

**Adding to Your  
Toolbox:  
Knowledge  
and Skills for  
Today's  
Case Manager**

**18<sup>th</sup>**

Northern Virginia

# CSA Symposium & Provider Expo

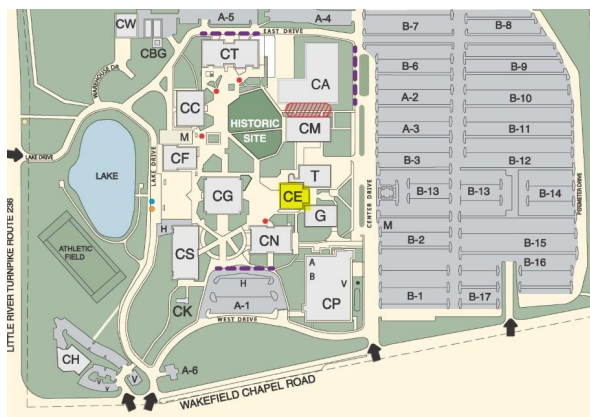
Wednesday, March 13, 2019

*This symposium is presented by:*



## LOCATION

**Ernst Community Cultural Center**  
CE 202  
Northern Virginia Community College  
Annandale Campus  
8333 Little River Turnpike  
Annandale, Virginia 22003



## Directions

From the Beltway (I-495): Take exit 52-A, Little River Turnpike, west toward Fairfax. On Little River Turnpike make a left at the third traffic light, which is Wakefield Chapel Road. Once on Wakefield Chapel Road, the campus will be on your left.

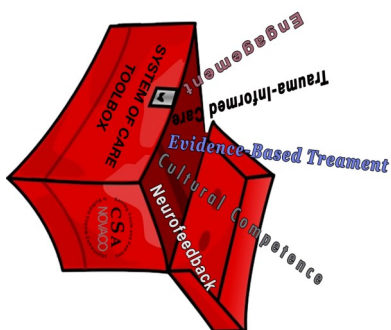
## Parking

FREE Parking in ALL B Lots  
(does not include garage parking)

You may register online at:

[www.surveymonkey.com/r/2019-CSA-Symposium-Registration](http://www.surveymonkey.com/r/2019-CSA-Symposium-Registration)

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**REGISTER ONLINE TODAY!**

(Registration deadline is March 1, 2019)

Registration is FREE for case managers, FAPT members, and CPMT representatives attending the workshops and provider expo.

[www.fairfaxcounty.gov/healthymindfairfax/csa-symposium](http://www.fairfaxcounty.gov/healthymindfairfax/csa-symposium)

# Our Presenters

**Shaina M. Chandler, LPC, CSOTP, CCTP, CATP** is the Director of Development with Hallmark Youthcare in Richmond, Virginia, focusing on the impact of trauma on both clients and providers. She is a nationally trained Trauma-Focused Cognitive Behavioral Therapist (TF-CBT), a Certified Trauma Treatment Provider (CTTP), Certified Child and Adolescent Trauma Treatment Provider (CCTTP), and Certified Sex Offender Treatment Provider (CSOTP).

**Maureen Fannin, LCSW** is the Clinical Director and co-owner of Lifeworks Outreach Services. She has extensive experience and training in trauma informed care and attachment focused interventions. Her clinical work has focused on improving the lives of children by addressing parent trauma in treatment and its impact on overall caregiving and parent-child attunement by developing a secure base to improve parent-child interaction through attachment focused parenting strategies.

**Michael Griffin, Ed.D, PhD, BCN** (Fellow) is Board Certified In EEG Biofeedback (Neurofeedback) by the Biofeedback Certification Institute of America. He has been a psychologist in private practice over 20 years after a 17 year career in community college education. Dr. Griffin has special interest in attention and memory issues of children, adolescents and adults. He is a 53 year survivor of severe traumatic brain injury (TBI) and is accomplished in assessment and treatment of patients who have experienced TBI.

**Rebecca Hardin, PsyD** is the Director of Program Development and Outreach at Potomac Behavioral Solutions. Her clinical work and academic research have focused on Health and Neuropsychology. She specializes in providing evidenced-based treatment of eating disorders, chronic illness, anxiety disorders, trauma, obsessive-compulsive disorders, and trichotillomania and excoriation disorders.

**Mari J. Itzkowitz, LCSW** is the Director of Clinical Services for the Center for Adoption Support and Education. She coordinates the Adoptive Family Preservation Grant for the state of Virginia providing therapy services to adoptive families. She has extensive experience in grief and loss and clinical case management. She represents CASE in public speaking and community education.

**Joanna Marino, PhD** provides therapeutic services to children, adolescents, adults, couples and families dealing with a range of concerns related to emotional and behavioral health. She specializes in treating Anorexia Nervosa, OCD/Anxiety, Hair-pulling/Skin-picking, self-injury, and chronic suicidality.

**J. Patrick Slifka, LCSW** is the Senior Clinical Director and Lead Internal Investigator for ncgCARE. His clinical experience includes the delivery of dual diagnosis services in residential, outpatient and community-based settings. Mr. Slifka has conducted more than 4000 workshops, trainings and information sessions.

# Workshop Sessions

## Morning Workshops

### Neurofeedback of Adolescents in Residential Treatment Having Severe Psychiatric Illness

Presenter: Michael Griffin, Ed.D, PhD, BCN

This workshop provides an overview of disorders effectively mediated with neurofeedback and describes the most common neurofeedback protocols employed to treat disorders.

### Respectful Curiosity: The Art of Engagement

Presenter: J. Patrick Slifka, LCSW

“Respectful Curiosity” is an attitude *and* a set of skills underlying the engagement process. This training explores the what, the why, and the how of the engagement process and applies examples of being “respectfully curious” in the context of relationship-building.

### A Guide to Evidence-Based Treatment

Presenters: Rebecca Hardin, PsyD & Joanna Marino, PhD

This presentation is targeted toward how to help parents understand mental health treatment, choose the best treatment, and find the best-fit providers. The importance of outcome measures and ethical considerations, as well as determining when to transition to a new therapist or a medication management provider will also be reviewed.

## The 18<sup>th</sup> Northern Virginia CSA Symposium & Provider Expo Event Schedule

**9-10 a.m.** Registration, Breakfast &

Provider Expo

**10 - 11:30 a.m.** Morning Workshops

**11:30 - 1:30 p.m.** Lunch & Provider Expo  
(CPMT Roundtable)

**1:30 - 3 p.m.** Afternoon Workshops

This is a free event for case managers, FAPT members, CPMT representatives and families. The CSA Symposium is sponsored by contracted providers of services to at-risk youth. Attendees are encouraged to dress casually.

## Afternoon Workshops

### Trauma-Informed Case Presentation and Narration

Presenter: Shaina M. Chandler, LPC, CSOTP, CCTP, CATP

In this workshop, participants will learn ways to formulate trauma-informed reports, develop a trauma narrative, and create a client overview that justifies needs of treatment while still acknowledging past experiences and personal strengths.

### Who is Really the Client? Challenges in Service Delivery as it Relates to Family Dynamics

Presenter: Maureen Fannin, LCSW

Gains made by youth often evaporate quickly once services end and case managers experience the ‘revolving case effect.’ Although successful treatment for personality disorders is often low, it can be helpful for case managers and treatment providers to learn how to recognize these disorders, have practical tools for engagement, maintain reasonable expectations, and find strategies and treatment options for their young clients coping with difficult family dynamics.

### Too Many Losses Too Soon: Loss and Grief in Foster and Adopted Children

Presenter: Mari J. Itzkowitz, LCSW

This workshop addresses the unique loss experienced by children and teens in foster care and in adoptive families including factors that influence children’s reaction to loss, the four psychological tasks of grief work, critical aspects of loss, impact on children, and healing therapies for children and teens. Discussion will include how professionals can work with parents to understand how their children are experiencing the ambiguities of foster care and adoption.

**Symposium bags sponsored by:**

