supported by federal, state and local funding.
- Its mission is to promote and coordinate the well-being, safety and independence of older adults and caregivers.
- Highlights of the program and specific services provided to seniors and caregivers were discussed and copies of the briefing were distributed to attendees.

**Old Business:**

- Updated drafts of the County's Remote Participation and All-Virtual Public Meeting policies, which had previously been distributed, were approved by unanimous vote. The Commission must approve the policies annually.
- Irv noted that two key themes from the COA's review of priority initiatives during last meeting's breakout sessions were “connectedness and engagement,” both of which require effective communications. The terms “ecosystem” and “infrastructure” came up, in terms of how to translate what the SHAPE IDC priorities offer to the general public. Manisha emphasized how important it is to have clear and consistent messaging.
- In looking at communications between the five SHAPE subcommittees, using the Portal was discussed, along with the admission that many are not using it to post information.
- Mike pointed out that the County's website AI Chat function has a long way to go to be useful as a search tool. Beth Ann noted that improvements are ongoing with the chat function and that user feedback is welcome. AAA staff will send the links to provide feedback.
- John will support developing a summary of the Identika market research findings and recommendations.

**New Business:**

- A Sully Seniors Safety Seminar will be held on January 22.
- Beth Ann explained that currently the Fairfax Area Coordinating Council on Aging and Adults with Disabilities (CCAAD) serves as the Advisory Council for No Wrong Door. Effective March 1<sup>st</sup>, the COA will assume the Advisory Council function, which aligns with the roles and responsibilities of the Commission's existing work and mission. The Virginia No Wrong Door is a Department of Aging and Rehabilitative Services (DARS) led initiative that supports older adults, individuals with disabilities, veterans, caregivers, and their communities in making informed choices about long-term care by providing accessible information, person-centered support and streamlined access to Virginia's network of public and private service providers.

**Adjournment:** Motion to adjourn at 3:05 PM passed unanimously. The next meeting is scheduled for February 18, 2026.

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