Memo to the CPMT February 22, 2019

Administrative Item A-1: Approve SFY 2020 Promoting Safe and Stable Families (PSSF) Funding Application

ISSUE

Approve SFY 2020 Promoting Safe and Stable Families (PSSF) Program Funding Renewal Application

BACKGROUND

The Promoting Safe and Stable Families (PSSF) program is designed to assist children and families resolve crises, connect with necessary and appropriate services, and remain safely together in their own homes whenever possible. The primary goals of the PSSF program are to:

- Prevent the unnecessary separation of children from their families;
- Improve the quality of care and services to children and their families; and
- Ensure permanency for children by reuniting them with their parents, or through adoption or by another permanent living arrangement.

PSSF Overview

- Promoting Safe and Stable Families (PSSF) is a federal grant that started in 1993 to support families through preventative services
- Fairfax has been receiving funding since 1996 and the renewal application is brought back to the CPMT for approval. To date, there have been 6 grant cycles:
 - o
 1996 1999
 o
 2010 2014

 o
 2000 2004
 o
 2015 2019

 o
 2005 2009
 o
 2020 2024 (application due March 22, 2019)
- To receive funding, states and localities are required to conduct a needs assessment that provides the basis for a five-year plan. In Virginia, Community Policy and Management Teams (CPMTs) were given responsibility for conducting the assessments, developing the plans and providing oversight and management of the PSSF funds.
- Receipt of funding is based upon the Virginia Department of Social Services' (VDSS) approval of community plans. Plans must be developed based on a comprehensive community-based needs assessment. The assessment is to be conducted by a work group consisting of public and private agencies, advocacy organizations, consumers and providers of services, prevention specialists and concerned individuals.
- Historically, Fairfax County's PSSF grant application utilizes the Community Health Assessment (CHA) conducted by the Partnership for a Healthier Fairfax (PFHF) as the community-based needs assessment.

Service Areas

Services provided by the PSSF program must be child -centered, family-focused; and community-based and used in three broad areas: (1) Family Support Services; (2) Family Preservation Services; & (3) Family Reunification Services. The Fairfax County programs/service which were funded in each of the three areas were: Parenting Education Programs; Neighborhood Networks; and reunification assistance.

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RECOMMENDATIONS

Approve the SFY 2020-2024 Promoting Safe and Stable Families (PSSF) program funding application for the continuation of the following services:

- Parenting Education Programs (Family Support Services)
- Neighborhood Networks (Family Preservation Services)
- Reunification assistance (Family Reunification Services)

INTERNAL CONTROL IMPACT

None

FISCAL IMPACT

- Total PSSF Budget Request = \$427,631.00
- Local Cash Match (15.5%) = \$66,283.00

ATTACHMENT

PSSF Budget Summary PSSF Outcomes Data (not in packet)

STAFF

- Janet Bessmer CSA
- Jesse Ellis NCS
- Allison Lowry DFS
- Twana Johnson DFS

Form 5:

PSSF Budget Summary

This form was updated on 11/15/18. The updates include added lines for local cash match, total PSSF budget, and signature lines.

SFY 2020

Locality: Fairfax/Falls Church

| Budg | et Line 855 – Sta | ff & Operations | - (Complete, If App | licable) |
|--|--|-----------------------------------|--|---------------------------|
| Staff & Operations Costs: Includes Direct Personnel Costs provided by the LDSS and Indirect Operations Costs incurred by the LDSS, previously called Administrative Costs. These costs can only be claimed by the LDSS. Vendor personnel costs are claimed under Budget Line 866. | | Family Support & Preservation | rt Family | NO ENTRIES ALLOWED |
| Direct Costs (Staff and fringe benefits) (Lump sum of all program related personnel costs) | | \$321,698 | \$64,144 | |
| Indirect Costs - Do these cost by program to sum of all costs as illus Rent & Utilities (non-cu Postage, Printing, Tele and Equipment & Supp to 8% | ype. (Lump trated: Office lient services), phone & Fax, | | | |
| | Budget Line | 866 – Vendor l | Purchased Services | |
| Vendors (List each service provider) | Family Support (86601) | Family Preservation (86602) | Family Reunification (86605) | Adoption - (*) (86606) |
| Fairfax County Public Schools Intergovernmental Transfer _ PLFE, Family &School Partnerships | \$10,000 | | | |
| | D I (I' O | | | |
| Housing or Other | Budget Line 80 | | nt Related Purchases \$25,000 | |
| Housing or Other Material Assistance Transportation | | \$3,200 | \$25,000 | |
| Other (Explain) Language Translations | \$1,794 | \$1,795 | | |
| SOURCE OF FUNDING | AMOUNT REQUESTED | | | |
| Federal/State Share (84.5%) | \$361,348.00 | | oend a minimum of 20% of ort, 20% on Preservation | |

FIPS: 059-600-610

| Local Cash Match (15.5%) | \$66,283.00 | Reunification. Because funds are allocated to Adoption programs at the home office level, | |
|--------------------------|--------------|--|--|
| Total PSSF Budget | \$427,631.00 | localities are not required to spend 20% on adoption promotion and support. | |

Tisha Deeghan

CPMT Chair (printed/type)

CPMT Chair (signature)

Date

Nannette M. Bowler

LDSS Director (printed/type)

LDSS Director (signature)

Date

MEMO TO THE CPMT February 22, 2019

Administrative Item A- 2: Endorse Request to Expand Short-Term Behavioral Health Services (STBHS) in FY 2019

ISSUE:

Endorse Expansion of Short-Term Behavioral Health Services in FY 2019

BACKGROUND:

In response to an inquiry from CSB Executive Director Daryl Washington about the possibility of expanding STBH county-wide this fiscal year if CSB funds were available to support it, Healthy Minds Fairfax staff assessed that a county-wide expansion is not feasible this fiscal year for two reasons:

- 1. HMF staff doesn't have the capacity to train the scores of school psychologists and social workers who would need to make STBH referrals, and many of them probably won't have the time late in the school year to be trained and take on making referrals.
- 2. STBHS doesn't yet have enough providers to handle the volume of referrals that may come, and in a few areas of the county we are especially short of providers.

HMF staff believes, however, that a significant STBHS expansion can be achieved this year. The following proposal was submitted to the Children's Behavioral Health Collaborative Management Team:

- Expand STBH to the five high schools currently served by Project Aware (a school-based mental health initiative funded by FCPS through a federal grant), the five middle schools that feed those high schools and five high need elementary schools in those pyramids. The Project Aware grant goes away after this school year, and FCPS believes there is a great need for continued enhanced therapeutic services. As the school year winds down the Project Aware therapists in those high schools will be unable to initiate treatment services because they will be leaving. In the five Project Aware pyramids the school staff have been trained in mental health issues and will be better prepared to begin making referrals quickly than in other schools.
- 2. Open STBH services to all children and youth seen by CSB Entry who either do not meet priority population guidelines or must be placed on a monitoring list.

It is possible that FCPS may identify some schools with higher needs than those listed above. In that case they may be substituted, at no additional cost.

On February 11 the Children's Behavioral Health Collaborative Management Team reviewed and recommended expanding STBHS to fifteen new schools, and opening to county-wide referrals through CSB Intake in FY 2019, contingent on CSB funding.

RECOMMENDATION:

Endorse Expansion of Short-Term Behavioral Health Services in FY 2019

FISCAL IMPACT: Expansion to 15 new schools:

5 High Schools (Project Aware: Fairfax, West Potomac, Centerville, South Lakes & Falls Church)

5 Middle Schools that feed the high schools

5 Elementary schools in the same pyramid that have the highest need

15 schools x 7 youth per school = 105 students

105 students x 8 hours/sessions per student = 840 hours of service

840 hours x \$100/hour = \$84,000 total for FY 2019

Open STBH to all children and youth seen by CSB Entry:

25 youth X 8 hours/sessions per youth = 200 hours of service

200 hours X \$100/hour - \$20,000 total for FY 2019

Total FY 2019 Request: \$104,000

If STBH services are expanded to 15 schools late in FY 19, it would be advisable to continue them at least through SY 20, to benefit from the school staff training that will take place late in SY19, and to provide for service continuation after Project Aware ends. The availability of HMF funds to support expansion in FY 20 is largely dependent on how the program fares in the county budget process.

INTERNAL CONTROL IMPACT: None

ATTACHMENTS: None

<u>STAFF</u>: Jim Gillespie, HMF Peter Steinberg, CBHC MEMO TO THE CPMT February 22, 2019

Administrative Item A- 3: Approve Extending Healthy Minds Fairfax Blueprint to 2020 and a Timeline for Considering Revisions

ISSUE:

Approve Extending Healthy Minds Fairfax Blueprint to 2020 and a Timeline for Considering Revisions

BACKGROUND:

The Fairfax-Falls Church Children's Behavioral Health System of Care Blueprint was originally approved by CPMT on March 4, 2016, and most recently revised on September 29, 2017. Target dates for completing most remaining Blueprint strategies are in Calendar Year 2019, but some are unlikely to be completed by then. In addition, the Healthy Minds Fairfax Behavioral Health Integration Plan, endorsed by CPMT on June 22, 2018, contains strategies with target dates through Calendar Year 2020. It is proposed that the Blueprint be revised and updated, with target dates through Calendar Year 2020 as necessary, according to the schedule presented below:

- 1. May 15: Healthy Minds Fairfax staff, in consultation with the Blueprint work groups, reviews the Blueprint and proposes revisions as necessary.
- 2. May 20: The Children's Behavioral Health Collaborative (CBHC) Management Team conducts an initial review of the proposed revisions.
- 3. June 17: The CBHC Management Team completes review and recommends proposed revisions to CPMT.
- 4. June 28: The CPMT conducts an initial review of the proposed revisions.
- 5. July or August: The CPMT completes review and approves revisions.

In Calendar Year 2019 the CPMT will be presented with a proposed Healthy Minds Fairfax children's behavioral health community planning process for 2021 and beyond.

RECOMMENDATION:

Approve Extending Healthy Minds Fairfax Blueprint to 2020 and a Timeline for Considering Revisions

FISCAL IMPACT:

None

INTERNAL CONTROL IMPACT: None

None

ATTACHMENTS:

Children's Behavioral Health System of Care Blueprint (link) Healthy Minds Fairfax Behavioral Health Integration Plan (link)

STAFF:

Jim Gillespie, HMF Peter Steinberg, CBHC