

FAIRFAX-FALLS CHURCH COMMUNITY

POLICY AND MANAGEMENT TEAM

CPMT Minutes 5-31-19

Attendees: Lesley Abashian, Gloria Addo-Ayensu, MD, Staci Jones Alexander, Robert Bermingham, Kelly Henderson, Teresa Johnson, Rick Leichtweis, Chris Leonard, MaryAnn Panarelli, Jane Strong, Nancy Vincent, Daryl Washington.

Absent: Nannette Bowler, Katherine Caffrey, Tisha Deeghan (Chair), Deb Evans, Jessie Georges, Michael Lane, Rebecca Sharp, and Terri Williams.

SOC Attendees: Jim Gillespie, Desiree Gordon, Peter Steinberg, and Tracy Davis

CSA Management Team: Cindy Barker, Kamonya Omatete, Barbara Martinez, Jessica Jackson

Stakeholders and CSA Program Staff Present: Janet Bessmer, Patricia Arriaza, Kristina Kallini, Lisa Morton, Kim Jensen, Hilda Calvo, Sarah Young

MINUTES: A motion was made by: Lesley Abashian and seconded by Teresa Johnson to approve the minutes of the April 26, 2019 meeting. The motion was approved by the committee of the whole.

ITEMS:

- **CSA Administrative Items:**

Item A —1: A motion was made by Chris Leonard and seconded by Bob Bermingham to Approve the CPMT FY 20 Calendar of Meetings. The motion was approved by the committee of the whole.

- **CSA Contracts:**

Item C-1: A motion was made by Bob Bermingham and seconded by Mariann Panarelli for Approval of New Providers. The motion was approved by the committee of the whole.

Item C-2: A motion was made by Jane Strong and Seconded by Lesley Abashian for Approval of Contract Language Changes and Amendment. The motion was approved by the committee of the whole.

CSA Information Items:

Item I — 1: Yin Jia gave the CSA Budget Report. Pooled expenditures through March 2019 equal \$21.5M for 993 youth. This amount is a decrease from March last year of approximately \$1.1M, or 4.86%. Pooled expenditures through March 2018 equal

\$22.6M for 1,023 youth. The number of youth served is unduplicated within individual categories, but not across categories. Expenditure claims are submitted to the State Office of Children's Services (OCS) through March.

Item I —2: Sarah Young, Jessica Jackson, and Kristina Kallini gave a Review of the Residential Site Visit Process and Criteria. All Out of State Residential Treatment Center and Group Home contracts MUST be approved by the CSA MT and CPMT. Two important legal considerations are relevant for CSA contracting: §2.2-4345.A.14 specifies that under the Virginia Public Procurement Act, public bodies entering into contracts for purchasing services under the Children's Services Act "for goods or personal services for direct use by the recipients of such programs if the procurement is made for an individual recipient" may be considered as exempt from the requirements for competitive sealed bidding or competitive negotiation. The Appropriation Act specifies that state pool funds shall not be spent for any service that can be funded through Medicaid for Medicaid-eligible children except when Medicaid-funded services are unavailable or inappropriate for meeting the needs of the child. "Tier I Providers Are approved as "open access," or "In-Network Providers," are listed on the CSA Provider Directory and are accessible by CSA Case Managers for purchases on behalf of CSA eligible clients. Case Managers are responsible for meeting CSA requirements including but not limited to acquiring authorization, submitting encumbrances, and Utilization Management. Tier II Providers Are approved as restricted access and are not listed on the CSA Provider Directory. They are accessible on a Child Specific basis. The providers have a signed contract in place and all required documentation is current. CSA Case Managers and Team-Based Planning Teams may access these providers after additional review and approval by the CSA Management Team. Case Managers are responsible for acquiring FAPT authorization, submitting the Contract Request for Out of Network Provider Form to the CSA Contracts Management Team and submitting encumbrances once approval is given by the CSA Management Team. Tier III Providers are Residential Treatment Center and Group Homes located outside of the State of Virginia. They are not approved as an approved In-Network and Approved Out-of-Network Provider and are not listed on the CSA Provider Directory. These providers do not have a signed contract in place and Contracts & Procurement Management must gather and review all required documentation. CSA Case Managers and Team-Based Planning Teams may access these providers after additional review and approval by the CSA Management Team and CPMT approval. Case Managers are responsible for acquiring FAPT authorization, submitting the Contract Request for Out-of-Network Provider Form and the RTC or Group Home attachment to the CSA Contracts Management Team and submitting encumbrances once approval is given by the CSA Management Team. Members of the Family Assessment and Planning Team used a workgroup process to review national best practice from the SAMHSA-endorsed Building Bridges Initiative and prepare a site visit process and criteria for qualitative reviews of current and prospective residential providers. The CSA Management Team approves this process as a means for obtaining information about providers for decision-making and as part of contract monitoring. In addition, it is hoped that as the Commonwealth moves to adopt requirements from the Family First Prevention Services Act for Qualified Residential Treatment Facilities, these efforts will be supported by state-wide standards and quality improvement initiatives.

- **HMF Administrative Items:**

Item A —2: A motion was made by Bob Bermingham and seconded by Nancy Vincent to Endorse expenditure of funds for evaluation of HMF programs and services. The motion was approved by the committee of the whole.

HMF Information Items:

Item I — 3: Jim Gillespie gave the FY 2020 County Budget Requests.

Multicultural Mental Health Services \$130,000 an increase of \$130,000 is included to expand contracted multicultural mental health services for youth. This funding is part of the Healthy Minds Fairfax initiative aimed at improving access to behavioral health services for children, youth and families. **Mental Health Crisis Response**

Services for Youth \$100,000 an increase of \$100,000 is included to expand contracted mental health crisis response services in order to increase the number of youth served. This funding is part of the Healthy Minds Fairfax initiative aimed at improving access to behavioral health services for children, youth and families.

Psychiatric Consultation Program \$100,000 an increase of \$100,000 is included to implement a contracted Psychiatric Consultation Program for pediatricians and family doctors who treat children with behavioral health issues and are in need of psychiatric services, in order to assist the physicians with making accurate diagnoses and appropriate use of medications. This funding is part of the Healthy Minds Fairfax initiative aimed at improving access to behavioral health services for children, youth and families.

Children's Services Act (CSA) Service Quality monitoring \$83,936 An increase of \$83,936 and 1/1.0 FTE position is included to support the CSA provider evaluation process and enhance the ability to monitor the quality and effectiveness of purchased behavioral health services. It should be noted that \$39,373 in Fringe Benefits funding is included in Agency 89, Employee Benefits.

- **Item I — 4: Peter Steinberg gave the Blueprint Quarterly Report.** As of March 31, Short-Term Behavioral Health Services (STBHS) has already served 156 youth, compared to 130 for all of last year. STBHS has been expanded to 15 additional schools and now accepts referrals from the CSB. The PRS CrisisText Connect program engaged in 1815 text conversations with 1582 unique individuals in FY18, a 41% increase over the prior year. Funding was approved in the county and HMF budgets for FY 2020 to expand CRS mobile response services by 20%. Healthy Minds Fairfax received an additional \$130,000 in the County budget to expand multicultural mental health services to youth. The Underserved Population workgroup is looking at proposals to expand services and will present these proposals for approval in the summer 2019. Three quarters through the fiscal year 116% more families (119 versus 55) have been served with Parent Support Partners than in all of FY18. Short-Term Behavioral Health Services purchased the services of an organization specializing in maximizing the response rate to parent satisfaction surveys, and thus far 15 surveys have been completed, mostly by Spanish-speaking families. A new youth peer support group was started in February 2019 with a broadened target population and an accompanying parent support group. Little progress has been made on including youth and families in the evaluation of services.

Little progress has been made on regularly gaining feedback and input from youth with lived experience.

- **NOVACO — Private Provider Items: N/A**
- **CPMT Parent Representative Items: N/A**
- **Cities of Fairfax and Falls Church Items: N/A**
- **Public Comment: N/A**

A motion was made by Bob Bermingham and seconded by Daryl Washington to adjourn at 2:45pm. The motion was approved by the committee of the whole.

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