

HEALTH CARE ADVISORY BOARD

Meeting Summary

June 8, 2015

MEMBERS PRESENT

Marlene Blum, Chairman
Bill Finerfrock, Vice Chairman
Rose Chu, Vice Chairman
Ann Zuvekas
Tim Yarboro, MD
Dave West
Francine Jupiter
Ellyn Crawford
Rosanne Rodillo

STAFF

Robin Mullet
Sherryn Craig
Sharon Arndt

MEMBERS ABSENT

Dr. Michael Trahos, DO

GUESTS

Rosalyn Foroobar, Deputy Director of Health Services, Health Department
Michael Forehand, Inova Health System
Sara Pappa, Program Manager, Partnership for a Healthier Fairfax
Lorena Vasquez, Nursing Student

Call to Order

The meeting was called to order by Marlene Blum at 7:35 p.m. Everyone welcomed Sherryn Craig back to work and expressed thanks to Health Department staff for their coverage over the past three months.

May 11, 2015 Meeting Summary

The meeting summary from May 11, 2015 was approved as written.

Special Exception application of Sunrise Development, Inc. (SE-2014-DR-068)

Marlene Blum announced that as reported in an e-mail sent by Ms. Craig to the Board, Sunrise withdrew their application for the development of an assisted living facility in McLean. An updated agenda for the meeting was distributed.

Update: Partnership for a Healthier Fairfax

Sara Pappa, Program Manager, provided a power point presentation on the status of the Partnership for a Healthier Fairfax initiative. In addition, a 'healthy food donation' brochure was distributed to the Board. Highlights of her presentation are noted below:

- In 2008, the Fairfax County Health Department began a community health strategic planning process called Mobilizing for Action through Planning and Partnerships (MAPP) for the Fairfax community.
- In 2010, the Partnership for a Healthier Fairfax (PFHF) was formed as a result of MAPP.
- In September, 2011, a CDC Community Transformation Grant was awarded for a period of 5 years to help fund PFHF activities. Due to funding issues, the grant ended after only 3 years in 2014.
- During 2013, a Community Health Improvement Plan (CHIP) was developed. Various grants have been awarded to implement CHIP activities. Several grant applications for continued funding of these activities are currently pending.
- Priority issue areas for CHIP include: active living, healthy eating, healthy and safe physical environments, tobacco-free living, health workforce, access to health services, and data.
- Key successes include:
 - Northern Virginia Suicide Prevention Plan – A plan to integrate and coordinate suicide prevention activities across multiple sectors and settings.
 - Eat and Run curriculum - The Office for Children, as part of the Active Living Team's work, developed the resource guide, "Eat and Run," to make it easier for child care providers to incorporate more physical activity and nutritious foods into their child care programs (the book was distributed during the presentation for each member to review).
 - Health Impact Assessment – A NACCHO Health Impact Assessment (HIA) Project Grant was awarded to provide technical assistance and funding for a part time staff position to conduct an HIA. The grant aimed to increase local expertise in HIA, and improve community design and building decisions by including health considerations in the process.
 - Healthy Community Design Summit – A summit open to interested organizations and individuals open to improving the health of our community.
 - Chronic Disease Self-Management program – A program that emphasizes an individual's role in managing his or her own illness

and builds participants' health management knowledge and self-confidence to help ensure their success in adopting healthy behaviors. The program consists of workshops, focused on prevention and wellness, conducted once a week for two and one-half hours over six weeks in a community-based setting.

- Tobacco-Free Play Zones – Designation by the County and schools of various parks and play areas as tobacco-free.
- Healthy Eating Team activities – Includes efforts to increase the accessibility and affordability of healthy food.
- Community Health Dashboard – collection of health data available to the public (more on this topic will be presented by Sharon Arndt in the fall).

Efforts to sustain the work of the Partnership for a Healthier Fairfax are on-going. There are currently more than 600 individuals and organizations participating in the Partnership.

In response to the discussion on sustaining the Partnership's efforts, the question was raised as to whether or not the 'eat and run' book could be sold in order to generate revenue? It was noted that while it's productive to look for grants, other sources of revenue should be considered. In addition to the book, Ms. Pappa was asked if other products are available for sale. In response, Ms. Blum mentioned that ideally, the Partnership is hoping to find a 'home' within one of the anchor organizations. It is hoped that one of these anchor organizations could provide staff, and possible funding, to sustain the work of the Partnership. Examples of anchor organizations include a large corporation and hospital. The goal is to develop a community partnership with an anchor organization willing to take on a commitment towards sustaining the Partnership's work.

Ms. Arndt mentioned that under the terms of the grant used to develop the 'eat and run' book, making a profit from the sale of the book is not allowed. However, she will follow-up with the original funder to explore whether or not Fairfax County may now obtain revenue from the sale of the book to help sustain these efforts.

A question was asked regarding the dashboard and whether or not the information technology work needed to create the dashboard was provided by in-house staff. Ms. Arndt answered that the County purchased a license and the product from a vendor, who then worked with County staff to customize it specifically for Fairfax County. A full

demonstration and presentation of the dashboard will be provided by Ms. Arndt at a meeting of the Board in the fall.

2016 Human Services Legislative Issue Paper

The County Executive's Office is reaching out to all Boards, Authorities, and Commissions for their participation in shaping the County's 2016 legislative package. The purpose of the paper is to combine categories of related issues, needs, and concerns into a unified policy paper that allows the County to speak with one voice in the area of human services. Of particular interest to the HCAB are the issues of *Medicaid Eligibility and Access to Care*.

Conversation followed regarding Medicaid waivers and whether or not there are currently waivers in Virginia for people with only physical disabilities. After some discussion, HCAB members concluded that it would be useful to have a complete list of current Medicaid waivers. Ms. Foroobar indicated that she would follow-up and provide this list.

A motion was made and seconded to support the current positions for 2016. The motion passed 8-0 with one abstention.

Sunshine Laws and Conducting Business via E-mail

Rosalyn Foroobar presented a brief of summary on what is meant by conducting business via e-mail. Basically, if three or more Board members are discussing business via e-mail, it can be construed that official business is being conducted. When official business is under discussion, it's considered a meeting and needs to be open to the public. As such, to avoid the perception that business is occurring via e-mail, a few simple suggestions were presented:

- Do not use 'reply all' when responding to an e-mail;
- Use the 'bcc' line when sending an e-mail, so that if a member responds, only the original sender will receive the response.

It was mentioned that everything in an e-mail is available under the Freedom Of Information Act (FOIA). Thus, everyone needs to be aware that anything in an e-mail could be open for public review. It was noted that while that is accurate, the purpose of this discussion is to avoid conducting business on-line.

Adult Day Health Care Use Determination

Sherryn Craig reminded the group that the Department of Planning and Zoning (DPZ) had categorized adult day care centers to be most similar to child care centers in terms

of zoning requirements. In 2014, the HCAB advocated that the designation of adult day care centers be reconsidered and moved from Priority 2 to Priority 1. In 2014, it remained on the Priority 2 list. Since then, much activity as occurred related to this topic. Data collection, including how other jurisdictions zone adult day care centers, site visits to County adult day care sites, and discussion among key County staff have taken place. This year, DPZ moved the designation of adult day care centers to the Priority 1 list for 2015. The Board of Supervisor's Development Process Committee is meeting tomorrow, June 9, to review the zoning ordinances under review. Both Marlene Blum and Sherryn Craig will be attending this meeting and will report back to the HCAB at their next meeting. The target date for proposing a change in the zoning amendment is November, 2015. Important to remember is that even if the ordinance is changed, an adult day care center may not be classified as a medical facility. Regardless, the HCAB will have an opportunity to comment regarding a change to the zoning ordinance.

Update on the Status of the Crossings at Spring Hill

Last month, the HCAB recommended approval of the development of an assisted living facility in Lorton. The Crossings at Spring Hill is now 'pushing back' on the 4% designation of low-income units to include both assisted living and memory care units. As the Board will recall, discussion with the applicant focused on patients in an assisted living unit with Auxiliary Grant (AG) funds needing to move into a memory care unit and whether or not the funding would follow the patient. The applicant had agreed to this condition. It was noted that at the April meeting of the HCAB, the HCAB's intent was very specific in terms of their expectations regarding AG funds. The Crossings is now proposing a transition plan for assisted living residents in an AG bed needing memory care services. Their transition plan makes the assumption that all those needing memory care services would also be eligible for Medicaid funding. This is not a correct assumption. A person needs to meet specific medical and nursing needs in order to qualify for a skilled level of care as required by Medicaid. The criteria for qualifying for skilled care are fairly significant. Thus, it is not true that every person needing memory care services will qualify for skilled care as defined by Medicaid. The transition plan as provided by the Crossings implies that a patient will be discharged if they need to move from assisted living to memory care while in an AG bed. In light of this plan, DPZ staff have contacted the HCAB chair inviting her to provide testimony and possibly answer questions at the June 25th Planning Commission meeting. Unless there are objections from any member, Ms. Blum stated that she will provide testimony which will present the content of the memo as sent to the Planning Commission and provide background on the '4% requirement.' There were no objections.

Other Business

Ms. Craig handed out background information on the HCAB's review criteria for special exception applications. At a previous meeting, members had expressed interest in reviewing their criteria and possibly revising it to include more detail on safety issues, specifically as they relate to police and/or criminal charges against a facility.

Ms. Blum distributed the 'analysis of need' previously requested of Mr. Larry Rouvelas as it pertained to his testimony on the Sunrise facility in McLean. While that application has now been withdrawn, the Board had expressed interest in obtaining any data Mr. Rouvelas had when determining community need. The hand-out was provided by Mr. Rouvelas in response to that earlier request.

It was noted that the data in the hand-out projects the *market* for a facility, and not necessarily the *need*. Staff was asked to follow-up with Dean Montgomery, Executive Director of the Health Systems Agency, to find out if there is data on benchmarking needs of a community in terms of assisted living and memory care beds.

Ms. Blum reminded everyone that the annual meeting to review Inova's budget would be held over the summer. Ms. Craig will be sending out possible dates for that meeting and everyone's quick response will be needed in order to finalize the date. Most likely, that meeting will be in early August. In addition, new meeting dates for September and October will be needed to accommodate Rosh Hashanah and Columbus Day. Again, Ms. Craig will be following-up with everyone on these dates.

There being no further business, the meeting adjourned at approximately 8:55 p.m.