

Cooking and Reheating Temperatures

Proper cook temperatures (*left*) and temperatures for other food tasks (*right*) must be reached in order to protect people from getting sick. Always use your thermometer to check temperatures and avoid the **Temperature Danger Zone!**

Temperature Danger Zone:									
Cook*		Food Tasks							
Poultry (chicken, turkey, duck), stuffed meat, stuffed fish, stuffed pasta	165°F	Reheating foods prepared onsite Cooking via microwave							
Ground meats, ground fish, eggs for later service	155° F								
Beef, pork, lamb, veal, fish, shellfish, eggs for immediate service	145°F								
Vegetables, fruits, grains, legumes	135°F	Temberature Danger Zone Reheating commercially processed & ready-to-eat foods Hot holding							
	41°F	Cold holding							
		Fairfax County Health Department A Fairfax County, Va., publication. Sept. 2022. To request this information in an alternate format,							



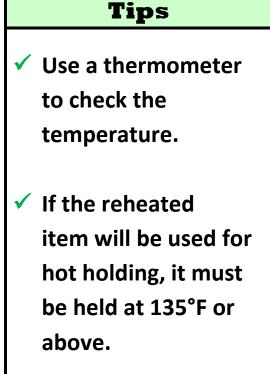


Reheating

Leftover food items must be reheated to **165°F** for **15 seconds**.

Reheat food from 41°F to 165F **within 2 hours**. If it takes longer, it must be thrown away.





 After use, follow safe steps for cooling and storage.



Fairfax County Health Department A Fairfax County, Va., publication. September 2022. To request this information in an alternate format, call 703-246-2444, TTY 711. www.fairfaxcounty.gov/health



Reheating Log									
Instructions: Date and food item being reheated will be recorded onto the log. Indicate the internal temperature for the food item at completion of the reheating process. A food employee monitoring reheating temperatures will then initial and be verified by a manager.									
Reheating: Temperature held for 15 secondsTCS foods (Time/Temperature Control for Safety foods, or potentially hazardous foods) \rightarrow 165°F Foods that are commercially processed & ready-to-eat \rightarrow 135°F Fruits, vegetables, grains, legumes \rightarrow 135°F									
Date	Time	Food Item	Internal Temp (°F)	Corrective Action	Employee Initials/ Verified By				
9/1/16	1:20pm	Pork Chop	150	CR	AB	LD			
Corrective Action Key: (CR) Continue reheating process until proper temperature reached (D) Discard food item & restart process									



