

Fairfax County School Health Promotion November/December Morning Announcements

“Lungs Are Meant For Air”



Morning Announcements ES

Student: Mr. Jones, can we talk about something? I’m worried.

Teacher: Absolutely, Maria. What’s going on?

Student: My brother is visiting from college. I noticed he has been using some kind of object. It looks like he is smoking, and I know smoking is bad for you, but this is different. It doesn’t look or smell like cigarettes, and he always smells fruity.

Teacher: Has your brother ever shared with you what he is doing?

Student: I asked him, and he said “vaping.” He wouldn’t tell me more. What is vaping?

Teacher: When someone is vaping, they are using an electronic cigarette. Many people think they are safe, but they are not because they contain a lot of harmful and addictive chemicals and are not good for your lungs or body.

Student: Whoa! I didn’t know any of that. I will tell my brother that no cigarettes are safe.

Teacher: Very good, Maria. Remember, your lungs are meant to breathe only air.

Hashtag:

#ffxhealthykids

