

FAIRFAX-FALLS CHURCH COMMUNITY

POLICY AND MANAGEMENT TEAM

CPMT Minutes 2-23-2018

CPMT Members

Attendees: Louise Armitage, Robert Bermingham, Tisha Deeghan (Chair), Deb Evans, Elizabeth Germer, Kelly Henderson, Chris Leonard, Lee Ann Pender (Acting Director DAHS), Nancy Vincent.

Absent: Gloria Addo-Ayensu, MD; Staci Jones Alexander, Nannette Bowler, Katherine Caffrey, Jessie Georges, Teresa Johnson, Rick Leichtweis, MaryAnn Panarelli, Jane Strong

SOC Attendees: Jim Gillespie, Desiree Gordon, Betty Petersilia, Jesse Ellis, Karla Bruce

CSA Management Team: Barbara Martinez, John Simmons, Yin Jia, Kamonya Omatete, Adam Cahuantzi, Jessica Jackson, Cyndi Barker, Mary Jo Davis, Matt Thompson

Stakeholders and CSA Program Staff Present: Janet Bessmer, Suzette Reynolds, Kim Jensen, Hilda Calvo, Chris Metzbower, Kristina Kallini, Sarah Young

1. **MINUTES:** A motion was made by Chris Leonard and seconded by Bob Bermingham to Approve the January 19th meeting minutes. The motion was approved by the committee of the whole.

2. **ITEMS:**

- **Healthy Minds Fairfax Information Items:**

Item — 1: Jim Gillespie and Betty Petersilia gave the Quarterly Blueprint Update. The number of calls and texts received by PRS CrisisLink have steadily risen since the beginning of FY 2017 and have significantly increased in the first half of FY 2018. Data is derived from quarterly reports submitted to the CSB from PRS CrisisLink, per their contract with the County. Calls and texts surge whenever there is a major communications effort to promote the hotline and textline (e.g., new promotional campaign, FCPS email blast); changes quarter-to-quarter likely reflect the reach of given campaigns in a quarter. The recent increase reflects a national trend attributed to the popularity of the Logic song "1-800-273-8255." (Calls to the national hotline, when made locally, are routed to PRS CrisisLink.). The evidence-based suicide prevention training is scheduled for March 16, 2018 and is expected to reach 100 behavioral health providers. Additional offerings will be made available after behavioral health providers complete train-the-trainer programs. The trauma-informed EBP training has not yet been scheduled, but is anticipated for delivery in May, 2018. The training is expected to reach 100 behavioral health providers, with a core group of 60 proceeding to an advanced practice group for supervision and consultation. Parent survey responses were collected via telephone. Provider responses were collected from provider's discharge summary. Examining ways to increase parent survey responses. Youth with improved behavioral health functioning will also include measures from pro-bono outpatient therapy services after the program launches.

Item - 2: Jim Gillespie gave the Family Support Partner Project report. The purpose of the Parent Support Partner Project is to increase family involvement and engagement within the mental health treatment process and to equip parents with the skills necessary to address the challenges of raising a youth with special needs thus improving outcomes for children and youth with SED. Parent support parents are parents or caregivers of children who live with behavioral health issues, use their own experiences to help other families with similar experiences, and to receive on-going training to help support youth and families and are active members of the team. Parent Support Partners are typically used to enhance the therapeutic process of the clinician or case manager by working directly with caregivers to expand, enhance and increase skills. They provide peer delivered support to parents of youth with SED, facilitate access to services, assist with systems navigation, and teach skills to effectively manage the day-to-day challenges of raising youth with SED. The benefit of the Parent Support Partner service is to improve health and mental health Outcomes, Satisfaction with services, increased engagement, increased retention in treatment, decreased caregiver stress, and increased family and youth involvement.

Contracts Items:

Item C — 1a: A motion was made by Bob Bermingham and seconded by Daryl Washington to approve a Child Specific Request for Youth Care Treatment Center in Draper, Utah. The motion was approved by the committee of the whole.

Item C — 1b: A motion was made by Bob Bermingham and seconded by LeeAnn Pender to approve a Child Specific Request for Kempsville Center for Behavioral Health in Norfolk, Virginia. The motion was approved by the committee of the whole.

• **CSA Information Items:**

Item I —3: Janet Bessmer gave the Legislative Update. Limit Expenditure Growth in CSA Services. This amendment reduces \$3.8 million the first year and \$10.3 million the second year from the general fund to reflect a lower rate of spending growth for private day special education rates. The language provides that rates paid by localities for these services shall not exceed two percent per year. This limit is temporary until the rate study included in the introduced budget is complete. The rates for private day education services have been increasing rapidly in recent years, which has resulted in an increase in funding need for the Children's Services Act. SB 205: Pilot Program to Use CSA Funds for Public Day Programs. This amendment provides authority to allow the state pool of funds under the Children's Services Act be made available to serve children and youth who transfer from an approved private school educational program to a public school special education program in a school division located within Planning District 16 for the purpose of providing special education services in a public day program. CSA Use of Evidence-based Services & Trauma Informed Care. This amendment adds language to require the Office of Children's Services to work with the Department of Medical Assistance Services and the Department of Behavioral Health and Developmental Services to transform the Children's Services Act (CSA) system of care for Workgroup for Outcome Measures for Private Day Placements. This amendment directs the Office of Children's Services along with the Department of Education to facilitate a workgroup with stakeholders to develop outcome measures to assess students' progress in private day placements. A report with recommendations shall be submitted by November 1, 2018. Youth for Tomorrow. This amendment adds \$100,000 each year from the general fund for Youth for Tomorrow. Language specifies

the services to be required in the contract with the organization and requires monthly progress reports and an annual report that details program services, outputs and outcomes. Emphasize community services that are evidence-based and trauma informed.

Item I — 4: Tisha Deegan gave the Human Services Resource Plan and Budget report. The Health and Human Services Resource Plan is a planning tool to help guide Health and Human Services (HHS) budgetary decisions. As part of the Fairfax County Board of Supervisors' Budget Guidance for FY 2018 and FY 2019, HHS staff were directed to identify priority funding items that could complement efforts to address needs identified in our community. Resource Plan should: Recognize that the county will be fiscally constrained during this period, consider the priorities already established by the Board of Supervisors and the HHS System, Be flexible enough to respond to changing priorities, the impact of changes in programming and county demographics, and shifts in federal funding. The Resource Plan is aligned with the 2016 Human Services Needs Assessment report which highlights the significant and broadening challenges many Fairfax County residents currently face. The assessment was developed using feedback from the community, survey data, and information from Fairfax County programs and services. The report will be updated in 2019.

Item I —5: Janet Bessmer gave the Update on CSA Audit Self-Assessment Process. Some of the issues identified are: Vacancy in the parent representative position for one FAPT, Alignment of the parental contribution collections process with the state policy, increasing staff awareness to mechanisms for reporting suspected fraud through newsletter articles, training, and notices on Service Summaries, and Updating the Quality Assurance Plan for additional monitoring of eligibility and compliance.

Item I —6: Kim Jensen and Sarah Young gave the Monthly Residential Entry Report. Three youth entered long-term residential settings in January. All of the youth had actionable CANS scores in Adjustment to Trauma, Oppositional, Anxiety, and Depression, One youth had an actionable CANS score in substance use, One youth was identified as being a victim of human trafficking, and one youth was identified as likely being gang involved and at high risk for trafficking, Only one of the three youth remain in RTC, There appears to be a gap in serving Spanish-speaking youth in residential facilities due to a lack of Spanish-speaking staff. Some facilities will not admit youth whose primary language is Spanish; others will admit, but rely on telephonic interpreters, reducing the effectiveness of treatment. In January of 2018, 17 youth/family meetings were held with the two standing FAPT teams. Of those 17 meetings: 9 referrals were from FC&A, 7 referrals were from CSB and 1 was from JDRDC, 5 were requests for initial placements, 3 of which had plans developed for a Residential Treatment Center, and 2 community based services. In January, 17 IACCT Inquiry Forms were received: 13 have been submitted to Magellan, of the 4 not submitted: 3 do not have active Medicaid yet, 1 left placement prior to becoming Medicaid-eligible, Of the 13 submitted: 5 have been labeled "in process" by Magellan, 4 have status unable to be verified by Magellan, 2 have been completed and certified by Magellan, 1 request was "discharged from process" by Magellan due to youth being on runaway status, 1 request was withdrawn due to FAPT not supporting placement.

Item I —7: Yin Jia gave the Budget Report. Pooled expenditures through December 2017 equal \$13.3 million for 839 youth. This amount is a decrease from December of last year of approximately \$1.6 million or 10.97%. Pooled expenditures through Deember 2016 equal \$15.0 million for 1047 youth.

NOVACO — Private Provider Items: N/A

CPMT Parent Representative Items: N/A

Cities of Fairfax and Falls Church Items: Elizabeth Germer announced that she was retiring at the end of March and everyone congratulated her.

Public Comment: N/A

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