

FAIRFAX-FALLS CHURCH COMMUNITY

POLICY AND MANAGEMENT TEAM

CPMT Minutes 4-22-19

Attendees: Lesley Abashian, Robert Bermingham, Nannette Bowler, Tisha Deeghan (Chair), Kelly Henderson, Teresa Johnson, Michael Lane, Rick Leichtweis, Chris Leonard, MaryAnn Panarelli, Rebecca Sharp, Nancy Vincent, Daryl Washington.

Absent: Gloria Addo-Ayensu, MD, Staci Jones Alexander, Katherine Caffrey, Deb Evans, Jessie Georges, Jane Strong, and Terri Williams.

SOC Attendees: Jim Gillespie, Desiree Gordon, Peter Steinberg, and Tracy Davis

CSA Management Team: Cindy Barker, Kamonya Omatete

Stakeholders and CSA Program Staff Present: Janet Bessmer, Chris Metzbower, Patricia Arriaza, Kristina Kallini, Lisa Morton, Kim Jensen

MINUTES: A motion was made by Rick Leichtweis and seconded by Kelly Henderson to approve the minutes of the March 22, 2019 meeting. The motion was approved by the committee of the whole.

ITEMS:

CSA Administrative Items:

Item A —1: A motion was made by Michael Lane and seconded by Rick Leichtweis to Approve Annual CSA Local Agency Risk Assessment Survey Results. The motion was approved by the committee of the whole.

Item A —2: A motion was made by Nannette Bowler and seconded by Rick Leichtweis to Approve Submission of Annual Gaps and Need Survey. The motion was approved by the committee of the whole.

Item A —3: A motion was made by MaryAnn Panarelli and seconded by Michael Lane to Approve FAPT Member Appointment. The motion was approved by the committee of the whole.

• **HMF Administrative Items:**

Item A —4: A motion was made by Teresa Johnson and seconded by Bob Bermingham to Endorse Proposed FY 20 Healthy Minds Fairfax Budget. The motion was approved by the committee of the whole with one Opposed.

- **CSA Contracts:**

Item C — 1a: A motion was made by Chris Leonard and seconded by Teresa Johnson to approve a Child Specific Contract Request for Foundations in PA. The motion was approved by the committee of the whole.

Item C — 1b: A motion was made by Chris Leonard and seconded by Bob Bermingham to approve a Child Specific Contract Request for Devereux in PA. The motion was approved by the committee of the whole.

Item C — 1c: A motion was made by Rick Leichtweis and seconded by Bob Bermingham to approve a Child Specific Contract Request for Youth Villages in GA. The motion was approved by the committee of the whole.

- **CSA Information Items:**

Item I — 1: Yin Jia gave the CSA Budget Report. The attached chart details Program Year 2019 cumulative expenditures through February for LEDRS categories, with associated Youth counts. IEP-driven expenditures for Schools are separated out. Further information on the attachment provides additional information on recoveries, unduplicated youth count, and: Average cost per child for some Mandated categories, Average costs for key placement types, such as Residential Treatment Facility, Treatment Foster Home, Education placements. Total Pooled Expenditures: Pooled expenditures through February 2019 equal \$17.4M for 935 youth. This amount is a decrease from February last year of approximately \$1.9M, or 9.95%. Pooled expenditures through February 2018 equal \$19.3M for 973 youth.

- **Item I — 2: Kim Jensen gave the Quarterly Residential Entry and FAPT Report.** Ten youth entered long-term residential settings in January (6), February (2), and March (2). Across the 10 youth, the most frequently identified “Actionable” needs on the CANS were as follows: Oppositional-7, Adjustment to Trauma-7, Impulse/Hyper-7, Depression-6, Conduct-6, Delinquent-6, and Anxiety-6. Six of the ten youth were moving from one RTC to another, and only one of these was a step-down to a less restrictive environment. It appears that increasingly, more youth are being administratively discharged from residential facilities due to worsening aggressive behaviors, making it more challenging to find subsequent placements. Cross-agency efforts are underway to identify new facilities that may better serve youth requiring out-of-home placements. Two youth were placed out-of-state after no in-state facility was identified. There appears to be a trend of in-state facilities refusing admittance due to aggressive behaviors. The FAPTs met with 46 families: 15 new requests for placement were heard, 3 of these youth had community based plans developed in lieu of a plan for placement out of the home; the rest developed plans for RTC or GH placement, 4 youth had been placed prior to the FAPT meeting; 3 were parent placements and 1 was placed by FC&A, 7 of these youth were actively receiving community-based services at the time of the FAPT referral, including 2 who were active with ICC, 21 requests for extensions of existing placements were heard, 20 of whom received an extension of anywhere from 2 weeks to 3 months, 1 youth had a plan for community-based services developed in lieu of an RTC extension; this youth subsequently remained in placement via his IEP. A review of the past 4 years shows a

marked increase in FAPT requests/meetings during the February-March timeframe; for 2019 there were 33 FAPT meetings held. One possible reason for this is the FCPS new enrollment period each January leading to an increase in new students to our system and a possible increase in the number of youth referred to CSA: 2 extension requests were youth that had been previously placed via their ICC team for a 90-days, and the teams came to FAPT requesting additional time for each youth in their respective placements.

Item I — 3: Patricia Arriaza gave the Quarterly CPMT Data Report. Best practice indicates that youth with emotional/behavioral problems should be returned to a family setting within 6-9 months [180-270 days]. The length of stay for youth with primarily emotional/behavioral problems exiting placement (n=16) was 178 days at the end of the 3rd quarter (LOS ranged from 66 to 327 days). Ages ranged from 14 to 18, with average age being 17 years. Of the 16 exits, 8 were from Foster Care and Adoption and 8 from the CSB. The length of stay for youth with primary needs from developmental disabilities (n=6) was 2002 days, range of LOS is 250 to 3,491 days. The 6 placements are from FCPS, 1 is at Benedictine, 3 at Grafton and 2 at Devereux. The ages range from 15 to 22, with the average age being 19. 94% (16 of 17) of youth were maintained in the community 6 months after initiation of ICC services. 100% (n=15) of youth remained in the community 12 months after the initiation of ICC services. 75% (3 of 4) youth returned from residential within three months of initiation of ICC. 100% (n=8) of youth were maintained in the community 6 months after initiation of ICC services. 100% (n=8) of youth remained in the community 12 months after the initiation of ICC services. 1 youth was referred while in RTC but did not return home within 3 months of initiation of ICC.

- **Item I — 4: Kim Jensen gave the Quarterly Serious Incident Report.** New referrals to the residential facility that was conducting pat downs of youth remains on-hold pending review of documentation of revised policies and practices by CSA Management Team. While the facility reported they immediately addressed the concerns of the CSA Management Team, they are waiting until April 16 to present the new policy to the State Human Rights Committee. Once approved, the facility will forward the new policy to CSA Management Team. There was an allegation of physical abuse by a staff person at a local residential treatment facility's group home where a youth was reportedly "smacked" on the face and was "pushed against the wall." The Utilization Review Manager did not receive a written report directly from the Provider per the APOS, and the initial written report did not include required elements as stated in the contract. Utilization Review received an SIR regarding the death of a youth by suicide who was receiving services funded by CSA, as well as out-patient treatment funded by private insurance. There continues to be a high volume of SIRS received by CSA due to increased monitoring and oversight at all levels. UR staff have begun tracking data on types of incidents.

Item 1-5: Janet Bessmer gave the Proposed FY20 CPMT Meeting Schedule. The CPMT typically meets nine times per year on the fourth Friday of every month. Typically, the November and December meetings are combined to accommodate the holiday season, one meeting is held over the summer, and the March meeting may

be canceled to allow attendance at the CSA Symposium's CPMT Roundtable. Once per quarter the meeting includes the BHSOC Advisory Committee. Attendance by members is critical to maintain a quorum.

- **NOVACO — Private Provider Items: N/A**
- **CPMT Parent Representative Items: N/A**
- **Cities of Fairfax and Falls Church Items: N/A**
- **Public Comment: N/A**

A motion was made by Bob Bermingham and seconded by Chris Leonard to adjourn at 2:55 pm. The motion was approved by the committee of the whole.

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