

HEALTH CARE ADVISORY BOARD

Meeting Summary

October 9, 2018

MEMBERS PRESENT

Marlene Blum, Chairman
Bill Finerfrock, Vice Chairman
Rose Chu, Vice Chairman
Ellyn Crawford
Phil Beauchene
Tim Yarboro, MD
Rosanne Rodillo

STAFF

Sherryn Craig

MEMBERS PARTICIPATING REMOTELY

Mary Porter
Ann Zuvekas

MEMBERS ABSENT

Carol Washington Mizoguchi
Dr. Michael Trahos, DO

GUESTS

Michelle Littlefield, Executive Assistant, Friends Health Care Team
Rebecca T. Cho, MSN, RN Administrator, Friends Adult Day Care, Inc.
Sara Morgan, Planner, Department of Planning and Zoning
Rosalyn Foroobar, Deputy Director for Health Services, Health Department
Dominic Bonaiuto, Director of Advocacy and Community Outreach, Inova Health System
Diana White, League of Women Voters of Northern Virginia

Call to Order

The meeting was called to order by Marlene Blum at 7:32 pm.

September 10, 2018 Meeting Summary

The meeting summary from September 10, 2018 was approved as submitted.

Public Hearing on Zoning Application SE-2018-MA-006 of Calvary Church of the Nazarene to Develop an Adult Day Health Care Center

Michelle Littlefield, Executive Assistant, Friends Health Care Team, Inc. and Rebecca T. Cho. MSN, RN Administrator, Friends Adult Day Care, Inc. presented the proposal to develop Friends of Health Adult Day Care. The Friends Health Care Team, Inc has five years of experience in home health care. Its corporate offices are close to the proposed site and within ten minutes of a hospital.

The Friends of Health Adult Day Care will operate within the sanctuary, kitchen, and various rooms of the Calvary Church of the Nazarene. Services will be offered six days a week from 8:00 a.m. to 3:00 p.m., Monday through Friday and 8:00 a.m. to 1:00 p.m. on Saturday. The applicant estimates that the average participant will use the service for approximately six hours per day, arriving around 8:30 a.m. and departing around 2:30 p.m. During this time, participants will be served breakfast, lunch and a snack. On days when the church is not available to Friends of Health, participants will be taken on field trips (e.g., local spa). Participants' physicians can visit patients on Wednesdays.

Activities will have an emphasis on recreation, socialization, and education. An activity schedule provided to the HCAB included arts and crafts, calligraphy, computer class, movies, health and wellness, and spiritual study – all of which are optional. While most activities will be provided indoors, the applicant has proposed occasional walks and potential gardening in and around the church property.

The applicant plans to serve participants eligible for the Commonwealth Coordinated Care Plus (CCC+) Medicaid Waiver (formerly the Elderly or Disabled with Consumer Direction EDCCD Waiver), although Friends Health Care Team, Inc. representatives provided inconsistent and contradictory estimates, beginning at 25% before changing to 50% and then later 100%. Private pay/drop-in participants will be charged \$20-\$25 a day to cover transportation and meals with an extra \$10-\$30 assessed for field trips.

A Registered Nurse (RN) and a Certified Nursing Assistant (CNA) will be onsite, but the applicant emphasized that staff will not store or carry medication. The staff to participant ratio will be one to six. Participants may self-administer medication upon arriving at the church and before leaving. The applicant was not able to provide a contingency plan for participants whose initial assessment does not include medication, but whose needs may change to include multiple dosages or staggered administration times that may or may not coincide with meals.

The HCAB expressed concerns over the proximity of the applicant's day care to a heavily traveled road, like Little River Turnpike, and suggested that the Friends Health Care Team consider additional security planning and oversight. There is no perimeter fence around the property and the applicant stated that there are no plans to construct one.

The applicant's initial response to the HCAB's concerns was to cite participants' ambulatory limitations, contending that its clientele's use of canes, walkers, and wheelchairs would deter potential elopements. When HCAB members challenged this argument, the applicant stated its intent to assign an employee to a desk adjacent to the facility's front door while placing locks on the facility's remaining doors. The applicant then concluded the discussion by rescinding all outdoor activities and keeping participants confined to the interior footprint.

Rosalyn Foroobar with the Health Department offered to meet with the applicant to plan for the safety and security of day care participants.

Rose Chu moved that the Health Care Advisory Board recommend that the Department of Planning and Zoning withhold a Non-Residential Use Permit (Non-RUP) until such time that the applicant provides a comprehensive safety and security plan for its participants. Dr. Yarboro seconded the motion. The motion passed unanimously.

HCAB Recommendation on Older Adult Accommodations and Services Zoning Ordinance Amendment

The Board of Supervisors authorized the advertisement of the Older Adult Accommodations and Services Zoning Ordinance Amendment for Public Hearing before the Planning Commission on Thursday, October 25 and before the full Board on Tuesday, December 4.

In the course of preparing its statement to the Planning Commission, the HCAB's Executive Committee has been meeting with the County Attorney, DPZ and Health Department staff to assess the HCAB's current role of reviewing medical care facilities and whether this function should be extended to adult day cares and continuing care facilities.

In addition to the ZO amendment, the proposed amendments to the Comprehensive Plan were just advertised for Public Hearing before the Planning Commission on November 1. Given the time constraints to prepare written testimony, Phil Beauchene moved that the HCAB testify before the PC on the proposed ZO amendment and that

the HCAB Executive Committee develop a cohesive and comprehensive approach to address affordable housing based on the advertised amendment to the Comprehensive Plan. Elyn Crawford second the motion. The motion passed with one abstention.

There being no further business, the meeting adjourned at 9:33 pm.