Parents and Caregivers

Do you know the factors that matter?

These simple actions can help your children develop healthy habits, make better choices, and manage stress:

- Be available to help.
- Know their whereabouts.
- Involve them in family decision-making.
- Show all family members respect.
- Communicate clear disapproval of drug and alcohol use.

It takes three to succeed.

Learn all of the factors that matter at fairfaxcounty.gov/youthsurvey.