

CAN CSA PAY FOR TRANSPORTATION?

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Children's Services Act Office

Question, concerns or compliments ... Please don't hesitate to let us know!

DFSCSA@fairfaxcounty.gov
703.324.7938

Lack of transportation shouldn't be an obstacle for families when getting to and from needed services. CSA funds can be used to pay for transportation costs.

Case managers should consider the intensity/complexity of transportation needs when preparing a request for CSA funding – e.g., multiple trips over several months would merit a referral to CSA rather than a one time/short-term need. With proper authorization, CSA funding can be used to meet a child/family's transportation needs in a variety of ways – gas cards, taxis, car services and public transportation are among the options available to help families. These options can be tailored to meet a youth and family's needs.

The "[Transportation Estimate Calculator](#)" makes estimating the cost of the trips even easier. Simply enter the trip information and the Excel Spreadsheet will calculate the costs among the four most common options. Case Managers can use the information to meet the transportation needs of the youth and family. The completed Excel worksheet should be printed and submitted with the authorization request for transportation services.

Read the "[Guidelines for Case Managers to Request Transportation Support and Services](#)" to find out more!

Fairfax-Falls Church Children's Services Act
Transportation Expense Estimate Form

This form will calculate estimated trip expenses. Please enter trip information and use the estimates to develop the authorization request for transportation.

Trip Information	
CSA Case Manager (CM)	Supervisor
CM Email	CM Phone
Harmony #	
Date(s) of Ride	
Pick Up Address	
Drop Off Address	
Miles between Pick Up and Drop Off	Enter distance between Pick Up and Drop Off. Use Google Maps or other app to determine driving distance.
Miles between Pennino and Pick Up	Needed to calculate NCS trip expenses.
Miles between Drop Off and Pennino	Needed to calculate NCS trip expenses.
Number of One Way Trips	Total number of one way trips.
Additional Passenger (>12)	Additional passengers over 12 years
Wait time - in minutes	Number of minutes of wait time.
Number of Round Trips	Total number of round trips.
Additional Passenger (>12)	Additional passengers over 12 years
Wait time - in minutes	Number of minutes of wait time.

The estimates below will be calculated based on the trip information provided. The cheapest option will be highlighted in yellow. These estimates are provided for informational purposes only. The individual needs of the child and family should be considered whenever making any transportation plans.

Trip Calculations			
Trip charge	-		
Passenger charge	-		
Wait time charge	-		
Service charge	-		
30% Multiplier	-		
Gas Card amount	Taxi Estimate	NCS Estimate	HopSkipDrive Estimate
\$0.00	\$0.00	\$0.00	\$0.00

Please print this page and send it in with your request for authorization.

Does your child/family need help getting to services?

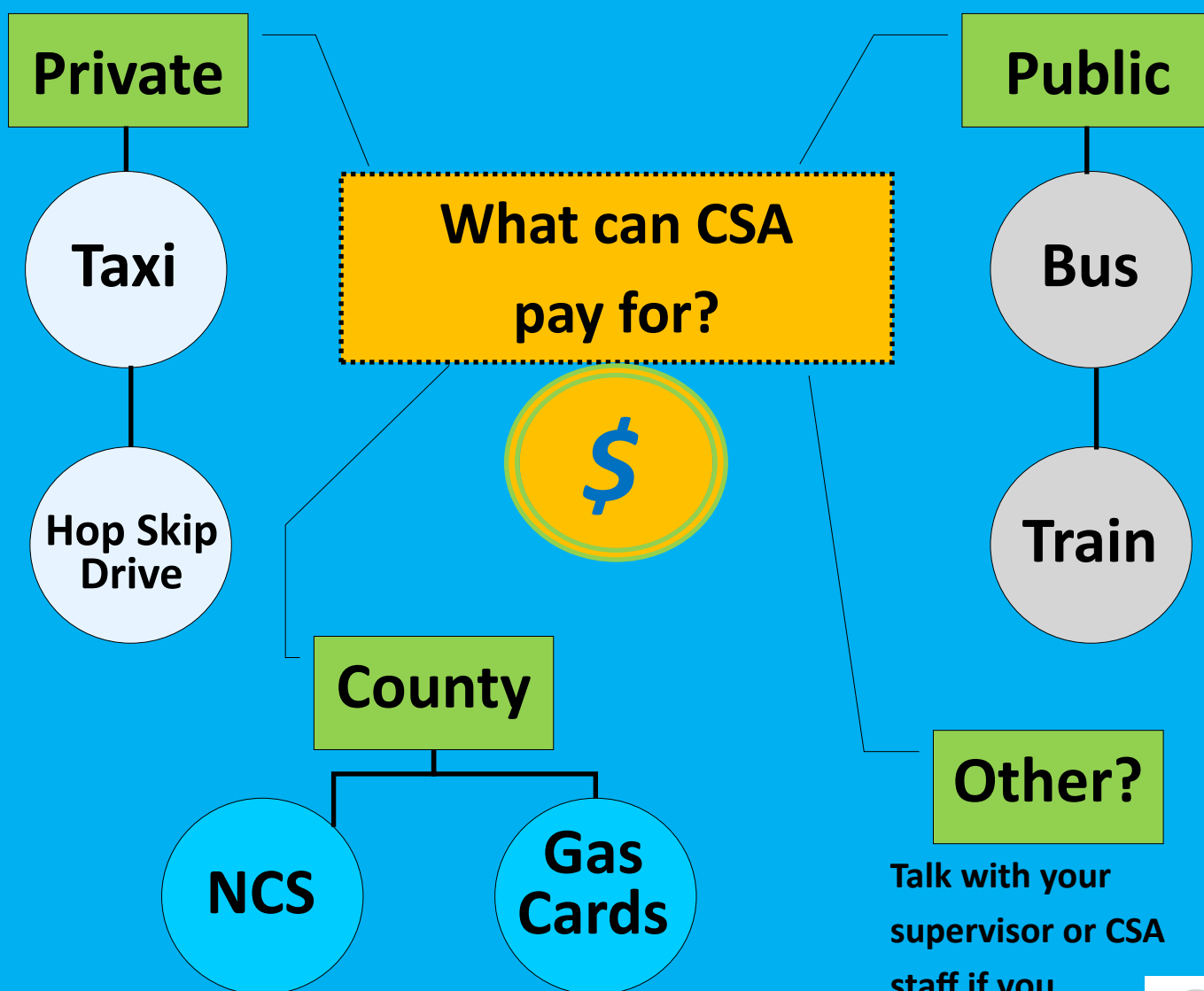


CSA can help with transportation!



Things to consider:

- Does the family have their own car?
- What's the most efficient, cost-effective transportation option?



Talk with your supervisor or CSA staff if you have questions.



HAVE YOU REGISTERED FOR THE 2020 CSA SYMPOSIUM?

Registration is open for the 19th Annual Northern Region CSA Symposium and Provider Expo. The Symposium will be held on Wednesday, March 11th at the Northern Virginia Community College



Annandale campus. National speakers will motivate and inspire you with their personal stories of resiliency and finding a new “normal” after trauma. You’ll also learn about what Virginia is doing to get ready for the changes brought by the Family First Prevention Services Act (FFPSA). FFPSA puts an emphasis on evidence-based practices—what are they? And how will they help the youth and families you work with? Find out at the symposium!

Agenda, Speakers and Workshops

8:30 am Registration, Breakfast and Provider Expo

9:30 am Opening Remarks and Overview of the Family First Prevention Services Act, Scott Reiner, Executive Director, Office of Children’s Services

10:30 am Morning Presentations

- **Lisa Hemp**, a survivor of the 2007 Virginia Tech shooting, will share her struggle with post-traumatic stress disorder and discuss the importance of self-care and what you can do to help someone struggling with mental health disorders.
- Overview of Multisystemic Therapy—what makes it an evidence based intervention and which populations are best served by MST.

12:00 pm Lunch and Provider Expo

1:30 pm Afternoon Presentations

- **Charles Hunt**, a resilience expert and motivational speaker, will share his story of resilience and how he’s lifted himself from poverty and debt to financial freedom and how he uses his “mess as a message” that helps, inspires and motivates others.
- **Overview of Parent-Child Interaction Therapy (PCIT) and Functional Family Therapy (FFT)** – This session continues the discussion on evidence-based treatments. You’ll learn what makes each of these treatments an evidence-based intervention and what populations are best served by PCIT and FFT.

3:00 pm Adjourn

It’s Not Easy Being Green, Except When It Is Presentation Handouts

We are trying to be mindful of the environment so we will not be printing presentation slides for this year’s symposium. Presentations will be made available online a week prior to the event if you would like to have copies to follow along with.

Symposium Bags

If you’re like us, you probably have a surplus of conference bags in your office, cube, home, car ... They seem to magically multiply when we’re not looking. So, this year the Symposium Planning Committee, in an attempt to stop the clutter, decided to do away with the bags. But how are you supposed to carry all the great materials you’ll likely get from providers you ask? Never fear. Providers are likely to have bag giveaways and you can also bring an old CSA Symposium bag with you. Who’s got the oldest one still around we wonder??

For more information about the symposium, get the registration link and to download the presentation materials, please visit <https://www.fairfaxcounty.gov/healthymindsfairfax/csa-symposium>.

ARE YOU READY TO BE COUNTED? CENSUS DAY IS APRIL 1



Wondering how you can improve the quality of life in our community? Of the many things you can do, one of the easiest and most important is to fill out your census form in April.

For each resident who does not respond to the census, Fairfax County could lose \$12,000 in potential funding over the course of a decade. To learn more about the census, please visit <https://www.fairfaxcounty.gov/news2/are-you-ready-to-be-counted-census-day-is-april-1/>

SURVEY FOR YOUNG ADULTS: HELP TARGET DRUG PREVENTION EFFORTS

In an effort to better target opioid and other drug prevention efforts, the CSB is seeking opinions of young adults between the ages of 18-25. The survey is anonymous and voluntary, and asks opinions about the use of alcohol, prescription drugs, and heroin. [Find out more about the survey](#), which runs through May 31. Survey participants can also enter a drawing for a \$200 gift card. Please help by sharing the link with young adults in your community: <https://www.surveymonkey.com/r/YoungAdult2020>

MYSTRENGTH

myStrength is an evidence-based clinical tool that people can use for self care, as a treatment extender and in between sessions with therapists. The tool can be used by providers to help promote higher levels of client engagement, improved outcomes and reduced costs of service delivery.

One of the cornerstones of the myStrength platform is its personalization to the individual user. myStrength's recommendation engine guides individuals to tools that best support their unique mental, physical and spiritual needs, all based on their preferences and activity history. myStrength's key features include guided self-care programs, daily health trackers to monitor and maintain progress, in-the-moment tools spanning diverse mental and physical concerns, as well as one-to-one Coaching and community features that add a personal component to myStrength's digital platform.

And it's all delivered through a sleek, easy-to-use platform that only requires a log-in to access. To learn more, visit <http://www.mystrength.com>. Download the app today and create a free account by following the instructions below:

Register for a treatment provider account

- This provides access to professional resources – such as ProviderConnect and the member referral form.
- You can also use this account to build a professional demo environment.
- Register with your professional work email with the Access Code: CSBCommunity

Register for a Personal Wellness account

- This account will remain private and be used to manage your own personal wellness.
- Register with your personal email (@hotmail, gmail, aol, yahoo, etc.) and the Access Code: CSBWellness

ENTERING CANS RATINGS IN CANVAS

Starting July 1, 2020 case managers will be expected to enter CANS (Child and Adolescents Needs and Strengths) ratings into the state information system—CANVaS. To ensure you're ready for the change, review the CANVaS training videos found on the state Office for Children's Services website at <https://www.csa.virginia.gov/Cans/Index> and create an account. Creating an account is easy ... just complete the CANVaS New Case Manager Account form (found on FairfaxNet) and return it to CSA along with your CANS Training Certificate.

Using CANVaS will help our community with accuracy of ratings and give case managers a greater ability to compare scores over time. The CANVaS system allows case managers to create child-specific reports and graphs to chart progress over time. For more info, visit the [CANS page](#) on FairfaxNet.

This report will enable the user to review the individual child's assessments across time.

Life Domain Functioning	CANS Reassessment - 5+ 07/31/2014	CANS Reassessment - 5+ 04/05/2017	CANS Reassessment - 5+ 04/07/2017
Question			
FAMILY	1	2	2
LIVING SITUATION	1	1	1
SLEEP	2	2	1
SOCIAL FUNCTIONING	2	2	1
SEXUAL DEVELOPMENT	0	1	0
RECREATION	1	2	2
DEVELOPMENTAL	0	0	0
COMMUNICATION	0	0	0
JUDGMENT	2	1	1
ACCULTURATION	0	0	0
LEGAL	0	0	0
MEDICAL	0	0	0
PHYSICAL HEALTH	0	0	1
DAILY FUNCTIONING	0	0	0

www.csa.canvas.virginia.gov/Reports/IndividualProgress.aspx?nav=raf

CANS Certification

The Child Adolescent Needs and Strengths Assessment (CANS) is a mandatory uniform assessment required for children and youth served through the Children's Services Act. New CANS users and those who need to recertify can do so at

<https://www.Schoox.com/login.php>.

Users must pass the CANS exam with a score of .70 or more. Please send a copy of your certificate to CSA via fax at 703.653.1369.

For info on how to create an account on the CANS training website, please download the "How To" Guide at <https://praedfoundation.org/wp-content/uploads/2018/08/Schoox-How-To-08072018.pdf>.

Upcoming Trainings & Public Meetings

County employees can register through Employee U by searching for "CSASOC". Non-county and FCPS staff can register at: <https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=87>

Parental Contribution 101

Wednesday, February 19, 2020
10am—Noon, Pennino 206

CSA Part II: Facilitating Family

Resource Meetings

Tuesday, March 5
9am—noon, Pennino, Room 206

CSA Part III: Accessing CSA Services

Friday, March 6
9am—noon, Pennino, Room 200

Have ideas about possible training topics? We'd love to hear from you! Please contact Patricia Arriaza at patricia.arriaza@fairfaxcounty.gov with your thoughts.



Public Meetings

CPMT

Friday, February 28
1pm—3pm

Government Center

ICC Stakeholders

Friday, March 6
10am—noon
Pennino, Room 408D

LET'S TALK ABOUT PROVIDER REPORTS

Juliana Swanson

Do you have a client receiving community-based services from a contracted provider? Are you getting monthly reports from those providers on time?

As part of a provider's contract with CSA, an agency or individual is REQUIRED to send you a report of your client's participation by the 10th of each month.

Even if you are not seeking additional funding you should be getting these reports so you can keep track of how your client is progressing ... or not ... with the services you are using.

What if you are not getting the reports?

If this is an ongoing problem and you have tried to correct it with the agency but the reports still aren't coming you can provide that information on the service summaries or by contacting Barbara Martinez in Contracts at 703-324-8484.

Remember, you are the buyer so make sure you're getting what is being paid for!



INOVA "ASK THE EXPERT" LECTURE SERIES— YOUTH VAPING: WHAT PARENTS NEED TO KNOW

Youth vaping has become a worrisome epidemic. Recent research shows about 40 percent of adolescents have experienced vaping before graduating from high school. It is estimated that at least 20 percent of teens in Virginia vape.

Join Chris King, MD, and Sulman Mirza, MD, for an engaging conversation about the medical consequences and addictive behaviors of youth vaping.

Tuesday, February 18

6 – 7:30 pm

Inova Fairfax Medical Center

3300 Gallows Road,

Falls Church, VA 22042

Register at <http://www.inova.org/YouthVaping>

Questions/Concerns About Possible Fraud?

If you have concerns about service delivery, the Service Summaries distributed by CSA are a good mechanism for reporting those concerns. CSA program staff are also always available to discuss any questions or concerns you may have.

Additionally, a more formal process can be followed by contacting the Fairfax County Fraud Hotline at 703.787.3243 to report an allegation. The calls are reviewed and followed up on by the Internal Audit Office.