

Jump Start Your Day With a Healthy Breakfast

#ffxhealthykids

MENU

Oatmeal with peaches &
blueberries

Yogurt with strawberries
& granola

Scrambled eggs with
cheese & toast

Bagel with peanut butter

Breakfast cereal with
milk & bananas

Waffle with cantaloupe



Fairfax County Health Department
703-246-2411 • TTY 711 • fairfaxcounty.gov/hd



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