Behavioral Health Clinicians Services Directory

Taking care of our children’s mental health is always important. Healthy Minds Fairfax created this directory to assist you in finding a behavioral health clinician who is available for new clients and how they are delivering services.

You can locate this directory and other important information at fairfaxcounty.gov/healthymindsfairfax. Our email address is: dfshealthymindsfairfax@fairfaxcounty.gov.

April 2022
Behavioral Health Resource Guide

This resource guide has been created to help families identify a behavioral health provider for their children and family. The providers listed in this directory have been identified as offering free or low-cost services for behavioral health services.

Does my child have a mental health concern?

Have a talk with your child to find out how they are doing. Given them your full attention. Listen carefully, repeat what you heard and ask if you got it right. When they feel heard and understood, they’re more likely to share with you.

Notice what is going on with your child. You know your child best.

Here are some behaviors to look for:

- Becoming more irritable, hyperactive, energetic, fidgety, or aggressive.
- Excessive sadness, fears or worries.
- A drop in grades, getting into trouble at school or not want to attend school.
- Loss of appetite, significant weight gain or loss, lack of sleep or too much sleep.
- Withdrawal from activities, family, or friends.
- Alcohol or drug use.
- Thoughts of suicide or harming themselves or others – do not be afraid to ask your child if they are having these thoughts. Asking your child these questions will not put these thoughts in their head. Rather, it tells them you care and that you will help keep them safe.

How to get help:

Below are options for you to speak with a mental health professional. Do not worry about making the wrong choice. Every number leads to someone who can help.

- Contact your child’s pediatrician or health care provider.
- Call your health insurance company or visit their website to search for a behavioral health/mental health provider.
- Contact the Fairfax-Falls Church Community Services Board at 703-383-8500, weekdays from 9 a.m. to 5 p.m.
- Contact your child’s school counselor, school public health nurse, social worker or psychologist.
- The Teen Line is staffed by teens trained in crisis prevention who are available by text 839-863 or call 1-800-852-8336 between the hours of 6 pm – 10 pm PST.
- Contact The Trevor Project at 1-866-488-7386 for support for LGBTQ youth.
• **The Jed Foundation** is a mental health and suicide prevention organization that you can text 741-741 or call at 1-800-273-8255.

• Take a free, confidential an online mental health screening and practice talking with your child about mental health concerns by taking a fee, online Kognito training. Though these courses are designed for educators/teachers, parents can use the same skills in talking with their own children.

• Visit Healthy Minds Fairfax or the Fairfax-Falls Church Community Services Board to get mental health information and local resources.

If your child is having a mental health crisis, these services are available 24/7:

Please contact one of the services below for immediate assistance if your child is experiencing a mental health crisis:

• Call the CrisisLink hotline at 703-527-4077, 1-800-273-8255 or text “CONNECT” to 855-11.

• Call Children’s Regional Crisis Response (CR2) at 571-364-7390.
  
  o 24-hour rapid response for youth (17 and younger) facing a mental health and/or substance use crisis.

• Call CSB Mental Health Emergency Services at 703-573-5679.

• Bring your child to the emergency intake at Merrifield Crisis Response Center at: 8221 Willow Oaks Corporate Drive, Fairfax, VA  22031.

• Call The National Suicide Prevention Lifeline at 1-800-273-8255.

Police and life-threatening emergencies

Please notify the operator that it is a psychiatric emergency and ask for a crisis intervention specialist.

• Call 911 in a life-threatening emergency

• Non-emergency number: (703)691-2131
Guide to Payment Options

Children’s Services Act (CSA) is a pool of state and local funds that are used to provide free support services for eligible youth and their families who are struggling with behavioral health needs. For help in coordinating resources for your child a referral can be made from a provider such as a school counselor or you can call directly 703-324-7938 or email DFSCSA@fairfaxcounty.gov.

Flexible Spending Account (FSA) is a tax-free account offered through some employers which allows you to put money away annually for your out-of-pocket healthcare expenses including deductibles, co-payments and medicines.

Health Savings Account (HSA) is an account that allows you to put money aside tax-free for health expenses and unlike a flexibility spending account it does not need to be spent/used within a 12-month time period. HSA may not be used for health insurance premiums, but it can be used for your co-pay fees and other medical expenses.

Medicaid A Federal and state program that helps with health care costs for persons with limited income. There is no enrollment fee for coverage if you are income eligible. You can apply for Medicaid on the phone by calling 1-855-242-8282 (Monday – Friday) between 8 am – 7 pm, or online at www.commonhelp.virginia.gov.

Private Pay Insurance Private pay refers to health insurance that is available for purchase by a private organization instead of the state or federal government. It is often available through one’s employer and may be partly subsidized but is still costly.

Sliding Scale Fee (SSF) A sliding scale is a type of fee structure that therapist sometimes use in order offer patients an affordable payment option for those people who have fewer financial or insurance options.

Healthy Minds Fairfax coordinates a full range of mental health and substance abuse services for children and youth across multiple county agencies, the school system and private treatment providers. Healthy Minds Fairfax works to help youth and families in the Fairfax-Falls Church Community access mental health and substance abuse services and improve the quality of those services.
AUTUMNLEAF GROUP, INC.
www.autumnleafgroup.com

Telephone: 703-658-7103
Current Status: Accepting referrals based on appropriateness for telehealth/telemental health services
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
In-Home Services
Payment Options: Sliding fee scale/low or no-cost options
HSA/FSA, CSA

BEST LIFE THERAPEUTIC SERVICES, LLC
www.bestlifetherapeutics.com

Telephone: 571-455-5206
Current Status: Accepting new clients
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Support Groups – In-Person: Yes
Other – Telehealth: Yes
Payment Options: Sliding fee scale/low or no-cost options
BEST, LAURIE, LPC

Telephone: 571-229-5584  
Current Status: Accepting new clients  
Populations Served: Children  
Adolescents  
Young Adults  
Adults  
Services Provided: Individual Therapy – Telehealth: Yes  
Note: Speaks Spanish  
Payment Options: Private insurance  
Medicaid

BLUSPRING HEALTH
www.bluspringhealth.com

Telephone: 703-682-2471  
Current Status: Accepting new clients  
Populations Served: Children  
Adolescents  
Young Adults  
Adults  
Services Provided: Individual Therapy – In-Person & Telehealth  
Group Therapy – In-Person and Telehealth  
Support Groups – In-Person and Telehealth  
Other -- Medication management for children, adolescents and adults  
Payment Options: Medicaid  
Private insurance  
Self-pay
BRICKEL AND ASSOCIATES, LLC  
www.BrickelandAssociates.com

Telephone: 703-518-8883  
Current Status: Accepting new patients

Populations Served: Adolescents  
Young Adults  
Adults

Services Provided: Individual Therapy – Telehealth  
Group Therapy – Telehealth  
Family therapy - all telehealth at this time

Payment Options: Sliding fee scale/low or no-cost options  
A self-pay practice but are offering no fee options for some patients during the crisis

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BRIDGES THERAPY AND WELLNESS CENTER  
www.bridgestherapyandwellness.com

Telephone: 703-865-4900  
Current Status: Accepting new clients

Populations Served: Children  
Adolescents  
Young Adults  
Adults

Services Provided: Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other Detail:

Payment Options: Sliding fee scale/low or no-cost options  
self-pay
CABUSH, JOE & ASSOCIATES
www.cabush.com

Telephone: 703-691-0036

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Meeting in person and online
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Sliding fee scale/low or no-cost options

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CARDWELL, JESSICA L., PSYD
www.drjcardwell.com

Telephone: 571-335-0893

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other: Psychological Testing and Family Therapy

Payment Options: Sliding fee scale/low or no-cost options
CENTER FOR ADOPTION SUPPORT AND EDUCATION
www.Adoptionsupport.org

Telephone: 301-476-8525

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – Telehealth: Yes

Note: For families with challenges connected to foster care and adoption

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

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CENTER FOR ATTACHMENT & TRAUMA SERVICES, INC.
www.familyattachment.org

Telephone: 703-913-8563

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family Therapy. We would also be interested in developing group therapy for parents only, (parenting support group).

Note: Agency’s primary focus is family therapy for children and families who have suffered trauma and/or who have attachment weaknesses or disorders.
Payment Options: Sliding scale (up to 25% discount). Does not offer no cost options for clients (unless their fees are covered by CSA funds).

**CENTER FOR AUTISM AND RELATED DISORDERS (CARD)**

[www.centerforautism.com](http://www.centerforautism.com)

Telephone: 818-345-2345

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided:
- Individual Therapy – In-Person: Yes
- Individual Therapy – Telehealth: Yes
- Group Therapy – In-Person: Yes
- Group Therapy – Telehealth: Yes
- Support Groups – In-Person: Yes
- Other – In-Person: Yes
- Other – Telehealth:
- Other Detail: Assessments, Evaluations

Payment Options: Private insurance
Medicaid

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**CHILD AND FAMILY COUNSELING GROUP; CANDICE HOLM, PSY.D.**

[www.childandfamilycounseling.com](http://www.childandfamilycounseling.com)

Telephone: 703-352-3822

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided:
- Individual Therapy – In Person & Telehealth: Yes
- Groups – Telehealth: Yes
- Other: Parenting/behavioral support and family therapy
**Payment Options:** Sliding fee scale/low or no-cost options

**COMPREHENSIVE NEUROPSYCHOLOGY, DR. SONAL PANCHOLI**  
[www.compneuropsyc.com](http://www.compneuropsyc.com)

**Telephone:** 703-849-9476  
**Current Status:** Accepting new clients  
**Populations Served:** Children  
Adolescents  
Young Adults  
Adults  
**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other: Psychological, Neuropsychological, Educational, Evaluations  
**Payment Options:** funding through county or state (CSA, etc.)  
self-pay

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**COVIELLO, GEORGE S., LPC**

**Telephone:** 703-780-3543  
**Current Status:** Accepting new clients  
**Populations Served:** Children  
Adolescents  
Young Adults  
Adults  
**Services Provided:** Individual Therapy – Telehealth: Yes  
**Payment Options:** Medicaid  
Sliding fee scale/low or no-cost options  
Private insurance
DOMINION HOSPITAL
https://dominionhospital.com

Telephone: 703-536-2000

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes

Payment Options: Private insurance
Medicaid is accepted for individuals under the age of 21

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FAIRFAX COUNTY DEPARTMENT OF FAMILY SERVICES (DFS),
DOMESTIC & SEXUAL VIOLENCE SERVICES (DSVS)
https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence

Telephone: 703-360-7273 Hotline 24/7 domestic and sexual violence
703-324-5730 Counseling Services

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy- Telehealth: Yes
Group Therapy – Telehealth: Yes

Payment Options: No cost short-term
Private Insurance
Medicaid
FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD
https://www.fairfaxcounty.gov/community-services-board/

Telephone: 703-383-8500

Current Status: Some programs are accepting new clients, some are putting them on a prioritized waitlist, some are not currently accepting new clients.

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person & Telehealth: Yes
Group Therapy – In-Person & Telehealth: Yes
Support Groups – In-Person & Telehealth: Yes
Other: Psychotherapy Groups, case management, intake for County programs, family therapy, clinical supervision, employment/education, peer support, medication management

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options
Self-pay

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FAMILY COUNSELING CENTER OF GREATER WASHINGTON
www.fccgw.org

Telephone: 703- 761-2225

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
**FAMILY INSIGHT, PC**
www.familyinsight.net

**Telephone:** 703-310-7665

**Current Status:** Accepting new clients

**Populations Served:** Children
Adolescents
Young Adults
Adults

**Services Provided:** Individual Therapy – In-person & Telehealth: Yes
Group – In-Person & Telehealth: Yes
Other: ABA Parent Support; ABA Telehealth

**Payment Options:** Private insurance
Medicaid
CSA

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**FAMILY PRIORTY**
https://familypriority.com/

**Telephone:** 703-537-0700

**Current Status:** Accepting new clients

**Populations Served:** Children
Adolescents

**Services Provided:** Individual Therapy – Telehealth: Yes
Other - Telehealth - Yes

**Payment Options:** Private insurance
Medicaid
CSA funding
Private Insurance for ABA
FAR BEYOND
https://farbeyond.us/

Telephone: 703-994-4754
Current Status: Accepting new clients
Populations Served: Children
Adolescents
Services Provided: Individual Therapy – In-Person: Yes
Payment Options: CSA
Private insurance
Medicaid

FOR CHILDREN’S SAKE
www.fcsva.org

Telephone: 703-817-9890
Current Status: Not accepting new clients for STBH services
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Case Management

Note: All services are primarily in-person. There is 1 virtual parent/caregiver group.
Payment Options: Private insurance
Medicaid
CSA Funding
FORMED FAMILIES FORWARD
www.formedfamiliesforward.org

Telephone: 703-539-2904

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Support Groups – Telehealth: Yes

Payment Options: Peer groups are free for participants

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GIL INSTITUTE FOR TRAUMA RECOVERY AND EDUCATION
www.gilinstitute.com

Telephone: 703-560-2600

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes

Payment Options: Fee for service & county Contracts
GEORGE MASON UNIVERSITY CENTER FOR PSYCHOLOGICAL SERVICES
https://psyclinic.gmu.edu/

Telephone: 703-993-1370

Current Status: New clients are added to a wait list

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: workshops

Note: This agency is currently providing services in-person and via telehealth, depending on client and provider agreement.

Payment Options: Sliding fee scale

GRAFTON INTEGRATED HEALTH NETWORK
https://www.grafton.org/

Telephone: Telephone: (Corporate) 888-955-5205,
(Berryville) 540-955-2400,
(Winchester) 540-542-0200,
(Winchester – Elm Street) 540-722-9172

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Support Groups – In-Person: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
GROUP THERAPY ASSOCIATES  
www.grouptherapyassociates.com/

Telephone: 703-644-8041

Current Status: Accepting new clients

Populations Served: Children 
Adolescents 
Young Adults 
Adults

Services Provided: Individual Therapy – Telehealth: Yes 
Other – Telehealth: Yes 
Other Detail: Couples and family therapy

Payment Options: Private insurance 
Sliding fee scale/low or no-cost options

HARBOR POINT BEHAVIORAL HEALTH CENTER  
www.harborpointbhc.com/

Telephone: 757-393-0061

Current Status: Accepting new clients

Populations Served: Children 
Adolescents

Services Provided: Individual Therapy – In-Person: Yes 
Group Therapy – In-Person: Yes 
Other – In-Person: Yes 
Other – Telehealth: Yes 
Other Detail: Clinical Treatment team meetings and parent visits

Payment Options: Private insurance
HEALTH CONNECT AMERICA
http://www.healthconnectamerica.com/

Telephone: 703-680-9527

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person & Telehealth: Yes
Other Detail: IIH, ABA, MHSB

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options

HEALTHWORKS for Northern Virginia (North County/Reston)
http://hwnova.org

Telephone: 703-689-2180

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person: Yes
Individual Therapy – Telehealth: Yes

Note: Bi-lingual providers available

Payment Options: No cost options/Sliding Fee Scale
Medicaid/Medicare
Private pay

HERITAGE MULTICULTURAL PROGRAMS & SERVICES, INC
https://www.heritagemulticultural.com

Telephone: 571-982-5143
Current Status: Accepting new clients
Populations Served: Children, Adolescents, Young Adults, Adults
Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Other Detail: Intensive in home services, Mentoring, some assessments (DUI, DWI, Parenting) other telehealth services as requested
Payment Options: Private insurance, Medicaid, CSA, Counties and other agency sponsorship

HOEKSTRA, DIANE, PHD, LLC
https://drdianehoekstra.com/

Telephone: 540-212-2374
Current Status: Accepting new clients
Populations Served: Adolescents, Young Adults, Adults
Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Payment Options: Sliding fee scale/low or no-cost options
## Improving Outcomes, LLC

**Website:** https://improvingoutcomes.wordpress.com/home-based/

**Telephone:** 703-533-1996  
**Current Status:** Accepting new clients  
**Populations Served:** Children  
Adolescents  
Adults (Limited)  
**Services Provided:**  
- Individual Therapy – In-Person: Yes  
- Individual Therapy – Telehealth: Yes  
- Other – In-Person: Yes  
- Other – Telehealth: Yes  
- Other Detail: Family Support Services, Individual Support Services, Intensive in Home Services  
**Payment Options:**  
- Private insurance  
- CSA  
- Medicaid  
- Sliding fee scale/low or no-cost options

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## Inova Kellar Center

**Website:** https://www.inova.org/our-services/inova-kellar-center

**Telephone:** 855-694-6682  
**Current Status:** Availability fluctuates. Limited access to medication management  
**Populations Served:** Children  
Adolescents  
**Services Provided:**  
- Individual Therapy – Telehealth: Yes  
- Group Therapy – Telehealth: Yes  
- Support Groups – Telehealth: Yes  
- Other – Telehealth: Yes  
- Other Detail: Medication Management, Intake, Psychological/Educational Testing  
**Payment Options:**  
- Private insurance  
- Medicaid  
- Sliding fee scale/low or no-cost options
INSPIRED LIFE PSYCHOLOGICAL SERVICES, LLC
https://www.inspiredlifepsychsvcs.com/

Telephone: 540-368-6470
Current Status: Accepting new clients
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Other: Couples and family therapy; Limited psychological testing
Payment Options: Private insurance
Sliding fee scale/low or no-cost options

JONES, JOCELYN, LPC
https://thriveworks.com/mclean-counseling/mclean-va-counselors/

Telephone: 703-223-8492
Current Status: Accepting new clients
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – In-Person: No
Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family Therapy, Couples Therapy
Payment Options: Sliding fee scale/low or no-cost options
Private Insurance
**LIFEWORKS OUTREACH SERVICES**

www.familyteamwork.net

Telephone: 703-580-7210

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: MHS, Family Therapy, Parent Coaching,
Mentoring, Respite

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options
CSA, self-pay

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**MOVING FORWARD PLC**

http://www.movingforwardplc.com/

Telephone: 571-483-0306

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person & Telehealth: Yes
Group Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family and couples counseling

Payment Options: Tri-care Insurance
Sliding fee scale/low or no-cost options
MULTICULTURAL CLINICAL CENTER
http://www.mccva.com/

Telephone: 703-354-0000
Current Status: Accepting new clients. Current there is a waiting list for ABA
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Payment Options: Private insurance
Medicaid
CSA funded

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NATIONAL COUNSELING GROUP
http://www.ncgcommunity.com/

Telephone: 877-566-9624
Current Status: Accepting new clients
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – In Person & Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other: Homebased Counseling on a case by case basis
Payment Options: Medicaid and out of pocket
NEIGHBORHOOD HEALTH (Merrifield)
www.neighborhoodhealthva.org

Telephone: 703-535-5568

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person & Telehealth: Yes

Payment Options: Medicaid/Medicare
Private pay
Sliding fee scale based on income eligibility

Note: Clients must be receiving their primary care with this agency in order to access behavioral health services.

NEIGHBORHOOD HEALTH (South County/Alexandria)
http://www.neighborhoodhealthva.org

Telephone: 703-535-5568

Current Status: Accepting clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person & Telehealth: Yes

Payment Options: Medicaid/Medicare
Private pay
Sliding fee scale based on income eligibility

Note: Clients must be receiving their primary care with this agency in order to access behavioral health services.
NORTH SPRING BEHAVIORAL HEALTHCARE
http://www.northspringleesburg.com/

Telephone: 703-777-0800

Current Status: Currently not accepting new clients

Populations Served: Children
Adolescents

Services Provided: Individual Therapy – In-Person &Telehealth: Yes
Group Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Intake and Assessment, Inpatient Acute and
RTC Services

Note: Currently, all therapy is provided via telehealth

Payment Options: Private insurance
Medicaid

NORTHERN VIRGINIA FAMILY SERVICE (YOUTH INITIATIVES AND MULTICULTURAL CENTER)
http://www.nvfs.org/

Telephone: 571-748-2500

Current Status: Accepting clients on our waitlist and doing triage for all

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-person & Telehealth: Yes
Group Therapy - Telehealth

Payment Options: Sliding fee scale/low or no-cost options
OAK HILL PSYCHOLOGICAL SERVICES
http://www.oakhillpsychological.com/

Telephone: 703-214-4924

Current Status: Accepting new clients (varies per clinician)

Populations Served: Children (over 8 years old, varies per clinician)
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail (not primary service): Family therapy; couples therapy

Payment Options: Sliding fee scale options (case by case basis)
Out of Network; superbills provided

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OCCOQUAN COUNSELING

Telephone: 703-494-6830

Current Status: Currently not accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family therapy via telehealth

Payment Options: Medicaid
PHILLIPS FAMILY PARTNERS
http://www.phillipsprograms.org/

Telephone: 703-658-9054
Current Status: Accepting new clients
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Other Telehealth – Yes
Payment Options: Medicaid
CSA funding
Private Pay

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POTOMAC CENTER, INC.
http://www.mypotomaccenter.com/

Telephone: 703-379-7350
Populations Served: Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Payment Options: Private insurance (varies per provider)
Medicaid
PROFESSIONAL PSYCHOLOGICAL SERVICES
http://www.professionalpsych.com/

Telephone: 703-879-2482
Current Status: Current not accepting new clients
Populations Served: Children
Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Note: Check for status update.

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

RUBY, DR. LAURENTIA
http://www.drlruby.com/

Telephone: 703-688-2523
Current Status: Accepting new clients
Populations Served: Adolescents
Young Adults
Adults
Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other Detail: Will do telehealth if it's critical that therapy be
virtual.
Payment Options: (Limited) Sliding fee scale
SECOND STORY
http://www.second-story.org/

Telephone: 703-506-9191

Current Status: Accepting new clients for emergency housing and crisis

Populations Served:
- Children
- Adolescents
- Young Adults
- Adults

Services Provided:
- Individual Therapy – In-Person: Yes
- Individual Therapy – Telehealth: Yes
- Family Therapy – In-Person: Yes
- Other – In-Person: Yes
- Other: Case Management Services, emergency housing, counseling. Services for Young and Pregnant Mother’s (housing and counseling)

Payment Options: All services are free to clients

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PRS, INC.
www.prsinc.org

Telephone: 703-536-9000

Current Status: Accepting new clients

Populations Served:
- Children
- Adolescents (16 and above)
- Adults (Primary focus population)

Services Provided:
- Individual
- Group/Family Peer Supports
Other: Life skills training, Substance Abuse, Recovery Academy/School

**Payment Options:**
Private Insurance, County Contracts
Medicaid
Medicare

**UMFS**

**Telephone:** 866-252-772

**Current Status:** In residential not accepting COVID 19 positive or exposed; TFC is dependent upon the situation; community-based services are offered via telehealth

**Populations Served:**
Children
Adolescents
Young Adults

**Services Provided:**
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Residential; Treatment Foster Care; FSP; Community services; Family therapy

**Payment Options:**
Private insurance
Medicaid
CSA

**VICTORIA TRANSCULTURAL CLINICAL CENTER**

**Telephone:** 703-218-6599

**Current Status:** Accepting new clients

**Populations Served:**
Children
Adolescents

**Services Provided:**
Other - In-Person – Yes
Other - Telehealth – Yes

**Payment Options:** Medicaid
CSA

**Virginia Home Based Counseling, PC**

*http://www.chooseyourprovider.org/

**Telephone:** 703-367-7800

**Current Status:** Accepting new clients

**Populations Served:** Children
Adolescents
Young Adults
Adults

**Services Provided:** Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: IIH and MHSS mostly telehealth but some in person with precautions when necessary.

**Payment Options:** Medicaid
Self Pay

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**Wisdom Family, The, Counseling & Assessment**

*http://www.thewisefamily.com/

**Telephone:** 844-947-3326

**Current Status:** Accepting new clients

**Populations Served:** Children
Adolescents
Young Adults
Adults

**Services Provided:** Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – In-Person:
Support Groups – Telehealth: Yes
Other Detail: Family therapy via telehealth

Payment Options: Sliding fee scale/low or no-cost options
Private pay for service

**WOMEN’S CENTER, THE**

**Telephone:** 703-281-2657

**Current Status:** Currently suspending walk-in intake

**Populations Served:** Children (5 years old and up)
Adolescents
Young Adults
Adults

**Services Provided:**
Individual Therapy – In-person: Yes (as requested)
Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other: Workshops, Financial Advising, Domestic Violence advocacy

Note: Spanish services available

**Payment Options:** Private insurance
Sliding fee scale
Range of fees for counseling services is from $55 - $165

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**YOUTH FOR TOMORROW**

**Telephone:** 703-368-7995

**Current Status:** Accepting new clients

**Populations Served:** Children
Adolescents
Young Adults
Adults
| Services Provided: | Individual Therapy – Telehealth: Yes  
|                   | Group Therapy – Telehealth: Yes  
|                   | Other Detail: Family therapy, medication management  
| Payment Options:  | Private insurance  
|                   | Medicaid  
|                   | Sliding fee scale/low or no-cost options  