



# Cooking and Reheating Temperatures

Proper cook temperatures (*left*) and temperatures for other food tasks (*right*) must be reached in order to protect people from getting sick. Always use your thermometer to check temperatures and avoid the Temperature Danger Zone!

Cook*	Food Tasks
165°F	Reheating foods prepared onsite Cooking via microwave
155°F	
145°F	
135°F	Reheating commercially processed & ready-to-eat foods Hot holding
41°F	Cold holding

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Temperature Danger Zone  
 41°F – 135°F



# Reheating

Leftover food items must be reheated to **165°F for 15 seconds.**

Reheat food from 41°F to 165F **within 2 hours.** If it takes longer, it must be thrown away.



## Tips

- ✓ Use a thermometer to check the temperature.
- ✓ If the reheated item will be used for hot holding, it must be held at 135°F or above.
- ✓ After use, follow safe steps for cooling and storage.



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# Reheating Log

**Instructions:** Date and food item being reheated will be recorded onto the log. Indicate the internal temperature for the food item at completion of the reheating process. A food employee monitoring reheating temperatures will then initial and be verified by a manager.

**Reheating: Temperature held for 15 seconds**

*TCS foods (Time/Temperature Control for Safety foods, or potentially hazardous foods) → 165°F | Foods that are commercially processed & ready-to-eat → 135°F | Fruits, vegetables, grains, legumes → 135°F*

Date	Time	Food Item	Internal Temp (°F)	Corrective Action	Employee Initials/ Verified By	
9/1/16	1:20pm	Pork Chop	150	CR	AB	LD

**Corrective Action Key:** (CR) Continue reheating process until proper temperature reached (D) Discard food item & restart process



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