



Supporting Emotional Wellness
in Youth and Families

Behavioral Health Clinicians Services Directory

Taking care of our children's mental health is always important especially during and following a crisis like COVID-19. Healthy Minds Fairfax created this directory to assist you in finding a behavioral health clinician who is available to see new clients.

You can locate this document and other important information on the Healthy Minds Fairfax website @

<https://www.fairfaxcounty.gov/healthymindsfairfax/>

Email: dfshealthyminds@fairfaxcounty.gov

April 2021

DISCLAIMER FOR DIRECTORY OF BEHAVIORAL HEALTH

Professionals

Inclusion in this directory does not represent an endorsement by Fairfax County. Selecting a mental health professional for your child(ren) is a parental/guardian responsibility. If you have insurance, please go to your insurance company's provider directory to find out if the provider accepts your insurance. Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization's listing or you would like your organization to be included in our directory, please contact our office.

Behavioral Health Resource Guide

This resource guide has been created to help families identify a behavioral health provider for their children and family. The providers listed in this directory have been identified as offering free or low-cost services for behavioral health services.

Does my child have a mental health concern?

Have a talk with your child to find out how they are doing. Given them your full attention. Listen carefully, repeat what you heard and ask if you got it right. When they feel heard and understood, they're more likely to share with you.

Notice what is going on with your child. You know your child best.

Here are some behaviors to look for:

- Becoming more irritable, hyperactive, energetic, fidgety, or aggressive.
- Excessive sadness, fears or worries.
- A drop in grades, getting into trouble at school or not want to attend school.
- Loss of appetite, significant weight gain or loss, lack of sleep or too much sleep.
- Withdrawal from activities, family, or friends.
- Alcohol or drug use.
- Thoughts of suicide or harming themselves or others – do not be afraid to ask your child if they are having these thoughts. Asking your child these questions will not put these thoughts in their head. Rather, it tells them you care and that you will help keep them safe.

How to get help:

Below are options for you to speak with a mental health professional. Do not worry about making the wrong choice. Every number leads to someone who can help.

- Contact your child's pediatrician or health care provider.
- Call your health insurance company or visit their website to search for a behavioral health/mental health provider.
- Contact the [Fairfax-Falls Church Community Services Board](#) at 703-383-8500, weekdays from 9 a.m. to 5 p.m.
- Contact your child's school counselor, school public health nurse, social worker or psychologist.
- [The Teen Line](#) is staffed by teens trained in crisis prevention who are available by text 839-863 or call 1-800-852-8336 between the hours of 6 pm – 10 pm PST.

- Contact [The Trevor Project](#) at 1-866-488-7386 for support for LGBTQ youth.
- [The Jed Foundation](#) is a mental health and suicide prevention organization that you can text 741-741 or call at 1-800-273-8255.
- Take a free, confidential an [online mental health screening](#) and practice talking with your child about mental health concerns by taking a free, online [Kognito](#) training. Though these courses are designed for educators/teachers, parents can use the same skills in talking with their own children.
- Visit [Healthy Minds Fairfax](#) or the [Fairfax-Falls Church Community Services Board](#) to get mental health information and local resources.

If your child is having a mental health crisis, these services are available 24/7:

Please contact one of the services below for immediate assistance if your child is experiencing a mental health crisis:

- Call the [CrisisLink](#) hotline at 703-527-4077, 1-800-273-8255 or text “CONNECT” to 855-11.
- Call [Children's Regional Crisis Response](#) (CR2) at 571-364-7390.
 - 24-hour rapid response for youth (17 and younger) facing a mental health and/or substance use crisis.
- Call [CSB Mental Health Emergency Services](#) at 703-573-5679.
- Bring your child to the emergency intake at [Merrifield Crisis Response Center](#) at: 8221 Willow Oaks Corporate Drive, Fairfax, VA 22031.
- Call [The National Suicide Prevention Lifeline](#) at 1-800-273-8255.

Police and life-threatening emergencies

Please notify the operator that it is a psychiatric emergency and ask for a crisis intervention specialist.

- Call 911 in a life-threatening emergency
- Non-emergency number: (703)691-2131

Guide to Payment Options

Children’s Services Act (CSA) is a pool of state and local funds that are used to provide free support services for eligible youth and their families who are struggling with behavioral health needs. For help in coordinating resources for your child a referral can be made from a provider such as a school counselor or you can call directly 703-324-7938 or email DFSCSA@fairfaxcounty.gov.

Flexible Spending Account (FSA) is a tax-free account offered through some employers which allows you to put money away annually for your out-of-pocket healthcare expenses including deductibles, co-payments and medicines.

Health Savings Account (HSA) is an account that allows you to put money aside tax-free for health expenses and unlike a flexibility spending account it does not need to be spent/used within a 12-month time period. HSA may not be used for health insurance premiums, but it can be used for your co-pay fees and other medical expenses.

Medicaid A Federal and state program that helps with health care costs for persons with limited income. There is no enrollment fee for coverage if you are income eligible. You can apply for Medicaid on the phone by calling 1-855-242-8282 (Monday – Friday) between 8 am – 7 pm, or online at www.commonhelp.virginia.gov.

Private Pay Insurance Private pay refers to health insurance that is available for purchase by a private organization instead of the state or federal government. It is often available through one’s employer and may be partly subsidized but is still costly.

Sliding Scale Fee (SSF) A sliding scale is a type of fee structure that therapist sometimes use in order offer patients an affordable payment option for those people who have fewer financial or insurance options

[Healthy Minds Fairfax](#) coordinates a full range of mental health and substance abuse services for children and youth across multiple county agencies, the school system and private treatment providers. Healthy Minds Fairfax works to help youth and families in the Fairfax-Falls Church Community access mental health and substance abuse services and improve the quality of those services.

AUTUMNLEAF GROUP, INC.

www.autumnleafgroup.com

Telephone: 703-658-7103

Current Status: Accepting referrals based on appropriateness for telehealth/telemental health services

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
In-Home Services

Payment Options: Sliding fee scale/low or no-cost options
HSA/FSA, CSA

BEST LIFE THERAPEUTIC SERVICES, LLC

www.bestlifetherapeutics.com

Telephone: 571-455-5206

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Support Groups – In-Person: Yes
Other – Telehealth: Yes

Payment Options: Sliding fee scale/low or no-cost options

BEST, LAURIE, LPC

Telephone: 571-229-5584

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Note: Speaks Spanish

Payment Options: Private insurance
Medicaid

BLUSPRING HEALTH

www.bluspringhealth.com

Telephone: 703-682-2471

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person & Telehealth
Group Therapy – In-Person and Telehealth
Support Groups – In-Person and Telehealth
Other -- Medication management for children,
adolescents and adults

Payment Options: Medicaid
Private insurance
Self-pay

BRICKEL AND ASSOCIATES, LLC

www.BrickelandAssociates.com

Telephone:	703-518-8883
Current Status:	Accepting new patients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Individual Therapy –Telehealth Group Therapy –Telehealth Family therapy - all telehealth at this time
Payment Options:	Sliding fee scale/low or no-cost options A self-pay practice but are offering no fee options for some patients during the crisis

BRIDGES THERAPY AND WELLNESS CENTER

www.bridgestherapyandwellness.com

Telephone:	703-865-4900
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other Detail:
Payment Options:	Sliding fee scale/low or no-cost options self-pay

CABUSH, JOE & ASSOCIATES

www.cabush.com

Telephone: 703-691-0036

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Meeting in person and online
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Sliding fee scale/low or no-cost options

CARDWELL, JESSICA L., PSYD

www.drjcardwell.com

Telephone: 571-335-0893

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other: Psychological Testing and Family Therapy

Payment Options: Sliding fee scale/low or no-cost options

CENTER FOR ADOPTION SUPPORT AND EDUCATION

www.Adoptionsupport.org

Telephone: 301-476-8525

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – Telehealth: Yes

Note: For families with challenges connected to foster care and adoption

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

CENTER FOR ATTACHMENT & TRAUMA SERVICES, INC.

www.familyattachment.org

Telephone: 703-913-8563

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family Therapy. We would also be interested in developing online group therapy and parenting support groups should there be a demand.

Payment Options: Sliding fee scale/low or no-cost options
We do not process insurance as payments

CENTER FOR AUTISM AND RELATED DISORDERS (CARD)

www.centerforautism.com

Telephone: 818-345-2345

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes
Support Groups – In-Person: Yes
Other – In-Person: Yes
Other – Telehealth:
Other Detail: Assessments, Evaluations

Payment Options: Private insurance
Medicaid

CHILD AND FAMILY COUNSELING GROUP; CANDICE HOLM, PSY.D.

www.childandfamilycounseling.com

Telephone: 703-352-3822

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person & Telehealth: Yes
Groups – Telehealth: Yes
Other: Parenting/behavioral support and family therapy

Payment Options: Sliding fee scale/low or no-cost options

COMPREHENSIVE NEUROPSYCHOLOGY, DR. SONAL PANCHOLI

www.compneuropsych.com

Telephone: 703-849-9476

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other: Psychological, Neuropsychological, Educational, Evaluations

Payment Options: funding through county or state (CSA, etc.)
self-pay

COVIELLO, GEORGE S., LPC

Telephone: 703-780-3543

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes

Payment Options: Medicaid
Sliding fee scale/low or no-cost options
Private insurance

DOMINION HOSPITAL

<https://dominionhospital.com>

Telephone: 703-536-2000

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes

Payment Options: Private insurance
Medicaid is accepted for individuals under the age of 21

**FAIRFAX COUNTY DEPARTMENT OF FAMILY SERVICES (DFS),
DOMESTIC & SEXUAL VIOLENCE SERVICES (DSVS)**

<https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence>

Telephone: 703-360-7273 Hotline 24/7 domestic and sexual violence
703-324-5730 Counseling Services

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy- Telehealth: Yes
Group Therapy – Telehealth: Yes

Payment Options: No cost short-term
Private Insurance
Medicaid

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

<https://www.fairfaxcounty.gov/community-services-board/>

Telephone:	703-383-8500
Current Status:	Some programs are accepting new clients, some are putting them on a prioritized waitlist, some are not currently accepting new clients.
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person & Telehealth: Yes Group Therapy – In-Person & Telehealth: Yes Support Groups – In-Person & Telehealth: Yes Other: Psychotherapy Groups, case management, intake for County programs, family therapy, clinical supervision, employment/education, peer support, medication management
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options Self-pay

FAMILY COUNSELING CENTER OF GREATER WASHINGTON

www.fccgw.org

Telephone:	703- 761-2225
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
Payment Options:	Sliding fee scale/low or no-cost options

FAMILY INSIGHT, PC

www.familyinsight.net

Telephone: 703-310-7665

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-person & Telehealth: Yes
Group – In-Person & Telehealth: Yes
Other: ABA Parent Support; ABA Telehealth

Payment Options: Private insurance
Medicaid
CSA

FAMILY PRIORTY

<https://familypriority.com/>

Telephone: 703-537-0700

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Individual Therapy – Telehealth: Yes
Other - Telehealth - Yes

Payment Options: Private insurance
Medicaid
CSA funding
Private Insurance for ABA

FAR BEYOND

www.farbeyond.us/

Telephone: 703-994-4754

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Individual Therapy – In-Person: Yes

Payment Options: CSA
Private insurance
Medicaid

FOR CHILDREN'S SAKE

www.fcsva.org

Telephone: 703-817-9890

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Case Management

Payment Options: Private insurance
Medicaid
CSA Funding

FORMED FAMILIES FORWARD

www.formedfamiliesforward.org

Telephone:	703-539-2904
Current Status:	Accepting new clients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Support Groups – Telehealth: Yes
Payment Options:	Peer groups are free for participants

GIL INSTITUTE FOR TRAUMA RECOVERY AND EDUCATION

www.gilinstitute.com

Telephone:	703-560-2600
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes
Payment Options:	Fee for service & county contracts

GEORGE MASON UNIVERSITY CENTER FOR PSYCHOLOGICAL SERVICES

<https://psyclinic.gmu.edu/>

Telephone:	703-993-1370
Current Status:	New clients are added to a wait list
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: workshops
Payment Options:	Sliding fee scale/low or no-cost options

GRACE COMMUNITY CENTER

www.gcchealthsystem.org/

Telephone:	703-650-9099
Current Status:	Accepting new clients
Populations Served:	Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other Detail: Mental health seminars/training
Payment Options:	Sliding fee scale/low or no-cost options

GRAFTON INTEGRATED HEALTH NETWORK

<https://www.grafton.org/>

Telephone:	888-955-5205
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: OT, SLP, ABA, Education, Developmental Services
Payment Options:	Private insurance Medicaid

GROUP THERAPY ASSOCIATES

www.grouptherapyassociates.com/

Telephone:	703-644-8041
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Couples and family therapy
Payment Options:	Private insurance Sliding fee scale/low or no-cost options

HARBOR POINT BEHAVIORAL HEALTH CENTER

www.harborpointbhc.com/

Telephone:	757-393-0061
Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – In-Person: Yes Group Therapy – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Clinical Treatment team meetings and parent visits
Payment Options:	Private insurance Medicaid CSA

HEALTH CONNECT AMERICA

<http://www.healthconnectamerica.com/>

Telephone:	703-680-9527
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person & Telehealth: Yes Other Detail: IIH, ABA, MHSB
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options

HEALTHWORKS for Northern Virginia (North County/Reston)

<http://hwnova.org>

Telephone: 703-689-2180

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person: Yes
Individual Therapy – Telehealth: Yes

Note: Bi-lingual providers available

Payment Options: No cost options/Sliding Fee Scale
Medicaid/Medicare
Private pay

HERITAGE MULTICULTURAL PROGRAMS & SERVICES, INC

<https://www.heritagemulticultural.com>

Telephone: 571-982-5143

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Other: Intensive in home services, Mentoring, some assessments (DUI, DWI, Parenting)other telehealth services as requested

Payment Options: Private insurance
Medicaid
CSA, Counties and other agency sponsorship

HOEKSTRA, DIANE, PHD, LLC

<https://drdianehoekstra.com/>

Telephone: 540-212-2374

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes

Payment Options: Sliding fee scale/low or no-cost options

IMPACT LIVING SERVICES

www.impactlivingservices.org

Telephone: 434-533-1088

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other: Family Therapy, Intensive Outpatient Services,
Residential Services

Payment Options: Sliding fee scale/low costs options
Medicaid

IMPROVING OUTCOMES, LLC

<https://improvingoutcomes.wordpress.com/home-based/>

Telephone:	703-533-1996
Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other: Family Support Services, Individual Support Services, Intensive in Home Services
Payment Options:	Private insurance CSA Medicaid Sliding fee scale/low or no-cost options

INOVA CARES CLINICS FOR FAMILIES (Manassas, Sterling, Annandale)

<https://www.inova.org/about-inova/inova-your-community/community-access-care/inova-cares-clinic-families>

Telephone:	571-719-4180
Current Status:	Accepting patients
Populations Served:	Children Adolescents Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
Payment Options:	Sliding fee scale/ No-cost/low cost options Medicaid

INOVA KELLAR CENTER

<https://www.inova.org/our-services/inova-kellar-center>

Telephone:	855-694-6682
Current Status:	Availability fluctuates. Limited access to medication management
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Medication Management, Intake, Psychological/Educational Testing
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options

INSPIRED LIFE PSYCHOLOGICAL SERVICES

<https://www.inspiredlifepsychsvcs.com/>

Telephone:	540-368-6470
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other: Couples and family therapy; Limited psychological testing
Payment Options:	Private insurance Sliding fee scale/low or no-cost options

JONES, JOCELYN, LPC

<https://thriveworks.com>

Telephone: 703-223-8492

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: No
Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family Therapy, Couples Therapy

Payment Options: Sliding fee scale/low or no-cost options
Private Insurance

LIFEWORKS OUTREACH SERVICES

www.familyteamwork.net

Telephone: 703-580-7210

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: MHS, Family Therapy, Parent Coaching.
Mentoring, Respite

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options
CSA, self-pay

MOVING FORWARD PLC

<http://www.movingforwardplc.com/>

Telephone: 571-483-0306

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person & Telehealth: Yes
Group Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family and couples counseling

Payment Options: Tri-care Insurance
Sliding fee scale/low or no-cost options

MULTICULTURAL CLINICAL CENTER

<http://www.mccva.com/>

Telephone: 703-354-0000

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options
CSA funded

NATIONAL COUNSELING GROUP

<http://www.ncgcommunity.com/>

Telephone: 877-566-9624

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person & Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other: Homebased Counseling on a case by case basis

Payment Options: Medicaid and out of pocket

NEIGHBORHOOD HEALTH (Merrifield)

www.neighborhoodhealthva.org

Telephone: 703-238-3446

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person & Telehealth: Yes

Payment Options: No cost options
Medicaid/Medicare
Private pay

NEIGHBORHOOD HEALTH (South County/Alexandria)

<http://www.neighborhoodhealthva.org>

Telephone: 703-704-5333

Current Status: Accepting clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In Person & Telehealth: Yes

Payment Options: No cost options
Medicaid/Medicare
Private pay

NORTH SPRING BEHAVIORAL HEALTHCARE

<http://www.northspringleesburg.com/>

Telephone: 703-777-0800

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Individual Therapy – In-Person & Telehealth: Yes
Group Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Intake and Assessment, Inpatient Acute and
RTC Services

Payment Options: Private insurance
Medicaid

NORTHERN VIRGINIA FAMILY SERVICE (YOUTH INITIATIVES AND MULTICULTURAL CENTER)

<http://www.nvfs.org/>

Telephone: 571-748-2500

Current Status: Accepting clients on our waitlist and doing triage for all

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-person & Telehealth: Yes
Group Therapy - In-person & Telehealth

Payment Options: Sliding fee scale/low or no-cost options
Medicaid
Private insurance

OAK HILL PSYCHOLOGICAL SERVICES

<http://www.oakhillpsychological.com/>

Telephone: 703-214-4924

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family therapy; couples therapy

Payment Options: Sliding fee scale/low or no-cost options
Out of Network; superbills provided

OCCOQUAN COUNSELING

Telephone: 703-494-6830

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family therapy via telehealth

Payment Options: Medicaid

PHILLIPS FAMILY PARTNERS

<http://www.phillipsprograms.org/>

Telephone: 703-658-9054

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Other Telehealth – Yes

Payment Options: Medicaid
CSA funding
Private Pay

POTOMAC CENTER, INC.

<http://www.mypotomaccenter.com/>

Telephone: 703-379-7350

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes

Payment Options: Private insurance
Sliding fee scale/low or no-cost options
Medicaid

PROFESSIONAL PSYCHOLOGICAL SERVICES

<http://www.professionalpsych.com/>

Telephone: 703-879-2482

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

RUBY, DR. LAURENTIA

<http://www.drruby.com/>

Telephone:	703-688-2523
Current Status:	Accepting new clients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other Detail: I will do in person if it's critical that therapy be in person
Payment Options:	Sliding fee scale/low or no-cost options Fee for service

SECOND STORY

<http://www.second-story.org/>

Telephone:	703-506-9191
Current Status:	Accepting new clients for emergency housing and crisis
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Family Therapy – In-Person: Yes Other – In-Person: Yes Other: Case Management Services, emergency housing, counseling. Services for Young and Pregnant Mother's (housing and counseling)
Payment Options:	All services are free to clients

PRS, INC.

www.prsinc.org

Telephone: 703-536-9000

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Adults

Services Provided: Individual
Group/Family Peer Supports
Other: Life skills training, Substance Abuse, Recovery Academy/School

Payment Options: Private Insurance, County Contracts

UMFS

<http://www.umfs.org/>

Telephone: 866-252-772

Current Status: In residential not accepting COVID 19 positive or exposed; TFC is dependent upon the situation; community-based services are offered via telehealth

Populations Served: Children
Adolescents
Young Adults

Services Provided: Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Residential; Treatment Foster Care; FSP; Community services; Family therapy

Payment Options: Private insurance
Medicaid
CSA

VICTORIA TRANSCULTURAL CLINICAL CENTER

<http://www.vtccnet.com/>

Telephone: 703-218-6599

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Other - In-Person – Yes
Other - Telehealth – Yes

Payment Options: Medicaid

VIRGINIA HOME BASED COUNSELING, PC

<http://www.chooseyourprovider.org/>

Telephone: 703-367-7800

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: IIH and MHSS mostly telehealth but some in person with precautions when necessary.

Payment Options: Medicaid
Self Pay

WISE FAMILY, THE, COUNSELING & ASSESSMENT

<http://www.thewisefamily.com/>

Telephone:	844-947-3326
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Support Groups – Telehealth: Yes Other Detail: Family therapy via telehealth
Payment Options:	Sliding fee scale/low or no-cost options Private pay for service

WOMEN'S CENTER, THE

<http://www.thewomenscenter.org/>

Telephone:	703-281-2657
Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other: Workshops, Financial Advising, Domestic Violence advocacy Note: Spanish services available
Payment Options:	Private insurance Sliding fee scale/low or no-cost options \$55 out of pocket for residents

YOUTH FOR TOMORROW

<http://www.youthfortomorrow.org/>

Telephone: 703-368-7995

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Other Detail: Family therapy, medication management

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options