



Fairfax County Youth Survey School Year 2013–2014



Fairfax County 2013 Youth Survey



About the Fairfax County Youth Survey

It provides **DATA** to **county, school, and community-based organizations** to:

- Assess Youth **Strengths** and **Needs**
- Develop **Programs** and **Services**
- Monitor **Trends**
- **Measure** Community Indicators
- Guide Countywide **Planning** of **Prevention** Efforts



Fairfax County 2013 Youth Survey



Fairfax County Youth Survey Web Page

[homepage](#) > [demographic and economic information](#) > [fairfax county youth survey reports](#)



Fairfax County Youth Survey

About The Fairfax County Youth Survey

- [Youth Survey Frequently Asked Questions](#)

School Year 2010-2011 Fairfax County Youth Survey

- [2010 Results Highlights Presentation](#)
- [2010 Risk and Protective Factors Results Report](#)
- [2010 6th Grade Youth Survey Results Report](#)

If you use data from the 2010 survey, please cite *The 2010 Fairfax County Youth Survey Report* and reference www.fairfaxcounty.gov/youthsurvey.

School Year 2011-2012 Fairfax County Youth Survey

- [2011 Parent Letter and Opt-Out Form](#)
Arabic Chinese English Farsi Korean
Spanish Urdu Vietnamese
- [2011 Healthy Behaviors Survey Instrument](#)
(8th, 10th, and 12th grades)
- [2011 6th Grade Youth Survey Instrument](#)

County / Community Initiatives

[Fairfax County's Prevention System](#)

[Fairfax County Public Schools Student Achievement Goals](#)

[Voices for Virginia's Children Self-Portrait of Youth in Northern Virginia:](#)
[Summary Results of Northern Virginia Youth Health Risk Surveys](#)

	Prevention Toolkit For suggestions, tools, and resources to assist in promoting the well-being of youth in our community. For more information, download About the Prevention Toolkit .
	Results 2010, 2009, 2008, 2005, 2003, 2001
	Survey Instruments and Information
	Videos Bullying and Cyberbullying and Teen Dating Abuse videos also available in Spanish, Korean, and Vietnamese.
	Fact Sheets NEW Fact Sheets Updated with School Year 2010-2011 Data

Publications are available in a PDF format. In order to view these files, you must have [Adobe Acrobat Reader](#) installed on your computer.



www.fairfaxcounty.gov/youthsurvey



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More About the Fairfax County Youth Survey



- **Comprehensive**
- **Anonymous**
- **Voluntary**

It examines the

- **Behaviors,**
- **Experiences,** and
- **Risk and Protective Factors** that influence the well-being of our county's youth.

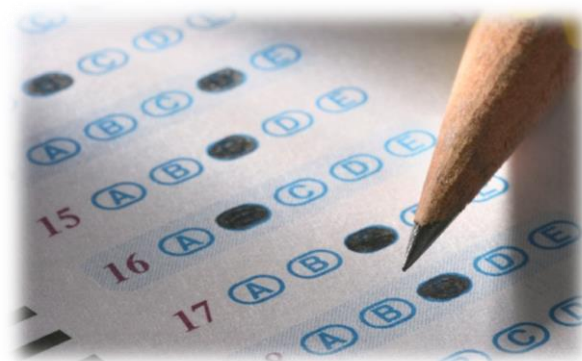


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Fairfax County Youth Survey Participation

- **47,084** FCPS students
- Grades 6, 8, 10, and 12
- Representing **89%** of enrolled students



**6th grade students take a shortened,
modified survey.**

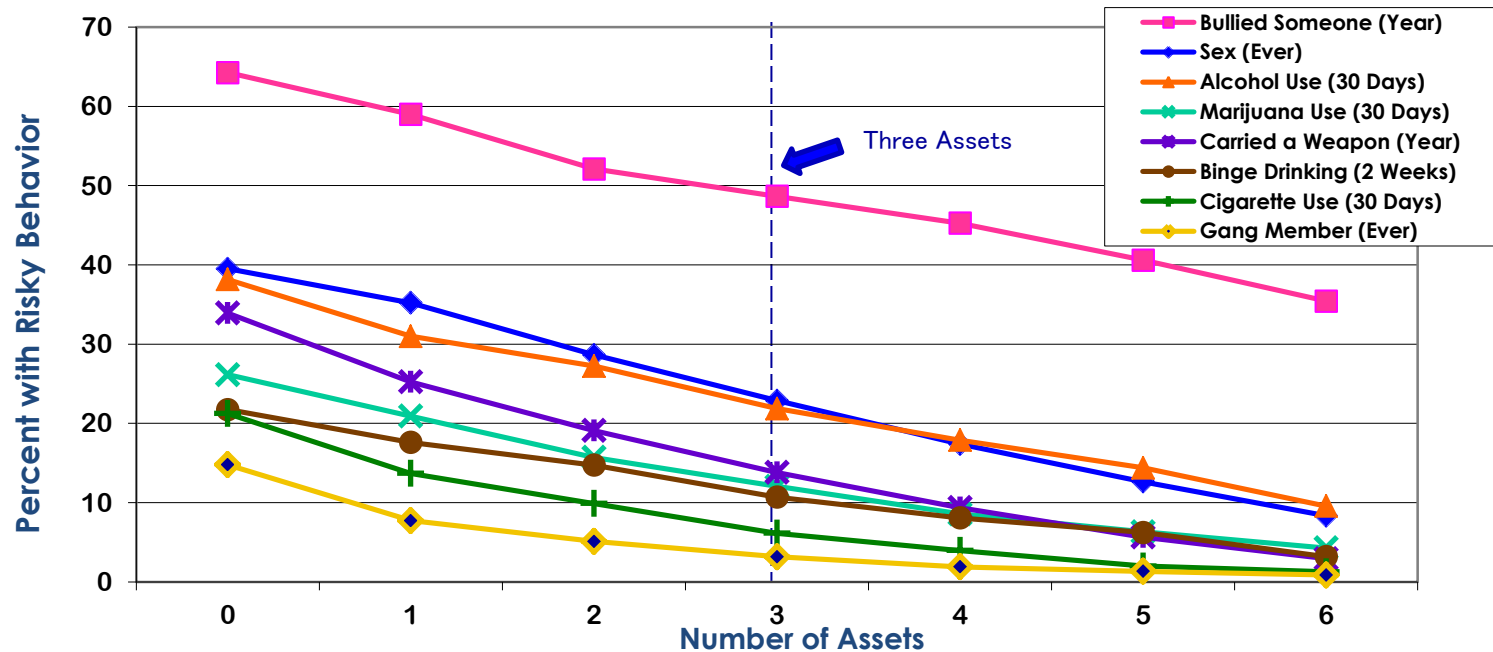


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Three to Succeed

Asset Graph for Fairfax County (Grades 8, 10, 12)



Having High Personal Integrity
Performing Community Service
Having Teachers Recognize Good Work

Having Community Adults to Talk to
Participating in Extracurricular Activities
Having Parents Available for Help



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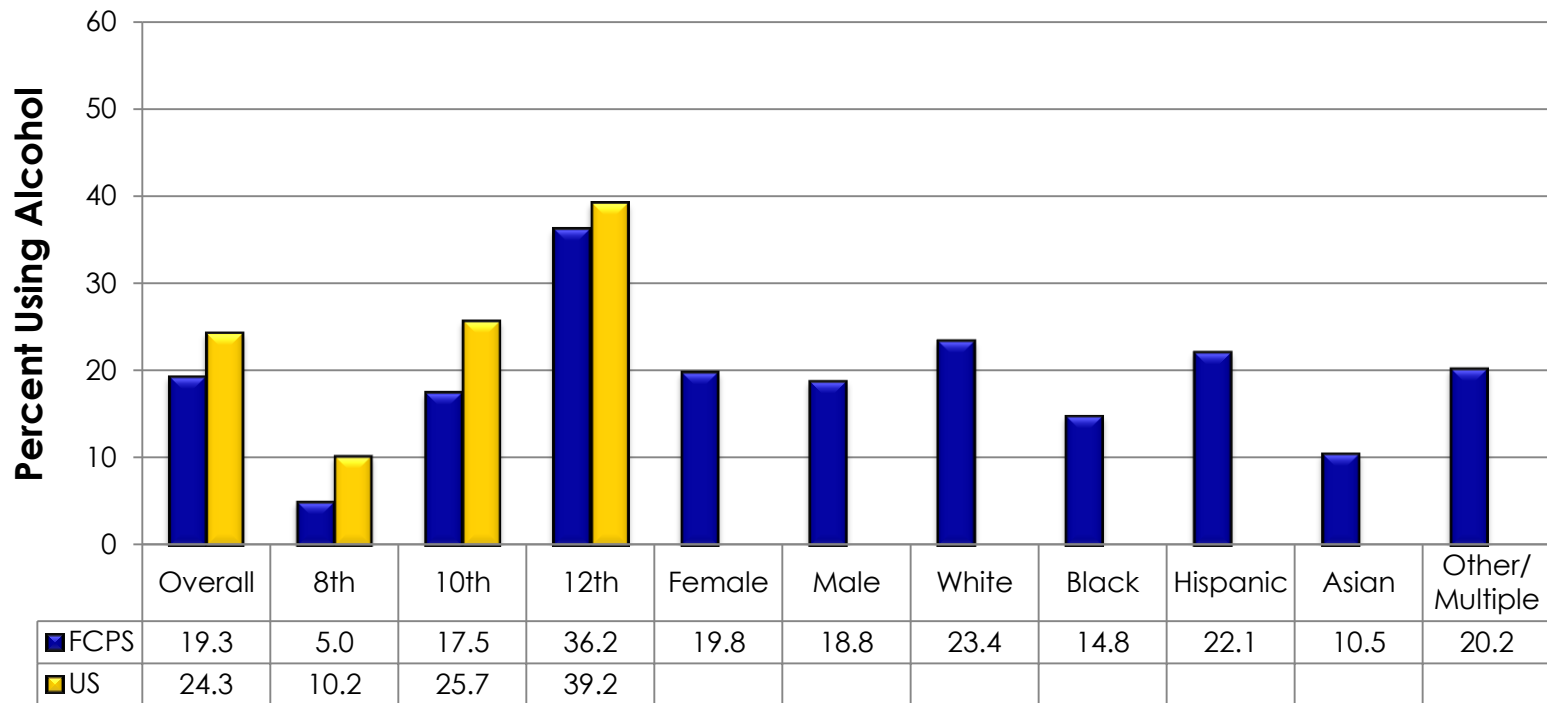
Alcohol, Tobacco and Other Drug Use



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Percent Who Drank Alcohol in Past 30 Days



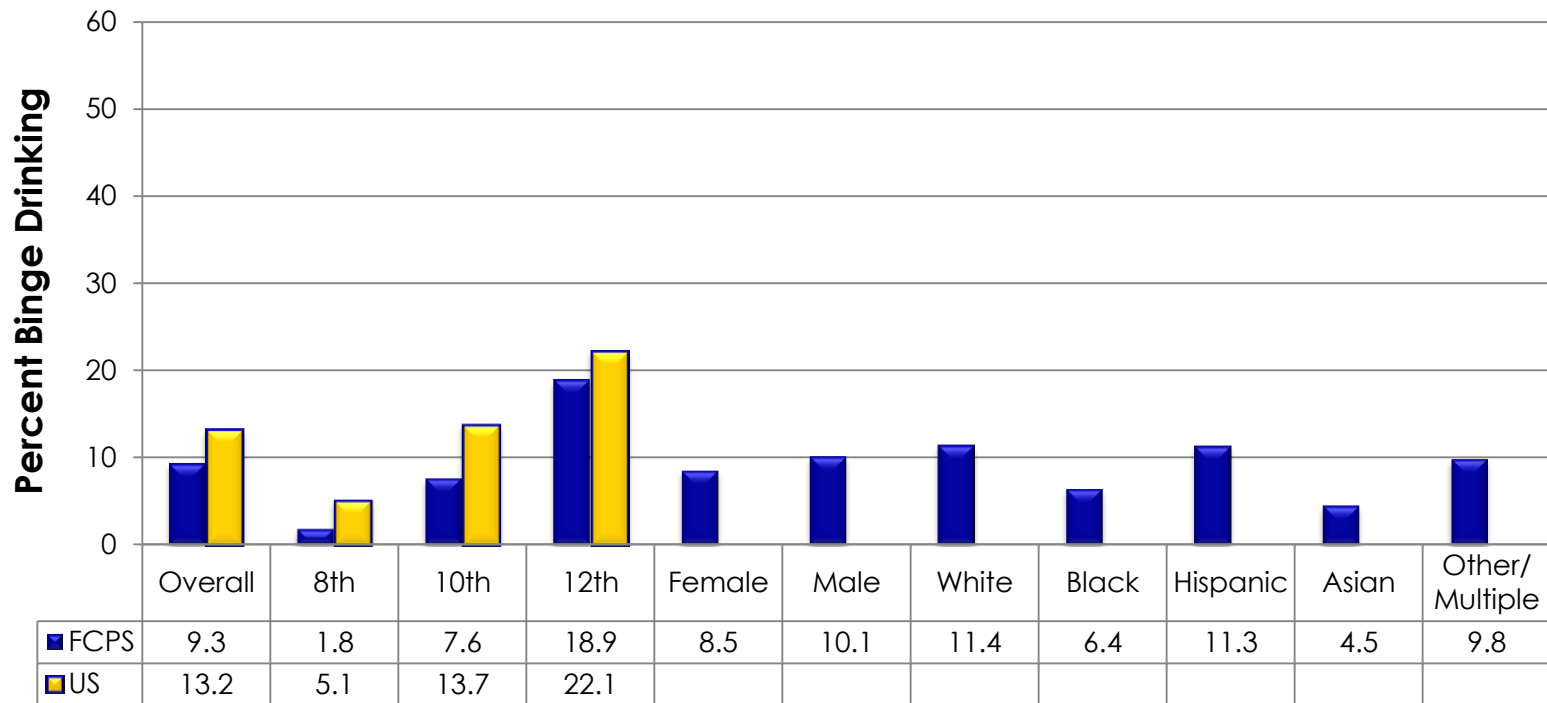
Note: 6th Grade Prevalence = 1.7%



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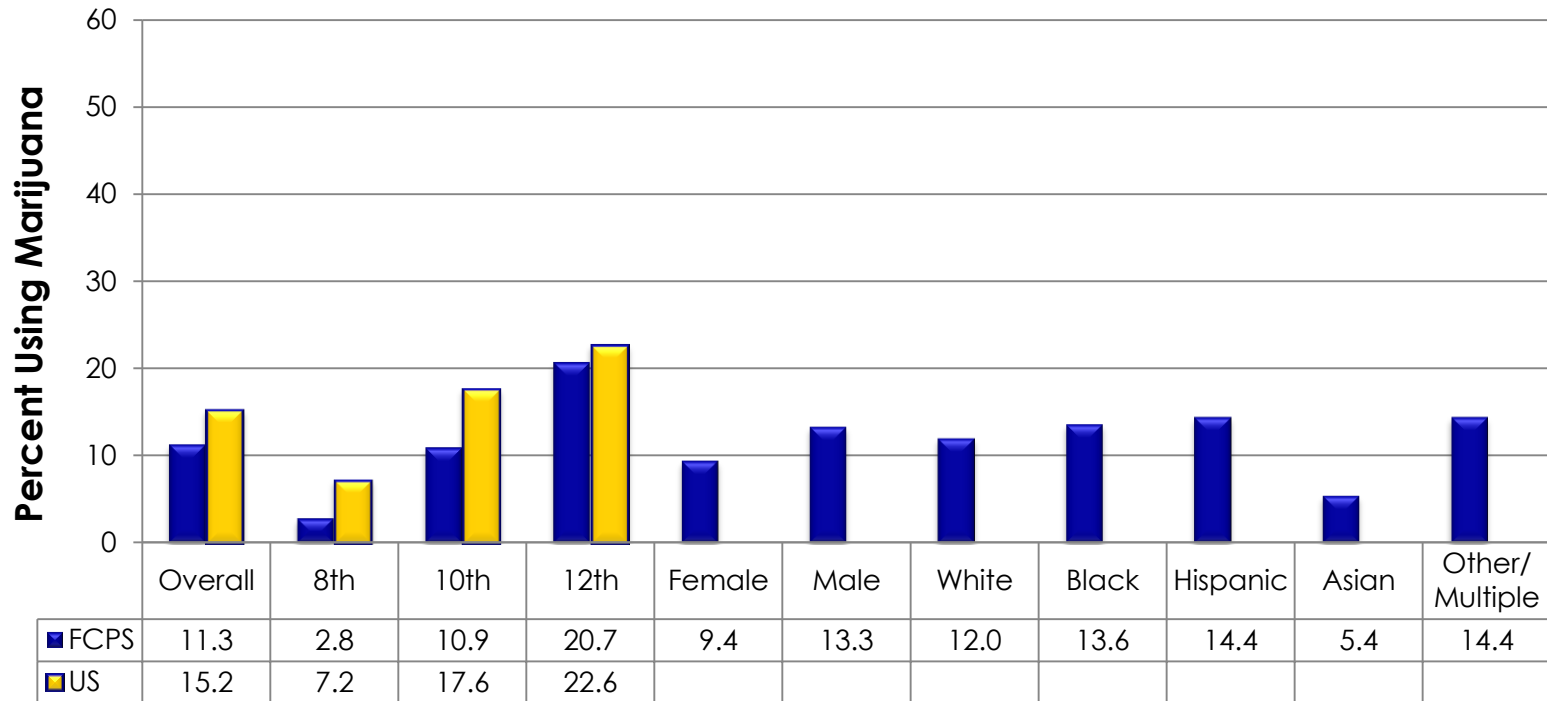
Percent Reporting Binge Drinking



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Percent Who Used Marijuana in Past 30 Days



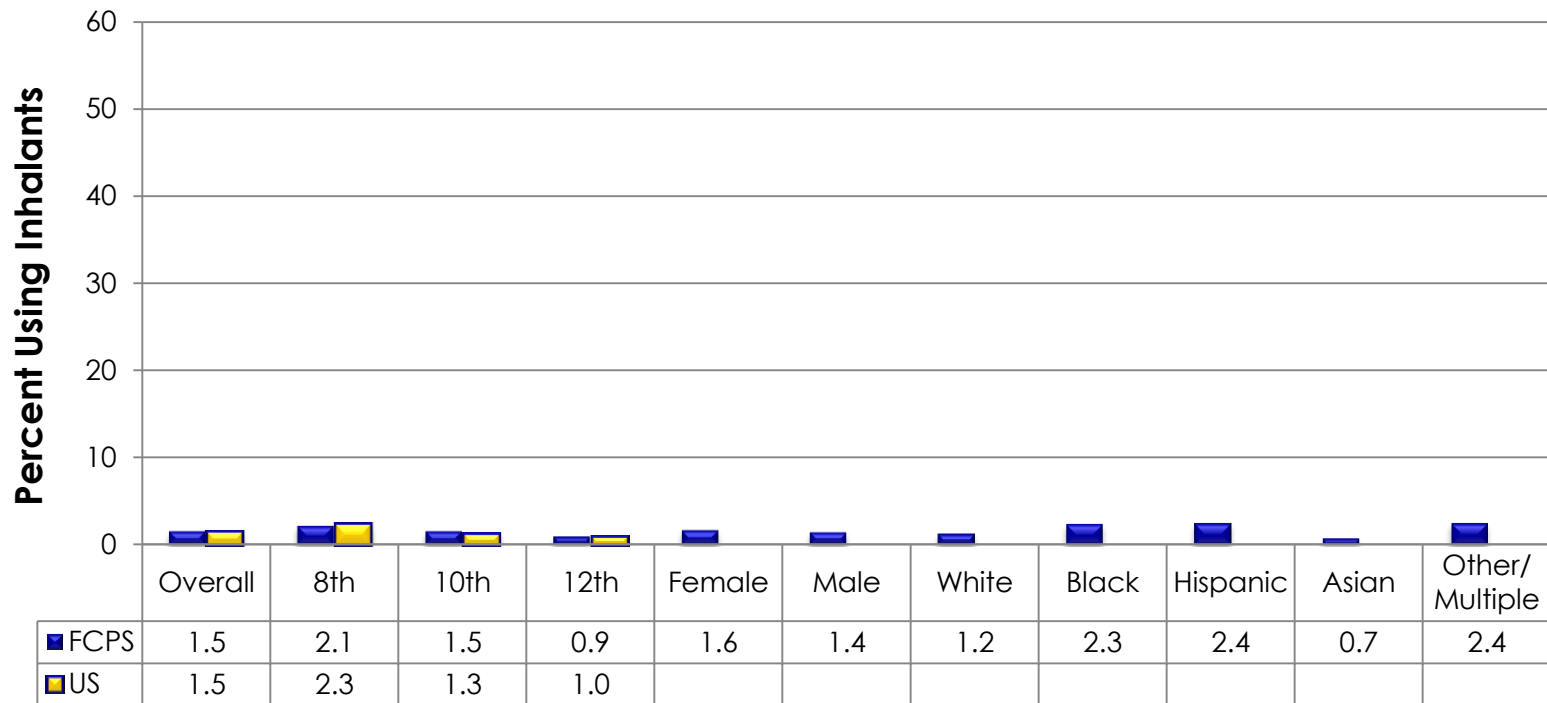
Note: 6th Grade Prevalence = 0.2%



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Percent Who Used Inhalants in Past 30 Days



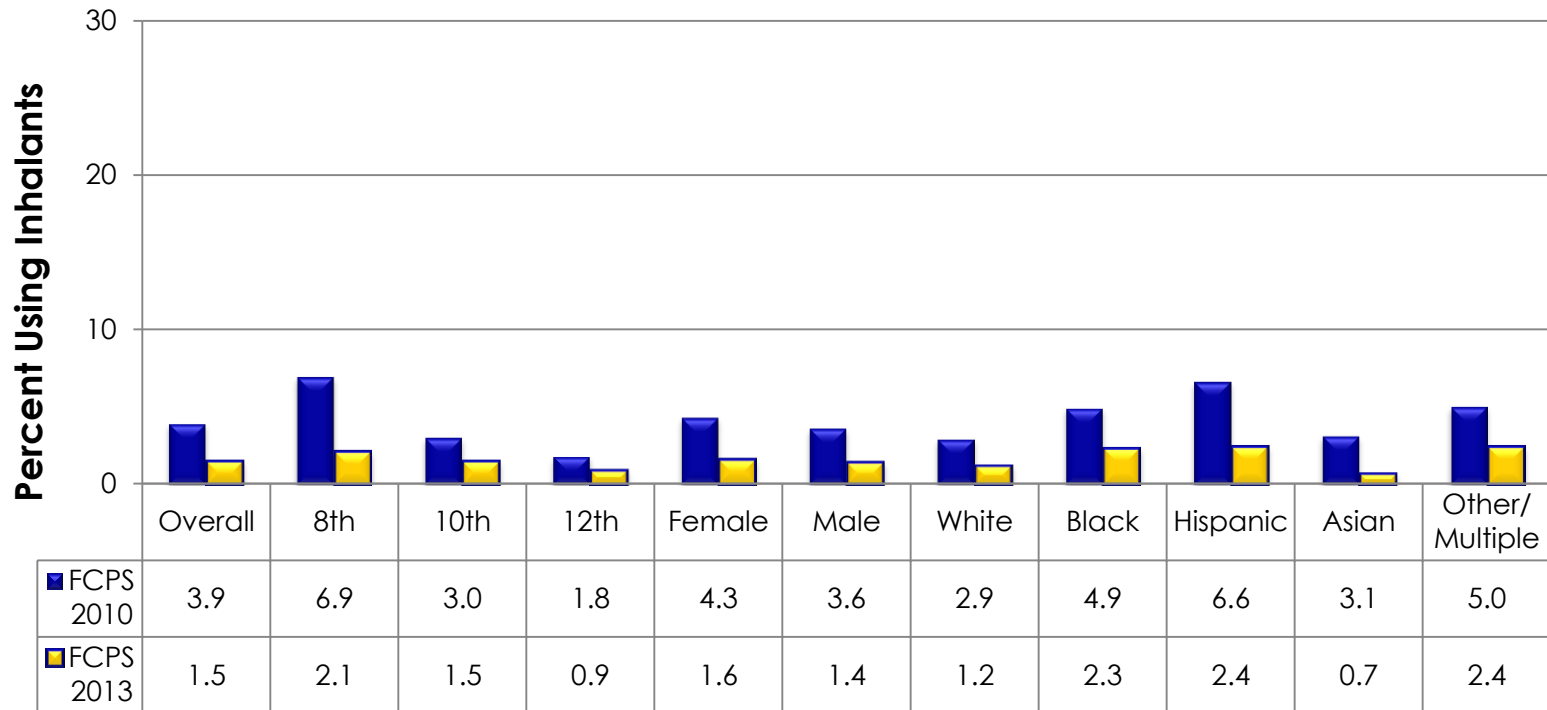
Note: 6th Grade Prevalence = 2.3%



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Inhalant Use Lower in 2013



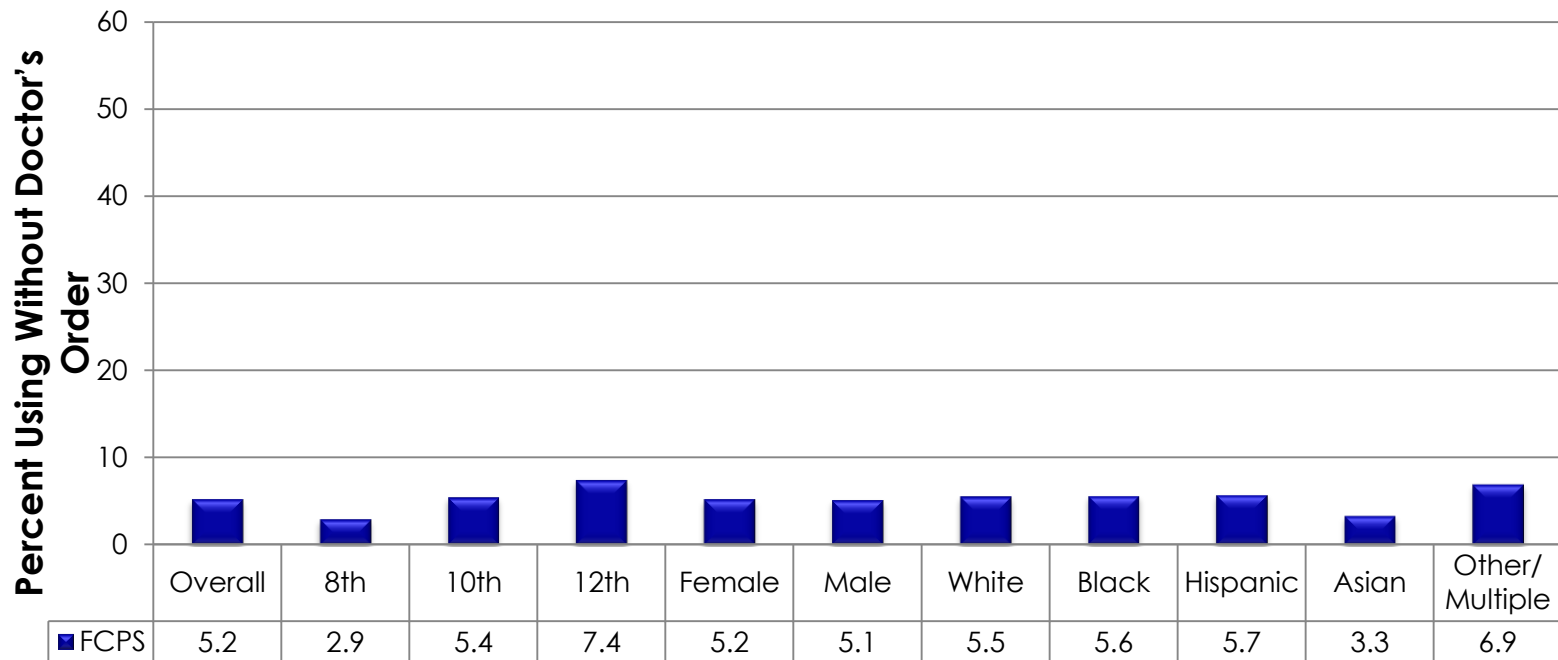
Note: 6th Grade prevalence has decreased from 3.6% to 2.3%



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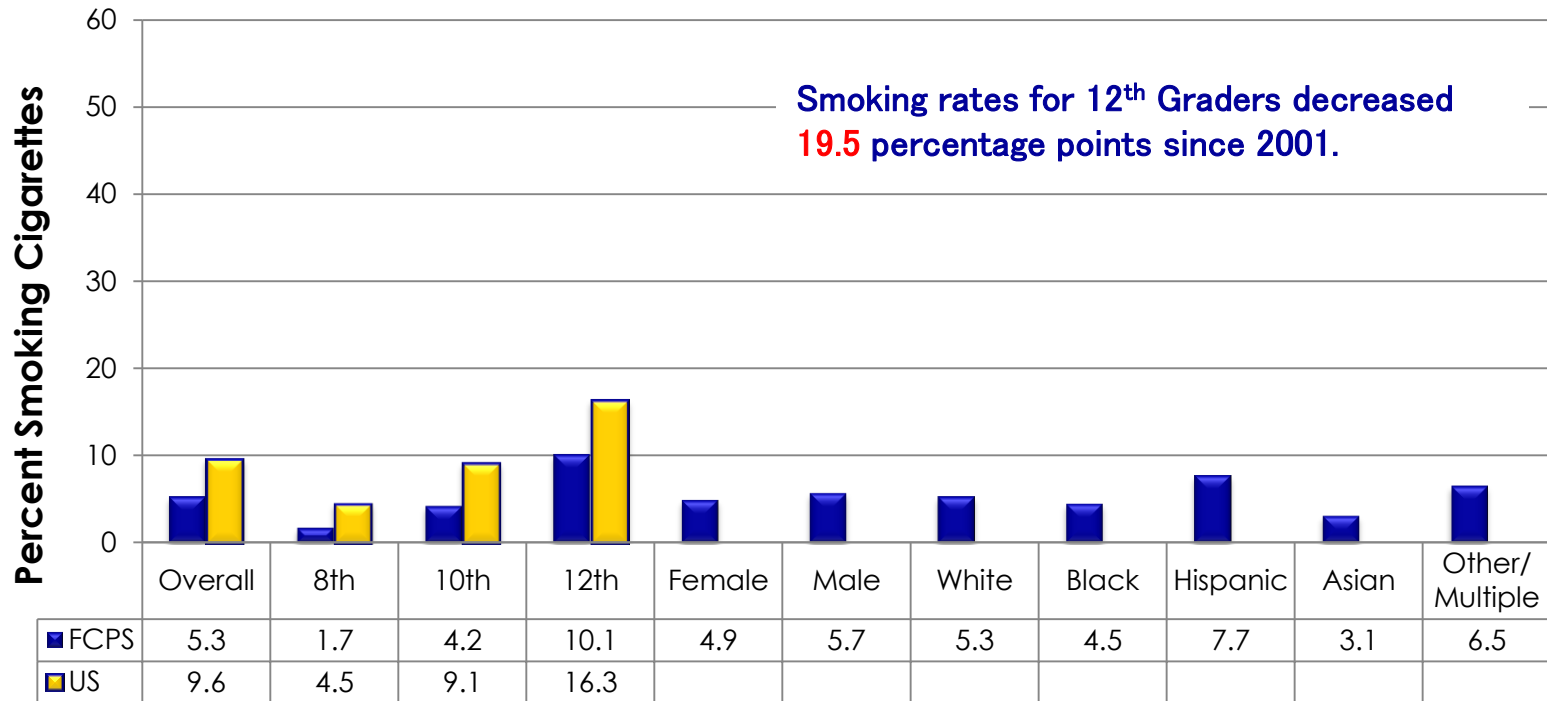
Percent Who Used Painkillers or Prescription Medication in Past 30 Days



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Percent Who Smoked Cigarettes in Past 30 Days



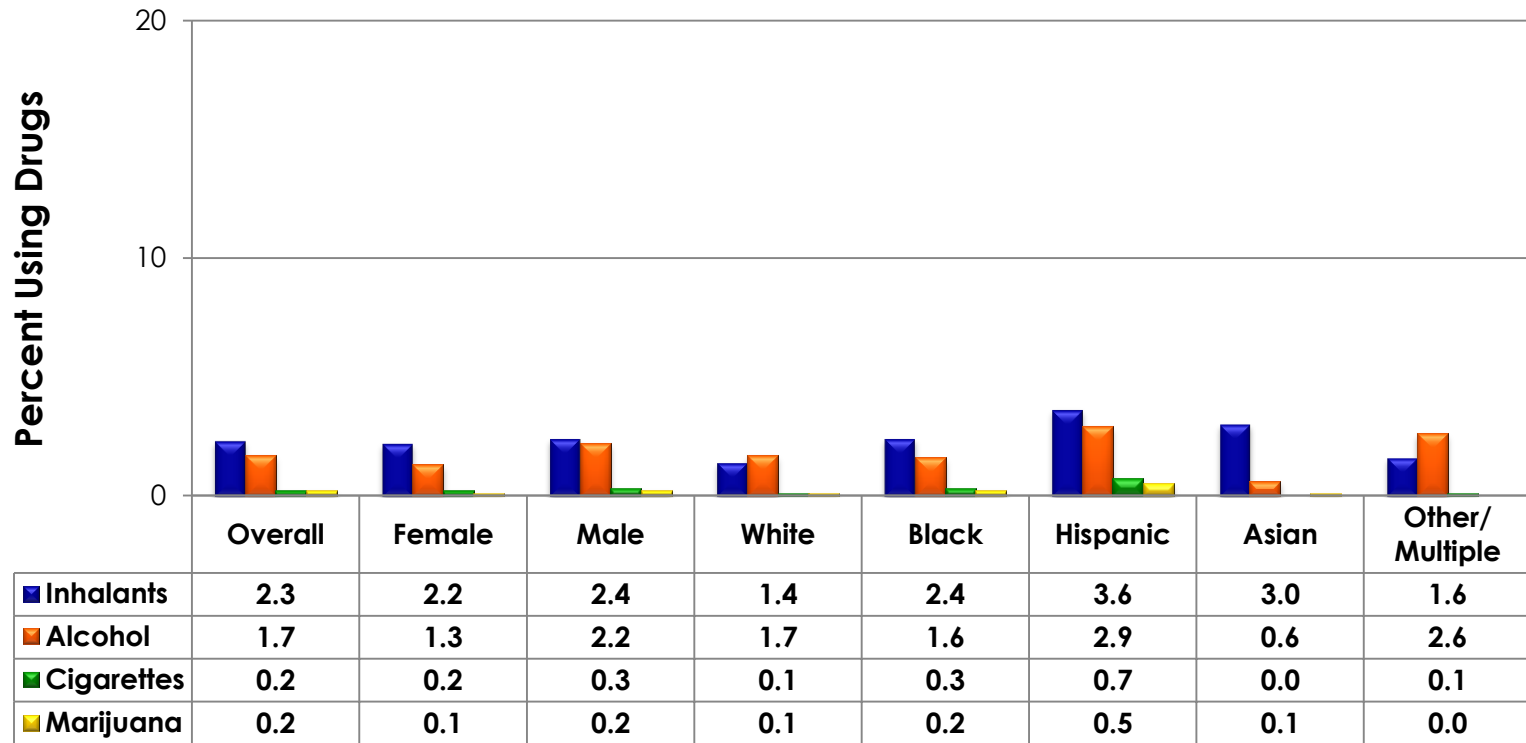
Note: 6th Grade Prevalence = 0.2%



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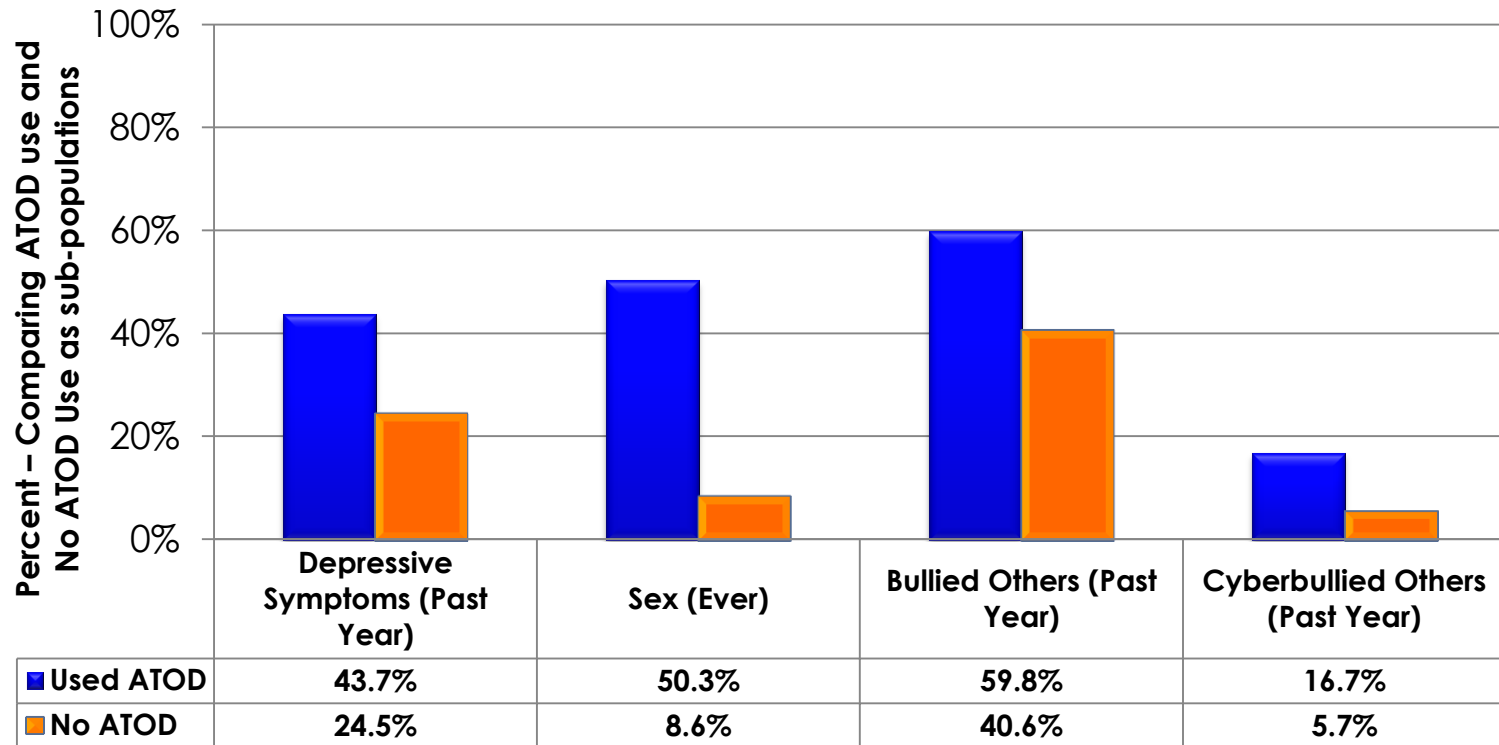
Drug Use for 6th–Graders Past 30 Days



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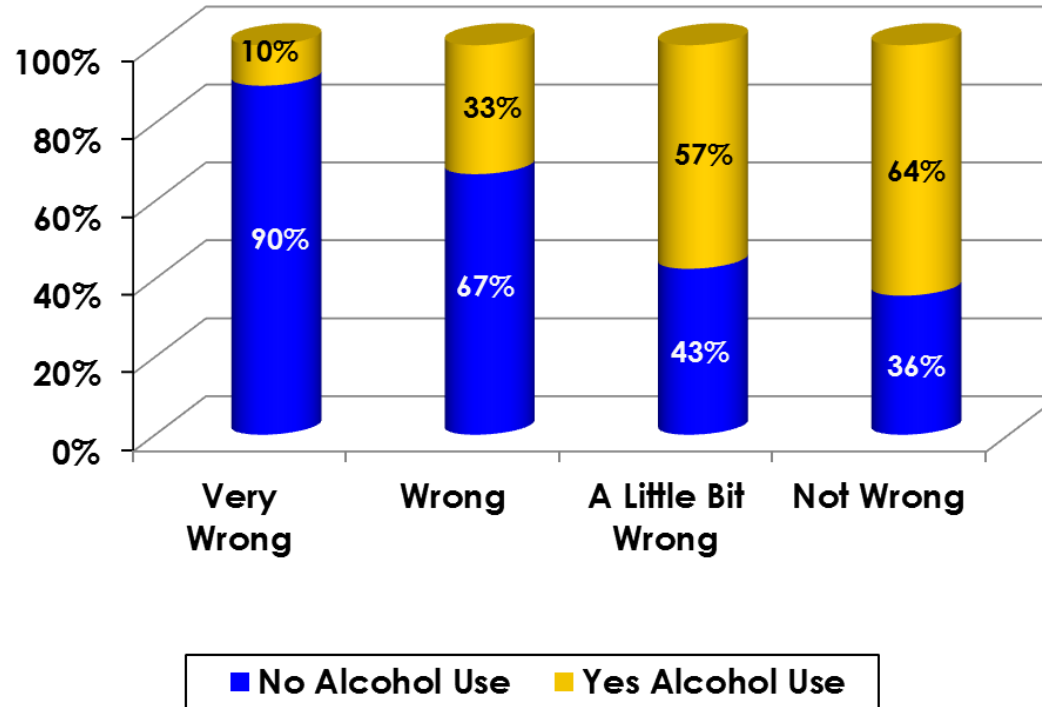
Alcohol, Tobacco and Other Drug Use (Past 30 Days) Related Factors



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Parental Perception and Alcohol Use Behavior



Data from the 2012-13 Fairfax County Youth Survey



Fairfax County 2013 Youth Survey



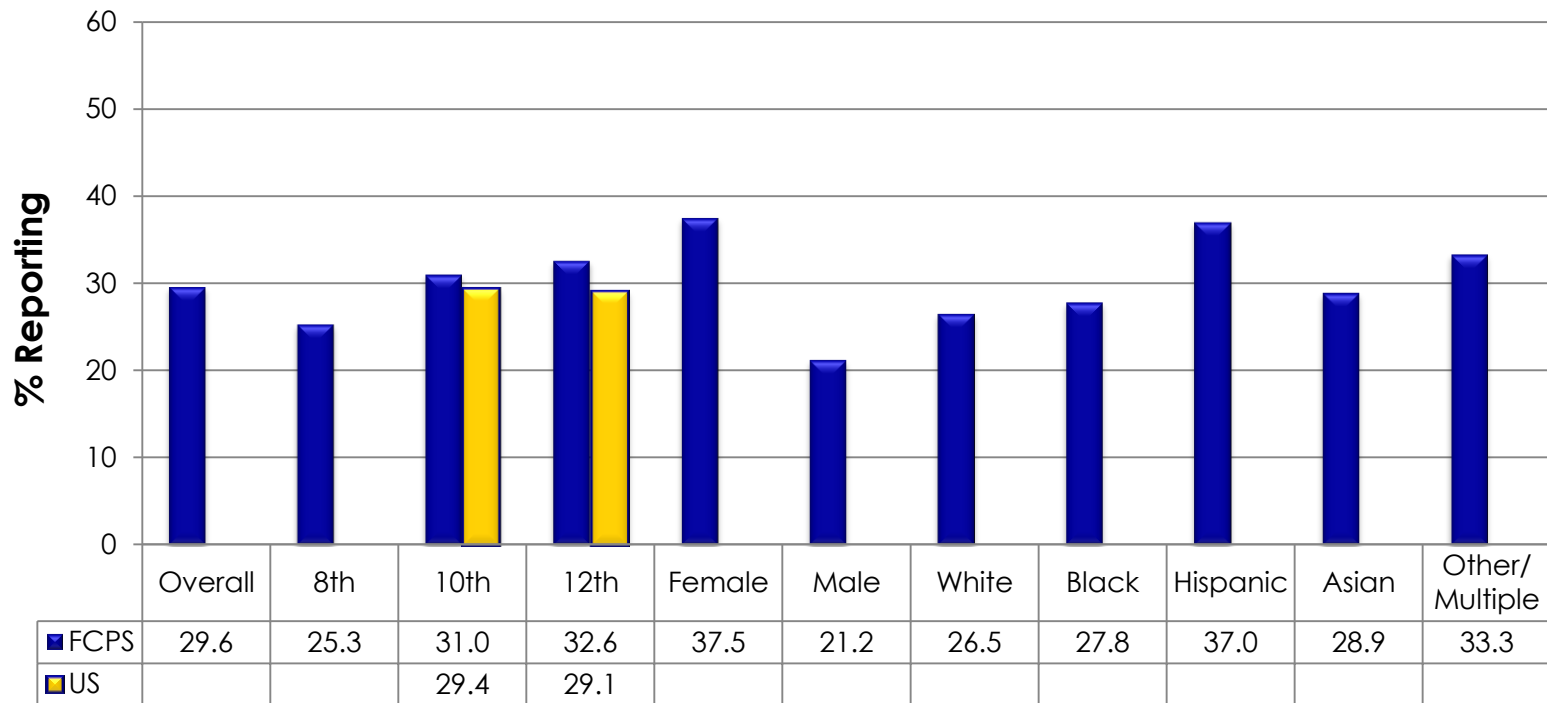
Depression, Suicide and Unhealthy Weight Loss Behavior



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Percent Who Reported Depressive Symptoms in Past Year



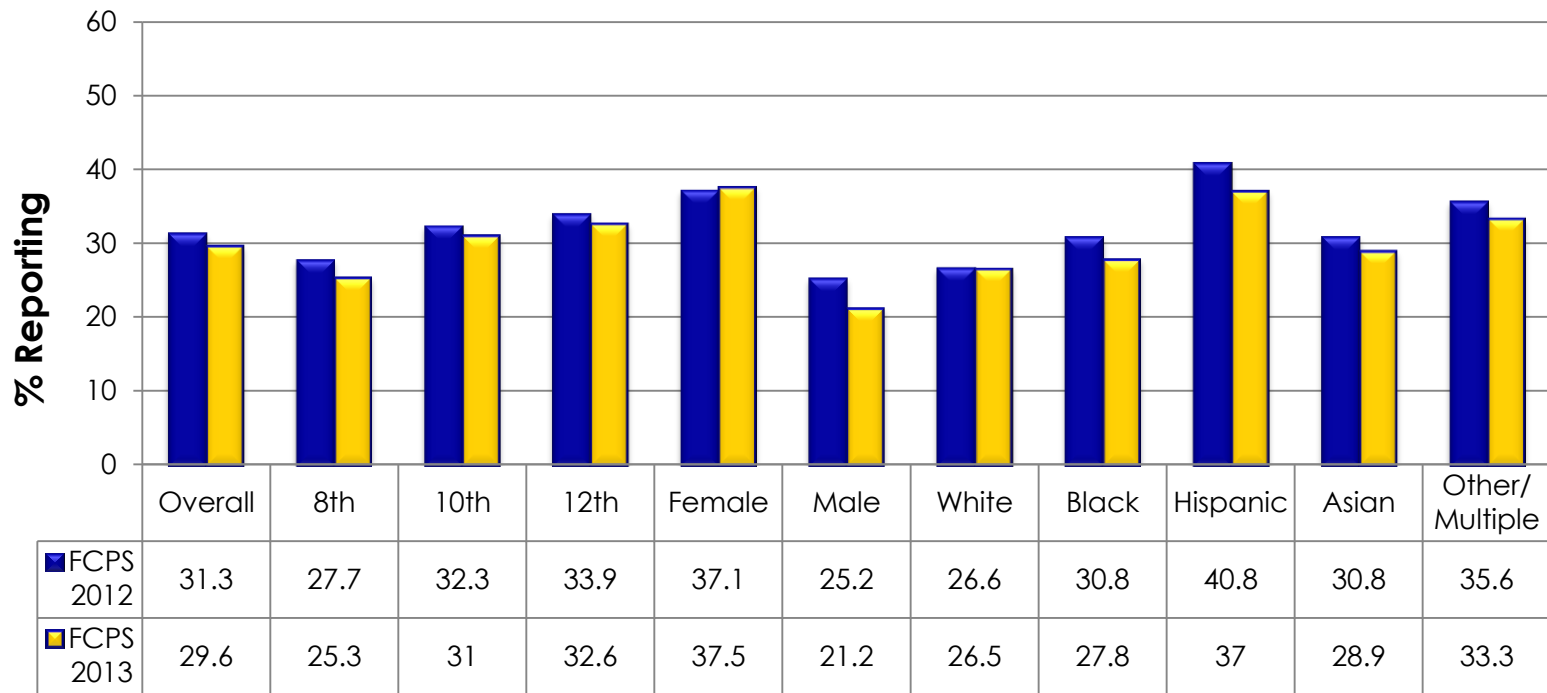
Note: 6th Grade Prevalence = 21.8%



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Depressive Symptoms Lower in 2013



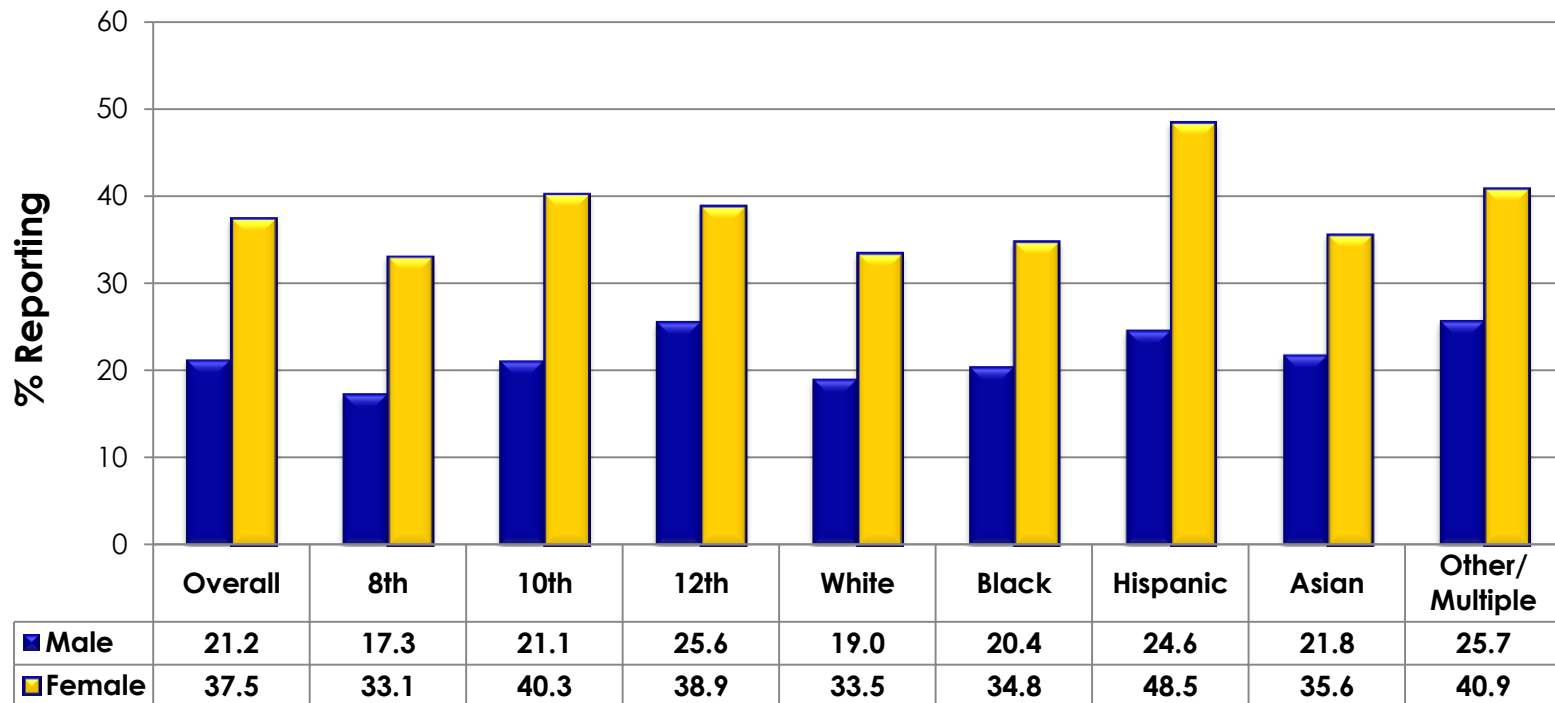
Note: 6th Grade Prevalence = 21.8%



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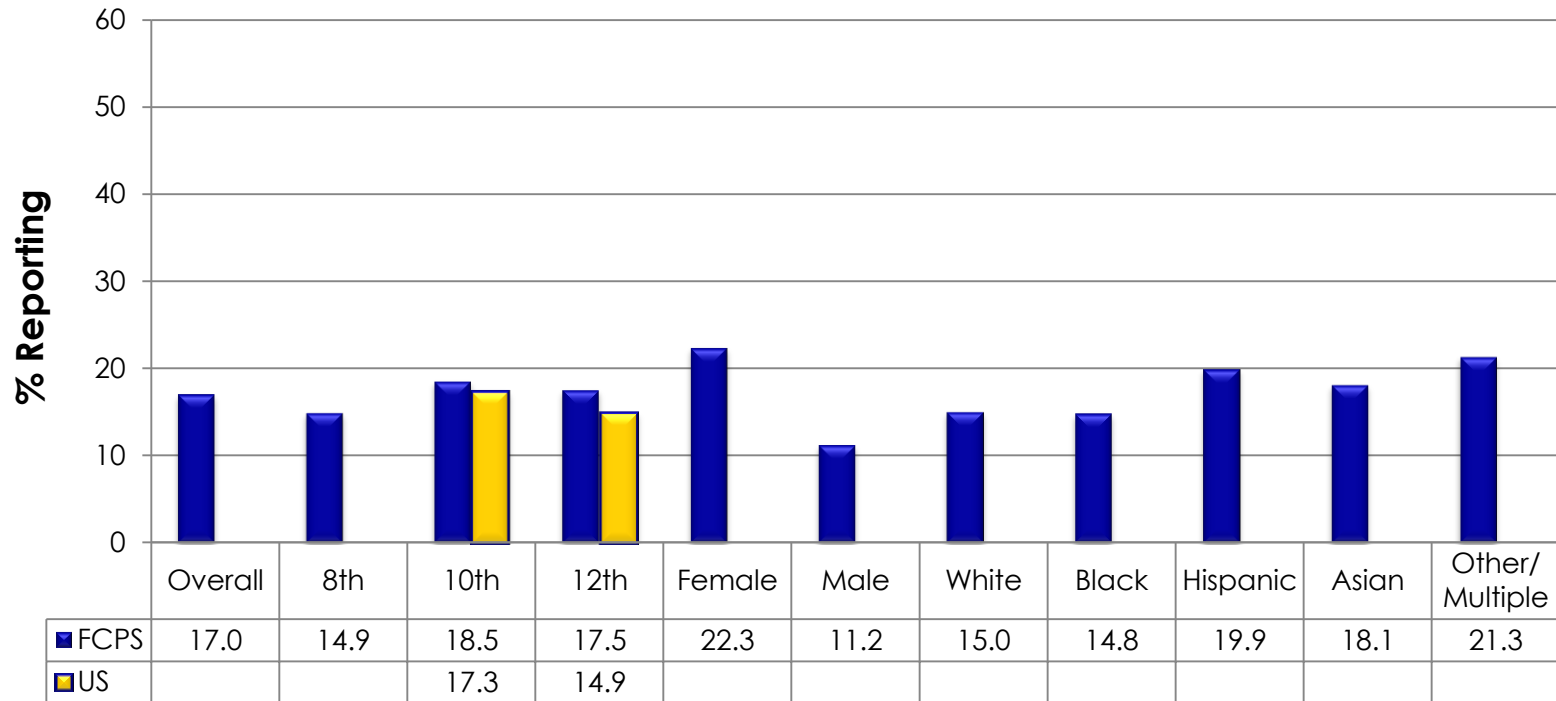
A Closer Look at Depressive Symptoms



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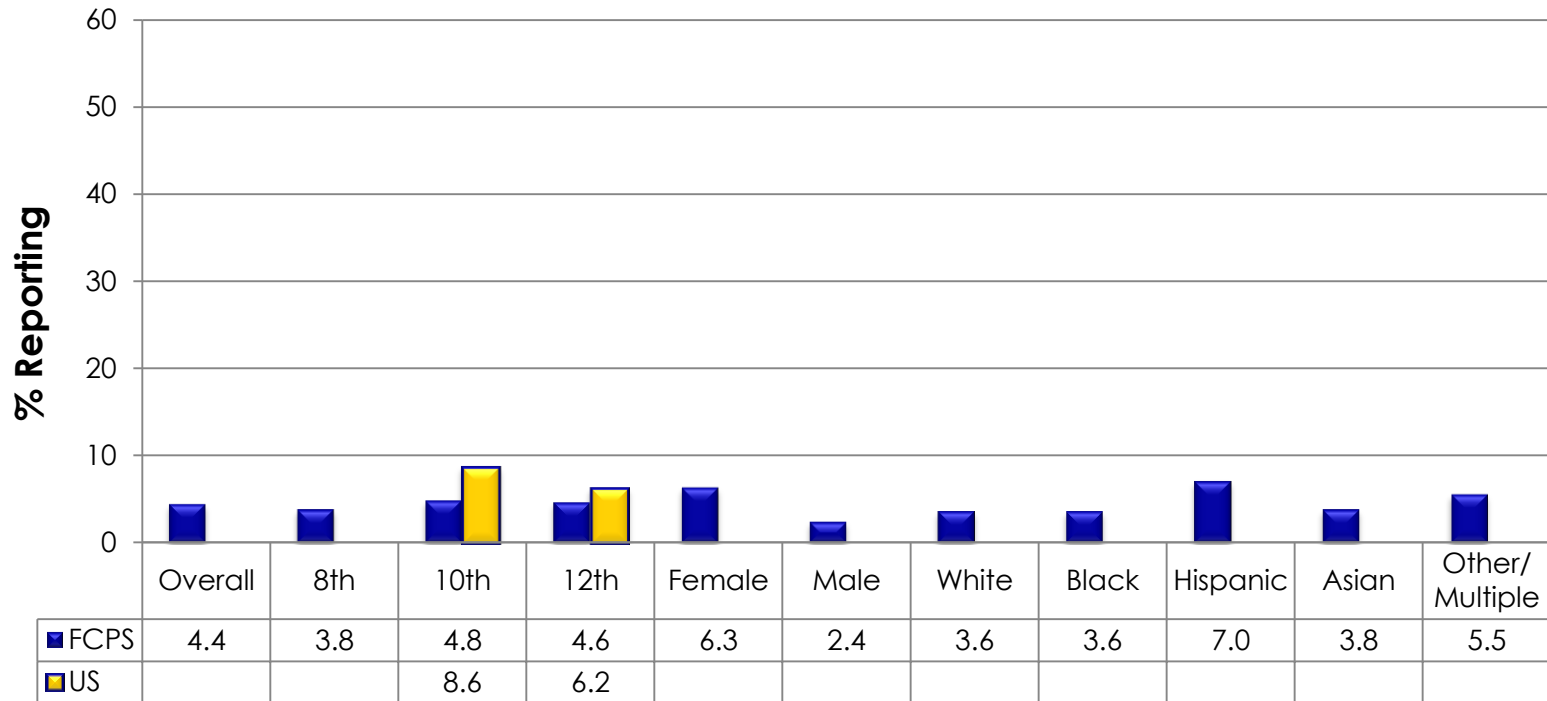
Percent Who Considered Suicide in Past Year



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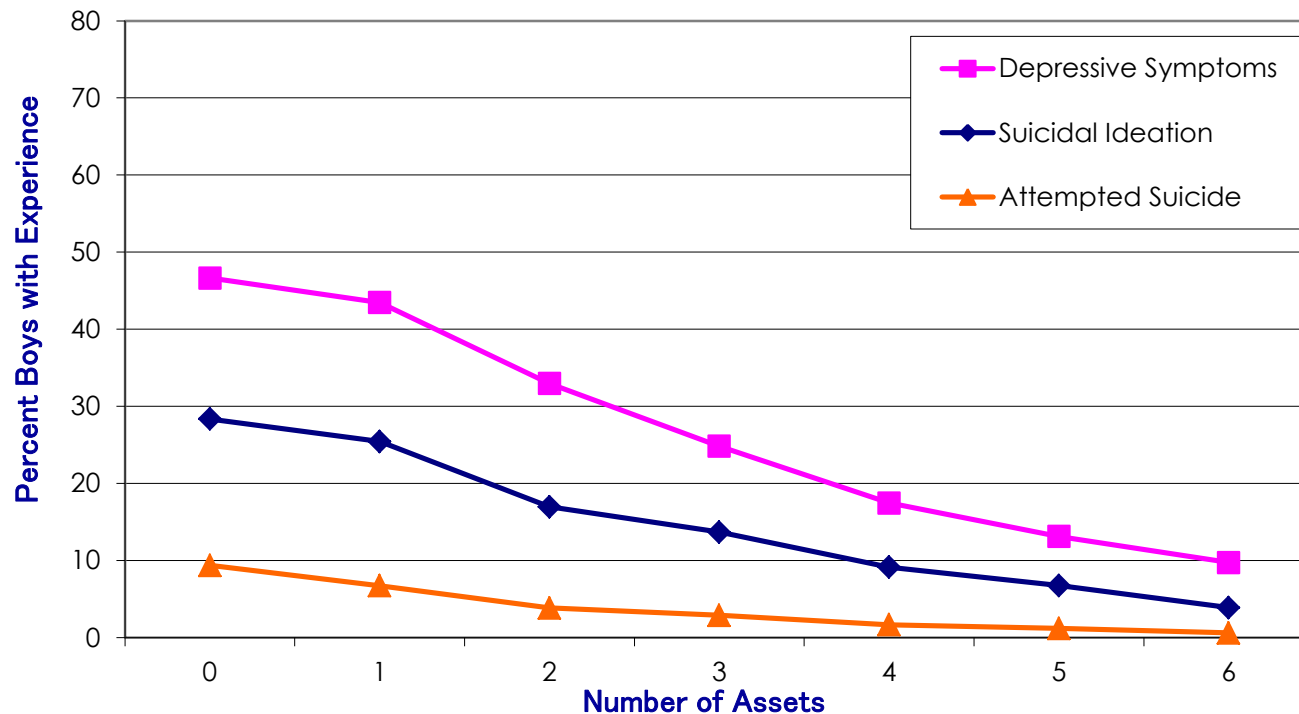
Percent Who Attempted Suicide in Past Year



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Assets and Experiences of Depressive Symptoms and Suicide



Having High Personal Integrity
Performing Community Service
Having Teachers Recognize Good Work

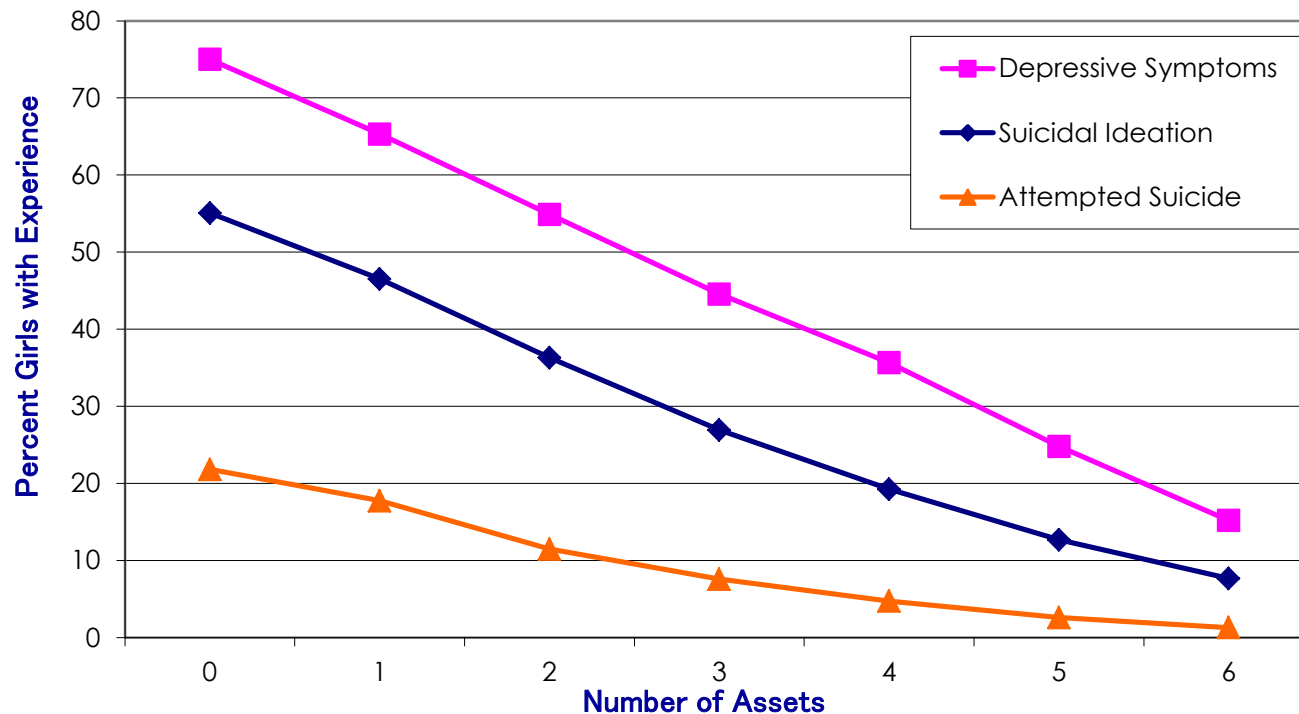
Having Community Adults to Talk to
Participating in Extracurricular Activities
Having Parents Available for Help



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Assets and Experiences of Depressive Symptoms and Suicide



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Having Parents Available for Help

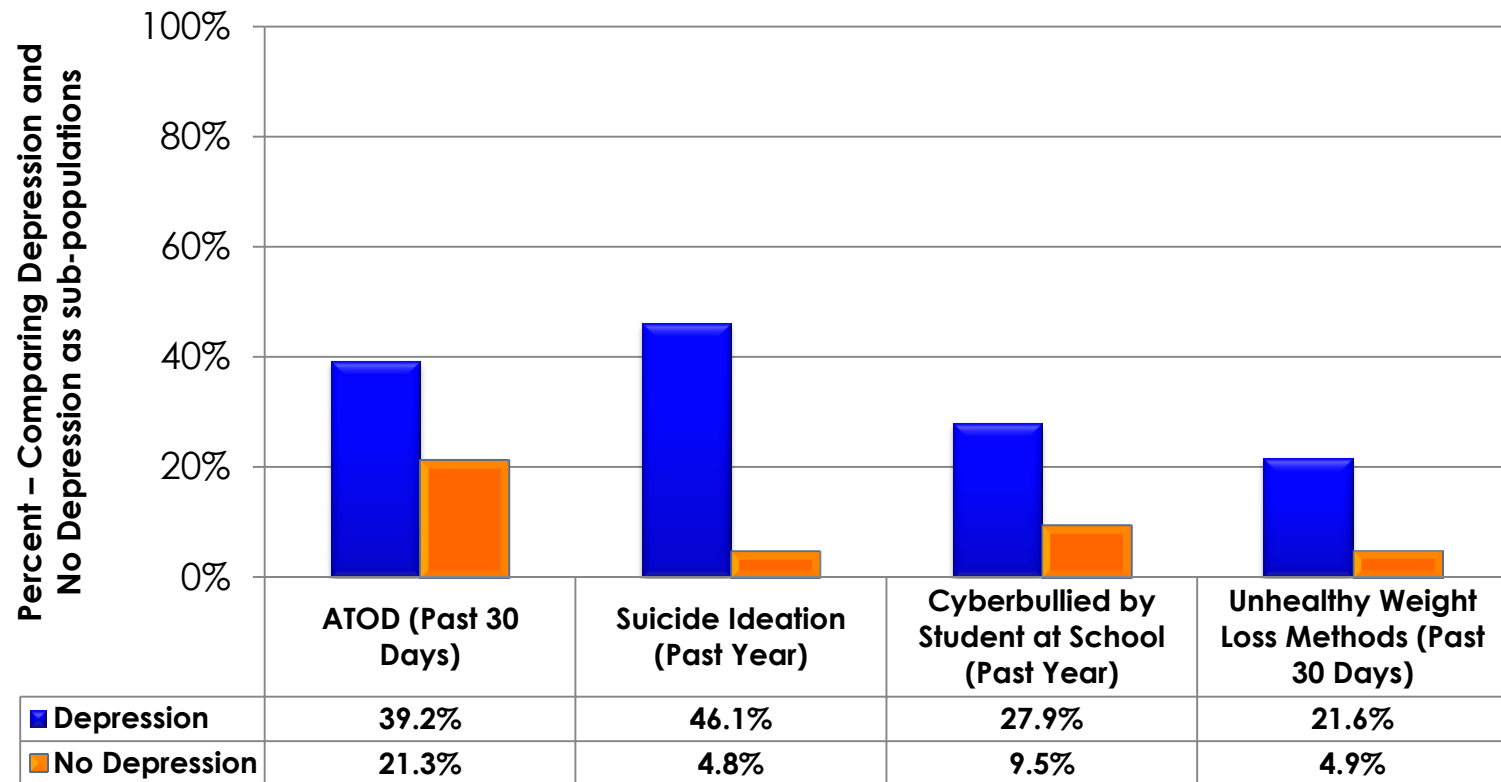


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Depressive Symptoms (Past Year)

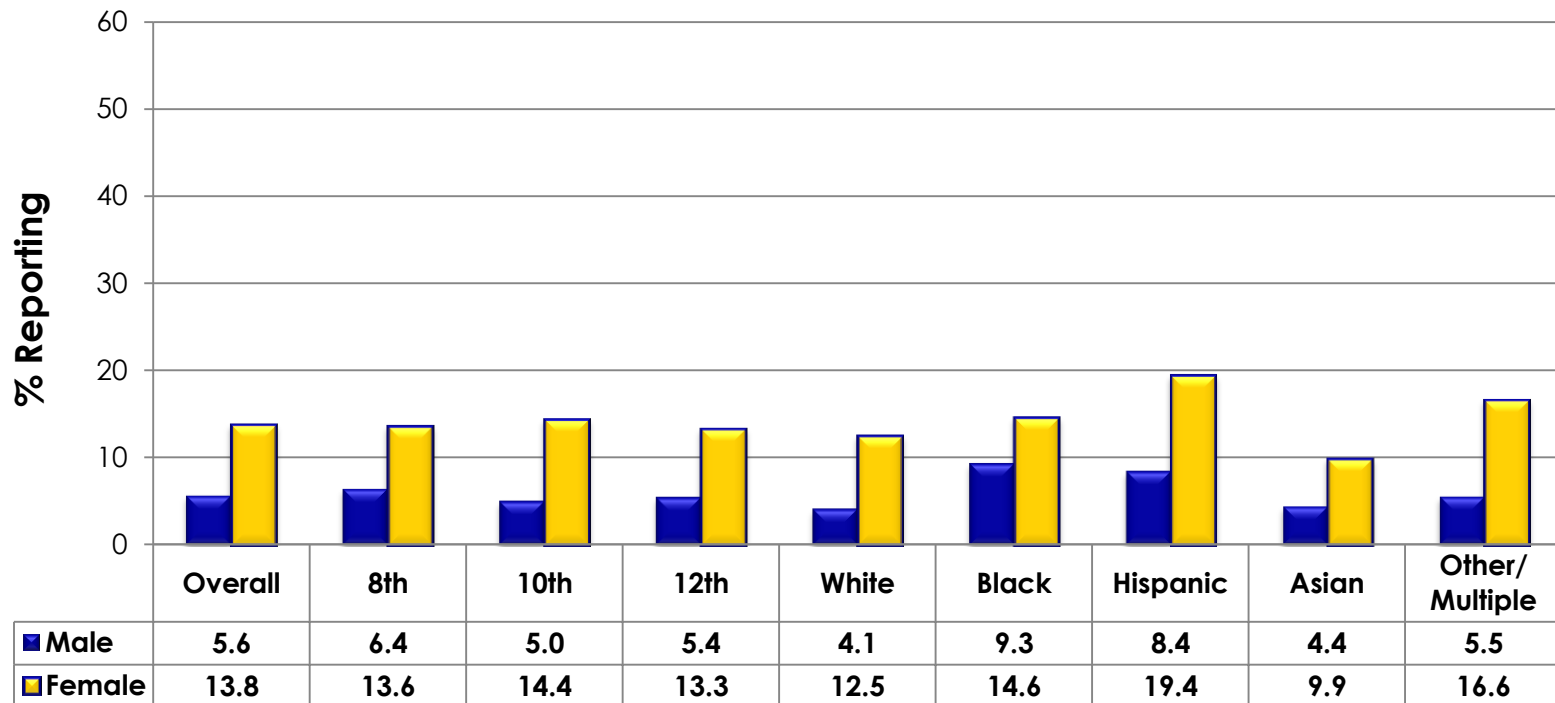
Related Factors



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A Closer Look at Unhealthy Weight Loss Behavior



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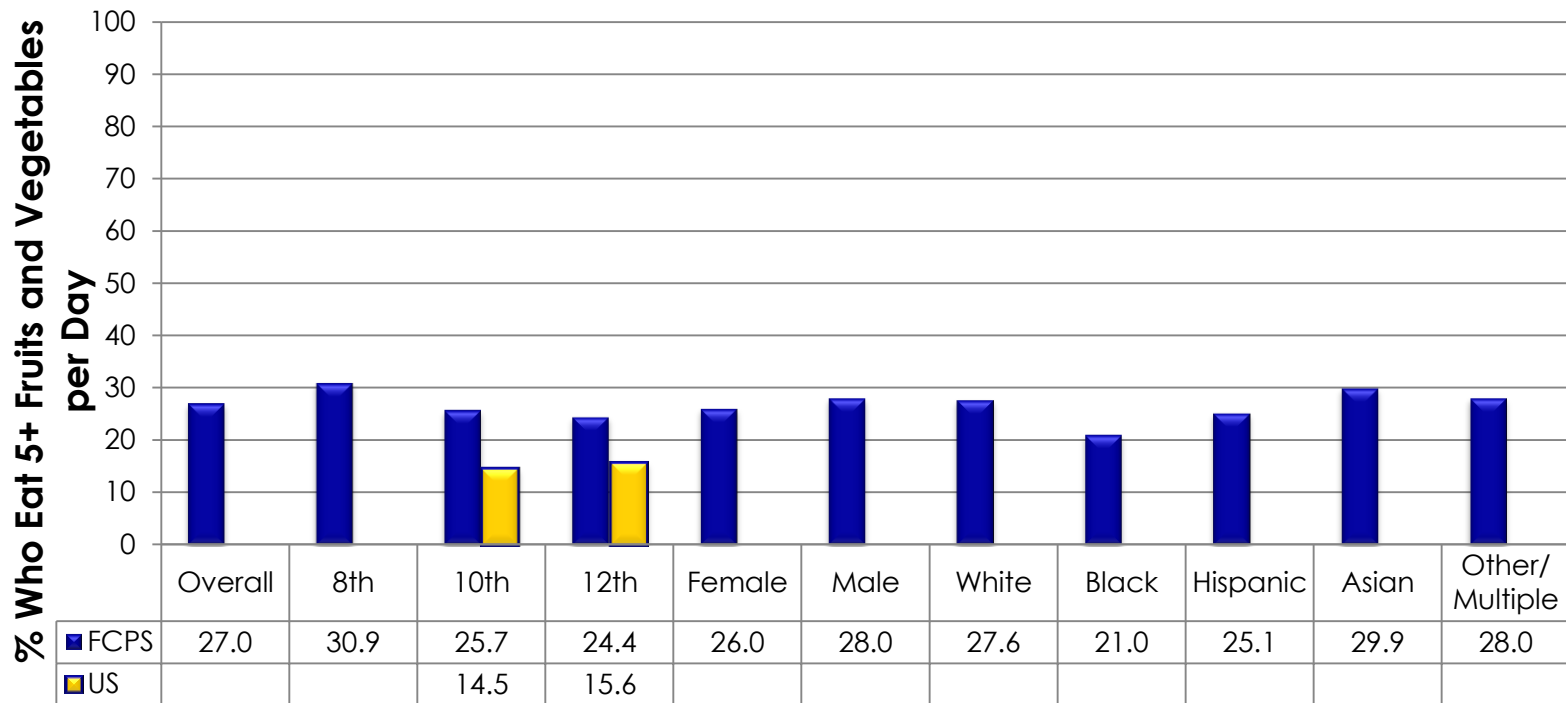
Nutrition and Physical Activity



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Percent Meeting Nutrition Requirements



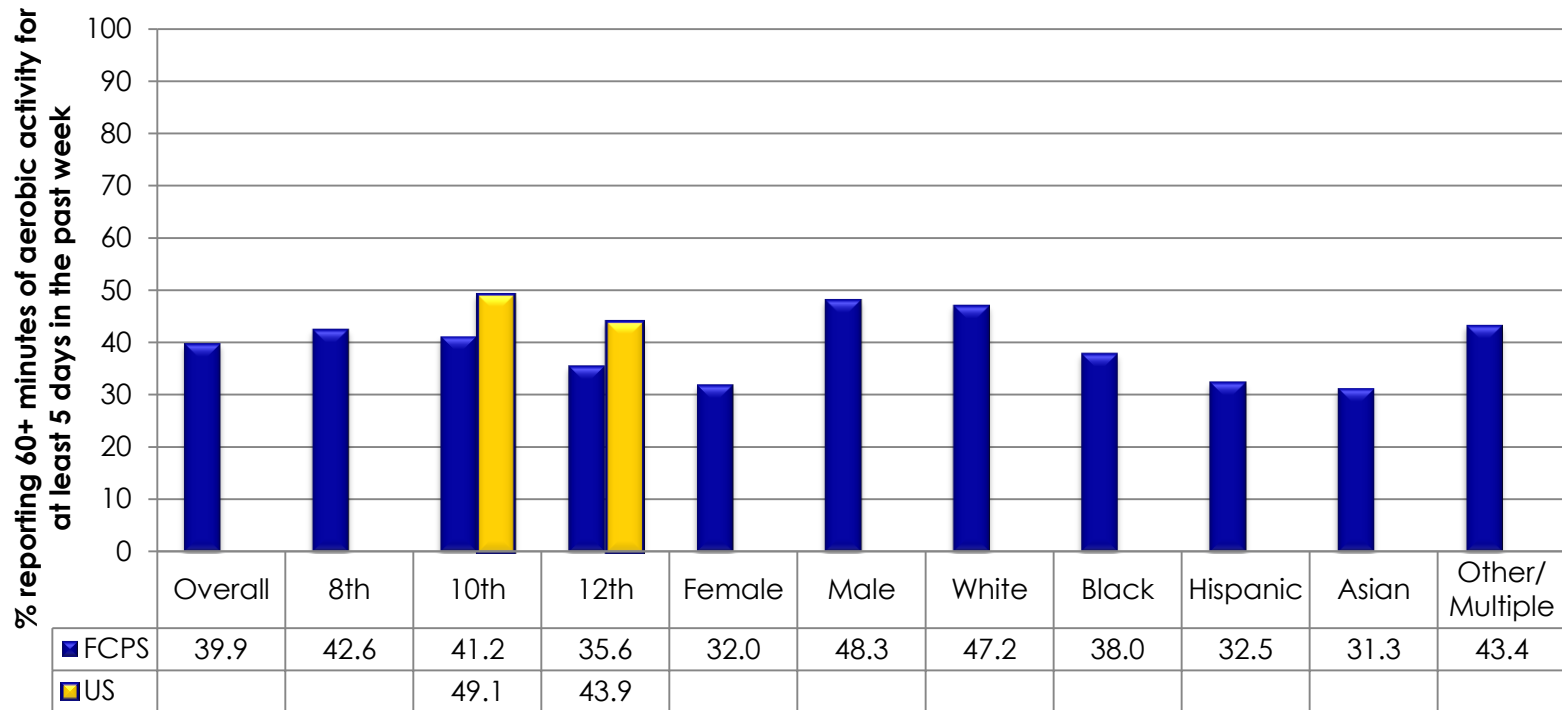
Note: 6th Grade Prevalence = 32.4%



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Percent Meeting Recommendations for Physical Activity



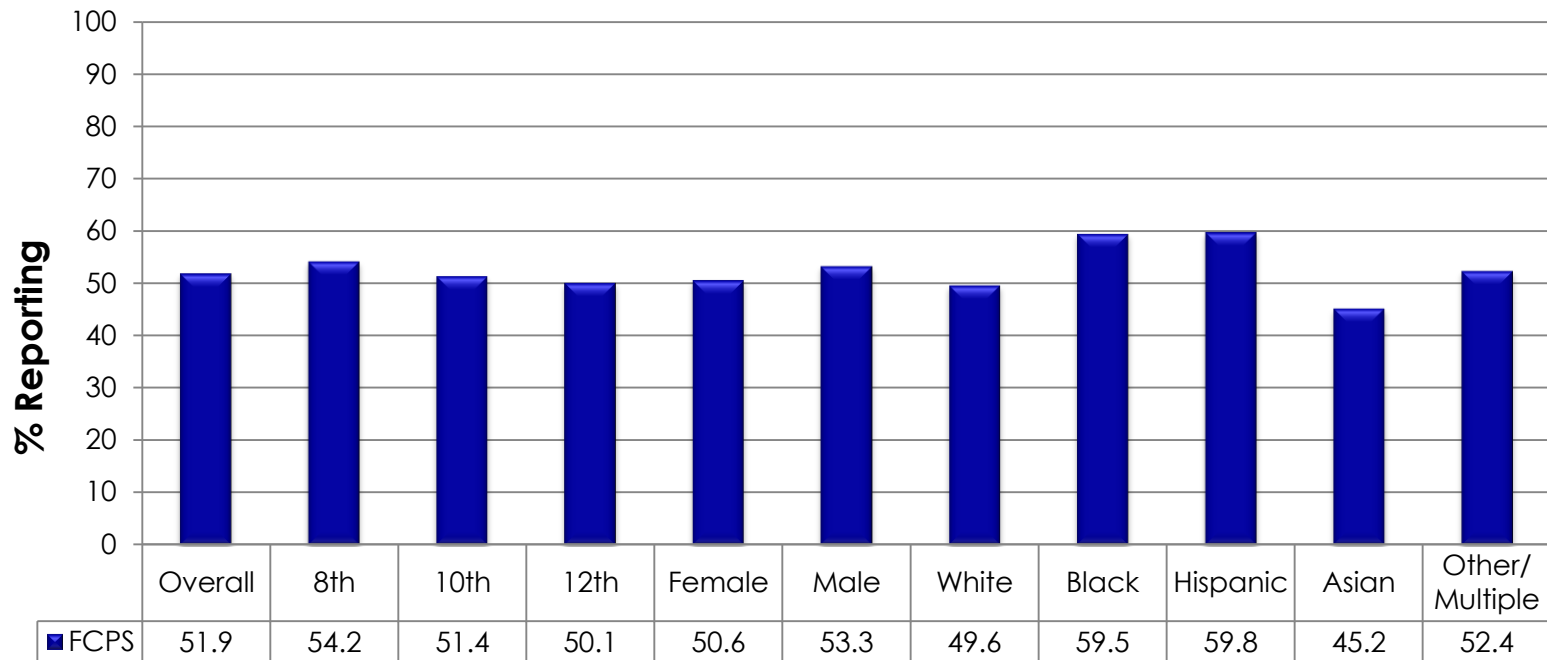
Note: 6th Grade Prevalence = 52.3%



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Percent Viewing 3+ Hours of Screentime per Day



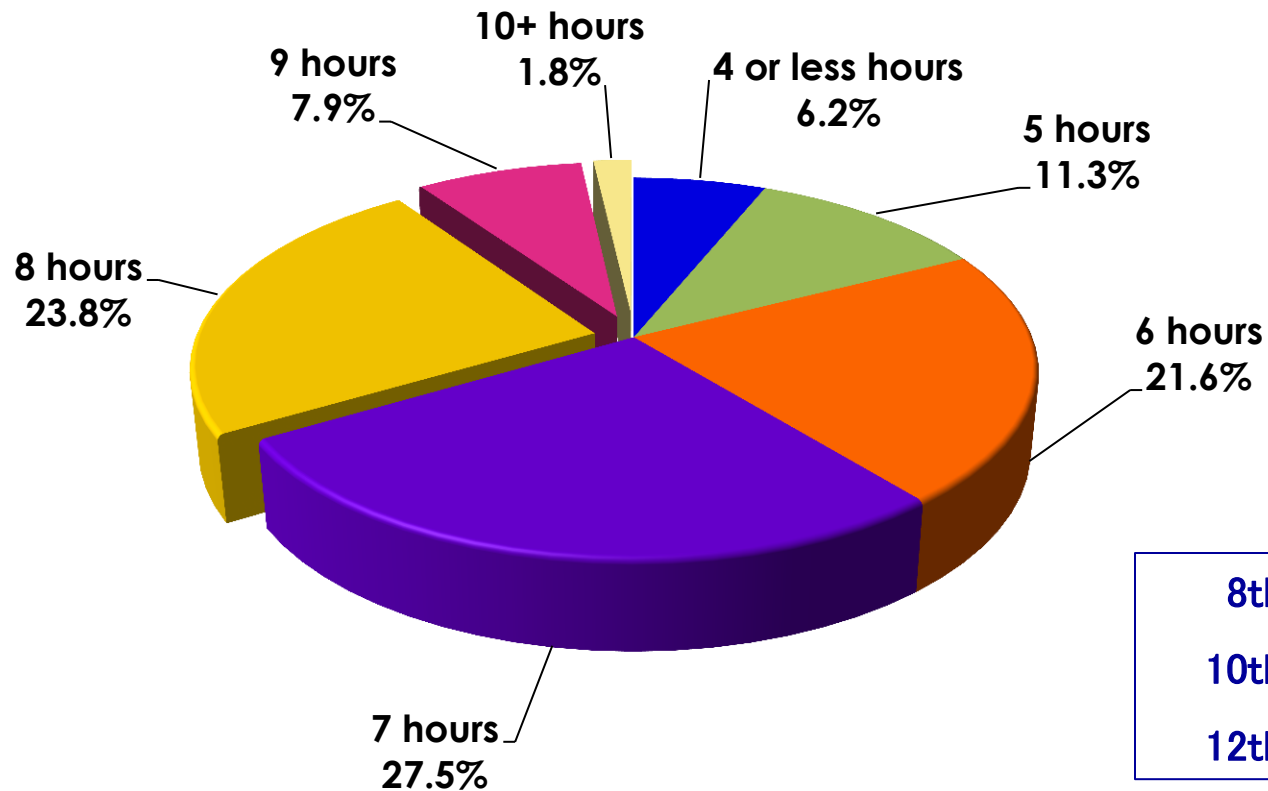
Note: 6th Grade Prevalence = 50.0%



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Number of Sleep Hours on an Average School Night



8th Grade 57.5%

10th Grade 26.1%

12th Grade 16.4%



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Aggression and Victimization



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Percentage Who Experience Bullying



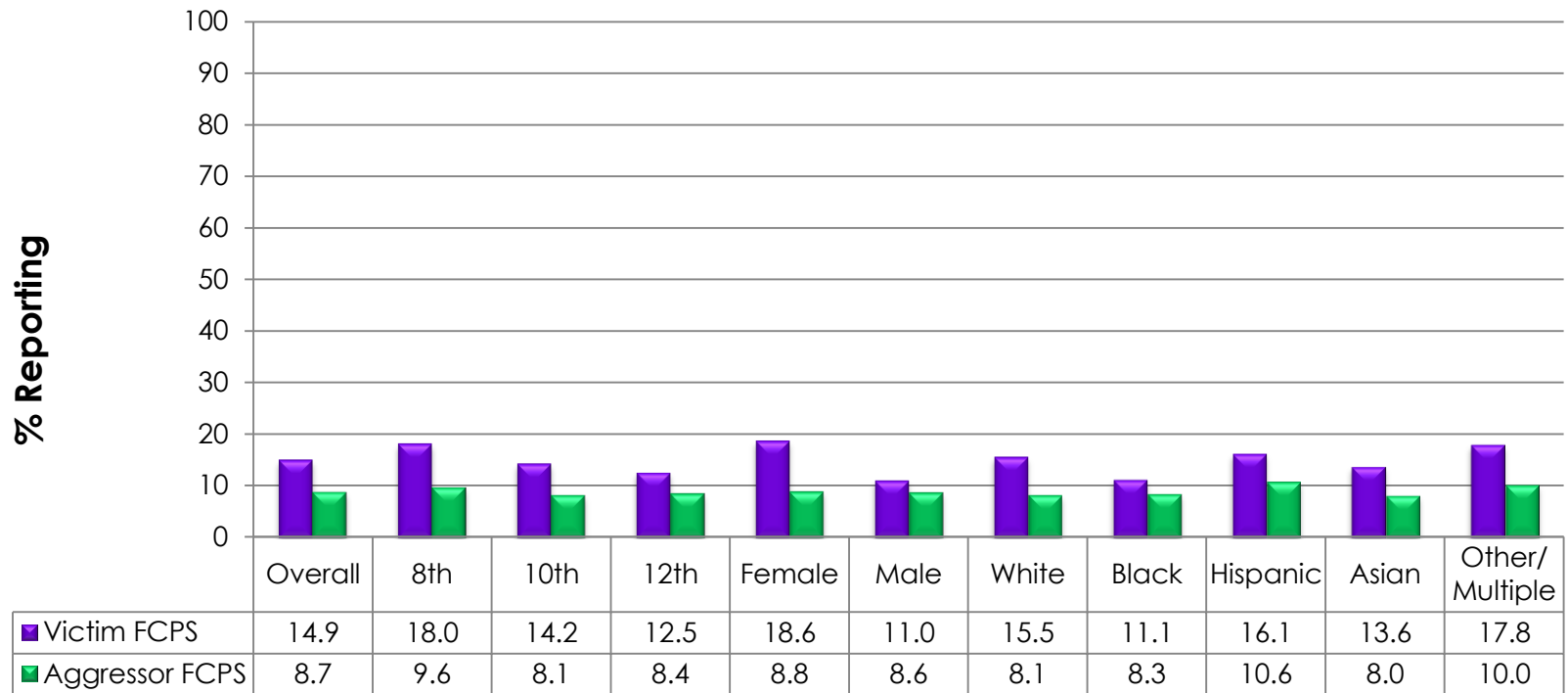
Note: 6th Grade Prevalence for Victim = 44.0%; Aggressor = 17.7%



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Percentage Who Experience Cyberbullying Between Schoolmates



Note: 6th Grade Prevalence for Victim = 13.1%; Aggressor = 4.7%

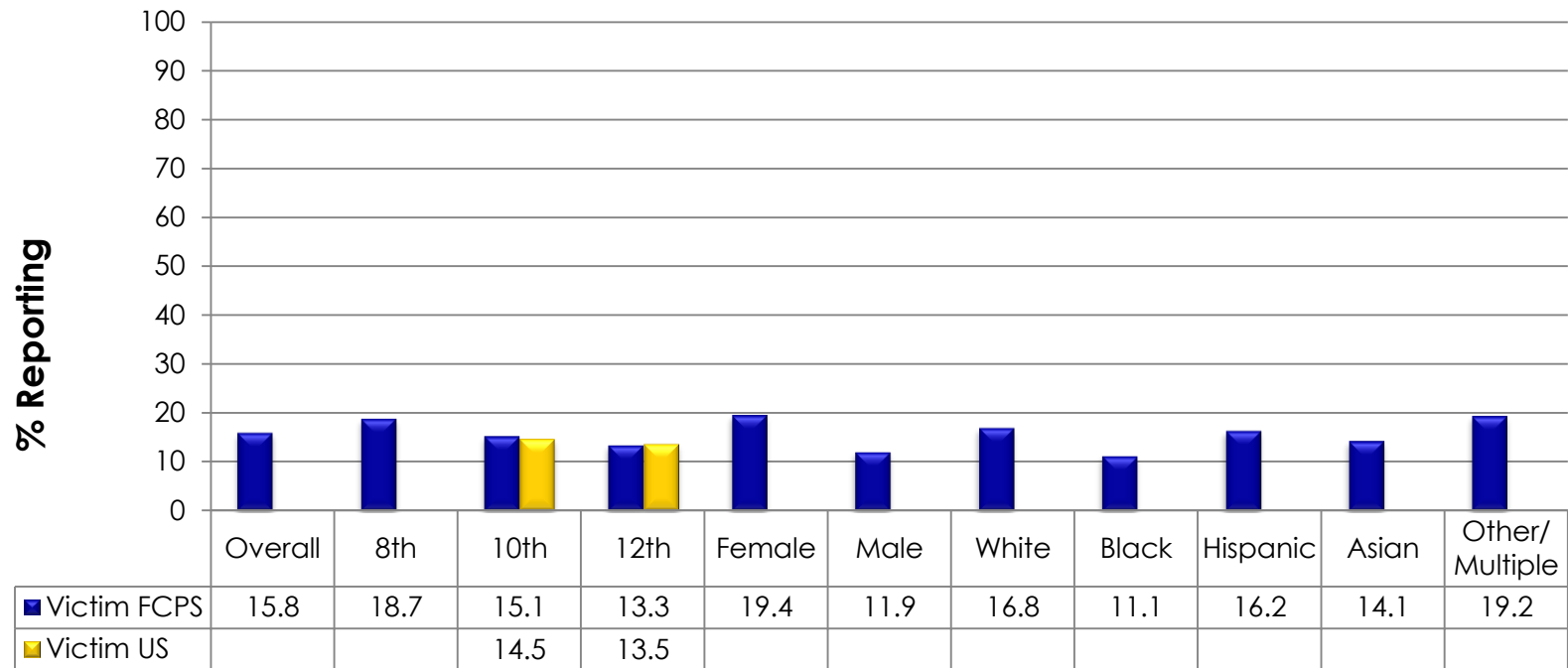


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Percentage Who Experience Cyberbullying

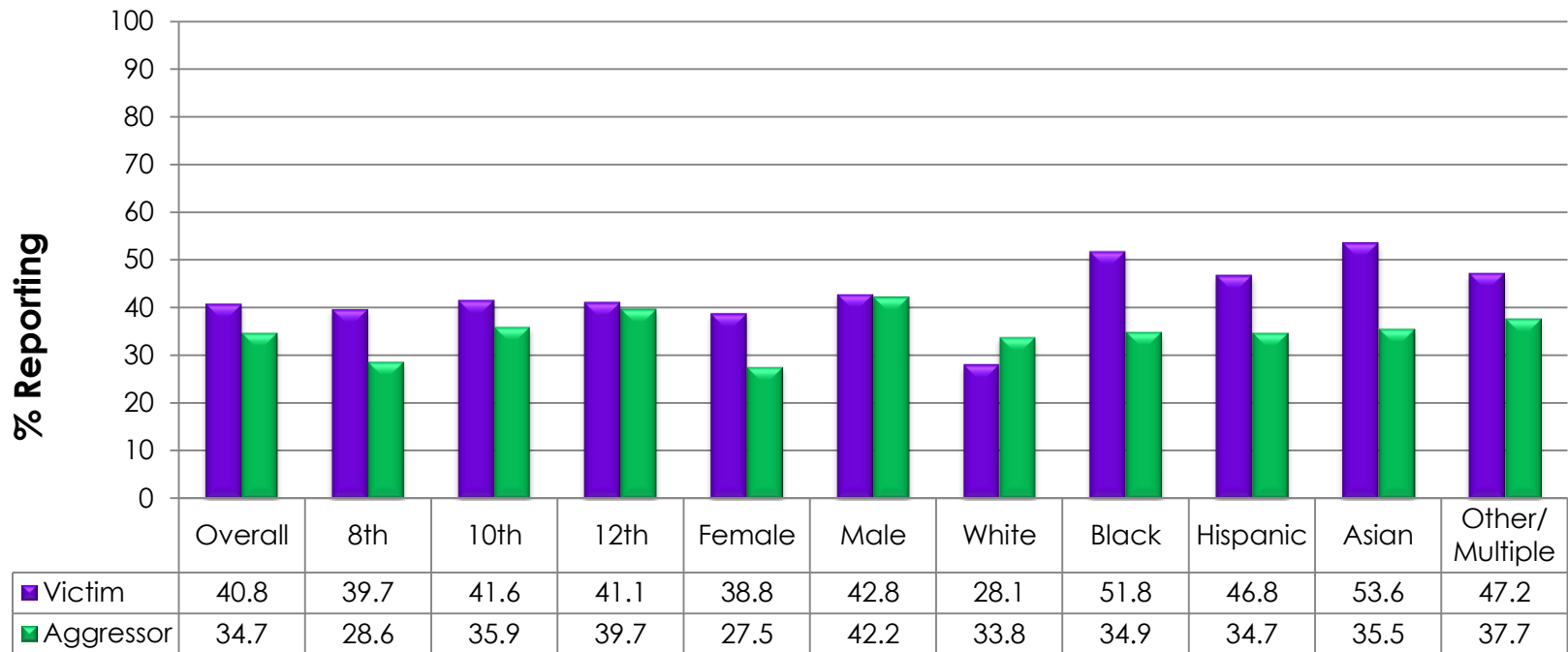
National Comparison



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Percentage Who Experience Racial/Cultural Harassment



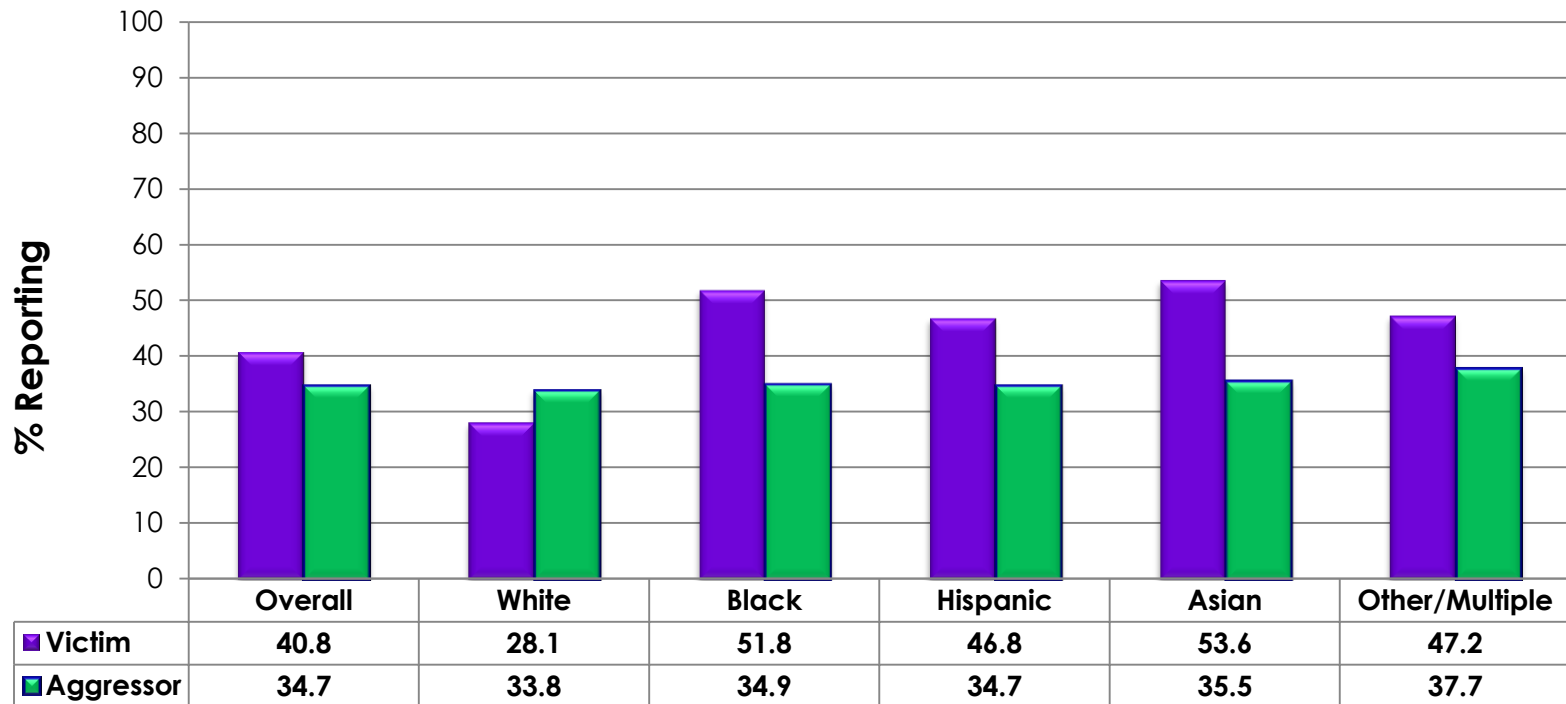
Note: 6th Grade Prevalence for Victim = 17.7%; Aggressor = 4.9%



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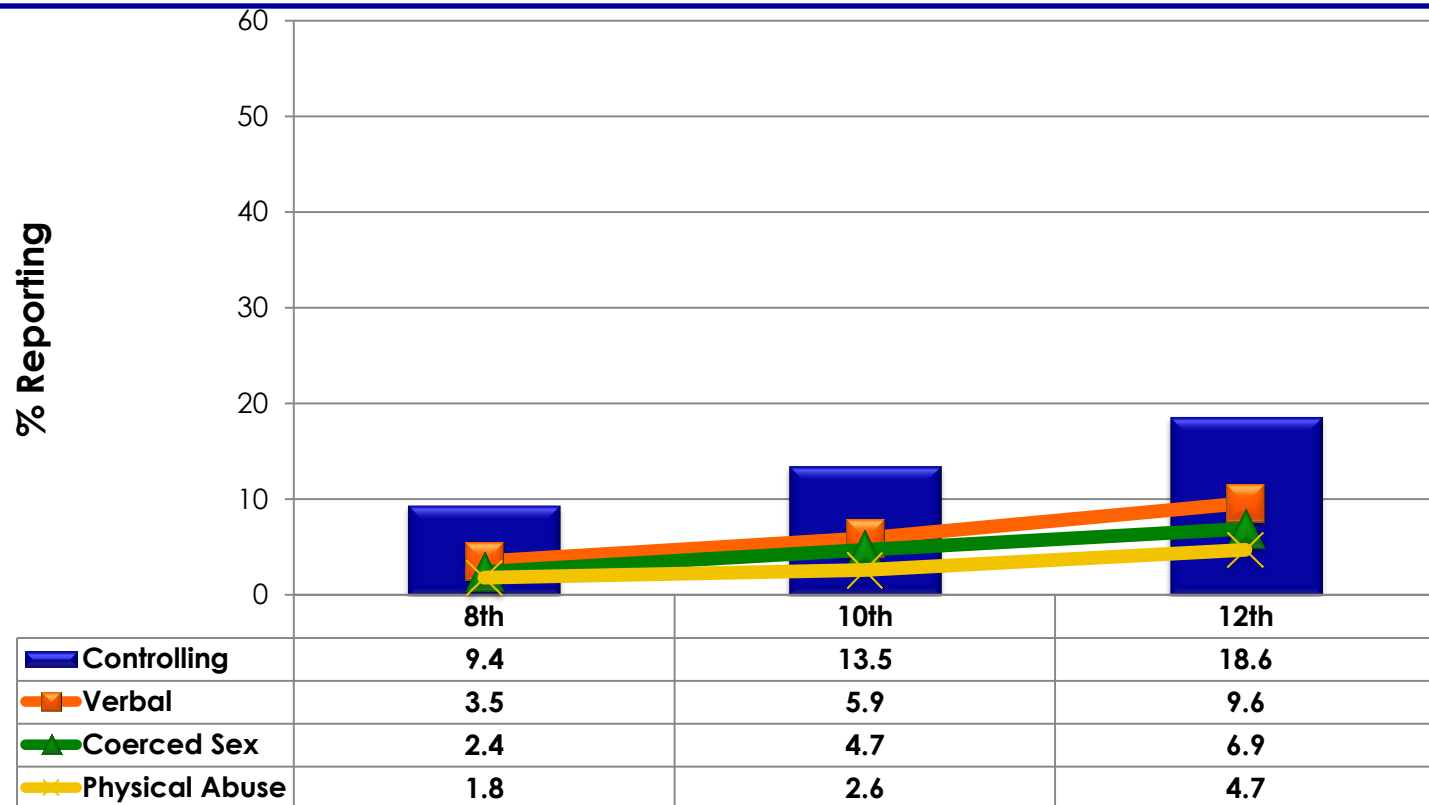
Racial/Cultural Harassment by Race/Ethnicity (Grades 8, 10, 12)



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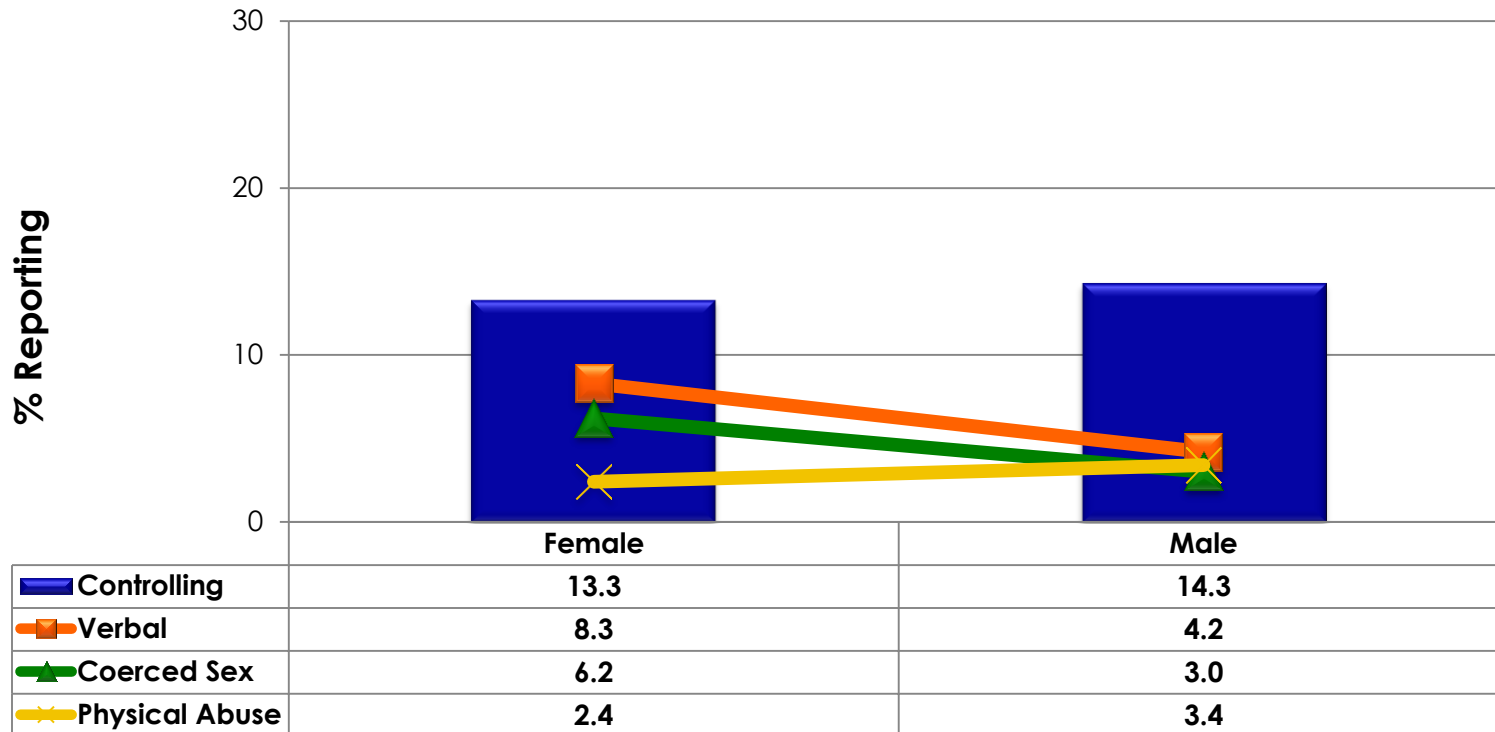
Percent Who Experienced Dating Abuse by Grade



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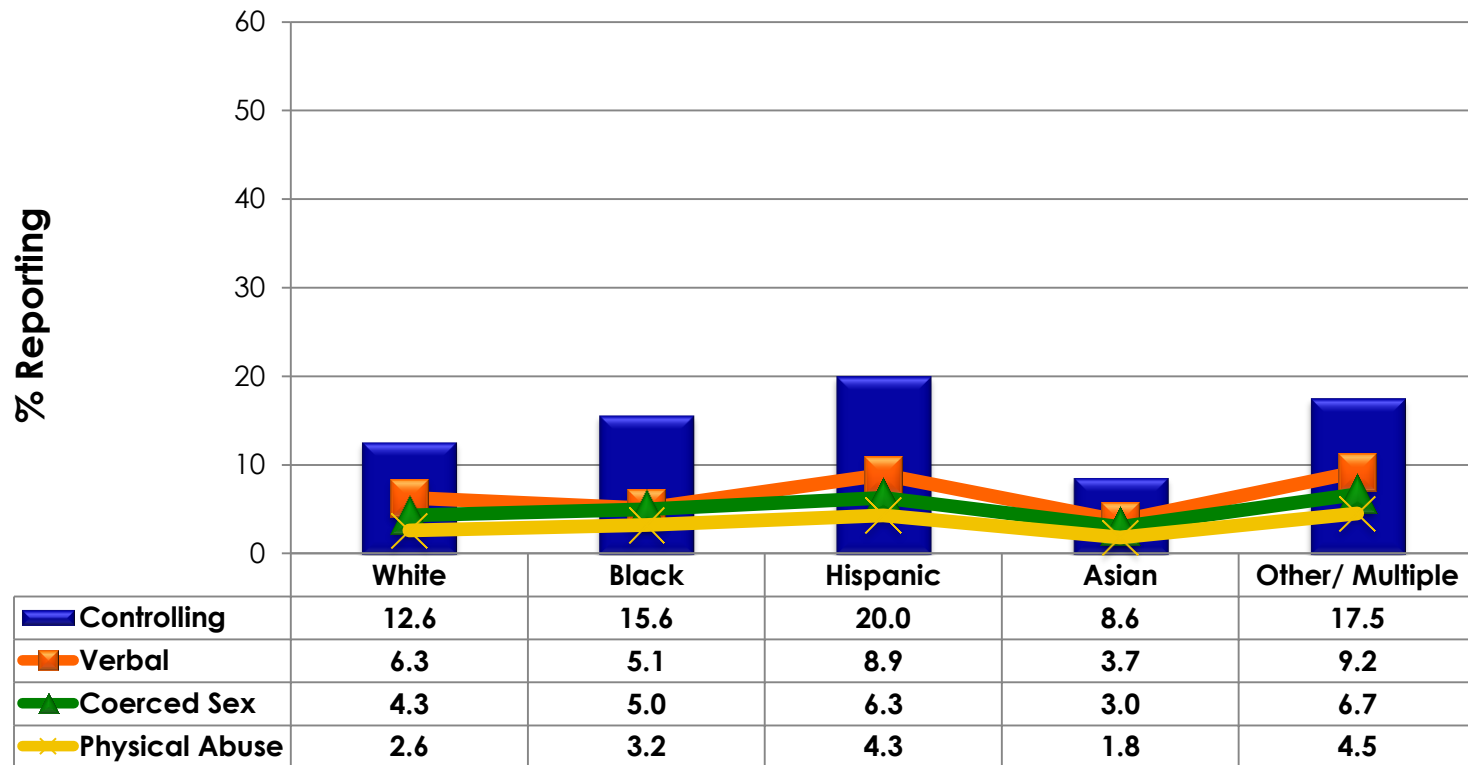
Percent Who Experienced Dating Abuse by Gender



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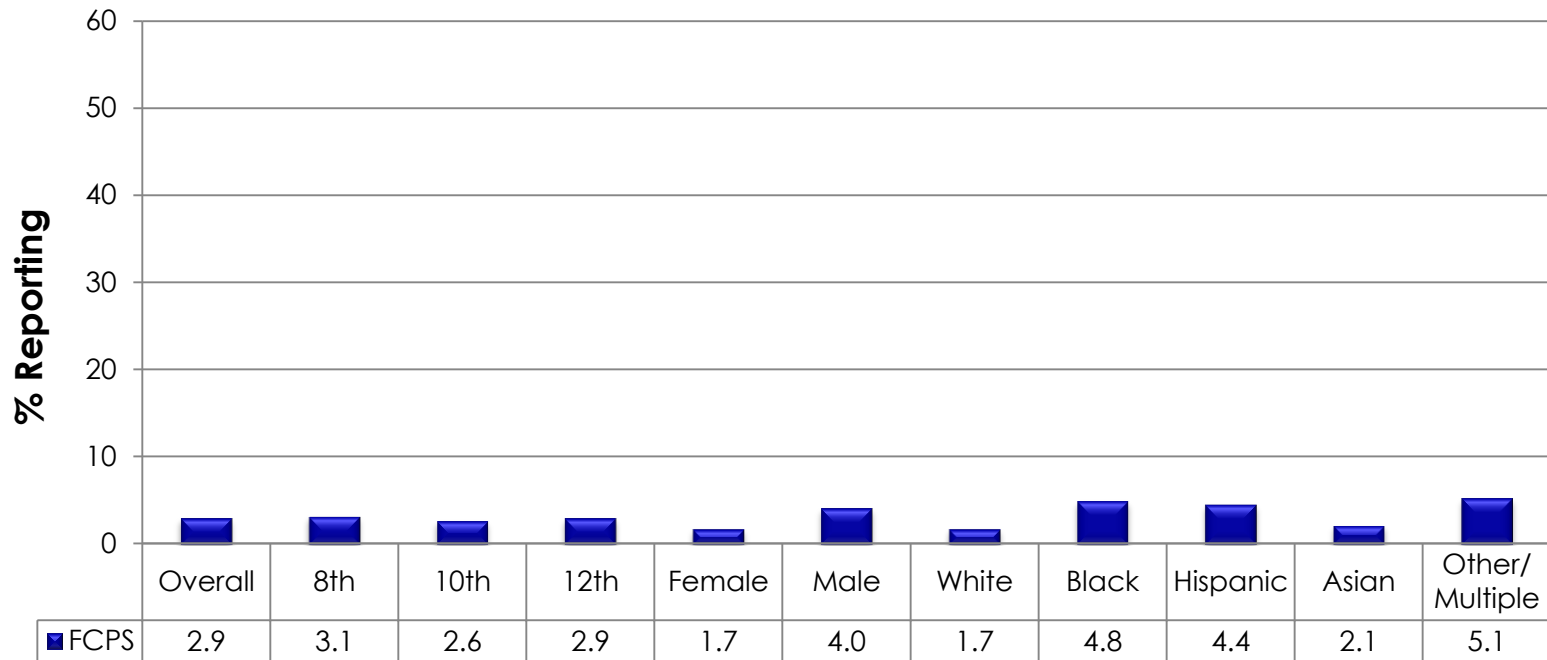
Percent Who Experienced Dating Abuse by Race/Ethnicity



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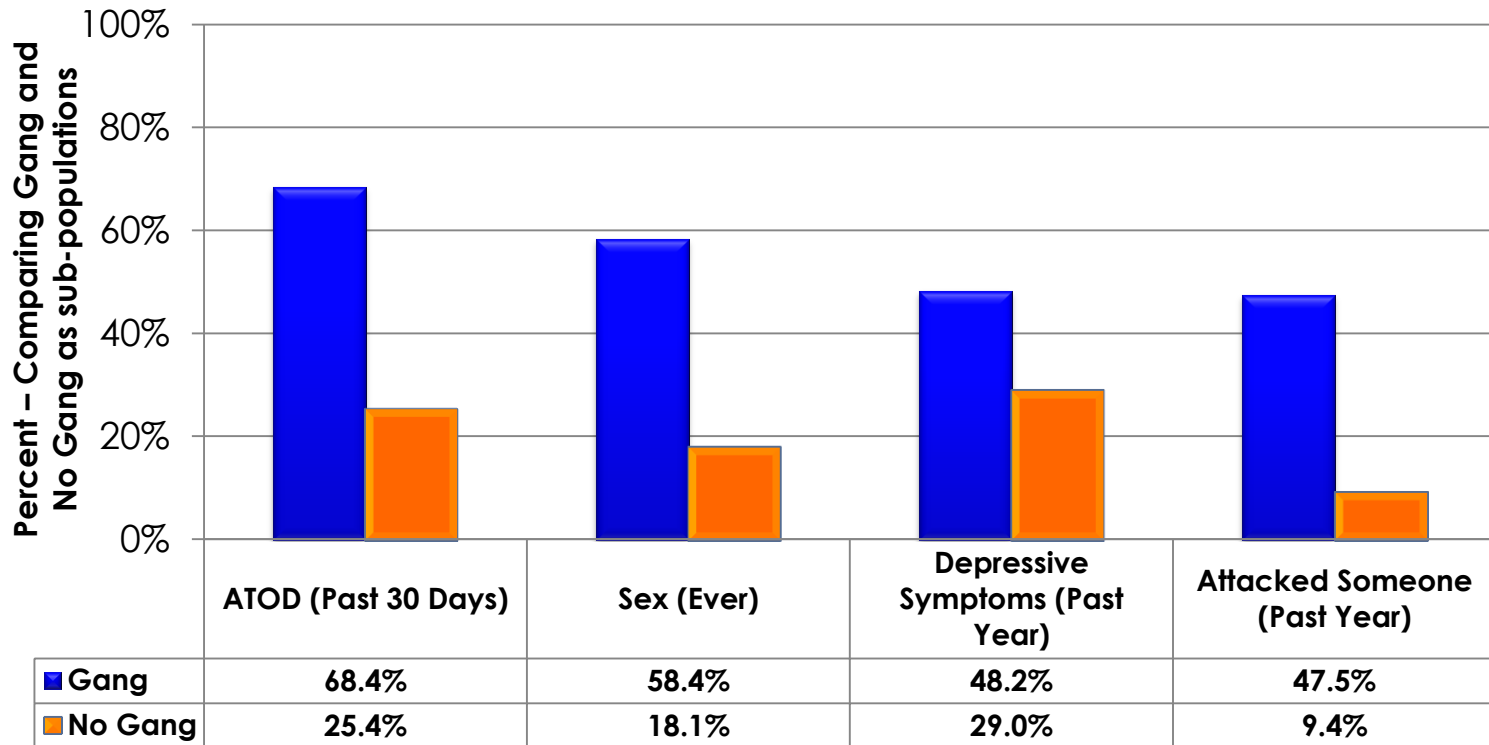
Percent Who Have Ever Been in a Gang



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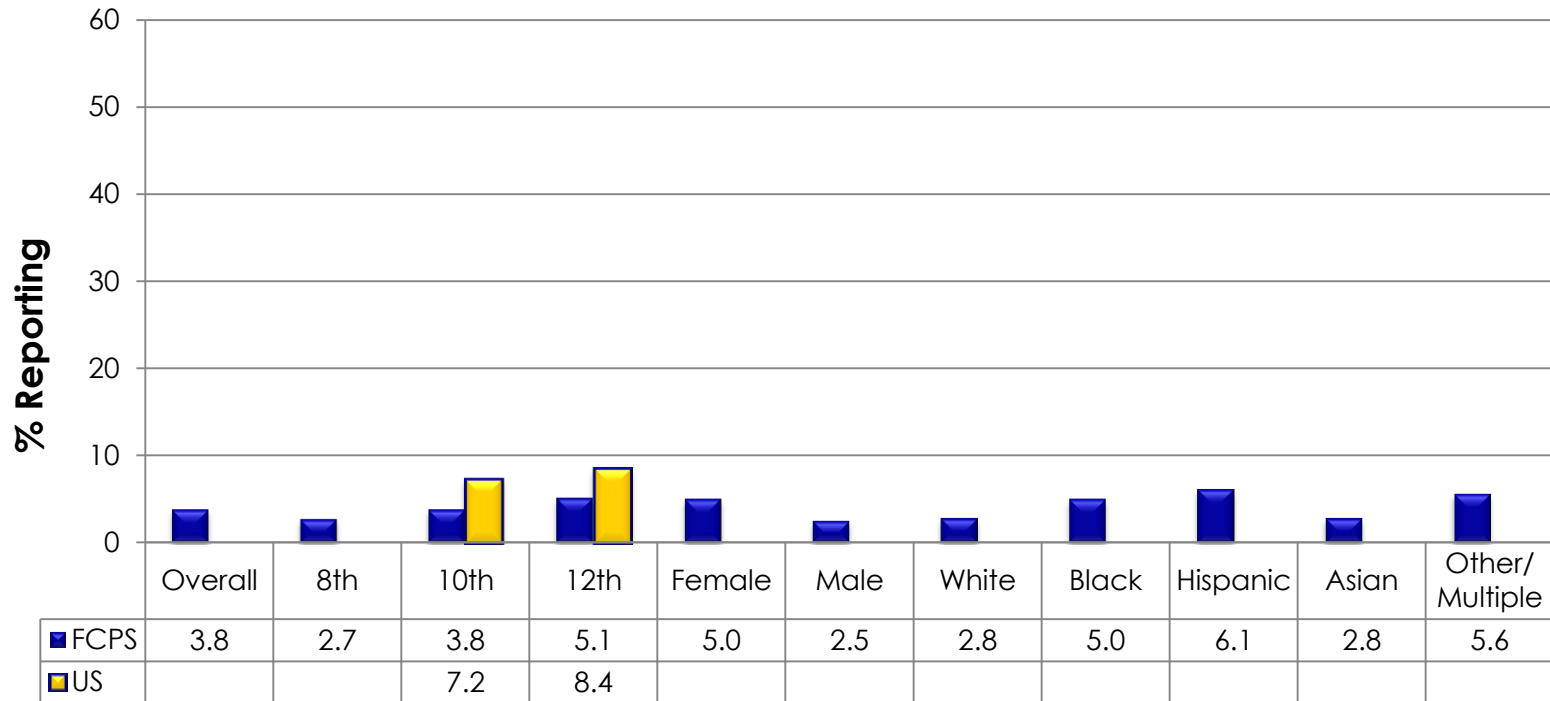
Gangs and Related Factors



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Percent Who Have Ever Been Physically Forced to Have Sex



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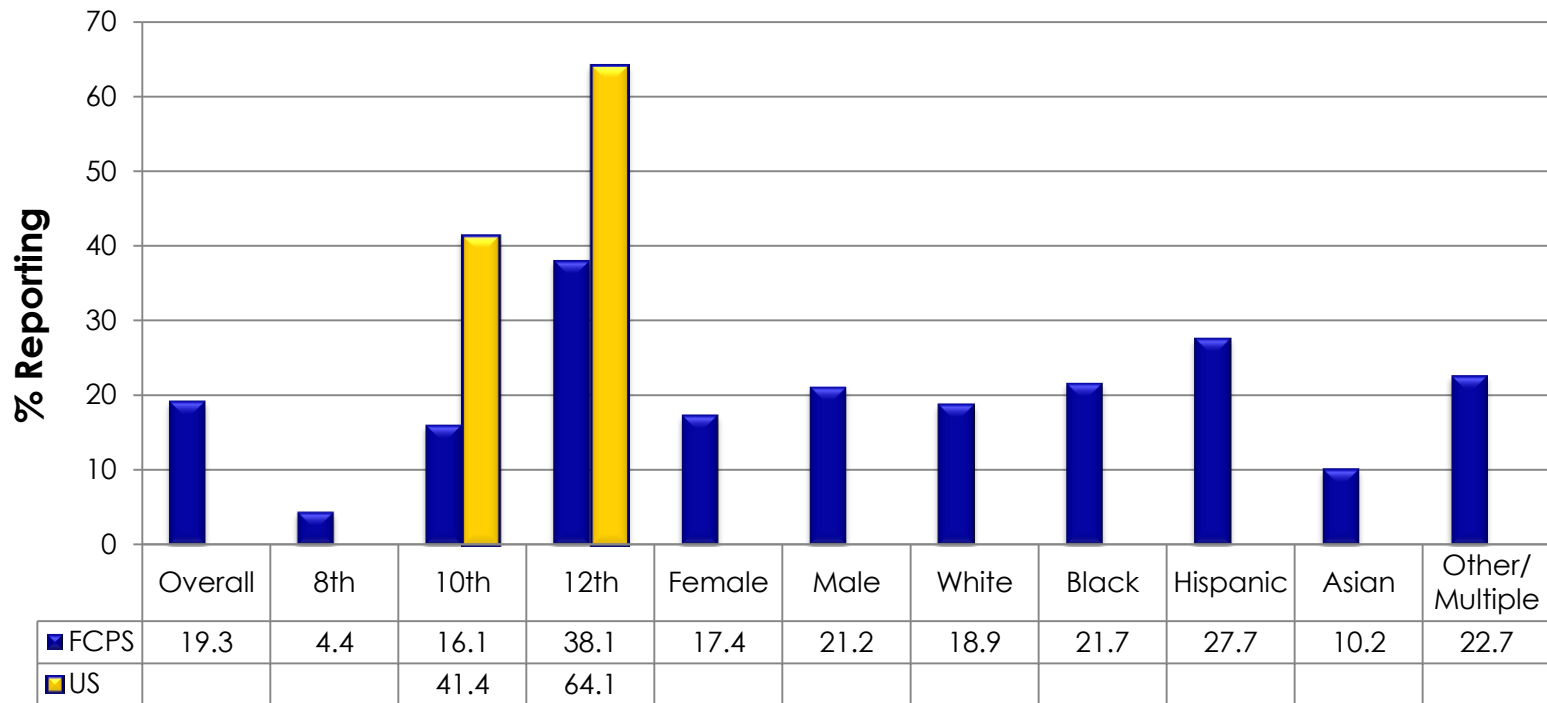
Sexual Health



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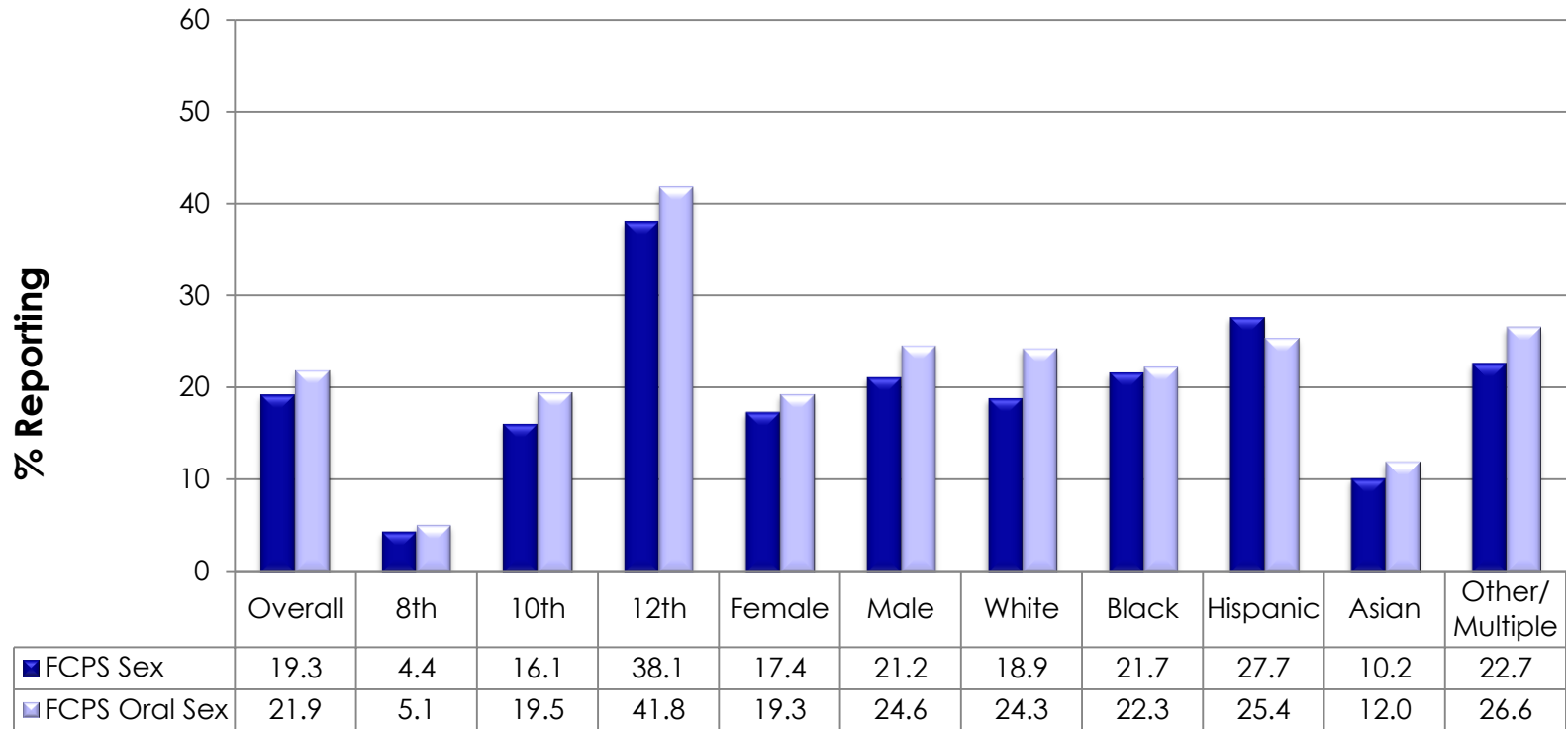
Percent Who Have Ever Had Sexual Intercourse



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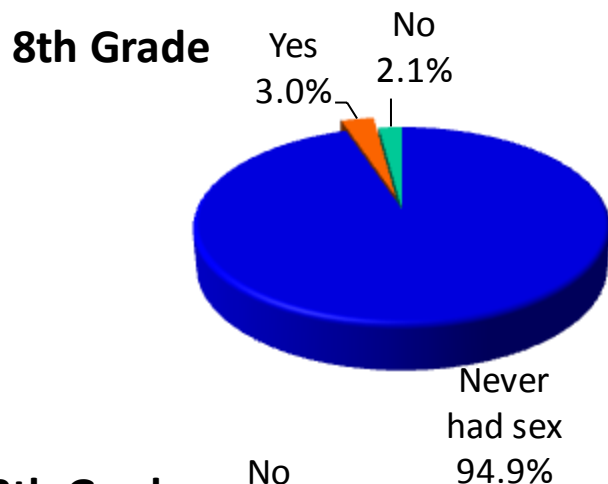
Percent Who Have Ever Had Oral Sex



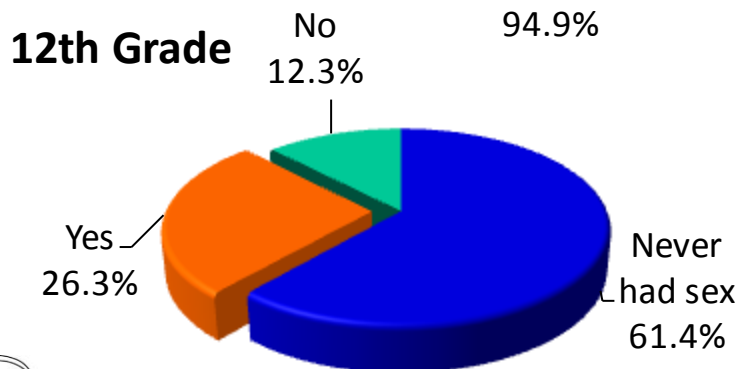
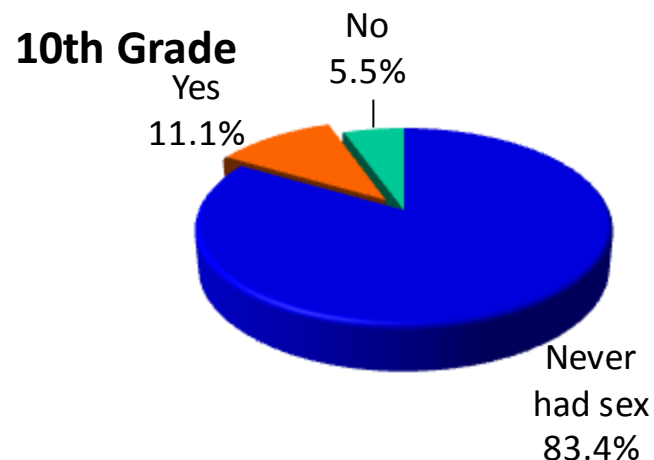
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Condom Use At Last Intercourse



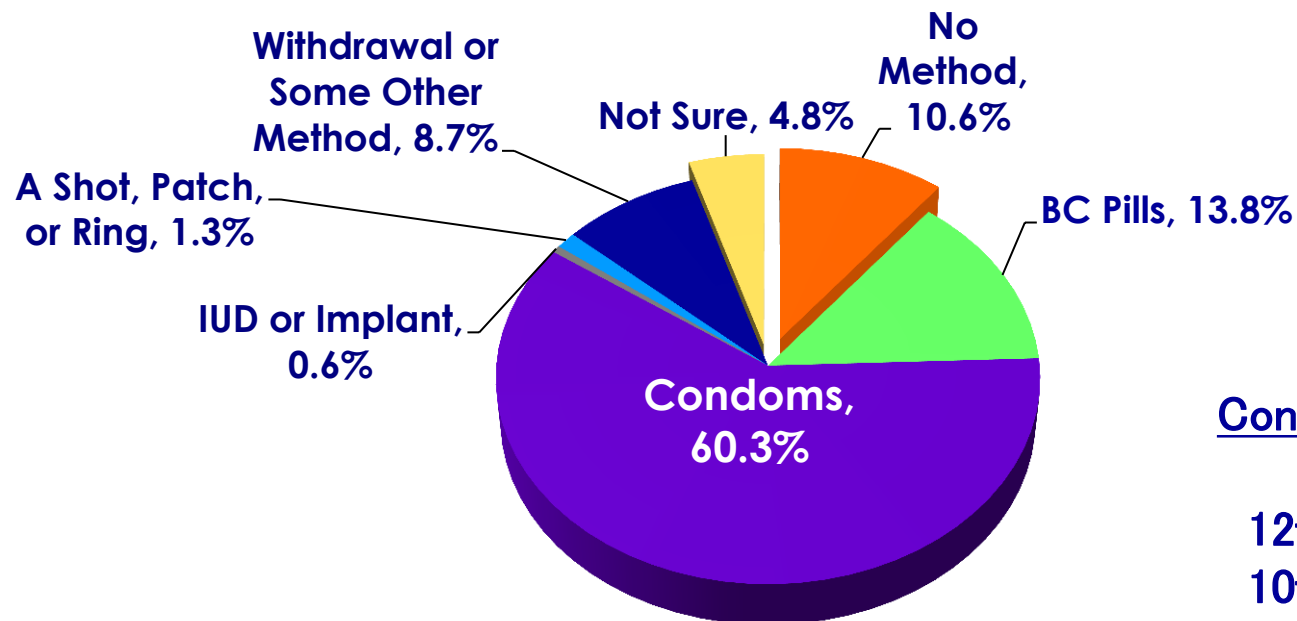
Countywide, 68% Use Condoms



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Contraception Use Among Sexually-Active Students



Contraceptive Use

12th Grade 89.2%
10th Grade 80.0%
8th Grade 65.5%



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Challenges for the Community

- Decreasing alcohol, tobacco, and other drug use
- Decreasing incidence of bullying and cyberbullying
- Decreasing depressive symptoms as well as suicidal ideation
- Improving students' habits in the areas of nutrition and physical activity
- Increasing adult engagement with our community's youth

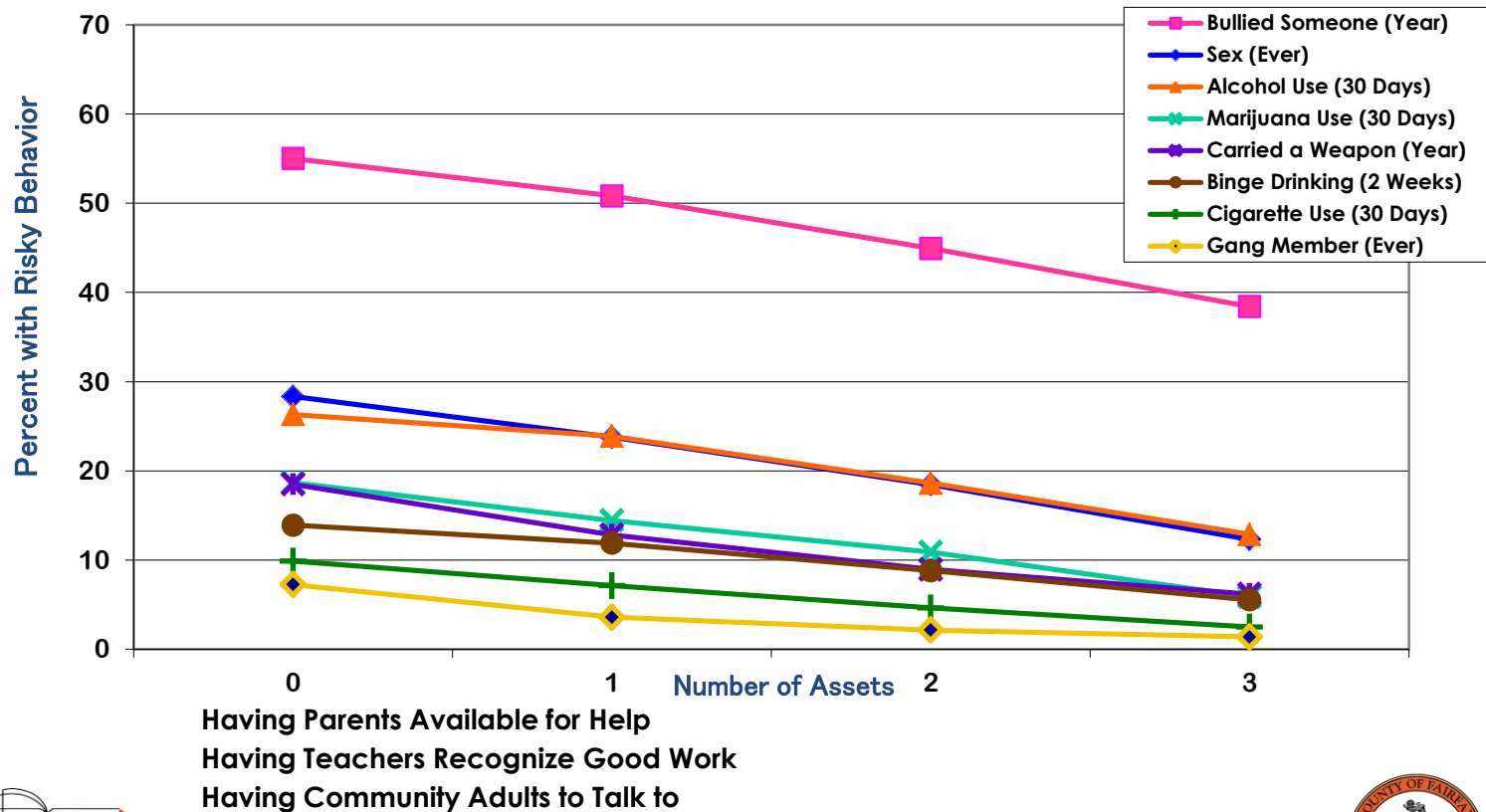


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Three to Succeed

Caring Adults (Grades 8, 10, 12)



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What You Can Do to Make a Difference

- **Listen to youth**
- **When they do well, provide specific feedback**
- **Provide opportunities for extracurricular activities, volunteering, and mentoring**
- **Set and communicate high expectations**
- **Set clear and consistent boundaries**



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Websites To Learn More

FAIRFAX COUNTY YOUTH SURVEY

fairfaxcounty.gov/youthsurvey



PREVENTION TOOLKIT

fairfaxcounty.gov/ncs/prevention/toolkit.htm

RESILIENCY

fcps.edu/dss/ips/resiliency/index.shtml



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Questions? Contact Us!



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