The Fairfax County Youth Survey shows that children and teens with three or more protective factors are more likely to:

- Manage stress
- Make better choices
- Develop healthy habits

The many factors that help children and teens succeed include:

- Having parents or guardians who are available to help
- Participating in after-school activities
- Having adults in the community to talk to
- Accepting responsibility for their actions
- Having teachers who recognize and praise good effort

Learn all of the factors that matter at fairfaxcounty.gov/youthsurvey.