



# Behavioral Health Clinicians Services & Availability during the COVID-19 Crisis

Taking care of our children's mental health is always important especially during a crisis like COVID-19. Healthy Minds Fairfax recently surveyed behavioral health clinicians to find out who is available for new clients and how they are delivering services.

You can locate this document and other important information on the Healthy Minds Fairfax website @ <https://www.fairfaxcounty.gov/healthymindsfairfax/>  
Email: DFSHealthyMinds@fairfaxcounty.gov

## **DISCLAIMER FOR DIRECTORY OF BEHAVIORAL HEALTH Professionals**

Inclusion in this directory does not represent an endorsement by Fairfax County. Selecting a mental health professional for your child(ren) is a parental/guardian responsibility. If you have insurance, please go to your insurance company's provider directory to find out if the provider accepts your insurance. Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization's listing or you would like your organization to be included in our directory, please contact our office.

## A HARRIS CONSULTING

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes

**Payment Options:** Out of network

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## ANEW HOPE LLC

*[www.anew-hope.org](http://www.anew-hope.org)*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes

**Payment Options:** Out of Network

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## ARBOR CENTER, THE

*<http://www.thearborcenter.com/index.html>*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes

**Payment Options:** Private insurance

## **AUTUMNLEAF GROUP, INC.**

*www.autumnleafgroup.com*

**Current Status:** Accepting referrals based on appropriateness for telehealth/telemental health services

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Family Therapy

**Payment Options:** Sliding fee scale/low or no-cost options  
HSA/FSA, CSA/FAPT

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## **BEST LIFE THERAPEUTIC SERVICES, LLC**

*www.bestlifetherapeutics.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Support Groups – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Webinars

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

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## BEST, LAURIE

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes

**Payment Options:** Private insurance  
Medicaid

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## BIOFEEDBACKWORKS IN VIRGINIA, PLLC

<https://www.biofeedbackworksva.com/>

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other Detail: Neurofeedback and biofeedback

**Payment Options:** Sliding fee scale/low or no-cost options  
out of network

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## **BLUSPRING HEALTH**

*www.bluspringhealth.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: medication management for children, adolescents and adults
<b>Payment Options:</b>	Private insurance Medicaid self-pay

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## **BRICKEL AND ASSOCIATES, LLC**

*www.BrickelandAssociates.com*

<b>Current Status:</b>	It depends. We are working to get comfortable with our new teletherapy option and so there is a short wait time for new patients
<b>Populations Served:</b>	Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: couples and family therapy - all telehealth during this crisis and in person after!
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options We are a self-pay practice but are offering no fee options for some during the crisis and always do some sliding scale

## **BRIDGES THERAPY AND WELLNESS CENTER**

*www.bridgestherapyandwellness.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other Detail:
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options self-pay

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## **CABUSH, JOE & ASSOCIATES**

*cabush.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options

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## **CAPITAL MUSIC THERAPY SERVICES**

*www.capitalmts.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes

**Payment Options:** Private pay

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## **CARDWELL, JESSICA L., PSYD**

*www.drjcardwell.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Psychological Testing and Family Therapy

**Payment Options:** Sliding fee scale/low or no-cost options

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## CENTER FOR ADOPTION SUPPORT AND EDUCATION

*Adoptionsupport.org*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Presentations
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options Grants

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## CENTER FOR ATTACHMENT & TRAUMA SERVICES, INC.

*www.familyattachment.org*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family Therapy. We would also be interested in developing online group therapy and parenting support groups should there be a demand.
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options We do not process insurance as payments

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## CENTER FOR AUTISM AND RELATED DISORDERS, LLC

[centerforautism.com](http://centerforautism.com)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Other Detail: Assessments, Evaluations, and 2 for 1 Therapy
<b>Payment Options:</b>	Private insurance Medicaid FFS

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## CENTER FOR CLINICAL AND FORENSIC SERVICES, INC.

[ccfsinc.net](http://ccfsinc.net)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Other Detail:
<b>Payment Options:</b>	Contract rates, self pay agreements

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**CHILD AND FAMILY COUNSELING GROUP; CANDICE HOLM, PSY.D.**

*www.childandfamilycounseling.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Parenting/behavioral support and family therapy

**Payment Options:** Sliding fee scale/low or no-cost options

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**COMPREHENSIVE NEUROPSYCHOLOGY, LLC, DR. SONAL PANCHOLI**

*www.compneuropsych.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Psychological, Neuropsychological, Educational, etc., Evaluations

**Payment Options:** self-pay, funding through county or state (CSA, etc.)

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## **CONTIUUM BEHAVIORAL HEALTH**

<https://www.autismspectrumalliance.com/>

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes

**Payment Options:** Private insurance  
private pay

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## **COVIELLO, GEORGE S., LPC**

**Current Status:** Accepting new client

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes

**Payment Options:** Private insurance  
Medicaid  
Sliding fee scale/low or no-cost options

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## DISCOVERY SCHOOL OF VIRGINIA (BOYS AND GIRLS)

[www.discoveryschool.org](http://www.discoveryschool.org)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adolescents
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Group Therapy – In-Person: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Therapeutic Residential Services, Case Management, Academic Services, Room & Board. All through our residential services.
<b>Payment Options:</b>	Private Pay; CSA/FAPT funding

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## DOMINION HOSPITAL

<https://dominionhospital.com/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes
<b>Payment Options:</b>	Private insurance

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## **EVERWHEN THERAPY**

*www.everwhentherapy.com*

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy - Telehealth - Yes

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

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## **FAIRFAX COUNTY DEPARTMENT OF FAMILY SERVICES (DFS), DOMESTIC & SEXUAL VIOLENCE SERVICES (DSVS)**

*https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence*

**Current Status:** Not accepting new clients at this time; once we have established our telehealth protocol, we may be able to accept individual survivor clients.

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Our 24-hour domestic and sexual violence hotline remains open and available at (703) 360-7273; our LAP protocol remains in place. Advocacy services are being provided telephonically.

**Payment Options:** Private Insurance  
Medicaid

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## FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

<https://www.fairfaxcounty.gov/community-services-board/>

<b>Current Status:</b>	Some programs are accepting new clients, some are putting them on a prioritized waitlist, some are not currently accepting new clients.
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Psychotherapy Groups, case management, intake for County programs, family therapy, clinical supervision, supported employment/education, peer support, medication management
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options Self-pay

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## FAIRFAX MENTAL HEALTH AND WELLNESS, VERONICA DORAN

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy - Telehealth - Yes Group Therapy – Telehealth: Yes
<b>Payment Options:</b>	Private insurance

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## **FAMILY COUNSELING CENTER OF GREATER WASHINGTON**

*www.fccgw.org*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options

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## **FAMILY INSIGHT, PC**

*www.familyinsight.net*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: ABA Parent Support; ABA Telehealth
<b>Payment Options:</b>	Private insurance Medicaid CSA

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## **FAMILY PRIORITY, LLC**

<https://familypriority.com/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes <b>Other - Telehealth - Yes</b>
<b>Payment Options:</b>	Private insurance Medicaid CSA funding Private Insurance for ABA

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## **FAR BEYOND LLC**

[www.farbeyond.us](http://www.farbeyond.us)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes
<b>Payment Options:</b>	Private insurance Medicaid

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## **FOR CHILDREN'S SAKE**

*www.fcsva.org*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Case Management
<b>Payment Options:</b>	Private insurance Medicaid CSA Funding

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## **FORMED FAMILIES FORWARD**

*formedfamiliesforward.org*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adolescents Young Adults Adults
<b>Services Provided:</b>	Support Groups – Telehealth: Yes
<b>Payment Options:</b>	Peer groups are free for participants

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## **GANTS, ERICA, PH.D.**

*www.psychologytoday.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options

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## **GIL INSTITUTE FOR TRAUMA RECOVERY AND EDUCATION**

*www.gilinstitute.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes
<b>Payment Options:</b>	Fee for service & county Contracts

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## **GOLDBERG, DR. & ASSOCIATES**

*https://www.drgoldberg.org*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
<b>Payment Options:</b>	Private insurance Full fee, private pay using credit cards

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## **GMU CENTER FOR PSYCHOLOGICAL SERVICES**

<https://psyclinic.gmu.edu/>

<b>Current Status:</b>	Putting new clients on a wait list
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: workshops
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options

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## **GRACE COMMUNITY CENTER**

<https://www.gcchealthsystem.org/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other Detail: Mental health seminars/training
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options

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## GRAFTON INTEGRATED HEALTH NETWORK

[www.grafton.org](http://www.grafton.org)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: OT, SLP, ABA, Education, Developmental Services
<b>Payment Options:</b>	Private insurance Medicaid Education

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## GRANATO GROUP

<http://granatogroup.com/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes
<b>Payment Options:</b>	Private insurance

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## **GROUP THERAPY ASSOCIATES**

*www.grouptherapyassociates.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Couples and family therapy
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options Low cost available with our clinical intern

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## **HARBOR POINT BEHAVIORAL HEALTH CENTER**

*harborpointbhc.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Group Therapy – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Clinical Treatment team meetings and parent visits
<b>Payment Options:</b>	Private insurance Medicaid FAPT/CSA Funding

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## HEALTH CONNECT AMERICA

[www.healthconnectamerica.com](http://www.healthconnectamerica.com)

**Current Status:** Accepting new clients; Limited on going in the home for services, but accepting outpatient and tele-services.

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: IIH, ABA, MHSB

**Payment Options:** Private insurance  
Medicaid  
Sliding fee scale/low or no-cost options

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## HEATHER TEDESCO, PHD

[www.DrTedesco.com](http://www.DrTedesco.com)

**Current Status:** Accepting new clients

**Populations Served:** Adults: Adults

**Services Provided:** Other – Telehealth: Yes  
Other Detail: Parenting strategies (I am an applied psychologist)

**Payment Options:** Insurance does not cover applied psychology

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## **HERITAGE MULTICULTURAL PROGRAMS & SERVICES, INC**

<https://www.heritagemulticultural.com>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other Detail: Intensive in home services, Mentoring, some assessments (DUI, DWI, Parenting) other telehealth services as requested
<b>Payment Options:</b>	Private insurance Medicaid FAPT, Counties and other agency sponsorship

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## **HOEKSTRA, DIANE, PHD, LLC**

[drdianehoekstra.com](http://drdianehoekstra.com)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options

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## **HOPESPRING CHILD & FAMILY CLINIC, LLC**

<https://hopespringchildandfamily.com/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Parent education, mental health seminars
<b>Payment Options:</b>	Private insurance Out of pocket fee/self pay

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## **IMPROVING OUTCOMES, LLC**

[ImprovingOutcomes.com](http://ImprovingOutcomes.com)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Family Support Services, Individual Support Services, Intensive in Home Services
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options

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## **INOVA KELLAR CENTER**

<https://www.inova.org/our-services/inova-kellar-center>

**Current Status:** It depends. Limited access to medication management

**Populations Served:** Children: Children  
Adolescents: Adolescents

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Medication Management, Intake,  
Psychological/Educational Testing.

**Payment Options:** Private insurance  
Medicaid  
Sliding fee scale/low or no-cost options

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## **INSPIRED LIFE PSYCHOLOGICAL SERVICES**

<https://www.inspiredlifepsychsvcs.com/>

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Other Detail: Couples and family therapy; Limited  
psychological testing

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

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## JONES, JOCELYN

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: No Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family Therapy, Couples Therapy
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options

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## KIDS IN FOCUS

*stepstoneyouth.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Support Groups – Telehealth: Yes
<b>Payment Options:</b>	Private insurance Medicaid

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## LEVINE, LAURIE, LCSW, LLC

*laurielevine@lcsww.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family Therapy, Couples Therapy
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options Self-pay

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## LIFEWORKS OUTREACH SERVICES

*familyteamwork.net*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: MHS, Family Therapy, Parent Coaching. Mentoring, Respite
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options CSA, self-pay

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## **MOVING FORWARD PLC**

*www.movingforwardplc.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family and couples counseling
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options Self pay to get reimbursed by insurance

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## **MULTICULTURAL CLINICAL CENTER**

*www.mccva.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other Detail:
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options CSA funded

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## NATIONAL COUNSELING GROUP

[www.ncgcommunity.com](http://www.ncgcommunity.com)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Homebased Counseling on a case by case basis
<b>Payment Options:</b>	Medicaid and out of pocket

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## NEUROSOUND MUSIC THERAPY, LLC.

<https://www.neurosoundmusictherapy.com/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Adapted Music Lessons
<b>Payment Options:</b>	Private Pay

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## NEWPORT NEWS BEHAVIORAL HEALTH CENTER

[www.newportnewsbhc.com](http://www.newportnewsbhc.com)

Current Status:	Can admit if a child is in medical care for 14 days with no symptoms
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy - In-Person – Yes Group therapy - In-Person – Yes
Payment Options:	Private insurance Medicaid Tricare

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## NORTH SPRING BEHAVIORAL HEALTHCARE

[www.northspringleesburg.com](http://www.northspringleesburg.com)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Intake and Assessment, Inpatient Acute and RTC Services
<b>Payment Options:</b>	Private insurance Medicaid

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## NORTHERN VIRGINIA FAMILY SERVICE (YOUTH INITIATIVES AND MULTICULTURAL CENTER)

[www.nvfs.org](http://www.nvfs.org)

**Current Status:** We are accepting clients on our waitlist and doing outreach / triage for all waitlisted cases; we will be starting full telehealth MH services, including new intakes, in May

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other Detail: NOTE - Telehealth service will begin in early May (and groups may be provided at a later date)

**Payment Options:** Private insurance  
Medicaid  
Sliding fee scale/low or no-cost options

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## OAK HILL PSYCHOLOGICAL SERVICES

[www.oakhillpsychological.com](http://www.oakhillpsychological.com)

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Family therapy; couples therapy

**Payment Options:** Sliding fee scale/low or no-cost options  
Out of Network; superbills provided

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## OCCOQUAN COUNSELING LLC

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family therapy via telehealth
<b>Payment Options:</b>	Medicaid

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## PHILLIPS FAMILY PARTNERS

*[www.phillipsprograms.org](http://www.phillipsprograms.org)*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other Telehealth – Yes
<b>Payment Options:</b>	Medicaid CSA funding Private Pay

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**PIPER, LYNN J., PHD, PLLC**

*www.piperphd.com*

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes

**Payment Options:** fee for service

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**POTOMAC CENTER, INC.**

*mypotomaccenter.com*

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options  
Medicaid

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## PROFESSIONAL PSYCHOLOGICAL SERVICES

*professionalpsych.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options

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## RESILIENCE NETWORK, THE

*<https://www.help4compassionfatigue.com/>*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Resilience Skill Building (Individual Sessions for youth and adolescents) and Resilience Development Parent Coaching (Individual Sessions for Parents)
<b>Payment Options:</b>	Private Pay and Reimbursement Support for private insurance

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## **RESILIENT YOGA FOR YOU, LLC**

*www.ResilientYoga4u.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adolescents Young Adults Adults
<b>Services Provided:</b>	Other – Telehealth: Yes Other Detail: Trauma Informed Yoga Therapy and addiction recovery individual therapy
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options

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## **RIVERSIDE BEHAVIORAL HEALTH CENTER**

*https://www.riversideonline.com/rbhc/*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy - Telehealth – Yes Group therapy - In-Person – Yes Other - Telehealth - Yes
<b>Payment Options:</b>	Private Insurance Medicaid Sliding fee scale/low or no-cost options

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## **ROSS CENTER**

*www.rosscenter.com*

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group therapy - Telehealth - Yes  
Support Groups - Telehealth - Yes

**Payment Options:** Self Pay

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## **RUBY, DR. LAURENTIA**

*drlruby.com*

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Other Detail: I will do in person if it's critical that therapy be in person

**Payment Options:** Sliding fee scale/low or no-cost options  
Fee for service

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## **SAFESPOT**

<https://www.safespotfairfax.org/>

**Current Status:** We currently have a waitlist, but will be beginning services via telehealth once caseloads reduce.

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy - Telehealth – Yes  
Other - In-Person – Yes

**Payment Options:** Sliding fee scale/low or no-cost options  
Free, no cost services only

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## **SECOND STORY**

[second-story.org](https://second-story.org)

**Current Status:** Shelter services are on emergency need basis, homeless youth programs open and accepting new clients, after school programs on hold, parent resource centers open for phone calls and help online.

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Other – In-Person: Yes  
Other Detail: Food and supplies distribution, help with benefit applications, shelter services are open for emergency placements, Young Mother's and Homeless Youth services open for new and current clients, etc.

**Payment Options:** All services are free to clients and public

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## SHERMAN, DAVID

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes

**Payment Options:** Private insurance

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## THRIVEWORKS COUNSELING

<https://thriveworks.com/mclean-counseling/>

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: couples, family

**Payment Options:** Private insurance  
self pay rates starting at \$65

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## **TRAUMA AND HOPE**

*traumaandhope.com*

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Other – Telehealth: Yes Other Detail: Assessments
<b>Payment Options:</b>	We are not taking insurance at this time.

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## **UMFS**

*www.umfs.org*

<b>Current Status:</b>	It depends. In residential not accepting COVID 19 positive or exposed; TFC is dependent upon the situation; community-based services are offered telehealth only
<b>Populations Served:</b>	Children Adolescents Young Adults
<b>Services Provided:</b>	Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Residential; Treatment Foster Care; FSP; Community services; Family therapy
<b>Payment Options:</b>	Private insurance Medicaid CSA

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## **VERBAL BEGINNINGS**

*www.verbalbeginnings.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Group Therapy – Telehealth: Yes

**Payment Options:** Private insurance

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## **VICTORIA TRANSCULTURAL CLINICAL CENTER**

*www.vtccnet.com*

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Other - In-Person – Yes  
Other - Telehealth – Yes

**Payment Options:** Medicaid

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## VIRGINIA HOME BASED COUNSELING, PC

[www.chooseyourprovider.org](http://www.chooseyourprovider.org)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Other – In-Person: Yes Other – Telehealth: Yes Other Detail: IIH and MHSS mostly telehealth but some in person with precautions when necessary.
<b>Payment Options:</b>	Medicaid Self Pay

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## WISE FAMILY, THE, COUNSELING & ASSESSMENT

[www.thewisefamily.com](http://www.thewisefamily.com)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Support Groups – Telehealth: Yes Other Detail: Family therapy via telehealth
<b>Payment Options:</b>	Sliding fee scale/low or no-cost options Private pay for service

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## **WOMEN'S CENTER, THE**

<https://thewomenscenter.org/>

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Workshops, Financial Advising, Domestic Violence advocacy
<b>Payment Options:</b>	Private insurance Sliding fee scale/low or no-cost options \$55 out of pocket for Residents

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## **YOUTH FOR TOMORROW**

[www.youthfortomorrow.org](http://www.youthfortomorrow.org)

<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other Detail: Family therapy, couples counseling, medication management
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options

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