

FAIRFAX COUNTY SUCCESSFUL CHILDREN AND YOUTH POLICY TEAM

**September 25, 2019, 10 a.m. – 12:30 p.m.
Chantilly Regional Library, Meeting Room**

Agenda

1. Welcome and Introductions
2. Administrative Item (Consent Agenda)
 - a. Approval of New SCYPT Membership Position
3. Action Items
 - a. Action 1: SCYPT Endorsement of School Readiness Resources Panel Recommendations
 - b. Action 2: SCYPT Endorsement of Behavioral Health Blueprint Funding Request
4. Recap of New Action Steps or Assignments
5. Items and Announcements Presented by SCYPT Members
6. Public Comment
7. Adjourn

Next Meeting:

SCYPT Retreat

Wednesday, December 4, 2019

10 am – 12:30 pm

Fairfax County Government Center, Conference Room 9/10

SCYPT Administrative Item Ad-1
September 25, 2019

ADMINISTRATIVE ITEM Ad-1

TITLE:

Approval of New SCYPT Membership Position

ISSUE:

SCYPT approval of an amendment to the SCYPT charter to add a position for the Fairfax County Public Library Director.

RECOMMENDATION:

The SCYPT Executive Committee recommends that the SCYPT amend its charter to add one position: the Fairfax County Public Library Director.

BACKGROUND:

Having reviewed SCYPT membership, the Executive Committee is recommending adding the Director of the Fairfax County Public Library to the SCYPT membership. The Library is an integral part of many of the efforts championed by the SCYPT, including school readiness, school attendance, and racial and social equity. The Library has a unique and growing role in promoting the wellness and success of our children and youth.

ATTACHMENTS:

None.

STAFF:

Jesse Ellis, Department of Neighborhood and Community Services

SCYPT Action Item A-1
September 25, 2019

ACTION ITEM A-1

TITLE:

SCYPT Endorsement of the School Readiness Resources Panel Recommendations

RECOMMENDATION:

Staff recommend SCYPT endorse the recommendations of the School Readiness Resources Panel.

BACKGROUND:

At its October 4, 2017, meeting, the SCYPT endorsed the Equitable School Readiness Strategic Plan. Implementation of the plan began in FY 2019; key initiatives (among others) have included:

- Implementing and expanding parent-child playgroups and parent workshops that use the Mind in the Making framework to support the development of executive function skills;
- Piloting the Early Development Instrument in FCPS schools;
- Increasing slots in early childhood programs;
- Expanding the Nurse-Family Partnership program; and
- Increasing the Child Care Assistance and Referral provider maximum reimbursable rate.

To support an ongoing priority to expand early childhood programs, the Board of Supervisors this spring directed a School Readiness Resources Panel to identify expansion goals and long-term funding strategies. The Panel identified a goal and 16 recommendations to help progress towards the goal.

Goal: All families with children under age 5 living in households with income below 300% FPL have access to publicly funded early childhood programs in the public and private sectors.

The recommendations, included in the attached document, are intended to support a comprehensive approach to advancing and expanding the system, and cover six key areas:

- Legislative and state actions;
- Land use and development;
- Dedicated early childhood fund;
- Public-private partnerships;
- Community engagement; and
- Ongoing reporting.

EQUITY:

The plan itself is intended to address the achievement gap, barriers to opportunity as a result of poverty, and other inequities. Implementation of the strategies will be managed through the use of equity tools.

ATTACHMENTS:

School Readiness Resources Panel Presentation

PRESENTERS:

Anne-Marie Twohie, Office for Children
Telaekah Brooks, Venture Philanthropy Partners



School Readiness Resources Panel Presentation

ANNE-MARIE TWOHIE, OFFICE FOR CHILDREN

TELAEKAH BROOKS, VENTURE PHILANTHROPY PARTNERS

SUCCESSFUL CHILDREN AND YOUTH POLICY TEAM
SEPTEMBER 25, 2019



School Readiness Resources Panel Members

<u>REPRESENTATIVE</u>	<u>AFFILIATIONS</u>
David Aratuo	Head Start Policy Council, Member
Mary Bogle	The Urban Institute, Principal Research Associate
Rev. Barbara Breland	Faith Communities in Action, Member
Telaekah Brooks	Venture Philanthropy Partners, Partner
Karla Bruce	Fairfax County, Chief Equity Officer
Wynne Busman	Infant Toddler Family Daycare, Executive Director & Child Care Advisory Council, Vice-Chairman
Francisco Duran	Fairfax County Public Schools, Chief Equity Officer
Mark Ginsberg	George Mason University – College of Education and Human Development, Dean
Cathy Lange	Economic Development Authority Board & Fairfax Futures, Chairman
Erica Louison	United Way, Manager – Community Impact (Education)
Liz Murphy	Lee District, Parent
Fahemeh Pirzadeh	Reston Children’s Center, Executive Director
Shannon Rudisill	Early Childhood Funders’ Collaborative, Executive Director
Marion Spurlock	Fairfax County Public Schools, Retired Educator
Scott Muir Stroh	George Mason’s Gunston Hall, Executive Director & Child Care Advisory Council Member
Cecilia Suarez	Creative Learning School, Director & VA School Readiness Committee Member
Diane Volcansek	Northern Virginia Association for the Education of Young Children, Executive Director & Christ Presbyterian Preschool, Director
Kerrie Wilson	Cornerstones, Executive Director



School Readiness Resources Panel

The School Readiness Resources Panel was convened to:

- Collectively plan for funding and other resources for school readiness supports and services.
- Identify innovative and bold expansion goals and long-term funding strategies for school readiness supports and services.
- Develop recommendations for the Board of Supervisors, School Board and Successful Children and Youth Policy Team to consider in advance of the FY2021 County budget cycle.



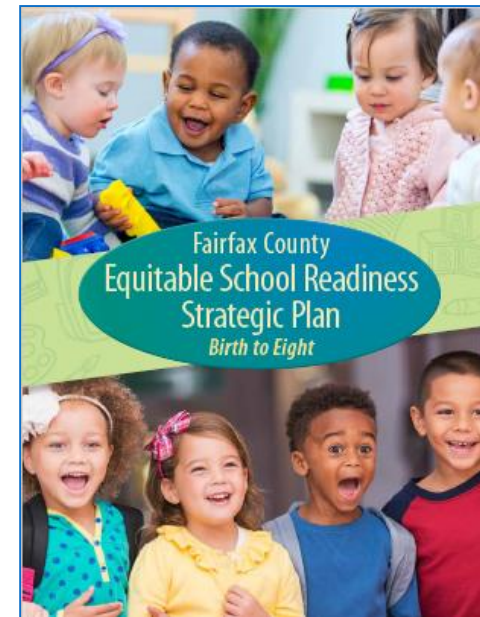
Agenda

- Equitable School Readiness Strategic Plan
- Fiscal Mapping
- Data and Fiscal Resources
- Panel Goal
- Panel Recommendations



One Fairfax and The Equitable School Readiness Strategic Plan, Birth to Eight

Seek to advance racial and social equity so that every family has access to high quality, affordable, early childhood programs in the settings that best meet their family's needs.





The Equitable School Readiness Strategic Plan Strategies

1

Establish meaningful partnerships with families to grow school readiness opportunities in all communities and support children's optimal development in all settings.

2

Provide equitable offerings of high-quality early development and learning experiences and related school readiness supports throughout the county.

3

Foster quality and effective professional learning in all early childhood programs and services.

4

Promote equity-focused planning and decision making, as well as shared accountability, through the use of data.

5

Nurture a whole community commitment to school success for all children.



Guiding Principles

Families

- Families are the experts about their children. Families have equitable opportunities to choose early childhood programs that best meet their family's needs.

Birth to Eight

- School readiness supports and early childhood programs serve children from birth onward.

Equity

- All families, regardless of income, neighborhood in which they live, race, ethnicity, linguistic or cultural background have access to high quality, affordable, inclusive early childhood programs and school readiness supports.

Early Childhood Workforce

- Early childhood educators are foundational to the success of the early childhood system and positive outcomes for children.

Public/Private Early Childhood System

- The County's early childhood system is strengthened by having services provided in both public and private settings, and by funding from both the public and private sectors.

Quality

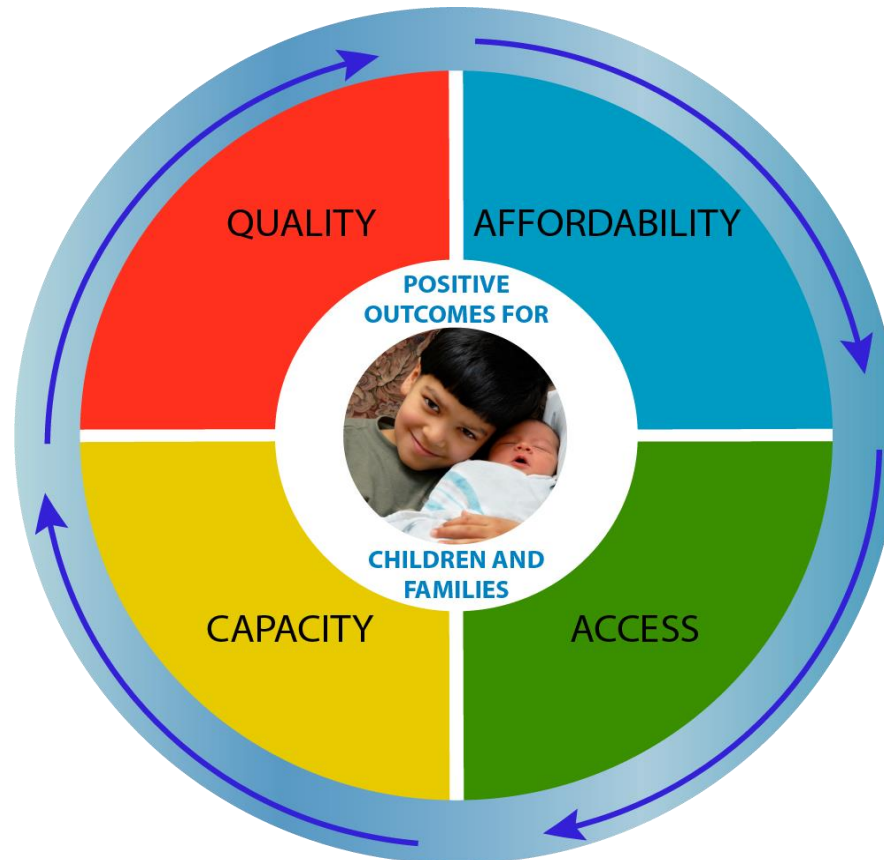
- Children have high quality early childhood experiences in all settings.



Equitable School Readiness Strategic Plan

Mission: Families, communities, schools and the county work together to build an equitable, coordinated and comprehensive system that ensures young children in Fairfax County are ready to be successful in kindergarten and beyond.

Equitable Early Childhood System



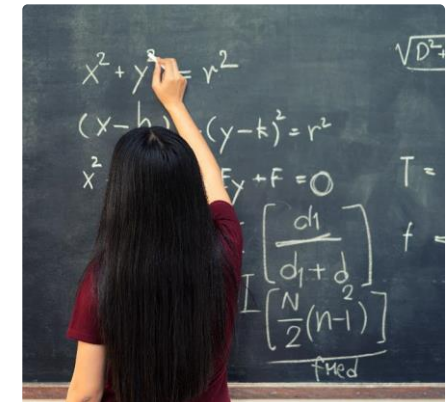


Fiscal Mapping

Methodology

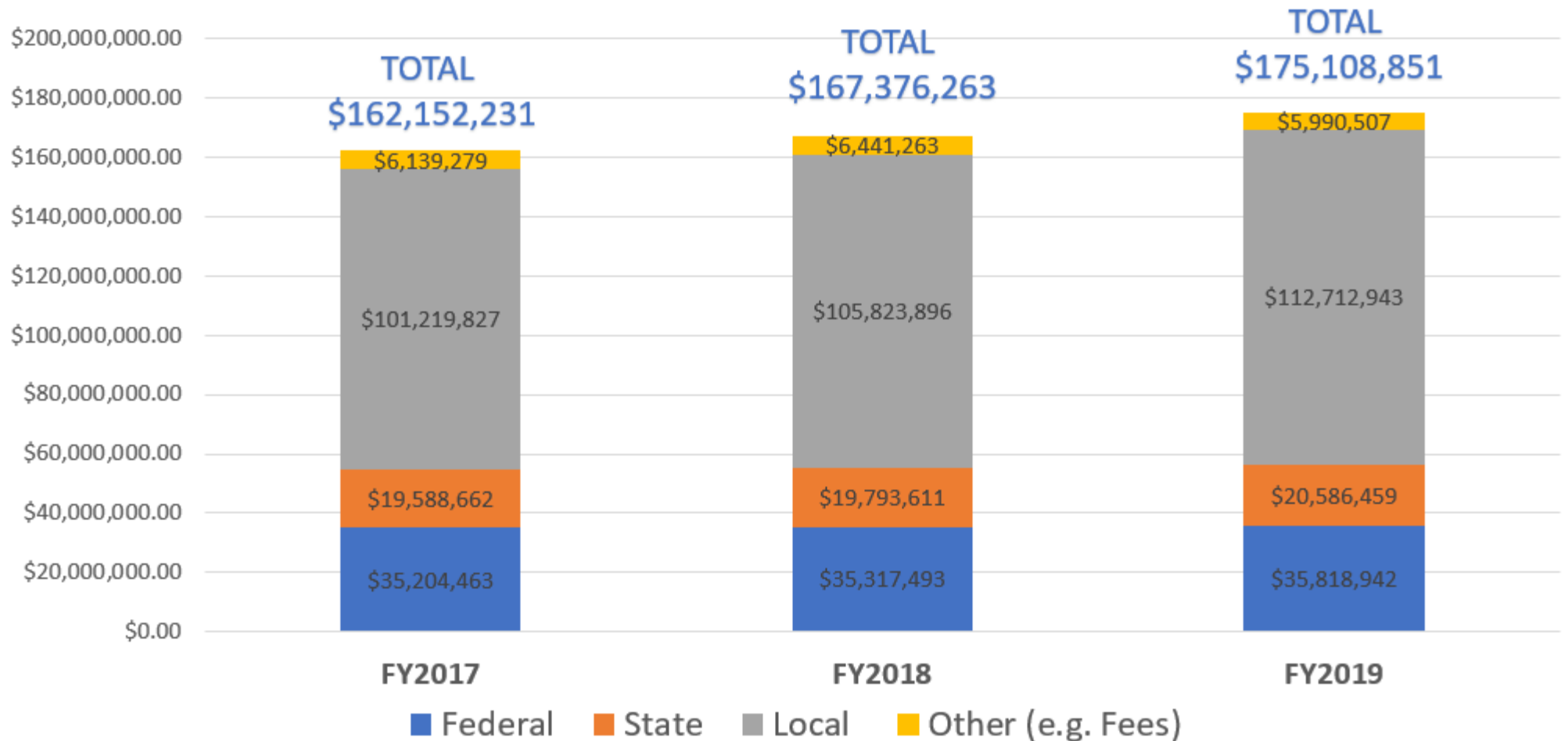
- Services for children ages birth to five
- FY17, FY18 and FY19 adopted budget amounts for general fund/Notice of Award amount for grants
- Percentage calculations for fringe planning by Fiscal Year
- Funding mapped by key components of an early childhood system

Information Received From:	
Fairfax County Public Schools	Neighborhood and Community Services
Office for Children	Park Authority
Department of Family Services	Libraries
Children's Services Act	Health Department





Fiscal Mapping – Funding Growth



Source: OFC School Readiness Fiscal Mapping Birth to Five, does not include Benefits (TANF, SNAP, Medicaid, General Relief)



Fiscal Mapping – Funding Categories

Community	Education Enhancement	Early Childhood Program Quality	Home Visiting	Health/Nutrition	Child Welfare	Special Education	Early Childhood Services
\$3,450,831	\$4,061,342	\$4,571,017	\$4,809,342	\$10,239,816	\$14,966,529	\$64,071,368	\$68,908,607
\$2,937,901	\$5,108,513	\$4,072,923	\$4,443,612	\$10,843,659	\$14,366,359	\$58,697,918	\$66,905,379
\$2,874,590	\$5,172,417	\$3,640,562	\$4,013,473	\$10,789,033	\$14,452,874	\$54,452,874	\$66,416,890
<ul style="list-style-type: none"> Consolidated Community Funding Pool Family Resource Centers/ Neighborhood Initiatives Opportunity Neighborhoods 	<ul style="list-style-type: none"> Early Literacy Program Home Instruction for Parents of Preschool Youngsters Partners in Prevention Fund Park Authority Pre-K programs 	<ul style="list-style-type: none"> Community Education and Provider Services Institute for Early Learning Quality Initiative Virginia Quality Infant Toddler Specialist Network 	<ul style="list-style-type: none"> Healthy Families Fairfax Nurse-Family Partnership 	<ul style="list-style-type: none"> United States Department of Agriculture, Child and Adult Care Food Program Maternal Child Health Services Women, Infant and Children Medical Care for Children Partnership 	<ul style="list-style-type: none"> Child Protective Services Foster Care & Adoption Family Partnership Children's Services Act Human Services Transportation Kinship Care Unit Neighborhood Networks Parenting Education Program Protection & Preservation Services 	<ul style="list-style-type: none"> IDEA Part B/ Childfind IDEA Part C/ Infant Toddler Connection Therapeutic Recreation – preschool summer mini camp Therapeutic Recreation - SMILE 	<ul style="list-style-type: none"> Child Care Assistance & Referral Head Start & Early Head Start FCPS Pre-K Virginia Preschool Initiative Virginia Preschool Initiative +

■ FY19
■ FY18
■ FY17

\$175 Million in Total (FY19)



Data and Fiscal Resources

Children Under Age Five in Fairfax County*

	Under 1 yr.	1 yr.	2 yr.	3 yr.	4 yr.	TOTALS Children under age 5
ALL CHILDREN UNDER AGE 5	12,677	12,813	13,239	13,547	13,682	65,958
Under 300% FPL	4,298	4,344	4,488	4,592	4,638	22,360
Under 200% FPL	3,030	3,062	3,164	3,238	3,270	15,764
Under 100% FPL	1,356	1,371	1,417	1,450	1,464	7,058



**DISPARITIES IN LEARNING AND DEVELOPMENT
BEGIN IN INFANCY****

*Source: U.S. Census Bureau, Census 2010 Summary, ESRI 2018 forecast. FPL breakdown is ratio of U.S. Census Bureau ACS 2017

**Source: Child Trends, 2009, Disparities in Early Learning and Development: Lessons from the Early Childhood Longitudinal Study



Data and Fiscal Resources

Children Under Five in Fairfax County

Every young child in Fairfax county needs equitable opportunities to thrive.

“Research consistently finds negative effects of poverty and racial disparities among young children in low-income families and children of color, caused by differences in access to resources and services as well as contributing historical and social factors. The effects of disparities appear early and are critical – within their first two years infants from higher and lower socioeconomic status families already exhibit a **6-month gap** in processing skills critical to language development.”*

*Source: Cosse, Ruth, et al. (2018). Building Strong Foundations: Racial inequity in policies that impact infants, toddlers, and families. CLASP and ZERO TO THREE, Washington, DC.
www.zerotothree.org/resources/2561-building-strong-foundations-racial-inequity-in-policies-that-impact-infants-toddlers-and-families



Data and Fiscal Resources

	2018 Federal Poverty Guidelines Annual Limits*		
Family Size	100%	200%	300%
2	\$16,460	\$32,920	\$49,380
3	\$20,780	\$41,560	\$62,340
4	\$25,100	\$50,200	\$75,300

- Annual average rent for a 2-bedroom dwelling in Fairfax County is \$19,980**.
- The cost of full-time child care for a preschooler at a child care center can range from \$14,000 to over \$19,500 per year (\$17,500 to nearly \$23,000 per year for an infant)***

*2018 Federal poverty guidelines are in use until October 2019.

**National Low Income Housing Coalition, 2019 Out of Reach report; Fairfax County, 2019 2-bedroom fair market rate.

***Fairfax County Office for Children, Winter 2018 rates at 20th and 80th percentile of reported center rates.



Data and Fiscal Resources

Children Birth to Five Served in Publicly Funded Early Childhood Programs (Centers, Family Child Care Homes and FCPS) – FY19

Program	County	FCPS	Community HS/EHS Delegate Program	Total
Early Head Start, Head Start and FCPS Pre-K	661	1,832	300	2,793*
Child Care Assistance and Referral (0-5)	1,994**			1,994**
Total children currently served with public funds				4,787

*Federal, state and local funding sources including Early Head Start and Head Start, Title 1, Virginia Preschool Initiative, VPI+, Mixed Delivery, FCPS School Board and County General Funds

**Services provided in community early childhood programs. Federal, state and local funding sources including Child Care and Development Block Grant Funds, County General Funds. (Office for Children, children served in May 2019)



Data and Fiscal Resources

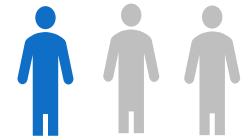
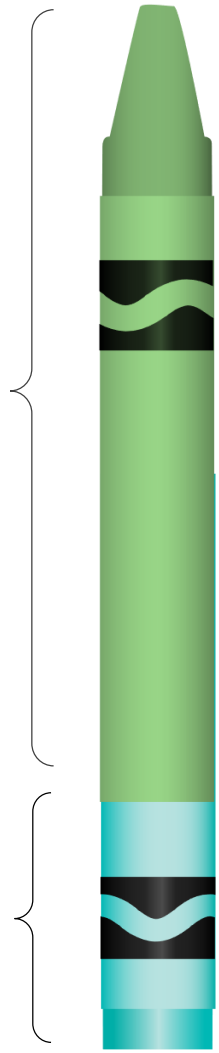
Children under age 5 in Fairfax County living in households with income below 300% of Federal Poverty Level

79%

of children living in households with income below 300% FPL, **17,573**, may be attending private pay programs, informal arrangements or be at home.

21%

of children living in households with income below 300% FPL, **4,787****, are **currently served** with public funds.



1 in 3

Children under age 5

Living in households with income below 300% FPL.
A total of **22,360*** children.

2,793 in funded slots

1,994*** receiving child care subsidy

*U.S. Census Bureau, Census 2010 Summary, ESRI 2018 Forecasts

**Fairfax County Office for Children and Fairfax County Public Schools FY2019

***Office for Children, children served (below 300% FPL) in May 2019



Data and Fiscal Resources

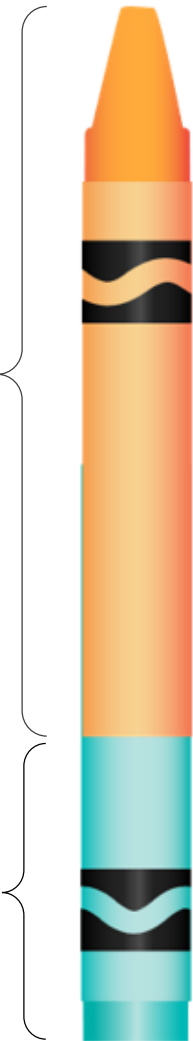
Children under age 5 in Fairfax County living in households with income below 200% of Federal Poverty Level

72%

of children living in households with income below 200% FPL, **11,310**, may be attending private pay programs, informal arrangements or be at home.

28%

of children living in households with income below 200% FPL, **4,454****, are **currently served** with public funds.



Almost 1 in 4

Children under age 5 living in households with income below 200% FPL. A total of **15,764*** children.

2,793 in funded slots
1,661*** receiving child care subsidy

*U.S. Census Bureau, Census 2010 Summary, ESRI 2018 Forecasts
**Fairfax County Office for Children and Fairfax County Public Schools FY2019
***Office for Children, children served (below 200% FPL) in May 2019



Panel Goal

All families with children under age 5 living in households with income below 300% FPL have access to publicly funded early childhood programs in the public and private sectors (centers, family child care homes and FCPS).

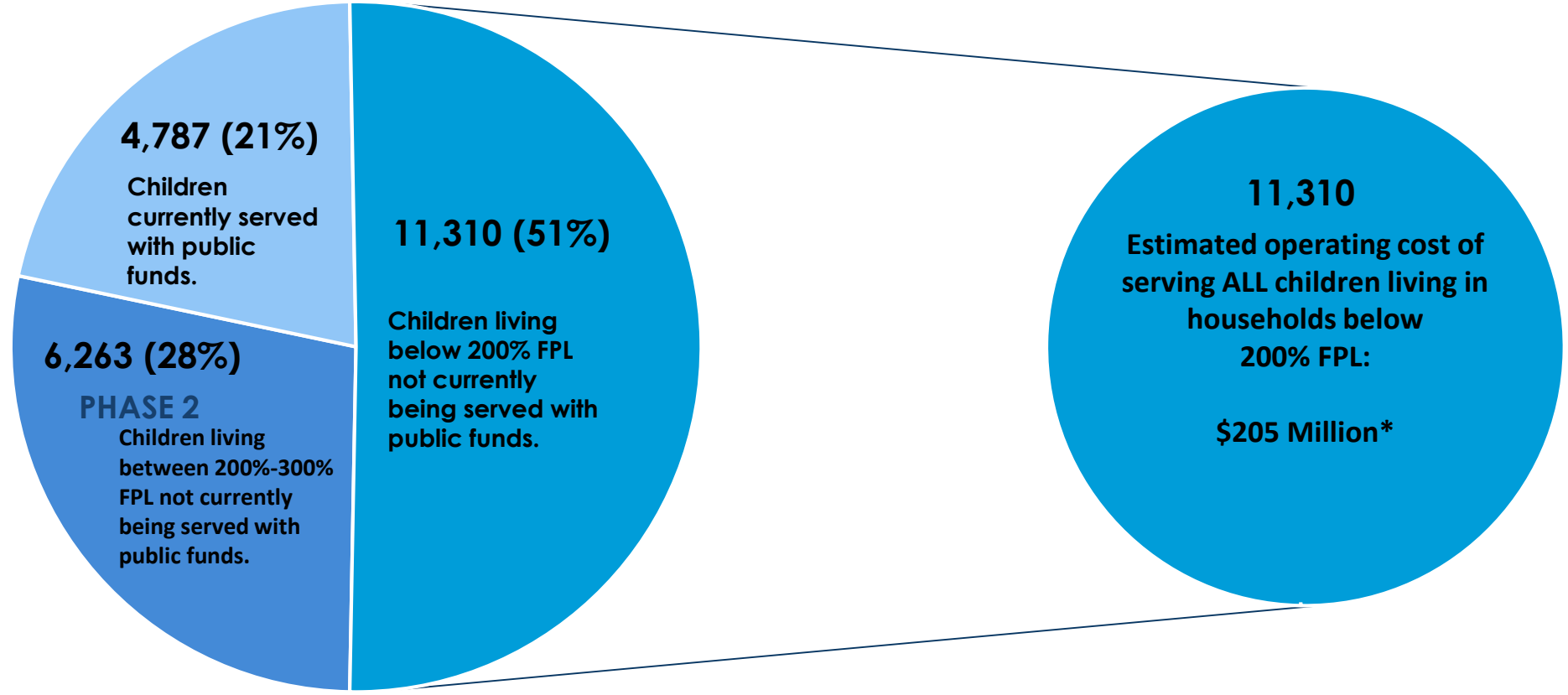


Panel Goal

**22,360 children
living in households with income
below 300% FPL**

PHASE 1

Serve all children under age 5 living in households with income below 200% FPL



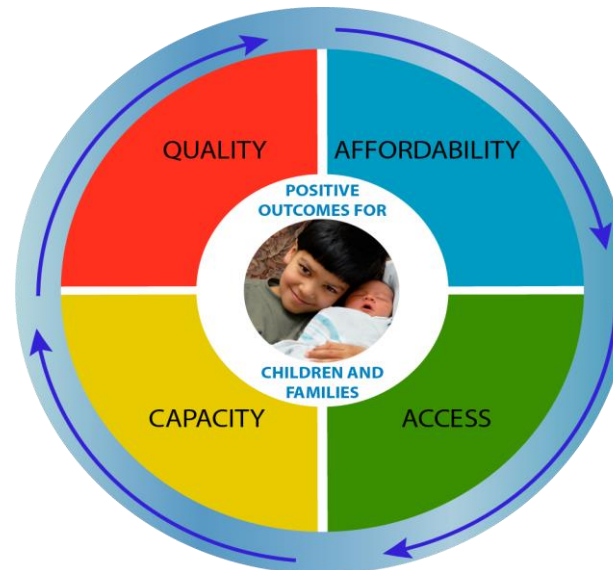
*Methodology: Assumes all families participate in a publicly funded early childhood program at a cost per child of \$18,200 (VDSS Maximum Reimbursable Rate for a preschooler at a center).



Panel Recommendations

Support a comprehensive approach to advance and expand Fairfax County's early childhood system – providing full and equitable access to high quality, affordable, early care and education for young children, families, and communities to thrive and prosper.

Equitable Early Childhood System





Panel Recommendations

Legislative and State Actions

1. State Child Care Subsidy Program
 - Advocate for additional state funding; request a local waiver to increase program income eligibility from 250% FPL to 300% FPL to better address cost of living in the County and serve additional families.
2. Virginia Preschool Initiative
 - Advocate for increased state resources and operational flexibility which would allow the County to use its full VPI allocation and serve additional children in the program, to include: increasing per child funding amount to better reflect actual cost in Fairfax; permitting localities to partner with family child care programs to provide VPI services; permitting localities to serve children who are three years old in VPI.
3. State Revenue
 - Advocate for the Governor and School Readiness committee to consider new state-wide revenue sources (e.g. sales tax, millionaire's tax, etc.) to fund expansion of early childhood programs.



Panel Recommendations

Legislative and State Actions Cont.

4. County taxing authority

- Convene a community task force to explore the pursuit of additional revenue-generating mechanisms in order to support a dedicated Early Childhood Fund. Strategies to consider include:
 - Pursuit of state enabling legislation to create a special taxing district that could levy additional property taxes within the boundaries of the County for the purpose of funding the early childhood system.
 - Pursuit of state legislation that would amend the local tax structure to provide equal taxing authority for counties and cities, thereby providing the County with the authority to leverage a food and beverage tax.



Panel Recommendations

Land Use and Development

1. Develop additional early childhood program facilities aligned with the County and FCPS Capital Improvement Plans.
 - Ensure that new and re-development County projects include dedicated space for early childhood programs where needed. Formalize process of evaluating and including early childhood program space in any future County development projects. This would build upon recent successful efforts such as the redevelopment of the Original Mt. Vernon High School and planning for the Massey Complex, Kingstowne Consolidated Facility and other capital projects.
 - Ensure that plans for new and renovated Fairfax County Public School buildings include dedicated space for early childhood programs.



Panel Recommendations

Land Use and Development Cont.

2. Ensure that land use regulatory requirements and land use boards and commissions support expansion and enhancement of the early childhood system.
3. Promote conversion of commercial buildings to include dedicated space for early childhood facilities as permitted in the Office Building Repurposing policy.
4. Align investments in the “child opportunity areas” where other initiatives are under way to create the conditions where children and families thrive.



Panel Recommendations

Dedicated Early Childhood Fund

Evaluate and pursue the following local revenue and funding options in order to create a sustainable dedicated funding stream for early childhood education:

- Create a dedicated Early Childhood Fund with a set-aside of tax revenue commensurate with the value of one cent from the local Real Estate tax rate. This funding mechanism emulates that of Fund 30300, The Penny for Affordable Housing Fund, and would be put into place by an action of the County Board of Supervisors.
- Please see Legislative and State Actions above for additional strategies for supporting a dedicated Early Childhood Fund (special taxing district, food and beverage tax).



Panel Recommendations

Public Private Partnerships

1. Create a business engagement strategy that involves both the philanthropic and core business aspects of the corporations that choose Fairfax County as their home. Positioning early childhood education as the gateway to the school system, an employee recruitment strategy, and critical to the development of corporations' talent pipeline, could support the county's request for resources to expand the early childhood system.
2. Request that the Board of Supervisors and the Economic Development Authority investigate the use of Community Benefit Agreements to facilitate community engagement with developers, Real Estate Investment Trusts, and property owners to support funding of early childhood education efforts.



Panel Recommendations

Public Private Partnerships Cont.

3. Explore the potential of utilizing Community Reinvestment Act funds in a broader context to support equitable school readiness.
 - Work with financial institutions already required by the Community Reinvestment Act to invest in Low to Moderate Income communities, to allocate funds to activities that promote economic development, such as financing early childhood education programs or activities that revitalize or stabilize LMI geographies.
4. Explore the establishment of a Pay for Success Model around early childhood education and outcomes achievement.
5. Establish a county-wide incubator to support initiatives through grant funding, i.e. to provide seed capital to early childhood education programs, measure outcomes, and scale promising practices. This could allow for enhanced partnerships between higher education institutions and the business community.



Panel Recommendations

Community Engagement

Invest in the development of and launch a public awareness campaign to promote a community-wide understanding of the importance of early childhood education and its impact on the County's economic success.



Panel Recommendations

Ongoing Reporting

The Panel recommends that the Successful Children and Youth Policy Team monitor progress made on implementation of recommendations and provide regular updates to the Board of Supervisors and School Board.



THANK YOU

SCYPT Action Item A-2
September 25, 2019

ACTION ITEM A-2

TITLE:

SCYPT Endorsement of the Children's Behavioral Health Blueprint FY 2021 Funding Requests

RECOMMENDATION:

Staff recommend SCYPT endorse the Children's Behavioral Health Blueprint FY 2021 Funding Requests.

BACKGROUND:

At its April 6, 2016, meeting, the SCYPT endorsed the Children's Behavioral Health System of Care Blueprint, a strategic plan for improving access and quality of behavioral health services for children and youth in Fairfax. Implementation began almost immediately, and the SCYPT has received regular updates on progress. Workgroups are currently working on implementation of at least 20 different Blueprint actions; some of the actions that require little to no funding or are already funded for FY 2021 include:

- Developing a website that will serve as a hub of information and connect families to services;
- Supporting the adoption of trauma-informed practices and promoting public awareness of trauma and its impacts;
- Providing short-term outpatient mental health interventions to children and youth with emerging mental health issues;
- Training pediatricians in best practice interventions for children and youth mental health issues;
- Providing telephonic psychiatric consultation for pediatricians, especially on medication management; and
- Expanding mobile crisis response services for children and youth by 20%.

Two proposed strategies for FY 2021, however, require additional funding and have been included in the budget request for Healthy Minds Fairfax (in the Fairfax County Department of Family Services).

The two funding requests are:

- \$150,000 in FY 2021 and \$200,000 annually thereafter to continue provision of family support partner services for the parents and caregivers of children and youth with mental health issues; and
- \$125,000 for training to implement evidence-based behavioral health treatment practices now being required by many federal and state funding sources for behavioral health care.

EQUITY:

Both proposals are designed to promote equity by supporting increased access to behavioral health services for typically underserved populations. Family Support Partners are paraprofessional peer support staff with lived experience as parents and caregivers of children and youth with behavioral health issues. They are recruited from all cultural groups in our community, and speak to families in their own language, literally and figuratively. They break down stigma and ease access to services by sharing their own stories of realizing and accepting that their child had mental health issues, and of

accessing helpful services. Family Support Partners meet with families in their homes or other non-governmental sites in communities throughout the county. Services are provided by a non-profit agency.

Evidence-based practices are behavioral health interventions demonstrated by research to be effective in addressing behavioral health issues. As a group they tend to be strength-based and solution-focused, and avoid stigmatizing labels. The early versions of EBPs were often tested on homogenous populations but many are now developed and tested for diverse populations. Identifying EBPs with evidence of effectiveness in diverse communities is a priority for Healthy Minds Fairfax.

ATTACHMENTS:

Healthy Minds Fairfax 2021 Budget Requests

Children's Behavioral Health System of Care Blueprint FY 2019 Accomplishments

PRESENTERS:

Jim Gillespie, Healthy Minds Fairfax

Peter Steinberg, Healthy Minds Fairfax

HEALTHY MINDS FAIRFAX FY 2021 BUDGET REQUESTS

Family Support Partners: \$150,000 (FY21)/\$200,000 (FY22 and recurring)

Family support partners (FSPs) are trained parents of young adults with mental health issues who provide support, education, and assistance with accessing services to parents of children and youth with mental health issues. Funding would support serving 100 self-referred families annually who have children or youth with mental health issues with approximately 10-20 hours of Family Support Partner (FSP) services each.

In addition, it will fund FSP participation in 400 family resource meetings and family partnership meetings annually. These are inter-agency meetings convened by county and FCPS child-serving staff to plan services for youth with complex and high-risk behavioral health needs. FSPs attend to provide support and education to the participating parents and to offer their services.

Since January 2017, FSP services have been funded through a federal grant, which expires in September 2020. In FY 2019, 161 families were served. The proposed county funding will be supplemented by Children's Services Act funding for the children and youth with complex and high-risk issues who are eligible for that program, including youth in foster care and the juvenile justice system.

FSPs are paraprofessionals who receive professional supervision and extensive training. They work collaboratively with the child-serving professionals involved with the family. They provide families with support, education and assistance with navigation guidance. Particular activities include helping with the paperwork associated with accessing services, connecting parents to community resources, providing support during service planning meetings, periodic face-to-face meetings, and regular phone/text/email communication.

Evidence-Based Practice Training: \$125,000

Evidence-based practices (EBPs) in behavioral health care are interventions proven by research to be effective in addressing specific mental health and substance use disorders, resulting in children and youth having reduced symptoms and risk behaviors, and improved functioning at home, in school, and in the community. The use of EBPs is or soon will be a requirement for accessing state and federal funding to support provision of behavioral health care to children, youth, and families. State agencies that currently require use of evidence-based practices are the Department of Juvenile Justice and the Department of Social Services. Agencies that will soon have such a requirement are the Department of Behavioral and Developmental Services and the Department of Medical Assistance Services (Medicaid).

Implementing evidence-based practices is expensive due to the extensive training and oversight required. The Community Services Board and local non-profit agencies that provide behavioral health care to the most vulnerable children and youth in our community do not have the funding to meet these training requirements. Healthy Minds Fairfax is partnering with George Mason University and Inova to sponsor evidence-based practice training for public and private behavioral health providers. The three-year pilot project has thus far trained 438 therapists in a variety of evidence-based practices. This collaboration has proved to be a very cost-effective method of providing EBP training. The request is for \$125,000 in recurring funding. Funding will be allocated annually to support the following tasks:

1. Funding will be used to train 330 clinicians who work in a public or private child serving behavioral settings in various evidenced-based practices. Trainings consist of an average of three days. Afterwards, participants are required to participate in bimonthly supervision calls. The days of training depend on the evidenced based practice being taught. It is anticipated that 1,000 person-days (one person attending one day) of training will be provided. The cost to provide the training is \$75,000. In addition to attending the training, all clinicians will be required to participate in supervisory telephone calls at a cost of \$15,000. Telephone calls will take place twice a month and last approximately 2 hours. The purpose of the calls is to provide support to the clinicians in their utilization of EBPs and to help the clinicians adhere to the fidelity of the EBP.
2. In order to successfully implement EBPs, agencies must review and usually re-structure all or part of their service delivery systems and revise their training plans to accurately assess the needs of children and youth entering services and match them with appropriate EBPs. Funding will support consultation to the Community Services Board and local non-profit behavioral health providers on implementing EBPs within their agencies. The estimated cost is \$15,000 to provide approximately 100 hours of consultation.
3. Funding of \$20,000 will be used to measure to what degree of fidelity the clinicians follow the training protocols. At each training, clinicians are given a pre- and post-survey to gauge their confidence in using the skill and if they increase their knowledge in that area. A follow-up survey will be sent out to each clinician to measure their usage of the EBP and which EBP they use most often. Agency and providers who send staff to the trainings will be asked to agree to allow for satisfaction surveys to be sent to their clients after treatment ends as part of the standard of care. An annual report on the status of EBP implementation will be presented to the Community Policy and Management Team.

To provide additional support for the implementation of EBPs, county staff will collaborate with FCPS, local non-profit organizations, and providers in accomplishing these activities. Additional funding is not necessary to implement the following:

1. Develop and implement annual plans for training local providers on EBPs that meet state and federal requirements and address the needs of local children, youth and families. Ensure that capacity is enough to meet the EBP training needs of CSB therapists and those of the local non-profit child-serving agencies. Monitoring will include, but is not limited to, the EBP requirements of the federal Families First Prevention Services Act and the Virginia Department of Behavioral and Developmental Services STEP Virginia initiative.
2. Access state and federal funding for EBP training whenever possible to offset local costs.

HEALTHY MINDS FAIRFAX CHILDREN'S BEHAVIORAL HEALTH BLUEPRINT FY 2019 ACCOMPLISHMENTS

Strategy: *Expand access to timely and available behavioral health services for school age children and youth with emerging behavioral health issues who have not been able to access such services.*

Short-Term Behavioral Health Services

The Short-Term Behavioral Health (STBH) Services for youth and their families is a program that provides short term outpatient therapy to eligible youth and their families. Outpatient services are purchased from contracted private providers and is for students with depression, anxiety and other emerging mental health issues. The six to eight session duration is based on a cognitive therapy approach and providers have been trained to address trauma issues. Referrals are made by Fairfax County Public Schools (FCPS) clinical staff and school counselors who work in one of the 38 designated STBH schools. The schools were selected based on the mental health needs of the students as identified in the Fairfax County Youth Survey and socioeconomic needs as assessed by the percentage of students receiving free or reduced lunches. Referrals are also made by the Community Services Board (CSB). In SY 2018-2019 215 youth received STBH services, an increase of 65% over the previous year. Beginning in 2020, in addition to accepting referrals from FCPS and the CSB, it is anticipated that referrals will be made by the Juvenile and Domestic Relations intake office. The program is available to youth whose families has an income less than 400% of the poverty level and who cannot access services due to lack of insurance, lack of providers who accept their insurance, or providers having long waiting lists for treatments. An FY 2022 HHS Resource Plan item will be submitted to expand STBHS to 18 more schools and 205 more students.

Strategy: *Enhance the community's ability to effectively identify and respond to children and families who have been exposed to trauma*

Trauma-Informed Community Network

The Fairfax County Trauma-Informed Community Network (TICN) has reached over 4,000 people with their 90-minute Trauma Awareness 101 Training, which is now available on-demand as a 30-minute webinar. The TICN continues to host full day sessions of their Trauma-Informed Supervisor Training, and have reached hundreds of supervisors from county human services agencies, schools, and non-profit partners. The TICN training subcommittee also developed a training on Secondary Traumatic Stress in the workforce (The Cost of Caring) that is now available regularly. Trainings and resources on developing trauma-informed spaces are also currently available. The TICN continues to offer screenings and discussions on the documentary *Resilience*; over 6,000 people have seen it to date. In May and June, the TICN will host screenings of *Broken Places*, which addresses community trauma.

The TICN has developed a "Guide to Educating Children, Youth and Families about Trauma & Resilience" to prepare the human services workforce to provide psychoeducation to kids and families. The guide has already been widely distributed to a variety of audiences across the child and youth serving system. The TICN continues to host and sponsor screenings of the documentary *Resilience*, and will begin screening *Broken Places* in May. Led by the TICN's representative from the Fairfax County Council of PTAs, the Network presented a new version of Trauma 101, specifically for parents, at the FCCPTA Family Engagement Conference in October and at the Virginia statewide PTA conference last winter. In April, the TICN and CSB facilitated a training of trainers in ACE Interface; 30 county, school, and partner staff participated. They are

currently developing a broad implementation plan for the initiative; nine presentations have been completed to date, with six more scheduled for September and October.

Through the Fairfax Consortium for Evidence Practice, 45 clinicians were trained in Trauma-Focused Cognitive Behavioral Therapy in November 2018. The consortium was created in partnership with George Mason University, INVOA and Healthy Minds Fairfax and receives its funding from Healthy Minds Fairfax. The Core Competency training offered this year to approximately 70 clinicians treating adolescents included a trauma specific session. Also, in 2019, approximately 50 clinicians working with children ages 7-12 were trained in MATCH-ADTC- Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems.

Strategy: *Reduce youth substance abuse and use.*

Student Assistance Program

Through County funding support, in the 18/19 school year SAPs were placed in 5 high schools. There were six positions available and one of those split two schools. That one position was only hired this month. During the 18/19 school years the SAPs served 412 students and made 66 presentations to students or parents. They referred 25 students to the CSB for treatment services. A “warm handoff” was created between the school counselors and CSB, including televideo assessments. For the 19/20 school year, FCPS has created 7 additional SAP positions and expanded the program division wide. It is anticipated that approximately 120 students will be referred to CSB, of whom 80% will participate in treatment.

Strategy: *Improve care coordination and promote integration among schools, primary care providers and mental health providers, including the integration of primary and behavioral health care.*

Virginia Mental Health Access Program

In June 2018 the Community Policy and Management Team endorsed a Behavioral Health Integration Plan to promote and support behavioral health integration with primary care and the schools. To implement the plan HMF submitted a successful FY 2020 county budget request for psychiatric consultation to pediatricians, partnered with Inova to provide intensive mental health training to 151 local pediatricians, expanded mobile crisis response services for children and youth by 20% to prevent unnecessary hospitalization, and placed a George Mason University psychology resident in a local pediatric practice.

In the fall of 2018 The Virginia Department of Health was awarded a federal grant to establish a Virginia Mental Health Access Program (VMAP), which was a major recommendation of our local Behavioral Health Integration Plan. An access program is a telephone resource through which pediatric primary care providers can obtain psychiatric consultation and assistance with linking their patients to community mental health services. Access programs support pediatricians to provide effective mental health services in their practices. The General Assembly provided supplemental funding, but the total amount is still insufficient to fund a full statewide access program. HMF has partnered with VMAP to stand up psychiatric consultation services. Beginning this fall psychiatric consultation will be available to Northern Virginia pediatricians, and later this year or early next they will have a care navigator to link their patients to mental health services. Inova Kellar Center is a partner in the VMAP initiative.