



Fairfax County Youth Survey School Year 2014–2015



Fairfax County 2014 Youth Survey



About the Fairfax County Youth Survey

It provides **DATA** to **county, school, and community-based organizations** to:

- Assess Youth **Strengths** and **Needs**
- Develop **Programs** and **Services**
- Monitor **Trends**
- **Measure** Community Indicators
- Guide Countywide **Planning** of **Prevention** Efforts



Fairfax County 2014 Youth Survey



More About the Fairfax County Youth Survey



- **Comprehensive**
- **Anonymous**
- **Voluntary**

It examines the

- **Behaviors,**
- **Experiences,** and
- **Risk and Protective Factors** that influence the well-being of our county's youth.



Fairfax County 2014 Youth Survey



Fairfax County Youth Survey Web Page

[homepage](#) > [demographic and economic information](#) > [fairfax county youth survey reports](#)

Printer Friendly Text Only

Fairfax County Youth Survey

The Fairfax County Youth Survey, a comprehensive, anonymous and voluntary survey given each year to students in grades 6, 8, 10 and 12, examines behaviors, experiences and other factors that influence the health and well-being of Fairfax County's youth. The results provide a snapshot of the county's youth and serve as a barometer of the community's effectiveness fostering healthy choices in young people. The Youth Survey is a collaboration of Fairfax County Government and the Fairfax County Public Schools.

See also: [Youth Survey Frequently Asked Questions](#)

NEW School Year 2013-2014 Fairfax County Youth Survey Results



View a video of result highlights.

Fairfax County Youth Survey Highlights Video (27:33 min.)

Watch on YouTube:

- [Fairfax County Youth Survey Report](#)
- [Fairfax County 6th Grade Youth Survey Report](#)
- [Fairfax County Youth Survey Results Highlights Presentation](#)
- [Updated Fact Sheets](#)

If you use data from the School Year 2013-2014 survey, please cite *The Fairfax County Youth Survey Report School Year 2013-2014* and reference: www.fairfaxcounty.gov/youthsurvey.

Visit slideshare to view this and other county presentations.

[View Playlist of Youth Survey Videos on YouTube](#)

School Year 2014-2015 Fairfax County Youth Survey Information

[Youth Survey Frequently Asked Questions](#)

[Risk & Protective Factors Youth Survey Instrument \(for Grades 8, 10, and 12\)](#)

[6th Grade Youth Survey Instrument](#)

[Parent Letters and Opt-Out Forms \(when available\)](#)

	Prevention Toolkit For suggestions, tools, and resources to assist in promoting the well-being of youth in our community. For more information, download About the Prevention Toolkit.
	Results 2013, 2012, 2011, 2010, 2009, 2008, 2005, 2003, 2001
	Other Studies on Fairfax County Youth Survey Data
	Videos
	Fact Sheets Get a snapshot of various risks facing Fairfax County youth and learn what you can do to help young people as well as where to go for more information.
	Survey Instruments and Information



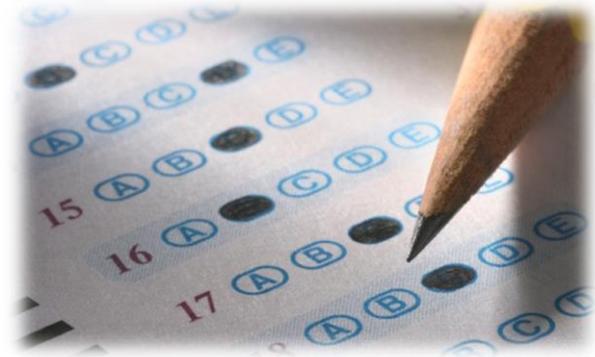
www.fairfaxcounty.gov/youthsurvey

Fairfax County 2014 Youth Survey



Fairfax County Youth Survey Participation

- **46,855** FCPS students
- **Grades 6, 8, 10, and 12**
- Representing **87%** of enrolled students



**6th grade students take a shortened,
modified survey.**

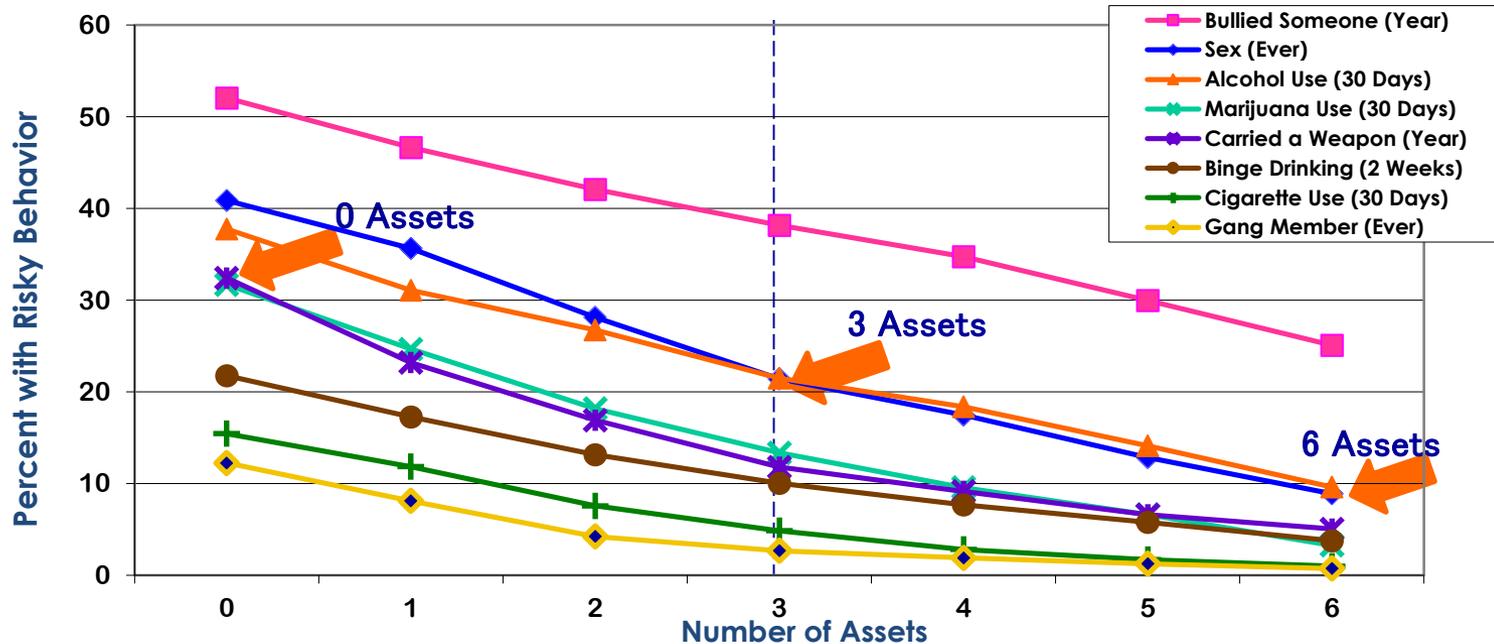


Fairfax County 2014 Youth Survey



Three to Succeed

Asset Graph for Fairfax County (Grades 8, 10, 12)



Having High Personal Integrity
 Performing Community Service
 Having Teachers Recognize Good Work

Having Community Adults to Talk to
 Participating in Extracurricular Activities
 Having Parents Available for Help



Fairfax County 2014 Youth Survey



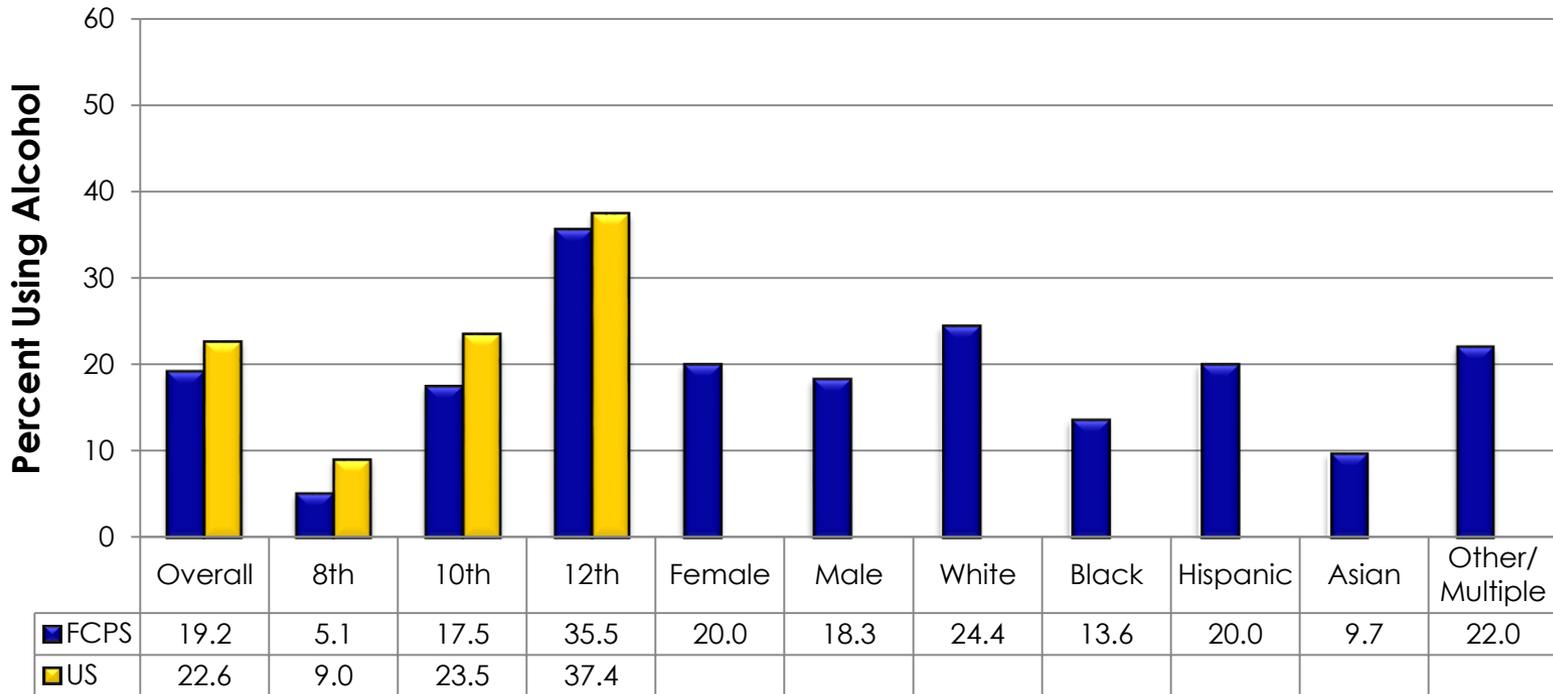
Alcohol, Tobacco and Other Drug Use



Fairfax County 2014 Youth Survey



Percent Who Drank Alcohol in Past 30 Days



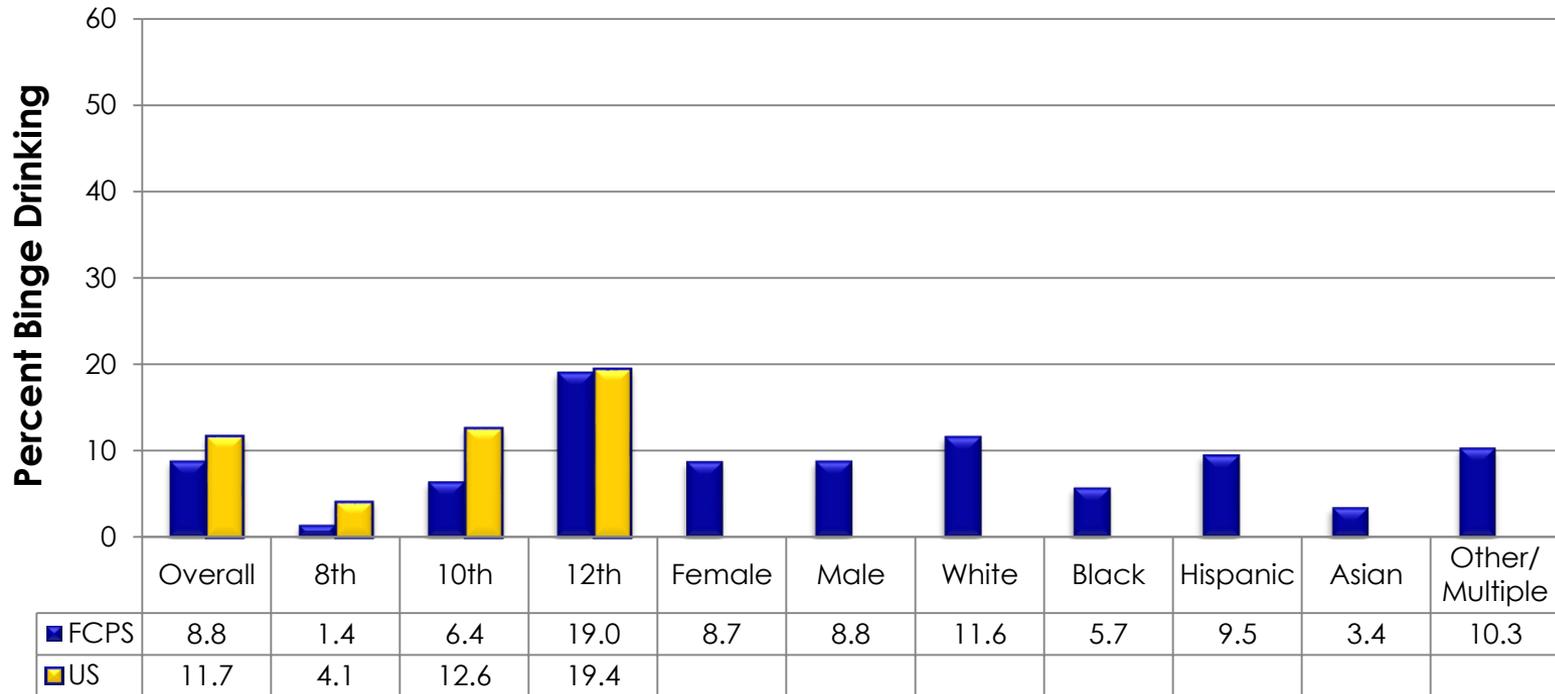
Note: 6th Grade Prevalence = 1.5%



Fairfax County 2014 Youth Survey



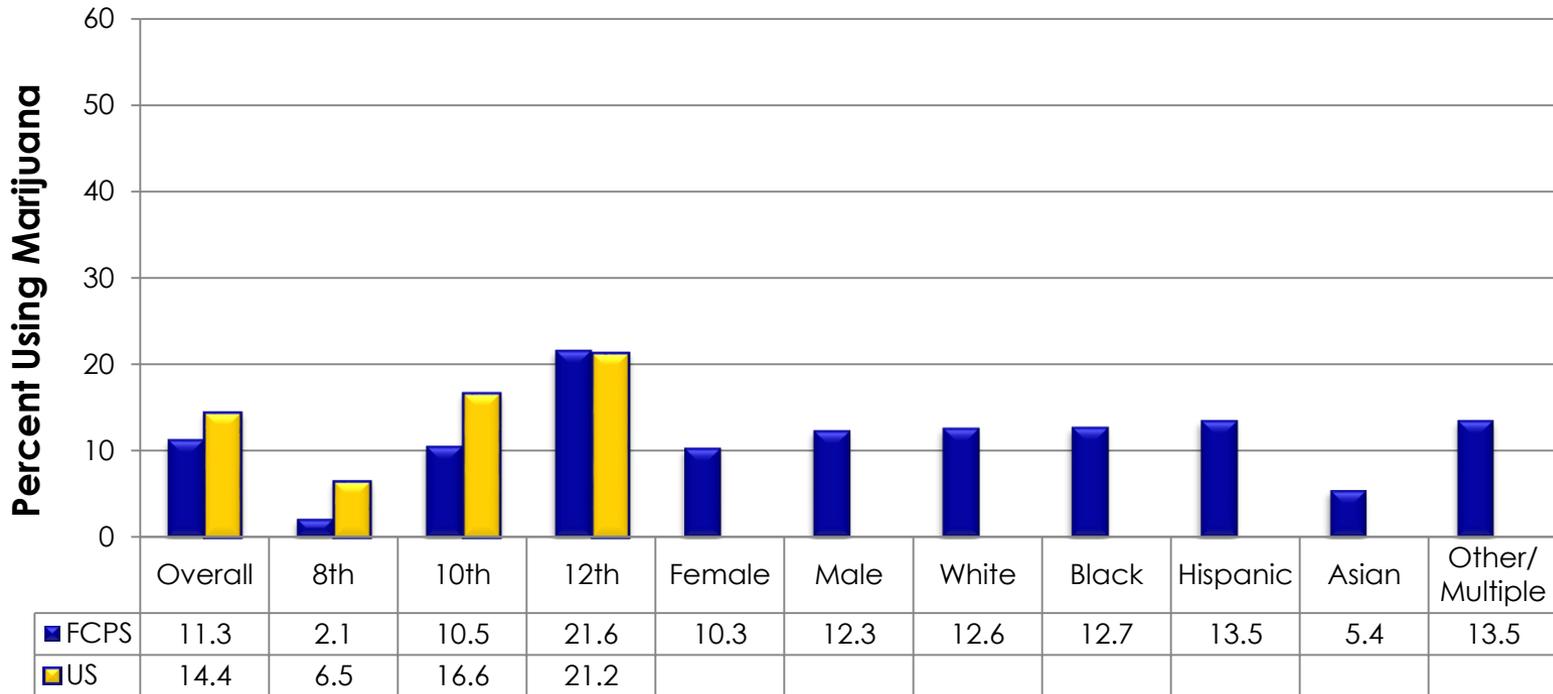
Percent Reporting Binge Drinking



Fairfax County 2014 Youth Survey



Percent Who Used Marijuana in Past 30 Days



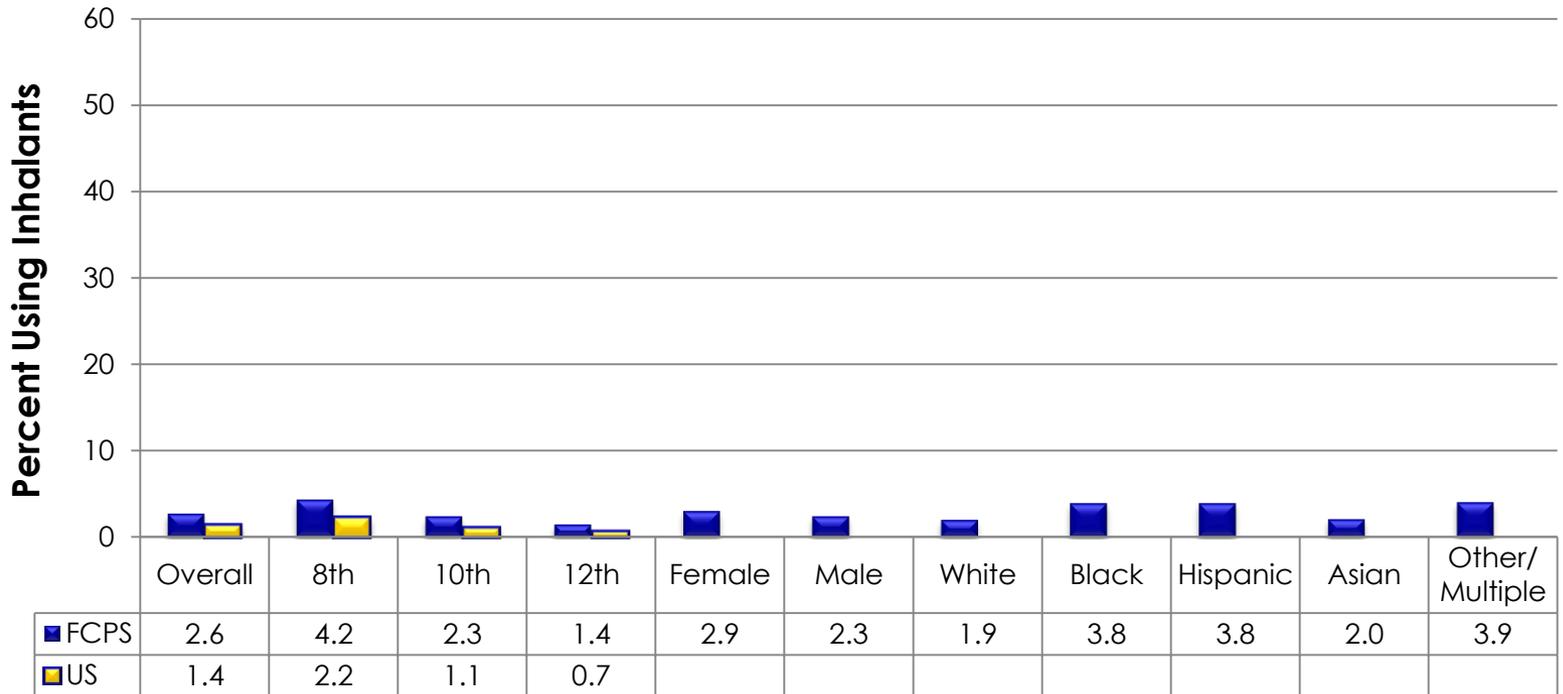
Note: 6th Grade Prevalence = 0.1%



Fairfax County 2014 Youth Survey



Percent Who Used Inhalants in Past 30 Days



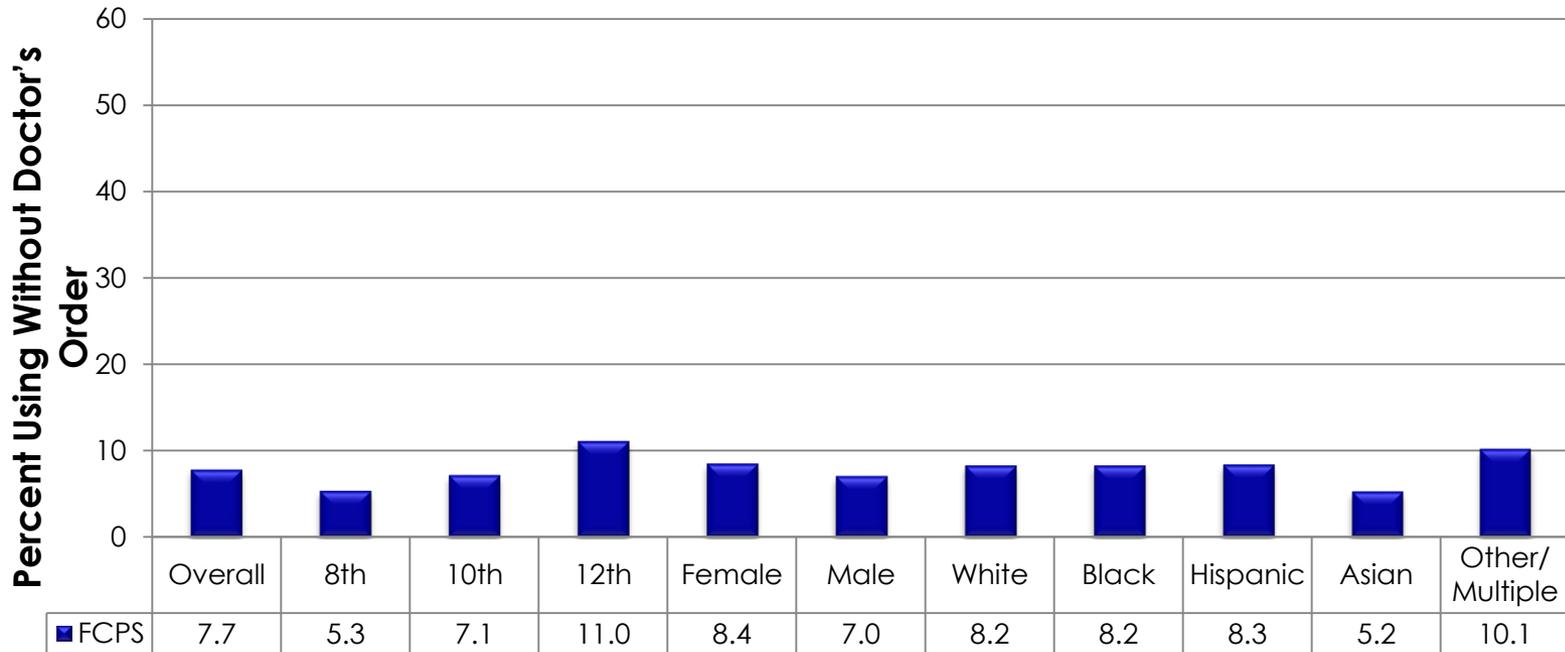
Note: 6th Grade Prevalence = 2.0%



Fairfax County 2014 Youth Survey



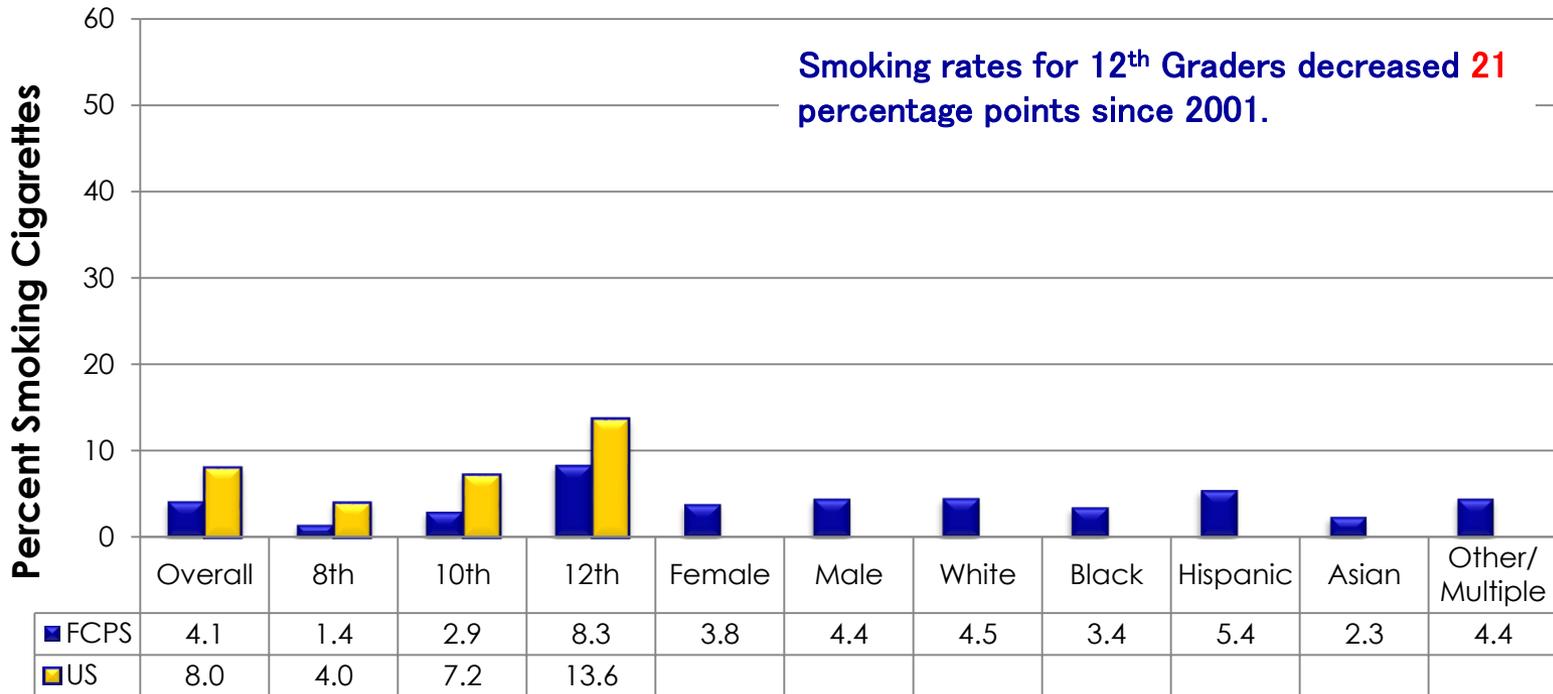
Percent Who Used Painkillers or Prescription Medication in Past 30 Days



Fairfax County 2014 Youth Survey



Percent Who Smoked Cigarettes in Past 30 Days



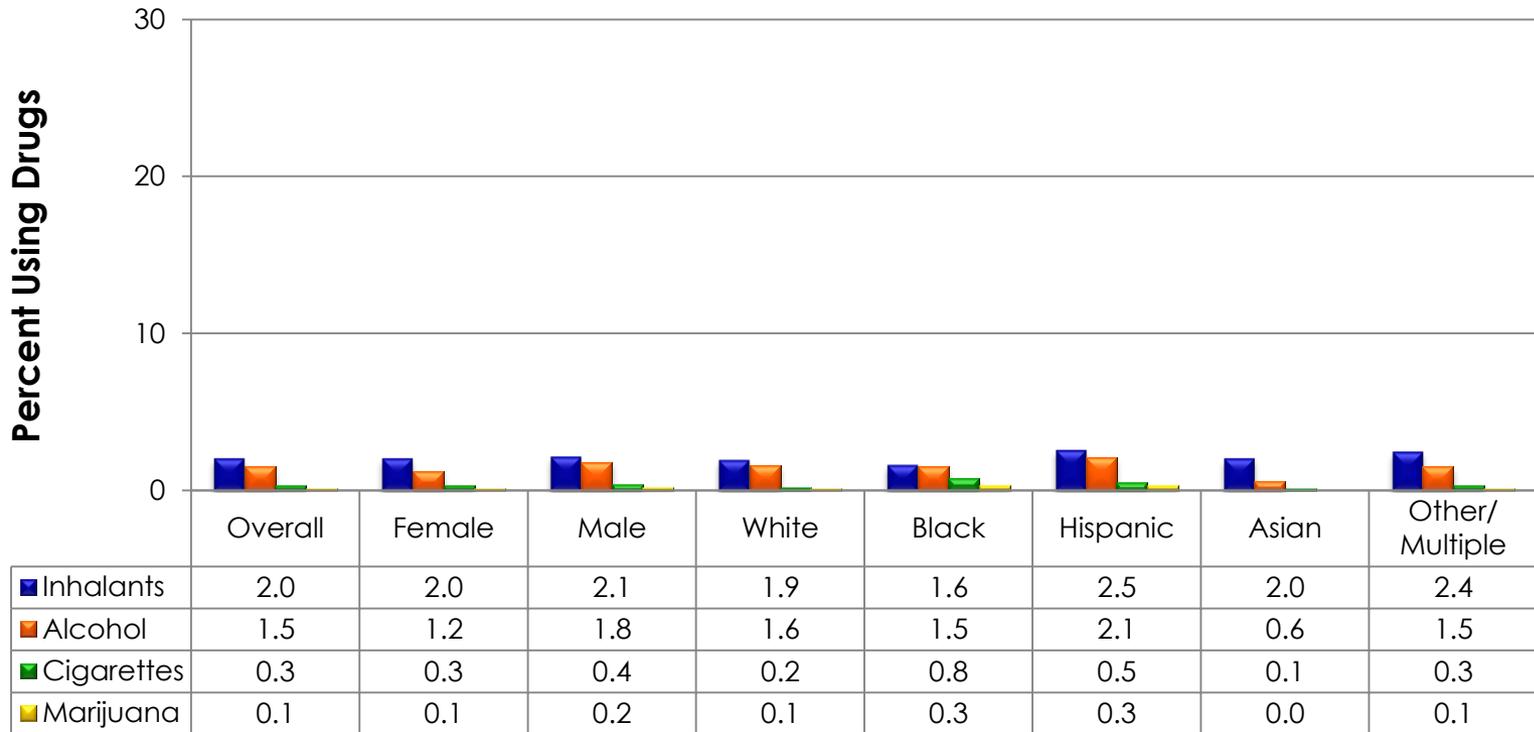
Note: 6th Grade Prevalence = 0.3%



Fairfax County 2014 Youth Survey



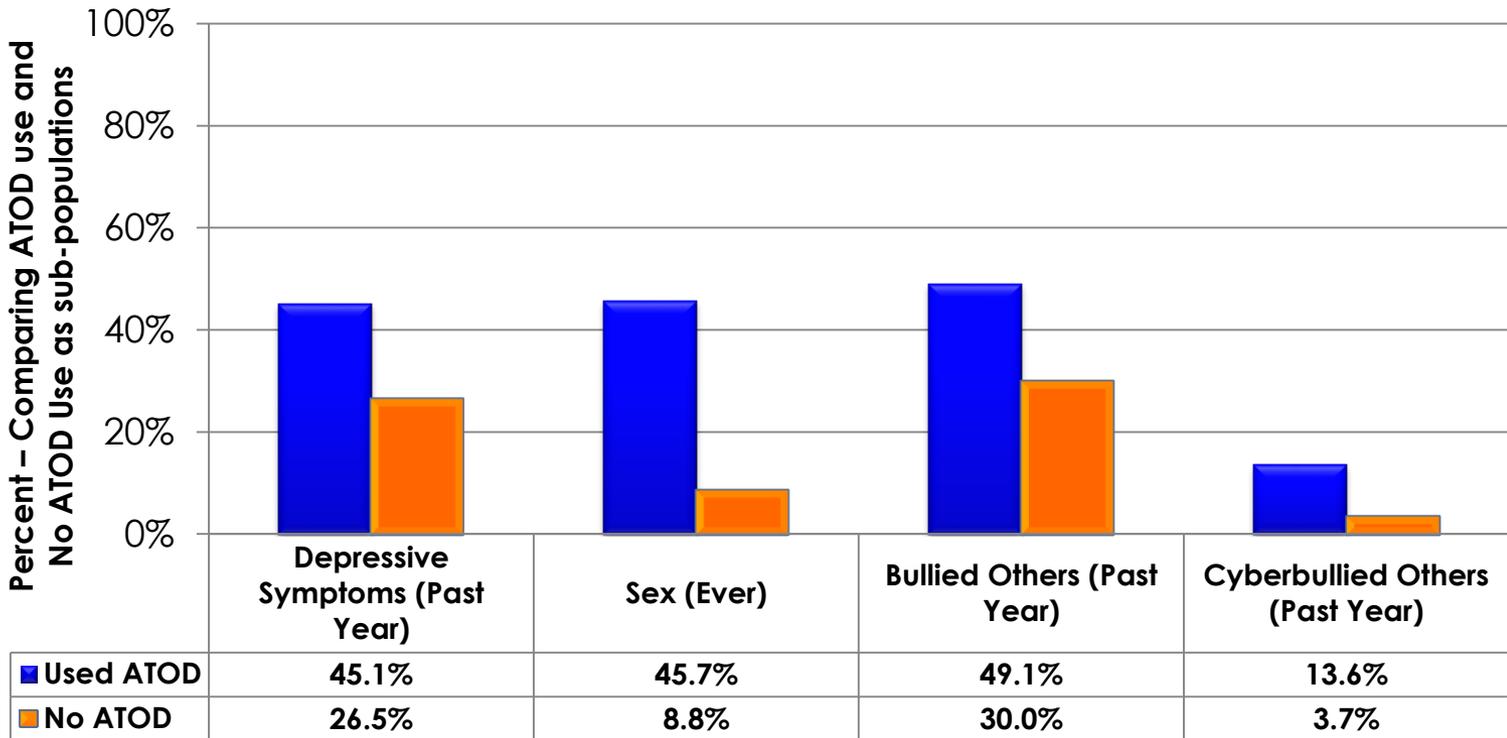
Drug Use for 6th-Graders Past 30 Days



Fairfax County 2014 Youth Survey



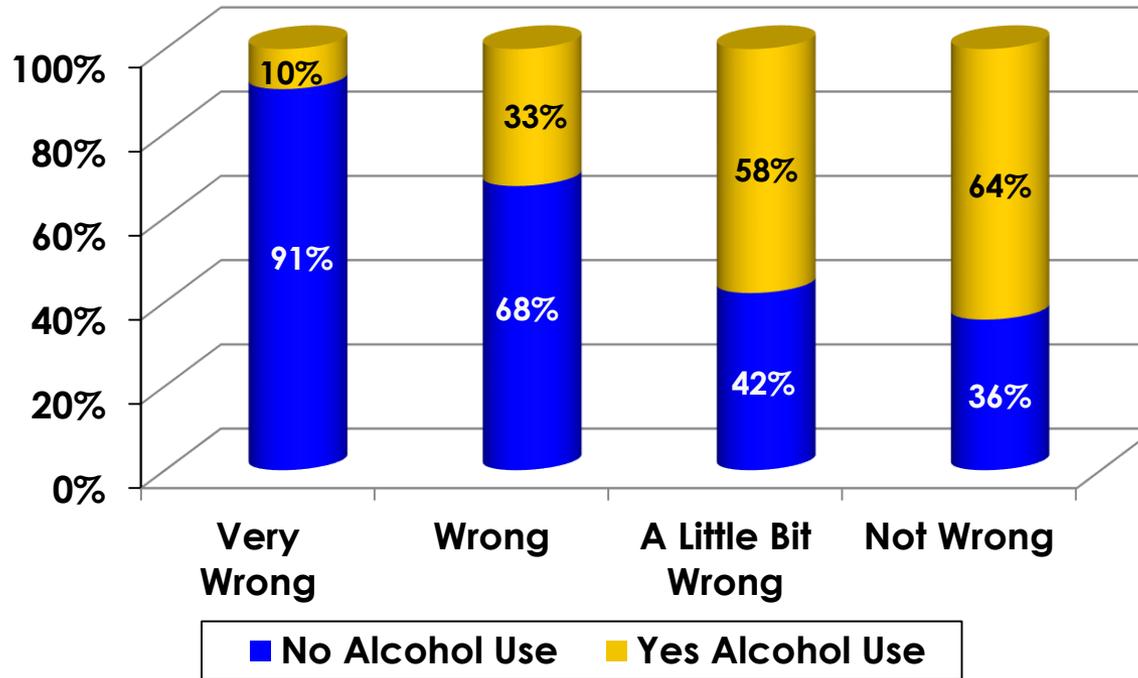
Alcohol, Tobacco and Other Drug Use (Past 30 Days) Related Factors



Fairfax County 2014 Youth Survey



Parental Perception and Alcohol Use Behavior



Percentages do not sum to 100% due to rounding



Fairfax County 2014 Youth Survey



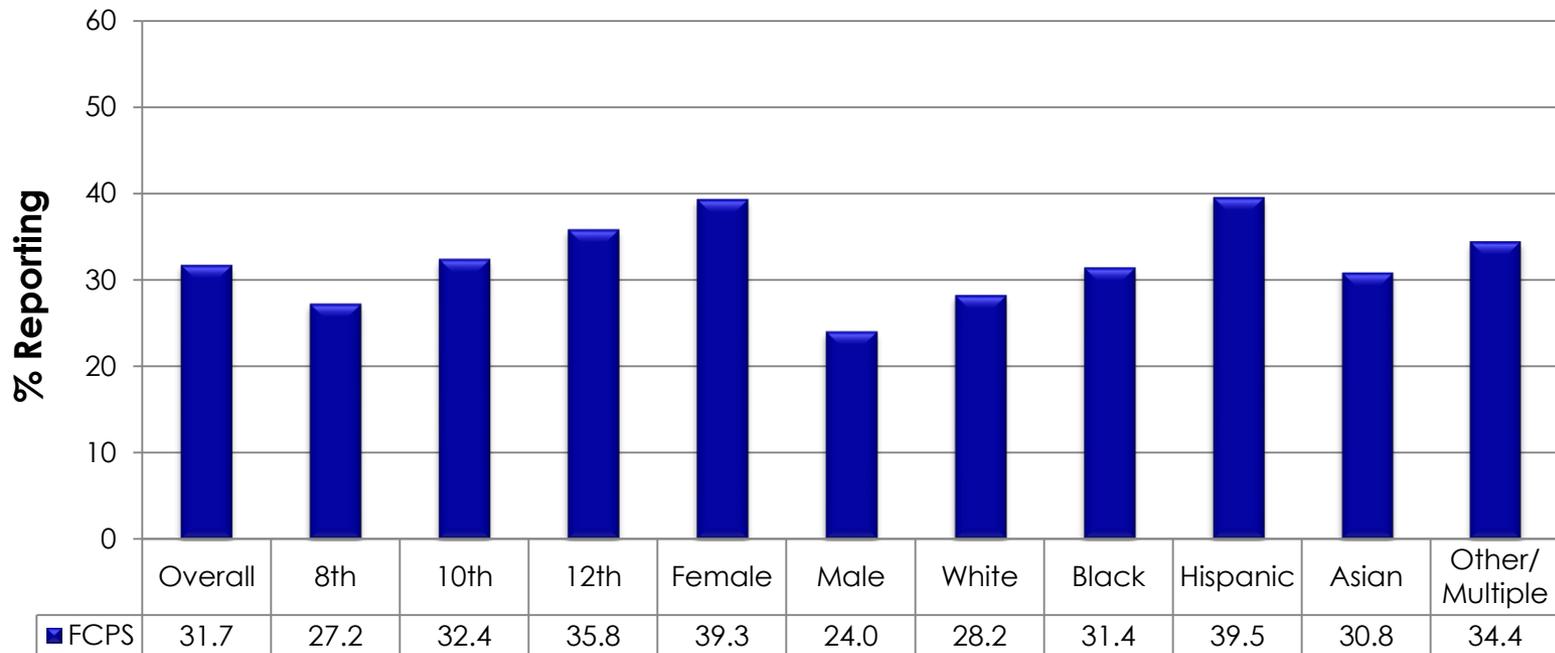
Depressive Symptoms



Fairfax County 2014 Youth Survey



Percent Who Reported Depressive Symptoms in Past Year



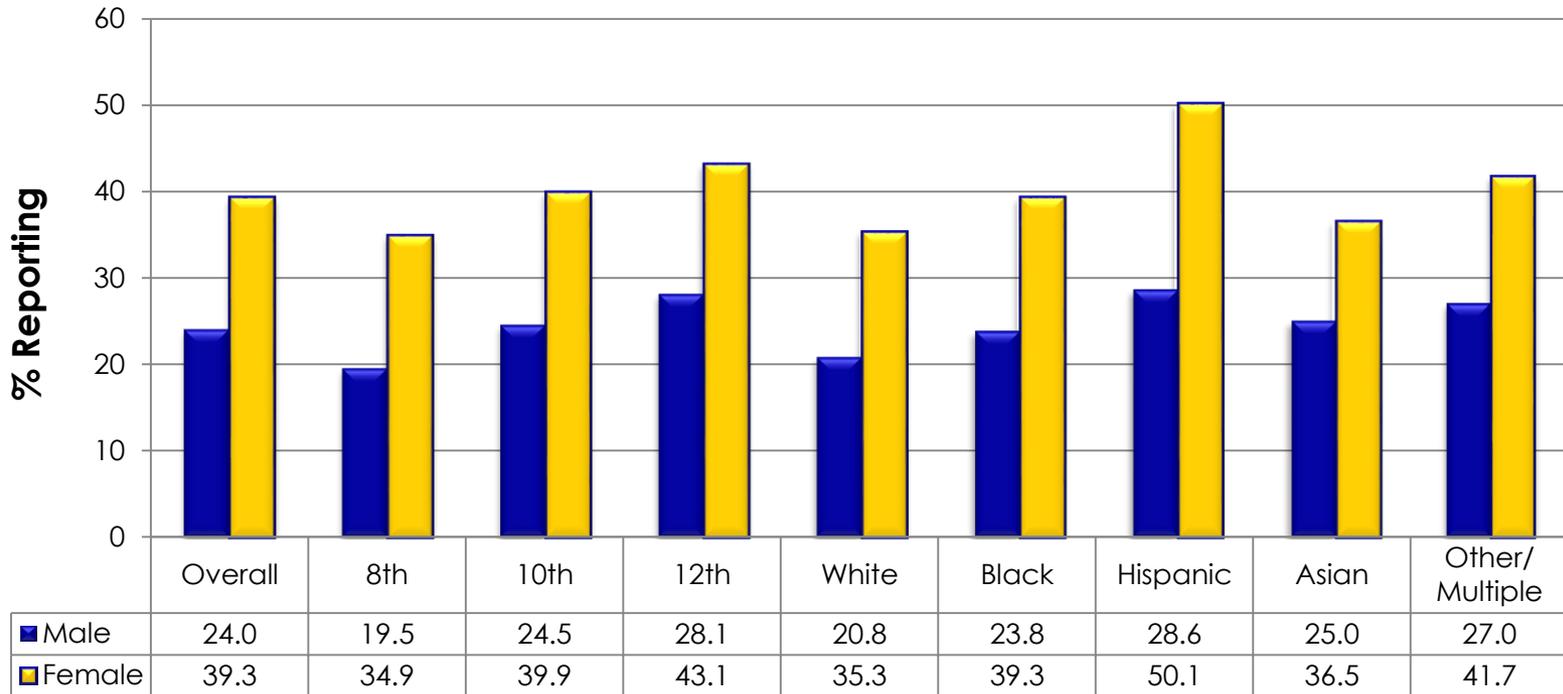
Note: 6th Grade Prevalence = 21.5%



Fairfax County 2014 Youth Survey



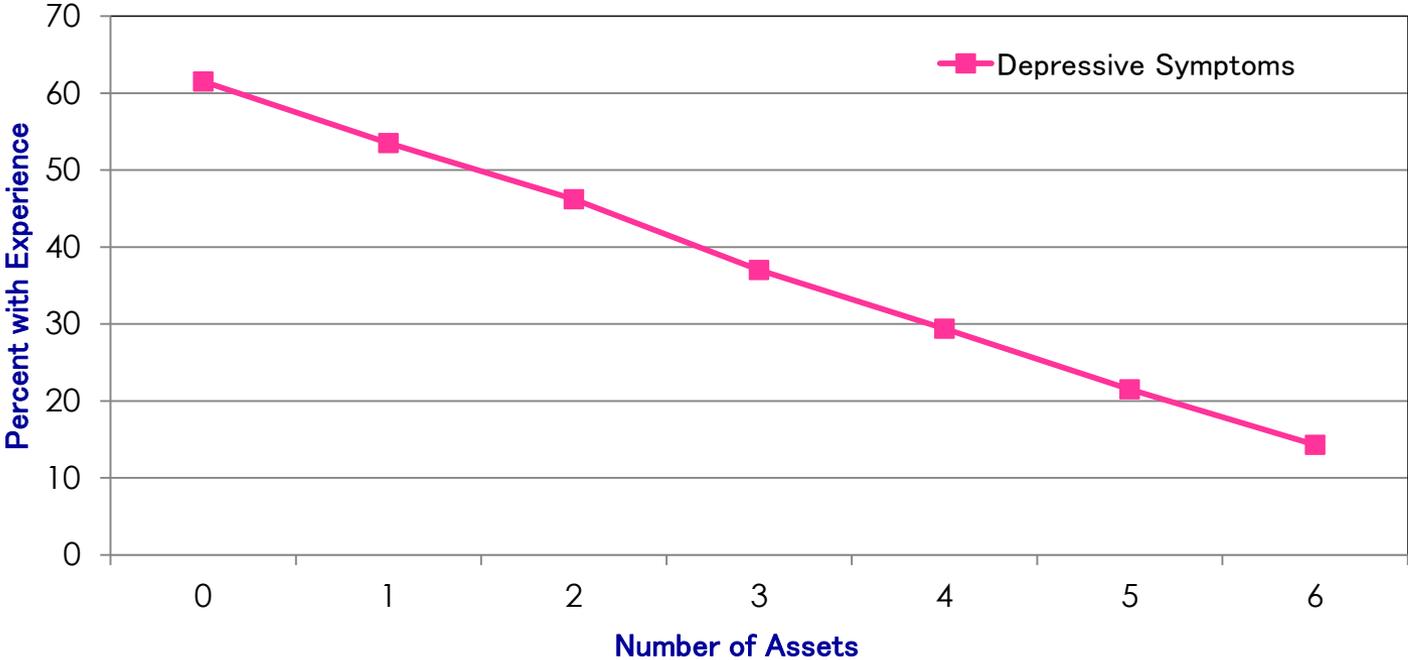
A Closer Look at Depressive Symptoms



Fairfax County 2014 Youth Survey



Assets and Experiences of Depressive Symptoms



Having High Personal Integrity
 Performing Community Service
 Having Teachers Recognize Good Work

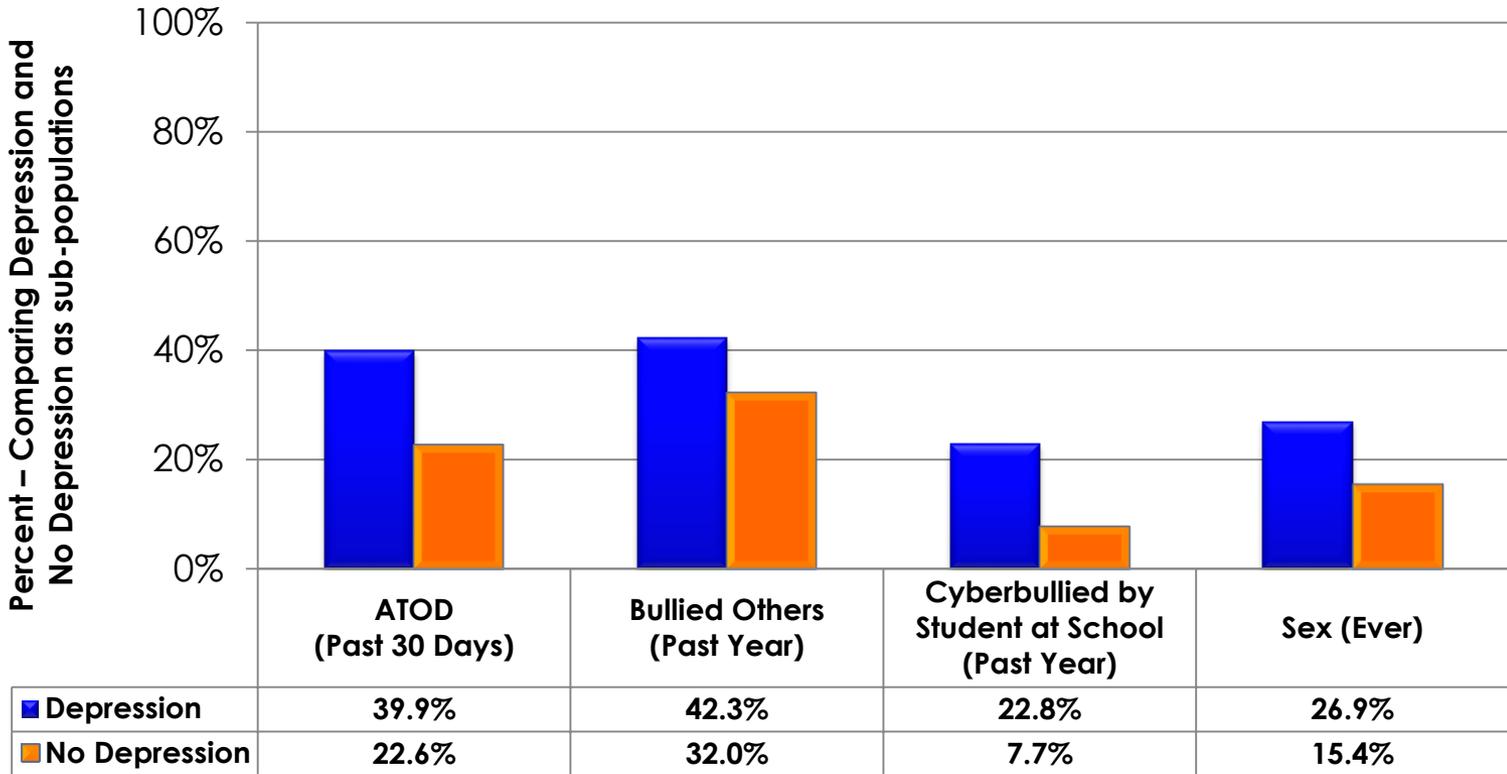
Having Community Adults to Talk to
 Participating in Extracurricular Activities
 Having Parents Available for Help



Fairfax County 2014 Youth Survey



Depressive Symptoms (Past Year) Related Factors



Fairfax County 2014 Youth Survey



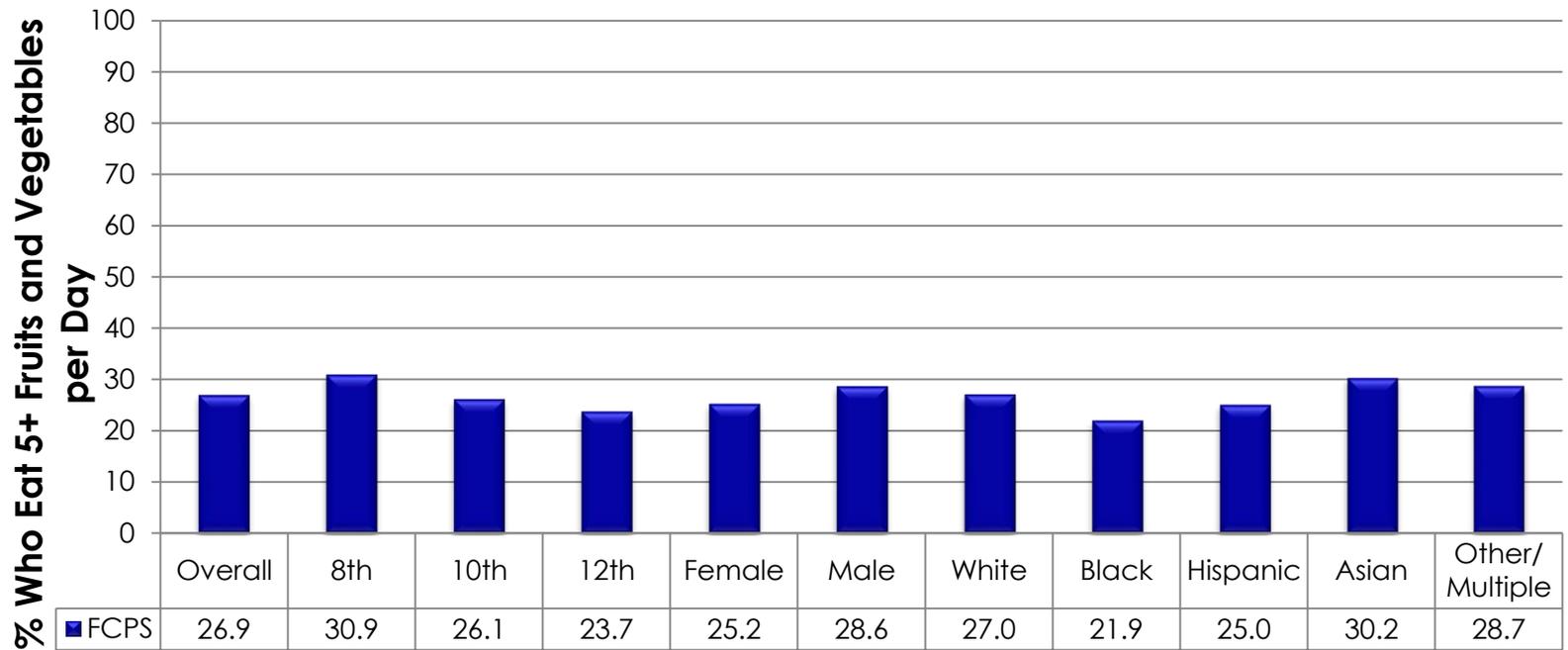
Nutrition and Physical Activity



Fairfax County 2014 Youth Survey



Percent Meeting Nutrition Requirements



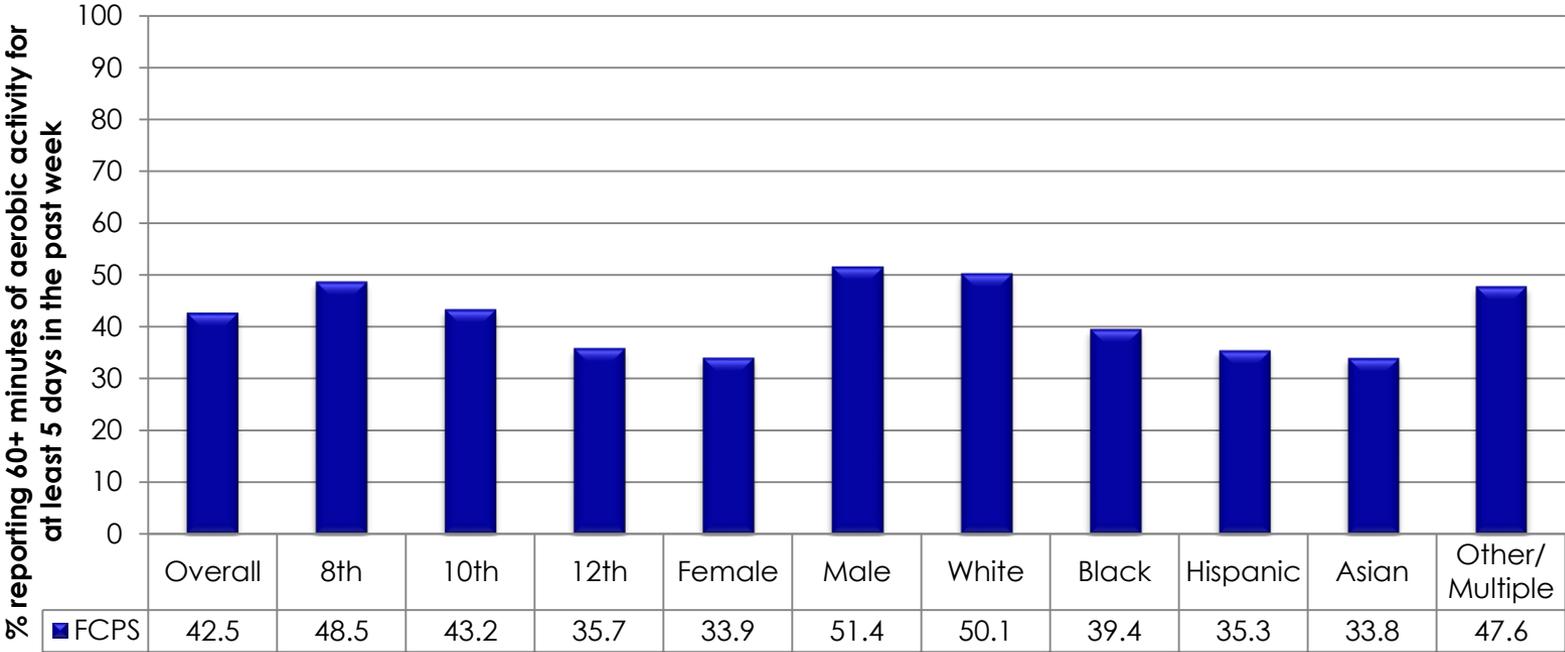
Note: 6th Grade Prevalence = 33.7%



Fairfax County 2014 Youth Survey



Percent Meeting Recommendations for Physical Activity



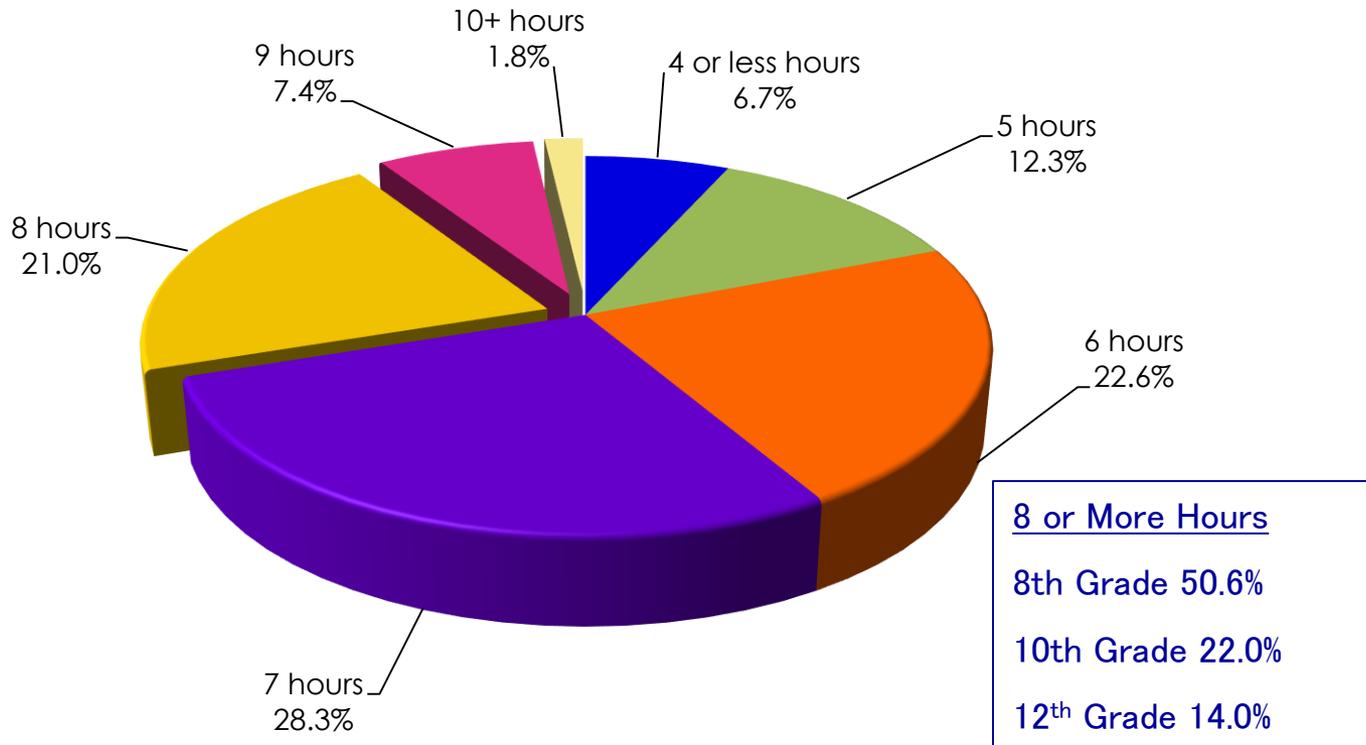
Note: 6th Grade Prevalence = 53.3%



Fairfax County 2014 Youth Survey



Number of Sleep Hours on an Average School Night



Fairfax County 2014 Youth Survey



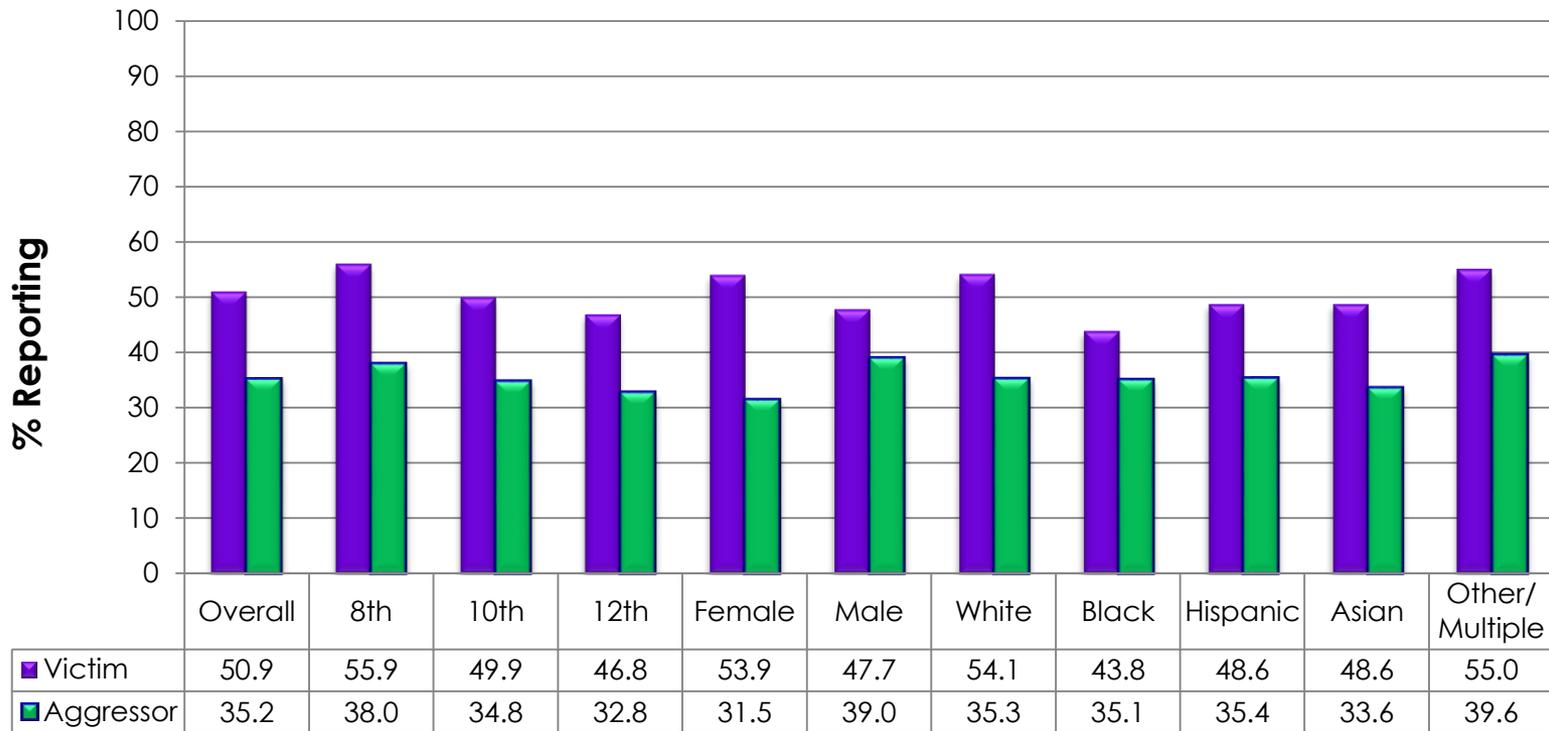
Aggression and Victimization



Fairfax County 2014 Youth Survey



Percentage Who Experience Bullying



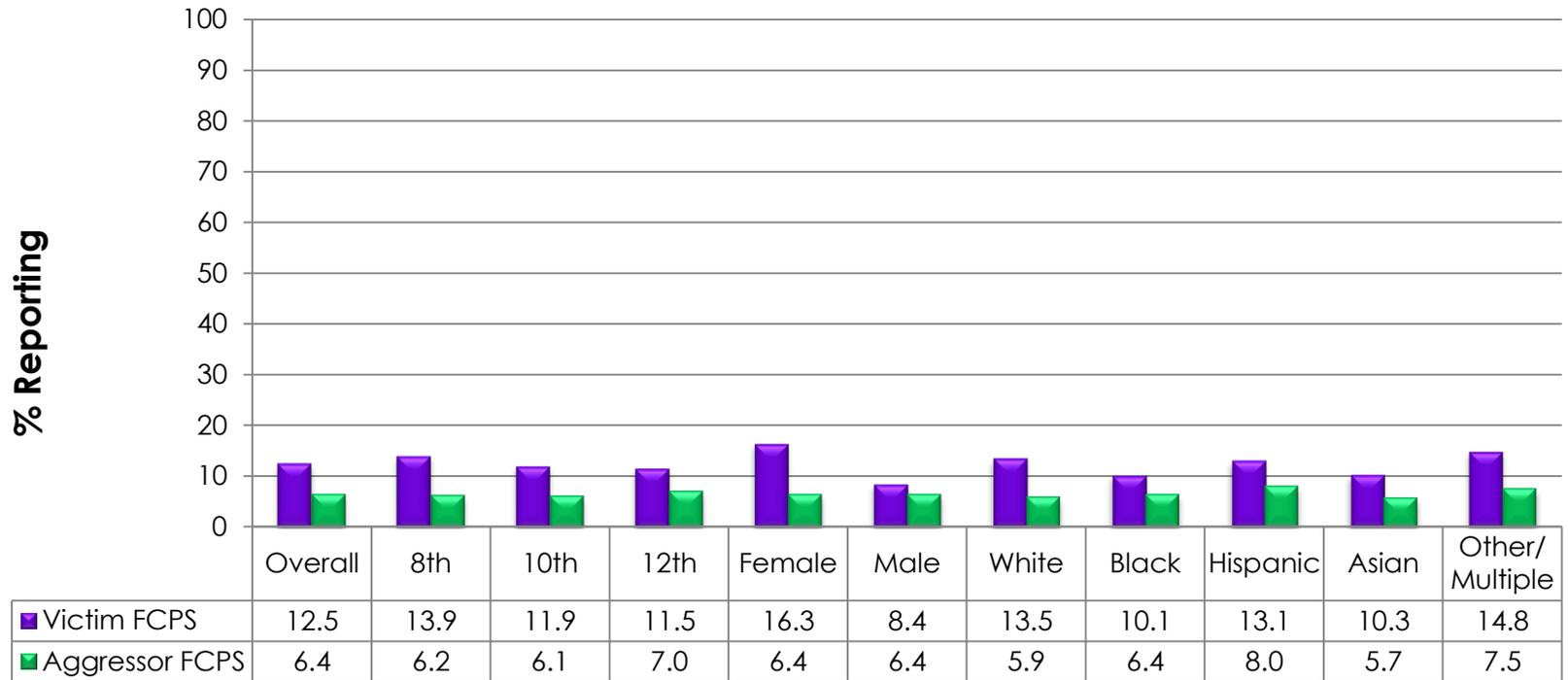
Note: 6th Grade Prevalence for Victim = 43.0%; Aggressor = 16.3%



Fairfax County 2014 Youth Survey



Percentage Who Experience Cyberbullying Between Schoolmates



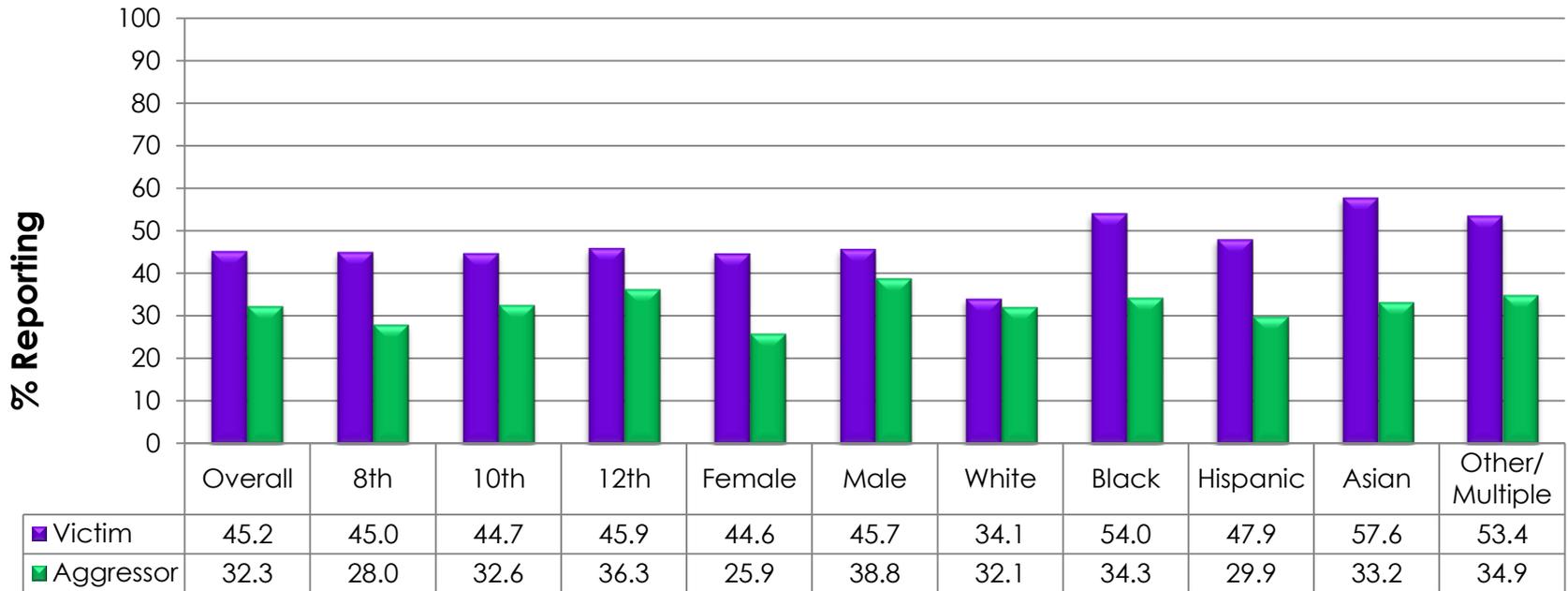
Note: 6th Grade Prevalence for Victim = 13.9%; Aggressor = 4.6%



Fairfax County 2014 Youth Survey



Percentage Who Experience Racial/Cultural Harassment



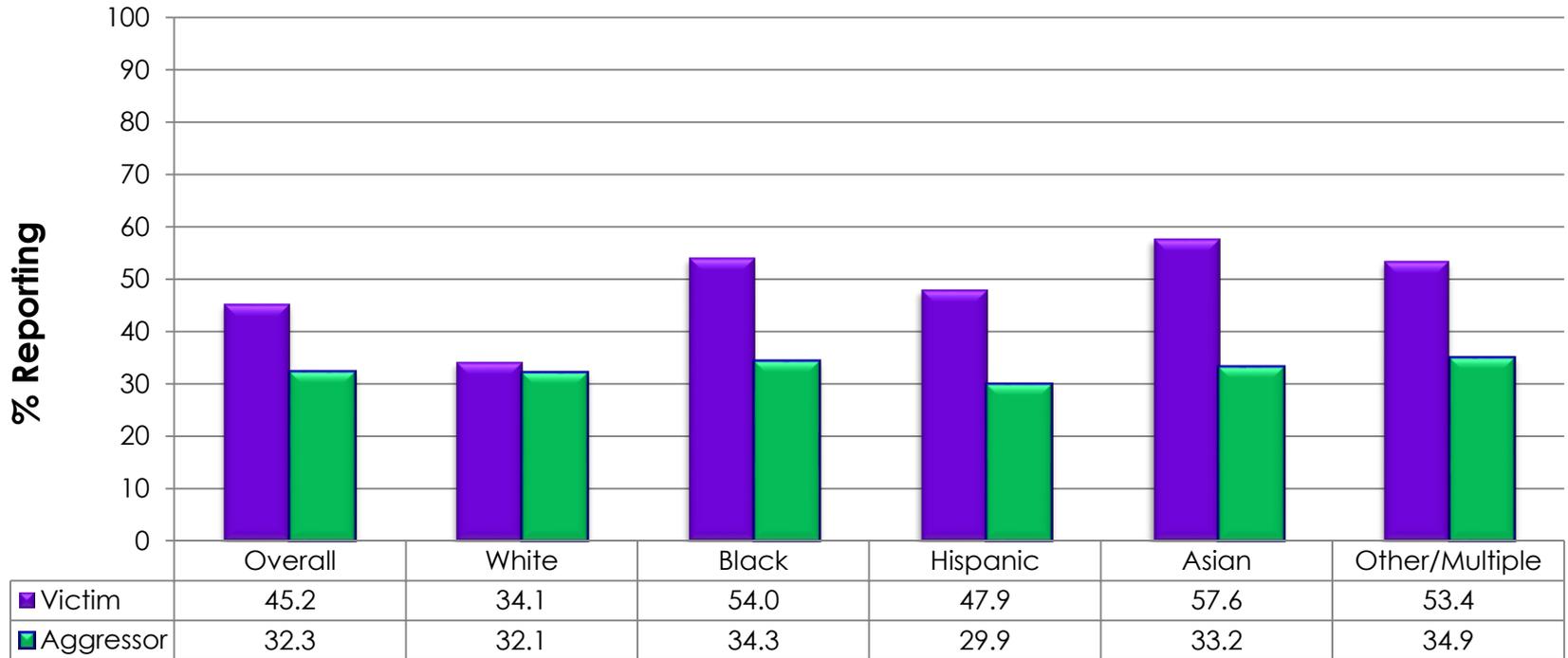
Note: 6th Grade Prevalence for Victim = 18.3%; Aggressor = 4.6%



Fairfax County 2014 Youth Survey



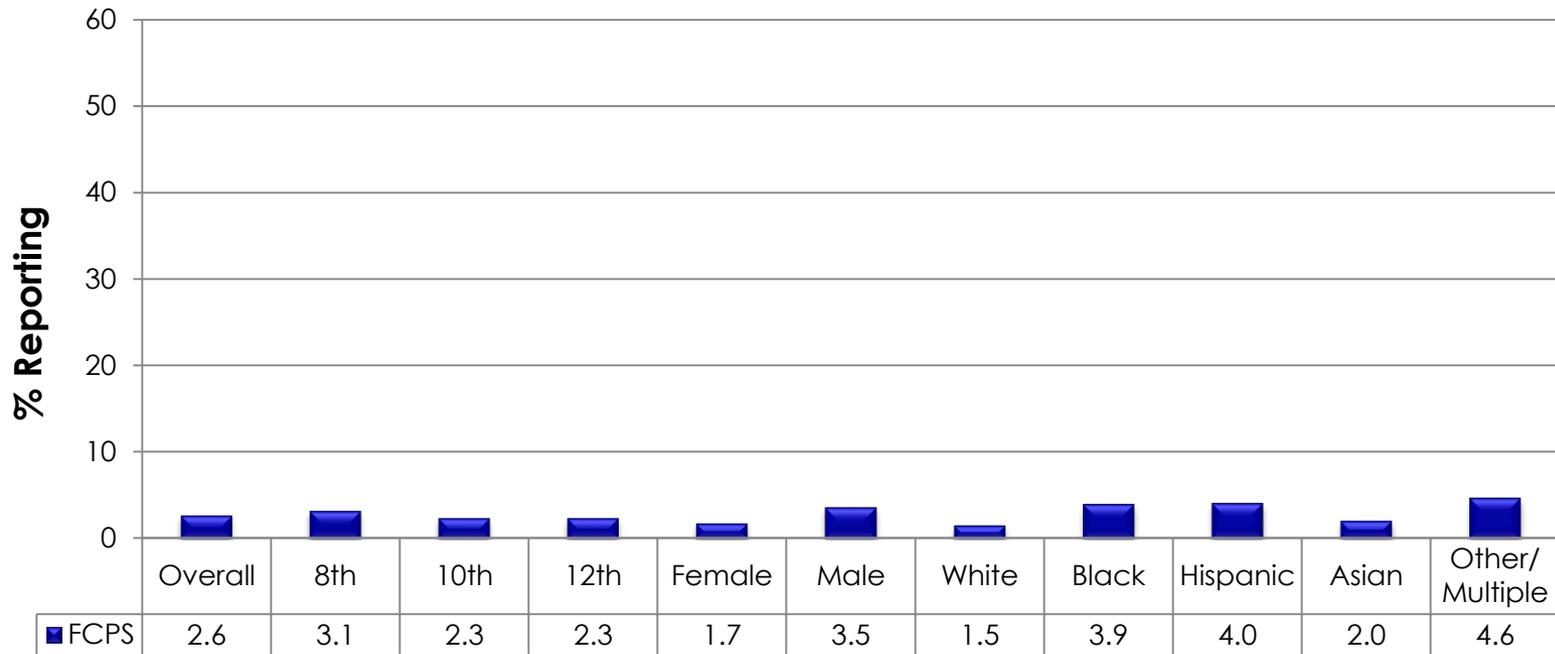
Racial/Cultural Harassment by Race/Ethnicity (Grades 8, 10, 12)



Fairfax County 2014 Youth Survey



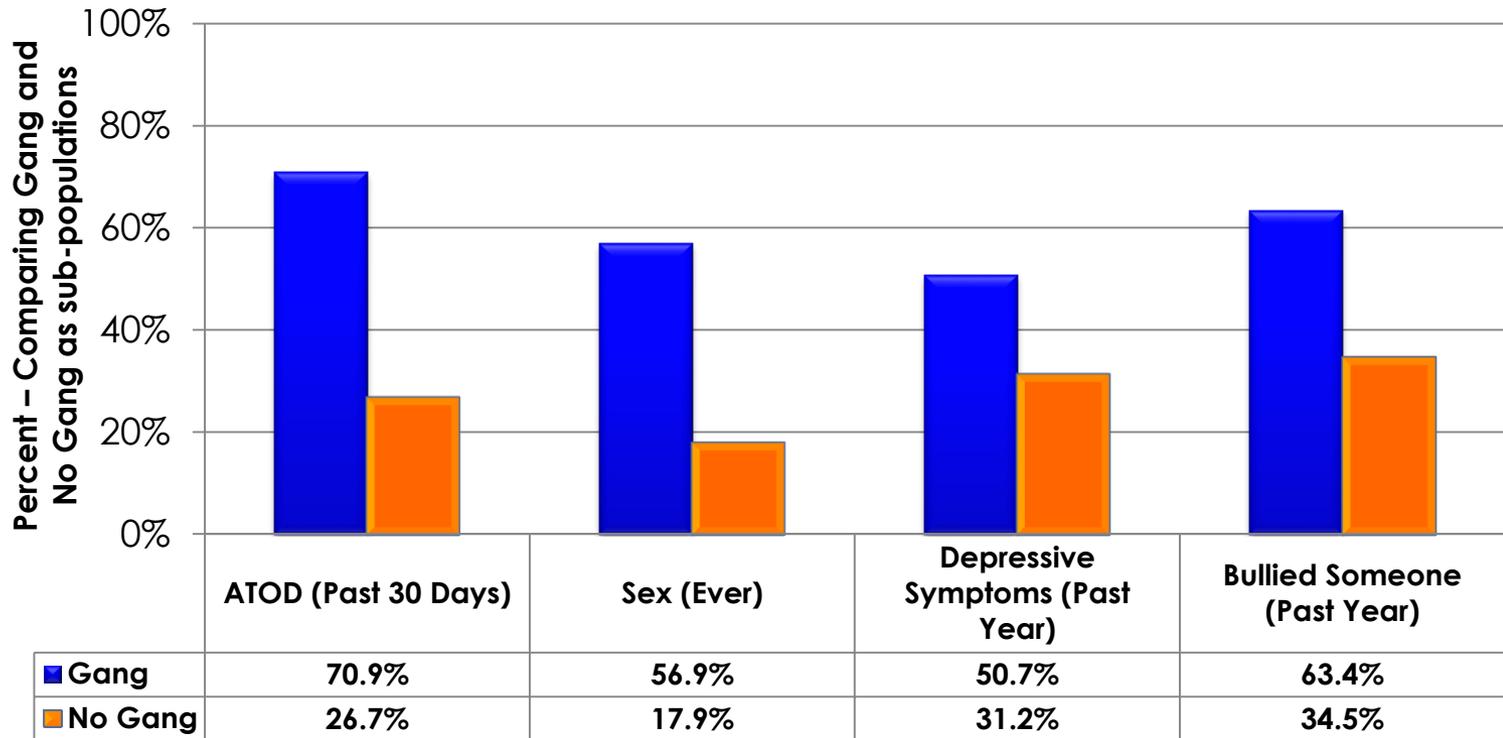
Percent Who Have Ever Been in a Gang



Fairfax County 2014 Youth Survey



Gangs and Related Factors



Fairfax County 2014 Youth Survey





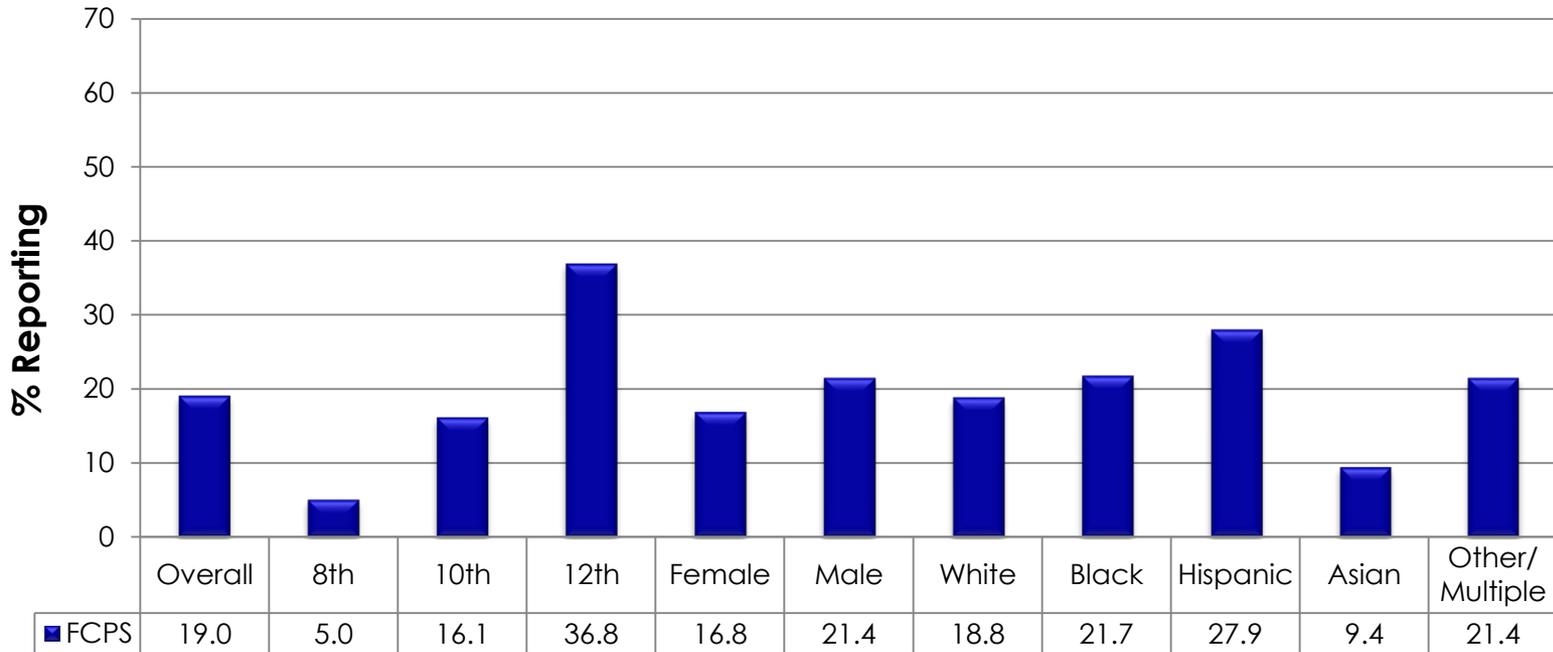
Sexual Health



Fairfax County 2014 Youth Survey



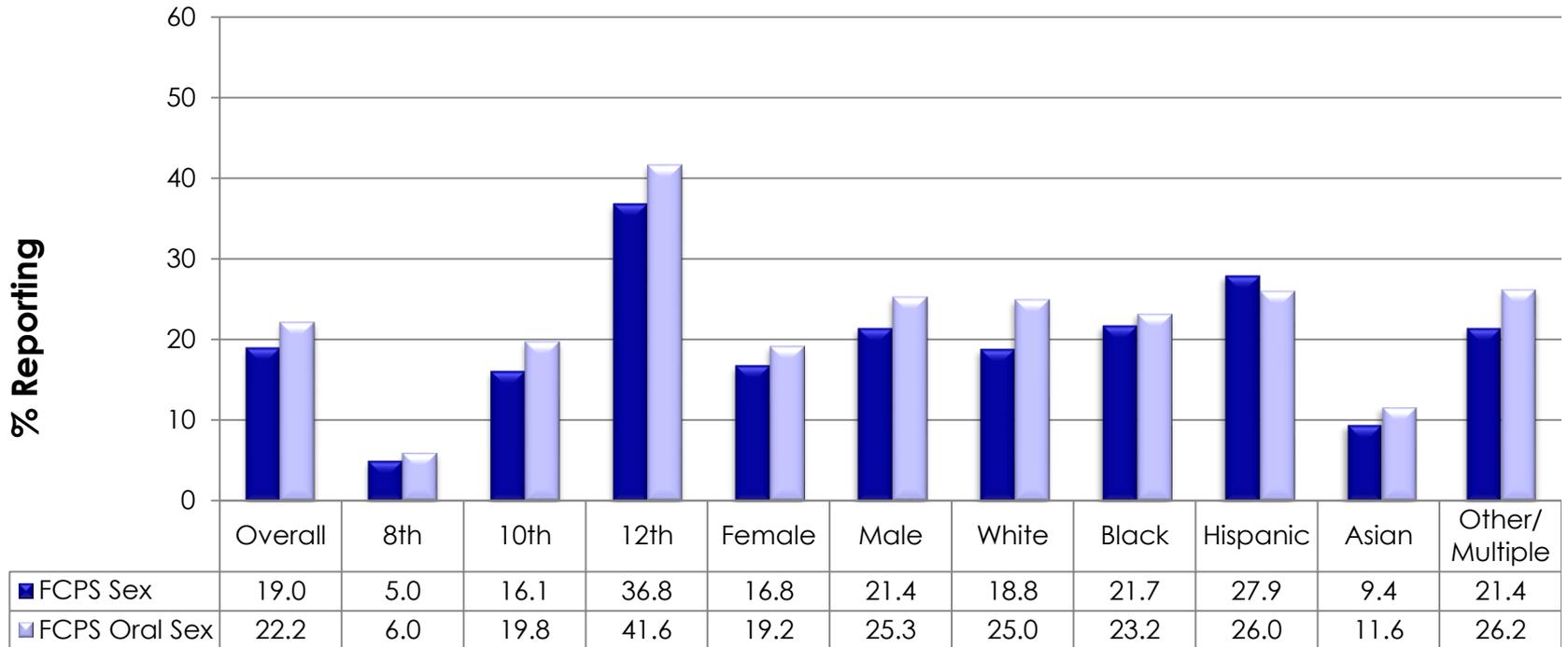
Percent Who Have Ever Had Sexual Intercourse



Fairfax County 2014 Youth Survey



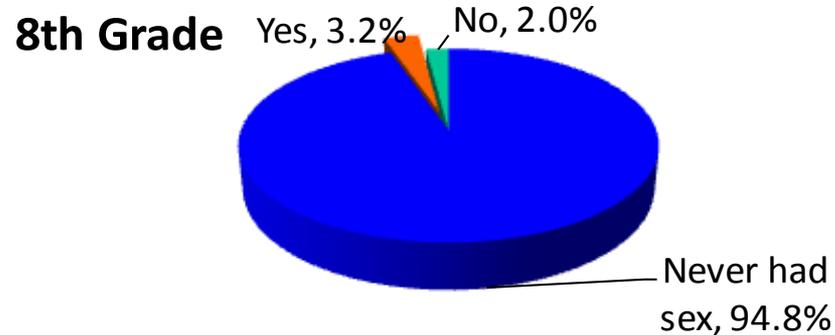
Percent Who Have Ever Had Oral Sex



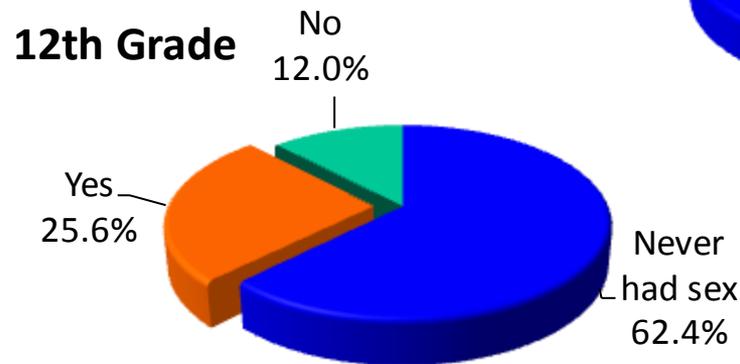
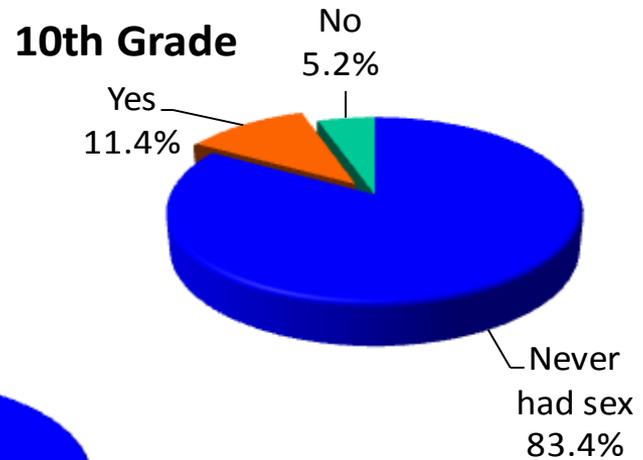
Fairfax County 2014 Youth Survey



Condom Use At Last Intercourse



Countywide, 68% Use Condoms



Fairfax County 2014 Youth Survey





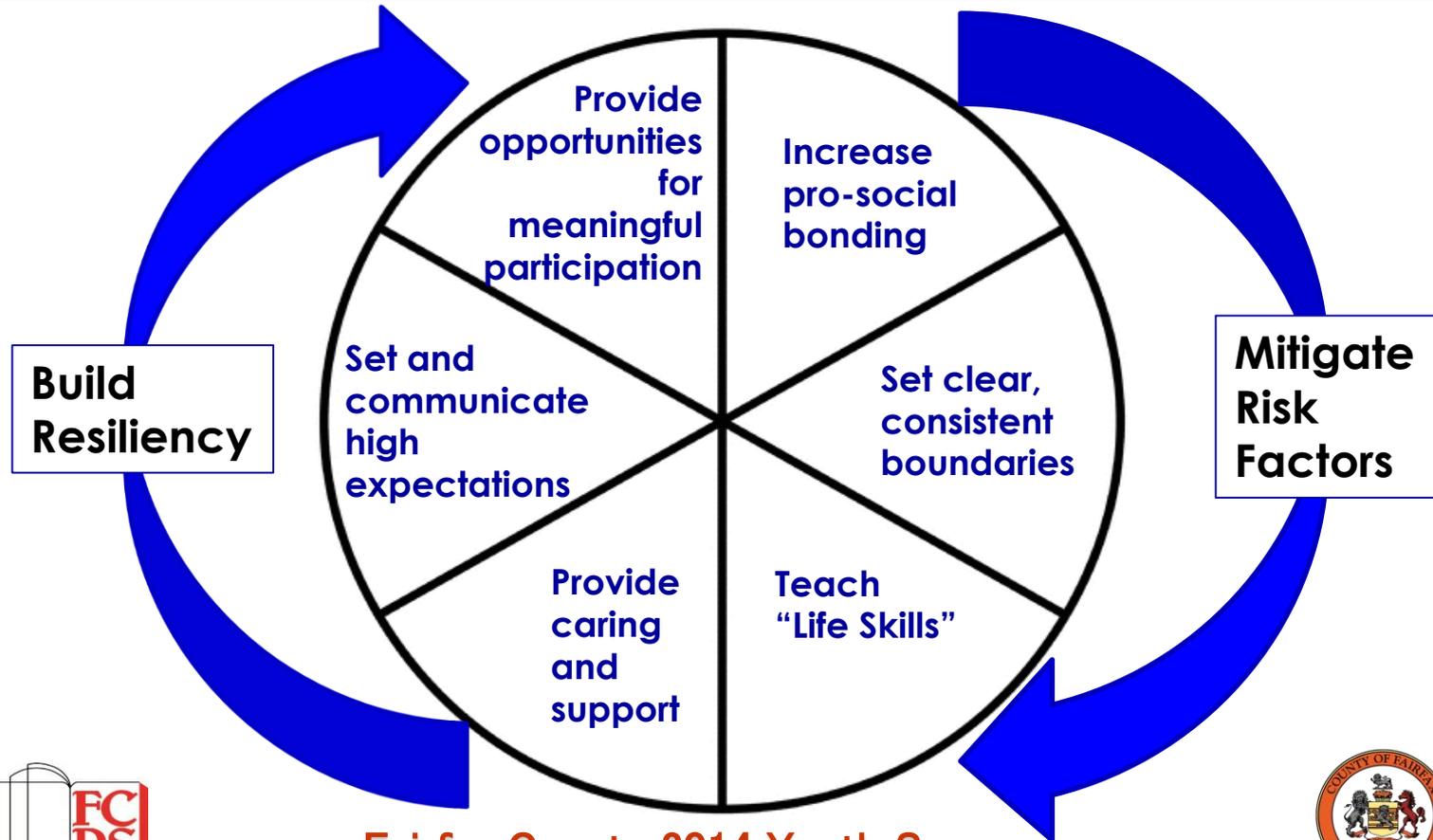
Building Resiliency in Youth Through Assets



Fairfax County 2014 Youth Survey



The Resiliency Wheel



Fairfax County 2014 Youth Survey



Resiliency Builders

- Increase pro-social bonding
- Set clear consistent boundaries
- Teach “life skills”
- Provide caring and support
- Set and communicate high expectations
- Provide opportunities for meaningful participation

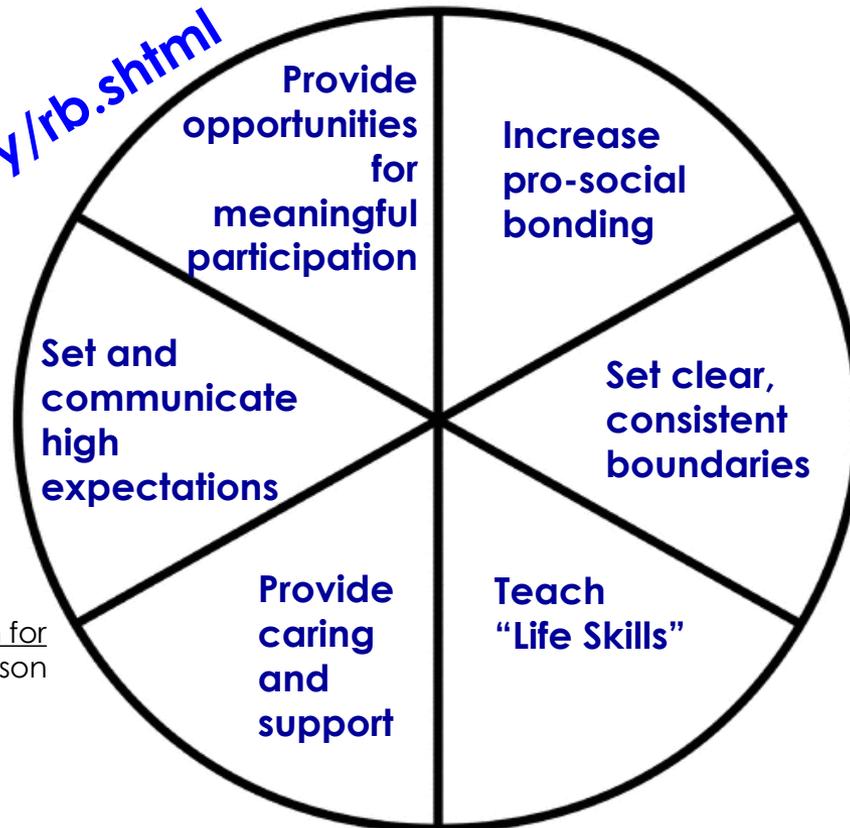


Fairfax County 2014 Youth Survey



To Learn More about Resiliency Builders

fcps.edu/dss/ips/resiliency/rb.shtml



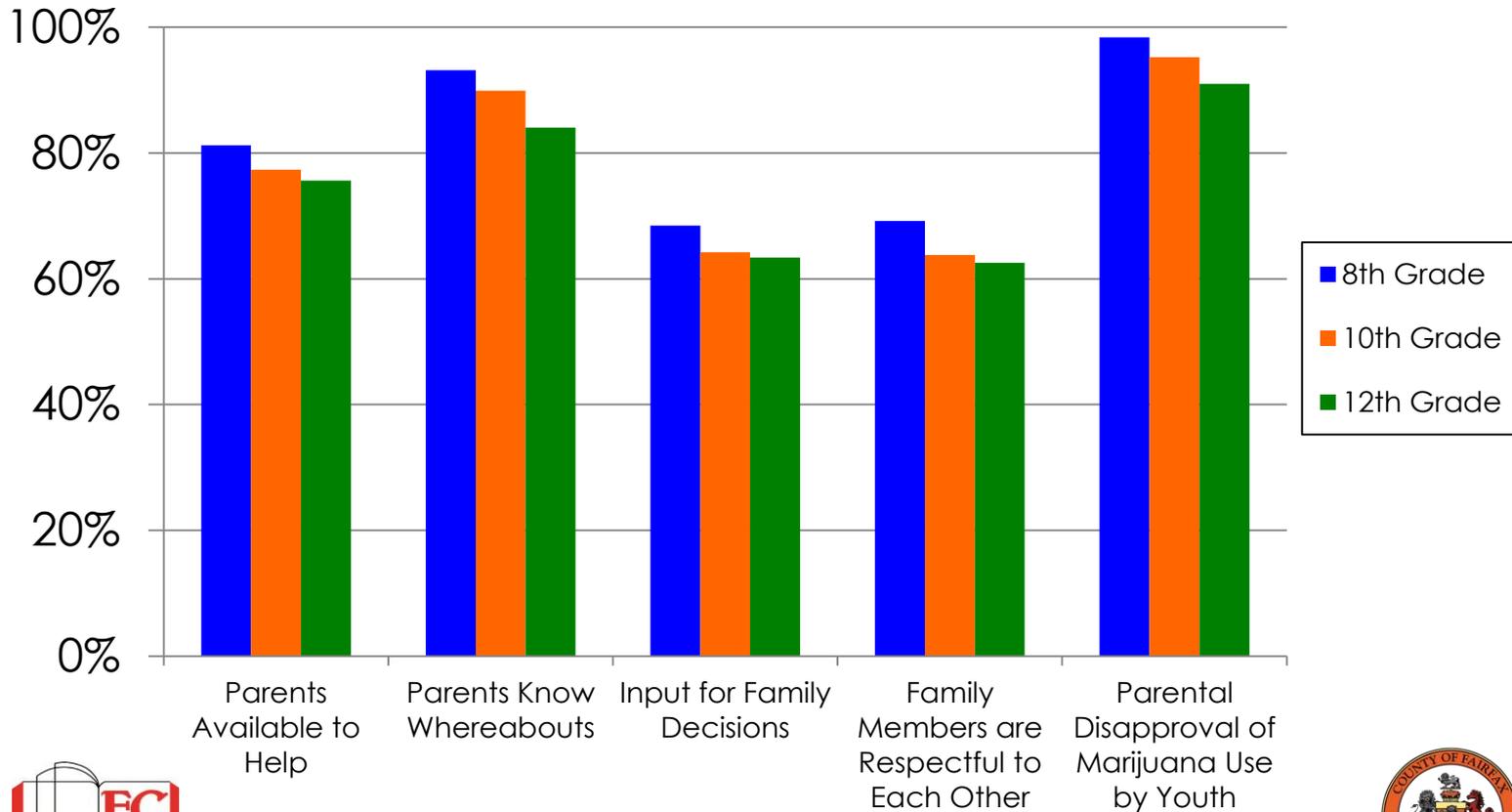
Adapted from the book Resiliency in Schools: Making it Happen for Students and Educators by Nan Henderson and Mike Milstein, Published by Corwin Press, Thousand Oaks, CA (2003)



Fairfax County 2014 Youth Survey



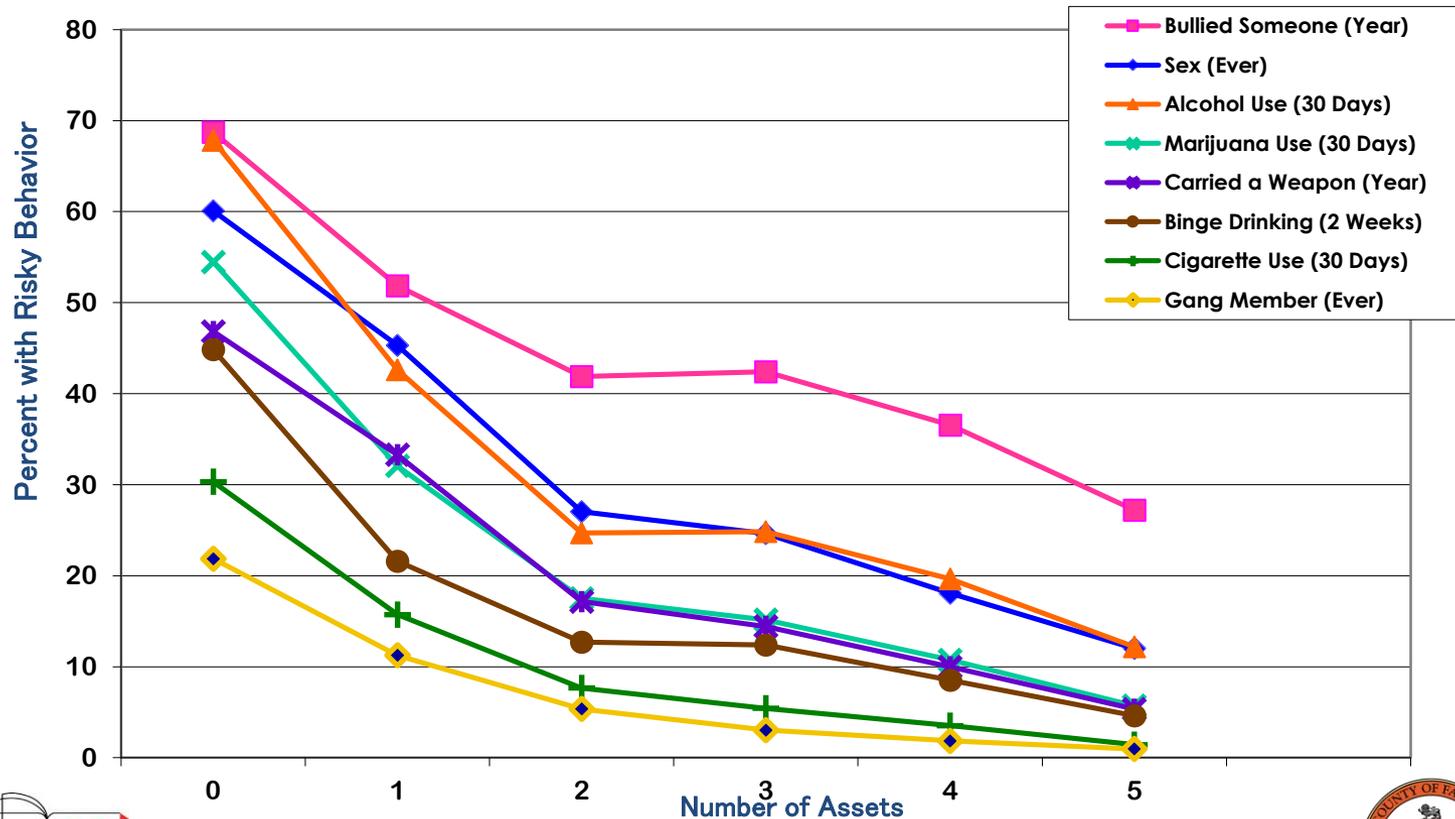
Assets Families Provide to Build Resiliency



Fairfax County 2014 Youth Survey



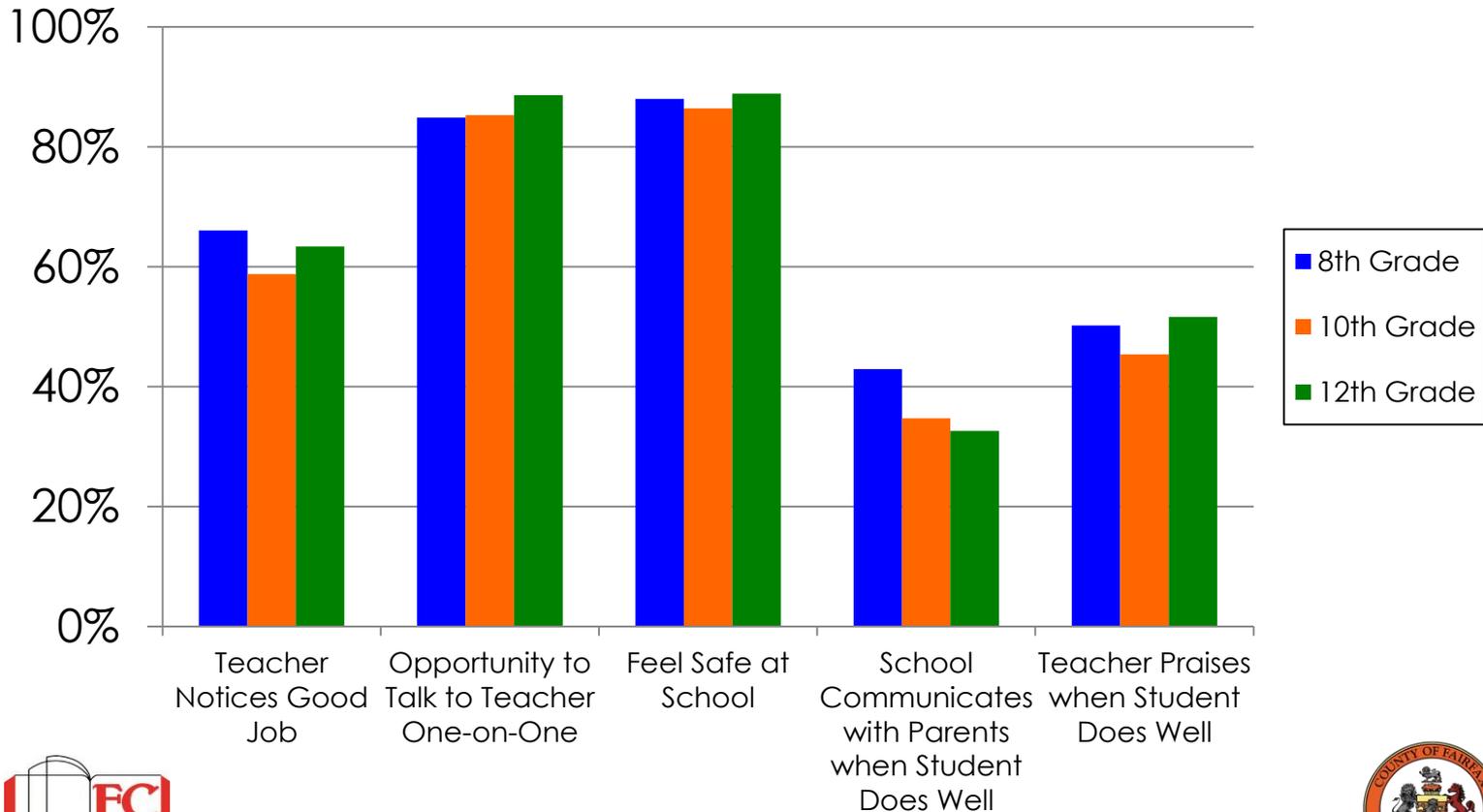
Three to Succeed Family-Based (Grades 8, 10, 12)



Fairfax County 2014 Youth Survey



Assets Schools Provide to Build Resiliency

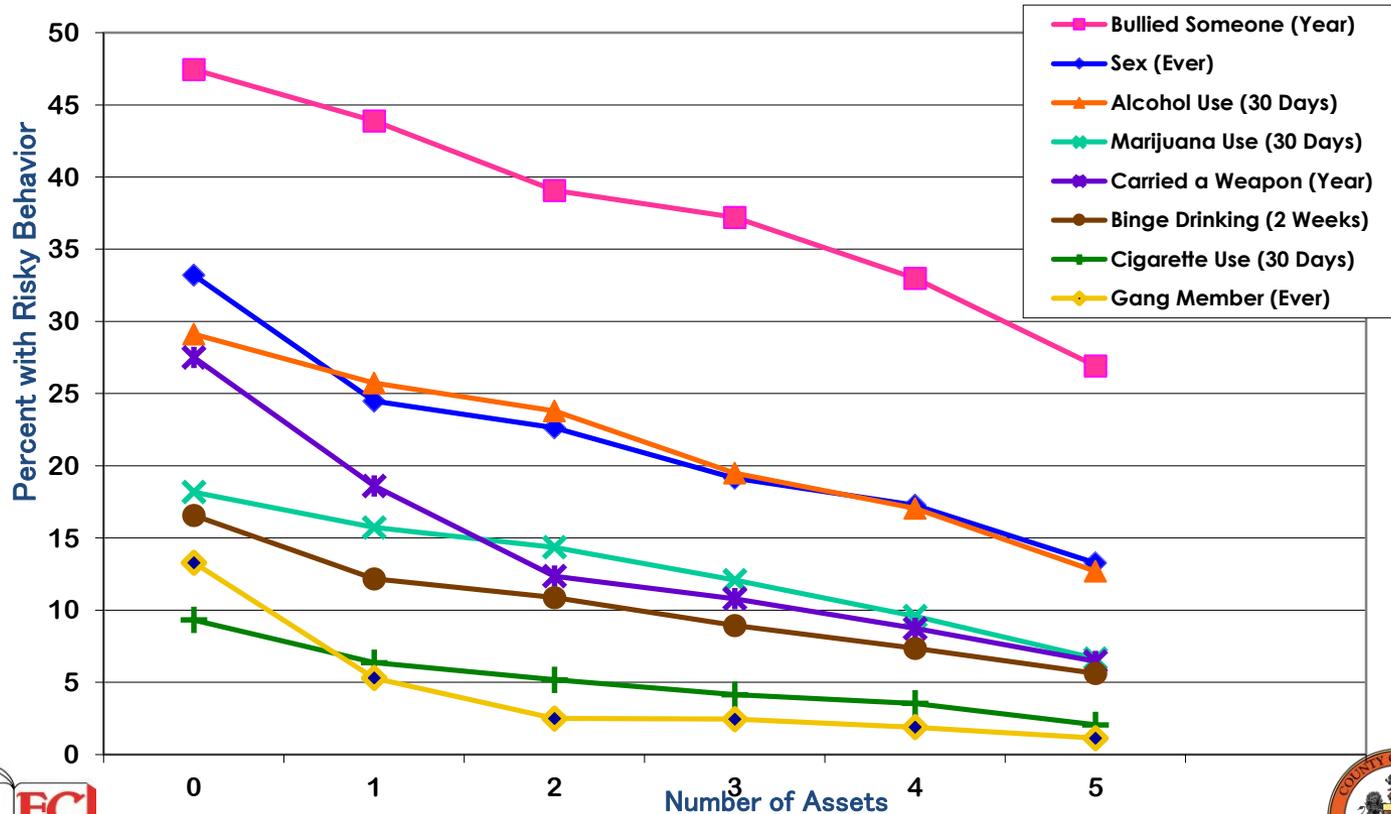


Fairfax County 2014 Youth Survey



Three to Succeed

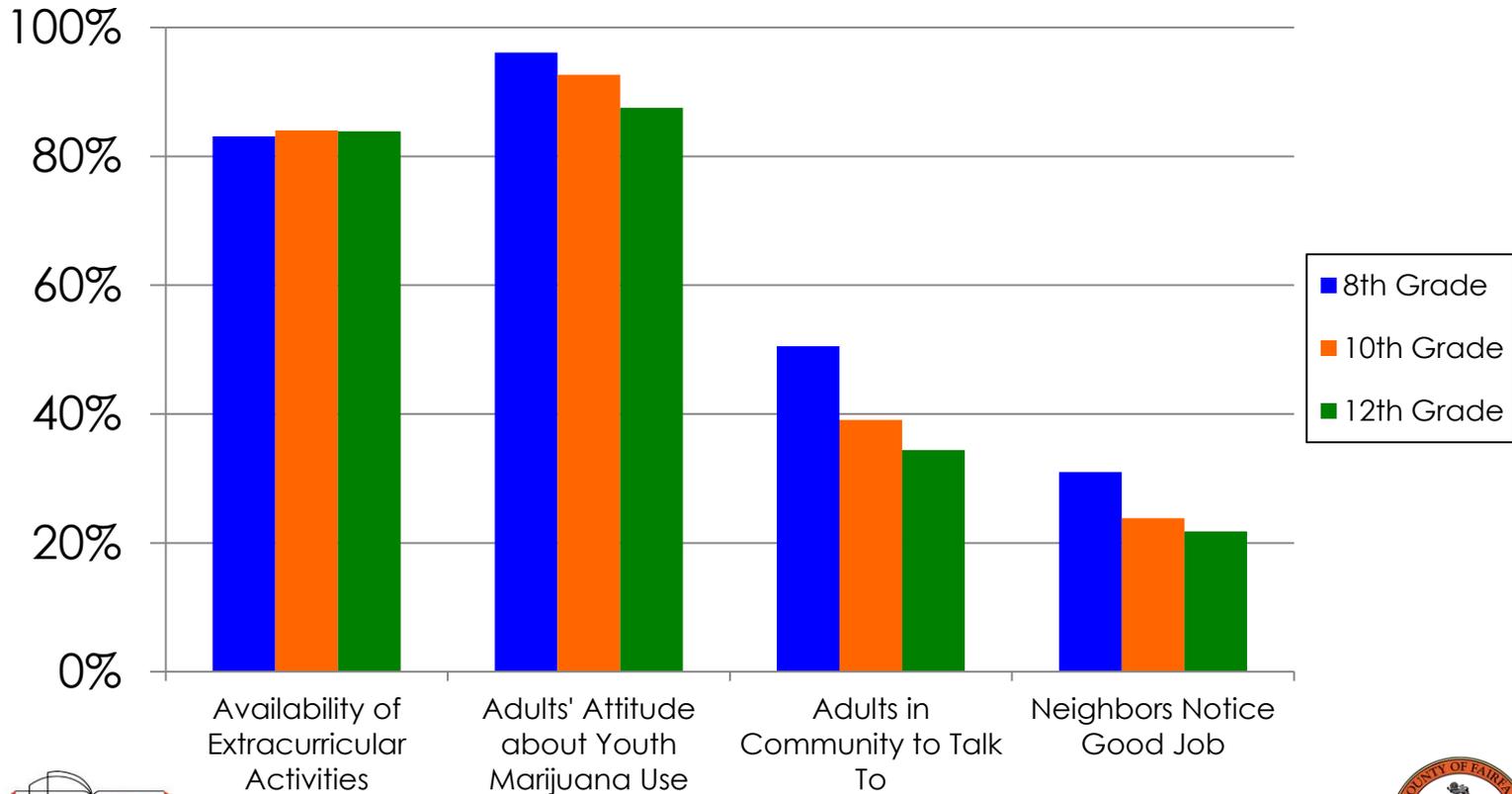
School-Based (Grades 8, 10, 12)



Fairfax County 2014 Youth Survey



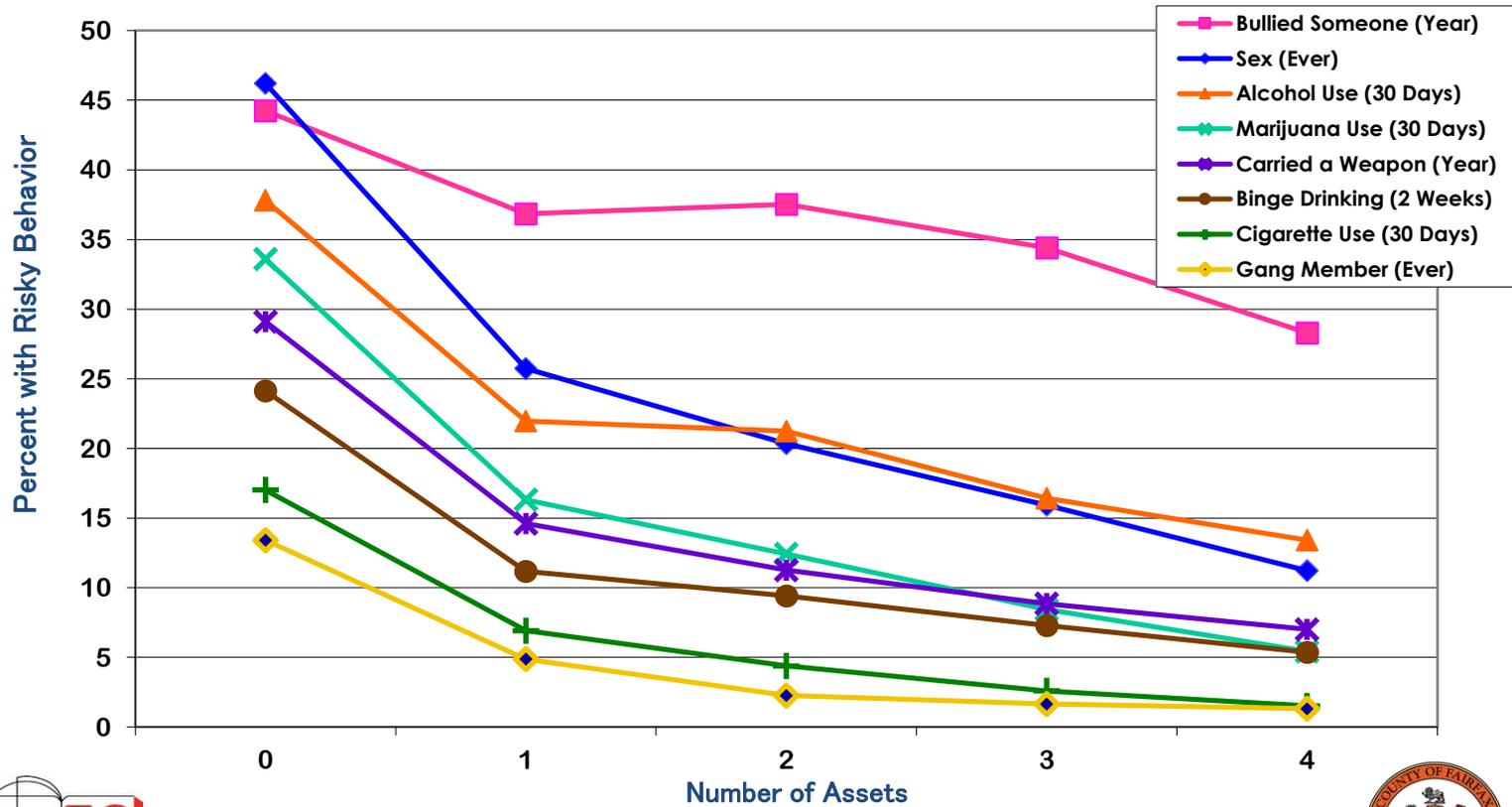
Assets Communities Provide to Build Resiliency



Fairfax County 2014 Youth Survey



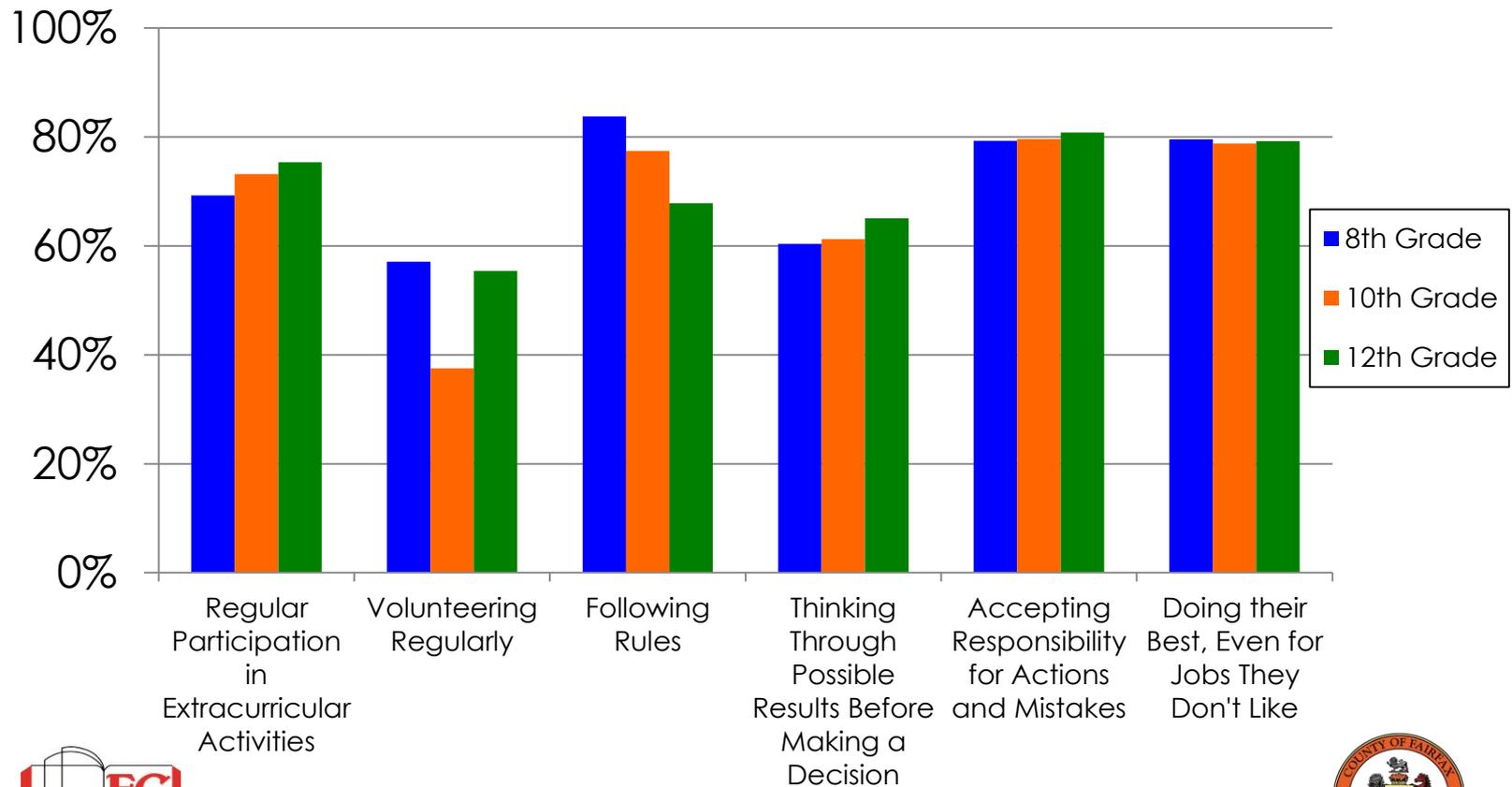
Three to Succeed Community-Based (Grades 8, 10, 12)



Fairfax County 2014 Youth Survey



Assets We All Help Youth Develop to Build Resiliency

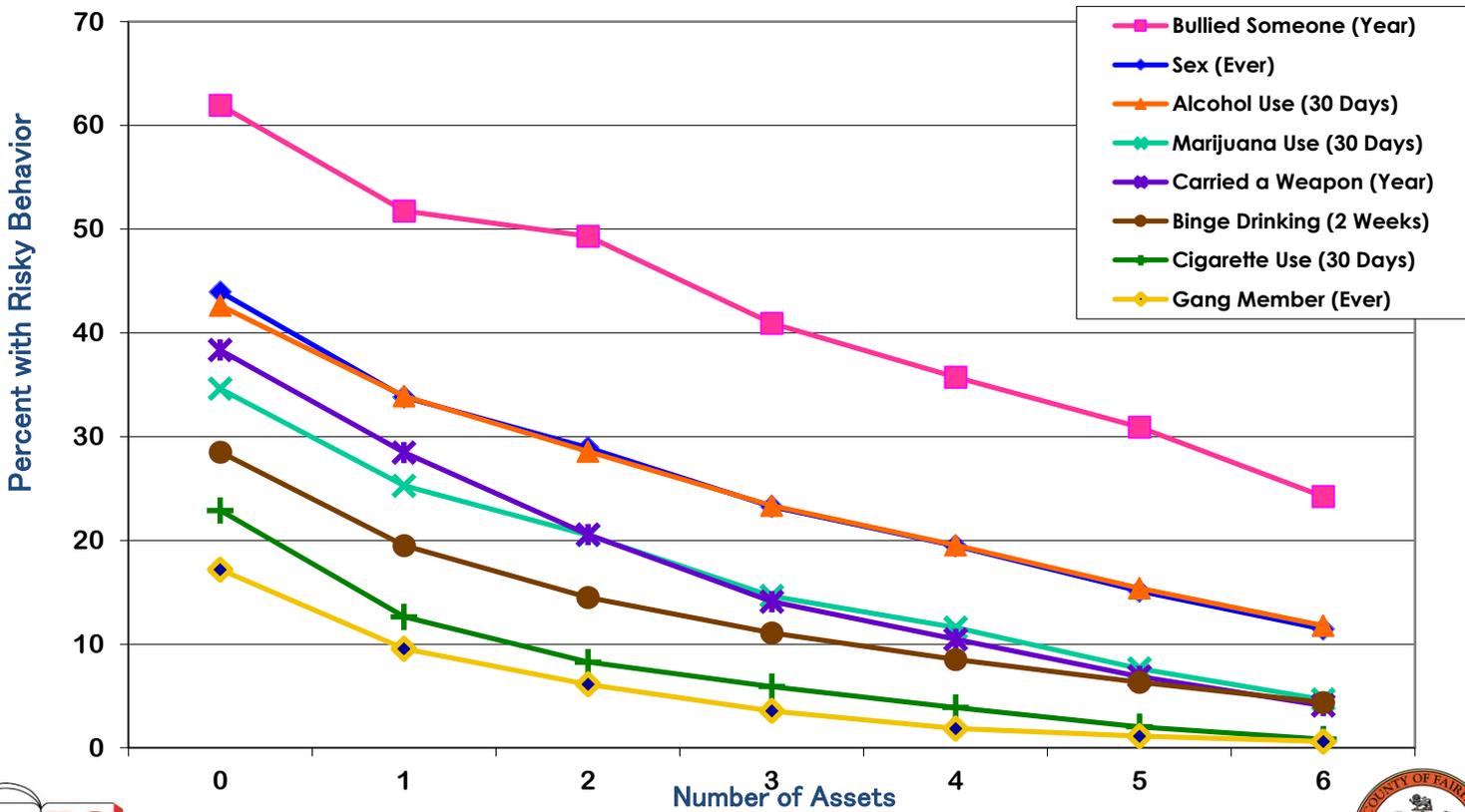


Fairfax County 2014 Youth Survey



Three to Succeed

Individual-Based (Grades 8, 10, 12)

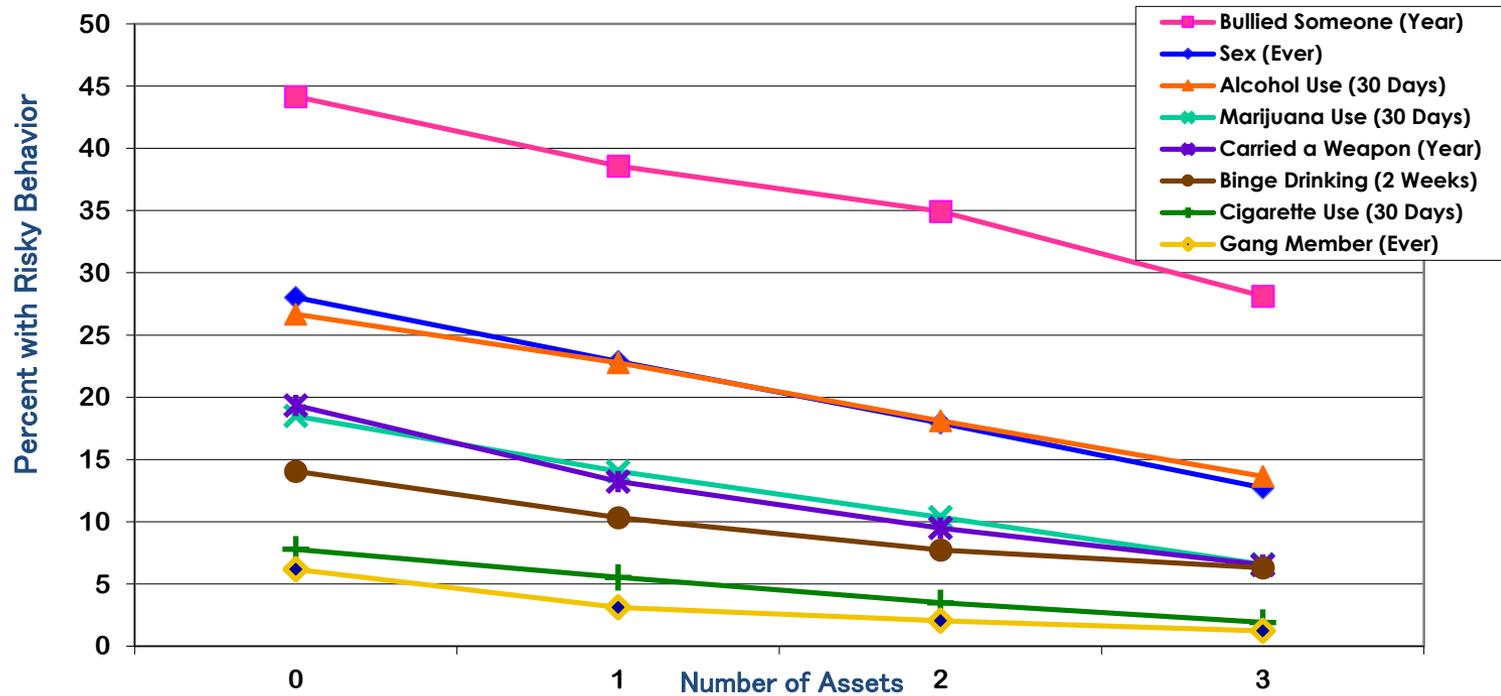


Fairfax County 2014 Youth Survey



Three to Succeed

Caring Adults (Grades 8, 10, 12)



0
1
2
3

Number of Assets

Having Parents Available for Help
Having Teachers Recognize Good Work
Having Community Adults to Talk to



Fairfax County 2014 Youth Survey



What You Can Do to Make a Difference

- Listen to youth
- When they do well, provide specific feedback
- Provide opportunities for extracurricular activities, volunteering, and mentoring
- Set and communicate high expectations
- Set clear and consistent boundaries



Fairfax County 2014 Youth Survey



What You Can Do to Make a Difference

- **Address attitudes about alcohol, tobacco, and other drugs (ATOD)**
 - Attend a United Prevention Coalition (UPC) Saturday Night in the Suburbs presentation to learn the facts about teen substance use.
 - Set and enforce consistent expectations and rules about drinking and drug use with teens.
- **Limit availability of ATOD**
 - Store and dispose of prescription medicines in a safe and secure manner.
 - Join the “Parents Who Host, Lose the Most: Don’t be a Party to Teenage Drinking” campaign



<http://www.unifiedpreventioncoalition.org/>

Fairfax County 2014 Youth Survey



What You Can Do to Make a Difference

- Increase awareness of risk factors and warning signs of mental health issues
 - Take free online suicide prevention training (<http://kognito.com/fairfax>)
 - Become certified in Mental Health First Aid (<http://www.fairfaxcounty.gov/csb/events/mental-health-first-aid.htm>)
- Provide FCPS students with the CrisisText number:

(703) 997-5444



Fairfax County 2014 Youth Survey



What You Can Do to Make a Difference

- **Address bullying and cyberbullying before and when it occurs**
 - **Visit stopbullying.gov for tips and resources**
 - **Download the KnowBullying app to help guide your discussions with youth and learn strategies to prevent bullying for various age groups among children and teens**

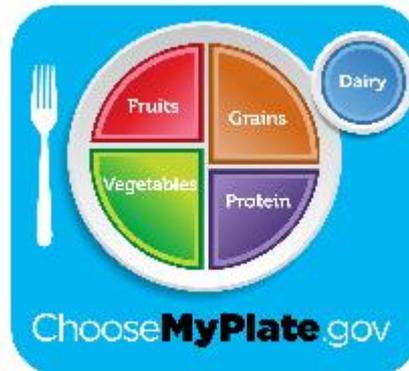


Fairfax County 2014 Youth Survey



What You Can Do to Make a Difference

- **Improve students' nutrition and physical activity habits**
 - **Limit screen time and encourage outdoor play and physical activity**
 - **Use MyPlate as a guide for meal planning and limiting processed foods**



Fairfax County 2014 Youth Survey



Websites To Learn More

PREVENTION TOOLKIT

fairfaxcounty.gov/ncs/prevention/toolkit.htm

(<http://bit.ly/PrevKit>)

FAIRFAX COUNTY YOUTH SURVEY

fairfaxcounty.gov/youthsurvey



Fairfax County 2014 Youth Survey



Questions? Contact Us!



Sophia Dutton

**Countywide Service Integration and Planning Management
Strategic Planning, Communications, and Info Management**

Sophia.Dutton@fairfaxcounty.gov

Dede Bailer

Fairfax County Public Schools

Office of Intervention and Prevention Services

Dede.Bailer@fcps.edu



Fairfax County 2014 Youth Survey

