

MEMO TO THE CPMT  
July 26, 2019

CONTRACT ITEM C1-Child Specific Contract Request for Detroit Behavioral Institute

ISSUE: The Department of Family Services Foster Care and Adoption (DFS-FC&A) requests CPMT approval of a child specific Agreement for the Purchase of Services (APOS) for residential treatment with Detroit Behavioral Institute for Harmony #142912.

RECOMMENDATION: The CSA MT forwards the request to the CPMT for approval of a child specific APOS for residential treatment with Detroit Behavioral Institute for Harmony #142912.

PROVIDER:

Detroit Behavioral Institute  
3500 John Road  
Detroit, MI 48205  
313-831-3500

MEDICAID ENROLLMENT: Detroit Behavioral Institute is a not a Virginia Medicaid enrolled provider.

LICENSE/ACCREDITATION: Detroit Behavioral Institute is a licensed provider of residential services by the State of Michigan Department of Health and Human Services.

INSURANCE STATUS: Detroit Behavioral Institute is appropriately insured in accordance with Fairfax County standards.

PROGRAM DESCRIPTION (from the case worker):

Detroit Behavioral Institute — Capstone Academy (DBI-CA) was established in 2004 and designed to serve one or more emerging populations in need of varying modalities of treatment. The treatment modality is a life-long commitment to personal growth and development in order to acquire and maintain a healthy lifestyle. The goal is the program is to provide a holistic, therapeutic social environment that promotes the utilization of evidence-based treatment practices and to teach socially appropriate behaviors to residents. When practiced consistently, these learned behaviors will assist in preparing young men for their future, therefore improving the chances of their successful return to the community, and adaption to a healthy and safe lifestyle. Detroit Behavioral Institute- Capstone Academy (DBI-CA) is a secure, residential, mental health treatment facility.

DBI-CA provides therapeutic interventions to youth between the ages of 12 — 18 in a structured setting. The target population for youth accepted into this program is girls between the ages of 12 to 18 with a mental health diagnosis, minimum IQ of 70 and a secure environment. The girls who are placed at DBI with behavioral challenges which have been influenced by their familial and social environments. Issues may include truancy from home and/or school, neglect, trauma

from physical and/or sexual abuse victimization, alcohol and/or other drug usage, and a host of serious emotional disturbances. The youth may present with self-destructive behaviors such as participation in illegal activity, self-mutilation, suicidal attempts, alcohol and/or drug use, physical and verbal aggression, and promiscuous behaviors. Many of the young women have had previous unsuccessful residential/community-based interventions, perhaps contributing to a feeling of hopelessness or failure.

DBI provides comprehensive clinical services such as Cognitive Behavior Therapy, Dialectical Behavior Therapy, and Behavior Modifications. DBI provides the following therapy services: Individual/family therapy, clinical group therapy, life skills therapy, sexual aggression and psychiatric services, recreational group therapy and trauma group therapy.

OTHER CONTRACTED PROVIDERS CONSIDERED:

All clinically appropriate providers currently under open contract were considered and none were available or deemed appropriate by the case manager based on the youths' diagnosis and presenting behaviors.

<b>In-State Facilities</b>				
<b>Provider Name</b>	<b>Telephone Contact Date</b>	<b>Application Submitted Date</b>	<b>Reason for denial or why determined inappropriate</b>	<b>Accepted/ Denied Admission</b>
Barry Robinson			Not sending new referrals at this time	
Bridges Hospital (Centra HealthSystems)	7/9/18 1/7/19	<b>6/19</b>	Not accepted: Aggression	Denied
Childhelp Inc.			Youth over the age they accept	Denied
Cumberland Hospital, (PsychiatricSolutions Inc.)	7/17/18 1/19	<b>6/19</b>	Aggression	Denied
Discovery School — <b>Boys (Discovery School of VA)</b>			<b>(BOYS ONLY)</b>	
Discovery School — <b>Girls (GIRLS ONLY)</b>			Not appropriate for level of supervision	
Fairwinds (Ed Murphy & Assoc.)			Does not accept the youths age	Denied
Grafton School	2/12/19	6/19	Aggression. Won't accept in program	Denied
Hallmark YouthCare IncInc.	7/10/18 1/8/19 2/25/19		Aggression.	Denied
Jackson Field Homes			Received treatment at the facility from 7/18-12/18-	

			discharged from the facility due to the aggression and multiple psychiatric hospitalizations	
Liberty Point			n/a	
Newport News			Not accepted/ Aggression	Denied
Harbor Point	6/19		Not accepted: aggression	Denied
Riverside Behavioral Health Center			Received treatment from the facility. She was discharged due to aggression and assaulting a nurse.	Placed 6/25/18 Will not accept her back
Kempville	1/18/19		Not accepted - aggression 7/17/18	Denied
Youth for Tomorrow — New Life Center, Inc.			Youth was at the facility for 4 days. She was discharged because YFT said she Needed a higher level of care/supervision	Placed on January 23rd Discharged 2/11/19
UMFS	7/11/18 2/11/19	6/19	Denied multiple— hospitalizations Aggression and	Denied
Southstone	3/19		Youth was at the facility for 2 days. She was discharged due to aggression.	Placed in March 22, 2019. Discharged March 24, 2019

Prior to considering non-contracted providers located outside of Virginia, the following out of state providers that accept Virginia Medicaid were considered.

<b>Out of State—Virginia Medicaid Participants (also requiring CPMT approval)</b>				
<b>Provider Name</b>	<b>Telephone Contact</b>	<b>Application Submitted</b>	<b>Reason for denial or why determined inappropriate</b>	<b>Accepted/ Denied Admission</b>
Devereux Foundation		6/19	Denied due to her aggression	Denied
Mountain Youth Academy		6/19	Denied due to her aggression	Denied
New Hope (South Carolina)		7/11/18, 1/18/19, 2/19/19	Denied due to continued aggression	Denied

FISCAL IMPACT:

Daily Rate:

Room & Board- \$ 144.00 /Bed day

Residential Daily Supervision: \$221.00/ Bed day

Residential Supplemental Therapies: \$115.00/ Bed day

Estimated total cost for 3 months of Residential Services: \$43,200

Education: \$120.00/day

Estimated total cost for 3 months of Education Services: \$7,200.00

Estimated total cost for 3 months of Residential and Education Services combined: \$ 50,400

STAFF:

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