

SUBSTANCE USE PREVENTION, INTERVENTION AND TREATMENT

Proposal to the SCYPT



Overview

- Universal prevention messages through Health Curriculum
- Alcohol and Other Drug 3 day intervention
- 7 high schools have current programs to provide additional interventions
- 12 high schools are part of Short-Term Behavioral Health

Data Considered

- School discipline (drug related offenses)
- Youth Survey (self-report drug use)
 - Demographic and school-based differences
- JDRDC Diversion Pilot (referrals for mental health/substance use)
- School demographics

Other Work Considered

- SCYPT Collective Impact - outcome areas and metrics
- FCPS Caring Culture section of Ignite, the Strategic Plan – goals, strategies, and metrics
- System of Care Youth Behavioral Health Blueprint – goals, strategies and metrics

Recommendations

- Field test new Substance Abuse Prevention (SAP) model
 - 6 counselors (four 10-month, two 11 month), one .5 clinical supervisor (FCPS employees)
 - 5 HS, 5 MS, 2 Alternative HS campuses, plus prevention at related elementary schools
- Enhance current AOD seminar
 - Train existing staff to do drug use screening and make referrals
 - Provide one CSB position to speak at parent night and increase immediate availability of CSB assessment and services

Recommendations

- Provide one CSB position to JDRDC intake to provide services to youth diverted to behavioral health treatment
- SCYPT endorsement of proposed action plan and \$768,884 budget request (recurring if plan is effective)

Schools Selected for SAP

- Annandale/Poe
- Herndon High/Herndon Middle
- South County High/South County Middle
- Stuart/Glasgow
- West Springfield/Irving
- Mountain View/Bryant AHS

- These schools fell in top 6 county HS in use of painkillers, heroin, or marijuana, and each had middle schools where 8th graders reported relatively high substance use. Herndon and West Springfield had highest rate of placement in Nontraditional Schools due to school related drug violation.

Outcomes and Indicators

- Process Measures
 - Number of youth seen by SAP counselors
 - Number screening positive and referred to higher level of intervention
 - Number completing treatment (CSB or private)
 - Identification of barriers to accessing treatment
 - Number of prevention presentations by SAP counselors
 - Number of youth seen by AOD teachers
 - Number screening positive and referred to higher level of intervention
 - Number completing treatment (CSB or private)
 - Identification of barriers to accessing treatment

Outcomes and Indicators Continued

- Process Measures
 - Number of youth seen by CSB provider in treatment as result of referrals from AOD
 - Number of youth seen by CSB provider in treatment as result of referrals from JDRDC diversion
 - Identification of barriers to accessing treatment

Outcomes and Indicators Continued

- Outcome Measures
 - Youth Survey data for targeted schools
 - Youth completing SAP intervention groups
 - School discipline data, disaggregated to schools
 - SRR re-offense for youth attending AOD seminar
 - JDRDC substance use diversion, re-offense
 - Number of youth referred to and completing CSB outpatient behavioral healthcare services

Next Steps

- SCYPT discussion and feedback (December)
- SCYPT endorsement of final plan (February)
- Board action on budget
- Action steps are outlined in detail in report

Committee Members

We would like to thank all members of the committee:

- Marie Flynn, parent
- Christina Kramer, parent
- Daryl Washington, Community Services Board
- Lyn Tomlinson, Community Services Board
- Allen Berenson, Community Services Board
- Patrick McConnell, Community Services Board
- Desiree Gordon, Community Services Board
- Mary Ann Panarelli, Fairfax County Public Schools
- Stefan Mascoll, Fairfax County Public Schools
- Kate Salerno, Fairfax County Public Schools
- Jill Jakulski, Fairfax County Public Schools
- Brian Maslowski, Fairfax County Public Schools
- Jesse Ellis, Neighborhood and Community Services, Prevention
- Betty Petersilia, Department of Family Services, Behavioral Health System of Care
- Brittany Li, Department of Family Services
- Lauren Madigan, Juvenile and Domestic Relations District Court Services