

FRONT LINES



Fairfax County Fire and Rescue

March 2017



FIRE STATION 4 HERNDON • GRAND REOPENING



pictures courtesy of Elliott Rubino

FROM THE FIRE CHIEF

Richard R. Bowers, Jr.



Mission Focused

Being mission ready and mission focused is our primary goal. Being ready for anything that comes our way is accomplished through on-going training and education.

Training builds competence and confidence. The execution of the tasks allows the completion of the mission. The concept of working together as a team to complete the mission is a critical component to achieving and accomplishing the overall mission.

From the administrative processes of hiring career personnel and volunteer personnel,

to the training of the personnel, with the resource and logistical support, along with the administrative civilian support, to the resident that calls 911, to the 911 call takers and dispatchers to ultimately those in the front lines providing the emergency service, it requires a mission focused team to be successful!

Thank you to everyone for being great public servants that are mission-focused in service before self!

A handwritten signature in black ink that reads "Richard R. Bowers".

Fire Chief Richie Bowers

FIRE STATION 4, HERNDON, REOPENS

Fire Station 4, Herndon, moved in to their newly constructed station and went in service on March 22, 2017. The old building was demolished and replaced with a new 22,319 square-foot, three level fire station. The basement level has parking for 19 vehicles, storage, vertical circulation and a sprinkler/water room. The ground level includes three back-in apparatus bays, operations areas, three offices, dining, kitchen, toilet room and vertical circulation. The upper level includes bunk rooms, lockers/toilet rooms, laundry, storage, exercise room, day room, mechanical/electrical/information technology support rooms, vertical circulation and an outdoor patio. The project has a goal of silver certification under the LEED® Green Building program.



FIRE CHIEF'S EXPECTATIONS

BE READY, BE SAFE
BE FIT AND HEALTHY

BE KIND
AND RESPECTFUL

EMBRACE DIVERSITY
AND MENTOR

EXECUTE THE BASICS
PERFECTLY

TRAIN, TRAIN, TRAIN

WORK
TOGETHER

COMMUNITY
OUTREACH



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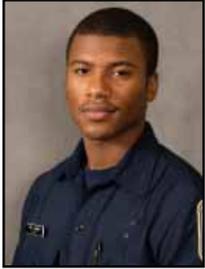
Massive Storms hit our area recently, wreaking havoc, but left behind a glimpse of beauty in the form of a rainbow.

Richard R. Bowers, Jr., *Fire Chief*
Ashley Hildebrandt, *Editor/Layout/Design*
Cathy Jo Richards, *Copy and Web Editor*

FRONT LINES is the newsletter of the Fairfax County Fire and Rescue Department. Questions should be addressed to Ashley Hildebrandt. All submissions should be sent to Public Affairs and Life Safety Education, marked "Attn: Editor, *FRONT LINES*."

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Fairfax County
Fire and Rescue Department
4100 Chain Bridge Road
Fairfax, Virginia 22030
703-246-3801

141st RECRUIT SCHOOL



Firefighter
Allen E. Bizzell



Firefighter
Calvin W. Branch



Firefighter
Matthew N. Bui



Firefighter/Medic
Laura E. Calkins



Firefighter
James Campbell



Firefighter
Melissa M. Cary



Firefighter/Medic
Jonathan D. Groves



Firefighter/Medic
Adam T. Hall



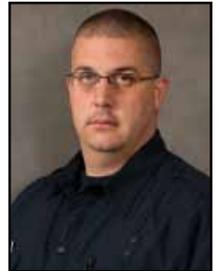
Firefighter
Walter D. Hanson



Firefighter
Darrell D. Hayes



Firefighter
Quentin J. Hayes



Firefighter/Medic
Kyle D. Hihn



Firefighter
Linda S. Lee



Firefighter
Tyrone L. Lewis



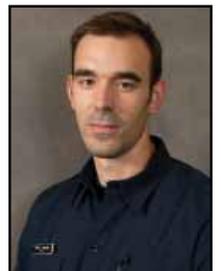
Firefighter/Medic
John M. McCollom



Firefighter/Medic
Kendrix R. Merritt



Firefighter
Thomas M. Nevin



Firefighter
John J. Nowadly



Firefighter
Tyler F. Thaler



Firefighter/Medic
Jessica F. Vukmanic



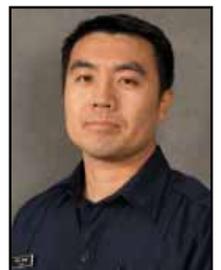
Firefighter
Zachary J. Walton



Firefighter
Lauren A. Wertz



Firefighter
Lauren A. Wickson



Firefighter/Medic
Jinson Wong



Firefighter
Mari A. Lehtone
Christenson



Firefighter
Che-Shien Chu



Firefighter
Antonio J. Clavijo
Cortez



Firefighter/Medic
Ashley N. Coleman



Firefighter
Elliot S. Ferrence



Firefighter
Christopher J.
George



Firefighter
Jonathan C. Hughes



Firefighter/Medic
Garrett B. Irving



Firefighter
Robyn A. Kane



Firefighter
Michael T. Lattimer



Firefighter
Gregory S. Leake



Firefighter
Jaeman Lee



Firefighter
Myron J. Parker



Firefighter
Ryan D. Powell



Firefighter/Medic
Ian C. Richards



Firefighter
Raymond R. Sanez



Firefighter/Medic
Joshua M.
Schuchman



Firefighter
Samonne E. Smith

The 141st Recruit Class graduated on March 31, after six months of extensive training. Firefighters were trained to respond to fires, hazardous materials incidents, vehicles crashes and extrications, swift water rescue, confined space rescue, and emergency medical incidents.



IN THE COMMUNITY



During the early morning hours of the March snowstorm, the crew from Fire Station 5 delivered a healthy baby girl after responding to a call for a woman in labor. The family asked the crew to take a picture to commemorate the occasion. After being posted on the department's social media accounts, Channel 7 did a feature story on the special delivery.



Each month crews around Fairfax County take time to visit Inova Children's Hospital, spreading cheer to many of the young patients. (Top Photo) On February 6, personnel from Fire Station 42 took time from their day off to bring much needed laughter and smiles to the children. (Bottom Photo) On January 27, Fire Station 30 crew members, Firefighter/Medic Anthony Karashowski and Technician Mike Bender, demonstrated a unique set of skills by making balloon creatures for anyone who requested one.

ADOPT HYDRANT Fairfax County Fire and Rescue Department



This winter the Fire and Rescue Department launched its Adopt-A-Hydrant program. Participants sign up and are delivered their adoption certificate from their local fire station. They are then responsible for keeping the fire hydrant clear and visible, which is especially important in the colder months.



On March 22, five local Whole Foods Market locations hosted 5% Day. For the entire day, 5% of all purchases benefited Firefighters and Friends to the Rescue, a local organization founded by Battalion Chief Willie Bailey that partners with the Fairfax County Fire and Rescue Department to provide coats, books, toys, and needed supplies to families throughout Fairfax County and the City of Alexandria.



On March 3, the crew from Fire Station 29 participated in two live segments where they showed Channel 7 reporter Suzanne Kennedy how they stay in shape to ensure they are ready to go when called to protect the residents of Fairfax County.



Recently, canine Xander, along with the crew from Fire Station 39, North Point, B-Shift hosted a local brownie troop at the station. Xander was ready with a helping paw as the brownie troop learned about fire safety. The group also got a tour of the fire trucks and station.



On March 6, firefighters from Fire Station 8, Annandale, stopped by Ravensworth Elementary School to honor third grade student Taeloire with a Life Saving Award. Earlier that week, he alerted his family to a fire in their home and helped everyone out of the house safely. His fellow third graders, Principal Roxanne Salata and proud parents were also there as the firefighters presented him with a certificate for his quick-thinking and bravery.



NATIONAL NUTRITION MONTH HIGHLIGHTS PUTTING YOUR BEST FORK FORWARD

Nicole V. Brown, MS, RDN, LD ACSM EP-C, PSOHC Nutrition Consultant

The campaign encourages creating an eating style that includes a variety of healthy foods and focuses on making small changes that, over time, can lead to better health. I have provided some examples of ways to put your best fork forward.

Incremental change can be lasting change. Successful changers start by assessing where they are in the continuum of health promotion efforts, accept that it takes time and practice to establish new habits, and set out to implement change over the course of many, many months (sometimes longer). This approach can be a recipe for success as it connects the “knowing what to do” with the “doing it!”

If you want to improve the quality and quantity of what you eat and drink, record your meals, snacks, and beverages for at least three days and compare your intake to a healthful eating pattern such as the DASH Diet or the Omni Heart Diet (www.nutritionaction.com/daily/how-to-diet/the-omni-heart-diet).

Review the results of your three day intake. If you find your consumption of sugar-sweetened beverages (SSBs) such as soda is high, you could decide to reduce that number by two SSBs a day. One option could be replacing two of your SSBs with a cold brewed beverage (see suggestions below). Or, your assessment might indicate you consistently fell short of the recommended number of vegetable and fruit servings (5-11 servings a day). If that’s true for you, explore your options for boosting your produce intake. At the end of this article, a link to the handout “20 Ways to Enjoy More Fruits and Vegetables” is included.

If you find you are eating out frequently, then . . .

“Put Your Best Fork Forward. . .When Dining Out”
For some, eating out frequently is impacting not

only the quality of their intake but also their waistline AND their wallet. Having a dining out plan can make all the difference in the world to promote healthful eating. Check the menu online before you get to the restaurant and make some choices ahead of time. Some restaurants have nutrition information available online. Many have nutrition calculators (e.g. Panera and Chipotle). Search using the terms: “restaurant name nutrition facts.” If you are tracking intake, record your choices and see how they fit into your daily targets. Choose restaurants that are open to meeting your needs/ making substitutions. Don’t be shy about asking how menu items are prepared, how many ounces of meat, fish, or poultry are in the entrée, and options for larger vegetable and smaller starch servings.

For the **appetizer** course, start with a dinner salad, shrimp cocktail, or a broth based soup if others are diving into something richer. Baskets of bread and tortilla chips can derail everyone’s best intentions while they wait for their meal to arrive. Make a plan ahead of time to pick some chips out of the basket or a piece of bread and work off of what amount you choose rather than continuing to mindlessly eat another chip or piece of bread. Ask for the basket to be removed from the table (or move it away from you) if that would help!

Entrees: Grilled, steamed, or baked fish can be a wonderful choice for a lean protein. If you prefer beef, eat part of the meat portion and bring the rest home: saving calories *and money*. **Sides:** Consider asking for “double veggies”: this could be a menu item or something simple such as sliced tomatoes with balsamic vinegar or lots of steamed broccoli. Envision half of your plate filled with non starchy veggies, for example, asparagus, zucchini, snow peas, carrots, spinach, bell peppers (starchy veggies are corn, green peas, and potatoes). The restaurant might steam or roast the veggies.

To-go boxes can help manage portions. Eat half your meal at the restaurant and take the other half home for a second meal. It might be helpful to box up part of the meal at the beginning rather than trying to “white knuckle” it during the meal aiming to eat only half of it. Hard to pass up the meal deal that comes with a foot-long sub? Get it cut in half, include the fruit serving and plan on eating the other half with a big salad for dinner.

Desserts? Party of four? How about four forks or spoons and one dessert? Take your time and savor every bite.

If you find you are eating lunch out just about every day, take some time to add up how much money you are spending on lunches. That might grab your attention. Calculate what you would save and what you would like to use the money for if you were to bring your lunch three times a week. If this is sounding like a project you’d like to undertake, make a plan to pack your lunch the night before. If you’ve tried this before and run into the problem of FORGETTING to bring your lunch, identify a way to remind yourself to take it in the morning. Putting a post it note marked “LUNCH” near your keys or mobile phone might do the trick. Of course, you can use the same note each day.

Put Your Best Fork Forward . . .When Snacking”

Plan your snacks. Leaving them to chance can derail your plan to eat more healthfully. Choosing snacks from different food groups (vegetables, fruits, grains, dairy, and protein) and snacking on *sensible portion sizes promotes variety and good nutrition*. Try the following snack ideas to help take the edge off of hunger:

- o A piece of fresh fruit or freeze dried fruit and string cheese
- o 3 cups popcorn and some spicy low sodium or regular V-8 juice
- o 5-6 Whole-wheat crackers and 1 ounce sharp cheddar cheese
- o 2 cups raw vegetables and fresh salsa or 4 tbsp. low-fat vegetable dip (try combining non-fat, plain Greek yogurt mixed with ranch seasoning mix)
- o Greek or Icelandic yogurt
- o ½ cup of pistachios (in the shell)

Listen to your body and snack when you’re hungry – not because you’re bored, stressed or frustrated. Many people benefit by not letting more than 3-4

hours pass *without* eating. Waiting too long contributes to being really hungry (hangry for some) and we tend to overeat once we get are able to eat.

“Put Your Best “Fork” Forward . . .When Hydrating” **Quench your thirst and reduce consumption of added sugars.**

Cold brew some ice tea: fill a container with 4 cups of water. Add 3-4 herbal tea or black tea or chai tea bags. Put into the refrigerator overnight and the next day, you’ll have a delicious beverage to enjoy. Consider drinking low-calorie beverages, such as water, low-fat milk, hot tea or unsweetened tea before reaching for snack items. This will help with hydration optimizing daily workouts and save calories from SSBs (see above).

For more ideas about National Nutrition Month, go to www.eatright.org. Enjoy each day and remember the goal is consistency . . .not perfection.

Resources:

- Well-Fit Face Book Page. Ask to join! Learn nutrition and fitness tips. Be a part of a like-minded community promoting a culture of health and wellness.
- 20 Ways to Enjoy More Fruits and Vegetables www.eatright.org/nutritiontipsheets
- Color Your Plate with Salad www.eatright.org/nutritiontipsheets
- www.EatingWell.com use the recipe search for Mediterranean recipes, crockpot meals, budget meals, meals under 30 minutes, etc.
- Find a registered dietitian nutritionist (RDN): www.eatright.org using a zip code search or contact your insurance plan. Cigna, Aetna, BCBS, Medicare and other insurance plans usually have coverage for nutrition services for prevention and for diagnoses such as diabetes, high cholesterol, and high blood pressure. Find a RDN near your station or where you live. Ask your plan about the following: Initial nutrition consultation code (97802), follow up consultation code (97803) and general wellness/prevention code: Z71.3. Ask how many visits are covered in a calendar year and if there is a co-pay. Often, there is no co-pay required. Another option is to ask for a referral from the PSOHC provider for a nutrition consultation with Nicole Brown, MS, RDN, LD ACSM EP-C, PSOHC Nutrition Consultant. Nicole is in network for Aetna, Cigna, and Medicare and can be contacted directly at nutrition.fitness@verizon.net or 703.969.6114.

What is Juvenile Firesetting?

Shawn Gore,
Public Affairs and Life Safety Education

Most of us have heard the phrase “If you play with fire, you get...” If you said “burned” then you’re familiar with the expression that has become a common warning. This expression becomes literal when considering the many dangers associated with intentional and unintentional firesetting.

Firesetting is defined as any unsanctioned use of fire, whether or not an actual fire and/or explosion occurs. Juvenile firesetting, curiosity-motivated fire starting, is not a new affliction among children and adolescents, in fact, it’s an age-old behavior that is now better understood. Juvenile firesetting is a behavior influenced by social, community, and family factors, making this behavior preventable. Juvenile firesetters are children in need of intervention. If unreported, children will continue to experiment causing the behavior and frequency to escalate. According to the National Fire Protection Association (NFPA), “The majority of structure fires in homes caused by play were started by males (83%). Forty-three percent of the fires were started by a child under age 6. Older children were more likely to start outside fires, with two of five (38%) of all outside or unclassified fires started by a child between the ages of 10 and 12.” The children can become problem firesetters, juveniles that are not motivated by curiosity. Delinquent firesetters (adolescents that target fields, mailboxes, dumpsters, and abandoned structures), Attention-Seeking firesetters (children that start fires to bring attention to depression, anger, or abuse), Pathological Firesetters (adolescents that get gratification from starting fires with a complete disregard for others), and firesetters with special needs, are all categorized as problem firesetters.

NFPA data also indicates that “Most deaths, injuries, and damage from child playing fires occur in home structure fires. An average of 7,100 home structure fires per year caused by play were reported between 2007 and 2011, causing annual averages of 77 civilian deaths, 750 civilian injuries, and \$172 million in property

damage.” Physical, psychological, social and legal issues all go hand in hand with firesetting behavior. Physical consequences include burns, heat inhalation, and possible death. Psychological and social consequences can include depression, anxiety, social stigma, stress, and grief. Legal consequences come with large fees and criminal offenses up to a class 1 felony.

If you are concerned about a child you know, the Fairfax County Fire and Rescue Department provides help and services to children that exhibit juvenile firesetter behavior and those that may be teetering on the line of problem firesetters. The Fire and Rescue Department offers a Juvenile Fire Intervention (JFS) Program to residents free of charge. The program examines the myths and realities of fire behavior as well as the consequences and responsibilities associated with firesetting. It also examines enforcement, how fire investigators comply with the laws associated with firesetting, and life issues, how to cope with problems, issues, and crises. Each program is tailored to meet the individual needs of the student and provides necessary educational intervention that will hopefully deter firesetting behavior and frequency before anyone is “burned.”

For more information on how you can get started with a program, please contact Public Affairs and Life Safety Education at 703.246.3801.

In 2014, U.S. fire departments responded to an estimated 5,100 home structure fires that were started by someone, usually a child, playing with fire. These fires caused:

- 60 civilian deaths,
- 430 civilian injuries, and
- \$115 million in direct property damage per year.

- NFPA



EVERY STEP OF THE WAY

Shawn Gore,
Public Affairs and Life Safety Education

To the Fairfax County Fire and Rescue Department, serving its community means protecting and **educating** its residents and visitors in order to prevent the loss of lives and property. Public Affairs and Life Safety Education (PA/LSE) is dedicated to providing quality programs and services that prepare residents and visitors for emergency situations. "Education for a lifetime" is not just a part of its mission; it speaks to the very core of what the division does in, and for, the community. Educational programs are essential to give people the knowledge and skills they need to lead safer lives.

The department offers several programs and services as a part of its commitment to eliminate fire deaths and injuries through effective public education programs and information. PA/LSE staff educates over 30,000 children and nearly 20,000 older adults annually in Fairfax County. These outreach efforts come in many forms, including:

- **Puppet Shows:** "Lighters and Matches" and "Family Escape Planning" puppet shows teach preschool and kindergarten students how to be safe at home. "Lighters and Matches" emphasizes to never touch lighters or matches. "Family Escape Planning"

provides a blueprint that shows students what should be done at home should the smoke alarm sound.

- **Project Safe:** Project Safe is an initiative that reinforces firefighters as helpers, lighter and match safety, family escape planning, and calling 911 to third grade students in Fairfax County.
- **Juvenile Firesetter Program:** Juvenile firesetting intervention is used to deter firesetting for children who exhibit this behavior.
- **Older Adult Services:** PA/LSE staff members visit older adults at centers to share fire and fall prevention information.
- **File of life:** This form is kept on your refrigerator door and provides emergency contact and medical information to first responders at times when you can not.

For more information contact the PA LSE Office at 703.246.3801.

Hot Shots



Vienna House Fire: March 22, 2017

On March 22, units responded to the 9800 block Bridleridge Court in Vienna for reports of a house fire. First arriving units found fire showing. Two patients transported to area burn center.



Herndon Townhouse Fire: January 6, 2017

Units responded to a reported outside fire on the rear deck of this townhome that had spread to the attic and roof. The cause of the fire was determined to be a propane cooker too close to combustible materials. Property damage was estimated at \$91,000.



Covanta Waste-to Energy Facility: February 2, 2017

The fire at the Covanta Waste Facility in Lorton burned for 12 days before the fire was finally completely extinguished. During that time, firefighters were on the scene working around the clock to ensure the fire was contained and residents in the area were safe. Property damage was estimated at \$1,401,665.



Lorton House Fire: February 21, 2017

Units responded to a house fire that was determined to be started by a child playing with a lighter. Unfortunately, the child perished in the fire. Damages to the home were estimated to be \$93,750.



Lincolnia Apartment Fire: February 17, 2017

Units responded to a three-alarm garden style apartment fire. A total of 90 firefighters from Fairfax County and the City of Alexandria responded to the scene, to fight the blaze. Property damage was estimated at \$167,500.



Tractor Trailer Fire: February 23, 2017

Units responded to a tractor trailer fully engulfed in fire at the intersection of Gallows Road and Lee Highway. The tractor trailer was involved in a crash with another vehicle. There were no life-threatening injuries sustained by either driver.



**Turkey Run House Fire, McLean
February 18, 2017**

Units responded to the 800 block of Turkey Run Road for a house fire. Fortunately, the home had working smoke alarms and everyone escaped unharmed. Damages were estimated to be \$2,175,988.

TAKING UP *Retirements*



M. Anthony Barrero
Deputy Chief

Entry Date: August 15, 1988

Retirement Date: March 3, 2017

Recruit School: 72nd

Assignments: 5, 22, 32, 10, 5, 19, 22, Inspections Branch, Fire & Hazardous Materials Investigative Services, EMS 403, 28, Fire Prevention Division/Fire Protections Systems Branch, Fire & Hazardous Materials Investigative Services, Training Academy, Fire Prevention Division/Deputy Fire Marshal.

Likes About the Fire Department: I have enjoyed the sense of family and camaraderie in the department. From strong friendships and bonds that come from working long shifts together, my family and I have made lifelong friends that we treasure here at Fairfax County. The opportunities to train, travel, teach, and network with other department and agencies has given me a real appreciation of all our county has to offer, and as a county resident I appreciate all the services available to us here in Fairfax.

Will Miss About the Fire Department: I will miss the co-workers that I have come to know and depend on. I have worked with some of the same people for decades, and we have watched each other's families grow up and move on. I will miss the daily smiles and conversations that make us feel so connected as a division and a department.

Words of Wisdom: Remember that everyone can teach you something and that our department offers so many opportunities to grow as an individual and a team member that you only fail yourself if you do not take advantage of the opportunities that are in front of you. Be the team member that you want others to be and you will not be disappointed.

What Got You Interested in the Fire Service? I was looking for a job that would offer my family and me the security to thrive and a job that did not chain me to a desk all day. I liked that the department allowed me to serve my community and that every day was different and challenged me to be the best I could be.

Who or What Made an Influence in your Career? My father was in public services and he inspired me to have a job that made a difference in the lives of others. So many people in the department have encouraged and mentored me that it would be unfair to name just a few.



Marlon D. Garner
Firefighter

Entry Date: April 1989

Retirement Date: January 2, 2017

Recruit School: 75th

Assignments: 36, 35, 27, 19, 20, 2, 16

Likes About the Fire Department: The day to day challenges that one faces.

Will Miss About the Fire Department: Running calls and being away from home overnight.

Plans for the Future: Travel and fishing.

Words of Wisdom: The world will not be destroyed by those who do evil, but by those who watch them without doing anything (Albert Einstein).

What Got You Interested in the Fire Service? My Father.

Who or What Made an Influence in your Career? My Father.



Thomas W. Graling
Battalion Chief

Entry Date: January 28, 1980

Retirement Date: December 23, 2016

Recruit School: 50th

Assignments: 29-C, 1-C, 22-C, 19-C, 15-B, Operations, 38-A, Academy, 17-B, BC01-B, BC Relief-B, BC03-B, BC05-B

Likes About the Fire Department: I enjoyed every job assignment I ever had and always tried to make the best of each one.

Will Miss About the Fire Department: Interacting with all the good people throughout the years. So many people in the field and office, uniform, civilian, and volunteers since they have all had a positive influence on me.

Plans for the Future: Spend more time with my family on the farm. Get to the big to-do list. Then see what opportunities the future brings.

Words of Wisdom: Do your job plus more to set the example. There are so many learning opportunities with your job that you can take advantage of. Treat your fellow workers and citizens with dignity and respect and you will earn dividends from that over time. You get more productivity pulling a string over pushing one. And finally, a good reputation takes years to build up and seconds to burn down so be wise in your choices.

What Got You Interested in the Fire Service? So many times as a child hearing the fire house siren and then hearing and seeing the fire trucks going by the back of my parents house. My brothers joined the McLean VFD and later at the age of 16, they led me down to also join, leading to my career as a firefighter.

Who or What Made an Influence in your Career? The challenge of the Fire Service made me stronger, smarter, and wiser as an individual and an officer. Apparatus Technician Bill Fowler always challenged me to do more and know more. Fire Chief Edward L. Stinnette gave me the opportunity to take on a more challenging job as his Aide while he was Operations Chief. Working in Training for Deputy Chief Kenneth L. Jones showed me when challenged how to think outside the box.



David E. "Happy" Gilmore
Lieutenant

Entry Date: October 11, 1999

Retirement Date: March 17, 2017

Recruit School: 99th

Assignments: 23, 10, 26, 41, 14, 22

Likes About the Fire Department: People I got to work with. Being able to be a paramedic and taking care of my patients and their family.

Will Miss About the Fire Department: Co-workers, that's what I'll miss the most.

Plans for the Future: Sit on my butt in the deserts of the southwest. After serving 20 years in the Marines (active duty), almost 4 years as a civilian paramedic at Fort Belvoir, and 17 years for Fairfax County Fire & Rescue Department, I've done enough. Although, I might do a few more extreme distance rides on the motorcycle and take the RV Out to go sit somewhere else.

Words of Wisdom: Take care of yourself, if you see changes in your co-workers, ask them how they are doing, don't take "fine" for an answer. We see each other all the time, you're the best tool to see when they are struggling. Don't let them go through what I have been going through. It sucks when your mental health isn't healthy!

What Got You Interested in the Fire Service? California Department of Forestry in 1974. Later, I started taking EMS classes to take better care of my Marines and others.

Who or What Made an Influence in your Career? There are so many examples, some good, some bad. At various times throughout my career, I've been able to do both. Trust me, good is better.

LARGE LOSS FIRE INVESTIGATIONS

Date: 10/12/2016 **Box:** 43405 **Address:** 2722 Sutton Woods Ct. **Type:** Residential
Cause: Under Inv **Value:** \$530,850 **Loss:** \$530,850 **Status:** Open

Date: 10/22/2016 **Box:** 41407 **Address:** 8962 Burke Lake Rd. **Type:** Residential
Cause: Accidental **Value:** \$254,600 **Loss:** \$117,850 **Status:** Closed

Date: 11/2/2016 **Box:** 42541 **Address:** 12000 Market St., Apt. 466 **Type:** Residential
Cause: Accidental **Value:** \$80,000,000 **Loss:** \$180,000 **Status:** Closed

Date: 11/5/2016 **Box:** 40590 **Address:** 5671 Clouds Mill Dr. **Type:** Residential
Cause: Accidental **Value:** \$686,462 **Loss:** \$686,462 **Status:** Closed

Date: 11/13/2016 **Box:** 40823 **Address:** 4516 Hillbrook Dr. **Type:** Residential
Cause: Accidental **Value:** \$375,888 **Loss:** \$100,000 **Status:** Closed

Date: 11/19/2016 **Box:** 42402 **Address:** 4911 Keeler Ct. **Type:** Residential
Cause: Incendiary **Value:** \$239,900 **Loss:** \$125,000 **Status:** Open

Date: 11/20/2016 **Box:** 43901 **Address:** 1065 Northfalls Ct. **Type:** Residential
Cause: Under Inv **Value:** \$726,250 **Loss:** \$726,250 **Status:** Open

Date: 11/20/2016 **Box:** 42809 **Address:** 6342 Villa Lane **Type:** Residential
Cause: Accidental **Value:** 745,000 **Loss:** 173,750 **Status:** Closed

Date: 11/13/2016 **Box:** 40823 **Address:** 4516 Hillbrook Dr. **Type:** Residential
Cause: Accidental **Value:** \$375,888 **Loss:** \$100,000 **Status:** Closed

Date: 11/24/2016 **Box:** 41624 **Address:** 7511 Willowbrook Rd. **Type:** Residential
Cause: Accidental **Value:** \$197,188 **Loss:** \$81,250 **Status:** Closed

Date: 11/27/2016 **Box:** 40800 **Address:** 6542 Jay Miller Dr **Type:** Residential
Cause: Accidental **Value:** \$363,788 **Loss:** \$50,000 **Status:** Closed

Date: 12/9/2016 **Box:** 43000 **Address:** 2727 Merrilee Dr., Apt. 632 **Type:** Residential
Cause: Accidental **Value:** \$54,000,000 **Loss:** \$187,500 **Status:** Closed

Date: 12/10/2016 **Box:** 42433 **Address:** 8494 Richmond Hy. **Type:** Residential
Cause: Accidental **Value:** \$1,362,500 **Loss:** \$227,500 **Status:** Closed

Date: 12/12/2016 **Box:** 40411 **Address:** 12246 Parkstream Ter **Type:** Residential
Cause: Under Inv **Value:** \$354,588 **Loss:** \$93,750 **Status:** Open

Date: 12/16/2016 **Box:** 40812 **Address:** 7218 Poplar St. **Type:** Residential
Cause: Accidental **Value:** \$183,912 **Loss:** \$161,250 **Status:** Closed

Date: 12/18/2016 **Box:** 43202 **Address:** 5222 Concordia St. **Type:** Residential
Cause: Accidental **Value:** \$446,788 **Loss:** \$60,000 **Status:** Closed

Date: 12/21/2016 **Box:** 40144 **Address:** 1510 Nelway Ct. **Type:** Residential
Cause: Accidental **Value:** \$539,525 **Loss:** \$90,000 **Status:** Closed

Date: 1/1/2017 **Box:** 41092 **Address:** 3705 S George Mason Dr. **Type:** Residential
Cause: Under Inv **Value:** \$137,500,000 **Loss:** \$67,500 **Status:** Open

Date: 1/6/2017 **Box:** 43600 **Address:** 2558 Chase Wellesley Dr. **Type:** Residential
Cause: Accidental **Value:** \$363,212 **Loss:** \$101,000 **Status:** Closed

Date: 1/16/2017 **Box:** 43602 **Address:** 13316 Covered Wagon Ln. **Type:** Residential
Cause: Incendiary **Value:** \$418,050 **Loss:** \$56,250 **Status:** Open

Date: 1/18/2017 **Box:** 41192 **Address:** 5751 Liberty Dr. **Type:** Residential
Cause: Accidental **Value:** \$418,575 **Loss:** \$93,750 **Status:** Closed

Date: 1/20/2017 **Box:** 40400 **Address:** 752 Van Buren St. **Type:** Residential
Cause: Accidental **Value:** \$149,575 **Loss:** \$68,750 **Status:** Closed

Date: 1/21/2017 **Box:** 41126 **Address:** 6735 Tower Dr. **Type:** Residential
Cause: Accidental **Value:** \$2,606,426 **Loss:** \$87,500 **Status:** Closed

Date: 2/2/2017 **Box:** 41934 **Address:** 9898 Furnace Rd. **Type:** Commercial
Cause: Accidental **Value:** \$2,803,330 **Loss:** \$1,401,665 **Status:** Open

Date: 2/3/2017 **Box:** 43317 **Address:** 12305 Myterra Wy **Type:** Residential
Cause: Accidental **Value:** \$258,450 **Loss:** \$155,000 **Status:** Closed

Date: 2/5/2017 **Box:** 44215 **Address:** 1838 Batten Hollow Rd. **Type:** Residential
Cause: Accidental **Value:** \$510,775 **Loss:** \$93,750 **Status:** Closed

Date: 2/17/2017 **Box:** 42694 **Address:** 4906 Beauregard St., Apt. 201 **Type:** Residential
Cause: Under Inv **Value:** \$1,866,706 **Loss:** \$167,500 **Status:** Open

Date: 2/17/2017 **Box:** 42606 **Address:** 5641 General Washington Dr. **Type:** Residential
Cause: Accidental **Value:** \$439,200 **Loss:** \$135,000 **Status:** Closed

Date: 2/18/2017 **Box:** 40146 **Address:** 818 Turkey Run Rd. **Type:** Residential
Cause: Under Inv **Value:** \$2,175,988 **Loss:** \$2,175,988 **Status:** Open

Date: 2/21/2017 **Box:** 42701 **Address:** 8713 Ridge Hollow Ct. **Type:** Residential
Cause: Accidental **Value:** \$238,600 **Loss:** \$55,000 **Status:** Closed

Date: 2/21/2017 **Box:** 42000 **Address:** 8113 Arcade St. **Type:** Residential
Cause: Accidental **Value:** \$265,995 **Loss:** \$78,000 **Status:** Closed

Date: 2/26/2017 **Box:** 40811 **Address:** 7712 Rowan Ct. **Type:** Residential
Cause: Accidental **Value:** \$294,412 **Loss:** \$250,000 **Status:** Closed

MAKING A DIFFERENCE

M414 C-SHIFT
2/27/17

Just a small token...



...of my big appreciation.

Thanks!

I appreciate your tender care, compassion, gentleness and patience that your unit showed me on Monday on the way to the hospital.
Christina D.

many thanks

Dear Fire Chief Bowers,
Thank you so much for your contribution to the Friends of Firefighters Organization this Holiday Season. Your generous donation helped to provide toys and clothing to 21 families in the Bush Hill Community. We sincerely appreciate your kindness.

Fondly,
Maureen Manzo
Bush Hill ES Counselor

Pine Spring Elementary
7607 Willow Lane
Falls Church, VA 22042

Fairfax County
PUBLIC SCHOOLS
ENGAGE • INSPIRE • THRIVE

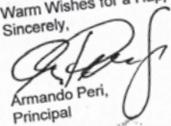
February 22, 2017

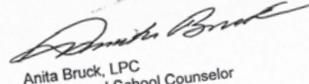
Dear Community Members,

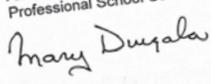
On behalf of the students, parents, and staff at Pine Spring Elementary School, we would like to thank you for your generous support.

We are truly blessed to be a part of such a caring and compassionate community. The donation of backpacks, winter coats, school supplies and holiday gifts, truly fills a big need among our school children. Your donation of a bicycle was received with a huge smile and disbelief from the boy receiving it. Please know that without your support many of our students would not have these things that most Fairfax County students take for granted.

Warm Wishes for a Happy New Year.
Sincerely,


Armando Peri,
Principal


Anita Bruck, LPC
Professional School Counselor


Mary Durgala
Professional School Counselor

1 March 2017

To Fairfax County Paramedics,

On 4 September 2016, as reputed paramedic support to [redacted] where I (Loah) was in a world of hurt.

Until recently, I didn't know who initially called it a brain hematoma (sub-arachnoid specifically). My brother, an internist at Chapel Hill Hospital, mentioned how impressed he was that paramedics called it. While I was standing there in the kitchen tossing my cookies.

Here's a big "Thank you!" That golden hour made the difference between surviving and whole to death or disabled.

You are awesome - if I could give the team a hug I would.

Thank you for my life!

Sincerely,
Loah

SPRINKLERS SAVE LIVES IN FAIRFAX COUNTY

The call came in as a reported apartment fire. Fairfax County Fire and Rescue Department units rushed to the scene. Upon arrival, firefighters found the remnants of a fire that was contained and extinguished by the building sprinkler system.

This happened 26 times in Fairfax County in 2016. These fires and resulting sprinkler activations occurred in buildings that were worth over \$492 million. Over 5,000 people live and work in those buildings. Thankfully, the sprinkler activation limited the impact. Families were able to return to their homes and businesses re-opened quickly.

The risk of fire is a serious consideration in any type of structure. Fire sprinklers are one of the best methods of fire control. Sprinklers react quickly, often the first form of alerting occupants and notifying firefighters there is a fire in the building. While firefighters are responding, the sprinklers are already working to control the fire. This can dramatically reduce the heat and smoke that are produced during a fire. Other benefits of sprinklers include:

- Safe for families - fire alarms and sprinklers buy precious time to escape unharmed before the fire grows too large to escape.
- Safer for firefighters – firefighters do not have to battle a large fire, minimizing their risk.

- Business continuity – sprinklers limit the damage to a building, so businesses can be back up and running more quickly. They can re-open often in a matter of hours or days, compared to weeks or months of downtime.
- Investment protection and property protection – sprinklers limit the damage to a building and its contents.

These sprinkler “saves” highlight the importance of fire protection systems. They not only allow occupants to safely escape but also limit property damage. This creates safe communities and ensures businesses the opportunity to grow and thrive.

The Fire Prevention Division is available to answer any questions regarding fire protection systems. For information, please call 703.246.4889.

In 2016, sprinkler activations saved over \$492 million in property and 5,000 people who live and work in Fairfax County.

SHARE YOUR PICTURES WITH US

Public Affairs and Life Safety Education is always looking for interesting action and event pictures to include in Front Lines and on social media. Share your pictures with us and we will make sure you get recognized. Please include information such as date, location, event, etc. with your picture. Please submit to:

- Ashley Hildebrandt at ashley.hildebrandt@fairfaxcounty.gov
- Bill Delaney at william.delaney@fairfaxcounty.gov
- Cathy Richards at cathy.richards@fairfaxcounty.gov



AWARDS AND PRESENTATIONS



Fire Chief Richie Bowers presents Battalion Chief Kathleen Stanley and Battalion Chief Will Bailey their 25-year Length of Service awards.

Recently, Lieutenant Dave Lauler received his 35-year Length of Service award. On hand to congratulate Lieutenant Lauler are (left to right) Battalion Chief Walsler, Fire Chief Bowers, Lieutenant Lauler, Captain Hollingsworth and Assistant Chief Caussin.

Dear Chief Richard Bowers,

February 11, 2017

My name is Bryan J. Nix, Jr. I work for Fairfax County Fire and Rescue as EMS405-C. I am writing this letter as a citizen that has benefited from the services of a member of our great organization.

I would like to direct my appreciation and heartfelt thanks toward one of our Medical Directors, Dr. Dan Avstreich (Dr. Dan), for his critical role in the survival of my father - Bryan J. Nix (Sr.).

Almost 3 months ago, my family and I experienced an unexpected event that had potential life altering effects for my entire family. If it were not for Dr. Dan's assistance, the outcome may have been different.

On Sunday November 20th, 2016, while I was on duty as EMS405-C, my local family had gathered at the home of my parents in Woodbridge for our customary Sunday family dinner. After dinner the family socialized for a bit and then everybody departed for their homes for the evening leaving my mother and father at home with everything seeming normal. My parents had settled into the living room with my father taking his usual position on a couch to watch a football game as my mother sat near him in a rocking chair working on some sewing. My mother then noticed that my father's breathing had changed and she witnessed him having a seizure. My mother called 911 then my brother and a friend who were living several doors away.

While my family waited for PWC fire and Rescue to arrive, they witnessed my father have another seizure, regain consciousness and become unresponsive again. When PWC arrived, my father was found to be in a complete heart block with an effective heart rate of 30 bpm. My father was placed on an external pacer and transport was initiated to Potomac Hospital.

I received a call at FS405 where I was finishing dinner with BC405 and the crew. I was informed 3rd party by my wife that my father was having a medical emergency and was being transported by ambulance to Potomac Hospital. I immediately left the station and drove to Potomac Hospital to see what was going on.

On my arrival at Potomac Hospital, I found my father in a code room being paced at 225j. I met with the doctor in charge and we discussed what was going on and what needed to be done. The situation was dire and the foreseeable outcome was not good. My father needed a cath lab and a temporary pacer immediately. The doctor decided that he needed to be transferred to Fairfax ER for further care. As she began to make the arrangements to have my father transferred to Fairfax, I went to the waiting room to see my mother and family and try to explain what was going on with dad. I then went back to the treatment room to observe my father's condition.

It had been about 30 minutes with no progress made towards improvement with my father. A central line had been established and multiple pharmacological interventions were in place. I asked the Doctor in charge about the progress of the transfer and she said that she had not been able to get past all the red tape yet. She then looked at me standing there in my county uniform and said to me "If you have any connections at all in Fairfax Hospital, now is the time to start making calls."

I immediately called the communications room at Fairfax Hospital and asked if either Dr. Weir or Dr. Dan was available. I was told Dr. Dan was available and was immediately connected to him. I quickly explained the reason for my call and he instructed me to have the ER doctor at Potomac call him at the Communications number at Fairfax Hospital. Within several minutes, all the necessary arrangements and communications had been made successfully.

Dad needed an immediate critical care transfer. Dr. Dan dispatched Helicopter Air Care One and found that they were grounded due to weather. Dr. Dan, understanding that this critical air based team was my father's best chance for surviving the transfer, went to plan "C". He dispatched a critical transport team from Physicians Transport Service to go to Manassas Airport, pick up the flight crew and bring them to Potomac Hospital.

Together Air Care One and PTS ground transported my father directly to the CCU at Fairfax Hospital. Dr. Dan had already briefed the accepting Dr. and my father received VIP treatment on his arrival. I know that these teams work this hard for all of their patients, but this time the details and efforts were better recognized by me due to my personal interest in the case.

Dad was in very poor condition on arrival at Fairfax Hospital. After speaking with the Doctor in charge, we knew that things did not look promising. As dad was taken down for his emergency catheterization, my family gathered at the hospital and prayed for the best.

I am very happy and grateful to report that my father has made a miraculous and full recovery. He now has a full time A/V pacer and is almost completely back to his normal routine.

Dr. Dan called to check in on Dad's progress daily while he was admitted and recovering at Fairfax Hospital. We are grateful for having somebody who takes duty and compassion to the next level working on the Fairfax Team. We are thankful that Dr. Dan understood the dire situation my father was in and put all the right parts to work in the way that he did. If not for Dr. Dan's intervention, my father may not still be here today.

On behalf of our entire family, Bryan Sr., his wife Faye, his father, brother, sister, 6 children, 15 grandchildren and 1 great grandchild, we would like to thank Dr. Dan for his central role in saving the life of Bryan Sr.

Please see that this is passed along to the Office of Medical Directors.

Thank You,

Half Century of Commitment for FRD's Turner

The below article appears in the latest edition of Team Fairfax Insider.

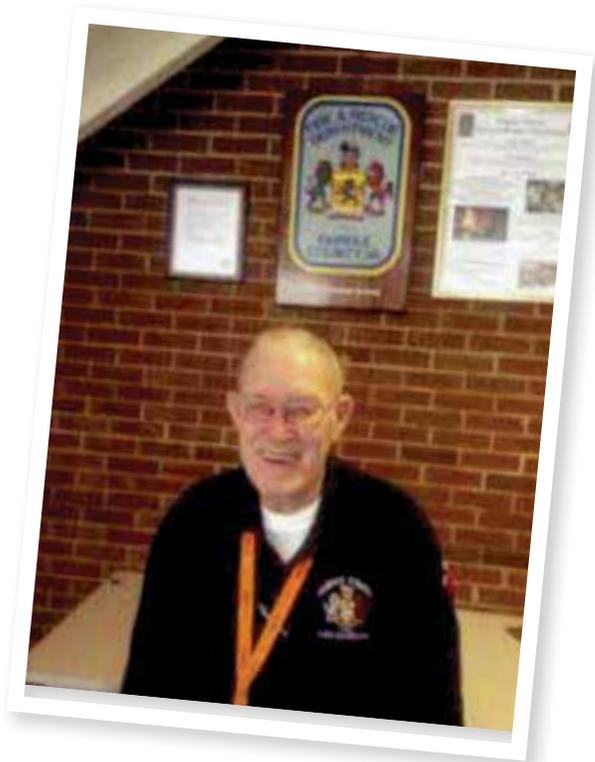
When Doug Turner joined the Fairfax County Fire and Rescue Department in 1967, Lyndon B. Johnson was president, protests against the Vietnam War were growing, Elvis Presley got married, the world's first heart transplant took place and the Beatles' "Sergeant Pepper's Lonely Hearts Club Band" album reached number one on the charts.

Fairfax County had evolved from a farming community to one growing exponentially as the federal government created programs and jobs, and many of those employees settled in the surrounding suburbs. This put demands on the county to provide services to accommodate the public safety needs of the rapidly developing county, which provided many job opportunities.

With 10 years' experience as a firefighter in the U.S. Air Force and at National Airport, Turner, at age 31, was hired by the Fire and Rescue Department and given badge #239, meaning he was the 239th firefighter hired. Back then, firefighters (all male until the county's first female firefighter was hired in 1979) drove open-air fire engines and trucks, exposed to the elements and noise. "When a call came in," Turner recalls, "firefighters put their helmets and boots on, grabbed their turnout coats, then jumped on the tailboard of the apparatus, hanging on for dear life. We put our coats on while flying down the street." The phrase "catch the hydrant" was when the pumper would slow down slightly, but not stop, as it passed a fire hydrant near the fire. "The firefighters had to jump off the moving vehicle, grab the hose with a hydrant wrench wrapped inside and throw it toward the hydrant where they would anchor it with a foot as the pumper continued down the street stretching the hose toward the fire." Turner explains.

In his career, Turner witnessed tremendous changes in training, protective clothing and equipment, as well as tactics and specialties such as emergency medical services, hazardous materials and technical rescue. There were no national standards at the time so they had to develop their own.

Looking back on his career, he described being promoted to sergeant at the Fire and Rescue Training Academy, where he worked from 1974 to 1982, as one of his most rewarding experiences. "Normally that assignment would be for a couple of years to get your ticket punched for future promotions," he says. But he fell in love with training and stayed nearly eight years. He was part of a team of eight trained in emergency



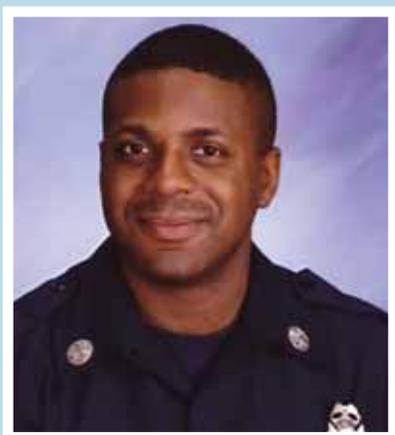
medical services, including CPR, by some Fairfax Hospital doctors so they could then train others in the department. The training was so rigorous that only four of the eight made it through.

Acknowledging the physical demands of the job and characterizing it as for the young, Turner strongly believed 55 was the age to hang up his helmet and stop riding apparatus, which he did in 1990. However, fire service was in his blood and he wanted to continue contributing, using his knowledge and many years of experience to return the next work day as a civilian inspector in the Fire Prevention Division where he has worked since.

What would he tell a new employee just starting out? "Consider carefully if it is something you want to do for the rest of your career," Turner counsels. "If you don't like your job, you won't excel at it." He added it's important to "put your nose in the books and learn all you can in order to do the best job possible."

Some go into firefighting because they think it will be nonstop excitement, Turner acknowledges. And while there is the thrill of saving people and property, there are also many hours of training, maintaining equipment and otherwise preparing for the calls that make up a smaller part of the actual job. Now with perspective in his 50th year, he looks back: "I have truly enjoyed my career."

IN MEMORIAM



Technician Alfred M. Doughty

Date of Passing: February 2, 2017

Dates of Service:

December 8, 1997 - February 2, 2017

FRONT LINES DEADLINES

The remaining deadlines for the 2017 Front Lines issues are May 15, August 15, and November 15. Please submit articles or text to Ashley Hildebrandt (ashley.hildebrandt@fairfaxcounty.gov) or Cathy Richards (cathy.richards@fairfaxcounty.gov)

Top 10 Activity Report

January - December 2016

Ambulance		Engine Company		Rescues	
Unit	Calls	Unit	Calls	Unit	Calls
A 410E	451	E 409	3,502	R 426	1,744
A 413E	350	E 410	3,474	R 421	1,720
A 422E	211	E 411	3,307	R 411	1,454
A 402E	187	E 408	3,282	R 418	1,297
A 421E	169	E 422	3,232	R 401	1,289
A 414E	161	E 429	3,182	R 414	1,098
A 401E	84	E 430	3,149	R 419	1,055
A 438E	76	E 417	2,727	R 439	1,013
A 417E	70	E 404	2,705		
A 408E	56	E 413	2,663		
Medic		Ladder Company		Battalion Chiefs & EMS Captains	
Unit	Calls	Unit	Calls	Unit	Calls
M 422	2,895	T 429	2,381	EMS 404	1,808
M 430	2,696	T 425	2,122	EMS 405	1,640
M 405	2,545	T 411	1,941	EMS 403	1,437
M 426	2,542	T 430	1,940	BC 404	1,284
M 425	2,430	T 410	1,904	EMS 401	1,217
M 413	2,367	T 408	1,850	EMS 406	1,204
M 429	2,339	T 436	1,838	EMS 402	1,157
M 421	2,309	T 422	1,711	EMS 407	919
M 409	2,291	T 440	1,454	BC 403	761
M 417	2,277	T 405	1,426	BC 405	680

Unit activity is compiled from the event history file. A unit must be dispatched to a call or added on to be counted. Mutual aid dispatches are included in the activity report.

Anniversaries

40 Years

Captain I Michael M. Mohler

37 Years

Captain II Robert A. Konczal

35 Years

Captain I David P. Conrad
 Captain II Mark Guditus
 Captain II James J. Istvan
 Captain II Michael A. Istvan
 Captain II Gerard J. Morrison

34 Years

Master Technician David J. May
 Captain I Mark A. Nash
 Technician Leo T. Sullivan

31 Years

Captain I Leroy L. Butler, Jr.
 Captain I Michael J. Marks
 Captain I Bruce A. Neuhaus

30 Years

Battalion Chief Edith M. Eshleman
 Lieutenant Leslie C. Smith
 Master Technician Robert L. Upchurch
 Lieutenant Jeffrey T. Wharton

20 Years

Captain II Randal L. Bittinger
 Lieutenant Matthew D. Black
 Technician Ronnie N. Briscoe
 Captain Mark D. Ebersole
 Lieutenant James A. Flynn
 Master Technician William L. Franklin
 Captain I Steven T. Henry
 Master Technician Toussaint M. Holland
 Deputy Chief Jason R. Jenkins
 Master Technician Herbert M. Knerr, Jr.
 Master Technician Michael McQuade
 Master Technician George H. Moore
 Firefighter Trina L. Mosier

Lieutenant David E. Myers
 Lieutenant Timothy L. Nicholson
 Lieutenant Robert G. Ritchie
 Technician Eric A. Russell
 Captain I Michael L. Sease II
 Lieutenant Ronald W. Swarthout, Jr.

15 Years

Lieutenant Duane N. Black III
 Technician Justid D. Childs
 Captain I Aron J. Corwin
 Captain I Matthew T. Cox
 Technician Trishia A. Danula
 Richard E. Dodge,
 Fire Apparatus Mechanic
 Captain I Thomas N. Johnson
 Master Technician
 Brenden J. Petersburg
 Lieutenant Matthew E. Phillips
 Catherine G. Schultz Rinehart,
 Management Analyst IV
 Lieutenant Jay Smith
 Technician John E. Smith
 Captain II Michael S. Snapp
 Laurie E. Varnau,
 Management Analyst I
 Lieutenant Robert Williams

10 Years

Firefighter Lila Alvarado
 Firefighter Ariel R. Banagan
 Firefighter Charles K. Botchwey
 Lieutenant Amy L. Brantley
 Fire Technician Webster F. Brown II
 Firefighter Jason M. Brown
 Technician Sharron L. Cayere
 Firefighter Seo H. Chae
 Firefighter Howard S. Chong
 Technician Paul M. Corso
 Firefighter Brendan M. Downing
 Firefighter Karl A. Goza
 Firefighter Richard C. Jones
 Firefighter Robert L. Knupp
 Master Technician
 Johnathan H. MacQuilliam
 Firefighter Stanley K. Manuel II

Master Technician Paul T. Marria
 Christinamaria A. Morrison,
 Human Resources Generalist II
 Firefighter Dang-Khoa Ngo
 Technician Minh T. Nguyen
 Technician Derrick W. Payne
 Firefighter Crystal M. Plasters
 Firefighter Ariel J. Rodriguez
 Firefighter Nelson Rodriguez
 Firefighter Kelvin L. Teel

5 Years

Norita A. Alexander, Fire Inspector II
 Firefighter Hamed J. Aziz
 Vanessa L. Baker,
 Administrative Assistant IV
 Technician Kyle D. Ballinger
 Technician Shane A. Brillhart
 Firefighter Alexander A. Campos
 Firefighter Ryan H. Chinn
 Paula E. Dellert,
 Administrative Assistant IV
 Technician Laura M. Elliott
 Michael L. Freeza, Inspector II
 Technician Kristopher C. Ganz
 Technician Nikki L. Gruver
 Firefighter Marc A. Hernandez
 Firefighter Christopher J. Johnson
 Firefighter Hyun W. Kang
 Technician Paul M. Kaulfers
 Frederick T. Keck, Fire Inspector II
 Technician Charles E. Keplinger
 Technician Gabriel D. Lauer
 Firefighter Sung H. Lee
 Firefighter Soraja Lofstrom
 Technician Linda J. Neimeier
 Technician Brian L. Pape
 Technician Brooke L. Robbins
 Firefighter/Medic William C. Stinson, Jr.
 Technician Christopher S. Theobald
 Firefighter James M. Tolson
 Firefighter/Medic James A. Welling
 Technician Paul J. Wenner
 Technician Justin T. Willis
 Firefighter Jordan C. Yost

Retirements

Technician Warren H. Artis
 August 29, 1988 - January 10, 2017

Master Technician Douglas E. Butler
 September 20, 1993 - March 17, 2017

Lieutenant George Diaz
 July 6, 1987 - December 27, 2016

Christina A. Fisher, Buyer II
 April 23, 1984 - March 21, 2017

Technician Michael L. Frames
 March 8, 1982 - January 23, 2017

Firefighter Marlon D. Garner
 April 10, 1989 - January 2, 2017

Battalion Chief Thomas W. Graling
 January 28, 1980 - December 23, 2016

Lieutenant David M. Gilmore
 October 11, 1999 - March 14, 2017

Captain II Raymond E. Griffin
 August 4, 1986 - February 2, 2017

Paula E. Woodrum, EMS III
 August 5, 1985 - December 30, 2016

Fairfax County Fire & Rescue Department

Attn: Public Affairs and Life Safety Education

4100 Chain Bridge Road

Fairfax, Virginia 22030



A publication of
Fairfax County, VA



Captain II
Joseph Palau III

Station Profile

Crosspointe

Fire and Rescue Station 41



Station constructed: 2007

Station specialty: Mountain bike trail response. Providing search, rescue BLS/ALS care, packaging and removal for ultimate transport to a tertiary facility. Protecting somewhat remote, large footprint single family dwellings in a rural water setting. Providing CAFS capabilities for our first due and surrounding companies.

Square miles in first due area: 15.7 square miles

Specific hazardous/target areas: Frederick P. Griffith Jr. treatment plant (one of the two largest water treatment facilities in the state). 1st due to Fountainhead Regional Park, Sandy Run Regional Park, Occoquan Regional Park and parts of Burke Lake Park. Providing 4WD off road capabilities (Brush and UTV) and flat water boat capabilities. Workhouse Arts Center.

Equipment assigned to station: Engine, Truck, Tanker, Medic, Brush, Boat, UTV, EMS Supervisor, Canine Search and Rescue.

Total calls in 2016: 3,304

Station personnel: **A-Shift:** **Captain II Joseph Palau III**, Lieutenant Anthony D. Mullins, Master Technician David J. May, Technician Timothy A. Adkins, Technician Sage L. Gummerson, Technician Jason P. Kelly, Technician Gabriel D. Lauer, Firefighter/Medic Jill N. Sears, Firefighter Charles K. Botchwey, Firefighter Clevis R. Hooker, Firefighter Craig S. Lazisky, Firefighter Thomas M. Tippett. **B-Shift:** **Captain I James B. Johnson**, Lieutenant David G. Bender, Lieutenant Lloyd B. Jackson, Master Technician Sean D. Hodgson, Technician Dovel C. Gilmore, Technician David D. Sweetland, Technician Ryan J. Ward, Technician Travis W. Woolever, Firefighter Baatarjav Javkhan, Firefighter Catherine E. Leary, Firefighter James M. Taber. **C-Shift:** **Captain I Nicholas Weresnick III**, Lieutenant Clifton Allen, Jr., Lieutenant Charles J. Epps, Master Technician Christopher L. Johnson, Master Technician John C. Manville, Technician Benjamin D. Andreson, Technician Vincent A. Flores, Technician In S. Hwang, Firefighter Kathy A. Averys, Firefighter Roy A. Lockhart, Firefighter Kyle L. Turner, and Canines Pippin and Pleiku.

Get Connected. STAY INFORMED.



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Follow us on Wordpress: <https://ffxfirerescue.wordpress.com>



Follow us on Twitter: [@ffxfirerescue](https://twitter.com/ffxfirerescue)