About the Fairfax County Youth Survey

It provides **DATA** to **county**, **school**, and **community-based organizations** to:

- Assess Youth **Strengths** and **Needs**
- Develop **Programs** and **Services**
- Monitor **Trends**
- **Measure** Community Indicators
- Guide Countywide **Planning of Prevention Efforts**

Fairfax County 2012 Youth Survey
More About the Fairfax County Youth Survey

- Comprehensive
- Anonymous
- Voluntary

It examines the

- Behaviors,
- Experiences, and
- Risk and Protective Factors that influence the well-being of our county’s youth.
## Fairfax County Youth Survey Web Page

### Fairfax County Youth Survey

#### About The Fairfax County Youth Survey
- Youth Survey Frequently Asked Questions

#### School Year 2010-2011 Fairfax County Youth Survey
- 2010 Results Highlights Presentation
- 2010 Risk and Protective Factors Results Report
- 2010 8th Grade Youth Survey Results Report

If you use data from the 2010 survey, please cite The 2010 Fairfax County Youth Survey Report and reference www.fairfaxcounty.gov/youthsurvey.

#### School Year 2011-2012 Fairfax County Youth Survey
- 2011 Parent Letter and Opt-Out Form
  - Arabic
  - Chinese
  - English
  - Farsi
  - Korean
  - Spanish
  - Urdu
  - Vietnamese
- 2011 Healthy Behaviors Survey Instrument
  - 8th, 10th, and 12th grades
- 2011 8th Grade Youth Survey Instrument

#### County / Community Initiatives
- Fairfax County’s Prevention System
- Fairfax County Public Schools Student Achievement Goals
- Voices for Virginia’s Children: Self-Portrait of Youth in Northern Virginia: Summary Results of Northern Virginia Youth Health Risk Surveys

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**Prevention Toolkit**
For suggestions, tools, and resources to assist in promoting the well-being of youth in our community. For more information, download About the Prevention Toolkit.

**Results**

**Survey Instruments and Information**

**Videos**
Bullying and Cyberbullying and Teens Dating Abuse Videos also available in Spanish, Korean, and Vietnamese.

**Fact Sheets**
**NEW** Fact Sheets Updated with School Year 2010-2011 Data

Publications are available in a PDF format. In order to view these files, you must have Adobe Acrobat Reader installed on your computer.

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[www.fairfaxcounty.gov/youthsurvey](http://www.fairfaxcounty.gov/youthsurvey)
Fairfax County Youth Survey Participation

- **46,969** FCPS students
- **Grades 6, 8, 10, and 12**
- Representing **90%** of enrolled students

6th grade students take a shortened, modified survey.
Three to Succeed
Asset Graph for Fairfax County (Grades 8, 10, 12)

Having High Personal Integrity
Performing Community Service
Having Teachers Recognize Good Work
Having Community Adults to Talk to
Participating in Extracurricular Activities
Having Parents Available for Help

Fairfax County 2012 Youth Survey
Alcohol, Tobacco and Other Drug Use

Fairfax County 2012 Youth Survey
Percent Who Drank Alcohol in Past 30 Days

Note: 6th Grade Prevalence = 2.1%
### Percent Reporting Binge Drinking

<table>
<thead>
<tr>
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<th>FCPS</th>
<th>US</th>
</tr>
</thead>
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**FCPS**

**US**
Percent Who Used Marijuana in Past 30 Days

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Note: 6th Grade Prevalence = 0.3%

Fairfax County 2012 Youth Survey
### Percent Who Used Inhalants in Past 30 Days

*Note: 6th Grade Prevalence = 2.5%*

<table>
<thead>
<tr>
<th>Percent Using Inhalants</th>
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<th>12th</th>
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**Fairfax County 2012 Youth Survey**
Percent Who Used Painkillers or Prescription Medication in Past 30 Days

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<td>Percent Using Without Doctor's Order</td>
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<td>8.2</td>
<td>5.1</td>
<td>9.7</td>
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Fairfax County 2012 Youth Survey
Percent Who Smoked Cigarettes in Past 30 Days

Smoking rates for 12th Graders decreased 19 percentage points since 2001.

Note: 6th Grade Prevalence = 0.3%
Drug Use for 6th–Graders Past 30 Days

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<td>0.4</td>
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<td>0.6</td>
<td>0.1</td>
<td>0.7</td>
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<tr>
<td>Marijuana</td>
<td>0.3</td>
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<td>0.3</td>
<td>0.2</td>
<td>0.6</td>
<td>0.4</td>
<td>0.1</td>
<td>0.6</td>
</tr>
</tbody>
</table>
Alcohol, Tobacco and Other Drug Use (Past 30 Days) Related Factors

- Bullied Others (Past Year): 60%
- Racially/ Culturally Harrassed Others (Past Year): 0%
- Depressive Symptoms (Past Year): 0%
- Sex (Ever): 60%
- Cyberbullied Others (Past Year): 0%

ATOD: Orange line
No ATOD: Green line

Fairfax County 2012 Youth Survey
Parental Perception and Alcohol Use Behavior

![Bar chart showing parental perception of alcohol use behavior.](chart)

**Very Wrong**
- No Alcohol Use: 90%
- Yes Alcohol Use: 10%

**Wrong**
- No Alcohol Use: 67%
- Yes Alcohol Use: 33%

**A Little Bit Wrong**
- No Alcohol Use: 43%
- Yes Alcohol Use: 57%

**Not Wrong**
- No Alcohol Use: 36%
- Yes Alcohol Use: 64%

Fairfax County 2012 Youth Survey
Depressive Symptoms

Fairfax County 2012 Youth Survey
### Percent Who Reported Depressive Symptoms in Past Year

<table>
<thead>
<tr>
<th>% Reporting</th>
<th>Overall</th>
<th>8th</th>
<th>10th</th>
<th>12th</th>
<th>Female</th>
<th>Male</th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
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<th>Other/Multiple</th>
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<td>30.8</td>
<td>40.8</td>
<td>30.8</td>
<td>35.6</td>
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</table>

**Note:** 6th Grade Prevalence = 20.9%
A Closer Look at Depressive Symptoms

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<th>8th</th>
<th>10th</th>
<th>12th</th>
<th>White</th>
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<th>Asian</th>
<th>Other/Multiple</th>
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<td>Male</td>
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<td>22.7</td>
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<td>28.6</td>
<td>21.6</td>
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<td>27.6</td>
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<tr>
<td>Female</td>
<td>37.1</td>
<td>32.5</td>
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<td>39.0</td>
<td>31.4</td>
<td>37.6</td>
<td>49.8</td>
<td>34.6</td>
<td>43.9</td>
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</table>

% Reporting
Assets and Experiences of Depressive Symptoms

Number of Assets: 0 Assets, 6 Assets

Percent with Experience:

- Having High Personal Integrity
- Performing Community Service
- Having Teachers Recognize Good Work
- Having Community Adults to Talk to
- Participating in Extracurricular Activities
- Having Parents Available for Help

Fairfax County 2012 Youth Survey
Depressive Symptoms (Past Year) Related Factors

- Bullied Others (Past Year): 50%
- Racially/ Culturally Harrassed Others (Past Year): 0%
- ATOD
- Sex (Ever)
- Cyberbullied Others (Past Year)

Fairfax County 2012 Youth Survey
Nutrition and Physical Activity

Fairfax County 2012 Youth Survey
Percent Meeting Nutrition Requirements

<table>
<thead>
<tr>
<th>% Who Eat 5+ Fruits and Vegetables per Day</th>
<th>Overall</th>
<th>8th</th>
<th>10th</th>
<th>12th</th>
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<th>White</th>
<th>Black</th>
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<td>24.5</td>
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<td>21.4</td>
<td>24.6</td>
<td>28.5</td>
<td>26.5</td>
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</tbody>
</table>

Note: 6th Grade Prevalence = 32.7%

Fairfax County 2012 Youth Survey
Percent Meeting Recommendations for Physical Activity

<table>
<thead>
<tr>
<th>% reporting 60+ minutes of aerobic activity for at least 5 days in the past week</th>
<th>Overall</th>
<th>8th</th>
<th>10th</th>
<th>12th</th>
<th>Female</th>
<th>Male</th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
<th>Asian</th>
<th>Other/Multiple</th>
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<tbody>
<tr>
<td>FCPS</td>
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<td>47.2</td>
<td>46.3</td>
<td>36.1</td>
<td>34.9</td>
<td>52.2</td>
<td>49.7</td>
<td>41.8</td>
<td>36.7</td>
<td>34.5</td>
<td>49.6</td>
</tr>
</tbody>
</table>

Note: 6th Grade Prevalence = 54.3%

Fairfax County 2012 Youth Survey
Number of Sleep Hours on an Average School Night

- 8 hours: 22.1%
- 7 hours: 28.5%
- 6 hours: 22.1%
- 5 hours: 11.5%
- 4 or less hours: 6.4%
- 9 hours: 7.3%
- 10+ hours: 2.1%

Number of Students (in percentages):

- 8th Grade: 53.9%
- 10th Grade: 25.1%
- 12th Grade: 15.5%

Fairfax County 2012 Youth Survey
Aggression and Victimization

Fairfax County 2012 Youth Survey
Percentage Who Experience Bullying

<table>
<thead>
<tr>
<th></th>
<th>Overall</th>
<th>8th</th>
<th>10th</th>
<th>12th</th>
<th>Female</th>
<th>Male</th>
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<th>Black</th>
<th>Hispanic</th>
<th>Asian</th>
<th>Other/Multiple</th>
</tr>
</thead>
<tbody>
<tr>
<td>Victim</td>
<td>53.2</td>
<td>59.4</td>
<td>53.6</td>
<td>46.1</td>
<td>55.1</td>
<td>51.1</td>
<td>56.0</td>
<td>46.6</td>
<td>50.6</td>
<td>50.8</td>
<td>59.1</td>
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<tr>
<td>Aggressor</td>
<td>41.4</td>
<td>45.3</td>
<td>42.5</td>
<td>36.3</td>
<td>37.2</td>
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<td>45.4</td>
<td>42.7</td>
<td>39.0</td>
<td>46.5</td>
</tr>
</tbody>
</table>

Note: 6th Grade Prevalence for Victim = 44.4%; Aggressor = 19.7%

Fairfax County 2012 Youth Survey
Percentage Who Experience Cyberbullying Between Schoolmates

Note: 6th Grade Prevalence for Victim = 12.5%; Aggressor = 5.0%
### Percentage Who Experience Racial/Cultural Harassment

<table>
<thead>
<tr>
<th></th>
<th>Overall</th>
<th>8th</th>
<th>10th</th>
<th>12th</th>
<th>Female</th>
<th>Male</th>
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<th>Hispanic</th>
<th>Asian</th>
<th>Other/Multiple</th>
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<tr>
<td>Victim</td>
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<td>38.0</td>
<td>39.9</td>
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Note: 6th Grade Prevalence for Victim = 18.3%; Aggressor = 5.7%
### Racial/Cultural Harassment by Race/Ethnicity (Grades 8, 10, 12)

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<tr>
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<td>56.6</td>
<td>51.8</td>
<td>58.8</td>
<td>53.3</td>
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<td><strong>Aggressor</strong></td>
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<td>39.2</td>
<td>36.3</td>
<td>38.0</td>
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% Reporting
## Percent Who Have Ever Been in a Gang

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### Fairfax County 2012 Youth Survey
Gangs and Related Factors

- Bullied Others (Past Year): 70%
- Racially/ Culturally Harrassed Others (Past Year): 0%
- Depressive Symptoms (Past Year)
- ATOD
- Cyberbullied Others (Past Year)
- Sex (Ever)

Fairfax County 2012 Youth Survey
Sexual Health
Percent Who Have Ever Had Sexual Intercourse

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Fairfax County 2012 Youth Survey
## Percent Who Have Ever Had Oral Sex

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<td></td>
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<td>13.0</td>
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</tbody>
</table>

*Fairfax County 2012 Youth Survey*
Condom Use At Last Intercourse

**Countywide, 69% Use Condoms**

**8th Grade**
- Yes, 4.4%
- No, 2.5%

**10th Grade**
- Yes, 13.6%
- No, 6.0%

**12th Grade**
- Yes, 27.0%
- No, 12.2%

**Never had sex**
- 8th Grade: 93.1%
- 10th Grade: 60.9%
- 12th Grade: 80.5%

Fairfax County 2012 Youth Survey
Building Resiliency in Youth Through Assets
The Resiliency Wheel

Build Resiliency

- Set clear, consistent boundaries
- Teach "Life Skills"
- Mitigate Risk Factors
- Increase pro-social bonding
- Set and communicate high expectations
- Provide opportunities for meaningful participation
- Provide caring and support

Fairfax County 2012 Youth Survey
Resiliency Builders

• Increase pro-social bonding
• Set clear consistent boundaries
• Teach “life skills”
• Provide caring and support
• Set and communicate high expectations
• Provide opportunities for meaningful participation
Increase pro-social bonding

Set clear, consistent boundaries

Set and communicate high expectations

Provide caring and support

Teach “Life Skills”

Provide opportunities for meaningful participation

Fairfax County 2012 Youth Survey

To Learn More about Resiliency Builders

Three to Succeed
Family-Based (Grades 8, 10, 12)

Percent with Risky Behavior vs. Number of Assets

- Bullied Someone (Year)
- Sex (Ever)
- Alcohol Use (30 Days)
- Marijuana Use (30 Days)
- Carried a Weapon (Year)
- Binge Drinking (2 Weeks)
- Cigarette Use (30 Days)
- Gang Member (Ever)
Assets Schools Provide to Build Resiliency

- Teacher Notices Good Job
- Opportunity to Talk to Teacher One-on-One
- Feel Safe at School
- School Communicates with Parents when Student Does Well
- Teacher Praises when Student Does Well

Fairfax County 2012 Youth Survey
Three to Succeed
School-Based (Grades 8, 10, 12)

Fairfax County 2012 Youth Survey
Assets Communities Provide to Build Resiliency

- Availability of Extracurricular Activities
- Adults' Attitude about Youth Marijuana Use
- Adults in Community to Talk To
- Neighbors Notice Good Job

8th Grade
10th Grade
12th Grade

Fairfax County 2012 Youth Survey
Three to Succeed
Community-Based (Grades 8, 10, 12)

Fairfax County 2012 Youth Survey
Assets We All Help Youth Develop to Build Resiliency

- Regular Participation in Extracurricular Activities
- Volunteering Regularly
- Following Rules
- Thinking Through Possible Results Before Making a Decision
- Accepting Responsibility for Actions and Mistakes
- Doing their Best, Even for Jobs They Don’t Like

Fairfax County 2012 Youth Survey
Three to Succeed
Individual-Based (Grades 8, 10, 12)
Challenges for the Community

- Decreasing alcohol, tobacco, and other drug use
- Decreasing incidence of bullying and cyberbullying
- Decreasing depressive symptoms
- Improving students’ habits in the areas of nutrition and physical activity
Three to Succeed
Caring Adults (Grades 8, 10, 12)

Having Parents Available for Help
Having Teachers Recognize Good Work
Having Community Adults to Talk to

Fairfax County 2012 Youth Survey
What You Can Do to Make a Difference

• Listen to youth

• When they do well, provide specific feedback

• Provide opportunities for extracurricular activities, volunteering, and mentoring

• Set and communicate high expectations

• Set clear and consistent boundaries
Websites To Learn More

**FAIRFAX COUNTY YOUTH SURVEY**

[fairfaxcounty.gov/youthsurvey](http://fairfaxcounty.gov/youthsurvey)

**PREVENTION TOOLKIT**

[fairfaxcounty.gov/ncs/prevention/toolkit.htm](http://fairfaxcounty.gov/ncs/prevention/toolkit.htm)
Questions? Contact Us!

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