

FAIRFAX-FALLS CHURCH COMMUNITY

POLICY AND MANAGEMENT TEAM

CPMT Minutes 7-26-2019

Attendees: Gloria Addo-Ayensu, MD, Robert Bermingham, Nannette Bowler, Tisha Deeghan (Chair), Kelly Henderson, Teresa Johnson, Chris Leonard, Deborah Scott, Nancy Vincent, Daryl Washington.

Absent: Lesley Abashian, Staci Jones Alexander, Deb Evans, Michael Lane, Rick Leichtweis, Rebecca Sharp, and Jane Strong.

SOC Attendees: Jim Gillespie, Desiree Gordon, Peter Steinberg, and Tracy Davis, Jess Ellis

CSA Management Team: Cindy Barker, Kamonya Omatete, Barbara Martinez, Jessica Jackson, Adam Cahuantzi, Oriane Erickson, Sheila Donaldson

Stakeholders and CSA Program Staff Present: Chris Metzbower, Kim Jensen, Sarah Young

MINUTES: A motion was made by: Bob Bermingham and seconded by Teresa Johnson to approve the minutes of the June 28, 2019 meeting. The motion was approved by the committee of the whole.

1. ITEMS:

CSA Administrative Item:

Item A — 1: A motion was made by Chris Leonard and seconded by Daryl Washington to approve the Nomination of Parent Representatives to the BOS. The motion was approved by the committee of the whole.

Item A —2: A motion was made by Daryl Washington and seconded by Teresa Johnson to Approve Revisions to the Parental Contribution Policy. The motion was approved by the committee of the whole.

Item A —3: A motion was made by Chris Leonard and seconded by Daryl Washington to Approve FY20 Annual Training Plan. The motion was approved by the committee of the whole.

• CSA Contracts:

Item C — 1a: A motion was made by Daryl Washington and seconded by Teresa Johnson to approve a Child Specific contract for Detroit Behavioral Institute. The motion was approved by the committee with 1 abstention.

Item C — 1b: A motion was made by Bob Bermingham and seconded by Daryl Washington to approve a Child Specific contract for Veritas Collaborative.

The motion was approved by the committee of the whole.

- **CSA Information Items:**

Item I — 1: Yin Jia gave the CSA Budget Report. Pooled expenditures through May 2019 equal \$28.6M for 1,113 youth. This amount is a decrease from May last year of approximately \$0.6M, or 2.07%. Pooled expenditures through May 2018 equal \$29.2M for 1,132 youth.

Item I — 2: Kim Jensen and Barbara Martinez gave the Serious Incident Quarterly Report. New referrals to the residential facility that was conducting pat downs of youth has resumed following review. CSA received a call from a FCPS Supervisor reporting an incident regarding a youth who self-harmed and required medical attention. Report indicated that a home-based worker had been at the house the same evening of the incident, and during that time, the youth reported to the counselor that she had self-harmed previously in the week and that she had a razor in her room. A UR analyst identified contractual issues and clinical concerns with an out-of-state residential facility. Contractual issues included failure to implement a crisis safety plan; failure to submit SIRS; and failure to include required elements in the SIRS.

Item I — 3: Kim Jensen and Sarah Young gave the Quarterly Residential Entry Report. Eleven youth entered long term residential settings in April (4), May (4), and June (3). Across the 11 youth, the most frequently identified "Actionable" needs on the CANS were as follows: Impulse/Hyper-10, Anxiety-9, Adjustment to Trauma-9, Oppositional-9, Anger Control-9, Other Self-Harm-8, and Danger to Others-7. Having autism in the IEP has resulted in denials due to residential facilities not having the proper licensure to educate; at the same time, facilities that specialize in treating youth with autism are at times unable to manage youth with high levels of aggression. 16 new requests for placement were heard: 2 of these youth had community-based plans developed in lieu of a plan for placement out of the home; the rest developed plans for RTC or GH placement, 5 youth had been placed prior to the FAPT meeting; 4 were placed by FC&A and 1 was a parent placement, 10 of these youth were actively receiving community-based services at the time of the FAPT referral, including 2 who were active with ICC, 22 requests for extensions of existing placements were heard, 21 of whom received an extension of anywhere from 2 weeks to 3 months, 1 youth had a plan for community-based services developed in lieu of an RTC extension; her discharge was on track for the coming weekend and she returned home at that time. There were two requested appeals held during this quarter: One family appealed their child's eligibility determination of non-mandated and the CPMT panel found the child eligible and one family appealed the community-based plan and the CPMT panel supported the family's request for the youth's out-of-home placement.

Item I — 4: A motion was made by Bob Bermingham and seconded by Teresa Johnson to approve the Review Proposed CSA Topic for Data

Analytics Fellowship Academy. The motion was approved by the committee of the whole.

Item I — 5: Certificates of Appreciation were presented to Nannette Bowler and Kelly Henderson who are departing CPMT Members in Recognition of their Service.

- **HMF Administrative Item:**

Item A —4: A motion was made by Bob Bermingham and seconded by Chris Leonard to Endorse Expansion of Multicultural Services. The motion was approved by the committee of the whole.

- **HMF Information Item:**

Item I — 6: Peter Steinberg gave the Proposed Children's Behavioral Health Blueprint Revisions. A protocol for monitoring system-wide Implementation of principles, practice standards, policies and procedures will be implemented. An initiative to partner with insurance companies to support the ability of families to use their benefits for behavioral health care will be implemented. A review of existing services for opportunities to increase the use of Medicaid funding will be completed. A community plan to support the ability of families to use their insurance benefits to access behavioral health care will be developed. Training sessions for families and providers on these topics will be held at least annually: community resources; accessing services through insurance; evidence-based treatments; ICC/high fidelity wraparound; and the CANS. Training sessions for new public agency child-serving staff on these topics will be held at least three times a year: community resources; accessing services through insurance; evidence-based treatments; and ICC/high fidelity wraparound. Publish a clear overview of the FCPS suicide postvention protocol. By the end of August 2019, a list of medical professionals who have received intensive training through the REACH Institute in how to assess, identify, and treat behavioral health problems that their patients are experiencing. A list of behavioral health providers who have received training in Evidenced-Based treatments through the Fairfax Consortium for Evidenced-Based Practice. Please see the handout for further information.

- **NOVACO — Private Provider Items: N/A**
- **CPMT Parent Representative Items: N/A**
- **Cities of Fairfax and Falls Church Items: N/A**
- **Public Comment: N/A**

A motion was made by Daryl Washington and seconded by Teresa Johnson to adjourn at 2:45pm. The motion was approved by the committee of the whole.