



## Older Adults, Adults with Disabilities, and Family Caregivers Need Help? Start with Us

The Adult and Aging Division offers older adults, adults with disabilities, and family caregivers **resources and programs:**

- Adult Protective Services
- Caregiver Support and Education
- Disability Resources
- Health and Wellness Workshops
- Home Delivered Meals
- In-Home Care
- Medicare Counseling (VICAP)
- And much more!

Contact us to connect with someone who can help you or your loved one find the support you need.

**LEARN MORE**



### Questions? Give Us a Call:

 Aging, Disability, and Caregiver Resources Line:  
**703-324-7948, TTY 711**



FAIRFAX COUNTY DEPARTMENT OF  
**FAMILY SERVICES**  
ADULT AND AGING



A FAIRFAX COUNTY, VA. PUBLICATION — 4/2025

Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations provided upon request, call 703-324-6877.