

# GOING GREEN

## Symposium Bags

In prior years, bags were given to symposium participants. If you're like us, you probably have more bags than you know what to do with!

So this year we're bypassing the bags and asking participants to bring their own. Additionally, some providers will be handing out bags at their tables.



## Presentation Handouts

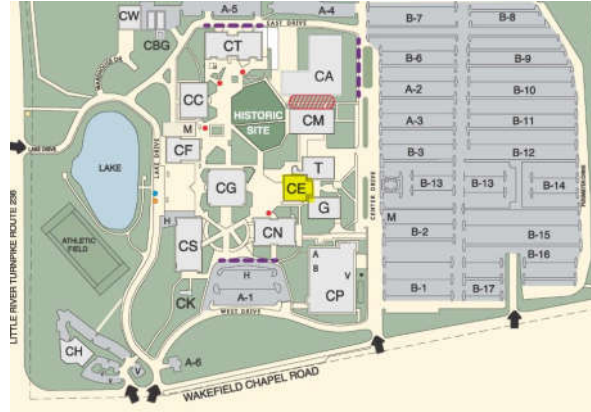
In an effort to care for our environment, we will be going paperless for the symposium. Available presentations and handouts will be posted on the symposium website.

[www.fairfaxcounty.gov/healthymindsfairfax/csa-symposium](http://www.fairfaxcounty.gov/healthymindsfairfax/csa-symposium)

## LOCATION

### Ernst Community Cultural Center

CE 202  
Northern Virginia Community College  
Annandale Campus  
8333 Little River Turnpike  
Annandale, Virginia 22003



## Directions

From the Beltway (I-495): Take exit 52-A, Little River Turnpike, west toward Fairfax. On Little River Turnpike make a left at the third traffic light, which is Wakefield Chapel Road. Once on Wakefield Chapel Road, the campus will be on your left.

## Parking

FREE Parking in ALL B lots  
(does not include garage parking)



# 19<sup>th</sup>

## Northern Virginia CSA Symposium & Provider Expo

Wednesday, March 11, 2020

*This symposium is presented by:*



# Our Presenters

**Jamie Bunch-Sanfilippo** completed her graduate work at the College of Santa Fe in Santa Fe, NM with a Masters in Community Counseling with a focus on Family Therapy with At-Risk Youth. She began working as an MST Therapist in 2002 and eventually transitioned into the role of MST Supervisor. In 2008, Jamie joined MST Services in the role of MST Expert.

**Lisa Hamp** is a survivor of the Virginia Tech shooting that took place in April 16, 2007. Lisa has a Bachelor's degree in Mathematics from Virginia Tech, a Masters degree in Operations Research from George Mason University, and a Masters degree in Economics from John Hopkins University. She is an advocate for trauma survivors.

**Sarah Hess** graduated with a Bachelors and Masters degree from Virginia Commonwealth University. She obtained her License in Clinical Social Worker in 2019 and joined United Methodist Family Services in 2014. She leads a team of Functional Family Therapy clinicians who use evidenced based practices to reduce recidivism rates for youth involved in the juvenile justice system and to prevent youth from experiencing an out of home placement.

**Charles Hunt** is a resilience expert, adjunct professor, and motivational speaker. Charles competed his graduate work at Portland State University with a Masters degree in Financial Analysis. As the founder of The Audacity Firm, LLC, his firm provides professional & personal development programs, coaching and events that equip clients to build and maintain hope, navigate trauma and adversity, and build the resilience to live, do, and be better.

**Scott Reiner** is the executive director at the Virginia Office of Children's Services (OCS). The OCS is the agency responsible for administering the Children's Services Act. As executive director, he is responsible for all aspects of agency operations including fiscal, programmatic and legislative activities. Throughout his career, Scott has focused on practice improvements leading to enhanced public safety and reduction of recidivism through application of research and evidence based approaches.

**Stephanie Wolf** is a licensed psychologist who earned her PhD in clinical psychology from Virginia Commonwealth University. During her doctoral training, She gained extensive therapy and assessment experience with her practicum placements at the Johns Hopkins Kennedy Krieger Family Center, working with children who experienced trauma, and at the Bon Air Juvenile Correctional Center, working with adolescent female offenders. She holds a Juris Doctor degree from the University of Maryland School of Law. She is licensed to practice law in both Maryland and Washington DC.

# AGENDA

## Welcome & Introductory Remarks

Janet Bessmer, Program Manager, Fairfax-Falls Church Children's Services Act, Location: Theater

## Update on the Family First Prevention Services Act and Its Impact on the Children's Services Act

**Speaker: Scott Reiner**

Virginia will be implementing changes brought on by the Family First Prevention Services Act starting July 1, 2020. What does this mean for the Children's Services Act? How will you be impacted by the changes? Mr. Reiner will provide an update about how Virginia is gearing up for the changes. **Location: Theater, 1st Floor**

## Morning Sessions

### Virginia Tech: A Survivor's Perspective

**Speaker: Lisa Hamp**

Lisa Hamp, a survivor of the Virginia Tech shooting that took place on April 16, 2007, will share her struggle with post-traumatic stress disorder, an eating disorder, and infertility to help others who may be struggling with mental health issues. She is an advocate for trauma survivors and provides concrete advice on finding your new "normal" after trauma. She will discuss the importance of self-care, the benefits of counseling, and share what you can do to help someone struggling with a mental health disorder. **Location: Theater, 1st Floor**

### Overview of Multisystemic Therapy

**Speaker: Jamie Bunch-Sanfilippo**

The Family First Prevention Services Act puts an emphasis on the use of evidence-based interventions. This session will provide an overview of Multisystemic Therapy - what makes it an evidence-based intervention and which populations are best served by MST. **Location: Forum, 2nd Floor**

This is a free event for case managers, FAPT members, CPMT representatives and families. The CSA Symposium is sponsored by contracted providers of services to at-risk youth. Attendees are encouraged to dress casually.

## Afternoon Sessions

### What Trauma Taught Me About Resilience

**Speaker: Charles Hunt**

Charles Hunt is a resilience expert, adjunct professor and motivational speaker. He will share incredible stories of resiliency, determination, and success from his journey. Raised on welfare in a drug house in the projects of Oakland, CA by a drug addicted mother, and having lost his father to murder at the age of 10, Charles seemed destined for a life of trauma and despair. His intense focus and drive has lifted him from poverty and debt to financial freedom, while fueling his life's purpose to use his mess as a message that helps, inspires and motivates others. **Location: Theater, 1st Floor**

### Overview of PCIT and FFT

**Speakers: Stephanie Wolf, PCIT**

**Sarah Hess, FFT**

This session continues the discussion on evidence-based treatments. In this 90 minute workshop, speakers will share with you the fundamentals of Parent-Child Interaction Therapy (PCIT) and Functional Family Therapy (FFT). You'll learn what makes each of these treatment an evidence-based intervention and what populations are best served by PCIT and FFT. **Location: Forum, 2nd Floor**

## The 19<sup>th</sup> Northern Virginia CSA Symposium & Provider Expo Event Schedule

8:30 a.m.	Registration, Breakfast & Provider Expo
9:30 a.m.	Welcome & Introductory Remarks
10:30 a.m.	Morning Sessions
12:00	Lunch & Provider Expo (CPMT Roundtable)
1:30	Afternoon Sessions