Family Escape Plan

Meeting Place

Practice Your Escape Plan
Instructions: Family Escape Plan

Create a floor plan of your home using the worksheet provided. Make sure that your plan includes:

- Working smoke alarms
- Two exits from each room
- An outside meeting place
- Emergency phone number for your local fire department
- Alternatives for any family member needing extra assistance

Practice your plan with all members of your household regularly, at least twice a year. Review and revise this plan twice a year, and whenever there are any changes in your household (ex: sleeping arrangements, new baby, etc.)

Additional Preparation

- Be sure that everyone in your home can unlock and open windows if they are a part of your plan.
- If your windows have security bars, are they equipped with inside quick-release devices?
- Be certain that children can reach and open all door and window locks that are included in their part of the plan.
- When practicing your fire escape plan, explain that the firefighter’s job is to rescue anyone trapped inside, so don’t hide.

Enhancing Home Escape Plans for your Child

- Visit a fire and rescue station with your children to meet the firefighters and learn about their job.
- Emphasize that firefighters and rescue personnel are your friends and helpers.
- Give your child an opportunity to see a firefighter in uniform and the protective clothing they wear known as turn-out gear.

* It is good for children to recognize firefighters in turn-out gear and in uniform. It is important that children not run or hide when they require assistance during an emergency.