



Children's Services Act Program Newsletter

FEBRUARY

In this Issue:

- Welcome Deputy County Executive Tisha Deeghan
- Introduction to Intensive Care Coordination Facilitators
- New Manager of Reston Youth and Family Outpatient Services Hired
- 2018 CSA Symposium & Provider Expo Registration is Open

Welcome Deputy County Executive Tisha Deeghan

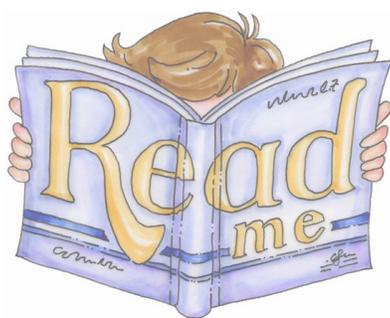
CSA is excited to welcome Tisha Deeghan as the new Deputy County Executive. As Deputy County Executive, Tisha serves as the chair of the Community Policy and Management Team, which guides the work of CSA. Tisha began her new position on January 8, 2018 and chaired her first CPMT on January 19th.

Since 2014, Tisha has served as the executive director of the Fairfax-Falls Church Community Services Board (CSB). "I am humbled and excited to receive this appointment. The foundation of a successful community is equity in opportunity," says Deeghan. "The health and human services system provides many of the building blocks to help people realize their potential, and for communities to thrive. I look forward to One Fairfax; to building on terrific community partnerships; and to improving, integrating and hopefully simplifying the way people interact with county services."



We're looking forward to her leadership and insight as we continue to work on providing services and supports to children, youth, and families that help them to be healthy and resilient in Fairfax County.

You can learn more about DCE Tisha Deeghan by reading the [January 9th HHS News blog post](#) and watching the [final edition of Pat's Corner](#) where Deputy County Executive Pat Harrison introduces Tisha and chats with her about immediate priorities.



New Manager of Reston Youth and Family Outpatient Services Hired

It is a pleasure to announce that Dr. Patricia Sloate has been hired as the Manager of Reston Youth and Family Outpatient Services. She earned her Doctorate in Clinical Psychology from the California School of Professional Psychology and has been licensed as a clinical psychologist since 2000.

Dr. Sloate began her CSB career in Emergency Services at that time and has worked in Youth and Family Services in the following roles: Psychologist conducting court ordered assessments on the Child Abuse and Neglect Team and Senior Clinician in outpatient services. She has been a supervisor in Youth and Family Outpatient since March 2012.

She will begin her new assignment on March 5. During the month of March she will be oriented to her new duties by current Manager Barbara Lennon, who will be retiring in April.

We hope you will join us in congratulating Dr. Sloate on her promotion and in wishing her well in her new position.



Introduction to Intensive Care Coordination Facilitators

In January’s CSA Newsletter, we introduced you to the new Intensive Care Coordinators at United Methodist Family Services (UMFS). This month we’d like to take the opportunity to introduce you to the CSB’s Wraparound Fairfax team of wraparound facilitators.

With the addition of the new staff at UMFS and Wraparound Fairfax our ICC program is fully staffed and able to serve 100 families. We’re excited about the additional capacity to serve more families and the skills and experience both teams bring to the wraparound process.

Wraparound Fairfax Team



Front row L to R: Lakeisha English & Aaron Valdes, back row L to R: Aaron Smith, Kendra Rascoe, D’Angelo Taylor & Chanel Hicks

Lakeisha English

Lakeisha English worked previously as an assessor, I/H clinician, and Therapeutic Day Treatment clinician for Compass Counseling Services working with children and families in the Northern, VA area. She is a graduate of Trinity Washington University (Washington, D.C) where she received a M.A in Clinical Mental Health Counseling. Currently, Lakeisha is a Resident in Counseling pursuing her LPC.

(Continued on page 3)

(Continued from page 2)

Aaron Valdes, MA, LPC

Aaron relocated from California to the Northern Virginia area in 1994. He graduated from George Washington University with an M.A. in community counseling in 1997. After graduating, Aaron worked at the Center for Multicultural Human Services and provided trauma-informed therapy to at-risk immigrant families. In addition, he has worked extensively in school-based counseling programs, after school programs, and Head Start. Aaron also worked in day treatment at the Teen Alternative Program and has been at Wraparound Fairfax since 2010.

Aaron Smith

Aaron Smith is a native from Europe; however, he has resided in VA since 2003. Aaron has a bachelor’s degree in Psychology and Master’s from Liberty University. He has experience working as an Intensive Home-Based Counselor, Psychiatric Liaison, and Probation Counselor at Fairfax JDC. Aaron enjoys working with youth and their families and is looking forward to being with the county in this new role.

Kendra Rascoe

Kendra Rascoe has been working in the mental health field for more than 10 years. She has worked in a variety of programs including: residen-

(Continued on page 5)

Training by the Numbers

In the 2nd quarter of FY2018 (October to December 2017), 437 county employees and community members attended 6 training sessions.

Training Sessions	# of Participants
• Part II: Facilitating FRMs (10.11.17)	21
• Part I: Intro to SOC & Team-Based Planning (10.17.17)	32
• CANS Training with Dr. Lyons (10.18.17 & 10.19.17)	118
• CSA Part III: Accessing CSA Services (11.9.17)	17
• Inova Kellar Center Educational Series: <ul style="list-style-type: none"> • Children with Autism (10.13.17) • Diagnosis & Treatment of Eating Disorders in Youth (11.16.17) 	5 8
• Best Practices with LGBTQ Youth	236



Upcoming Trainings

Register for trainings at EmployeeU, <https://ffclearning.fairfaxcounty.gov>. Contact Tanisha Capers at Tanisha.capers@fairfaxcounty.gov or 703.324.5634 with questions.

Part II: Facilitating Family Resource Meetings

Tuesday, February 15
9 a.m. to 12 p.m.
South County, Rooms 221A/B

Parental Contribution Policy 101

Wednesday, February 28
10 a.m. to 12 p.m.
Reston Cameron Glenn, Room 600A

Part III: Accessing CSA Services

Wednesday, March 21
9 a.m. to 12 p.m.
Government Center, Room 8

Have ideas about possible training topics? We’d love to hear from you! Please contact Patricia Arriaza at patricia.arriaza@fairfaxcounty.gov with your thoughts.

REGISTRATION IS NOW OPEN!



Working from a Strengths-Based Perspective

**17th Annual Northern Region
CSA Symposium and Provider Expo**
NVCC, Ernest Cultural Center, Annandale, Virginia
Tuesday, March 13, 2018
9 a.m. to 3 p.m.

This event sponsored by the collaboration of CSA Managers for the jurisdictions of Arlington County, City of Alexandria, City of Manassas, Fairfax -Falls Church, Loudoun County and Prince William County, as well as NOVACO, the Northern Virginia region's coalition of private provider associations.

Workshops

Developing Cultural Humility

Presenter: J. Patrick Slifka, LCSW

This workshop will focus on the basic tenets of cultural humility and will offer opportunities for attendees to apply these concepts in practice.

NAMI: Free Community Programs for Youth and Families

Presenters: Jeanne Comeau, Parent, and Youth

Learn about all that NAMI has to offer youth and families! Hear personal, hopeful stories told by a parent and young adult presenter. Learn about NAMI's wide array of educational and support programs.

Secondary Traumatic Stress in the Helping Profession: Prevention and Recovery

Presenters: Deepa Patel, CSOTP, LCSW and Heather Dziejewski, LCSW, BCD

This workshop will address prevention strategies at the organization, supervisory, and direct service levels in terms of Secondary Traumatic Stress. The presenters will focus on teaching participants how to identify their internal warning signs and how to develop a realistic action plan to achieve a work-life balance.

Event Schedule

9-10 a.m.

Registration, Breakfast and Provider Expo

10-11:30 a.m.

Morning Workshops

11:30-1:30

Lunch & Provider Expo

1:30-3 p.m.

Afternoon Workshops

To register, please visit:

<https://www.surveymonkey.com/r/2018-CSA-Symposium-Registration>

Registration closes on March 2, 2018

(Continued from page 3)

tial, intensive in-home, therapeutic day treatment, facilitating groups for substance abuse and mental health, case management, and outpatient therapy. Kendra received her Bachelor’s degree from East Carolina University and her master’s degree in Marriage and Family therapy from Liberty University.

Kendra is currently awaiting to test for her LPC. Kendra looks forward to being an advocate for families and learning the wraparound model to continue to assist families with being their healthiest selves.

D’Angelo Taylor, MA, LGPC

D’Angelo T. Taylor’s expertise consists of engaging at-risk underprivileged populations and being a strong advocate within those communities. Using innovative approaches, he provides clients with culturally responsive avenues for self-expressive healing and development. D’Angelo assists with building self-esteem and resilience while helping individuals and families identify their strengths and needs. He is honored and excited to work amongst other professionals who are true advocates and are making a positive impact for the families we serve.

D’Angelo has worked as an in-home counselor, therapeutic day treatment counselor, and mental health therapist in Northern Virginia, Maryland, and D.C. He was engaged within multiple school systems in the past, including Alexandria Public School System in Virginia and Cumberland County

(Continued on page 6)

ICC Referrals

If you are working with a youth who is at risk of an out-of-home placement or who will soon be transitioning out of an out-of-home placement and would like to make a referral for Intensive Care Coordination, please complete the ICC Referral form found on CSA’s form page on FairfaxNet.

For questions about referrals or the ICC program, please contact Suzette Reynolds at suzette.reynolds@fairfaxcounty.gov or 703.324.7752.



Upcoming Public Meetings

Community Policy and Management Team (CPMT)

Friday, February 23rd
12:30 p.m. to 3:30 p.m.
Government Center, Room 232

CPMT & Behavioral Health System of Care Meeting

Friday, March 23rd
12:30 p.m. to 3:30 p.m.
Government Center, Room 232

Intensive Care Coordination (ICC) Stakeholders Meeting

Friday, March 2nd
10 a.m. to 12 p.m.
Pennino, 930A

Questions about public meetings can be directed to:

DFSCSA@fairfaxcounty.gov



Tip of the Month

Juliana Swanson

Remember — If the child/youth for whom you are having an FPM is 14 y/o or older, they **MUST** participate in the meeting and sign the Meeting Action Plan.

This requirement is waived if it is clinically not advisable for the child/youth to participate. In those cases it should be noted on the signature page why the child was not present.

If the child/youth leaves before the meeting ends or participates by phone (from hospital, out-of-town placement, etc.) they still need to sign the MAP.

If they participate and refuse to sign for some reason that should also be noted on the signature page.

Did you know.....February is:

American Heart Month

Black History Month

Chocolate Lover's Month

The only month that may not have a full moon.



(Continued from page 5)

Schools, Mecklenburg Schools, and Gaston County Schools in North Carolina. D'Angelo received his Master of Arts in Counseling Psychology from the Chicago School of Professional Psychology and his Bachelor of Arts in Psychology from the University of North Carolina at Charlotte (UNCC). It was at UNCC where he became a member of the Epsilon Zeta Chapter of Omega Psi Phi Fraternity, Inc. Originally from Fayetteville, NC, D'Angelo moved to Northern Virginia in Fall 2013.

Chanel W.M. Hicks

Chanel W.M. Hicks is a native of Detroit, MI but has been in the DC area for 2 years. Chanel has a bachelor's degree in Psychology from Michigan State University and a Master's degree in Professional Counseling from Grand Canyon University, where she is currently obtaining her Doctoral degree in Psychology. She has experience working as an Intensive Home-Based Counselor, Mobile Crisis Counselor, and Foster Care Case Manager. Chanel is currently a Resident in Counseling working towards her LPC. For fun, she likes to teach figure skating, gymnastics, and cheerleading. She desires to work for the county for many years to come and she is excited to begin her new position and contribute to the Fairfax County community.



Children's Services Act Office

Question, Concerns or Compliments ...
Please don't hesitate to let us know!



DFSCSA@fairfaxcounty.gov

703.324.7938

