

we are  
your lungs.  
you need lungs  
to breathe.

Lungs are  
meant for  
**AIR!**

- BREATHE CLEAN.
- Don't smoke.
- Don't vape.

#ffxhealthykids



Fairfax County Health Department  
703-246-2411 • TTY 711 • [fairfaxcounty.gov/health](http://fairfaxcounty.gov/health)



A Fairfax County, Va., publication, Oct. 2019. For more information or to request this information in an alternate format, call the Fairfax County Health Department at 703-246-2411, TTY 711.