Are you having trouble finding help for your child or teen with serious mental health or substance abuse issues?

Is your child or teen getting treatment but they are not getting better or even getting worse?

Are you afraid for the safety of your child, teen or others, even though he/she is in treatment?



## The Children Services Act (CSA) of Fairfax – Falls Church may be able to help!

## WHAT CAN CSA DO FOR YOU?

- 1. We **link** your family and youth to a professional in the county that can help you navigate the **coordination** of care for your child or teen.
- 2. We gather a team that includes professionals (mental health experts, peer supports, juvenile court representatives, school social workers) and other community members important to your family (extended family, religious supports, coaches, etc.) to create a meeting action plan that is customized to the unique needs of your child/teen and family.
- 3. Through the meeting process and development of the meeting action plan, you may **be connected with individualized, intensive services and supports** that are tailored to meet the needs of your child/teen and use the strengths of your child/teen and your family.

## WHO IS ELIGIBLE?

A child or youth who:

- lives in Fairfax County or the cities of Fairfax or Falls Church and is under the age of 18;
- has serious emotional or behavioral health care needs which have persisted over a significant period of time and impact multiple life areas (school, home, legal, social, developmental) and require coordination between two or more agencies;
- whose needs cannot be addressed through family resources or a single agency.

## **TO GET STARTED**

Email DFSCSA@fairfaxcounty.gov

Call 703/ 324-7938

OR

Contact Lisa Morton, Team-Based Planning Coordinator Lisa.Morton@fairfaxcounty.gov 703/324-5863



To learn more about the Children's Services Act (CSA), please visit https://www.fairfaxcounty.gov/healthymindsfairfax/childrens-services-act