

**FAIRFAX-FALLS CHURCH COMMUNITY
POLICY AND MANAGEMENT TEAM**

CPMT Minutes 9/28/2018

Attendees: Staci Jones Alexander, Louise Armitage, Robert Bermingham, Nannette Bowler, Katherine Caffrey, Tisha Deeghan (Chair), Kelly Henderson, Teresa Johnson, Rick Leichtweis, Chris Leonard, MaryAnn Panarelli, Rebecca Sharp, Jane Strong, Nancy Vincent, Daryl Washington

Absent: Gloria Addo-Ayensu, MD, Deb Evans, Jessie Georges, Terri Williams

SOC Attendees: Jim Gillespie, Desiree Gordon, Tracey Davis

CSA Management Team: Barbara Martinez, Adam Cahuantzi, Cyndi Barker, Kamonya Omatete, Jessica Jackson

Stakeholders and CSA Program Staff Present: Janet Bessmer, Chris Metzbower, Suzette Reynolds

1. MINUTES: A motion was made by Rick Leichtweis and seconded by Bob Bermingham to approve the minutes of the June 22, 2018 meeting. The motion was approved by the committee of the whole.

2. ITEMS:

• **CSA Administrative Items:**

Item A – 1: A motion was made by Bob Bermingham and seconded by Louise Armitage to approve the Revision to CPMT Bylaws. The motion was approved by the committee of the whole.

Item A – 2: A motion was made by Bob Bermingham and seconded by Teresa Johnson to approve a new FAPT member. The motion was approved by the committee of the whole.

• **Contracts Items:**

Item C – 1a: A motion was made by Chris Leonard and seconded by Staci Jones Alexander to approve a Child Specific Request -Kidspeace, Pennsylvania. The motion was approved by the committee of the whole.

Item C – 1b: A motion was made by MaryAnn Panarelli and seconded by Bob Bermingham to approve a Child Specific Request – Excel Foundation, Norfolk, VA. The motion was approved by the committee of the whole.

Item C – 1c: A motion was made by Chris Leonard and seconded by Rick Leichtweis to approve Child Specific Request – ABA Health Services, MD. The motion was approved by the committee of the whole.

Item C – 1d: A motion was made by Bob Bermingham and seconded by Louise Armitage to approve a Child Specific Request – Spring Ridge, AZ. The motion was

approved by the committee of the whole.

Item C – 1e: A motion was made by Louise Armitage and seconded by Staci Jones Alexander for a Child Specific Request – Therapeutic & Recreational Riding. The motion was approved by the committee of the whole.

Item C – 1f: A motion was made by Bob Bermingham and seconded by Rich Leichtweis for a Child Specific Request – Capstone Academy, Detroit. The motion was approved by the committee; there was 1 nay and 1 abstention.

Item C – 2: A motion was made by Chris Leonard and seconded by Nancy Vincent to approve a New Provider and FY19 Provider List. The motion was approved by the committee of the whole.

Item C – 3: A motion was made by Chris Leonard and seconded by MaryAnn Panarelli to approve the CSB Rate increase request for Case Support Services. The motion was approved by the committee of the whole.

Item C – 4: A motion was made by Chris Leonard and seconded by Bob Bermingham to approve the SIR Quarterly follow up. The motion was approved by the committee of the whole.

- **Healthy Minds Fairfax Administrative Items:**

Item A – 3: A motion was made by Bob Bermingham and seconded by Rick Leichtweis to Endorse Healthy Minds Fairfax 2020 – 2022 HHS Resource Plan. The motion was approved by the committee of the whole.

Item A – 4: A motion was made by MaryAnn Panarelli and seconded by Teresa Johnson to Endorse Healthy Minds Fairfax FY 2020 County Budget Requests. The motion was approved by the committee of the whole.

- **CSA Information Items:**

Item I – 1: Suzette Reynolds gave the Monthly Residential Entry Report. Five youth entered long-term residential settings in August. There 4 male and 1 female; 2 were from DFS FC, 1 from JDRDC and 2 from CSB. 4 were initial requests and 1 was a step down. 5/5 youth had actionable scores in Impulse/Hyper and Depression, 4/5 youth had actionable scores in Suicide, and 3/5 youth had actionable scores in Adjustment to Trauma. In August 2018, 12 youth/family meetings were held with the two standing FAPT teams. Of those 12 meetings, 5 referrals were from CSB, 5 referrals were from FC&A and 2 referrals were from JDRDC. 5 were requests for initial placements, 4 of which had plans developed for a Residential Treatment Center; 1 request resulted in a community based plan. 7 were requests for continuation of existing placements, all of which had plans developed for a short-term (varying from 1 to 3 months) extension of the current placement; community-based services including ICC, home-based and outpatient services were also included to assist with discharge in these cases.

Item I – 2: Yin Jia gave the Budget Report. Total Pooled Expenditures: Pooled expenditures through July 2018 equal \$36.5 million for 1,236 youth. This amount is a decrease from July last year of approximately \$3.2 million, or 8.04%. Pooled expenditures through July 2017 equal \$39.7 million for 1,359 youth. Total Pooled Expenditures: Pooled

expenditures through July 2019 equal \$23,550 for 59 youth. This amount is a decrease from July last year of approximately \$1,141, or 4.62%. Pooled expenditures through July 2018 equal \$24,690 for 59 youth.

- **Healthy Minds Fairfax Information Item:**

Item I – 3: Jim Gillespie gave the Blueprint Under-Served Populations Report. The Blueprint tasked this workgroup with the following: Develop a common definition of “underserved populations;” Identify the underserved communities/populations (geographically, age range, etc.), Identify main strengths and barriers to providing and accessing behavioral health services; and Develop strategies and recommendations to address identified barriers. In general, analysis of the focus groups revealed several themes under each of the broader categories: access; barriers; and suggested strategies. Themes around accessing services included access through schools, religious institutions, and community centers; themes regarding barriers were in community awareness about mental health, lack of trust, overworked employees, and cultural concerns; and themes around strategies include education, community resources, and county resources. Primary barriers to accessing services included lack of trust, lack of knowledge, cultural concerns, and overworked employees. Areas for possible improvement primarily focused on education of youth and Parents, increasing access (location, transportation, proximity, etc.) and knowledge of community resources and improving county customer service (i.e. training). Recommendations fall within three larger categories: Therapeutic, Prevention and Marketing/Outreach. Some recommendations are applicable and reach all underserved populations and others are more targeted to specific groups. In conclusion, this workgroup defined underserved populations; identified strengths and barriers to behavioral health and provided recommendations to address these barriers. This workgroup has put forth two specific proposals to implement and expand Trauma Informed Individual and Family Mental Health Counseling and Youth Mental Health First Aid training (see recommendations above). For more information, please refer to the handout.

- **NOVACO – Private Provider Items: N/A**
- **CPMT Parent Representative Items: N/A**
- **Cities of Fairfax and Falls Church Items: N/A**
- **Public Comment: N/A**

A motion was made by Bob Bermingham and seconded by Jane Strong to adjourn at 2:40pm.