

**Memo to the CPMT**  
**October 26, 2018**

**INFORMATION ITEM I- 1: September Residential Entry and FAPT Report**

**Issue:**

Local CSA policy requires that the FAPT shall report the placement of children across jurisdictional lines and the rationale for the placement decisions to the CSA Program Manager who shall inform the CPMT at its next scheduled meeting.

**Residential Entry Report:** Four youth entered long-term residential settings in September.

September		Lead Agency	September
Male	1	DFS Foster Care	2
Female	3	Falls Church City	
		FCPS MAS	
		JDRDC	
		CSB	2

AGE	September
13	1
15	2
17	1

	Initial	Re-admit	Lateral	Step Up	Step Down
DFS Foster Care			1	1	
FCPS MAS					
JDRDC					
CSB	2				
Falls Church City					

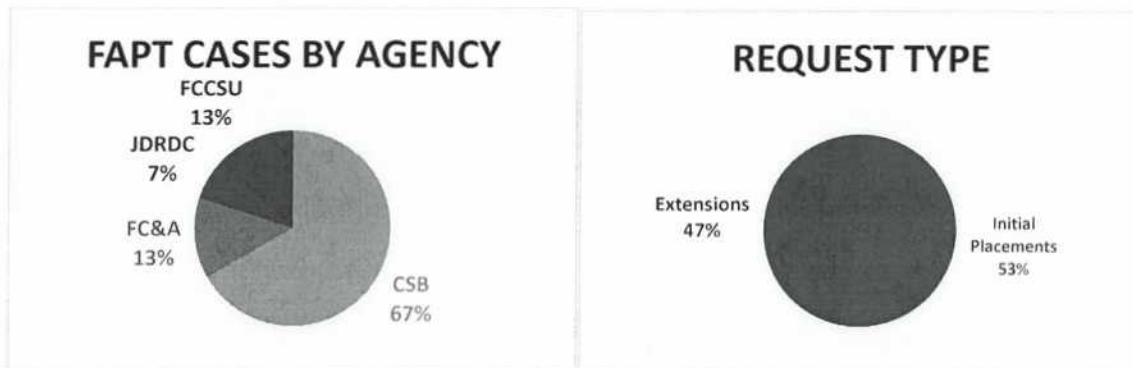
**UR Report:**

- There were notable errors in CANS scores suggesting a need for increased CANS training; the Super CANS users meet quarterly to address system needs related to the CANS; CANS refresher trainings are offered quarterly at various sites throughout the County
- 2/4 youth had actionable scores in Suicide Risk
- 3/4 youth had actionable scores in Adjustment to Trauma
- Conduct and Oppositional behaviors noted in the CANS appear to be secondary to the youths' trauma histories
- Two youth appeared to be at risk for human trafficking though had not been identified as victims
- Two youth had actionable scores in Substance Use

## FAPT Report:

In September 2018, **15** youth/family meetings were held with the two standing FAPT teams. Of those **15** meetings:

- **10** referrals were from CSB, **2** referrals were from FC&A, **2** referrals were from FCCSU and **1** referral was from JDRDC
  - **8** were requests for *initial placements*, **6** of which had plans developed for a Residential Treatment Center; **2** requests resulted in a community based plan.
    - One family submitted a request for a CPMT appeal; the appeal panel subsequently supported the family's request for RTC placement
  - **7** were requests for *continuation of existing placements*, all of which had plans developed for a short-term (varying from 1 to 3 months) extension of the current placement; community-based services including ICC, home-based and outpatient services were also included to assist with discharge in these cases.
- Of the **8** initial placement requests, **3** were actively receiving community based services at the time of the FAPT meeting, including one brought forward by ICC.
- **1** youth was in placement prior to coming to FAPT; she had been placed for 90 days via ICC and the team came seeking an extension of that placement



## STAFF:

Kim Jensen, Utilization Review Manager  
Sarah Young, FAPT Coordinator

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**Information Item I- 4:** Update on State Workgroup for Special Education Private Day School Measures and Rate Setting Study

**Issue:** Annual increases in CSA expenditures for special education Private Day services are being addressed through several state activities.

**BACKGROUND:**

Outcomes Workgroup:

OCS has recently completed a workgroup process to provide recommendations for measures to assess outcomes for Private Day schools using the following charge:

Chapter 2, Item 282 O. The Office of Children's Services shall coordinate with the Department of Education to facilitate a workgroup to include private providers, including the Virginia Association of Independent Specialized Education Facilities, the Virginia Council for Private Education, the Virginia Association of Independent Schools, the Virginia Coalition of Private Provider Associations, and the Virginia Association of Community Services Boards, local school divisions, stakeholder groups, and parent representatives to identify and define outcome measures to assess students' progress in private day placements that may include assessment scores, attendance, graduation rates, transition statistics, and return to the students' home schools. The agencies shall ensure that the number of members from each group (i.e representatives of private providers, parents, local governments, and other stakeholders are each considered their own group) are proportionally represented on the workgroup. The Office of Children's Services and Department of Education shall report recommendations to the Chairmen of the House Education and Appropriations Committees and the Senate Education and Health and Finance Committees by November 1, 2018

The workgroup had 4 meetings with representation from our local CSA program and FCPS. Although the final report has not been released, the workgroup did arrive at consensus on a set of measures that mirror those required from local school divisions to VDOE. The proposed measures include attendance, graduation rates, rates of return to public school settings, suspension/expulsion, parent satisfaction, post-secondary transition.

Rate Setting Study:

The Office of Children's Services has entered into a contract with the Public Consulting Group (PCG) to carry out the study funded by and specified in Item 282. M. of the Appropriation Act regarding costs and rates for private day special education. PCS is a national consulting firm with extensive experience in human service rate setting, cost reporting and analysis, and stakeholder engagement and has specific expertise in special education policy and practice. PCG will be on site October 29th to conduct several orientation sessions with various stakeholder groups. Local government and CSA program staff are critical groups in this process and the meeting is intended to provide an opportunity to meet the PCG team, brief you on the study plan and gather any input at this early stage of the work. Additional opportunities for engagement will take place as the study progresses.

The state Appropriations Act (Chapter 2, Item 282.N.) requires that “All localities shall submit their contracted rates for private day education services to the Office of Children’s Services by August 1 of each year.” This requirement is a component of efforts to study costs related to this service and is tied to the provision of that item limiting annual rate increases to two percent above the rates paid in the prior fiscal year, effective July 1, 2019.

**ATTACHMENT:** None

**STAFF:**

Janet Bessmer, CSA Manager  
Adam Cahuantzi, FCPS MAS

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**Information Item I- 5: Blueprint Under-Served Populations Report**

**BACKGROUND:**

This workgroup, as part of the Healthy Minds Fairfax Initiative, was charged to address the Children's Behavioral Health System of Care Blueprint strategies for increasing access and availability to behavioral health services for underserved populations. Of primary concern is the development and implementation of culturally competent strategies in partnership with the community.

Specifically, the Blueprint tasked this workgroup with the following:

1. Develop a common definition of "underserved populations;"
2. Identify the underserved communities/populations (geographically, age range, etc.);
3. Identify main strengths and barriers to providing and accessing behavioral health services; and
4. Develop strategies and recommendations to address identified barriers.

After reviewing multiple reports, the workgroup defines underserved populations as

*"any child or family, as members of our community in need of behavioral health services, who cannot access those services due to real or perceived barriers. Access issues may also be due to the navigation process for the parent or the child. These barriers and other logistical challenges help to prevent children and families from receiving immediate behavioral health services when needed in a timely manner. Underserved children are not necessarily predicted by socioeconomic status, geography within the community, ethnic group, or access to insurance benefits."*

While Fairfax County exhibits a vast network of public and private providers and partnerships, Fairfax County's 2016 Human Services Needs Assessment indicates a lack of accessible and affordable outpatient treatment options. In addition, the report indicated needs around intensive care coordination or case management as well as services for young adults as they age out of the system.<sup>2</sup> At the same time, Fairfax County's Youth Survey<sup>3</sup> and a myriad of other studies and research articles identify pockets of youth from specific cultural and racial groups experiencing more significant behavioral health symptoms and stress than others in our middle and high school populations. These groups include Latina youth, Asian/Pacific Islander girls, and African American girls.

**Workgroup Members:**

Elizabeth Petersilia  
Program Manager, Healthy Minds Fairfax

Birgit Snellenburg  
Program Manager, Youth & Family Outpatient, Community Services Board

Ramona Carroll  
Interfaith Coordinator, Neighborhood & Community Services

Jenifer Henry-Jones  
Community Developer, Region 3, Neighborhood & Community Services

Michael Monahan  
Clinical Coordinator, Department of Family Services

Courtney Porter  
Director, Research & Development, Juvenile and Domestic Relations District Court

Jenny Sell  
Graduate Social Work Intern, Healthy Minds Fairfax

Desiree Gordon  
Management Analyst, Healthy Minds Fairfax

Sharon Frost  
Director of Child Placement Services, Northern Virginia Family Services

Kathi Sheffel  
Homeless & Foster Care Liaison, Fairfax County Public Schools

**ATTACHMENT:**

Innovative Behavioral Health Strategies for Underserved Populations

**STAFF:**

Betty Petersilia, Healthy Minds Fairfax